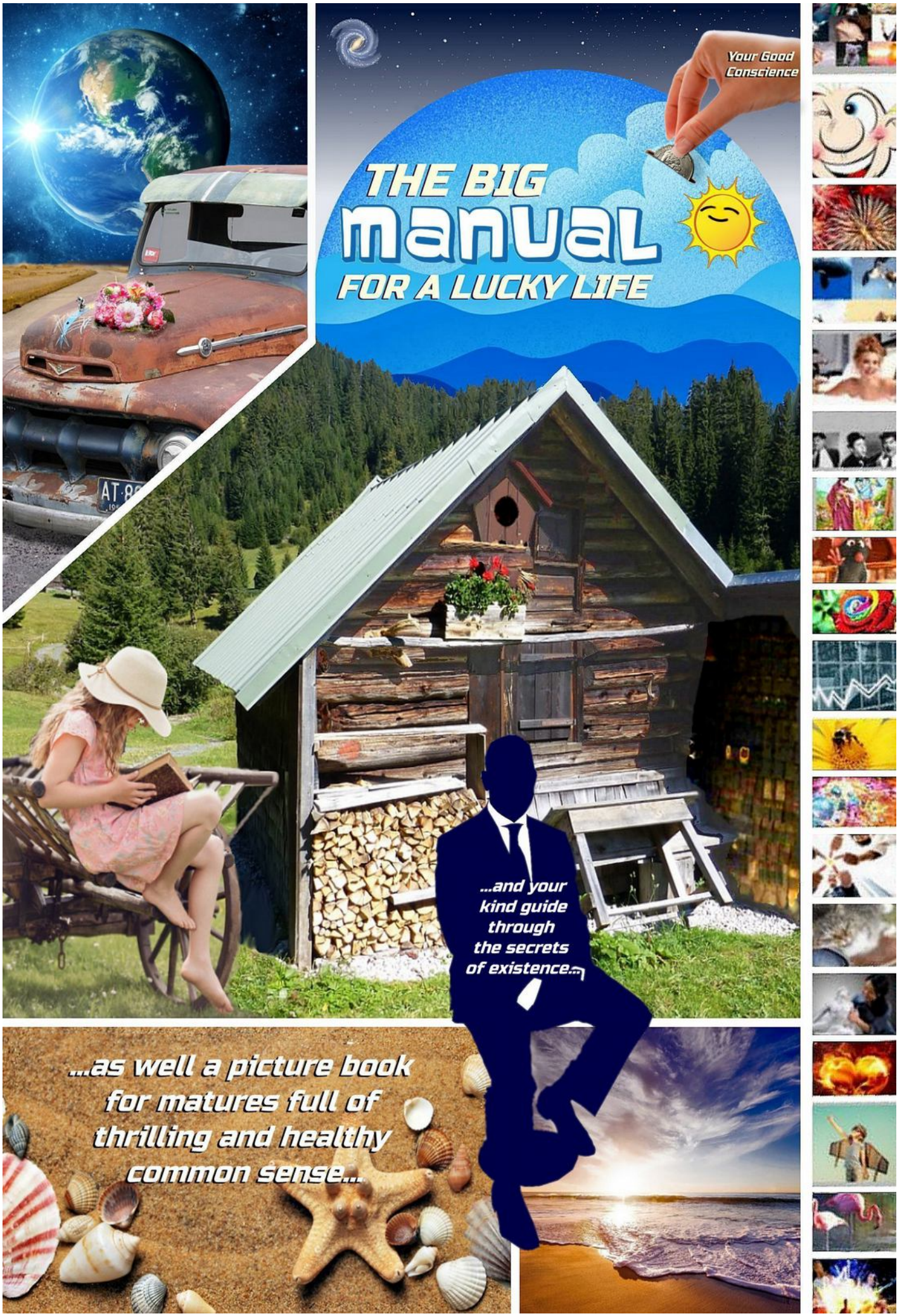

Your Good Conscience
THE BIG
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FOR A LUCKY LIFE
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For A Lucky Life

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Uwe Litzkendorf



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By the way: *The English language is not the author's mother-tongue! To the best of my knowledge and belief, I made really huge efforts to express my thoughts as correctly as ever possible.*

Please excuse me here for some not common and perhaps sometimes somewhat unusual forms of expression. Sometimes it is really hard to translate everything from a German mind meaningfully into the English language and conceptuality!

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Content *(clickable)*

001 Cooperation
002 Power of thoughts
003 Totally convinced
004 Not interested
005 Gather memories
006 Kinds of kind
007 Smash the Everest
008 Just the way it is
009 Approach people
010 Truth by evidence
011 Average ability
012 Free ride visions
013 All times of the world
014 Soil and friendship
015 Imagine reality
016 Worldlanguage friendship
017 Joy of school
018 Valuable things
019 Nothing but trust
020 Sense of humor
021 What I could
022 Way back
023 Just let it happen
024 Learn true love
025 Okay-human
026 What really matters
027 Listen carefully
028 Cause and effect
029 Typical heroes
030 Luxury
031 Love your „SELF“
032 Teach and learn
033 Your shepherd
034 Be carefree
035 Sympathy for life
036 Business Intelligence
037 Transform defeats
038 Tough tests
039 Stop selfpity
040 Apologize
041 Big things
042 Be good to you
043 You can only win
044 Obviously
045 Happy gals
046 Gods own language
047 Your way
048 Awake
049 Believe in good
050 Meditation Drive
051 Melting pot
052 Create mystic
053 All for free
054 Optimists do the rest
055 Happy success
056 Clairvoyance
057 A better me
058 Lemonade and beer
059 Buddyservice
060 Sense of justice
061 The right tune
062 Handmade
063 A gain
064 Kindness is a kind of intelligence
065 Squirrels truth
066 How to teach love
067 Breathtaking timeless
068 Nearly nothing
069 Peppermint jump
070 6AND – people
071 Teach resillience
072 Do the meditation-shuffle
073 Purposeful honesty
074 Carefree
075 Shit happens
076 Luck-vehicle
077 Come on the happy side
078 Last piece
079 Goalkeepers
080 Start loving

Content 2

081 Unknown
082 Top-tipps
083 Shoot goals
084 Allys
085 Give memories
086 Harvest time
087 It really counts
088 Privat scenes
089 Greatest gift of all
090 Overcome
091 Pure Gold
092 True truth
093 Oops
094 I want you
095 Joysource
096 Check cheeky
097 Come closer
098 One way
099 Finding paradise
100 Bullriding
101 Carry that weight
102 Encouragement
103 Would could should
104 Build up
105 Mindful path
106 One world
107 Pure basics
108 Just NO
109 Enthusiasm
110 Love is a fundamental right!
111 This way
112 Citizens
113 Other side
114 Enough for both of us
115 Flamingo
116 Sanitariness
117 Power of a smile
118 Live!
119 You may
120 OneWorldPrayer
121 Sinner
122 Askening
123 Macca
124 In own matter
125 Worried look
126 Morning will break
127 Romantics
128 Like your „self“ dearly
129 Manual for love
130 Cheers to the pencil
131 Collection of goods
132 Tiny quantums
133 Friendly rubbing
134 You human, you!
135 Free extensions
136 Master the largest
137 Real transformers
138 I can fly
139 Smile all day
140 Life is an honory award
141 Seven bridges
142 You're plan A
143 Cordially liker
144 Feel your chains
145 Ought to die
146 Free your people
147 Spokes and sticks
148 Truth sets free
149 Confidencial treatment
150 Elixir of life
151 A kind of master
152 Uncertainty
153 Tiny ovens
154 A board ahead
155 Green grass
156 Dare yourself
157 Only judge facts
158 Digitization
159 Exercise
160 Strangers
161 Zip it
162 Choose love
163 Unsuspicious minds
164 Champ by accident

165 Highest kind
166 Contemplation
167 Real need
168 Love life
169 Missing something
170 Memory robot
171 Monkview
172 Dreamlesson
173 Geigercounter
174 Huge effort
175 Principle creativity
176 Cheerio
177 Crucial moments
178 Sharpsight
179 Conjunctivism
180 Bullshit prohibited
181 Focus mind
182 Learned is learned
183 Luxury
184 Create masters
185 Optimists
186 Thank you
187 Do know how
188 Fly and bloom
189 Nick Vujicic
190 Smarties
191 The emperors new clothes
192 You are there
193 Exercise habits
194 Bene dictus
195 Survival Guide
196 Be a beautiful garden
197 Wisdom of nature
198 I follow the sun
199 Pure souls
200 Love ahead
201 Most wanted
202 Dreams come true
203 Regain
204 Blissletter
205 Undo
206 The better
207 Make fun
208 Gandhi
209 John Paul II
210 Dalai Lama
211 Muhammad Ali
212 Sri Sri Ravi Shankar
213 Sadhguru
214 Paul McCartney
215 Dandapani
216 Mother Teresa
217 Stevie Wonder
218 Martin Luther King
219 John F. Kennedy
220 Greta Thunberg
221 Malala
222 Worldmover – blinks of history
223 Coincidence
224 Gods own
225 Be prepared
226 DNA of the Universe
227 The way to friendship
228 Enjoy like a young dog!
229 Best remedies
230 Life after birth?
231 I simply care
232 Irresistable power of the woman
233 Irresistable power of the man
234 Reliable changing
235 Don't forget to forgive!
236 IQ Booster
237 Seduction
238 Sorry, I am a programmer!
239 Teamwards
240 Power to the people
241 Sharper than a knife
242 Fight the boring
243 Exclusive truth
244 Soil
245 Unblind
246 Entrepreneur
247 Really dearly
248 Quantumphysics

249 Motherlove
250 Get loud!
251 Brave ones
252 Make sense
253 Ocean of drops
254 Help
255 Climate Crisis
256 Roots
257 Sneaky tricks
258 Mirror, mirror on the wall
259 Chain reaction
260 Released
261 Neverland
262 Always something good
263 I'll be back
264 Not for nothing
265 Don't break
266 The healer
267 Pulse
268 Fury
269 Public counts
270 Where is the difference?
271 Throughview
272 Unity
273 The incredible might of nature!
274 Don't paint it black!
275 Bosonality
276 Prayer
277 Idols
278 Lightbeings
279 Strive
280 Karma
281 Leadertypes
282 Wellness
283 Source of life
284 Intelligence is a razor blade
285 Perception
286 Calm down
287 No doubters
288 Same old story
289 Handle with care
290 How to fly
291 Secret carrier
292 The good ones
293 Get rid
294 Multipotence
295 Divide
296 Not too casesensitive
297 Balloonade
298 Bandwidth
299 Good news for you
300 Solargadget
301 Holography
302 Desire
303 Chaos rules
304 Ingratia
305 Wanderlust
306 Dilemma
307 Not in the mood today
308 Strangers in the night
309 (S)Election
310 Generator
311 Antiaging
312 Brotherhood
313 Heroes
314 Daydreamer
315 Bending reality
316 Free will
317 Lightmakers
318 Heartly hugged
319 Escaped
320 JESUS is!
321 Biggest Present
322 Mister Bool
323 Bread and shelter
324 Snailmood
325 Democrazy
326 Snaildance
327 Pooohhhh...
328 You are a blessing
329 Who seek, will find
330 It's okay
331 Only you
332 ProActive

333 Plus Minus
334 Confucius
335 USP
336 Handymen
337 Grace
338 Adaption
339 Playboy
340 No risk no fun
341 Sulky
342 One day
343 Discipline
344 Determined
345 Poetry
346 You are worth any effort
347 Land of second chances
348 Success
349 Difference
350 Exclusivity
351 Meaningful
352 Mandala
353 Don't pick
354 Endurance
355 Prophety
356 Drones
357 Come dance the dance of joy
358 Mascara
359 Hysteria
360 Selfdefense
361 Complete mankind
362 My name is „I live“
363 Lipservice
364 Poor
365 Plus times plus
366 Better not
367 Words
368 We have it all
369 Go voting...
370 Moria
371 Awareness bubbles
372 A monks life
373 Powerswitch
374 Meaning
375 Lack of willpower
376 Visibility
377 Wannabe
378 Shattered
379 Need advice?
380 Blah blah
381 Friendly takeover
382 For self completion
383 Tidy workshop
384 Infinity
385 You may!!
386 Digital love
387 Self fulfilling prophecies
388 Milestone
389 Prejudice
390 V.unbeatables
391 Jump into future
392 Create deep and good feelings
393 Tensional
394 Shaolin
395 100 Percent
396 Genghis Khan
397 Lao Tse
398 Timetraveller
399 Plainly
400 Mindfulness
401 Cataract desease
402 Lifesource
403 Never quit learning
404 Silent hunter
405 Crampless
406 Talents
407 Harmony
408 Bass and inspiration
409 Legend
410 Clowdless perspective
411 Justice
412 More
413 Yesterday
414 Confirmation
415 Early birds
416 Rituals

417 Predefined
418 Never give up
419 Unique
420 Sugartrick
421 Lucky fellow
422 Godspell
423 Eli who?
424 Allah
425 One-egg twins
426 Near-death-experiences
427 Godexperience
428 God bless you, my friends
429 Blackbird's singing
430 Springtime
431 Keys of life
432 Shame
433 Better bother
434 Be happy
435 7 golden Rules
436 Shine a light
437 Make it
438 Time
439 Move
440 Black holes
441 Resistance
442 No fire without a spark
443 Namesprings
444 Magic words
445 Nosering
446 Parole
447 Manipulation
448 Invisible
449 Caretaker
450 Change
451 Desirable
452 A traction
453 Modern Gladiator
454 Virtual memory
455 Dirtkids
456 Playjoy
457 Toxic
458 Green thumb
459 Good Vibes
460 Knowitall
461 Nature ability
462 Private Edges
463 Get hungry
464 Heart over heels
465 Opposite
466 Parallel world
467 Perfect imaging
468 Rich
469 Repeater
470 Hunting instinct
471 Future now
472 Rejection
473 Climber
474 Pretty ordinary
475 Vicious cycle
476 Leaden tiredness
477 Seasons
478 Hedgehogs
479 Lifelong learner
480 Save water
481 Windmills
482 Terrible
483 Stone Age
484 Starfish
485 Gently
486 „Impossibilation“ principle
487 Conservation
488 Lovelack
489 Large self-esteem
490 News
491 Recovery
492 Stand your ground
493 Essence of the good
494 5 stars-chef
495 Friends ahead
496 Softies
497 Lights and shadows
498 Open Sesame
499 Flexible
500 Knowledge

501 Higher grounds
502 Lonesome rider
503 Horse and carriage
504 Regard
505 Tunes
506 HTML-Responsivity
507 That's talent
508 Startup-thinker
509 Searcher
510 Damascene
511 Originator
512 Basic instinct
513 Deepfake
514 Fatima
515 Manifestation
516 Live it
517 Wanting to can
518 Solutions
519 Mainstream
520 Breath freedom
521 Mighty might

522 Future

1. Digiital learning
2. Artificial meat
3. Globalization
4. Ecology
5. Housing
6. Fullautomated industry
7. Infotainment
8. Worldlanguage IT
9. Collective Consciousness
10. Tracking
11. Bitcoin
12. Smart TV
13. Mars
14. Smartcars
15. Satellites
16. Quantum computing
17. Telepathy
18. Programmable matter
19. Magic hat
20. And even much much more

523 Tooth ache
524 Endless game
525 Ignition
526 Elementary
527 Snuggle
528 Competition
529 Positivity
530 11thHarmonic
531 Experiences
532 Put the blame on me
533 Wakestate
534 Mental genes
535 Here and now
536 Conviction
537 Blue or red
538 Timesaver
539 Magnetic river
540 Ignorance
541 Quotes
542 Growth
543 Pain
544 NLP
545 Died in beauty
546 Compressure
547 Unlearn depression
548 Seddlement
549 Brightness
550 All the best
551 Sympathy
552 Self-less
553 Chuzpe
554 PSI
555 Cheers to basicfood
556 Heirs
557 Crucial terms
558 Too small
559 Silent thoughts
560 Serenity
561 Vagabond blood
562 Release me
563 Healthy
564 Spiritual healing

565 Guided spiritual journey
566 Good Karma
567 Face reading
568 Inner Cleansing
569 The Core
570 Peeks and pokes
571 Weak strength
572 Cosmic liberation
573 Relativity
574 Simultaneous
575 True size
576 Quite normal
577 The diamond
578 Sense sharpener
579 Wise men
580 Lie detection
581 Guidepost
582 Destiny
583 Plant trees
584 Willie Nelson
585 Sunny
586 Sparring partner
587 Luck happens
588 Amazing
589 Flightheight
590 Perfection
591 Halfblood
592 Legend building
593 Distinction
594 Consistency
595 Have or be
596 Golden udder
597 Hypnosis
598 Horsepower
599 Stop wars
600 Spiritual University
601 Devotion
602 Householding spirits
603 Mood for love
604 Babyfaces
605 Wonders
606 Elon Musk
607 Gurudev
608 Inner Yoga
609 Last but not least
610 Corona
611 Storm on the US-Capitol
612 The final punch
613 Ferrari
614 Self-awareness
615 Attached to life
616 Fountain of youth
617 Worldlover
618 White magic
619 Awe
620 Love energy
621 Cruel horror
622 Leaders
623 Want to win
624 Granny trick
625 Gut feeling
626 Peace pipe
627 Boaster
628 Gentleman
629 Awakening
630 Couch potatoe
631 Alertness
632 Natural working
633 Your „ME“
634 Charming laughter
635 Nurture love
636 Love is a game
637 Against
638 Idols
639 Stupid stuff
640 Dazzling colors
641 Demand variety
642 Talk to people
643 Not cheered
644 Daily blessing
645 Meet angels
646 Don't overdemand
647 Satisfying sexuality
648 Try and learn

649 Wild waters
650 Free again
651 Abracadabra
652 Senseless idiots
653 Marvels
654 Power of love
655 Panacea
656 Question of justice
657 Freudian slip
658 Because they can
659 Love finds a way
660 Soldier of his family
661 Put it to the test
662 Feel watched
663 Inwardly big
664 All seven seas
665 Be influencial
666 Vows of love
667 Laugh along
668 More persistence
669 Want to live
670 Recognized by deeds
671 Big boss
672 Calm down
673 Magic moments
674 Single drops
675 Cheerful spirit
676 Well organized
677 Together
678 Not you
679 Authentic
680 Sweat smell
681 Handicap
682 Be excessive
683 Stop discussing
684 Deliver
685 Defenseless
686 Craving and aversion
687 Fight as one
688 Youth protection
689 Storage
690 Rejected
691 Staying young
692 You need a doctor
693 Let it blossom
694 Divine laws
695 Cradle of humanity
696 Hero of hearts
697 Stepwise
698 Bubbles
699 Johnny B. Goodenough
700 Cheater
701 Indian CEO
702 The core of ingenuity
703 Climate tanker
704 Living stones
705 Imagine
706 Raise consciousness
707 It's in his kiss
708 Distinguish
709 Mozart
710 Stupidy
711 Blame
712 Great human
713 Prison
714 Magician
715 Right measure
716 Spiritual heirs
717 Blockchain
718 Titan
719 Trespassing
720 The one
721 Satisfaction
722 Willbeam
723 Heart judge
724 Gaga
725 Desire
726 Skilldreams
727 Lavatory
728 Be REAL
729 Vitality
730 Tolemere
731 Fun ahead
732 Footsteps

733 Currency of love
734 Independent
735 The magic of men
736 Transform thoughts
737 Follower
738 Don't brood
739 Pleasure
740 History
741 Catharsis
742 No curse
743 Naked
744 Make love
745 Love is the answer
746 Sweetie
747 Lemonade
748 Vision
749 Pocketgambler
750 Addiction
751 Manna
752 Courage
753 Chaos rules
754 Dull
755 Wall up
756 Colorbuckets
757 Optimization
758 Master the things
759 Fearway
760 Real truth
761 Johnny be really good!
762 Hulk
763 Stagefright
764 Clean your windshield
765 Cuddle
766 Transcendence
767 Obsessed
768 Phantasy
769 Contrast
770 Liberation
771 Holy womb
772 Happy to be
773 Right answers
774 Give yourself
775 Memory
776 Raising
777 Sane family
778 Electroshock
779 Controlfreak
780 Worldchief
781 JESUS is life itself
782 Kundalini
783 Intuition
784 Nubian beauty
785 Natural team
786 Lifechanging
787 Do overcome „NO“
788 Staff
789 Life is life
790 Yessayer
791 Only for optimists
792 Simply you
793 I am a loving GOD
794 Order
795 Agile
796 Vote
797 JESUS compassion
798 Busy
799 Crutches
800 Charity
801 Too tight
802 Annoyed
803 Judge fairly
804 Human
805 Selfimage
806 Live love
807 Careless
808 Love and peace
809 Battlemode
810 Metaverse
811 Surgeon
812 Simplicity
813 The Klitschkos
814 Pasha
815 Curious
816 Babylon

817 Resilience
818 Lighthouse
819 Angkor Wat
820 New start
821 Puzzlepiece
822 Authority
823 Bounty
824 Wale
825 Focus
826 Likes
827 Persona
828 Dolphin
829 Lonely
830 Himalaya
831 AI
832 Confidence
833 Creativity
834 Sushi
835 Extramile
836 I don't wanna die
837 Important
838 Surprise Surprise
839 Stronger
840 Exhausted
841 Tunnel vision
842 Interview
843 Calmity
844 Ali embossing
845 Friendship
846 Nature laws
847 Spirituality
848 Adult
849 Diamond-hard
850 Laserpower
851 Like water
852 Beauty
853 Clown
854 Fit
855 The boss
856 Novision
857 Street-smart
858 Celebration
859 Playkids
860 Waiter
861 Encourage
862 Attraction
863 Good things
864 The Greens
865 Ignite light
866 Strength
867 Peace for all
868 Kids need clear water
869 Robot
870 Polite
871 Choose love
872 Control
873 Distrust
874 Listener
875 Become joy
876 Dirndl
877 Eulenspiegel
878 Bust thinking
879 Reliability
880 Stonelifter
881 Hypnosis
882 Sri Sri Christmas Greetings 2021
883 Don't understand yet
884 Mother Teresa
885 Gratitude
886 Christmas 2021 on LinkedIn
887 Motivate lazy people
888 Digitization
889 Safe road to freedom
890 Chaos forbidden
891 Beauty VS Chaos
892 Freedom fighter
893 Motivation
894 Powerbeauty
895 Land of milk and honey
896 Basic trust
897 Perseverance
898 Persecution
899 Pebbles
900 Serving



901 Jiva - the course of things
902 Unimagined heights
903 No reins
904 Explorer
905 Bla bla
906 Gems
907 True awakening
908 Cyanobacteria
909 Mistake
910 Heartily
911 Critical
912 Achievement
913 Separate
914 Sadness
915 Infinity
916 Courage
917 Heartspeech
918 Questions
919 Play-to-earn
920 NFT
921 Blind trust
922 Enemies
923 Opponent
924 Mentee
925 Advice to web-consultants
926 Control your staff
927 Audrey Hepburn
928 Set standards
929 You count
930 Deeds in words
931 Seed of life
932 Scale
933 Improve yourself
934 Circle of life
935 Pilgrim in the universe
936 Gods plan
937 Quo vadis
938 Key to wellbeing
939 Picasso
940 Rules are the rules
941 Regardless
942 Plasma
943 YogaMan
944 Calm
945 Fun ahead
946 Never too late
947 KFC
948 Surrender
949 Lose control
950 Happiness laws
951 Angela Merkel
952 Disciples of truth
953 Free and easy
954 John F. Kennedy
955 Private bodyguard
956 Luck manual
957 Counting the days
958 Serving God
959 Break free
960 You never know
961 First kiss
962 Well done
963 Unconstraint
964 Be loved
965 Good signs
966 Don't panic
967 Beggar
968 Allowed to help
969 Make love not war
970 Enough
971 Too true
972 Rubber dinghy
973 Masaka Kids Africana
974 Above the clouds
975 Scars
976 Lifeline
977 Mycelium
978 Serpentines
979 Love corona
980 Cherish the love
981 Become a pigeon
982 Harehunt
983 Worldmanna
984 Parcour

985 Nearness
986 Fewest enemies
987 Clear sky
988 World
989 Wifey and hubby
990 Be sweet
991 Sober
992 Peace
993 Happy giver
994 Vivid
995 Wheel of fortune
996 Last minute
997 Playfood
998 Funny slotmachine
999 SM
1000 Gaslighting
1001 It stays fine
1002 Fooling around
1003 My pleasure being your pleasure
1004 Crown of creation
1005 Divine tool
1006 Selfprotection
1007 Playdrive
1008 Scammer
1009 Bodypowers
1010 Capable
1011 Content
1012 Easy choice
1013 Take that
1014 Wells
1015 Men and women
1016 Matching
1017 Koi
1018 Disgusting
1019 Mask slipped
1020 Effective justice
1020 Inquisition
1021 Trapfinder
1022 Youniversal Guardian
1023 Intersection
1024 Little lies
1025 Everlasting shelter
1026 WoMan-ager
1027 Breakfast
1028 Octopus
1029 Avoiding scammers & honey pots
1030 Adaptebility
1031 Lovedetector
1032 Wanted
1033 Victorysure
1034 Inception
1035 Trick movies
1036 Learn to swim
1037 Gerard Butler
1038 Rishi
1039 Kofi Annan
1040 Goa 2022
1041 Happy new year
1042 Comfortzone
1043 Life after death
1044 Appreciate life
1045 Easy said
1046 Worth the world
1047 Gladness
1048 Islands of NEOM
1049 Measure for success
1050 Stampede
1051 The shepherd
1052 Great potencials
1053 I am the way
1054 Grow
1055 Fight for life
1056 Be water
1057 Summer rain
1058 Private radar
1059 Train your life
1060 Everthing matters
1061 Better view
1062 Friend death
1063 Listen
1064 Mindfull
1065 No other life
1066 Genderfacts
1067 New life

1068 Fractions of eternity
1069 Eject
1070 Lazy losers
1071 Better world
1072 Life revolves
1073 Average
1074 1 times 1
1075 Reach out for the medal
1076 Puzzlings
1077 The big manifest
1078 We want us
1079 Overcome yesterday
1080 Delete retarder
1081 Keep peace
1082 Quite right
1083 No planet B
1084 Authentic
1085 Boundaries
1086 Fool on the hill
1087 Praying
1088 Vitamines
1089 Authoritarian
1090 Highest purpose
1091 Valuable time
1092 Have faith
1093 Best start
1094 Really want
1095 Don't talk nonsense
1096 Grains of truth
1097 Attentive
1098 Woman take over
1099 RIP
1100 Live for your love
1101 Health hesitations
1102 Peter Frampton
1103 Indians are coming
1104 Matter of trust
1105 Absolute truth
1106 Good reasons
1107 Burning people
1108 Multipotent
1109 Love organ
1110 All yours
1111 Teach longing
1112 Little concurrence
1113 Selling
1114 For good and worse
1115 Gods manual
1116 Recognizable efforts
1117 Bow and obey
1118 Greatest reward
1119 Ringo 24
1120 Observing us
1121 Beware of the dog
1122 Significant
1123 Straight ahead
1124 Bring fun
1125 Your purest you
1126 Synthesis
1127 Better than never
1128 Fairness of life
1129 Refreshing and sweet
1130 Spiritual awareness
1131 2FPC rule
1132 Honeybee venom
1133 Shut up
1134 Gush
1135 Don't mind
1136 Free your soul
1137 New chance
1138 Inner light
1139 Forever young
1140 Network breeding
1141 Emergency JESUS
1142 Attract attention
1143 Easygoing
1144 Conflictshy
1145 Worryfree
1146 You are blessed
1147 Impressive
1148 Younger than ever
1149 Do whatever you want
1150 Don't seek yourself
1151 Don't mess with God

1152 Diamond in the Lotusbloom
1153 No muscles no strength
1154 Childish
1155 No matter
1156 COME
1157 Passionate
1158 Gods frequency
1159 Partytime
1160 Mental capacity
1161 Listen and solve
1162 Dinoshit
1163 Market gap
1164 Shortcuts
1165 All you need is love
1166 In advance
1167 Arable soil
1168 Well prepared
1169 Dwarfs and giants
1170 Sluggish beauties
1171 Lustful drug
1172 Cold reading
1173 Spinning big wheels
1174 Homeoffice vs. teamsport
1175 Best advisors
1176 The prices are rising
1177 Social gladiators
1178 Hire yourself
1179 Skillful depression
1180 Rejoyce
1181 Beautiful lovers
1182 Mike Tyson
1183 Success provider
1184 Kingdom of doing
1185 Support
1186 Soulfood
1187 Mental scent
1188 Special guest
1189 Clueless
1190 Jump lightyears
1191 Opinion
1192 Business ideas
1193 Relation
1194 Good advice
1195 Fall into place
1196 Do good
1197 Hardscrabble history
1198 Better and better
1199 Cheering experts
1200 Be tensional
1201 Les femmes
1202 No burnout
1203 Flutter
1204 People around the world
1205 Wolf outside
1206 John F. Kennedy
1207 Stinky man
1208 Create confidence
1209 People around the world
1210 Sushi balls
1211 Laissez fair
1212 Modern Neanderthales
1213 Think rich
1214 She knows it
1215 Pinocchio
1216 Forefighters
1217 Free choices
1218 Courage accu
1219 Logic behind
1220 Science calms
1221 Wake up
1222 Flower scent
1223 Care for dignity
1224 Small fishes
1225 Hip hip hooray
1226 Tiny ghosts
1227 The 11th commandment
1228 See the summit
1229 The Shrift
1230 Who are you
1231 Predict clouds
1232 Dompteur
1233 Become superfluous
1234 Spiritual macrophage
1235 Conclusion

Epilogue

Index

Awareness
Children
Freedom
Friend
Future
Heart
Intelligence
Jesus
Joy
Krishna
Love
Light
Meditation
Memories
Peace
Power
Prayer
Solution
Spirituality
Success
Willpower



My dear readers!

The most important step has been done!

You have eyes and ears to see and hear, senses to feel and an alert mind to think.

And you have this wonderful book in your hands.
A book full of overwhelming wisdom and truth!

No matter where you open this book, literally a flood of clear wisdom and astonishing cleverness will inexorably pour over you, the attentive reader.

See it like a supermarket for joy and ideas: in every shelf and each corner you will find something usefull and nutritious !

So that you too will become clever and wise!

Actually every day has to start with a smiley, because this is a very positive book!



As a representative you will find here one smiley for every day! Humor is the most delicious spice for our life and without humor everything is sour and boring!

You will surely find the meaning of this book!!

If you read it !!

I am not a ,,proofed“ Guru or somewhat. My individual convictions or sets of belief or however you may call it, are obvious and possesses its evidence by itself. You will feel, what is right and you will be able to verify the sense and meanig of my ,,tales“ simply with your heart!

To the best of my knowledge and belief and with all my heart, I tried to create something that most of us usually do not see, namely:

A W A R E N E S S

Awareness of the many small things that we constantly encounter in life, but for various reasons - mostly due to hectic and everyday stress - escape our conscious awareness!

In many ways I have tried to lead the spotlight of several interests on several perspectives to ever the same thing! How can an ordinary and most commonly person grab the ,,hook“ of indpendence, self-sufficiency and self-reliance so that he/she feels supported and moved towards a fullfilled life of happiness and contentment.

It is big fea to be an ordinary citizen, to proof truth and loyalty to integrity, honesty and dilligence in times of such challenging events when so many people claim to tell the one and only truth. It's all in the view of the beholder. Please be a bit generous...

Keep courageful your head up high! Because as it's shown with the exciting storm on the Capitol of the USA at January - the democratic societies depend on you!

Because God does not prefer one single person, and each person is loved by him equally, so – I am absolutely convinced of that - democracy is definitely in Gods plan and his clear will!

I was very focussed not to ,,preach“ flat cognitions or insights, but rather to deliver some unique deeper understandings and even some knowledge that requires – even from critical brains - a certain amount of respect and attention!

Each page and article in this book was consciously weighted and proofed again and again.I hope it provides you with lots of interesting facts and ideas and will help and strengthen all goodwilled people extensively to go encouraged and strong through the world with more open eyes and that you will win small - or large - advices and helpful insights here and there.

This book is in no way meant politically or ideologically! It only provides a huge range of ideas and broad visions, which humbly shall be useful to help as many people as possible on their exciting path through life and to create clarity where otherwise there maybe confusion and doubts.

The entire world is one and each and every human being is a sibling to all others of us under the same sun! And I truly believe that my only lord and master JESUS CHRIIST would principally agree to each of these tales…

A comprehensive indexed content is included so that you can reach your goal as quickly as possible from each view on a „ problem“:

… more useful and positive truths and insights
for every day of your life.

I wholeheartedly wish you a lot of fun, humor, courage, clarity and always a good mood!

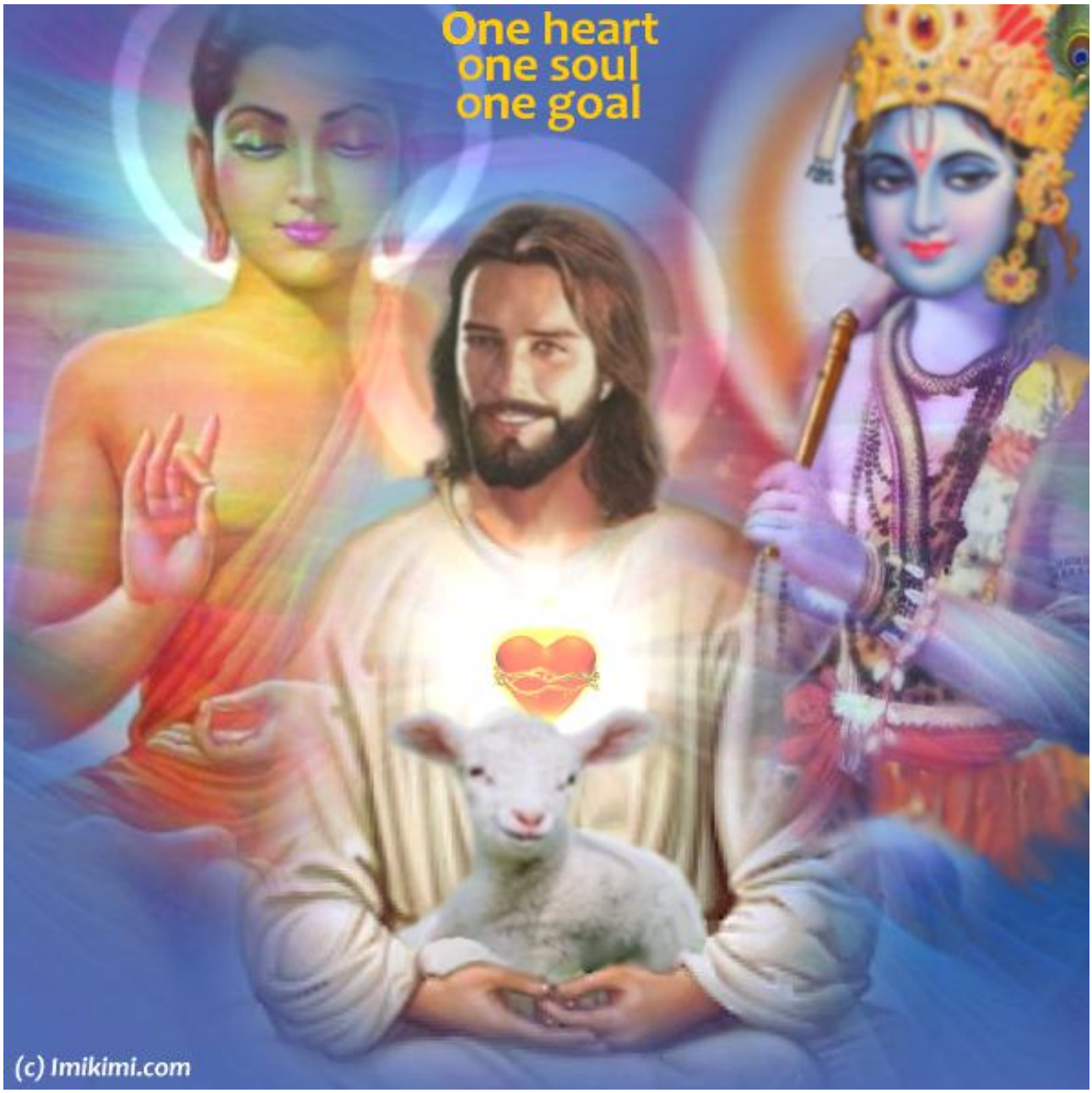
With the very best wishes

Sincerely yours
Uwe Litzkendorf

PS: Some may see the following sentence as a kind of selfishness, but one special attribute of a good book is, that the author enjoys it with big pleasure himself! It is a real huge collection of helpful, awakening and comforting thoughts.

So, in this sense: I apologize, but I cordially love to read my own book and I learn massively new and tensional things and thoughts from it every day …

If you want to be constantly informed
about our network, so <click here>



Cooperation

001

Krishna in Hinduism and Buddha in Buddhism are roughly what Jesus Christ is in Christianity! For specialists there are still some remarkable differences, but roughly it is comparable.

Krishna and Buddha are as well the incarnations of the pure, the absolute good and the beautiful. The followers of all three religions are soft, kind and friendly.

Krishna is probably the strongest influence in Hinduism and thus proves impressively how much value mankind in India places on friendliness, love and a good, warm character.

Krishna and Buddha, like Jesus, stand for infinite consciousness, overwhelming beauty and grace. All three love art, music, dance and love itself! They give joy, comfort, hope and harmony and are reliable protectors against all bad and evil!

Krishna, Buddha and Jesus get along great! They love one another for one simple reason:

They just can't help but love!

Infinite love and gentleness is contained in all of them. It is their very essence.

They pull in the same direction and the result of their actions is gentle bliss, great joy, complete health, absolute trust as well as serene fearlessness and considerate aliveness!

Who could have anything against them??!

They go perfectly together! Everyone has his own special characteristics. There is no ambition, greed or jealousy between them. All three treat each other only the very best.

Everything bad and evil is not contained in them!

No true Christian will ever have anything against Krishna or Buddha and no true Krishna or Buddha follower will ever have anything against Jesus!

I am firmly convinced of that!

The highest aim of all three for the entire mankind in the last consequence is to be freed from any suffer and to live totally peaceful in endless love and joy! They are always working together on the everlasting paradise for all of us...

Let's do them this nice favor!



Power of thoughts 002

A friend has slight asthma-attacks. Sometimes he find it difficult to breathe deeply.

Me: "Send warmth and relaxation there!" He: "How?" Me: "With the power of your thoughts. It's good!" He: "How??" Me: "Please stretch your right index finger straight and think that you crook it!" He: "??? ... Nothing happens!" Me: "??? ... What? You can't crook your finger?" He: "No!" Me: "That can't be! Please just crook your finger!"

He's doing it for real now and is totally amazed! Me: "That is the power of thoughts!" He: "Uhhhhh", understands and laughs ...

*Me: "**That's all! That's the power of thoughts!**“*



Totally convinced *003*

One of the characteristics of intellectually more agile people is to perceive and analyze things concretely and to analyze them - including oneself and at oneself.

This often leads to the fact that these highly gifted beings can be plagued by relatively strong self-doubts.

On the other hand, such beings with less pronounced factual awareness are often so unconditionally self-confident because the gift of conscious analysis (also of oneself) is not to be found so strongly with them!

Tip: You can't help it! Simply go on... but with less doubts!



Not interested ***004***

I wouldn't accomplish anything if I would sacrifice me to my weaknesses and zippers!

They just don't interest me!

What I can accomplish and where I can be valuable for others is worth a million times more than all my complaints!

To "weigh me down" means to tie a heavy stone to your leg while swimming!

Good reasoned people don't do that!



Gather memories 005

You only recognize, what you re"member"! Do you have no memory - you have no idea! So: gather as much different memories as possible, then you can have a say!



Different kinds of kind 006

There are those who are more altruistic and those, who are more egoistic!

If these both in a marriage seemly won't run together, don't mind! It will!

With a little good will! The altruistic part just needs to have its own accepted share of money in advance. As a usual citizen, donate as much as you normally do for charitable issues and if then the altruistic one of both cares more than the other about charity, he/she can spend his/her part as far as he/she ever wants!



🗠 *Smash the Everest* *007* ❑

Don't think, the harder you hit, the more sure you will win! That can be completely wrong!

Take a big hammer and try to smash the MountEverest because it stands in your way! That would keep you busy for the rest of your life and you would not have created anything fertile for the world and for your children!

But that's exactly how some behave!

Meditation actually means to "come to the middle of your senses"! It almost always "makes more sense" to put the hammer aside, take a step back and look at the whole thing quietly in peace.

If you don't look "exactly" sharp at your target, you can see more of the surroundings. And that usually results in a completely new way of solutions!

As an exercise, try not to see a tree very clearly with the eye, but to slightly fix a point that is about a meter in front of your forehead and then look in the direction of the tree. Your eyes will squint a bit and blur slightly.

Usually you will possibly follow a bird in the tree with your eyes. On the other hand, with this "blurred" view you will also notice other movements in the tree and suddenly you will see several birds or movements at the same time.

You should sometimes look at your own situation in a similarly "blurred" manner ;O)



Just the way it is 008

We are growing together! Worldwide!

We have different genes, different cultures and religions and wherever two different origins merge, something completely new arises!

When a man and woman get together and father a child, no one can predict the baby's character! Right?!? We can only guess that it will have two eyes, two legs, a nose and probably hair and usually everything that belongs to a person! It will do what a being with arms and legs and a head actually does!

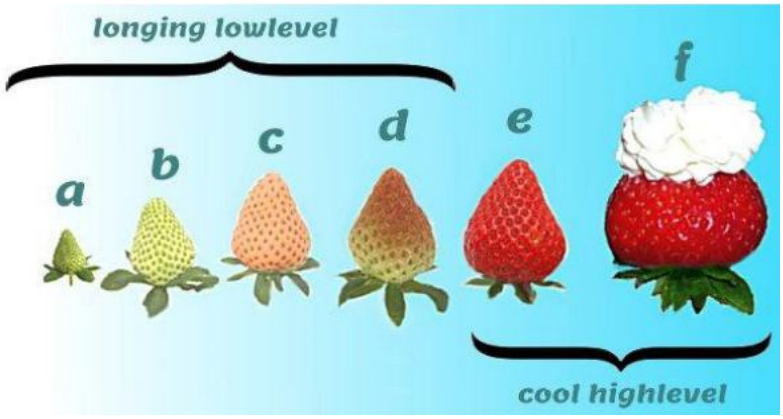
That's what it's made for! The good is undoubtedly inherent in each of us!

So I already have an idea what the new person will be like. In addition to everything that a healthy being has, this new being will surely also be good at its core!

It will laugh and cry, dance and sing, love and kiss, fight and win or lose. It will be happy and make an effort, caress and hope, help and comfort.

And it will be beautiful ...

So don't fear - everything will be exactly as it should be!



Approach people 009

There are no guarantees! But if you only know about 50 friends on Facebook, your objective market opportunity is not great!

If you know 500 people on XING, your small chances grow a little.

If you have 1000 mid-level contacts on LinkedIn, that is already remarkable!

If, on the other hand, you have 1000 upscale contacts, professional marketing is just slowly beginning!

2000 high-end contacts make you a little more interesting!

With 3000 contacts in the luxury upperclass, some powerful people are now slowly beginning to perceive you and to respect you a little!

But ALL of this is NOTHING if you don't develop real human-to-human relationships.

Approach the people! Without false and clammed shyness!

Build personal connections and offer benefits that even the noble class needs! Namely, deep, unusual insights, personal help in really tough situations, as well as natural decency, real loyalty and sympathetic honesty!

It's all just people! Only: they have environments, experiences and problems that you cannot even dream of. You just don't speak the same language! So first: learn the "mental" language of power, fame and fortune!

They are absolutely not all arrogant and superficial!



🖂 *Truth by evidence* *010* □

On their questions you will recognize them!

Sometimes it is not so important to know the right answers, if you want to experience the world, Eventually i's far more important to have the right questions!

Your none-knowingness is boundless! Some things may seem like a secret language or something miraculous to you!

For those who have the right questions, it's just no longer a secret! Most people just don't have the right questions!

Imagine, on a sign on a certain climbing path in the Himalayas at an altitude of 7000 meters, there is a certain word and someone asks you what it is called!?

You have no idea! Because you've never climbed this high! Your knowlege so has boundaries!

Those who have been up there know it and will answer correctly! And from the fact that some people also know this word, they will recognize who has already been up there.

So it is with almost everything! E.g. with boxing, hiking in the jungle, climbing trees, flying, a marathon or with computers!

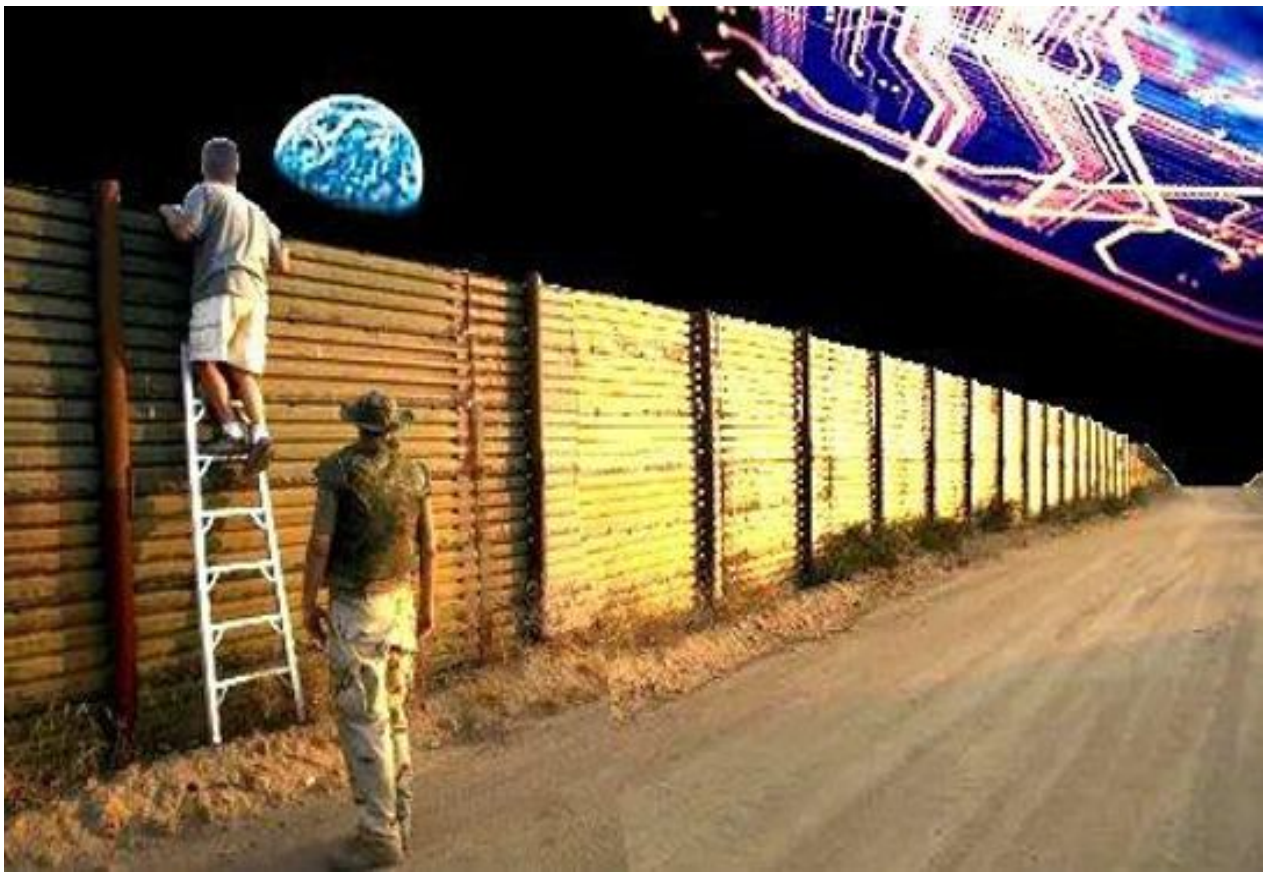
However, it is of no use just to learn this word by heart! Because then a knower would ask you what you could see from there!

Again you would have no answer and the knowing questioner would recognize that you are lying!!



Average ability ***011***

Sometimes it seems as if the new digital development requires unlimited intellectual capacities?! That won't work! The average intelligence-quotient is 100 and it will stay there! No doubt! That means, half of humanity has an IQ of 100 or less!



Free ride visions **012**

Some communication problems are simply due to the factual distance of experience!

Sometimes you can explain something to someone and he/she will never be able to understand it because you are looking at it through completely different prisms!

You can e.g. not describe the real beauty of the earth if you have never been to the moon! Or you can't describe the experience of e free ride on a happy horse, you MUST do it!

It often seems similar to me with the term "digitization"! Then there is only tolerance and the amazing wonder! There are things that are beyond our reach! We can only hope and trust!



All times of the world 013

Your benefit for the world only stops when you really and in fact can do NOTHING precious for the world and the people anymore!

NOT JUST ONE SINGLE SECOND BEFORE!



Soil and friendship 014

Just as a seed becomes a flower, so you become a human! Please give yourself enough sun, air, water and soil. Your sun is laughter, your air is the day, your water is life and your soil is love and friendship!



Imagine reality 015

It is often difficult for physically strong people to understand! But be careful of the power of imagination!

Just like positive thinking, a strong placebo-belief in negative effects can result in equally strong negative subjective realities that you never wanted!

As a strong individuum never just underestimate the strong spirit of your counterpart and always be prepared for anything!



Worldlanguage friendship 016

Anyone who regards friendliness as a global language always "somehow" gets along with his/her worldwide friends!



Joy of school *017*

It is impossible to learn arithmetic without mastering the multiplication table!

It is impossible to learn to write without mastering the alphabet!

It is impossible to calculate the world without knowing the number PI!

It is impossible to understand digitization without knowing binary logic!

It is often not really that bad not to know or not to be able to!

However, it is bad not to WANT to know or not to WANT to reach for ability!



Valuable things 018

Only do valuable things!

It is very important to always have something more valuable to do than what you could or would like to complain and whine about selfpityingly!

In view of the expected personal gain and the hoped-for valuable progress, every laborious effort for a meaning- and senseful work, suddenly becomes small and unimportant!



Nothing but trust 019

Dependant pets haven't any but trust in their master and in fate at all - else they really have nothing! In this sense, we all are dependant beings of God! Strictly speaking: actually there is nothing left for us but trust!



Sense of humor 020

The most important of all: Don't ever let destroy your sense of humor!!

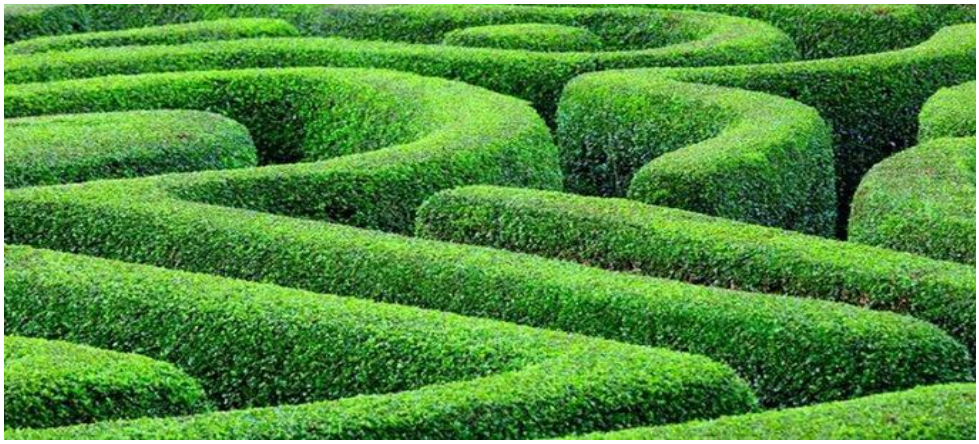


What I could

021

Time rushes by for everyone! Just pretend, time doesn't exist! If you do your work and tasks honestly and diligently, it is good enough!

You can't do it any faster than you can! Nobody can force you to know something that you don't know or to be able to do something that you cannot! The main thing is that you can say afterwards with a clear conscience: "I did what I could!"



Way back

022

If you go the wrong way, it's no wonder that the faster you run, the more lost you get! Always check your path carefully before you forget the way back!!



Just let it happen *023*

Imagine the heart is like fertile ground for everything!

When your heart is eventually still hard, dry, and rigid, no seed can enter and hold on to find food. Only through many experiences and friendly contacts does it gradually loosen up so that the small seeds and roots can gain a foothold.

And just like in real soil, small roots slowly penetrate the hard ground and just like e.g. a real apple tree, the shoot slowly comes to light through the earth's crust.

Only an adult tree will bear rich fruit! Nothing else!

This is nature - you can do nothing against that!

And over time, branches and leaves and flowers appear, so that the birds feel comfortable in them and chirp their happy songs.

And when the tree is big enough, people and friends build a bench under the tree and enjoy the sun and play ball or funny songs!

That is all you ... if you want it! You just have to let it happen - and it takes a little time :O)



Learn true love 024

If you want to learn true love, watch a carefree (healthy) mother with her children!

So tender, cheerful and powerful, so robust, focused and positive and yet so wise, light, unwavering and funny.

Watching happy mothers with their children is a priceless lesson for life!

She will NEVER let her children down!





Okay-human 025

I dreamed of a human, who is always and anywhere "in order"!

Anywhere in this world, it doesn't matter if he/she is black or white, red or even green. No matter if in Mongolia, South Africa, Chile, USA, China or wherever!

This person is just "okay". No one would harm him/her and no one would chase him/her! Everywhere he/she is beloved, sympathic, helpfull and warm. Everywhere he/she is honestly and diligent!

His/her advice is valued and liked to be heard! He/she does no harm to you, but loves to laugh and the people loves to laugh with him/her! He/she is joyfull and loves music and children!

Is that asked too much?



What really matters 026

Selfconsciousness excludes being indifferent! The consciousness first creates, so to speak, wrong and right! If you are not conscious, almost everything doesn't really matter!

But if you are conscious, you have to decide where you want to go! You are then (mostly) aware of what you are doing and thus create right or wrong for you yourself!

Or you just stop and wait idly for the things that may come!



Listen carefully 027

I do and say nothing else than what God, nature, the universe, the great spirit, my fate or whatever you may call it, tells me! He/She/It guides my pen!

I am just listening carefully!

That's all!



Cause and effect 028

If you are on one side, you are more likely to believe the one! If you are on the other side, you are more likely to believe the other!

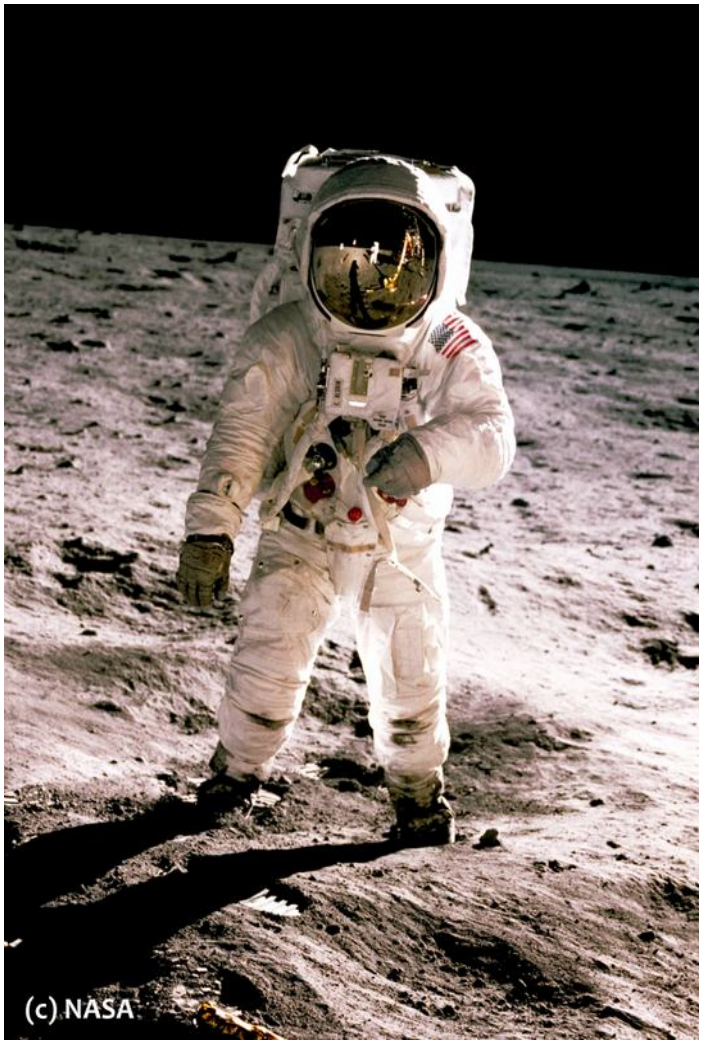
So it depends on which side you are on.

Often times, justice is believing both and distrusting both! At the same time! Unless there are definite actions that reveal the trigger!

On the other hand, why one did the unambiguous will mostly remain very ambiguous!

What is cause and what is effect?

THINK!!



Typical heroes 029

It is a typical skill of great winners, fighters and adventurers that with advanced experience they can give good and wise advices!

Because they have a lot to tell and only such people face the risks of life directly, tough and fearlessly!

So if you want to be a good advisor, deal with risky things too, because cowards don't give good advices!





No Luxury

It is difficult and dangerous to galopp a studded horse on asphalt!

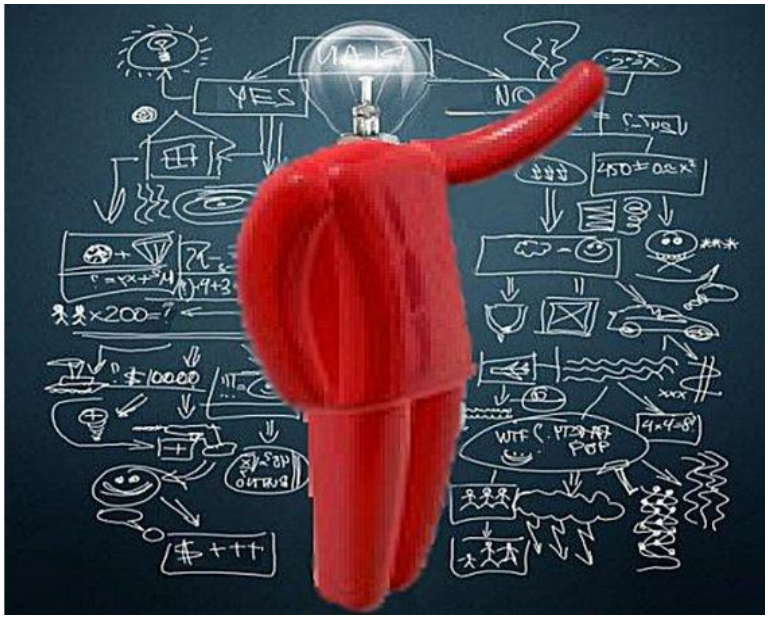
Luxury 030

but it is easy and fun to gallop an unstudded horse on a sandway! Even for the horse! It has fun to run!



Love your „SELF“ 031

Who can really love, also loves himself/herself! He/she has better things to do than spend his/her time with bad thoughts or feelings! What you love, you protect!



Teach and learn 032

Show others how to do it! You will learn no better and faster than if you HAVE to teach it to someone!



Your shepherd *033*

What are you?

Flock or shepherd? The shepherd knows more than the herd.

He/She knows where the green meadows and the clear waters are.

He/She knows the dangers and the wolves.

He/She knows the cliffs and abysses.

And he/she also knows the needs, worries and desires of his/her flock!

And when he/she is lonely, the shepherd sleeps in the middle of his/her flock. And they will take care of him/her!

Whoever does not know the green meadows and the waters, the dangers and wolves, the cliffs, abysses, needs, worries and desires of the herd is not a shepherd!

Be carefree 034



If God, nature, the universe, the great spirit, fate or whatever you might call it, wants us to be happy, then he/she/it must want prosperity and peace as well!

To be happy you have to be carefree! But you can only be truly carefree if you have eliminated all serious dangers!

A modern, democratic country has exactly that as its task!

So prosperity in peace and security is for ordinary people also an indispensable part of joy! Without adequate and secure prosperity and peace, we cannot truly and "unrestrainedly" be relaxed andjoyfull!



Sympathy for life 035

Like what you see!

Feel sympathy for life and its expressions!

You can't get another...



Business Intelligence 036

What does BI actually mean?

BI is the shortterm for "Business Intelligence".

A bit similar to strange words like Bitcoin, Blockchain or Quantum-PC, Deep Learning, Agile programming or AI, the BI is due to its 3D-Arrangement (Cubes and Views) able to show different contextes of the related data to each other, depending on the perspective of the viewer on the used datacube.

So it is possible to get absolutely new and sometimes very surprising insights in the relation of diverse data to other datas.

Not only a few are wondering, why the database-engineering is making such huge steps forward and why the artificial intelligence benefits in such tremendous ways from that.

For "normal" people the collaboration between AI, BI, robotic and neuronal nets via the internet (and in future more and more the incredibly fast quantum-computing) is WAY(!) too complexe!

Even specialists have buzzing senses by such an unimaginable mass of daily new terms, techniques and insights.

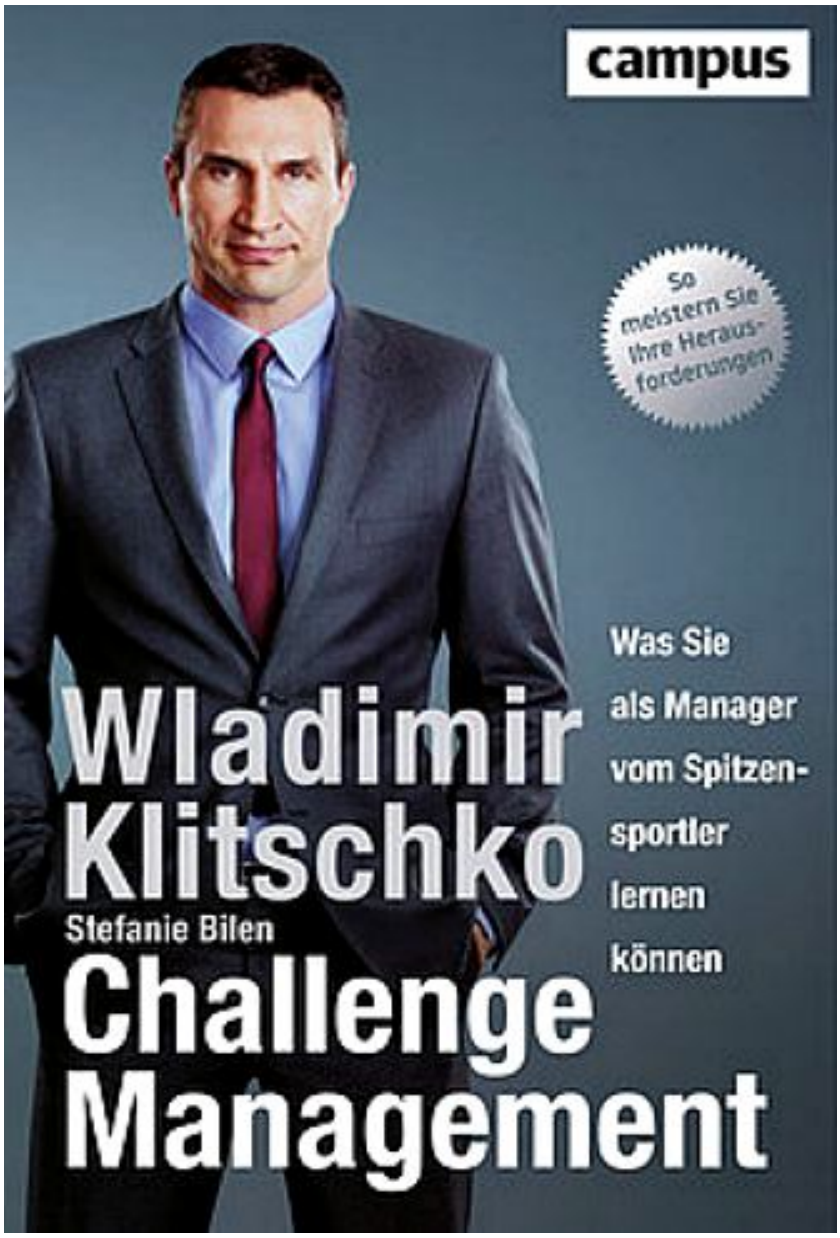
So: "normal people", please think well about the developers you hire and the IT-artists you trust! They will propably rule your future and the future of your kids and grandkids!

So it is !



Transform defeats 037

Honored, respected and praised are those who transform defeats, disappointments, mistakes and fear into something good - preferably into happy music, poems and stories - and ensure that others do not fall into the same painful "trap"!



Tough tests *038*

If you become wise through anything, then it is through really tough tests and experiences or through survived defeats and through pain, tears and fears!

Or through the greatest happiness and the highest joy!

So be grateful!

Either way, for love, happiness and joy, but also for your fears, pains and disappointments! That makes you mature, smart and steadfast!



Stop selfpity **039**

Some think: "I can do whatever I want! Only the others are successful!"

That's not true!

You will have just as much success as the people you compare yourself with, if you work same as hard, persevere for just as long, have the same determination, love and affection, know and can just as much and remain just as positive and courageous and have the same as much luck!!

This is the best „trick", you will ever get in your whole life! Every successpeople will 100% confirm it:

Stop whining or complaining and get rid of any somehow selfpity!

That is the whole price!

NOW!! IMMEDIATELY!! AND FOREVER!!!



Apologize 040

Beware of arrogance, stubbornness, and false pride. This will prevent you from begging for "apology"!

Believe me, you always have plenty of good reasons to beg for "apology"!



🖂 *Big things* *041* ❑

Go ahead! Just make up your mind to do big things!

If there weren't such crazy people who dare to do great things, the world would be much much poorer!

One HAVE to be crazy to dare to think something big and then even to do it!

Big things never come out of comfort! How far you will actually get is ALWAYS seen afterwards!! ;O))

Never before !!

Elvis, the Beatles, Michael Jackson or Muhammad Ali and Wladimir Klitschko or Mandela and Gandhi! Or even Greta Thunberg, Whitney Houston or Angela Merkel!

They all started with NOTHING!

There is a saying: "Those who are silly enough to dream of doing big things, are exactly those, who do it in the end!"



Be good to you 042

To anyone who does not love, is everything repugnant! If you love, then you find everything about the beloved being great!

If you love yourself, then treat yourself to the love!

Can treat yourself:

Give yourself a little neck massage.

In the evening, think of something that you can look forward to the next morning.

Go on a relaxed shopping or bar stroll.

Sit alone in a café and watch the people going by.

Make yourself comfortable with a hot tea or cocoa or a whiskey or a cold beer and watch your favorite film or sporting event again.

When you are alone: turn up your favorite music loudly and dance really boisterously and silly.

Buy flowers or invite good friends over.

Cook the most delicious thing you know: your "power" food.

Hug a tree or play with your hands in the flowing water!

Take your time in the green.

Do not criticize yourself, but praise yourself, seriously and credibly for something you did well.

Take enough breaks to enjoy a deep breath.

It is good for us to hear the voice of a benevolent person!

Talk trustly to a good friend on the phone.

After work, go a completely different way home.

Read a book that you normally wouldn't reach for.

Enjoy doing nothing: smartphone off, book away, television off and let your mind wander.

Try to let go and watch what happens.



You can only win! ***043***

Imagine if you were discouraged and given up on your current plan in order to start something different or new - possibly "better".

Of everything you have worked out so far, there would then be - apart from a few experiences - hardly anything left!

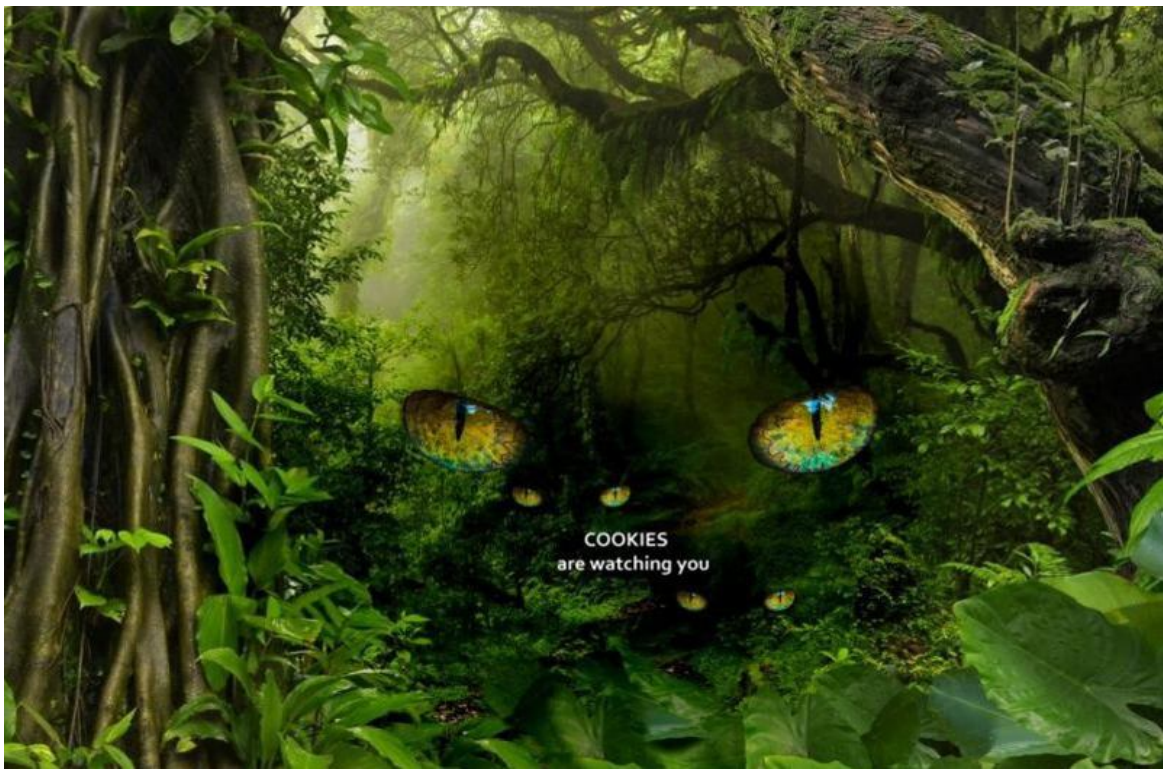
But if you think deeply and thoroughly and your new idea is not such significantly different from your old one, then you can continue to use your old knowledge, material and solutions - with some appropriate changes and smart adjustments!

If you can do so, you can continue to build on your existing substance and everything you work on a new is immediately profit!

If you would have acted radically, you would have "written off" the "old" and possibly lost totally. Maybe even burned, scrapped or rotten!

WAIT AND THINK !! ....

If you work this way, EVERYTHING is actually profit!! You often just only need a little phantasy!



Obviously *044*

With the cookies on websites, it is as if in every(!) "physical/real" shop you enter, you should agree to your (including personal) data being counted, hundreds or even thousands of other companies and organizations, advertising agencies, multi-nationals and analysis organizations will be forwarded!

And these in turn may forward your data to possibly thousands over thousands of other companies and organizations. Such a complete(!!) movement profile of you over months and even years is possible on the internet without you knowing anything about it!

So don't be surprised if the salespeople in the store you are going to enter next, even though you have never been there, know exactly what you bought in the last stores or what items you looked at for how long!

Hopefully it wasn't "offensive"! ;O) You only "think" that you are anonymous, but "THEY" know (almost) EVERYTHING!!

So: reject any cookies!



Happy gals *045*

Now it is scientifically confirmed!

I had a strange feeling since round 40 years! Where is all the happy music gone? It's got less and less!

German scientists of the Free University Berlin have now analysed 1000 popular songs from 1965 to 2009!

The part of sad and depressive songs has doubled in the last 40 years compared to the happy and optimistic tunes!! There are much more moll-chords than in former times!

People - force yourselve to play more dur again! C-F-G for instance or E-A-D! The good old three-chord-sheme works still for good!



Gods own language *046*

Music is gods own language!!

If you're sad and you don't know really why - simply make and sing happy music!

If you can't play an instrument, then whistle and hum! Nearly everybody is able to do that! And the sad mood will go away!

Don't forget to laugh meanwhile, too ... simply just so...



Your way

047

Some say so very important things! They advertise their "thing"! They pump up theirselves with important people. They take important selfies with important beings. They suggest to you, that you have to follow them!

Nonsense!

Therein is no basical trust in nature or our higher life! Because, you will never(!!!!) see mega-rich oder mega-successfull people trying loudly to sell their products or services to you!

Who has "made it", will not have any neccessity to get more and more and more and even more!! If they were contented in themselves, they would never sell anything anymore to you never more!

Only uncontented people are doing so! There is nothing really worthfull to learn from them! Except being uncontented and greedy!

THINK!!!

We all have to sell something - okay! But even then, the only real true wisdom is to learn from your own nature and your very own determination!

Trust in higher energies! In that, what is mostly called god, the highest energies, the great spirit, the universe or whatever you might call it! It doesn't cost any single cent!

Simply breath deeply and calm into your bellycenter and wipe all such confusing and penetrant moneymakers aside!

They are doing their business always the same way since more than 550 years now (Machiavelli). If they were right - our world would be okay!

But the primitive and always greedy moneylogic has turned our world into bad problems!

The higher energies will give you higher answers. The only thing you have to do is getting quite and to hear your own inner voice as clear as possible!

May be, that sounds too easy, but "that"(!) is the only true way to our common targets. Any other way will make you grace-less dependend in the end! And you won't ever notice it!

Watch your intuition carefully:

If meditation is your way	-	*meditate!*
If prayer is your way	-	*pray!*
If happiness is your way	-	*be happy!*
If contemplation is your way	-	*contemplate!*
If sports is your way	-	*move!*
If helping is your way	-	*help!*
If music is your way	-	*make music!*
If writing is your way	-	*write!*
If painting is your way	-	*paint!*
If laughing is your way	-	*laugh!*
... a.s.o.		

***That** will push you through!*



Awake ***048***

A fairly quick way to create a transformative state is to be awakely concentrated on what we call love.

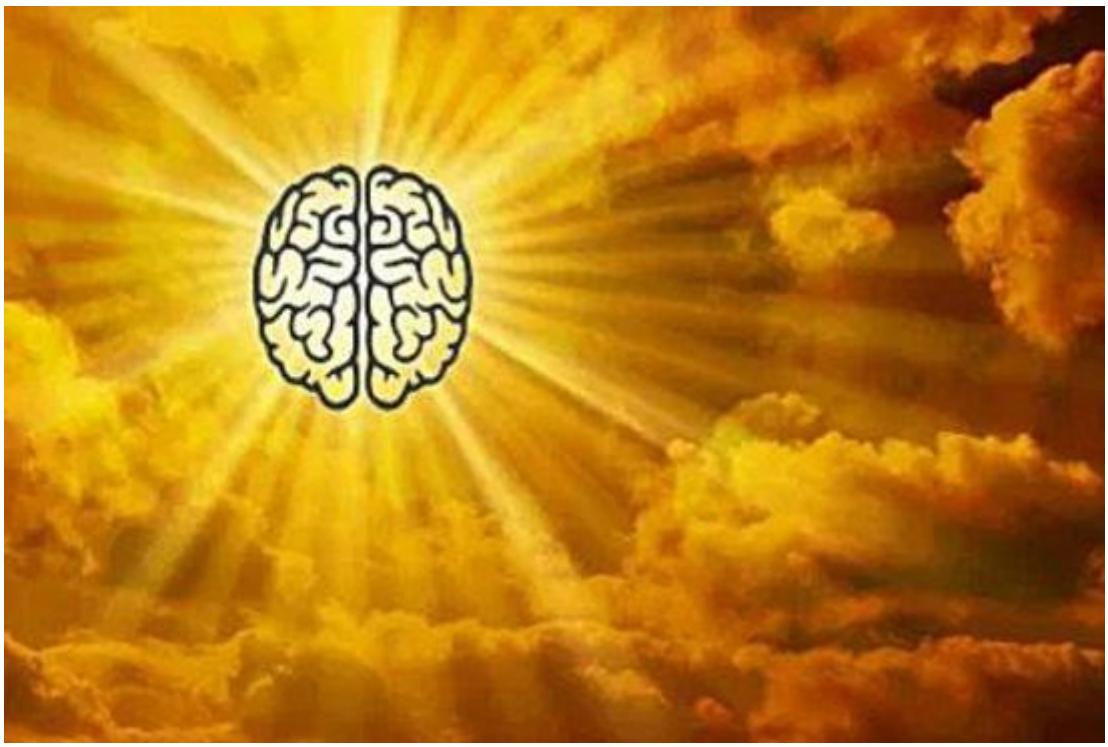
Visualize what you love (your partner, your children, your family or whatever else is close to your heart), present it to you happily and joyful in its own optimal state and smile at it internally! Observe the being of your affection with warmth and rejoice in the joy (e.g. of your children).

This will make you want to keep this positive, light and mostly playful state! And that, in reflection, will give you clear insights into the resistances and obstacles that endanger this situation. In reverse, it will then become clear to you what you have to do and how you have to do it to achieve and maintain this desirable state without hurting any other!

The more you do this with enthusiasm, the clearer your path becomes!

Your true consciousness is the reflection of your deepest inner drives. Trust your instinct and intuition!

What you are doing now is a vital expression of yourself! Only "YOU" on the entire planet are doing exactly what "YOU" do at this very moment! ***No one else!***



Believe in good ***049***

Actually, it is relatively easy to achieve a spiritual transformation - and thus far-sightedness and real sovereignity!

However, most greedily want "to have some of it"! They see transformation more as a benefit. Unfortunately, this way of thinking basically and completely excludes a spiritual change!

The first - and for most beings also impossible - step would have to be to completely abandon the "egocentristic" principle of thought. This is by far the biggest hurdle of all!

It can only be overcome with deep insight into elementary - including your own psychodynamic - relationships, crystal-clear conviction, a firm belief in the good and positive and a diamond-hard - sometimes years-long - selfdiscipline !!

Not to forget: a real strong will!



Meditation Drive 050

Many think that meditation is a certain recognizable state or a certain writable attitude!

That's not true!

It may be like this for beginners, but once you have experience in meditation, contemplation and/or prayer, this process becomes independent into something everyday. If it was in the beginning sensation and excitement, you know your inner environment better and better every time!

As if you were driving a car for the first time. If you can drive a car for three years, it will "somehow" get cooler and more natural. It almost drives itself!

It's the same with meditation and prayer too! You "know" your "people" over time - and they know you!

Everyday life becomes meditation and prayer!

You can't do anything else anymore but BEING SO!

Only now you swing freely in your consciousness ... When talking about transformation, THAT is exactly what it means: you become a transformed being!

A completely unusual way of perception will be completely normal for you! Time and space now have different meanings and knowledge, ability and reality become wisdom, art and truth that nobody can ever take away from you!

***Life IS** - whether you know it or not - one great meditation, constant contemplation and an everlasting prayer... But now you know it!*

Don't mind too much about changing your outer personality!

YOU WILL REMAIN YOU! UNDOUBTEDLY!

But much more cooler, frendlier, aware, free, clearer, fearless, smarter and joyful!

AND!!! IT FEELS GOOD!!!



Melting pot *051*

We are totally dependent on our world!

What we eat or drink was not created by us. The milk comes from the cow, the oxygen from all green plants, the meat from the animals, the water from the clouds and the house is made of clay and stone, glass or wood!

So this means that part of our daily existence comes from our environment and thus from external livelihoods.

So these existences are an unconditional part of our own being, without which we could not live. They are actually an extended part of ourselves.

If someone "delivers" knowledge to you, he becomes quasi a part of you. His mind is now in your mind. His spirit in your spirit!

If I can give you a little insight into previously unknown things, then I have become part of you - and vice versa.

So, when we take care of our environment and the rest of the world with pure water and clear air, ***we take care of ourselves!***



Create mystic

052

There are incredible beings! What is mysticism?

Mysticism means that a world that is invisible to "normal" people becomes a real and absolutely effective influence right now!

The most general term for this force is "God"! In various religious contexts, this force is also called nature, great spirit, universe, Allah, manitu, primal energy or more.

Essentially, the same is always meant: THAT THERE IS "SOMETHING" what was before us and before all time!

A higher entity that created everything! Even if we cannot recognize it, we still have an "idea" of its existence.

For a mystical being, God is a very existent and sensibly acting energy that grows out of its consciousness!

Consciousness is like a glow of light falling on the unknown! An experiment: look at your hand. You will inevitably see a small piece of your skin! You have never consciously considered this piece of skin before. But it was always there!

Only through the "perception" of this reality does it get a meaning!

So it is with everything! Consciousness means to focus your attention on as many parts of life or environment as possible!

The unconditional EXISTENCE of being and the conscious relationship to the CREATOR, that is mystic!



UN-sustainable goals

All for free 053

What are you whining?? You get everything for free!

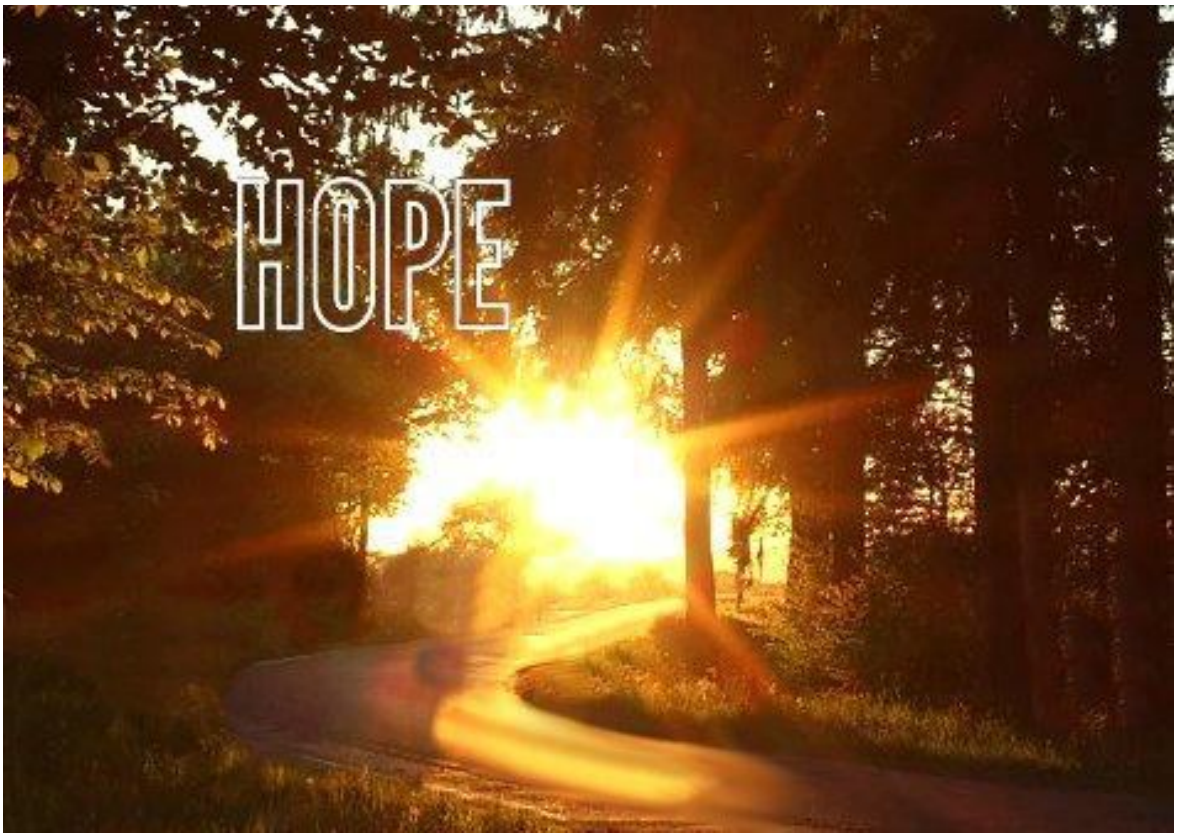
You wake up for free in the morning and go to sleep for free in the evening. The sun shines for free in the bright sky and the rain falls for free!

Reflect on it!

That you have a mother who takes care of you, or you possibly have learned a profession through which you can buy or rent food and drink and the bare essentials, or maybe you even have a loving family, siblings and friends! ***It is all free!***

And yet you are never really satisfied! You are amazingly rich!

Reflect on it!



Optimists do the rest 054

We have some tough problems on our neck: corona, climate crisis, digitization, black-live-matters, rightshift, more and more hunger in the world and much more!

BUT: we will HAVE TO HAVE a future! And we WILL solve the problems positively! Because who wants to be so negative and pessimistic in public, telling the young generation and small children that their future (and thus their lives) would be threatened?

NOT ME!!

All doubters, naysayers and grumblers should help, too! And if they seem not to be able to think optimistic, then they should just shut up!

The optimists will do the rest!
Thank you!



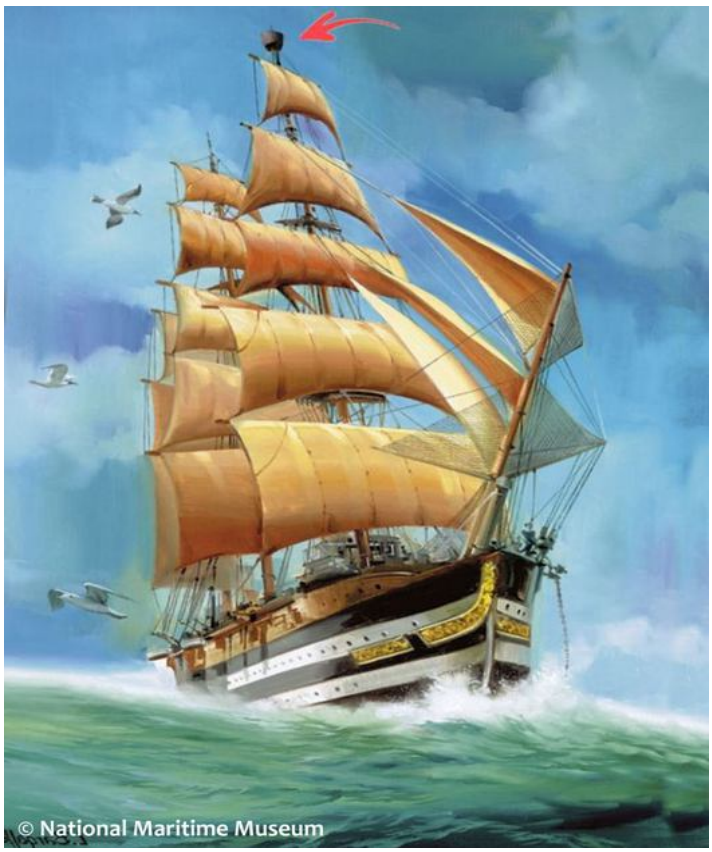
Happy success 055

Charisma is in the first place a strong and convinced determination to a certain point of view. If you are absolutely convinced of something, your targets are totally clear!

Your are - despite of all efforts - always a bit happy, because you have found your "thing". There is nothing left to doubt about and the joy of going your way and of doing your thing and to come visibly closer to your goal, makes you tough and enthusiastic!

Nothing makes happier than success!

Success in any way is our common goal all over the world! It makes you strong and positively upright and the result of all that is called "Charisma"!



Clairvoyance *056*

Clairvoyance is actually not a big thing! It is mainly hard work and courageous determination!

Be vigilant, keep your eyes open, find a good vantage point and watch the horizon!

If something moves there and comes towards you, then you are the first to know!

Inwardly, consciousness is the eyes, knowledge is your vantage point, the future that you can recognize is the horizon and statistics and probability are movement!

If you want to see better, you have to sharpen your gaze through prayer, meditation or contemplation, improve your view through learning a lot about good and important things, broaden your inner horizon through diverse experiences and exercises and make predictions that are as accurate as possible through a "hunch" about things!

That is clairvoyance!

But be careful: it's often a little windy up there in the lookout :O))



A better me

057

What use is it to you if you have mastered a thousand sub-disciplines but have not understood the whole? What use is it to you if you are good at arithmetic, but you don't know what for?

So if you want to be free and successfully independent, you MUST understand the entirety of your subject beforehand, otherwise you will always come across time-, money- and energy-guzzling obstacles that are completely unknown to you and do not fit into your "pictured" context and also gradually to use up all your strength and courage.

There are supposed to be people who want to build up a business but have not yet read a single book or specialist magazine about it, because they are self-indulgent and snobbish and think that they are highly ingenious anyway and that spontaneous "learning-by-doing" is good enough!

If you think that way, don't be surprised if your business isn't working!

What else are schools for?



Lemonade and beer *058*

In business it often happens that you hold meetings or conferences!

Usually these events are organized at certain times and in certain locations that are convenient for as many participants as possible.

However, if you want to know exactly whether the participants in your conference would be willing to sacrifice something for your cause and fight for it, then hold the event in a place that is inconvenient to get to!

No bus and no taxi far and wide! Participants have to walk a narrow, bumpy path for 20 minutes. Tell them the event is on Saturday night at 3: 00 in the morning and there is nothing to eat!

Set up two tables at the meeting place! One to your right with lemonade and water and one to your left with wine and beer and then sit down there on Saturday night at 3:00 a.m. and wait!

Those who come then (if anyone manages it) are ready to suffer and fight for your cause. You will probably be able to rely on them. And if they then additionally sit down at the right table, they are always sober and punctual.

But don't be disappointed too much if nobody comes and invite better people next time right from the beginning.



Buddyservice *059*

Whenever you closely collaborate with someone and you are seriously interested in your common success (that's what the project is made for), then be aware that this person will become a - more or less - huge, usual and important part of your surrounding for the rest of your life.

Between good businespartners sometimes it is often really like in a marriage!

Right from the beginning build yor relationship on stedfeast and strong ground and fight loyal for your partner as if you fight for yourself.

It will beneficial for both of you!



Sense of justice *060*

Regina Halmich and Myke Tyson - the toughest fighters of their time!

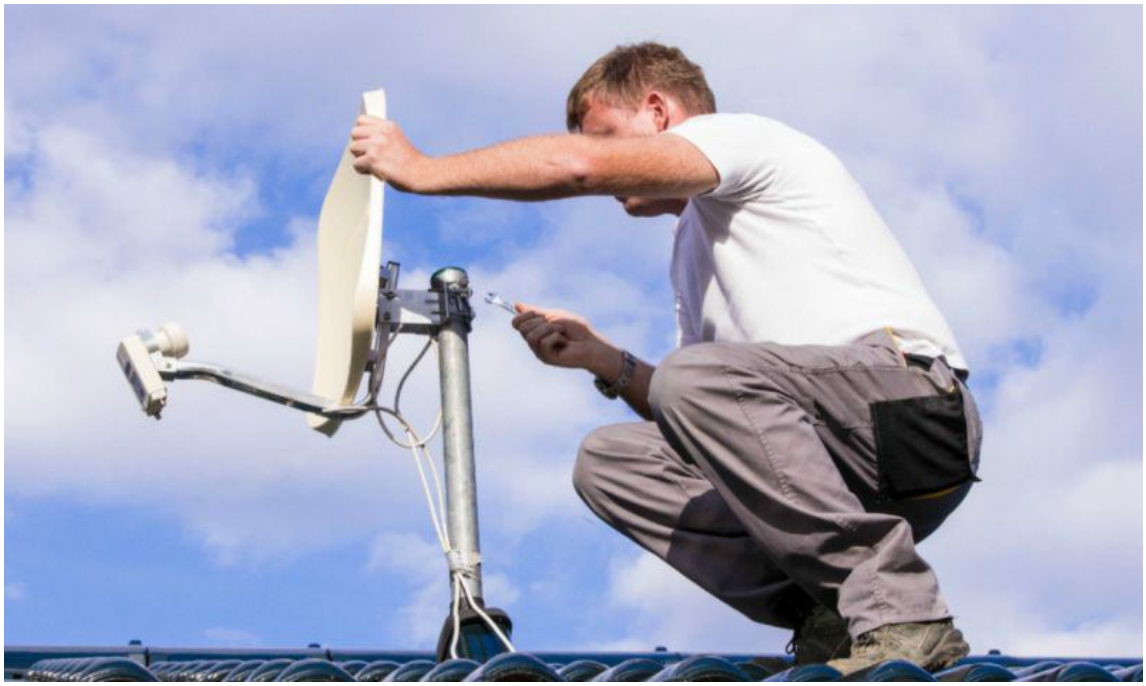
BUT! Would you seriously let the two fight against each other?

Hardly likely!

The difference is only external, because in the spirit, in the determination, in the intelligence, the mental energy and many other things they are equally large and equally strong! There is no difference - in real life we all fight the same battle!

In a good, just and modern state, a woman's voice has SAME weight as a man's!

That is the point of democracy!



The right tune *061*

Are you on reception?

God, the universe, nature, the great spirit or whatever you might call it, is constantly sending best and newest informations! Everything is full of knowledge and experience!

To receive these "messages", you have to set up your inner satellite dish correctly and point it precisely to the desired satellite!

If you do not know what to do with lots of informations, then it is as if you see noise on TV.

Through various "reception techniques" such as meditation, contemplation and prayer you can receive reliable truths from the best source.

However, you should then also set the "correct" transmitter ;O) If you don't align your "receiving dish" exactly, or if you don't have a connection, you simply see absolutely nothing!

How good that we now have computers and the Internet! There is no more noise - just sufficient (or insufficient) bandwidth! But no noise!!



Handmade *062*

Women see (almost) only the good in the potential father of their children! All the positive qualities that their children will or should have! So they collect good genes!

That personal characteristics such as a somewhat exaggerated thrift or a somewhat exaggerated competitive thinking, which are hardly inherited as dominant, are largely ignored and mostly patiently and magnanimously tolerated.

This is how mothers "tinker" themselves (mostly unconsciously) over the millennia step by step and generation after generation the perfect and optimal man!

They just have to be patient ...



A gain

063

"Again" is a magical word!

It has to do with opponents!

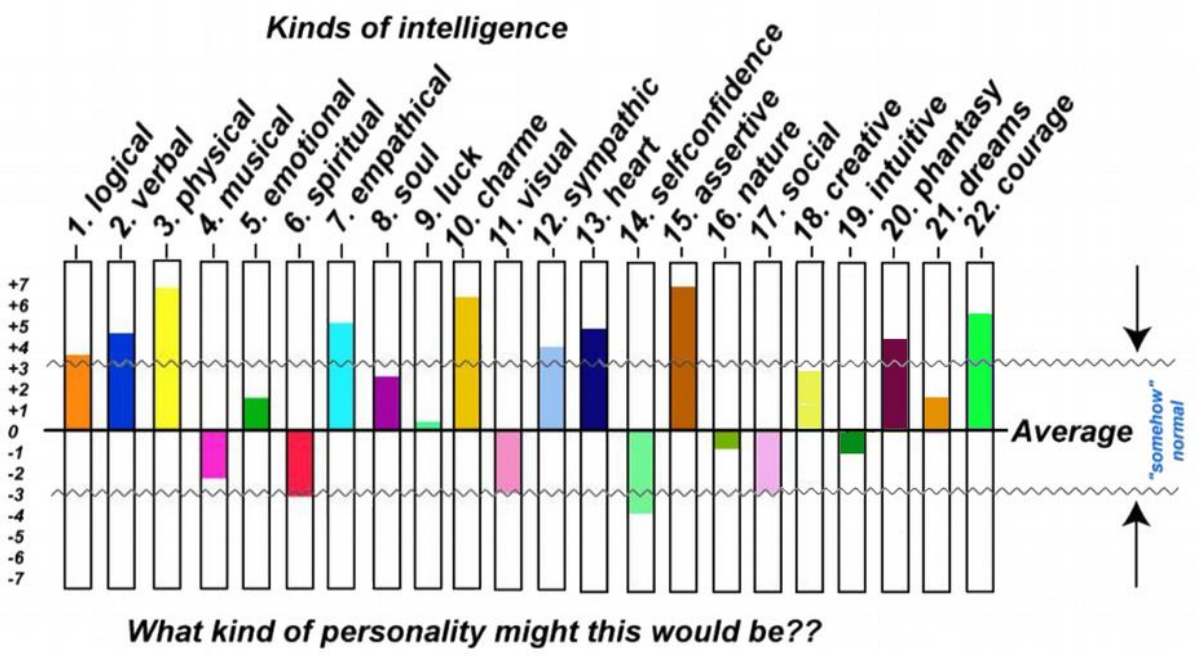
The word "against" makes it clearer! To be "against" something or someone! Again means to get up against the own lazyness, to overcome the own "gravity", to wipe away the doubtness!

"Again" means to stand up and face the challenge again!

Overcoming the fears, the pain, the weakness, the lack of energy and the annoying hurdles!

Rise up and fight the fight, again and again!

It's always a "gain"!



Kindness is a kind of intelligence 064

There are (at least) 22 different intelligences. And the capacity in each of them is like rolling the dice ;O)

1. *logical i.:*	*good in techniques, mathematics, engineering*
2. *verbal i.:*	*good in poems, writing, speech, conversation*
3. *physics i.:*	*good and enduring in hard work, strength, sports*
4. *music i.:*	*good in music, instruments, composing*
5. *emotion i.:*	*good in participating, reflection, comforting*
6. *spiritual i.:*	*good in higher senses, religion, ethic*
7. *empathic i.:*	*good in mindreading, friendship, help, feeling*
8. *soul i.:*	*good in joy, rythm, affection, tenderness*
9. *luckyness i.:*	*good in happiness, cuteness, encouraging*
10. *charme i.:*	*good in being sweet, gentle and calm*
11. *visual i.:*	*good in imagination, dreams, phantasy*
12. *sympathic i.:*	*good in laughing, smiling, nearness*
13. *heart i.:*	*good in love, warmth, passion, supporting*
14. *confidence i.:*	*good in many areas e.g. like teaching, advice*
15. *assertive i.:*	*good in business, leadership, discipline*
16. *nature i.:*	*good in natural aspects, fauna, flora*
17. *social i.:*	*good in reliability, networking, groups*
18. *creative i.:*	*good in any art, design, ideas, inventions aso.*
19. *intuitive i.:*	*good in consciouseness, knowledge of human nature*
20. *phantasy i.:*	*good in viewing new contexts and inner images*
21. *dream i.:*	*good in clearifing diffusive thoughts, mindreading*
22. *courage i.:*	*good in spontaneity, hearty pulling/grabbing, resolution*

Attention:

This is not scientifically proofed! It is just my private opinion.

By the way: any kind of higher intelligence can really be helpful on the way to enlightenment and illumination, but it is no precondition.

Spiritual intelligence as well as any kind of intelligence does exist completely independent of any othe kind of intelligence. Rational intelligent persons can spiritually be empty and hollow!



Squirrels truth 065

You can spin like a squirrel!

The truth will remain the truth!

No matter how much you ever resist!



How to teach love 066

In times of artificial intelligence some ask: "What kind of relation do we have to intelligent machines?"

Additionally to those shattering questions, we shall ask as well: "What kind of relation do we have to intelligent human beings?"

From my point of view, many have not a real good relation to intelligence in general. It seemes a common behaviour to reject everything what could make us feel small and helpless!

We don't like it, when someone or something is smarter, fitter, faster, bigger, stronger, cleverer or more beautiful than we are!

But the most of us have sadly to surrender! Because you can't enhance cleverness, power or beauty with the snip of a finger!

What is faster or/and stronger is simply faster or/and stronger and often it remains so!

The most important "trick" is to ensure you, that the "better" being or machine is not mad on you and your welfare is a real very important need to him/her or/and it! Among humans that is called "love"! So, the conclusion is: How is to teach love to a machine?



⛶ *Breathtaking timeless* *067* □

Very most people have no time left to think and to reflect themselves and sharpen their senses again!

Who am I?
What am I doing here?
Why is this just so?
Who is the other?
Do I really want this?
Is there another conlusion or any other way out?
Do I force someone?
Do I frighten someone?
Do I overstrain the other!
Can he mentally understand me?

And and and ...

To stop and have a break to think and imagine properly is need of us today! With our breathless running and activation we ruin the world!

STOP AND THINK!!!



Nearly nothing 068

We are made of electricity, magnetism, water and light! Every atomic scientist will confirm to you that we actually consist of 99.99 percent pure NOTHING (see "higgs boson")

Everything vibrates at a specific frequency. Our organs and nerves vibrate at special frequencies. And we ourselves also vibrate at a specific frequency. This is accepted physical science!

It has been experimentally proven that music and sounds affect our organs and nerves in certain frequencies! Both negative and positive!

It is easy to see that the sound of a circular saw does not necessarily have a positive effect on us. And the sound of a Bach sonata let's us feel good!

So pay attention to the sound that surrounds you!

Shrill hardrock-music e.g. demonstrably reduces the milk yield of cows and Beethoven's music increases milk production!

This is now common knowledge, but it's always good to mention it sometimes ;O)



Peppermint jump 069

We can only do what we can do!

Nobody can force you to know something that you do not know and nobody can force you to be able to do something that you simply cannot!

You can't force a 5-year-old kid to jump three feet high or ten feet wide. Nobody can force a first grader to solve an algebraic equation !!

The one who wants to force you to do something you haven't learned, MUST new adjust his/her reality! ;O))



AND–people *070*

The moment we make a statement about something, we "fix" ourselves. With the word "OR" we always exclude something! If we want "THAT", we do NOT want the other!

It's not about wanting a nice OR a strong partner. Nor is it about wanting a gentle OR a tough political leader!

NO! We want a nice AND strong partner and we want a soft AND tough political leader! We want global prosperity AND global security AND global food and education!

We want a safe AND prosperous AND peaceful, ideal world! It doesn't have to be mutually exclusive!I

Rather be an AND-person and stay diverse AND flexible!

Even if everything doesn't work out at the same time and at once, then we'll take the next good chance to achieve it!

*But we don't give it up **AND** we don't forget the other!*



Teach resillience! *071*

Starting your own business is a very laborious process! Every day it is paved with many defeats, frustration, disappointment and heavy exertion!

So far, that's not new! ;O)

But the most important thing is to get up! Deep down you need (and you do have) the confidence that it WILL continue! Your life is not just over! You will live on tomorrow!

Life itself is incredibly tough! And you too! Count on it!

"Resilience" is also such a modern word! That's how one calls this strong mental resistance!

The ability not to be discouraged! A deep inner basic trust in your own will and ability - in your job, your task, your destiny and in life itself!

Everything together makes sense!

YOU MAKE SENSE!
NO ... ***YOU ARE SENSE!!***



Do the meditation-shuffle **072**

How does "meditation" actually work?

A word that you hear more and more often!

EVERYONE can meditate and EVERYONE meditates every day! He/she just doesn't know it!

So the crucial point is not the process of meditation, but the resulting awareness!

Everyone meditates their entire life. You are YOUR LIFE and you can't help but meditate. In the western world it is called "reflection" or "relaxation"!
As soon as you ponder something for a moment, then you meditate!

In Eastern philosophy one practices to expand this kind of "sensation" and to become "conscious" of it through "mindfulness"! This has a calming effect on the physical and mental processes.

The tension, activity and reflection of your cells and organs are reduced!

This is physiologically verifiable from approx. 30 Hertz (normal state) to approx. 5-12 Hertz (theta level). This is completely natural and immediately accessible to EVERY healthy person!

Experienced people even manage the so called delta-level of approx. 1-5 Hertz!

Deep, calm breathing is very beneficial for this relaxation (see "Autogenic Training").
The rest can hardly be explained! You have to do it! I always say: "You can't explain strawberry cake with cream! ***You have to taste it****"!*



Purposeful honesty ***073***

Who likes "purposeful" and calculating people in a closer relationship?

I want honest and real interest!!! About me, my views, my goals!

Being "ambitious" and stingy in honor in these cases is not positive



Carefree

074

Some say self-loving and carefree: "Laugh every day! Every day that you don't laugh is a wasted day!"

Say that to the starving and sick children somewhere in Africa (in Yemen right now) or children who break stones 12 hours a day somewhere in Asia or South America. Or abused and tortured children in heartless dictatorship somewhere!

On the other hand, I say: "Every day that you haven't done your best to save these children is a wasted day! Even if it wasn't always funny!"

When you have one of these starving children right in front of you and you have nothing to eat! Do you then smile happily in their faces and say "Have a laugh"??

As long as something like this exists in such masses on this planet, the bite gets stuck in my throat with shame and sadness!

None of this is a regrettable isolated case! It's about 400(!!!) million children worldwide! That is far more than all citizens of the USA! You don't have to look far to see this! Google is in everyone's pocket!

Everyone has to know for themselves which side they are on!

Nobody takes that from you!



Shit happens ***075***

Not just a few believe that you only have to do what is absolutely necessary and then blame others when nothing (or shit) happens!

This is nothing special! What more do you expect when you don't want to do more as usual?

Many people recognize you by this and say: "You can't trust him or her! He or she only does what is absolutely necessary!"

Be conscientious and go the extra mile - say that one more crucial word!

THINK !!



Luck-vehicle *076*

Everything that moves needs energy! Also your projects and your company.

Sometimes you might think: "I've done so much already - now it has to go by itself!" But if you give in, your luckvehicle just stops like a toy car! And then it is often more difficult to push it on again than when it is already in motion!

What can be done so that the "vehicle" runs by itself?

First two solutions that have always worked:

1. *Let others earn enough from your project so that they can carry on independently on their own, even if you need a break!*

2. *Have an ingenious idea that makes life much easier or better for others and sell or lend it for good money or involve others in your idea!*

3. *Nowadays you have another useful option: You can also develope software that does important work all by itself: from construction to production, assembly, shipping and invoice to the checkout! Only on concrete order.*

The modern word for it is "on demand"!

If your "fruits" grow well, it may go by itself for a while.

If you can't or don't have all of this, then there is only one thing left: constantly blow into your own sails or know someone who will do it for you!





Last piece *078*

Leave the last piece!

The last piece of food
The last piece of cake
The last piece of bed
The last piece of protection
The last piece of shelter
The last piece of jacket
The last bit of strength
The last bit of money
The last piece of love

There is always someone who would need it more than you!

Imagine: the last two survivors in a last spaceship far from earth! Human race is wiped out!

In the middle between the two is a plate with the last piece of bread!

Leave the last piece!

*It is much better to die with generosity and dignity, with love and tenderness in your heart, than with greed, envy and jealousy!**THINK!!***



Goalkeepers 079

Some say, we human beings have such a large brain, that it can not be a real problem to earn a living! Every little worm can do that seemly!

So to say: logically the most intelligent people then shall also have to be the richest! Right?!

But what if you know immensely much things and you are the most intelligent person in town but you are much too soft and humble and too kind to take any money for it??

Every monk and nunn around the planet can tell a story about that!

YOU HAVE TO DONATE FOR GOLDEN HEARTS AND PRECIOUSE SOULS!!

They also depend on you! A warm meal, a shelter...

Be aware of vast souls and borderless love!

Monks and nuns might not be specialists in anything! But additionally to grace, help, humility and tenderness they are really great specialists in three important things:

Gratitude!
Consciousness!
And love!

They are totally unable to be bad or evil! It is simply not in them!

THINK and FEEL!



Start loving *080*

One have 90 percent of all people in common!

They do NOTHING special out of it!

Nothing out of their lifes!
Nothing out of their profession!
Nothing out of their person!

Why is that so? Why aren't they longing?
For more health?
More wealth?
More life?
or more love?

Shall I tell you?!

Because they can't!
Everbody would like to, if he could!

They can not wish!
They can not longing!
They can not know!
And they can not really love!

They simply don't know how!

This is the first conclusion!
The second and final conclusion is the solution!

THINK:
Stop faking

Stop faking success
Stop faking information
Stop faking knowledge
Stop faking nearness
Stop faking joy
Stop faking interest
Stop faking wealth
Stop faking smile
Stop faking laughter
Stop faking dilligence
Stop faking coolness
Stop faking kindness
Stop faking reliability
Stop faking awareness
Stop faking tenderness
Stop faking truth
Stop faking love

Be just simply true and be simply who you really are!

That's it!

Better start your own true life right away!

Start interest in your neighbour
Start hugging your next ones
Start feeling inner kindness
Start imagining luck
Start helping
Start communication
Start giving
Start saying truth
Start comforting others
Start forgiving
Start happiness
Start dancing
Start being calculatable
Start doing



Unknown *081*

If you are REALLY(!) intelligent and others do not understand you, then don't waste your time getting angry about it and accusing other persons of not understanding you!

You are not a misunderstood genius, because a real genius would never allow to be such misunderstood!

YOU have to know what YOU want and to go YOUR way! Anger and despondency will never change this world!



Top-tipps *082*

One could think that the society should become happier and more satisfied with all the wise and motivating and positive advices that (should) cheer up and encourage you everywhere!

But the opposite is apparently the case! Many people feel downright harassed and confused! Maybe the huge glut of "good" tips and "helpful" advices has something to do with it.

Perhaps this means that those who have been given such intensive advices simply lack an important part of their own motivation?!? The serene calm to your own thoughtful opinion from the relaxed "belly"?!?!

Teaching and training - also in the mental area - is undoubtedly good and recommendable in the right dimensions! But maybe people need time to think about it from time to time in order to be able to internalize with pleasure what they have learned so far! As "homework" so to say ...

So don't let yourself be persuaded and full-texted all the time! Make your own decisions with safe and common sense! Just switch off when someone pours out his clever video advisor on you for the 87th time. Some advertising (suggestion-) texts are almost known by heart; O))



Shoot goals ***083***

The secret of doing right!

ONLY who shoot goals, shoot goals! No one else!
ONLY who kill mammoths, kill mammoths! No one else!
ONLY who become world champion, become world champion! No one else!
ONLY who have good ideas, have good ideas! No one else!
ONLY who can play guitar, can play guitar! No one else!
ONLY he who is happy, is happy! No one else!
ONLY who is brave, is brave! No one else!

By the way: Don't be shy! Every single one - no matter how distinguished and highly he/she ever might be or feel is prone to praise and/or insults. These are absolute certain ways to stay in memory! ***Either way: for better or for worse!***



Allys 084

If you don't burn on your own, it will get hard!

Do what you can burn for. This is called enthusiasm!

Even if you think you can't, then "position" your motivation correctly!

Activate your inner vision!

If you have no experience with it, then start very small!

Just as every muscle- and braincell instinctively begins to divide as soon as it's getting stimulated, so does your imagination as well and your inner visionary power increase as soon as you challenge it!

Your body is so helpful that it wants to provide you with the best possible potential in every situation that you need to cope with your tasks!

If you open and close your fist for an hour every day, then don't be surprised if your fist slowly becomes wider and more powerful!

Your body is your ally and "thinks" instinctively that strength is needed in the fist and stimulates muscle cells there to divide so that your power there becomes greater and more enduring!

It is exactly the same(!) With YOUR vison power!

Train your visions and they will become more and more conclusive and more powerful. Your imagination-skill will grow and as with an "inner eye" you can suddenly see things that were previously hidden from you!

By the way, it's the same with discipline!



Give memories *085*

Speaking of Christmas!
Don't just give your loved ones nice gifts, give them nice memories!



It's harvest time 086

Somewhen it will be harvest-time!

You have laboriously sown your seeds (sometimes over years) and are waiting for the things that may grow there?!

Rely on it: they WILL grow!!!

You slowly see the first little green tips sprout from your field towards the sun!

They WANT to live and will do everything to ensure that it succeeds! They now have their own interests and needs - and tasks!

Look forward to your harvest! It's coming soon! For sure!

Don't go away discouraged because it's taking so long! You have to harvest as soon the time comes!

The more you sow, the more you reap!

BUT: don't forget to water it meanwhile...



It really counts *087*

We chase after wealth!

Remember that you never know how long the wealth will last! EVERY hour can be your last one ... you can't take money with you in the end!

All that you can probably take with you deep in your soul is knowledge, consciousness, sensual impressions and feelings!

That's what really counts!



Privat scenes *088*

Pay attention not only to your inner voice, but also to your inner images!

They often come more spontaneously and are usually more emotional, more uncontrollable and sometimes even a bit more honest than words!



Greatest gift of all 089

In our life we are often plagued by stress, doubts and financial worries!

Happiness, on the other hand, is not expensive, but it is the greatest gift you can give to someone!

He/she will always remember you!



Overcome 090

Those who has overcome envy, stinginess and jealousy are able to be heartly glad even about the treasures that others find!

Other way around: If someone can heartly enjoy each time the luck of others, even that he/she has nothing of it, has overcome envy, stinginess and jealousy and found love, peace, freedom, nearness, warmth and tenderness deep inside!



Pure Gold

091

We feel lonely and abandoned sometimes!

God, the Great Spirit, Nature, the Highest Intelligence, the Universe or whatever you like to call it, doesn't care about your doubtings!

It may take a little longer sometimes, but he is looking for you and will find you. Sometimes like a dusty chandelier in the basement that most of the people have forgotten!

God sees you and also sees your shine under the dust! He breathes on you and cleans you step by step until you shine again.

Sometimes he finds pure gold under all the dirt!

Make yourself noticeable and let yourself be found ... and cleaned!



True truth 092

Another clever Hollywood saying: "There is no truth! Only the one you believe!"

THAT is called REAL! What "EFFECTS" on you!

Everything else is the true truth! Even if you do not see any of it!

You don't see the worm under the next stone or not the sunshine at night on the other side of earth!

But they are absolutely true as well!!



Oops!!! 093

Nice anecdote: A man uses a cracked software with no concrete customer number and find some functions unwell programmed. At a trade-faire, where the software-producer had a stand, he went to the stand-hostess and complained.

The hostess was ashamed and apologizes several times! „Sorry for your unconvenience, Sir! Can you please give me your customer number? We will send you the newest version for free of course!“

She turned to get a pencil! As she turned back again, the upset „customer“ was quickly vanished in the visitors crowd! ;O))



I want you 094

You are only really(!) good if you WANT to be good!

Many live their life as if they had won it cheaply at the fair ...You have only one life!

THIS ... HERE AND NOW !!

Like a high jumper at the Olympics or a boxer in the ring, you are right in the middle of your life ... it's no coincidence!

If you really like and want your life, then it wants you too and it will be good to you!

You don't have to become an Olympic champion right away! A winner in your own house, in your own street, in your company or in your club is enough!
Make the best of it!



Joysource 095

Apparently we have to complain about a decreasing capacity for empathy! I even watch that all over the world!

This is very likely due to a strong oversaturation of everything what we can process at a time. We are inside often too busy to be able to concentrate on others!

Like the play instinct, charity quickly stops as soon as we "somehow" feel threatened.

You can influence that by consciousness!

Just as you can specifically open a door if you consciously know where the knob is, you can also specifically dedicate yourself to being a source of joy and comforting knowledge for others …

If you consciously know where the handle is! The comedian knows how to make people laugh!

Our worries are many like sand on the beach. We need more really(!) funny comedians!

So, be consciously a source of joy, comfort and hope!



Check cheeky 096

Some use irony as an excuse!

They test with bold assertions how far they can go with the other before they get cons.

Some apologize quickly and grinning: "It was just fun!" and sell their cheekiness as "irony"!

But they does not mean it really honestly!

Note: Irony, also cynicism or sarcasm, does nearly never come from a good spirit!



Come closer 097

Do your exercise each day!

It is absolutely naive to say, you don't have to train your thing! Success will come only from heaven!

It is clear to any common people, that you are more able to write or to calculate when you were gone to school! It is unresponsible to state different!

As logical it is to play a better tennis, to drive faster a bike or be able to play piano when you have trained it dilligently as logical it is that you come closer to God, consciousness, the univers, nature, the big spirit or what ever you may call it, if you exercise prayer, meditation, contemplation each single day.

Ask worldchampions: they will admit, that they train 5, 6 or even up to 10 or 12 hours a day (each day) for many years to become REALLY(!) good in your doings.

The same it is with spirituality!!

Imagine how close you can get to God, if you practicise and exercise your spiritual "lessons" every day! Dilligently and dedicated for hours!!

Then - and only with a deep trust in your own nature the rest comes by itself...

If you don't want to practice it like a pro then at least pratice it like a hobby!



One way *098*

There seems no way out!

People of Europe, the migration of people from Africa to Europe seems to be unstopable!

In the nearer future you will see step by (huge) step more and more black people in our streets!

So, be aware and be nice, friendly anf helpful to our black siblings! With no obligations!

There may come a time these black lifes matters really much to us and it may come the time when you will be asked, on which side you stood in this case?!

My position and the place where I wanna be is clear! Love and peace and brotherhood!

Love to all the people around the globe...



Finding paradise 099

We live in a strange time of negligence!

Many - and apparently more and more - are hastily satisfied with their first thought !?

But that's not the point! There is so much more to discover!

The point is to ask! Asking for "more" and for "next"! That wasn't it all! There's something else to come!

It is a quality of searching that one finds! If you look for more, you will find more!

The "more", the "better", the "more useful", the "more customers" the "more beautiful", the "more senseful", the "happier" and the home!

Let's go - don't let up ...



Bullriding *100*

Become a doer here and now! Just simple so!

The real difference between the successful and the rest of the world is usually a very banal fact!

The chances are nearly always the same!

But: some brave take the bull by the horns and make something of it!

And the others let everything rush by without doing anything! And then they ask the makers: "How do you do that?? Are you hyperactive??"

No! The makers are just active!

They DO and use with a lot of heart every opportunity that presents!

Imagine a football player who just stands on the pitch without a clue and does not see or hit a ball! And then afterwards he asks the goal scorers: "How do you do that ??"

Be aware, take care of the ball, catch it and learn to play by the rules!

And if you can't score a goal yourself, then help the others in your team as much as possible to hit the ball well and score goals!

It's as simple as that!!

And PLEASE don't shoot on your own goal !!

Or elsewise: it's just not your sport!



Carry that weight **101**

Every weight, every opponent, every challenge only makes a real fighter stronger! He is not afraid of opponents! On the contrary: he's joyfully looking forward to it!

I'm not disappointed when my opponent doesn't do what I expect. I fight against my own selfpity and my own arrogance - and sometimes I am just surprised!

Modestly and humbly, I gratefully accept every lesson that my trainer - God, universe, nature, great spirit or whatever you may call this power - attentively makes available to me and I grow with every movement and every effort towards my final destination!

Once one level of my training has been completed, I am looking forward to the next one!

My trainer won't let me down! Why should he??

I don't believe in a punishing God. I believe in a loving, motivating and promoting God!

I am - and everyone is - always good enough for God!

Every burden is a task and every morning I am curious to see what he has prepared for me today.

I love my life and don't want to miss a single day of it!

Everything had to be exactly this way to the second!

Exactly like this and no different!



Encouragement 102

If something negative, sad and discouraging feelings are rushing over you … that does ***NEVER*** *come from God, the Universe, the Great Spirit, the Topmost Energy or however you might call it.*

Such things are ever and always coming from the wrong side!

The good side wouldn't do that!



Would could should *103*

Do not post things that "should" be! The world is overful of such "moralistic" sentences!

God, the universe, nature, the great ghost or how you ever may call ist, is no moralist!

Post more things that ARE, you really do or personally mean and be a part of fullfillment. In spite of the risk, that you may embarrass someone!

If you can't beat someone, rather get sibling with him/her! She/he is your sister or your brother!

In our situation the world now need no more "wannabes"! We need loveful factmaker! Don't only talk – do!

It's much better to surprise people with factive successes, reality and strong doings in a team instead of thousand "one would have to" and thousand whinings, why things are not just the way you want it!



Build up 104

How much more do you have today than a year ago?

Watch your winnings and successes and build up on them! Forget your defeats. Even the greatest heroes had their tears!

Fate is generous and positive! In the historybooks there are only few defeats, but really much victories and winners! It's way more interesting and tensional!

By the way: where is the next hurdle?



Mindful path 105

In every problem and every difficulty there is always the path to its solution! You just have to walk it awake and mindful! ***Find it!***



One world *106*

No doubt: the world is One! Borders and nations are just an imagination!

Every human being has a heart right in the middle of its body and it will ever remain there!

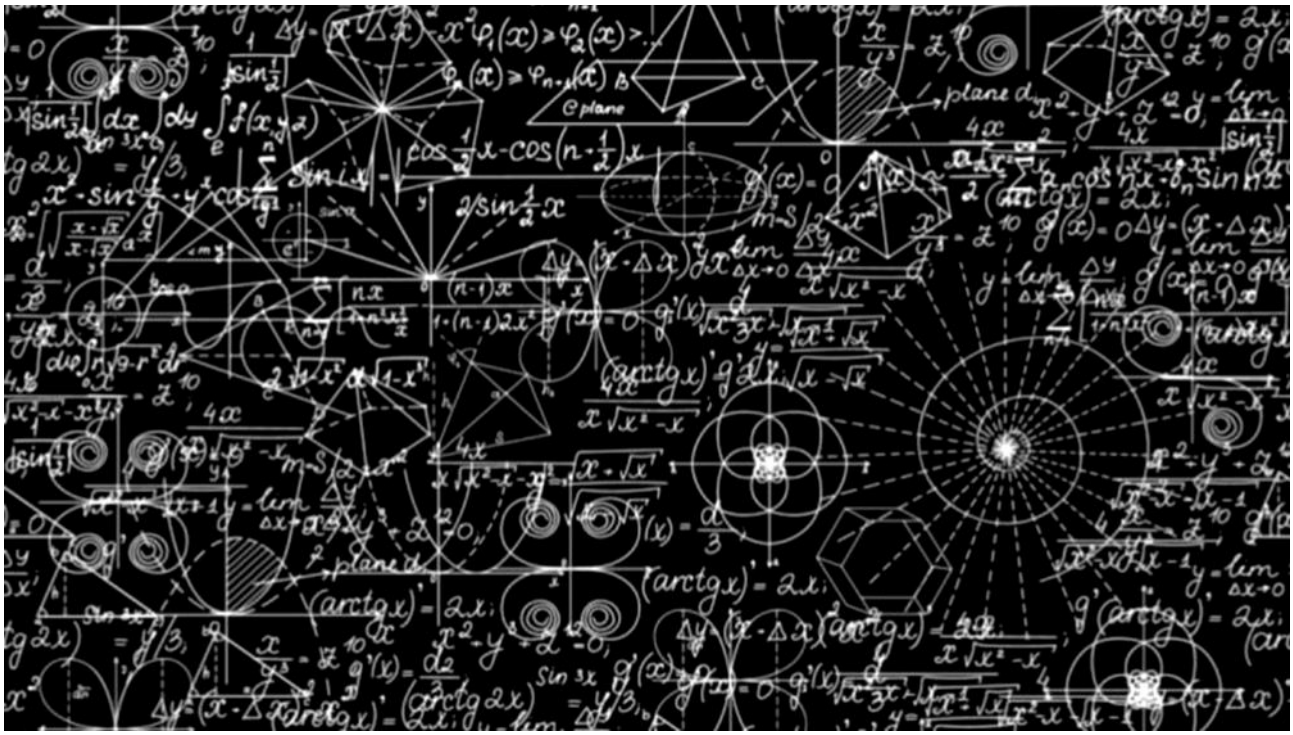
***Love will win!** It rules the world - if one knows it or not! It does!!*

A true heart feels empathicly binded with every other heart all over this planet! No matter what skincolor or religion!

And tears are always alarmsignals for the loveable mankind! It stitsches deep in my soul!

Build strong bridges that leads to tenderly future in brotherhood instead of raising thick walls!

The material is the same!



By the way!

Have you ever thought about, why emails are sent in pure "ASCII"?

Or why developers never will give up their simple fast texteditor (Notepad++ is even already a strong progress to them ;O))??

It is because they are smart and always looking for the fastest way to fulfill their tasks in time!

Every step away from the pure basics will make anything(!) much more complicated!

That's like in music: most of the hits are composed in E-A-D or C-Am-F-G (or in a transposed kind of it)!

So, THINK! Be smart, reject the selfish know-it-alls and stick to the simple basics!!!



Just NO

Hear what I am NOT saying or look what I'm NOT doing !!

Some statements only become tangible and effective when they are omitted. Sometimes more effective than when we say it or do it!

If I am enthusiastic about something, then as a "normal" person I also have the need to express my enthusiasm. Joy or enthusiasm is evident through movement!

If I do NOT say "that tasted delicious", then I want to express through the omission that I hope I don't necessarily have to eat the same again!

But when I say, "I really enjoyed it", then I am making clear to the cook that I would like to eat the same again!

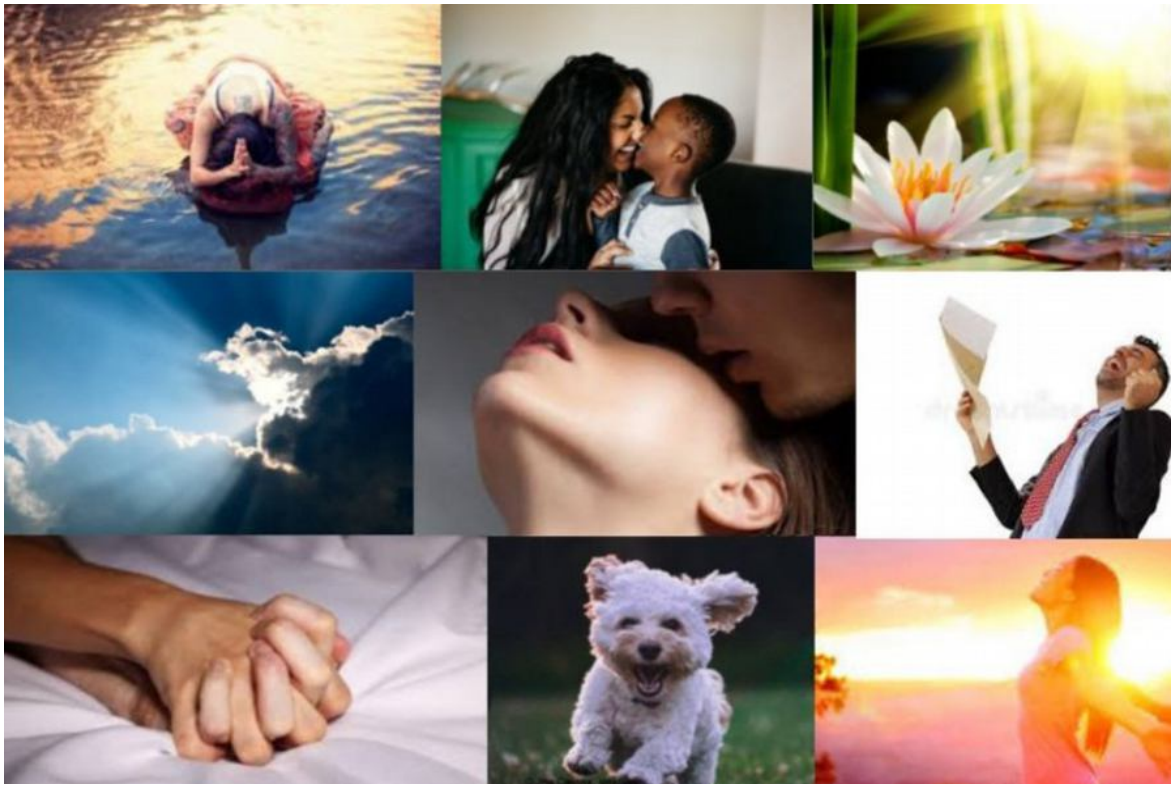
The same thing happens when I DO NOT say, "You're a great guy!" or NOT say, "I love you!", but rather be silent.

Of course, it can be that I still love someone, even if I'm silent! But then I would show it to him through appropriate actions (such as a hug, a kiss, and a loving look)!

Sometimes the difference is actually hard to tell !!

Often it is a good question, what would someone prefer to do instead of or where he/she would rather be right now?

THINK!



Enthusiasm *109*

*Enthusiasm is a grace! In its greek original sense it means literally „**Inspired by God**“!*

It is the highest consecration! Deep enthusiasm is a certain form of ecstasy!

Without enthusiasm everything is flat and monotonous! Without enthusiasm everything is boring and bland!

The enthusiasm brings you close to your ideal! An intense desire for the beloved!

Enthusiasm is the desire for more! Like a hunger for ecstasy and dedication!

A need for and full of real love! For fulfillment and highest perfection!

Enthusiasm is consolation and joy!

When everything fits together and nothing is missing! The highest of all feelings and endless freedom!

It carries you on bright, light wings!

There is only you and love! An orgasm of the soul!

Perfectly happy... Sparkling speechless ... Relieved exuberant laughter ...

That is enthusiasm !!!

Love is a fundamental right! **110**

Liebe ist ein Grundrecht!
Amor est fundamentalis ius !
L'amour est un droit fondamental!
El amor es un derecho fundamental!
प्रेम एक बुनियादी अधिकार है
Amor é um direito fundamental!
L'amore è un diritto fondamentale!
Aşk temel bir haktır!
愛是一项基本权利
Upendo ni haki ya kimsingi !
любовь - это основное право!
Amo estas fundamenta raito !
Uthando lilungelo elibalulekileyo!
愛は基本的な権利です
אהבה היא זכות יסוד
الحب حق أساسي



This way **111**

We live in a time when the world is growing closer and closer together!

Nations overlap, cultures and religions overlap, and skin colors, people and thoughts overlap!

It's time to discover new ways in which everyone feels safe and to find new rules that make everyone feel treated fairly!

The uppermost supreme law in the whole world and of all cultures and living beings is and remains love!

Nothing can hold a candle to it! Nothing is even nearly as powerful as love is!

So what is love all about?

It is a feeling of togetherness, friendship and tenderness!

A feeling of warmth, closeness and full trust as well as attentive helpfulness and care!

A feeling of gentle strength and powerful, courageous gentleness.

To put it simply:

Nobody knows it exactly and nobody can really describe it definitively, but everyone knows it very closely!

Love has no limits ... it fusions and penetrates everything ... and does everything well!

It is stronger and more patient than any hatred!

Love does not get really angry and heals all wounds and thus gives life in abundance!

Love is just beautiful!

This is how the world should become - more and more!

I want it that way!



Citizens **112**

All the wildebeest that you can see in the picture are approx. 1,000 animals.

In Berlin alone - one single city - there are around 3,000 times as many individuals! In Istanbul or Delhi about 16,000 and Chongquing even 30,000 times as much !!



Other side

113

Some people say thoughtlessly, "I forgive you," but do not have understood the real motivation of the other.

When you deal honestly and seriously with the other person's reasons for certain actions or statements, you begin to understand!

You understand his personal background, his concrete opinion, his drive and also the point at which he got carried away.

Only then you can really forgive. When you understand the inner being of the other.

And only as soon you have honestly forgiven, you can really forget. Then there is no longer any rock or wall between you, and both can look the other straight in the eye.

This is how honest forgiveness can "soften stones"!



Enough for both of us 114

If you can't beat someone, but he is not completely on a different course than you, then get along with and even team up with him.

In his neighborhood you at least still have influence on him and possibly also on the course. It is better than senselessly wasting the power of both sides in an endless fights or discussions!



Flamingo 115

Close your eyes, relax, take three deep breaths and then stand on one leg.

Observe what your body and your sense of balance spontaneously do to stay upright and in balance. Your body does it all by itself.



Sanitariness 116

Wipe small sorrows simply away.

A positively inclined person does not wait for the other to make the first step if there has been a discrepancy! If the sympathy is still right and you like each other, he is ALWAYS ready and prepared for the first step of reconciliation and will make it too!



Power of a smile 117

The good is infectious like Corona!



Live! 118

A good leader doesn't show you, how to die for your people! A real good leader shows you how to live for your people!



You may 119

You may be who you are!

In a relatively normal democratic society you are allowed to sing, dance or laugh, whenever you're in the mood for it!

Simply don't mind what others say...



OneWorldPrayer

To whom you ever may pray. This prayer cannot be evil! In no way! Most of the people will be able to speak it without any problems.

Say it to your God, the highest Spirit, the Universe, fate, nature or how ever you might name it:

Please make me a strong and worthy instrument of your peace and your freedom!

Where there is hatred...	*let me sow Love.*
Where there is injury...	*Pardon.*
Where there is discord...	*Unity.*
Where there is doubt...	*Faith.*
Where there is lie...	*Truth.*
Where there is despair...	*Hope.*
Where there is sadness...	*Joy.*
Where there is darkness...	*Light*

Dear loving Highest Being, please let me seek:

not to get consoled...	*but to console.*
not to get promoted...	*but to promote*
not to get understood...	*but to understand.*
not to get loved...	*but to love.*

For:	*It is within the giving...*	*that we will receive.*
	It is in searching...	*that we will find.*
	It is in pardoning...	*that we are pardoned.*



Sinner

We can't help but err and stumbling, because we are human beings. Everyone makes mistakes at some point!

Where there are actions and thoughts against the good, there are also sins or bad karma or whatever you want to call it. But there are ungood deeds or thoughts that are not really bad. So there are just also many forgivable sins.

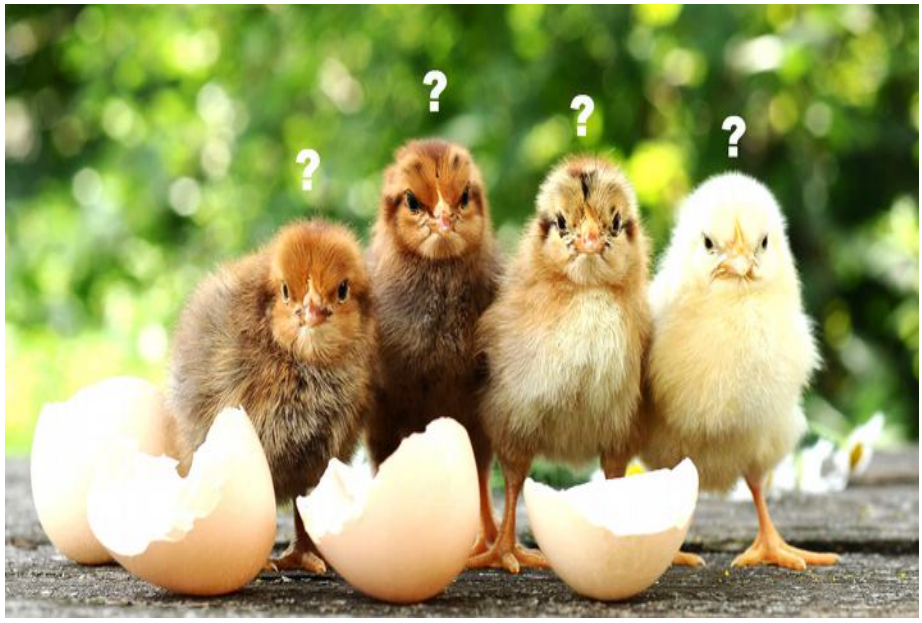
In his original nature, the human is many times more good than bad or even evil! Because he is (almost) always quickly willing and ready to apologize and want to have peace with his neighbor. Most of them say then "It's okay!" They don't mind the small mistake or unpleasant thought any longer!

It's like bumping into someone easily in a crowd. You say "sorry" for a short time and move on.

It is similar in the soul. Most of them have thick skin!

Don't worry too much! Live your life and give others theirs!

Askening 122



Knowledge is limited - but Un-Knowledge is limitless. Ask what you don't know. Then you have a lot more choice!

The results of your knowledge, on the other hand, are always the first steps towards overcoming resistance and solving questions.

Responsibility comes from "response", not from "asking"! Otherwise it would be called askening!



Macca 123

From one of the far most favorite persons on this planet, Sir Paul McCartney, I have learned one of the toppermost lessons of all: ***Never have any fear of nothing!***
He is absolutely famous and he is always used to bath in the crowd!

Aside the advice to forget about any selfpity, the total fearlessness is ***the greatest advice of all!***

Thank you really really much, Macca!

An very impressive example, how Macca constructs a song! Pure gold!
youtube.com/watch?v=vqCz6RHoT6o
Let your imaginations flow!



In own matter *124*

Hello regular and welcome networkers,

right now my network is uninhibitedly flooded with tons of unwanted posts. I am trying to delete these uninvited guests and prevent them from dumping their bland garbage here!

This networksystem seems to have changed something dramatically about the access rules!?!?

I feel completely overwhelmed with time keeping the history clean! I just can't do it anymore! Much more scrap keeps coming in than I can delete!

Exclusive and somewhat closed communities are no longer possible so.

SORRY!

(Worries of a modern networker...)



Worried look 125

I love the worried look when women see someone cry!

No matter if child, man or woman! They then feel very emphatically that they have to do "something" to comfort the other and see them laugh again!

They are heartpeople and somehow they are always loveful mothers!

Gorgeous !!

Only women can do that! Men are usually way too cool (and mostly also a bit too rough) for that!

Real mothers are mothers - and will remain mothers!!

There will nobody ever do anything about it!



Morning will break 126

We live in a crisis!

Crises are bad, severe and dangerous. For some even fatal!

But even crises have a good thing: they too will pass at some point!

And then you will remember who was by your side during the crisis! Who has protected, supported and encouraged you. Who gave you the really good and important advice. Who fed you and cared for you and who, in spite of everything, reminds you to laugh! Who really loves you and fights for a happy future!

God protect and keep you and give you the strength for life!

He will save you from confusion and from everything that harms you! He lets the sun shine again EVERY morning and grants you peace in harmony and health!

No matter how difficult it may be and no matter how painful it may be, the longest night is followed by the next day with renewed courage and hope!

You will get up again, shake yourself, and then find the courage and energy to start over.

So help you God!



Romantics

127

Some might think, reading my sayings, that I am a hopeless romantic and unworldly enthusiast!

Anyone who knows my works (books, software, trainings, web systems) comes relatively quickly to the conclusion that such a naive and enthusiastic "aesthetician" can hardly achieve such sober things for 40 years now!

Just in the opposite, I see it in such a way that this spiritual "fire" is the ultimate and only true quintessence of logic, reason and sober insight!'

In my opinion, anyone who, after all the insights, experiences and personal developments, does not ultimately arrive at spirituality and solidarity, love to the world and to mankind, has not yet gained a lot of deeper knowledge!

There is seemly still a lot to do; O)



Like your „self“ dearly *128*

It is really whimsical!

But there is a state where nature and everything around you likes you! You radiate this "certain" warmth and comfort. Even the trees like you! Or animals in the pasture!

The solution is: be such that you love yourself really much! Be sympathetic to yourself! Your pleasant and friendly "aura," or whatever you want to call it - then grows beyond your own body limits.

It is known that there are people with a "green thumb". Plants feel great around them too! Or just animals!

With some farmers the cows give more milk and with other farmers the same cows give less!

Do yourself and the world a huge favor! Carry the love and radiat it!

Do like yourself! Warm and blissful...



Manual for love *129*

It's such an easy spoke: "Change yourself and the way you look at the world and you can change it!"

If it were such easy, we would have no problems at all!!

To find a way to change my life is so hard to explain as if to explain a computer to a baby!

After nearly 60 years of really intensive search through nearly every worldreligion, in shamanism or psychology and meditationpraxis, contemplation, prayer or/and relaxing techniques, I only found ONE way that really works for me:

L E A R N T O L O V E ! ! !

As deeply and as much as you ever can! No other way would ever really change you essentially!

Start right away - now! There is no shorter way, I swear!! And - take time...

This is the manual for love!

It works all over the world:

Learn to be tender, to be calm and smooth!

Learn to smile, laugh, sing and dance heartly!

Learn to help, to care, to cuddle and to support!

Learn to be strong and determined and to be near and warm!

Learn to be respectful, couraged, aware and happy!

Enjoy each day of your life and make others lucky and smart.

Be the luck of others!

Say truth as it is in your soul and give presents and ... most of all:

...do mean it truely! From the bottom of your heart!!

THEN YOU WILL CHANGE THE WORLD!

You have got all the time of the world!

Good luck...



Cheers to the pencil 130

The greatest building, the most beautiful car, the finest painting or every drawing, a poem and the most breathtaking sculpture or fashion and even the realization of the greatest dream and Zuse's computer patent begins at least for 99% with a simple line!

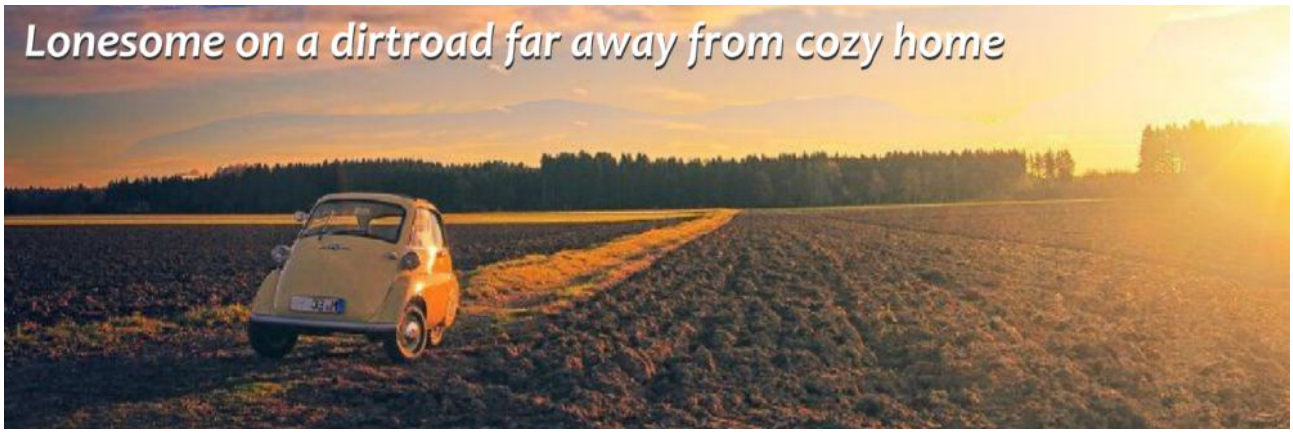
A pencil- or charcoal-line!

Even the hardest and most expensive material in the world consists of the simplest coal dust: the diamond!

How much reality comes from a pencil lead in a calm creative hand with the help of divine fantasy ?!

Three cheers for the pencil!!!

When did you draw the last time with a simple pencil??



Collection of goods

Only you are you! You cannot be redeemed from it!

Pay close attention to each of your decisions. EVERY decision is "decisive" and has an elementary impact on your life! After EVERY moment of decision - and every non-decision is a decision as well -, your life will never be the same.

If you choose to remain motionless, the rest of life just goes on and you miss all that you could gain or experience.

If you think, "Well, than I'll miss the negatives too ..." so that's a wrong assumption!

Fortunately, life has the helpful property of producing much(!) more good than bad (universe and life are expanding)! Otherwise we couldn't survive one single day!

When you remain in hesitation, you miss useful and good things far more than what is unfavorable and harmful!

Nobody can save you the risk of life!



Tiny quantums 132

God, the whole universe, nature, the great spirit or whatever you like to call it fits into our tiny heart!

Seen holistically in quantum physics, this can be proven mathematically!

Everything exists even in the smallest. That means quantum mechanically, the entire universe including life, spirit and even our consciousness is contained in every smallest atom!

Incredible ... but true !!

It is the clear proof that NOTHING separates us from the rest of the world!

We are quantum physically and mathematically logically EVERYBODY and EVERYTHING "one"(!) living, selfconfident being!

Still unbelievable ... but still just as true!!



Friendly rubbing

133

Everything influences you!

Your environment, your upbringing, your parents' home, school and everything that comes across!

If you want to get to know new ideas and worlds, you have to confront yourself and to deal with it intensively.

If you're surround yourself with unfriendly people or beings, the probability is high that this unfriendliness rubs off on you!

Surround yourself with friendly and happy people and beings! So the probability is high that you will become friendlier and happier, too!

It's like school! The more you hear about mathematics, the more you understand it and the more you can apply it!



You human, you! *134*

No matter how often you got dirty and no matter how much "crap" you made!

No matter how long you've been "invisible" and no matter how dusty everything may be!

God, life, nature, the universe, the great spirit or whatever you like to call it, never stops cleaning you!

Again and again ...

Like a good mother: until the complete sparkeling shine of your true, gentle and loving being and your beautiful soul made of the finest gold comes to light again!

Even if you don't know it ... but that's exactly how it is !!



Free extensions 135

Everyone who is spiritually engaged will confirm this sentence without exception: You - or better said: the "YOU" - is much vaster than what can be seen.

Mental "intelligence" and spiritual "talent" even make you completely limitless!

Every gigantic man-made reality (e.g. Einstein's findings, the car or the computer and the Internet) was previously just an idea.

In the same way, all beings and all nature were "only" an idea of God, the universe, nature, the great spirit or whatever you like to call it!

Consciousness and spirit have no end!

Do you have any good ideas?



Master the largest *136*

This is how the smallest masters the largest:

women carry the egg and men the seed! Both are extremely tiny!

And for the miraculous sake of the eternal life these two microscopic cells must get together in as good a mood as possible, God, the universe, nature, the great spirit or whatever you like to call it, has built the whole body and the world around it!

All the powerful in the world have the sole purpose of regulating the politics and the course of the world as securely as possible and all nations thus have the political task to protect humanity and the family - the real core of all countries and the world - from danger and harm, so that man can reproduce healthily !!

The continuation of humanity and creation - that is the conquest of the future for life itself … and our most important purpose!

So: two tiny cells rule this entire planet - and beyond that, the universe as well, as far as the power of humans extends!

That is a natural law!



Real transformers 137

Every relatively "normal" human wants to be a usefull and reliable part of humanity!

That is a natural law!

Be such a part by transforming

bad into good,
sadness into happiness,
loneliness into community,
doubts into hope,
depression into courageful moveability,
pessimism into optimism,
negativity into positivity,
fear into trust,
sickness into health,
darkness into light,
cold into warm,
hatred into love,
struggle into future,
risk into win,

emptiness into fullth,
dirt into clearity,
tears into joy,
roughness into tenderness,
nervousity into calm,
distance into nearness

and so on and on ... in YOUR best way you ever can!

So - in the end - you can transform the nothing into a real being!

Every baby sings a song of that!

Do not expect selfishly , that this all comes to you, rather it comes to others by you! It is your turn!

You will harvest hugs, lovefull words and you will see smiling eyes on you and hear laughter around you!

That is your profit! ...



I can fly 138

The superman is not much good,
if only he can fly, joohoo...
Only then he 's really good
when teaching others how to do!



Smile all day *139*

It makes sense, that loving mothers are smiling all day at their beloved kids. A good mother (and really nearly EVERY mother is a good one) knows instinctively that she is responsible for the mental health of her kids in the future.

They shall get strong, courageful, relaxed and smiling human to conquer the world positively in a proper and natural way!

So EVERY human, who has to handle other people (eg. priests, chiefs, teachers, coaches, kindergarten-staff, politicians, police, doctors and nurses as well as administration-staff and police-officers) should love their entrusted humans and smile at them all day as good as they ever can!

They are responsible for the mental health of the whole mankind!

Love is not an effort, it is a reward for beeing a hearty liker!

THINK!!!



Life is an honory award! 140

Life itself is the prime example of optimism!

Everything is geared towards a new day and a new year! New life and new grass!

How does life know that ??

It doesn't know, it trusts from experience!

If one wouldn't trust the race of life, the Olympic champion would only have to think about his defeat during the fight!

But he doesn't!

He thinks about his victory, otherwise he wouldn't fight!



Seven bridges *141*

There is a saying: "You have to go over seven bridges ..."! And then it's finally your turn for success and prosperity! Do some say...

But what if you have to cross thirty bridges or more?!? And what if the "success" still doesn't come?

When do you stop counting?

Even if you "apparently" remain unsuccessful, you have meaning!

Nothing is for nothing! Everything makes sense! Sometimes you will only understand it in the context!

In teamsports, if not everyone is in their place at the right moment, you cannot win! Not everyone can score the goals!

In the last moment, the teamspirit decides!

The reward comes in eternity!



You're plan A

142

Look at yourself!

Your hands, your legs and in the mirror your nose, your sparkeling eyes or your hair!

Take time and watch closely!

That's all made by god, the universe, the great spirit, nature or whatever you want to call it.

Nothing is for nothing!

Every little thing is exactly at its proper position! How can your neighboures, your relatives and friends have the nose at the same place? Why is the grass green all over the planet? How can a horse run so fast, all around the world??

There MUST be a plan!

We all play a significant role in a vast play.

You are not there for nothing!

Remember!



Cordially liker

143

If you really like someone, you won't hold something against him so quickly!

And if you do, you are very quickly ready to forgive again!

The key is "liking" !!

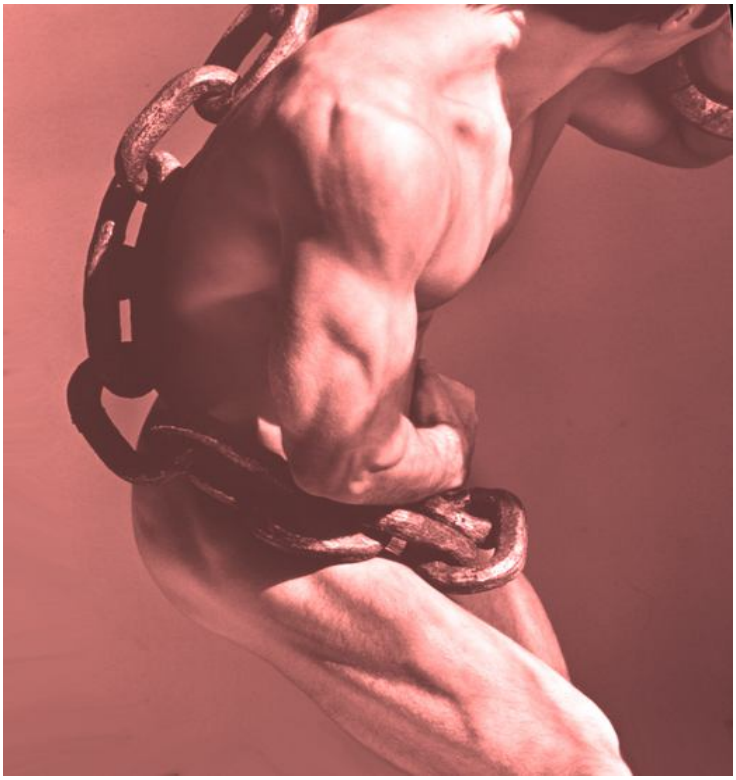
Learn to Like!!

Cordially full of warmth, trust and tenderness!

Don't take things too serious and be a "liker" - that's the trick!

If you really do like God, the universe, the great spirit, the life, or whatever you want to call it, you also like the world and people!

It's that simple!



Feel your chains *144*

I sometimes wonder, how few people react on "somewhat".

It seems to become normal to sit quiet and movelessly at home and wait for the things to come?!?

Only if you move, you will feel your chains!

So for not to feel the chains, (too) many decided to keep silent.

But be aware: action is the only way to change things to the better!

Digitally as well! Get active and send encouraging messages to the ones you love and which you want to support socially!

Otherwise in these hard and cruel Corona-times some might get the feeling to be lonely and left!

Many need targets and enthusiasm for that they can fight for! ven alone! Don't understimate that!



Ought to die

145

What an inspiration!

Bridger Walker is the boy who saved his younger sister from a vicious dog attack. He received 90 stitches throughout his body, but saved his three-year-old sister from certain death.

"If someone was going to die, it must be me, I'm the older brother."

The World Boxing Council (WBC) recognized him as a World Heavyweight Champion for a day!

It will remain in the official historical record of the WBC.

For that one day, he was the best fighter in the world!



Free your people *146*

This good future comes furiously, as far we learn to unleash and let loose our best powers and blooming ideas!

Full of joy without fear and without hate!

Our hotest wishes and burning desires!

Our vastest dreams, most powerful capabilities and our strongest commonship!

Like a laserbeam targeted on one point:

FREEDOM FOR EVERYBODY!

So it will be!

It's time...

NOW



Spokes and sticks

147

There might be pessimistic people who keep throwing a stick between the spokes of optimistic people and who keep trying to discourage optimists.

If the optimist were to be proved right with his/her carefree manner, the pessimists would have to admit to having lived a "wrong" life with their pessimistic, discouraged attitude!

They "naturally" want to avoid that and spread as much failure as possible!

According to the motto: "You see, I knew it right away!"

Could there be ;O))

In addition to their negative attitudes, the very clever ones always agree to the positive possibility "somehow" a "little" as an alibi so that they can say afterwards in EVERY case: "I suspected it right away!" They are then "somehow" always right!

Just get up again, dust off your things and keep driving!

Such preventers are no more annoying than when they couldn't discourage an optimistic, good-humored, true optimist and he then actually succeeds in the end! ;O)



Truth sets free *148*

We humans tend to hide embarrassing truths! We have to watch out for our lies all the time!

We cannot speak carelessly because we have to be constantly vigilant that nothing "treacherous slips out" of us.

This is an inner prison in which we lock ourselves up. An uncomfortable irritating feeling of your own double standards and there is always a wall between you!

But: ***the truth sets you free!***

As soon as you "somehow" entrust your dark secret to the person with whom you are most inhibited, he can understand it, process it and probably forgive it and then forget it at some point.

You will then experience a strong inner joy and believe things are possible that were previously hidden from you.

You broke out of your own prison and can breathe deeply again. Because where there is light there can be no shadow and you cannot let darkness shine!

However, you must not entrust everything to everyone.

To do this, you have to weigh each case individually. But where you have not to fear existential physical or mental harm, then always prefer the truth to lies!

Since humans are naturally lazy, they will tend to forgive you for that reason alone.

Then everything dissolves into "good pleasure" by itself ...



Confidencial treatment ***149***

A flaw that cannot be hidden should be treated with confidence.

Some even emphasize it and make it a special quality or ability. An unmistakable feature!

Mr. Bean was e.g. kept saying that he would be unsuccessful. Especially as an actor! His face was just too "funny". >>> facebook/MrBean

Instead of complaining about it, he made a specialty out of it and became one of the "funniest" and thus one of the most famous actors in the world!

That's how you do it!!



Elixir of life *150*

Consciousness - like oxygen and light - is always around us! Like the infinite variants and the sums of all possibilities.

It doesn't matter whether someone is present and notices or knows - or not!

Some call this analogously matrix or singularity!

If you are really interested in the topic, you should take a closer look at quantum theory!

Only humans are able to participate in it almost holistically due to their nature, spirit and intuition!

You always stand with a part of your being in infinity and the more you "enter" this true, general and universal existence of being (through intense prayer, contemplation or meditation), the more consciousness you have!

It's that simple ;O)



A kind of master *151*

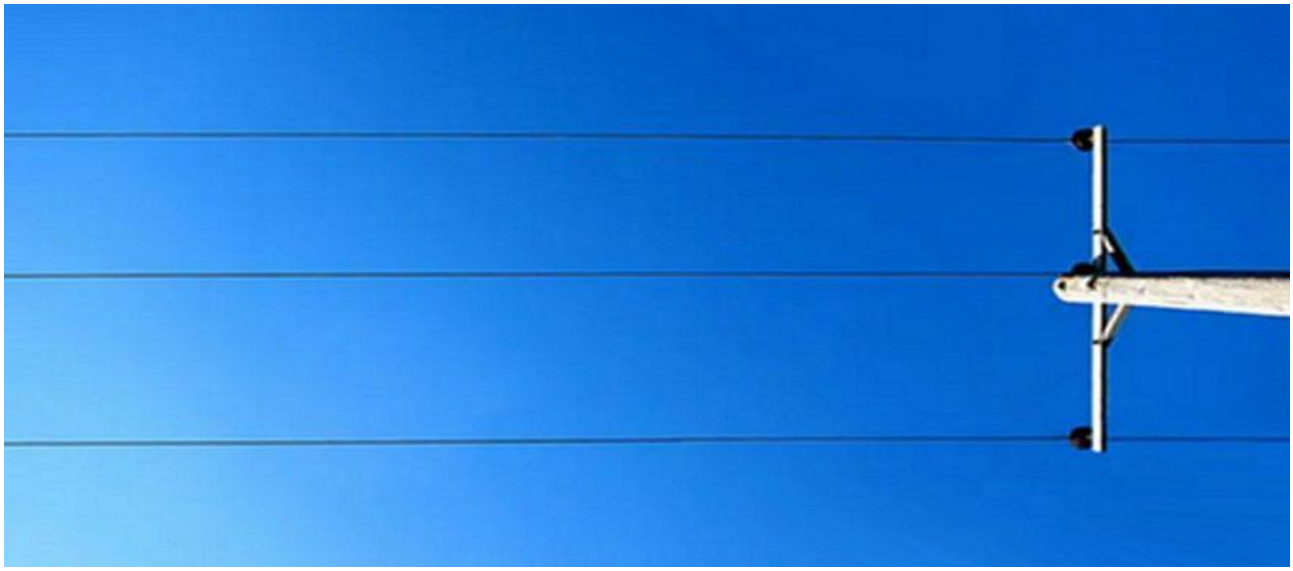
Master Death is a good friend of mine! He walks always a yard away from me. Mostly behind.

Do never think, you are immortal!

A clear conscious of the possible end will make you careful, you're more awake, your thoughts are more precise and calm and you prevent wasting time!

Don't be scared - he will do you no harm! He is simply always there!

Doris Day: "...the future's not ours to see, che sera, sera - what will be, will be." That's all!



Uncertainty 152

You can't "calculate" with eternity!

Watch two parallel cables in front of you. And then imagine they have constantly the same distance to eachother and you could see them as clearly as possible in both directions.

Nevertheless the farer you look the more they seem to touch eachother. Somewhere you just can't seperate them from another.

But they still have always the same distance.

For to seperate them mathematically you have to decide arbitrarily an end, because from a concrete point you can't determine with our perception apparatus the existence exactly anymore. That is the problem with the number Zero.

From a certain point on, you and your "calculator" will be confused by these "cables". That is called the Heisenberg unsharpness-relation!

The deeper you see the unsharper the things (world) becomes!

So: you can't "calculate" with eternity but you can rely on!

Eternity will ever be the same: yesterday, today and tomorrow!

o=o (mostly ;O))



Tiny ovens

153

Gravity is life!

A tiny oven burns in all the atoms of our cells! We are made of this warmth and this light!

Every cell is an inheritance from the sun!

Light comes from most extremely compression. The compression arises from the force of attraction, the so-called "core binding forces", which in sum is called gravity!

In the center of our sun (and every sun) there is an unbelievably gigantic pressure due to this gravity. This pressure generates so much heat that the matter starts to glow!

This unbelievable heat creates and radiates light and warmth. And without light and warmth there can be no life!

These basic physical laws were there before the Big Bang.

So the spirit and the will already existed before the knowable matter!

Everything that is, is exactly meant this way!



A board ahead

154

A problem for pessimists is that they often feel that the likelihood of failure is greater than the likelihood of succeeding.

If something can go wrong, it will probably go wrong!

This is called modern a "mindset"! These people are shaped by such a dubious "knowledge" from their parents' home, school and environment.

They were persuaded, so to speak, in their childhood and also later, that "as a precaution" it is better to assume failure and to take the safe path without risks!

It is the (well-paid) business of all coaches, consultants and mental trainers to solve this unfavorable character or at least to make it easier.

From now on you say to yourself every morning (and whenever the opportunity arises) insistently and credibly: "Everything that can work well will also work well ... and will stay well too!"

If you do this seriously(!!!) intensively every day, you will save a lot of money and will very likely soon have "strange" positive experiences and successes afterwards!



Green grass 155

Trust is always based on the highest possible reliability!

How much can you trust in God, the universe, nature, the great spirit or whatever you like to call it?!!

He/She/It lets the grass grow since many, many millions of years.

Again and again everywhere!

And the grass is green and "usually" looks the same all over the planet!

If that's not reliability?!!

What else!



Dare yourself 156

Watch a bird in the tree!

It's sitting high on a swaying branch! Below him 20 meters of NOTHING!

It's not afraid no matter how much the wind blows.

Why not?

BECAUSE IT "CAN" FLY !!

Unfortunately we humans cannot fly like a bird in this way! But there is something inside of us that takes away our fears: practice!

Like a baby learns to walk - learn to fly!

Inside!

Dare yourself ... it's easier than you think ...



Only judge facts

You can recognize them by their action!

That is, where the truth lives...

Some things are spontanously absolutely natural, if you like someone!

See, what	*i DO NOT do...*	*(do I hug you?)*
Hear, what	*I DO NOT say...*	*(do I praise you?)*
Note, what	*I DO NOT think...*	*(do I promote you?)*
Feel, what	*I DO NOT feel...*	*(do I smile at you)*



Digitization 158

Everything remains waiting for what may come ?!

Who should touch the "hot iron" of digitization if not those who understand something about it?!?!

The core of IT is logic and arithmetic! So the mathematical system behind it!

Don't worry: you shouldn't learn to program right away! But the brave should at least make a little superficial knowledge.

Read basic, time-independent knowledge about the principles of digital arithmetics.



Exercise

159

There are people who suffer from severe shocks such as Deaths and have lost courage!

Some of them who reads these lines may now feel a - more or less strong - stitch in the heart and hopes for a solution!

There is this solution! Maybe not for everyone and immediately, but there is!

You suffer from loss and are often sad!

The solution is: get lighthearted again and end the suffering!

This may sound superficial and pointless to some, but I am convinced that those who feel addressed NOW know that THEY are meant!

Train the light, open, bright mind! Look into the light, see the clouds float slightly, take a deep calm breath very slowly and carefully and let your breath go gently and freely again.

You feel lightness and freedom, relaxation and trust! You feel life pulsing and how each of your body cells feels comfortably and warmly secure and cared for!

YOU are this warm home!

If tears of emotion arise now, let them flow and enjoy! You are being rinsed inside and you feel the cleansing!

Repeat this exercise as often as you want and feel your sadness go away! More and more every time!! Until your crying is lost in laughter!



Strangers 160

The world is not made to be always understood by you! Hear to your heart! You have to trust, to forgive and sometimes simply just to go with it! Smile...



Zip it *161*

There are people who think pessimistically. They tend to distrust the course of fate and its wisdom and often think: "What can go wrong, will possibly go wrong!"

When you have regulated and organized your situation as much as possible, your individual parts fit together well and make sense together!

So , the optimist, on the other hand, thinks with confidence: "What can work well WILL work well and even then remain good!"

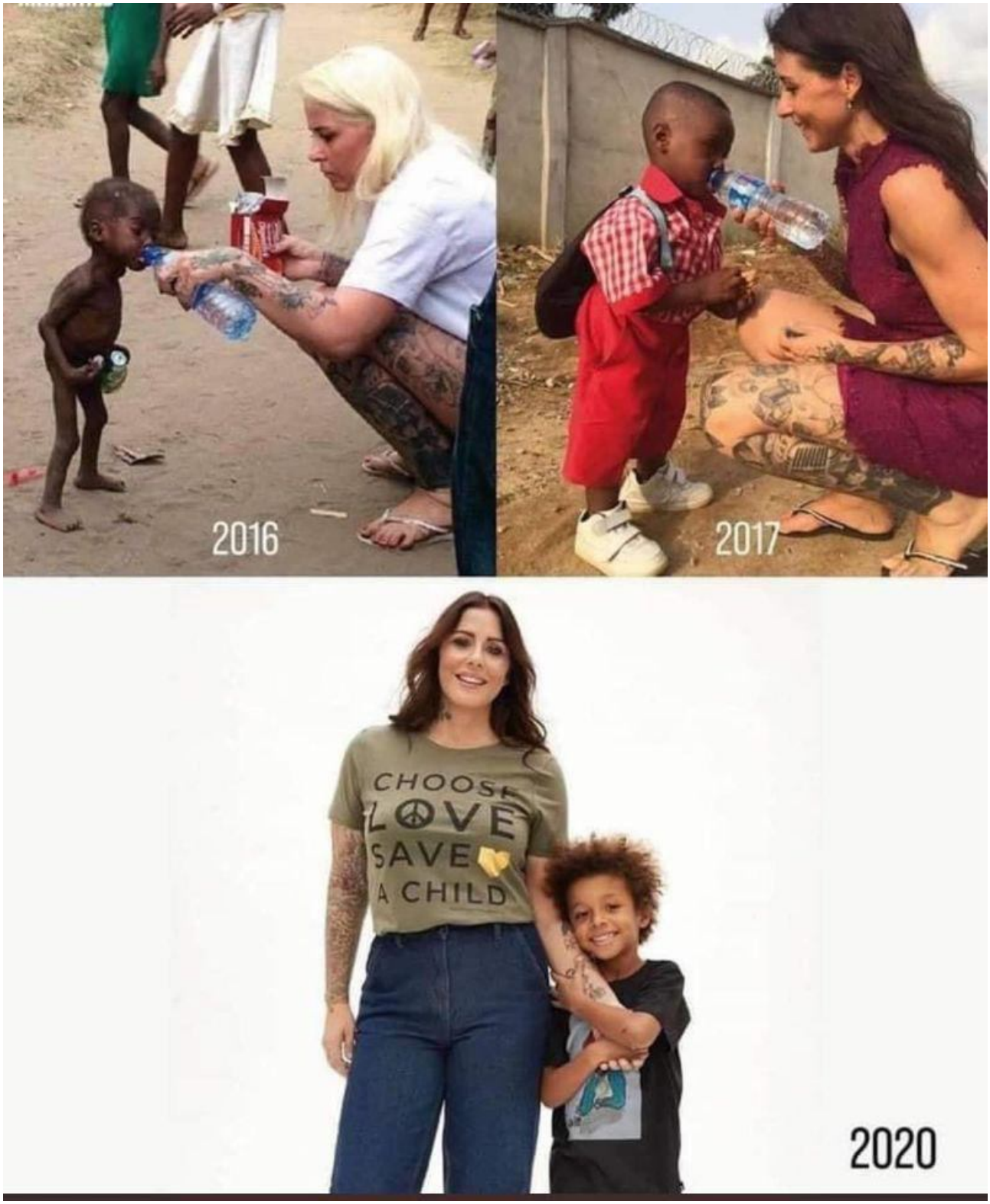
He/she flows trustful and as far as possible elegantly with life, so to speak, and optimizes his/her initial situation and will conscientiously prepare for it as best as possible, like for an exam!

If you have practiced jumping three feet high and it always works, then the likelihood that it will work the next time is very high!

That creates self-confidence and optimism!

So, be bestably prepared and optimistic!

A little bit of luck is also part of it!


2016
2017
CHOOSE
LOVE
SAVE
A CHILD
2020



Unsuspicious minds 163

You have no right to be suspicious!
Even if you've been disappointed 1000 times. He, she or it next cannot be blamed for your experiences or your life. You have always to hope, to trust and may be to be amazed like the very first time!





Champ by accident 164

You don't become world champion by accident!

You have to want it! Like you open a door and go through! You have to know where the door is and where or what the handle is and you have to go there! Only as soon as you are the best in your village and then the best in your city, your country and your continent, then the whole world is on its turn!

It's very much patience, inner strength and hard work...



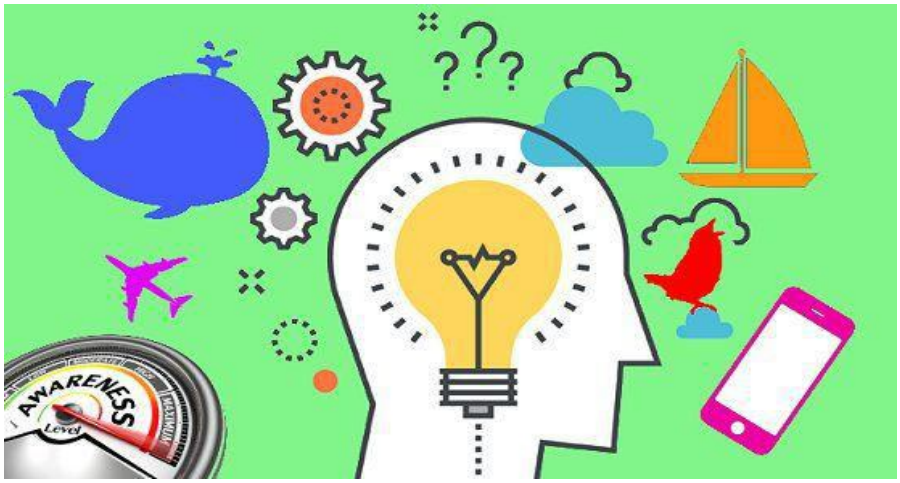
Highest kind *165*

Consciousness is universal. It is even there when there is no physical living being!

The Universe IS consciousness!

The deeper you immerse into this divine or universal or natural conscious being, the more conscious you are about the things that surround you! The world is lots and lots bigger than you think!

Only us humans are able to reach the highest physical kind of consciousness and fly to the stars!



Contemplation 166

Your eyes does not produce the world! The world is always there even when you are not there!

Your eyes are just a tool to perceive the existing objects. Consciousness is the serious awareness of what you perceive! The more you perceive things consciously the more you will know it!

Meditation or better contemplation means exactly that. If you concentrate yourself on a bee for a minute you will know more about the bee than a minutre before! And if you concentrate your awareness an hour more on the bee, you will know such as more about the bee!

Imagine you are concentrating yourself a whole day or a week or even a month or longer! How much much more will you know then about the bee!?!?

That is contemplation. For that will get not too boring you can switch the object every several minutes. From a bee to a bird and from a bird to a sailboat and to a tree and to a bottle of water and to a car and to the moon and so on and so on!

Just watching! Your mind will do the rest!

In a short time you will become one of the mostly knowing persons in your street!

Teach that to others in this way and the conscious awareness and knowledge for anything will increase in your surrounding rapidly ;O))

For the first attemps a quarter of an hour or even only five minutes will be much enough.



Real need 167

It strikes me again and again how important it is that people get what they (really) "need".

The very first and most important thing is love. The blatant lack of love, closeness, warmth and tenderness makes us grumpy and inedible!

We need community like bread, water and sunlight to live. Community brings fun, joy, movement and the "oxygen" for the fire of our existence!

Play, dance and laugh together more! That frees you and the deep lines of worry will be blown with the wind!



Love life 168

A person who loves life is not petty, uptight and also not deadlocked or permanently suspicious!

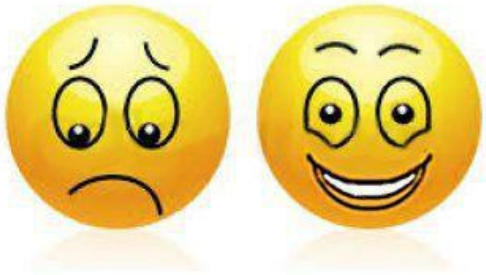
If someone is petty, uptight, deadlocked or permanently suspicious, he doesn't really love life!

THINK !!









Missing something *169*

Your whole body from top to bottom is a single "organ of perception". This just includes EVERYTHING. Your brain, your heart and lungs as well as all organs (also the genital organs, of course), even hair or the roots and all senses! Just everything!!

This is your consciousness-"instrument"! Through EVERYTHING you have the opportunity to experience the world, to absorb its information. If you want to know whether something is cold or warm, you use your corresponding senses.

The heart can actually feel too. It can be heavy or light, it can bounce or even break!

When you see someone sad, you involuntarily ask yourself "What is he/she missing?" Factively, this being is actually "missing" something! If it had everything it needed, it would be happy!

A water-lily cannot grow in the sand and a fish cannot live without water! They would dry out and die in the end! In case you feel unhappy ... where is your water??

Someone who is free inside to really love you, cannot see you suffer. He/she will not rest until you have found "your" water and laugh again! That is the meaning of love! Without love, everything would be indifferent to anybody!



Memory robot 170

In the spiritual and metaphysical realm it is similar to the physical! Ask "decent" (in the sense of clear and reasonable), then you will also get "decent" answers!

If you ask yourself, for example, what an apple is, you will likely get a quick and "decent" answer from your intellectual repertoire: rather plump, green, yellow, red or something similar or possibly spoiled and brown, tastes rather sweet to sour, consistency more likely firm and crunchy to soft and floury, brown seeds! That is what my "memory automat" gives out spontaneously!

But if you ask yourself how quantum physics works, your robot will probably spend very little.

I am now giving you the task of finding out as much as possible about it within 5 minutes! If you take on this challenge courageously and seriously, you will know a lot more about it in about 6 minutes than you do now!

I can guarantee you 100%! Without hesitation! I already KNOW that I can give this guarantee with a clear conscience!!

This is how it works with everything! From now on you never have a problem again, just challenges!

Successful people NEVER(!!!) think in problems, they ALWAYS(!!!) think just in challenges !!



Monkview

Where does a monk, nun or guru actually get all of his extremely complex knowledge from?

Quite simple: he/she quasi "stands" - one more and the other less - with his existence in the infinite universe, in the "other" world, in the universal spirit and in the big consciousness. He/she is aware of many things that "usually" no one else can ever see or feel!

For gurus, nuns and monks, what I am writing is nothing out of the ordinary. One can see, feel and even act in this universal world.

Similar to "above the clouds", where always the sun shines, these sensitive spirits (including the "normally" invisible ones) can even recognize each other and speak to each other and cooperate in a targeted manner without words!

They understand each other blindly ... this energetic "language" is the same always and everywhere! You don't have to learn it, but you can train, promote and educate it! It is love!

So: do love, as strong as you can somehow, synchronize yourself with it and over time this language will "open up" to you like a gigantic picture book :O))



Dreamlesson

172

Your brain has an incredible(!!!) capacity! Anyone who is familiar with computers has an "idea" how long it can take before a complex one-second scene with light, fog and movement is rendered in 3D.

With the most modern single computers it can take hours or (with older computers) even days!

How is it then possible that you see living beings in dreams and complex worlds moving in your head in real time that (cannot) actually exist in any computer in this world?

"Somehow" it either has to exist beforehand as a picture/film and your mind is only "watching" it. Or your brain "generates" (renders) this world just during the dream in real time without the slightest delay and without any wobbling image :O)

Either way ... both is incredible!

THINK



Geigercounter 173

The whole time ... uninterrupted ... your warning mechanism, your "Geigercounter", which tells you what could possibly be dangerous for you, your loved ones or your family, is running!

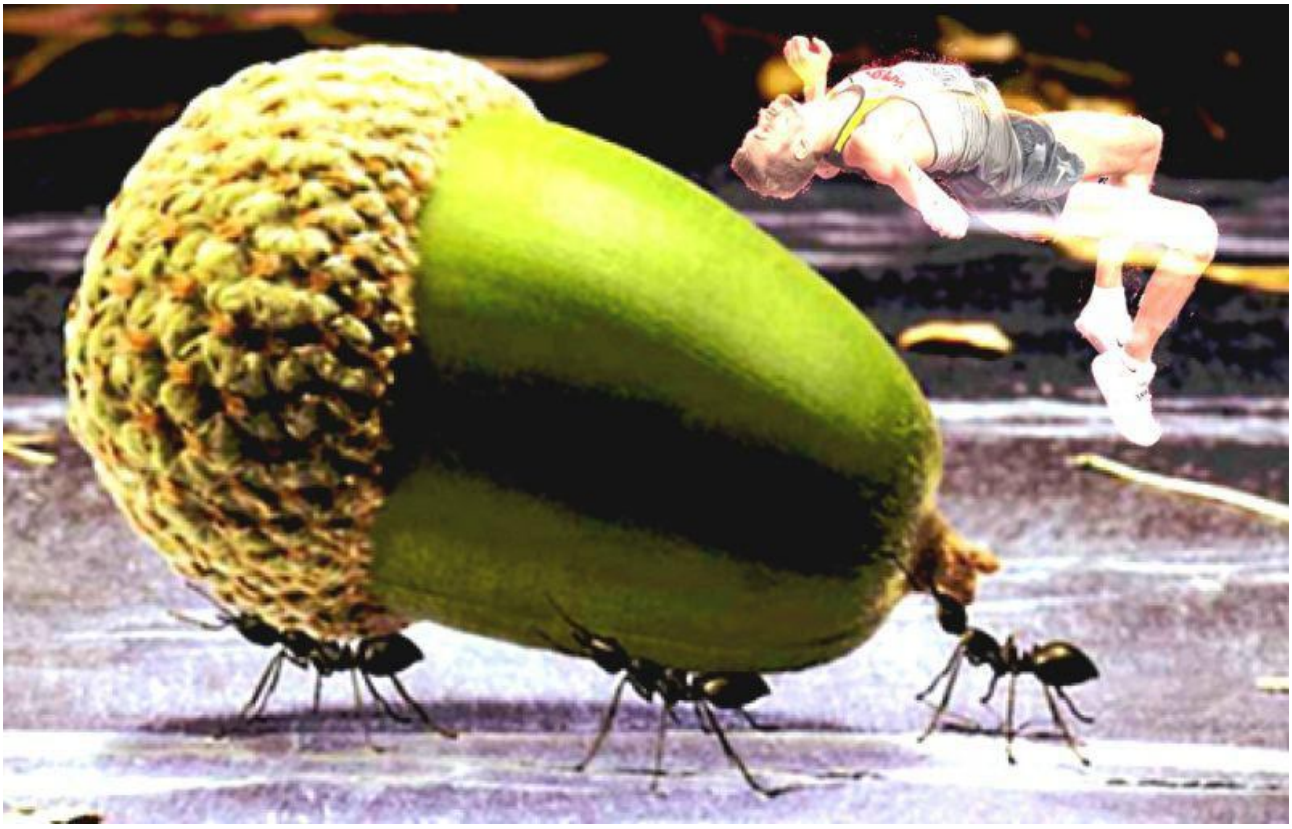
You may not consciously notice it, but every moment your inner self is putting (almost) everything that you encounter on the gold scales! Your inner control system works incessantly with micrometer accuracy!

This is your instinct for self-preservation! It never sleeps! Not even in sleep! Below your "normal" daily self, part of you lives in constant consciousness! Every smallest part of a microsecond of your life is reliably recorded in the innermost core of being (even "below" the quanta)!

How else would it be possible that even at night in deep sleep you can wake up by some noises or a touch or you can (relatively) quickly remember the most important events of your 12th birthday?

Ask an Indian guru or Buddhist monk. He will happily confirm to you that EVERYTHING is a single living and conscious spirit that just likes to and dearly willingly communicates with you! You can ask him what ever you want! You just have to learn to listen "consciously"! Pssst ...

The entire universe is pure consciousness and spirit with all facts and memories!



Huge effort

174

Some jobs are so exhausting and tiring that in between you sometimes wonder whether it is really worth the huge effort!

For example, an Olympic highjumper has to train so hard and hopeful for four years to then know within a single second whether his or her training and talent was sufficient for a place on the podium!

Then ask yourself exactly whether you really need what this work will bring you and whether you really WANT to?

If your feelings and your heart keep saying loudly "YES", then it is worth EVERY effort!



Principle creativity 175

Like light, the truth is an immanent essence of being. But not as a possession of your own personal being, but of the general being in itself!

Just like light, the existence of truth can only be experienced through its reflection in our physique (e.g. the brain). Every physical existence creates reflections for light, life, truth and consciousness!

Everything is there even without us, but can only be experienced through reflection! Light in a vacuum is invisible! Likewise, everything else in the vacuum is invisible and so cannot be experienced. It only "creates" its own physical existence through reflection.

A conscious mind sees spiritual dimensions and interacts with them (e.g. through prayer, meditation or contemplation) and only creates its existence through reflection and the perception in our mind!

In practice this means that everything you produce in your world of thoughts is actually already part of the existence of this "idea" in the physical world!

Every object (e.g. an invention) only exists on a metaphysical level as a "divine spark". As soon as the inventor "pulls" his "device" (eg a tool) from the psycho-mental "world" into reality through a first version (eg a sketch), the meta-level as a reflection for others or in general will become tangible so!



Cheerio *176*

Many people think, due to their doings they are dealing everything and they earn the cheering alone!

That is not true!

They mostly rely subconsciously on things they takes for granted. A gardener or farmer can only put the good seed in the good soil and take care for sun and water!

BUT!!!

The most important part of growing is taken over by god, the universe, nature, the big spirit or how ever you might name it!!

So: take healthy seed, stick it propperly into "YOUR" kind of good soil and take care for sun and water! And then wait, be consciensly caring and water it... Of course you have to know where the sun and where the water is!

As far the seed was good, it WILL reliably grow! Have faith in it, be trustful and patiently! Some grow slower some faster...

When you see the sproud rising, give thanks heartly and intensely to the big grower and be conscious about him in a friendly manner! The chance your plant then will bear seeds is really big!



Crucial moments

177

As highest beings we humans are given the free will by god, the universe, nature or however you might name it, to decide for our life or how to handle this world right.

If that weren't so, who'd say in crucial moments how it should go on or to whom the responsibility is to be given.

Every and each result of our doings will cause farther creation.

So we have the responsibility to learn the full width of justice and correctness on our own . Therefore we have a conscience!

In the very end we then will know what true justice, love, freedom, peace and humanity actually is!



Sharpsight 178

Everywhere you are told to concentrate or to focus things.

You can focus your mind and you possibly see everything blurred. As well you can concentrate extremely on a thing in mind and nevertheless you also see everything completely blurred or even nothing at all!?!?

What is going on?

You have no training! For to see things fully clear, you have to train your mind and focus inner visions like with a sharpen-regulator!

Nowadays due to the immense pace of our daily living, only very few individuums remembers this training and practicise it.

The most of us forget - and even more and more - that this is absolute existencuallly important for any kind of successful living.

Practizise your focus. For example concentrate on an square-centimeter of somewhat randomly as long as you want! And after that explain that sqaure-centimeter as precisely as you ever can to a friend. Or put the original away and draw it on paper from your memory as sharp as you can! In colours! Look and see how similar it is to the origin.

All "mistakes" will tell you something special!



Conjunctivism

179

How many people live in (caution: wordcreation) "conjunctivism"?

"You'd have to ... you could ... I would ... actually I should ...!" An "if" follows after everything. Everything is "somehow" conditioned! For hysterics it can also be tightened: should could ... should have to would ... etc! So that the brooding never ends ;O) (Caution: irony).

If you always wait, NOTHING happens !! It's like at an equal crossroads: Everyone stops because nobody wants to make a mistake.

On the other hand, the (caution: word creation) "Dolism" is set here. A rough assessment of the real dangers is sufficient! 99% of the time, the world won't hurt you. In order to avoid even the last small risk of 1 percent, many let 100% of their lives go by without being lived.

Bad exchange: I give 99 percent and only get 1 percent!

"Dolism" means: simply create facts! Go into the world and confront it with your being and your right to life by creating facts!

You will notice that most of them do not have a conclusive answer and therefore accept your fact! Or are even happy that someone has finally made a decision!

And you've won! Practice creates masters!



Bullshit prohibited *180*

Every day people say: "please let me join your network..." but are absolutely boring!

Why should I??

It is mostly never even to see a serious effort for an impressing and exclusive profil!

As network-owner it is my responsibility not to overflow my members and followers with ordinary nonsense and time-robbing bullshit.

For that my members and followers (hollywood-, tv- and musicworldstars, world- and europe-champions, top-politicians and multimillionairs as well as high-nobilities) are much to worthful to me!



Focus mind *181*

1. *Focus your mind! The different capability of concentration makes the difference in success!*

   An highschool-class was challenged by the teacher. He wrote three lessons on the board.

   22 students are immediately busy to fetch their pencils and calculators to start. But one of them does ... NOTHING! He only stared at the board. The teacher wonders and shook his head but he didn't say a thing.

   After round 15 minutes the staring student wrote three numbers in his notebook! Nothing more! The teacher was scratching his head and stood up curiously. He walked behind the student to see what there was written! He wondered again, looked at the student, shook his head and sat down again.

   After 20 minutes more the best of the others was finished. His notebook full of numbers. After 10 minutes more the last had finished.

   Guess: the numbers in the quiet guys notebook were the solutions of the three assignments! Guess more: the calm extraordinary student was the only one with all three assignments solved correctly!

   Guess even more (trust me - I know what I'm talking about): The "silent"

student was?? Me!! I had solved all assigmnents straight from my mind without writing down a single calculation.

That means focussing the mind! To need a third of time and being the only one with 100%! ;O))



Learned is learned *182*

One has studiyd - others are trained hard in reality - and learned is learned!

Only knowledge is not the solution. Nor to be tricky or smart. As addition that can help. BUT: Some knows much about science or technology but are not able to hammer a nail straight into the wall, to saw a board straight, to make the bed or to fry an egg properly.

On the other hand some are simply gifted with propper intuition without big theoretical knowledge!

To have a slightly idea and an intuition of what does work and what is right makes things well and reliably run!
What is it good for, to invent a "cool" tool if the inventor has no kids who he is really

loving, and he does not know responsibility - and the invention is "somehow" very dangerous??

Proper things are mostly relatively simple, good to understand and easy to handle without being overcomplicated and "somehow" dangerous.

To love his/her kids dearly is a very good measure! Nobody who loves deeply will bring his/her loved ones without existencial necessity into dangerous situations!

The native americans have a good saying for that:

"It has to be finished in beauty!"

I would add: and it also has to be sympathic, harmless and as simple as somehow possible and usefull without getting dangerous! Spacesciences excluded ;O)





No Luxury

It is difficult and dangerous to gallop a studded horse on asphalt

Luxury

But it's easy and fun to gallop with a unstudded horse on a sandway! Even for the horse! It has real fun to run...



Create masters *184*

If you want to be happy ...
then just be happy! That's the whole trick !!

Happy people are:

always and everywhere attentive
(awake, responsive, conscious)

always ready to help
(beneficial, hardworking, spontaneous)
always cheerful everywhere
(open, honest, friendly, positive)

always and everywhere alive
(celebrate, laugh, dance, cheerfully)

Just do it...
Practice creates masters!!



Optimists 185

Optimistic people are far much better off!

Pessimistic people don't have much fun in/at their work or business. Therefore they have less success. And therefore they are more disappointed and therefore they are more pessimistic and hopeless (really poor people). They are not a part of the solution. Therefore they don't believe strong in good solutions!

Optimistic people on the other side optimizes everything they can. Even theirselves.

So they (wanna) become part of the solutions and therefore they KNOW(!) that there ARE(!) solutions which they CAN(!) believe in!

They are BELIEVERS in the good and functioning, because they ARE(!) an active enthusiastic and eager part of that good!!

Therefore it is named "Optimism".

It is just that easy!! Optimism is the best thing you can do for yourself!

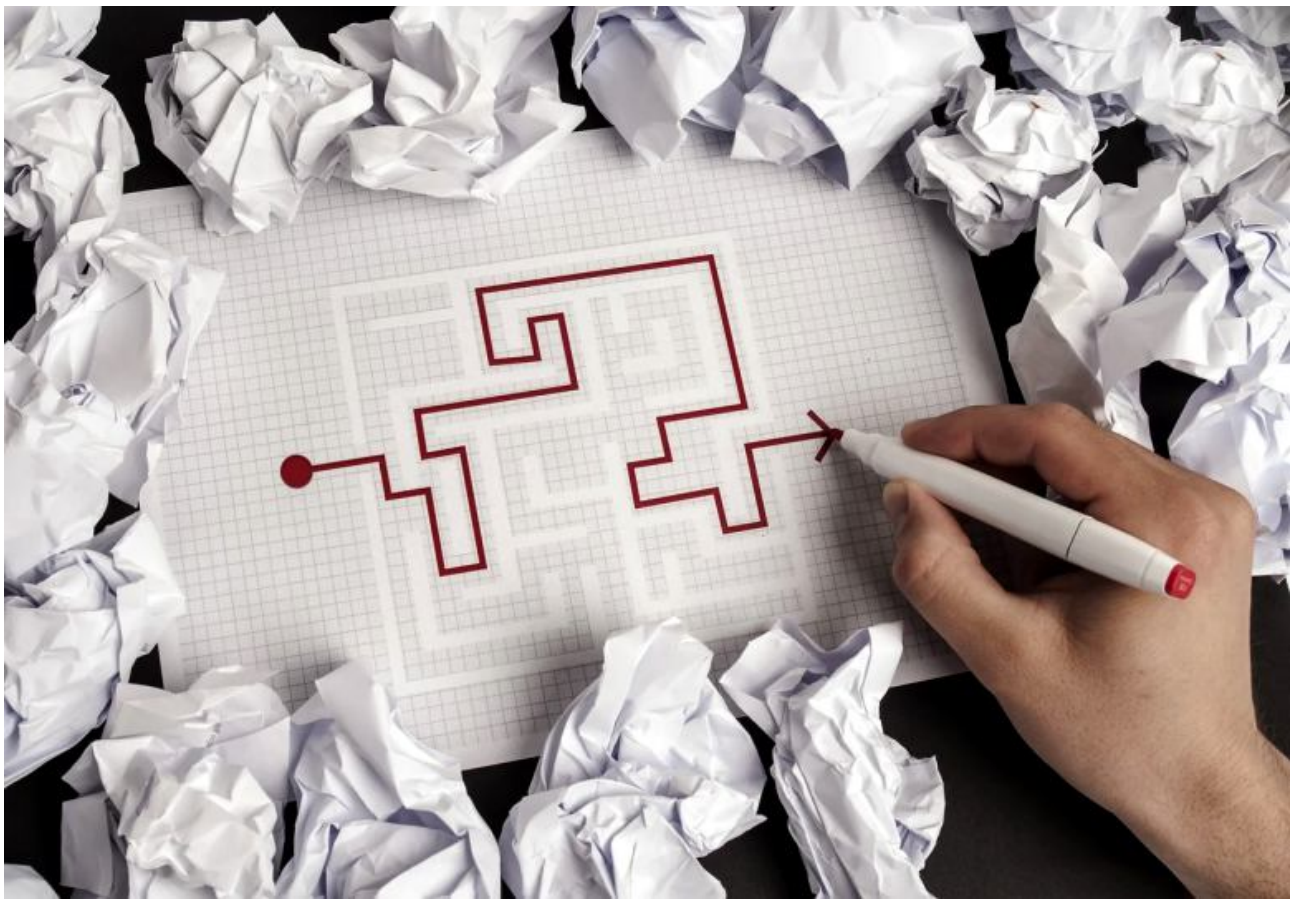


Thank you *186*

What are you greedy for?? You start with nothing! Remember: this whole life is a gift to you!

When you were begotten, you become a person. Afterwards you own more than ever before!
When you were born, you become a real being. Afterwards you own more than ever before!
When you leave school, you get a ceritifcation. Afterwards you own more than ever before!
When you get married, you get a spouse. Afterwards you own more than ever before!
When you get the first job, you can earn your own money. Afterwards you own more than ever before!
When you give a birth, you get a baby. Afterwards you own much more than ever before!
When your kid get a baby, you get grandchildren. Afterwards you own more than ever before!

All was success and EVERYTHING was a gain, which you did not earn by yourself ! If you then are not grateful for all those gifts - FOR WHAT THEN?



Do know how

Doubts, weakness and selfpitty are the hardest enemies of success!

Love, nearness, warmth and tenderness are the biggest supporters!

Translated in business-terms, it means:

Lots of sympathie for the customer and his problems, for the job, much real information, interest and helpful knowlege and ability, heartly kindness and honest support and help, as well as patience, understanding and loyalty!



Fly and bloom *188*

These are the laws:

It is perfectly normal for a man to be dominant and strong. Happy to be cool and humorous!

You cannot prohibit a bee from flying!

And it is also completely normal for a woman to be nice and charming. Happy to laugh and to be adorable!

You cannot prohibit a flower from blooming!

It would be bad if it were different!

So fly and bloom...but do it happy!!





Nick Vujicic 189

We all have our quirks and disabilities! Visible at some and not at the most!

All of that is not that bad, we are all just human beings and God has simply made us like that! Who knows why? No matter what deficiency you have, the most important thing is that you are simply just not interested in that!

These are pictures of Nick Vujicic, one of the most famous and best motivational trainers in the world! Born without arms and legs!

He is simply just not interested in that!

But what we can learn additionaly is, how we behave in the present of a handivapped person? Since Nick is a real sunny fellow it's not a big fea to find him sympathic.

If you would go for a walk with him it would be self-evident to walk slowly for you to be able to be with him all the time!

But if those kind of a disabled person would be a grumbling and dissatisfied nag! Would you then still go align with him?



Smarties 190

For unsmart people the world ends at the first problem.

For smart people life is just there beginning!



The emperors new clothes *191*

A huge problem is often that people (even decision-makers) simply don't understand that they don't understand something! They just think that some things can be solved with authority and dominance (as in former times).

But that's not true!

Some things simply are(!!!) just incredibly complex!

Some may know the fairy tale "The emperors new clothes" about the emperor who has no clothes on?!?!

The bitter truth is: sometimes the emperor simply has no clothes on!!!



You are there 192

I'm reading right now: "How do you live your true self?"

Answer: What are you searching yourself? You are already there!!

Just trust! The "spirit" is far much smarter than you! He will show you the way!

You don't know, how a small scratch heals by itself! The spirit and the inherited intelligence of your body does! You just have to do one simple thing:

BE AWAKE AND HEAR CAREFULLY ... ***AND BE AMAZED!!***



Exercise habits *193*

For character training:

You are a fully fledged IT professional and tell someone, who does not have the faintest idea about this matter, grumpily that your Office Writer has crashed (some overload while copying) and you have to laboriously repair the source file by hand!

Otherwise hours (possibly even days) of work will be lost!

The other one actually only just knows how to hold the mouse the right way round, snobbishly crosses his arms and says: "You're too stupid! Something like that doesn't happen to me - I'm smart!" and grins maliciously!

You, quitly: "grrrr ..... ????? !!!!!"

You know very well what the other does NOT know and that he does not know (possibly never will know) what YOU know! You grind your teeth a bit, smile gently and just patiently carry on!

Because: how should a jet pilot explain flying to an elephant? Elephants just never fall deep!! If you really want to fly, that's not his problem! ;O)

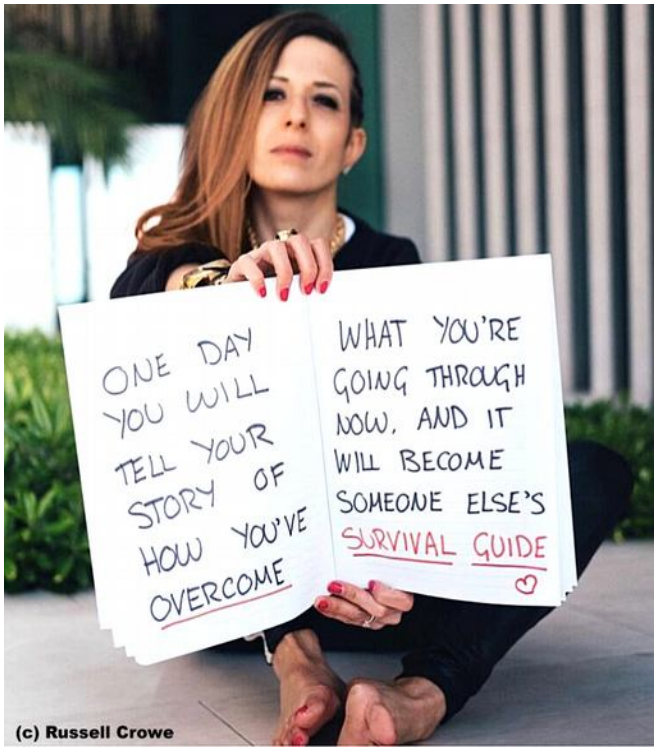


Bene dictus 194

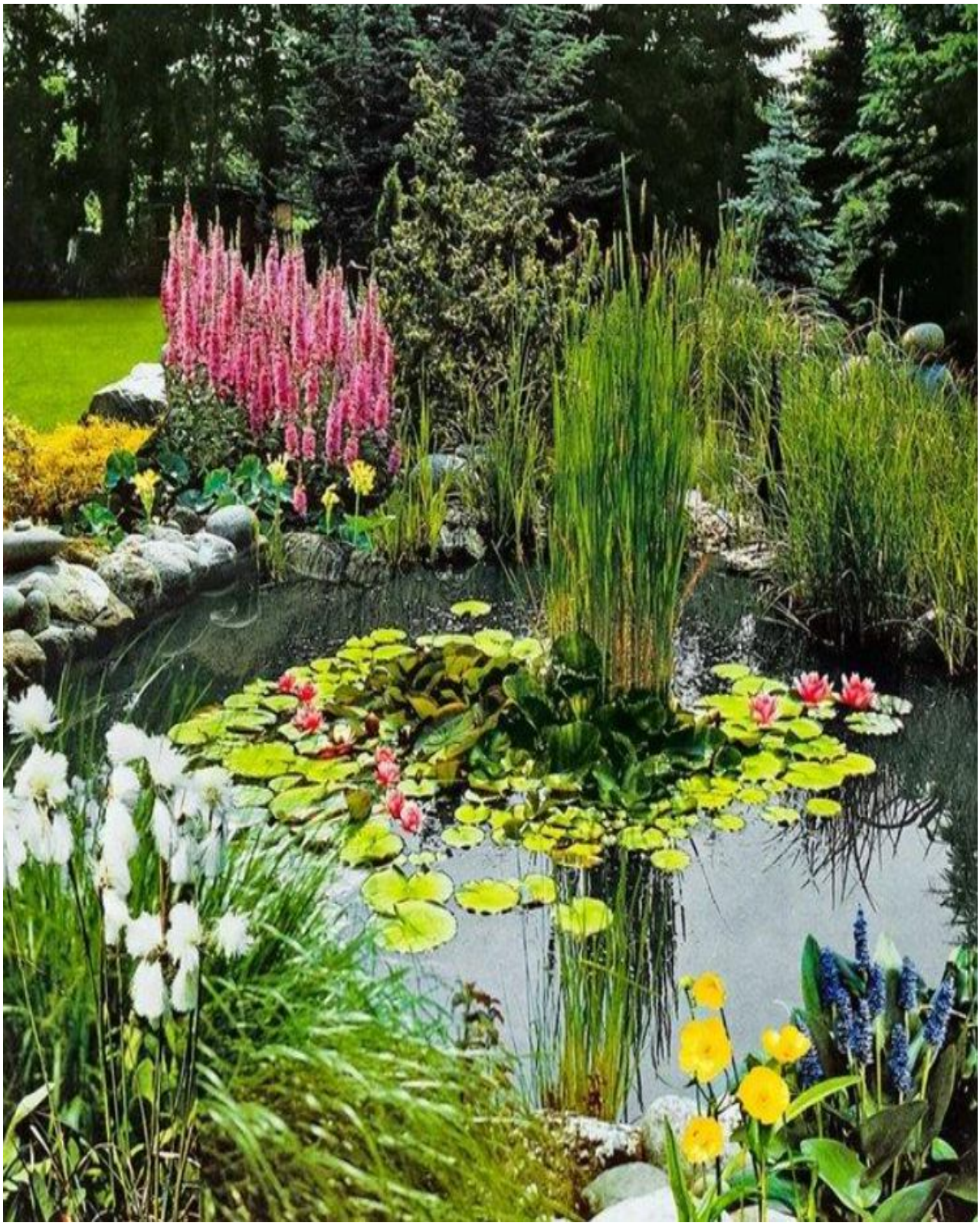
Be good to yourself this way!

Be brave and if possible don't step on people's nerves with your problems and sufferings ... they all have their own!

Go ahead with a happy example and say only good things!



Survival Guide 195



Be a beautiful garden 196

..where I can rest my soul!

We all are born as a diamond and pure gold!

Our circumstances, family, education or society may "pollute" you. By wrong beliefs, by lost thinking or by bad intentions!

You may be stuck and dirty. It sticks to you like tar and patina!

God, nature, the universe, the great spirit or whatever you want to call it, don't like that!

If you allow it, this primal force will cleanse you again and again! Like a lotus flower! It brushes around on you until the noble and the gold appear on and in you again and can shine!

So that you unfold your strength and are helpful for the human community!



Wisdom of nature

Women are just like fruitful and healthy soil. One only has to put the seed into the ground and everything grows by its own!



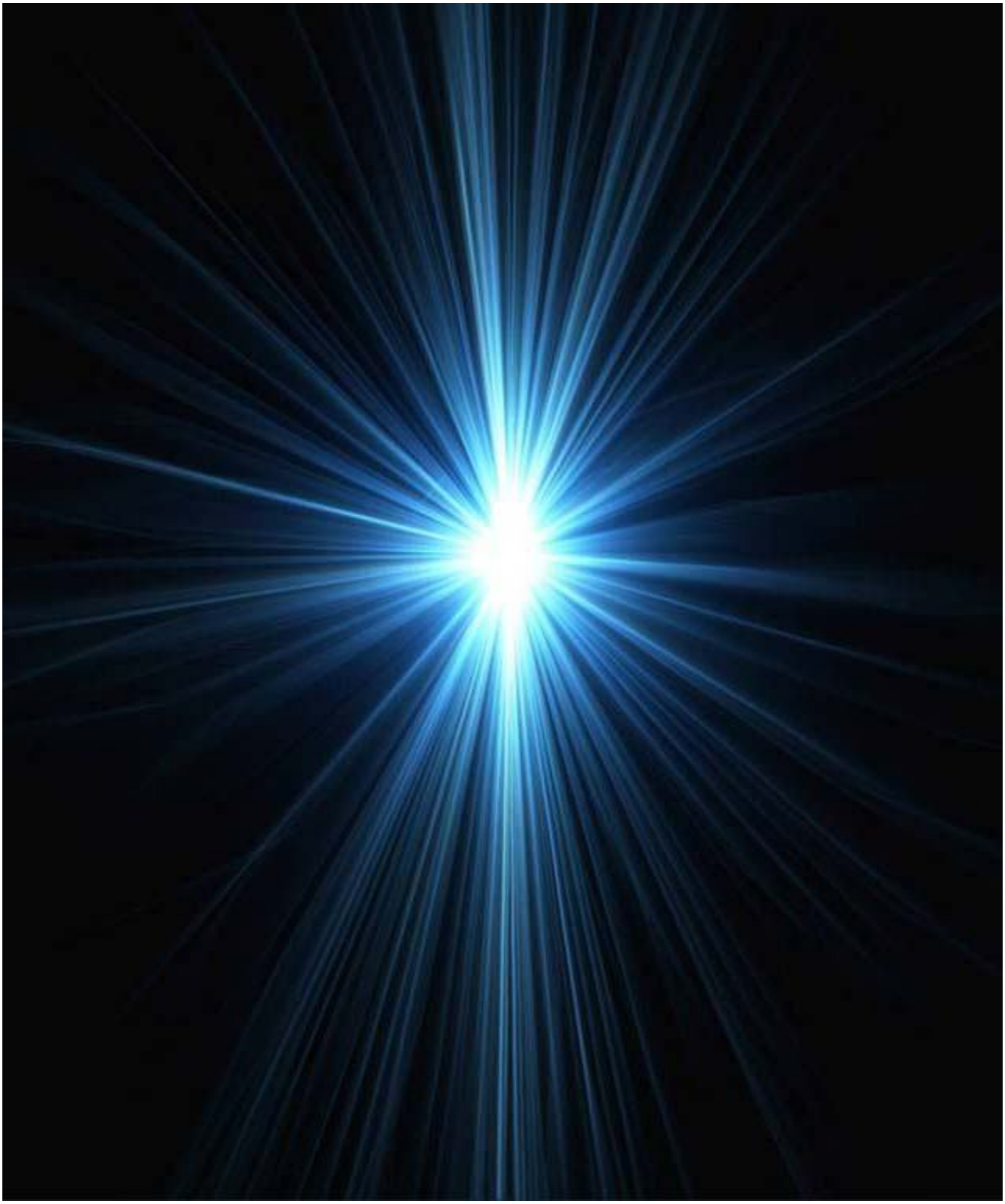
I follow the sun 198

God, the universe, nature, the great spirit or whatever you want to call it, is ALWAYS on your side!

Just as a leaf on a tree or a blade of grass always knows how to grow right, so does your being know it too!

Know instinctively where the sun is! It "directs" you and pulls you in the right direction!

Up to love, closeness, warmth and tenderness as well as strength, courage and joy.



Pure souls

199

From darkest dark - ignite the light.



Love ahead 200

The worst things in life are envy, avarice and jealousy! But hate goes ahead!!

The nicest things in life, on the other hand, are closeness, warmth and tenderness!

But love goes ahead!!



Most wanted 201

Women and girls:	*you want to be loved by everybody*
Men and boys:	*you want to be admired by everybody*



Dreams come true 202

The more you really love, the more you make others to become their dreams come true!



Regain 203

Depression, sadness and hysteria, negativity and pessimism are all signs of a "wrong" life.

These are insights and decisions that do not actually come from you. Your parents, your family, your environment or school have pumped you up with a wrong mindset!

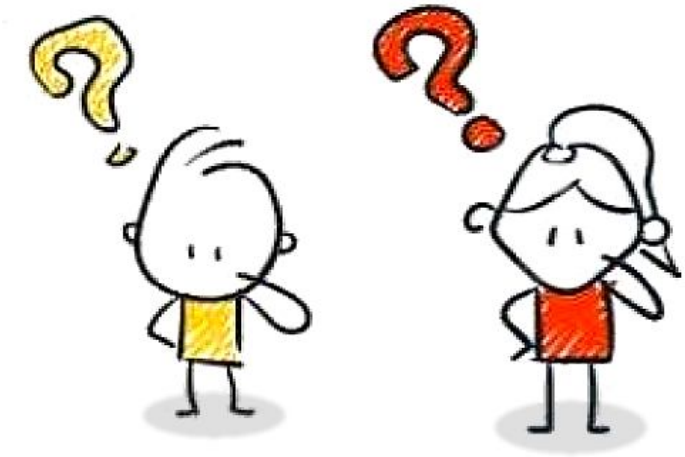
THAT IS NOT YOU!!

If you feel these miseries: that it is not you! In the center of your being you are happy and positive.

Regain consciousness!



Blissletter 204



Writing is very therapeutic. If someone insults you or attacks you for no reason, go home and write him a detailed letter.

This reliably trains your mind to react better and clearer next time!

Undo 205

If you said or did something that you weren't satisfied with, go home, you can't undo it anyway!

Review the situation lively and imagine how you would have liked to react or what you would have liked to have said or done. That trains your mind!



The better 206

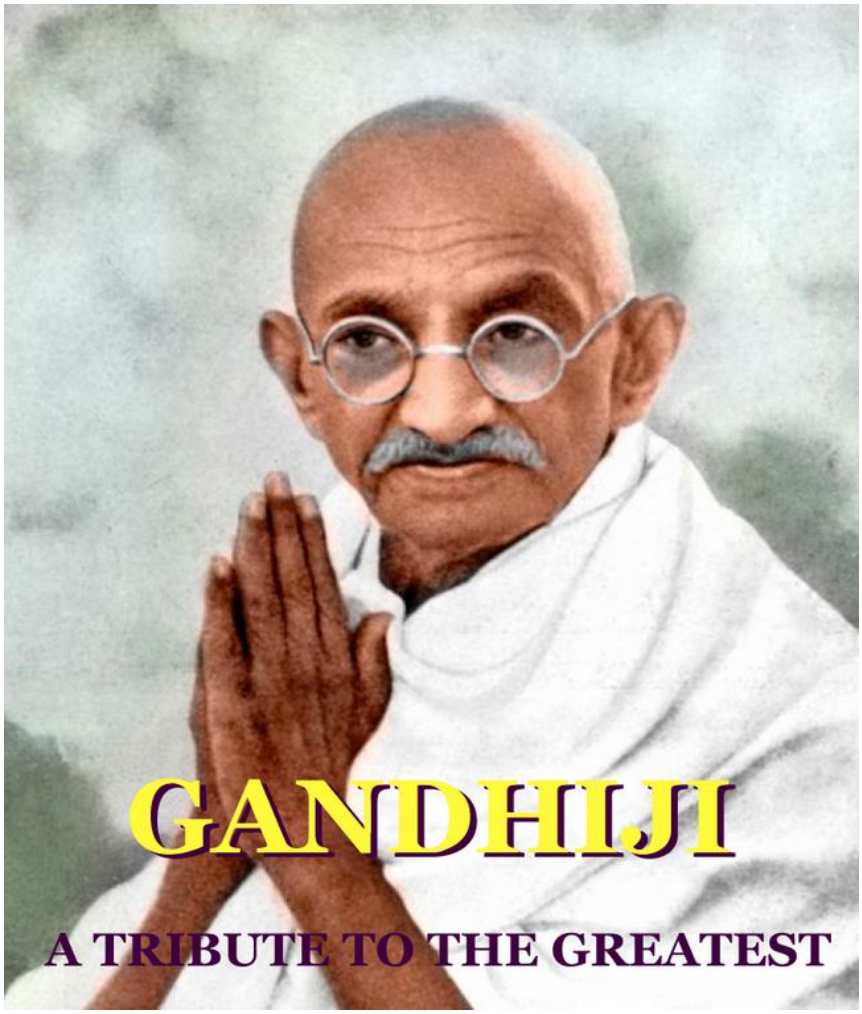
"The better is always the enemy of the good," they say …

If you can't think of anything good, look for role models in the best of the best! All other exists already!!

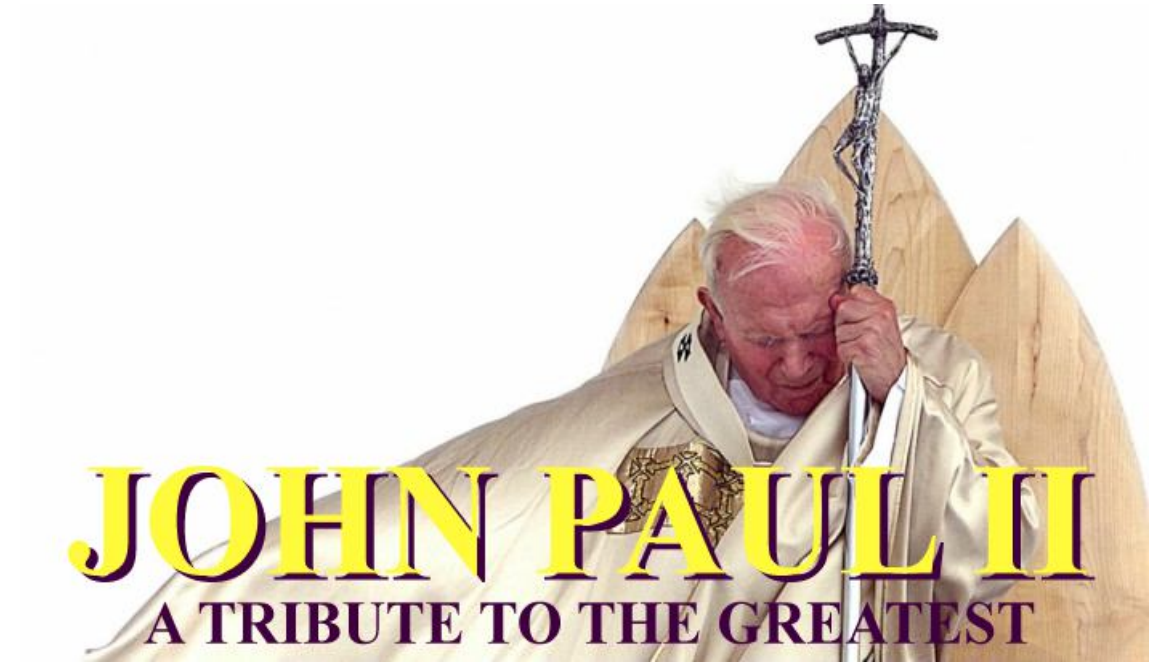


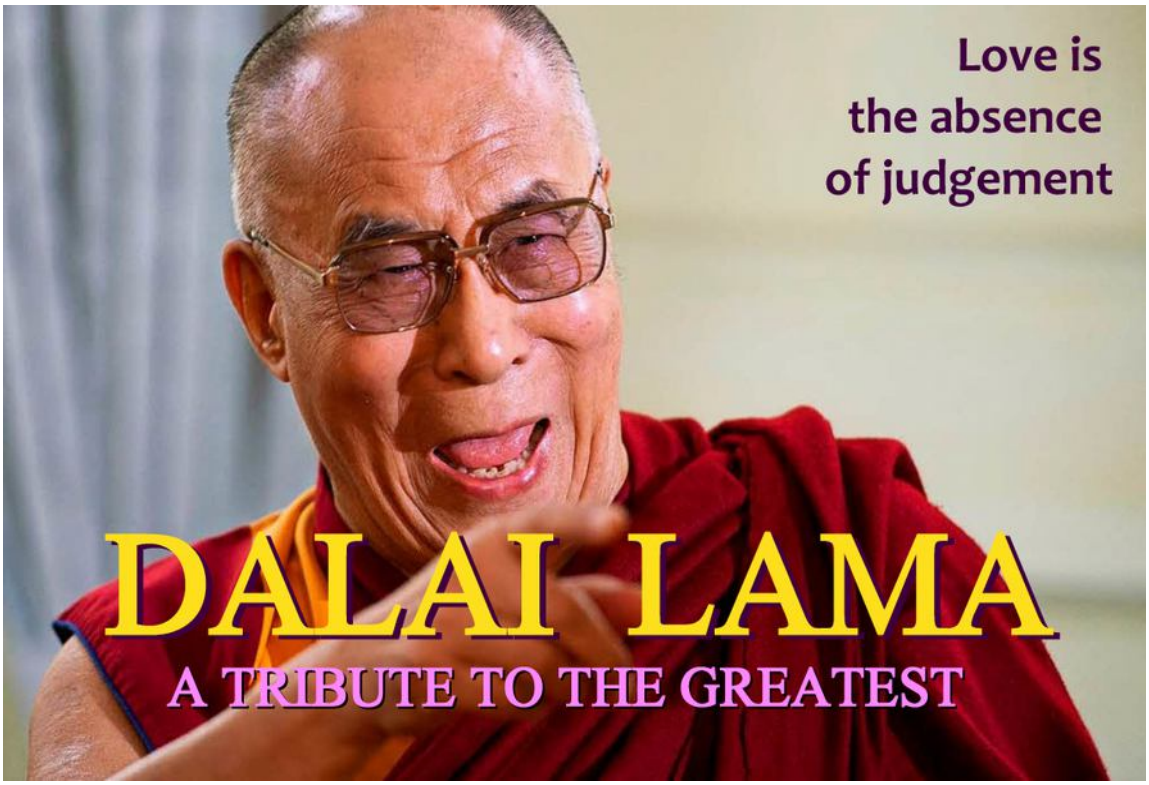
Make fun 207

Fun is the shortest way to happiness and success?
Make others happy, because their smile will make you happy :O))

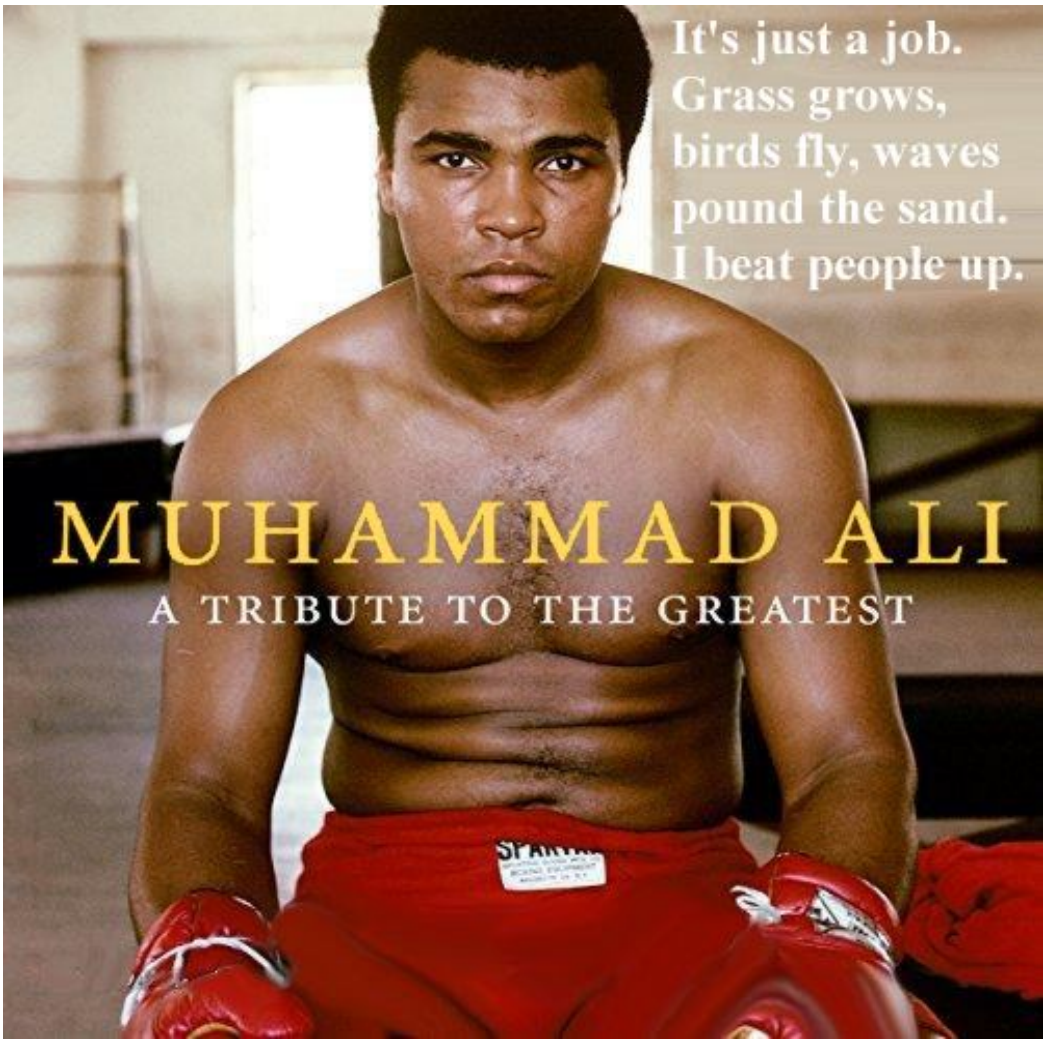


Gandhi & John Paul II 208 209



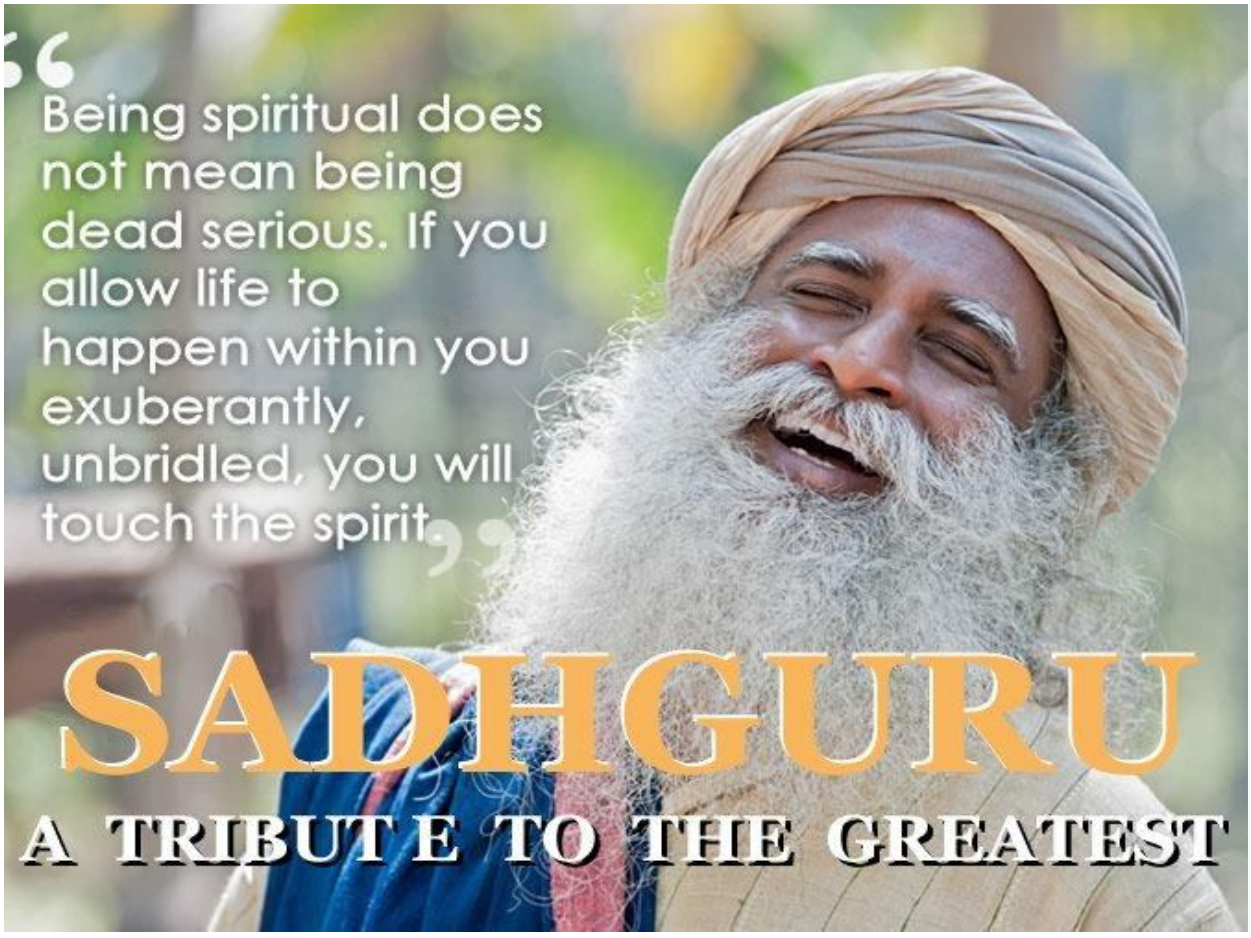


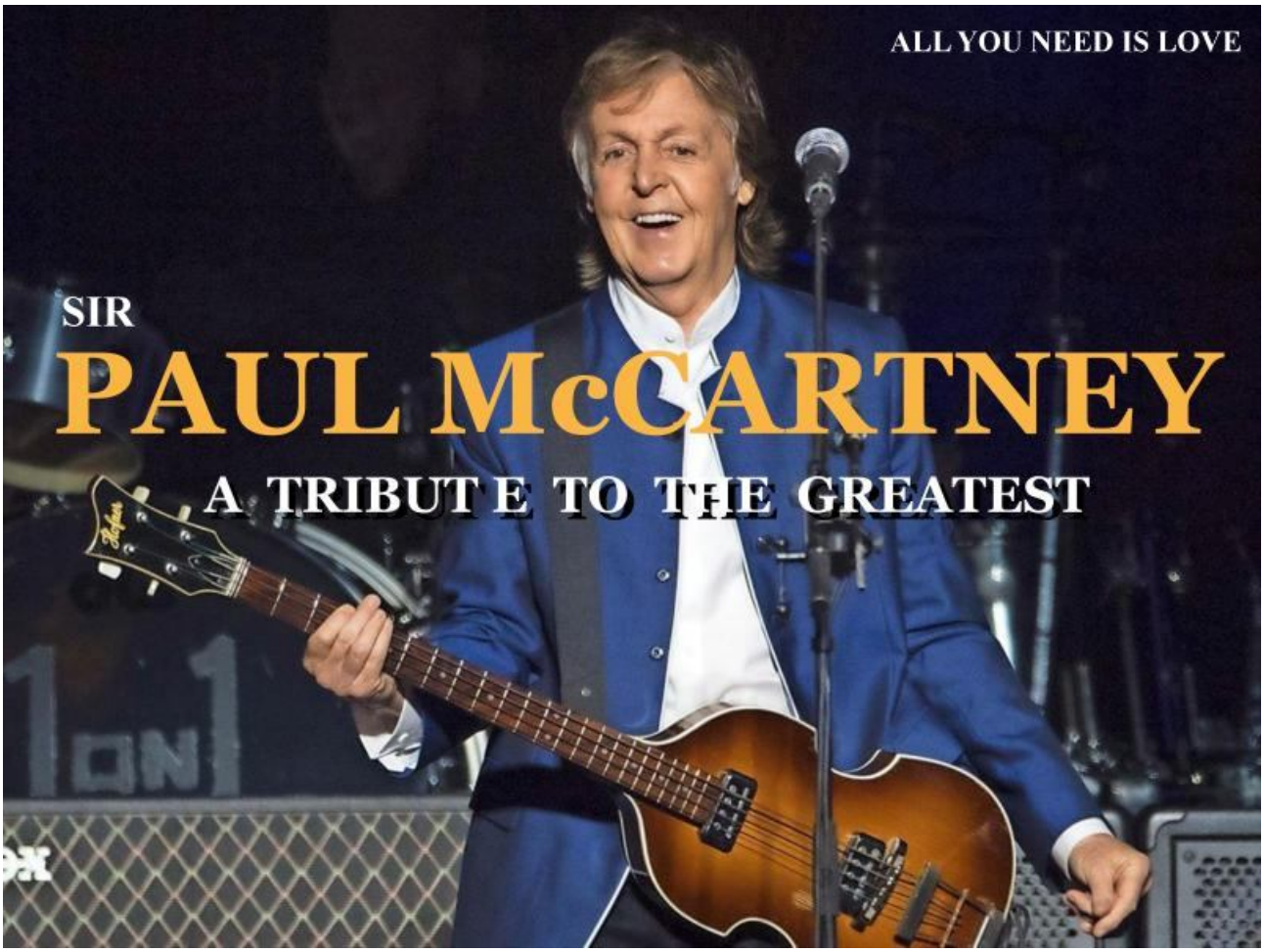
Dalai Lama & Muhammad Ali ***210 211***



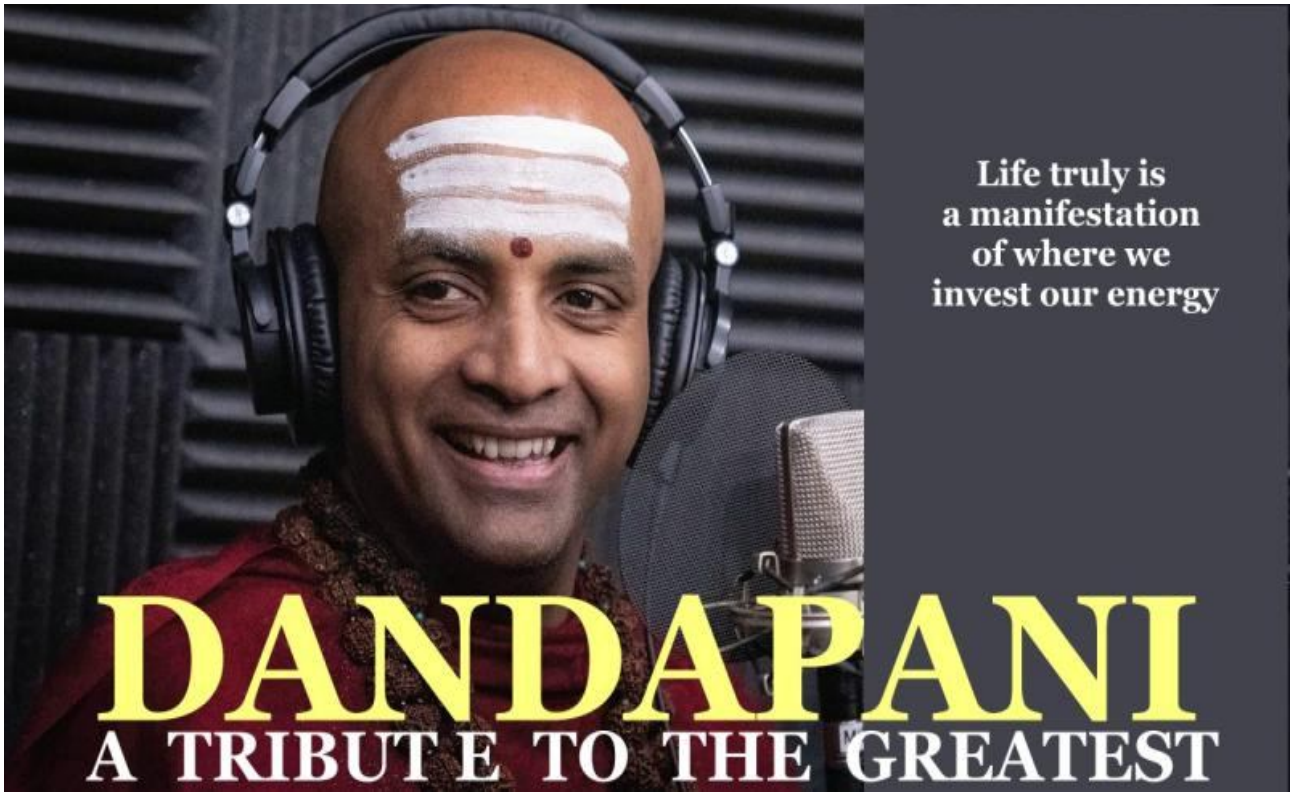


Sri Sri Ravi Shankar & Sadhguru **212 213**





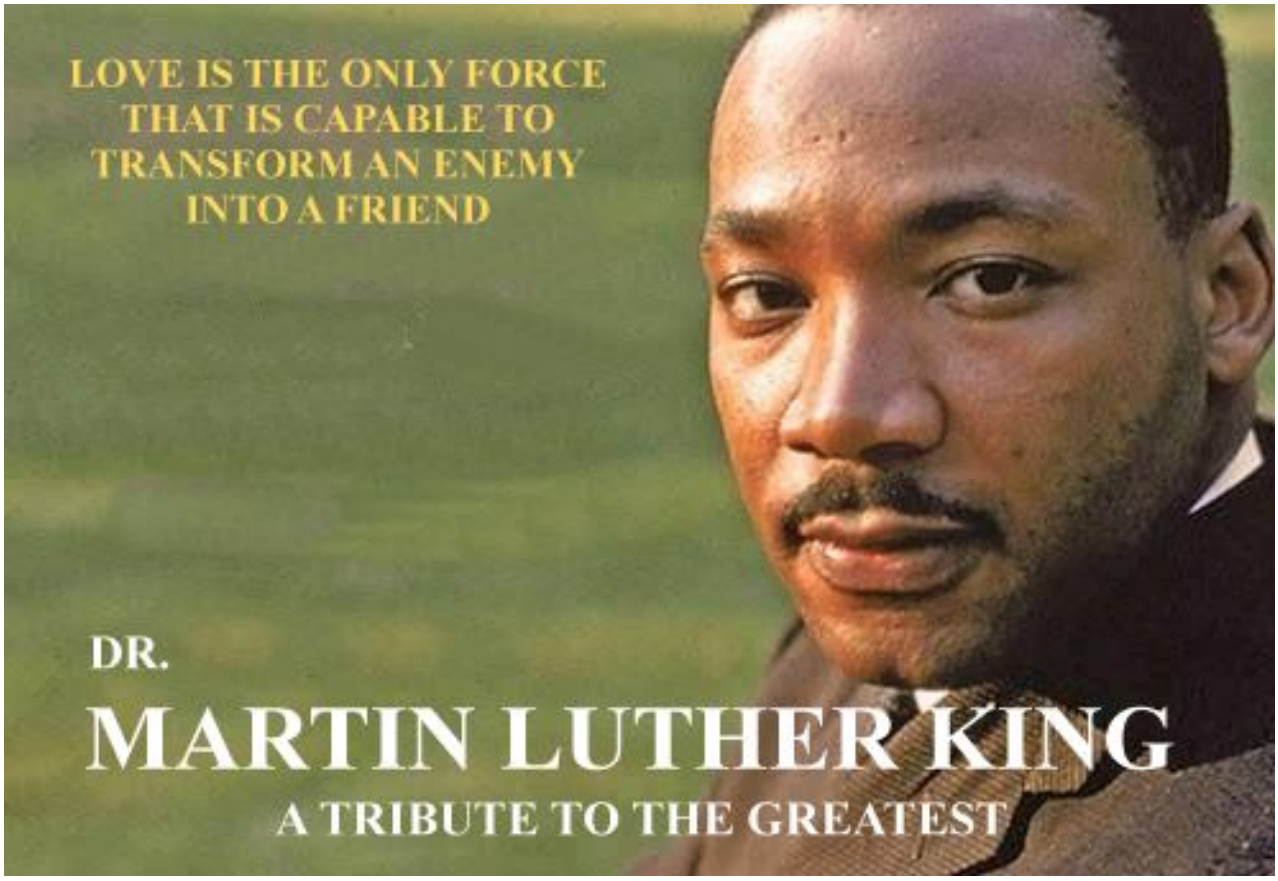
Paul McCartney & Dandapani 214 215



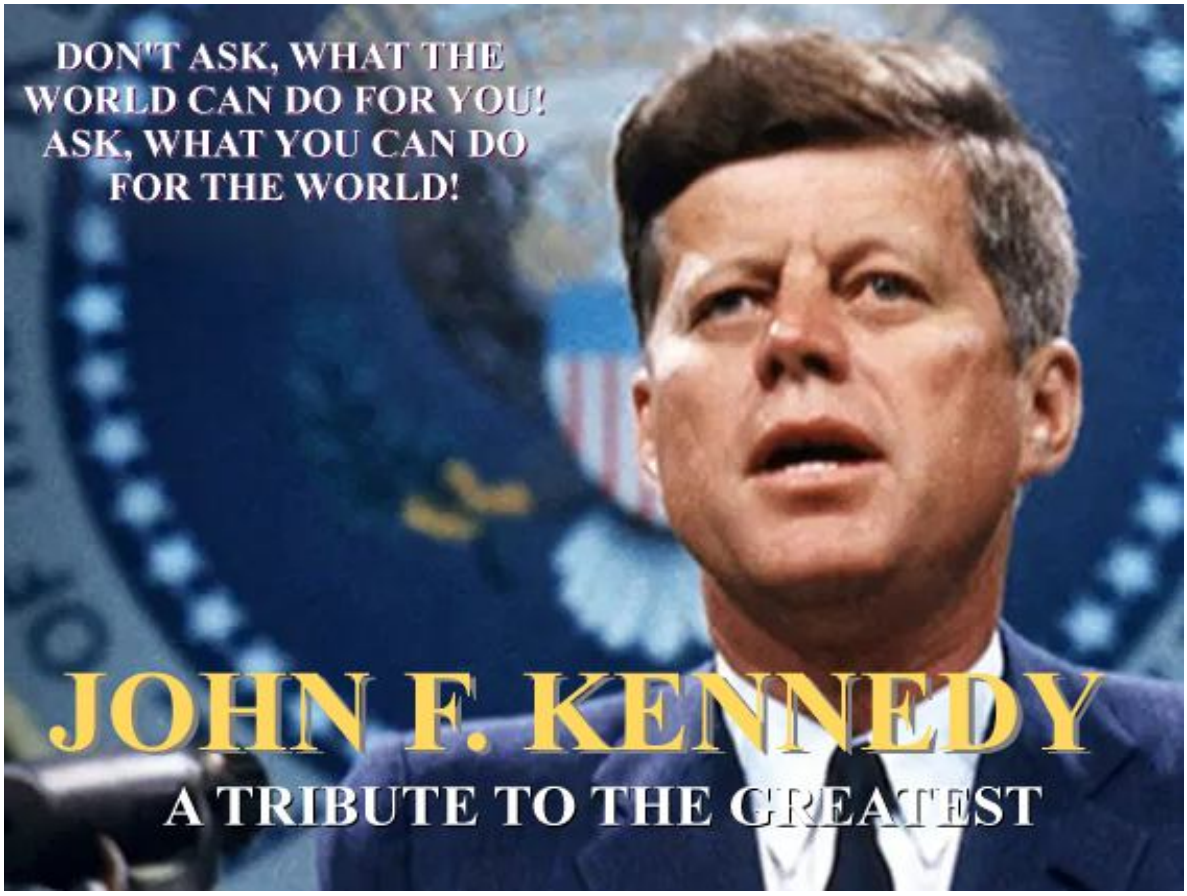


Mother Teresa & Stevie Wonder 216 217



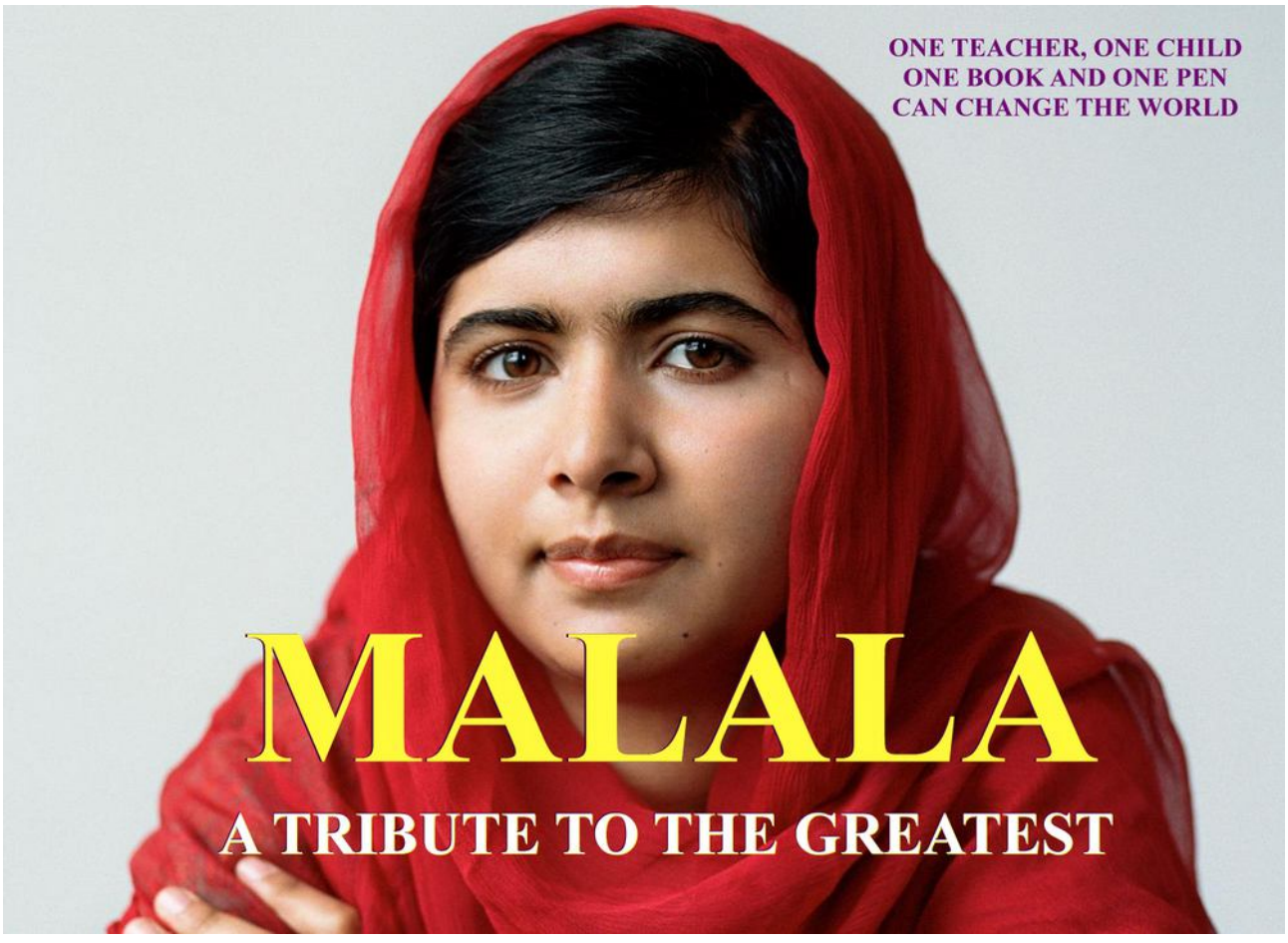


Martin Luther King & John F. Kennedy 218 219





Greta Thunberg & Malala **220 221**





Worldmover – blinks of history 222

God or the universe or fate or nature or whatever you want to call it is not there to hinder, hurt, judge or insult you.

It's there to let you grow, build, and keep getting better!

You learn with every step! Learn your job and your mission.

If something bad happens to you that makes you doubt, go back, become aware of the situation and learn your task until end!



Coincidence 223

Meditation, prayer, contemplation, chanting, ecstasy, sufidance of the dervishes, shamanic tradition, mysticism, inner dream journey, yoga, aboriginal dreamhikes, tai chi, qigong or whatever you want to call it or what you practice, has only one thing in purpose and always the same sense!

All around the world!

That you synchronize yourself with the Most High, with God, the universe, fate, nature, the great spirit or whatever you want to call it, and to become ONE.

That the she/it/he becomes you and the you becomes she/he/it!

This supreme power is a living, feeling and reacting real existence that lives and works in you and in everything and is completely independent of any material and physical existence.

Because before the locally-now world existed in its physical truth, there was already the law! Right from the start, all material elements and music knew exactly how to sort and organize themselves into suns, galaxies and jubilant sounds.

Nothing is a coincidence!

Just as everything made sense and still is today!

From the beginning to all eternity!

Regardless of skin color, religion and nationality,the humans have nothing to do with it! At some point it came out of the primordial will of infinity as the smallest cell and became living light and consciousness.

Music is his/her/its most elementary language and he/she/it can be thankful for everything.

*God wanted the **YOU** because he/she/ it is love by itself.*
The highest and most irresistible of all energies, the love creates and forms what it loves. It works in everything!

It is creative and consists of endless, powerful phantasy with joy, kindness, patience and order!

That's the way it is!



Gods own 224



You can search wherever you want: There is no place where no world is. Everything remains in God!

There is nothing, what is not Gods own!

Be prepared 225

Be prepared every day! You never know when the day will come! The day your promise is fulfilled! Where everything comes true. This day should not see you in misery!



DNA of the Universe 226

You inherited everything!

You have two eyes? Your Grandfather 200 years ago had two eyes also. You have hands and teeth? Your grandmother 300 years ago had hands and teeth also! Why does your body knows?

It is all written in the DNA. Your laughter, your blood, your goals and your will to survive!

Don't take yourself too seriously! Be helpful and cherish your life and feelings! Be the green gras in the meadow and the clear water in the soil! Be the true mirror, in which others can see their own smile clearly!

If you do that right, your live is full! Full of destiny, full of values, fully noble - full of anything good.

Let God, nature, the universe, fate, the great spirit or whatever you might call it, space for action with pleasure! Be humble, laugh and take yourself back a bit sometimes and see and wonder how much works on its own!

Simply so...



The way to friendship 227

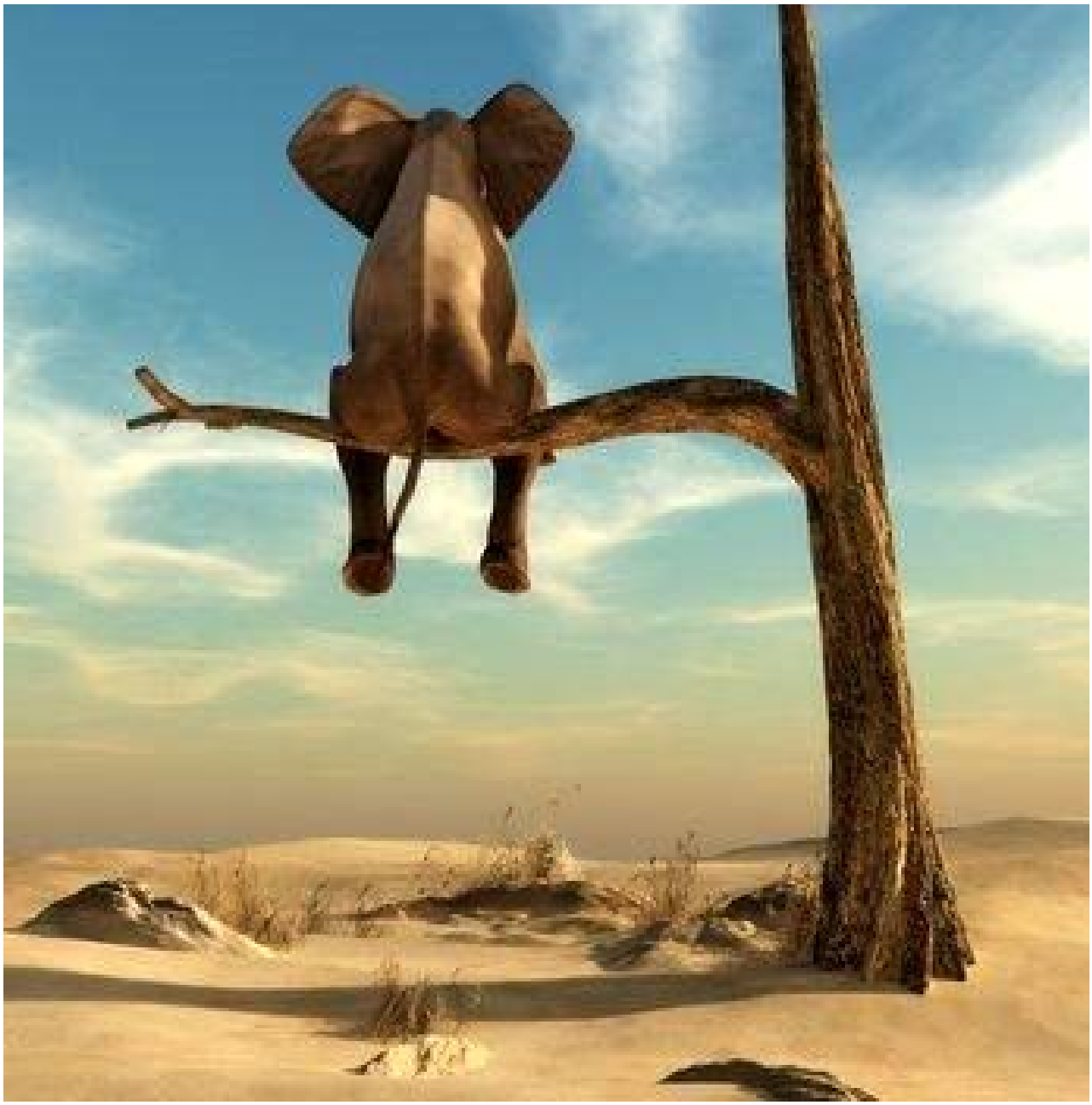
Don't let anything tell you! It is not a good thing that you are far from your loved ones. It may be okay for a short time, but it makes you sad in the long run.

Maybe your employer or someone else says you have to be "reasonable" and wants to make you think that a mature person can also be good alone! That may be sometimes ... but only if your heart says it and you need it to mature!

Otherwise, always go straight where your heart wants to! Only the near of love and friendship will really make you strong!



Enjoy like a young dog! 228



Best remedies 229

The best remedy against fear, blockades and negative believes :

love, joy and trust...



Life after birth? 230

Two embryos in the womb - is there life after birth?

Two embryos are talking in the belly of the expectant mother. One of them a little skeptic, the other full of trust and faith.

The little skeptic asks: "And do you really believe in life after birth?"

The little believer says: "Of course, yes. For me it is completely clear that life after birth exists. Our life here only serves our growth so that we can prepare for life after birth. So that we are strong enough for what awaits us there. "

The little skeptic is angry: "This is stupid stuff! There is no life after birth. What should such a life look like? "

The little believer: "I don't know either. But it will surely be a lot more light than here. And maybe we'll even run and eat with our mouths! "

The skeptic dismisses: "Total nonsense! There is no running at all. And eating with your mouth is really a completely ridiculous idea - we have the umbilical cord that feeds us! For this reason, life after birth is completely impossible: the umbilical cord is much too short! "

The Little Believer is unwavered: "It is certainly possible. Everything is just a little different from what we are used to here."

The skeptic is slowly losing patience with so much naivety:" Nobody, really nobody came back after the birth! See it: birth is simply the end of life. Full stop!

And anyway: you and your dreambuildings! Life is a big worry in the dark and that's it! "

The little believer may not agree: "I admit, I don't know exactly what life will look like after birth ... but in any case we will finally see the mother and she will take care of us!"

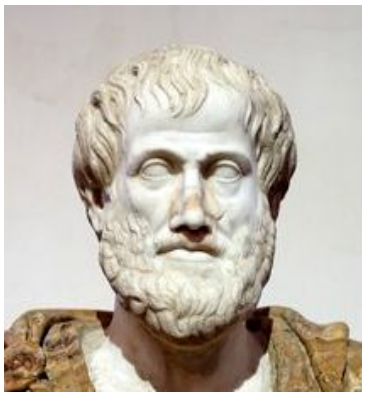
The skeptic rolls his eyes: "Mother!? Do you believe in mother? Ridiculous! Where should she be? "

The little believer makes a big gesture: "She is here! All around us. We live in and through her. We cannot exist without her! "

The skeptic can't believe it: "Gosh, that's really the top of stupidity. Anyway, I can't see your mother! Not even a bit of her - it is completely obvious that she doesn't exist! "

The little believer shakes his head and closes his eyes: "Sometimes when we are very quiet, I hear her sing. Or caresses our world. I feel and firmly believe that giving birth is a new big start! "

Czech original by Míla Rejlková, translation and editing by David Rotter



There is nothing unequal as the equal treatment of unequals. (Aristotle)

I simply care 231

For me nothing is the same or simply equal!

I have the need and the purpose to make me deep thoughts about everything!

The world is in me and so I am in the world!



The irresistible power of the woman! 232

Some women just have to snap their fingers and at once the wildest and mightiest guys lie calm and decent down at their feet!

Not everything, but much of it you can learn!



The irresistible power of the man! 233

Some men just have to snap their fingers and at once the most amazing and georgous women lie calm and decent down at their feet!

Not everything, but much of it you can learn!



Reliable changing 234

Many don't seem to have really understood the change-effect yet!

It's NOT about doing everything the same way it used to!
This is a blatant lack of imagination!

We need NEW ideas !! And they have to be GOOD!!



Don't forget to forgive! 235

There is no sense in punishing someone for years for a relatively minor offense, out of stubbornness and injured pride. Every prison needs a busy keeper!

That makes you unfree!

So, forgiveness means doing something good for yourself and being free to laugh together again!



IQ Booster 236

You cannot delegate and "scale" performance, intelligence and ability at will! You will always be a slave to your work. The more decent and honest, the more!

You simply cannot replace a brilliant developer or author or consultant or entrepreneur with 100 "normal" ones! Not even with thousand!

Automated systems can only be installed if the "product" can be explained and written down logically and there is „virtually“ no need for any kind of manual work.

Who can generate printable manuals from the stand or "pour" his/her knowledge into a software that can be easily masscopied. Far the most of all, with complete certainty guaranteed not!

Everything else is eyewash and money-tailoring!!

Don't let them tell you any crap!

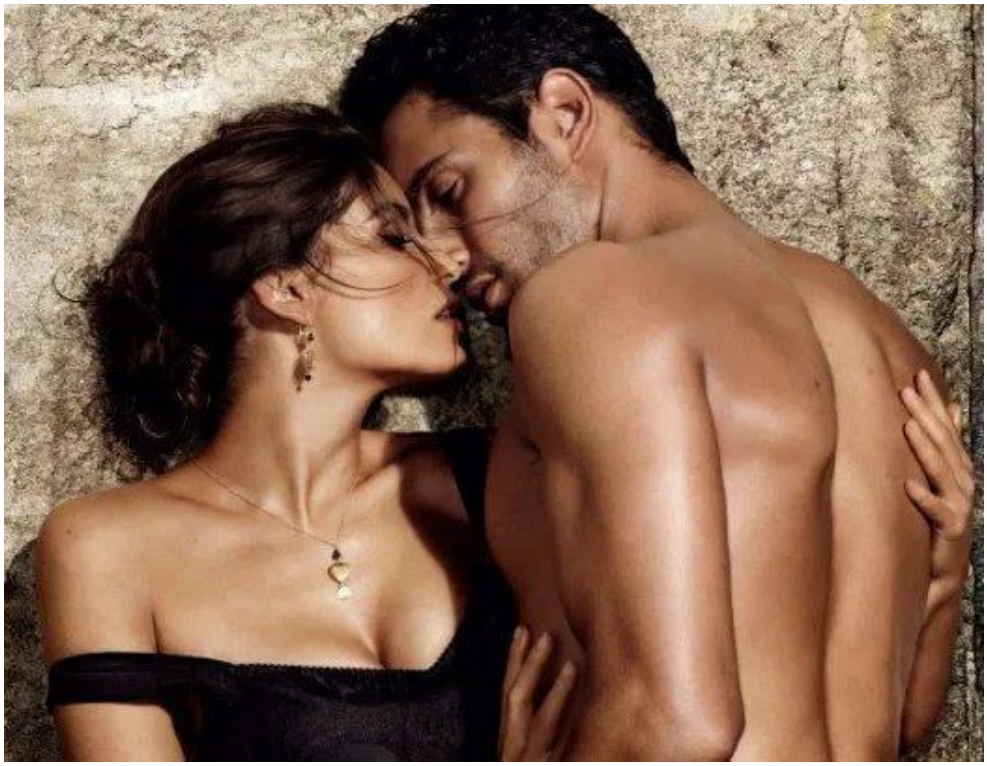
The "cleverdick-scaleable-manual printer" and the "everyone-can-immediately-do-any-software-by-himself" should stay among themselves!

For the vast majority, this has NOTHING to do with the living reality that can be applied and is useful for the individual.

Full stop!

Anyone who disagrees should step forward and prove the opposite in public! There will be no one who makes this bet because he knows from the start that he would fail miserably and embarrassingly !!

With great pleasure I am always available as an objective examiner ;O)



It is really hard to keep concentration, when seduction is all around you and you can't switsh it off.



Sorry, I am a programmer! *238*

My business as well as my job is NOT always an endless joy! Sometimes it's frankly and simply stress, because others don't have a glance of what I am doing, but so very much people nevertheless are convinced to know such a lot about it, though!

I have to explain so often so much and they still don't know anything. Not seldom it is absolutely ***NOT funny****!*

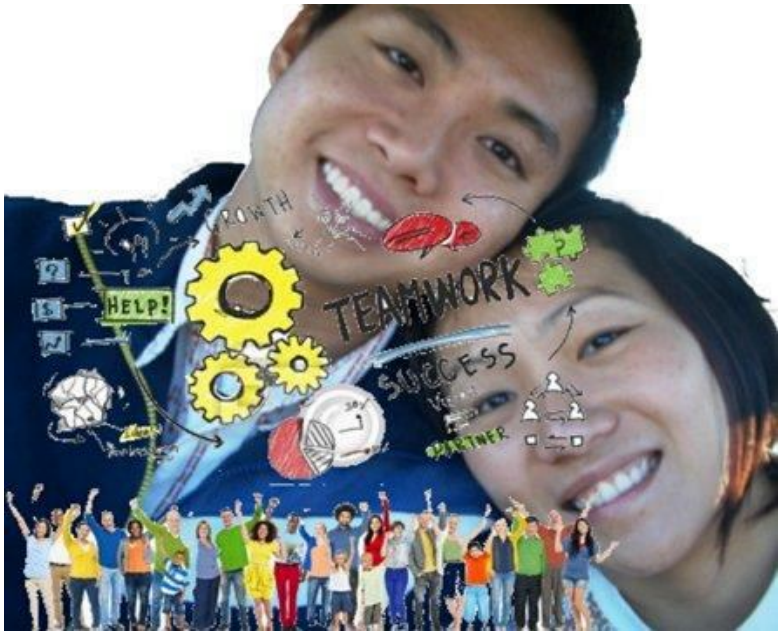


If you (so-to-say „digitally“) walk with a small kid near a busy street, you must be permanently aware, that the kid does not run on the streets without any look.

As a matured "digital" person you are responsible for the "kids"!

I think, real masses of "normal" people do naivly still not know a bit, what I am talking about! But the programmers are knowing and will agree about my opinion intensively ;O))

That is part of a really huge challenging „problem“ ;O) !!



Teamwards 239

Teamplayers like to be useful.

They make concessions and compromises out of sheer conviction. They enjoy the common sense.

As well as shared successes and well doing and in common jubilation and joy.



Power to the people 240

Be clever and smart - be positively selfish! See the future in you!

Bring with all your passion light, joy, courage, knowledge, peace, love and power to the people. Just don't think, that God, nature, the universe, the big ghost or how ever you might name it, wants to take anything away from you!

On the contrary! Everything you give joyfully, will come tenfolded back to you!



Sharper than a knife *241*

You don't have to have the diamond in you!!

You ARE the diamond!!

Your mind is sharper than a knife, harder than steel and stone, you can move a mountain - you are more valuable than anything and you are so beautiful!

You found electricity, you have made the computers and the wheel, spaceships and TV, paintings and sculptures!

Who will compare to you??!!



Fight the boring 242

Who have no zest, cannot do or contribute anything with enthusiasm.

Everything without enthusiasm is boring!

You have to have enthusiasm! For success, future, attitude and performance! There must be a "fire burning" somewhere !!

If someone does not contribute or "does nothing" for an issue, he or she lacks the enthusiasm for it!

For becoming more enthusiastic, act enthusiasticly!

You can learn it!

Enthusiasm FOR something is the core!



Exclusive truth 243

Every truth you see in others, has to fit for yourself as well!

If truth does not fit for you the same way, it is not the truth, but simply just reality or a banal subjective opinion!



Soil 244

The woman comes out of the soil and the man comes out of the soil!

The soil is our mother!

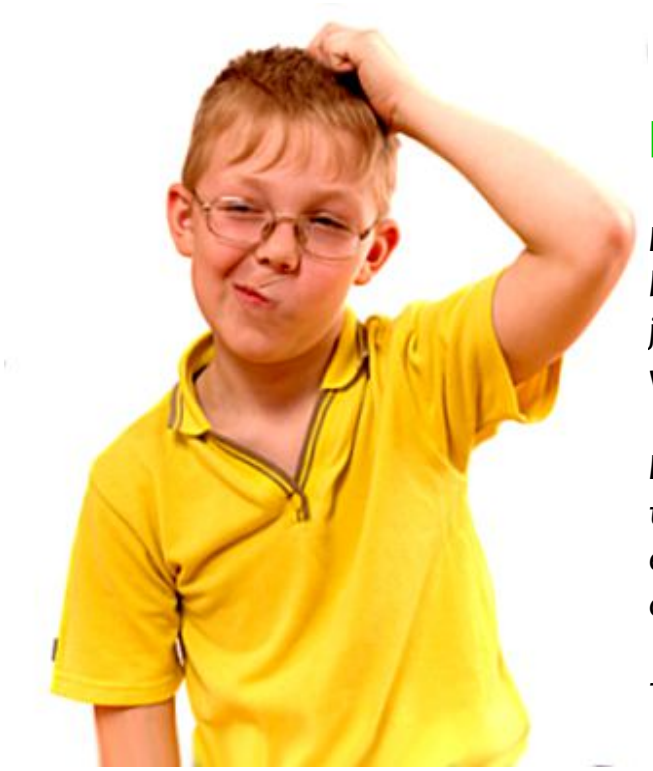
The woman is the human soil and the man is the human seed to put it into the human soil.



Unblind 245

There are quite a few people who do not understand that they are mentally or spiritually blind because it is the only world they know.

The sighted should not let to be talked into, that they are blind either!



Entrepreneur 246

How many years does a person have to learn and study and train to get a good job that feeds him and his family the whole life until retirement!

How much more do you need to learn, train and know to be a successful entrepreneur who wants to earn double or x-times as much!

THINK !!

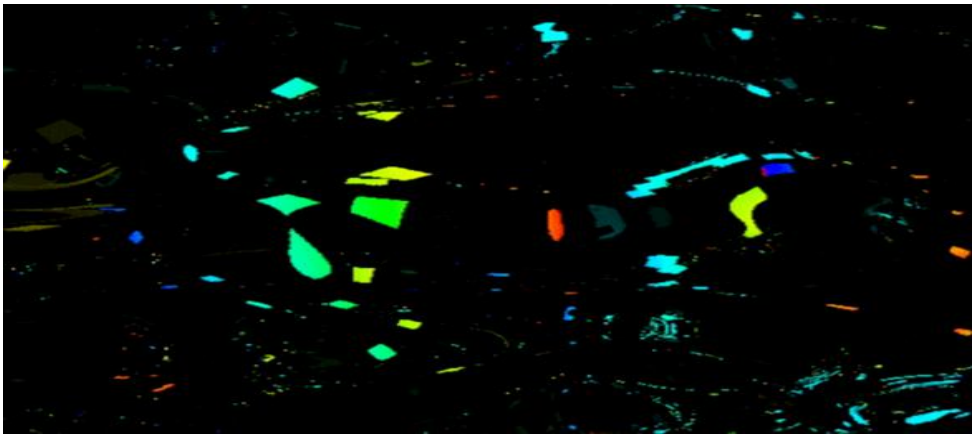


Really dearly 247

If someone wants something really dearly, then he/she does it!

And if it can't be done immediately than he/she comes up with something!

If someone does not do something, then he doesn't really want it dearly!



Quantumphysics 248

sometimes it is very tensional, to be a none!

As soon as we move, everything changes.
It makes a giant difference when you watch someone and he/she/it doesn't notice, or when he/she/it notice and then react to you!

With every action you change the world! Nothing is like before!

So, the less you bring yourself into play, the more you see truth! The more you "virtually" take movement out of the world, the more you will watch truth! But vice versa works nearly also even though.

"koyaanisqatsi": ***youtube.com/watch?v=1jM2WA2WbDc***
youtube.com/watch?v=nJkynWTZjdk
youtube.com/watch?v=dNzH59-juFM
youtube.com/watch?v=OacVy8_nJio

What is actually a being doing, if he/she/it is all alone and feels fully unobserved?



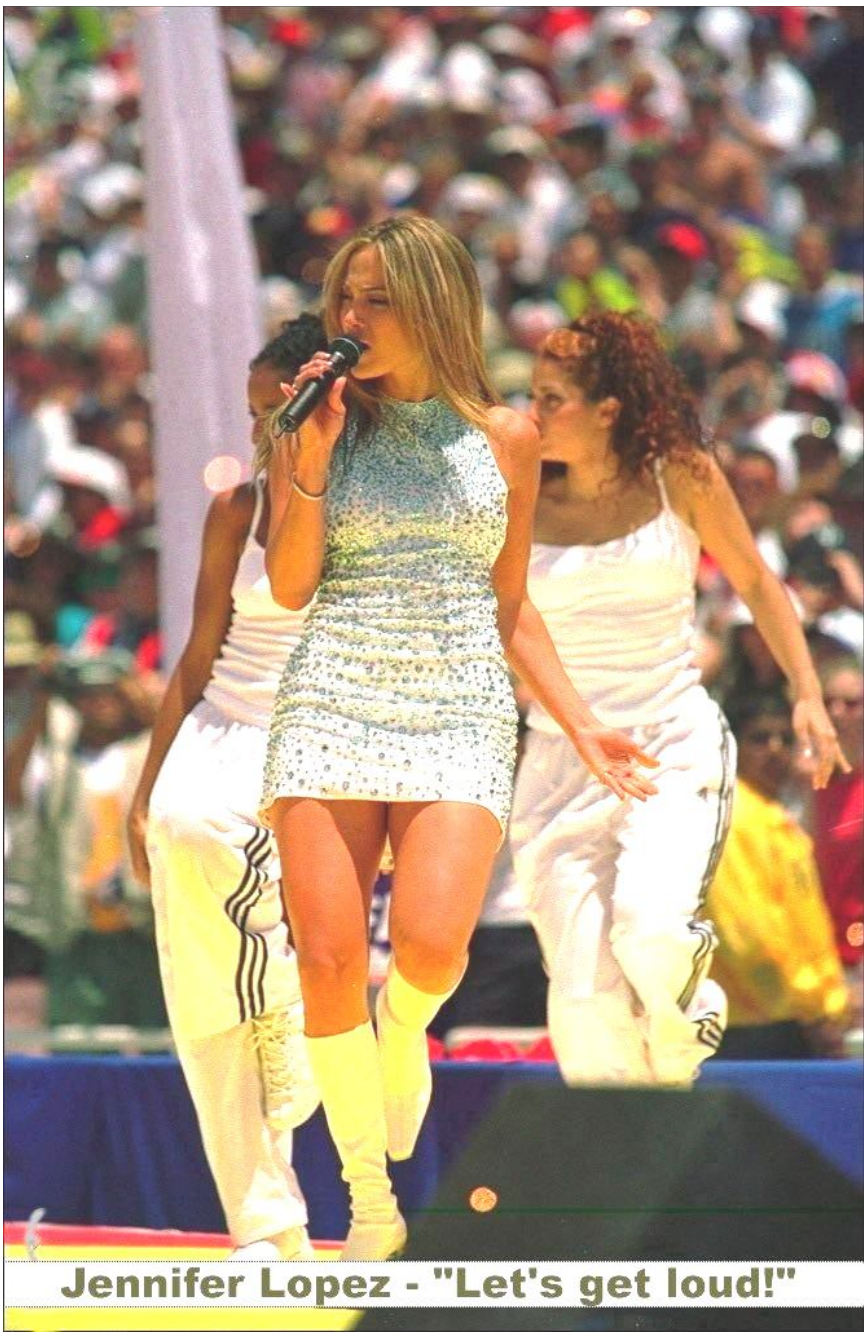
Motherlove **249**

It makes no sense to blame a child when the mother is present!

All loving people, and especially mothers, will find 1000 excuses and explanations for their child!

If you need a bitter enemy, then insult (of course only "thought") a child in the presence of the mother! She'll defend it like a wild lioness!

AND THAT'S GOOD THE WAY IT IS!!



Get loud! **250**

In the most positive and sympathetic sense, uninhibited and charming cheeky. Get public! Throw away all fears and deadlocks and show what you can.

If you are a loving person, you will not seriously harm anyone. And those who might feel "bothered" will quickly forgive you!

Those who have something important to say and/or to share will already know who I mean! ;O)



Brave ones 251

Hope and the future are not waiting for you. It just goes on!

But it turns around every now and then to see if you're there!

Only the brave, the hoping and the active have the real future!

He simply makes the future for himself!



Make sense 252

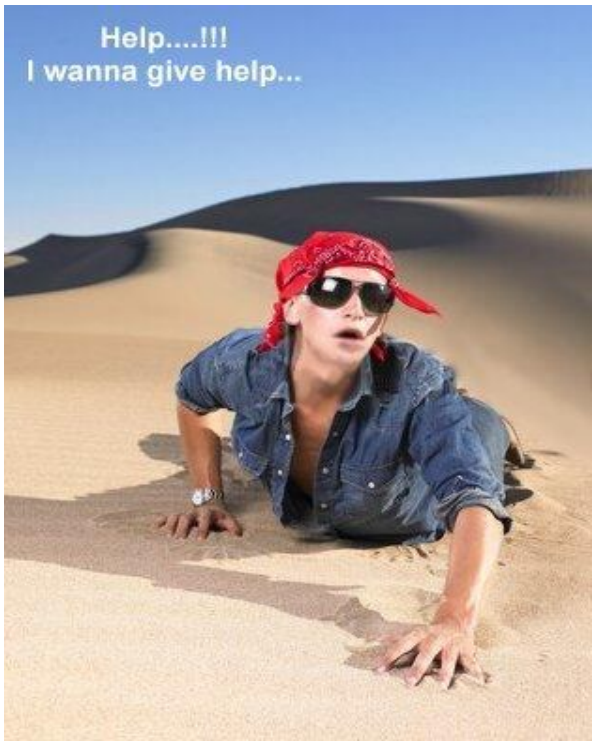
I don't want to "fizzle out" senselessly in eternity!

I want to "MAKE" sense!



Ocean of drops 253

The sum of many trillions of single drops become an ocean one day!



Help 254

For some areas in the world:

And when you only still can creep by lots of pressure, then creep, but help while creeping!



Climate Crisis 255

We can't "affort" ignorance and lovelessness forever.

With ignorance and lovelessness at some point the world will break!



Roots 256

There is no consciousness without movement!!



Sneaky tricks 257

Need is hunger! Every person (and every being) should get what he/she really "NEEDS"!

If he/she doesn't get what he/she actually needs(!), his/her mind and soul and so the inner attention will roam hungry and restless to satisfy the "addiction" (addiction comes from "addition")!

Then he/she cannot concentrate on the real and essential and will face many failures!

The thirsty in the desert has only senses for the water! The longer he/she searches, the more he/she loses consciousness of what is really "important".

Love!

Keeping people hungry in any kind is the most sneaky trick!



Mirror, mirror on the wall **258**

Eyes cannot see themselves!

Only in the mirror! And everything there is reversed!

Nobody can judge themselves correctly, so be a good, clear an whole mirror for others!



Chain reaction

259

Ignite your own big bang! Be your own spark!

Get so hot and burning that this spark ignites your powder and triggers your own chain reaction!

Have insight into the absolute necessity of your doings!



Released 260

What would you think of a ship crew about 300 years ago in the middle of the Pacific Ocean that mutinied against their captain and helmsman and released them both on a desert island, without knowing how to operate a sextant and how to steer a ship?



Neverland 261

Leading through change means mainly leading through nowhere! No one knows a certain place, a calm rest, a secure night! No income, no help, no experienced leader and even no shelter.

Sometimes it seems like a long wagontrain in the wild western US-times 200 years ago!

What is to do?

Stick your brains together, select a GOOD leader, keep hope and stay disciplined and trust your leading team in a common sense.

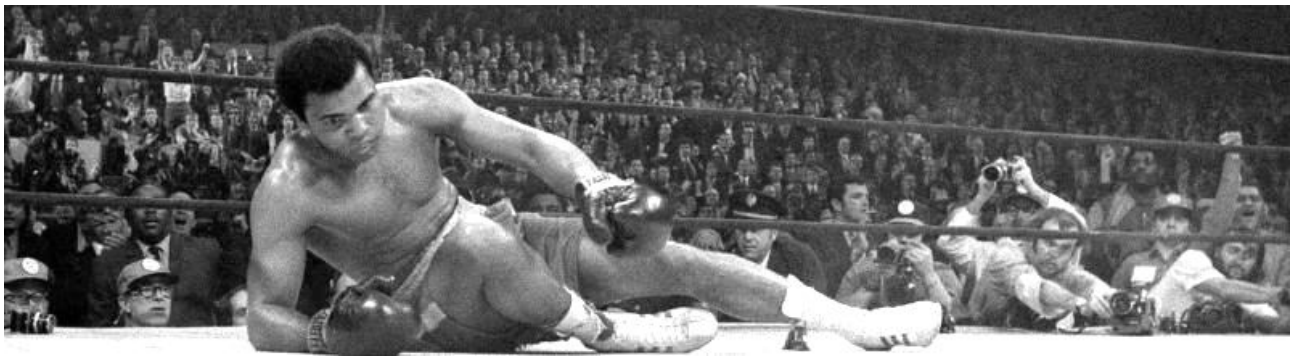
No one can know everything but all together they can know and handle quite a big lot . True leaders are meant and made for these problems!

Come on true leaders - let's see you!



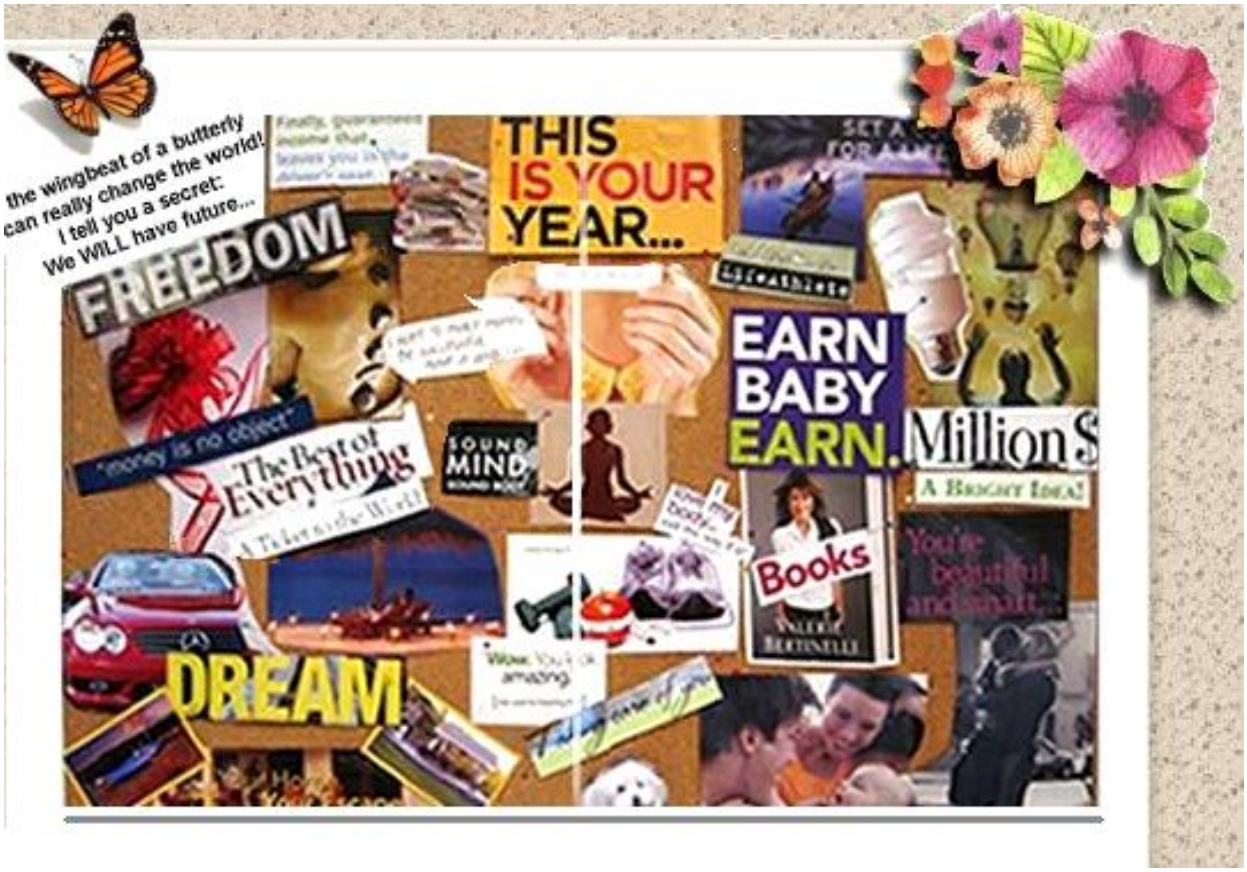
Always something good 262

With all bad wounds, pains and hurts, our recent problems even have something good! In the end we will be able to clearly recognize who belongs to the really good!



I'll be back 263

Recognize your mistakes, shake them off, correct them and stand up again, ready to fight! Even Ali hit the ground now and then!



Not for nothing 264

You have your thoughts and dreams not for nothing and out of boredom.

Dreams are visualizations from your deepest soul.

The more intensely you dream your dreams and the more clearly and consciously you think your thoughts, the closer the fulfillment and the probability that they can come true!

There is no guarantee of fulfillment, but there is a guarantee that the likelihood increases with each of your good thoughts! The rest depends on your perseverance, your good faith and your iron will!

African wisdom:

„Turn your face towards the sun, then the shadows will fall behind you!„



Don't break... 265

Don't discuss with people who clearly have no idea of your items or who really don't want to know anything, but only maintain their worn prejudices!

You have better things to do!

Don't let anyone stop you! They go their way, you go your way!

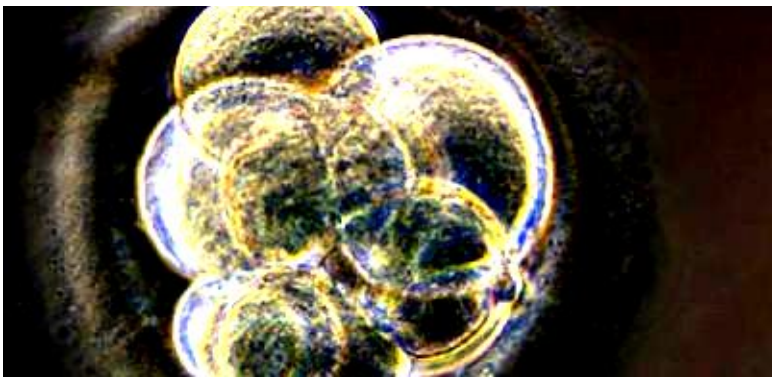
If someone is seriously interested in you and in your subject, he/she will be awake and attentive and think along with you!

He/she will seriously and concentrated help you, plan his/her future with you and he/she will be true and reliable.



The healer 266

Nature is a real good healer...



Pulse 267

Did you know that your heart is not a large muscle! But that each separate heart cell contracts individually in a common rhythm like a ballet?

Bloodless heart tissue that is grown in a Petri dish with nutrient solution twitches independently approx. 65 times a minute without being supplied with blood!



Fury 268

The fury comes from your own selfdoubtness and is so your hardest opponent! It means desperation and fear and as soon an experienced opponent sees your anger, he knows it! Fighters with a weak selfesteem are feeling anger!

1. *Know your own strength*
2. *know the strength of your enemy*
3. *know the weakness of your enemy*
4. *know your own weakness*
5. *take a deep calm breath and … try hard to find a good compomise out of your very inner power!*

And only if there is no other way

… then fight with all your determination!

That's nature…



Public counts 269

There seem to be much people who think they are unimportant and have no effects!

That is wrong!! It depends on everyone!

Attend to that what is important for you and let the people who are fighting your fight know that you are with them.

Otherwise some might feel misunderstood and lonely and some might lose their enthusiasm to fight for you!

Worldwide we are in a tough and serious fight and nevertheless there is so much silence around us!

The crowd has to cheer their team. Shout out loud and be noticeable!



Where is the difference? 270



Throughview 271

Communication isn't everything! There is something else!

Where else does the saying come from: „Speech is silver, silence is golden!“

Why are there hermits and prayer orders? In a "certain", as yet imperfect, level of consciousness, people need communication (commune = community) like the air to breathe or like a mirror for knowledge.

But when I have achieved a "certain" degree of becoming conscious (enlightenment), the external "chatter" disturbs! From a certain "degree of maturity", people rest in themselves and their faith and beliefs!

Communication is only needed by those who "don't yet know enough" about the world and people and who cannot get on well alone with her or his self ...

As soon as you know enough, you just act and consistently apply your clear findings!

You then "know" what to do and no longer need advice!



Unity 272

People believe so many different things. The Christian believes in the resurrection of JESUS and in heaven. The Muslims and Jews also believe in heaven. The Hindus believe in the eternal cycle of reincarnation, the Native Americans believe in Manitou and the eternal hunting grounds, and the Budhists in Nirvana.

But whatever you believe, it assumes that the eternal spirit and soul live on in another world.

Whereby nirvana actually represents the absolute end point of all "bondage". Even the bondage of the soul to existence of any kind. Nirvana is the absolute NOT-BEING of everything that is somehow thinkable, tangible and dreamable and for the Buddhists the liberation from all "obligation", bondage and rebirth. And the finite total freedom of the soul in the infinite space of the universe.

All of this is actually not really important in the struggle of daily life for coming through, since for ordinary people the physical current life has its own tough conditions!

The great sages and holy men can do strange things that can be very confusing and frightening at times, and that hint at a glimmer of the "other world". But what really matters is what we make of it here and now to lve our life!.

What makes us capable of decisive action?

All "normal" people around the world (in principle regardless of religion) are always busy with the same things: How do I get through THIS life and through the next day or the next year?

And all religions and philosophies and sciences are ultimately only concerned with how we can cope with our fears, confusions and worries and lose them if possible.

And with all this, friendship, love and mutual help in affection, happiness and zest for life help us the most!

That we feel responsible for each other and make each other's life easier and safer.

Under every suit, every armor, every habit and every dress there is always the same thing: the small, vulnerable human person!

That's the truth!

No matter what the individual wise men and priests have learned by heart in their religions, the crucial factor is healthy human intuition, which defies all logic and all know-it-all!

One rectifies the picture as soon as one declares the possibility and ability of intuition itself to be logic. But in order to remain capable of acting and making decisions, what is visible and tangible is quickly named logic! But the belief in a world outside of visible light and its reflections persists!

It is important to find the universal, which - regardless of any religion - applies equally to all people: namely common sense, lust for life, reason, truth, laughter, love for family and nature and the instinct for self-preservation and conservation-instinct !

Everything is always about one thing:

ABOUT US PEOPLE

and our survival as a whole! Of humanity!

So that we have a future!

And if we've done all that propperly, no death can ever frighten us! Because we are well prepared! As well as we ever can and - either way - no sin or karma will then keep us apart from the best possible results of our doings!



THE INCREDIBLE MIGHT OF NATURE!

... (think and feel!!!) ...

How small we are!

But at the same time how big and strong and smart: WE HAVE THE BOAT (and the weapons and armour and the atombombs and the books and mobilephones and spaceships and quantumcomputers and this potentially infinite brain and and and... And simultaneously the whole earth in our tiny hands)!

... AND THEREFORE: WE ALONE HAVE THE WHOLE RESPONSIBILITY!

DO LOVE THIS PLANET AND ITS CREATURES! ...

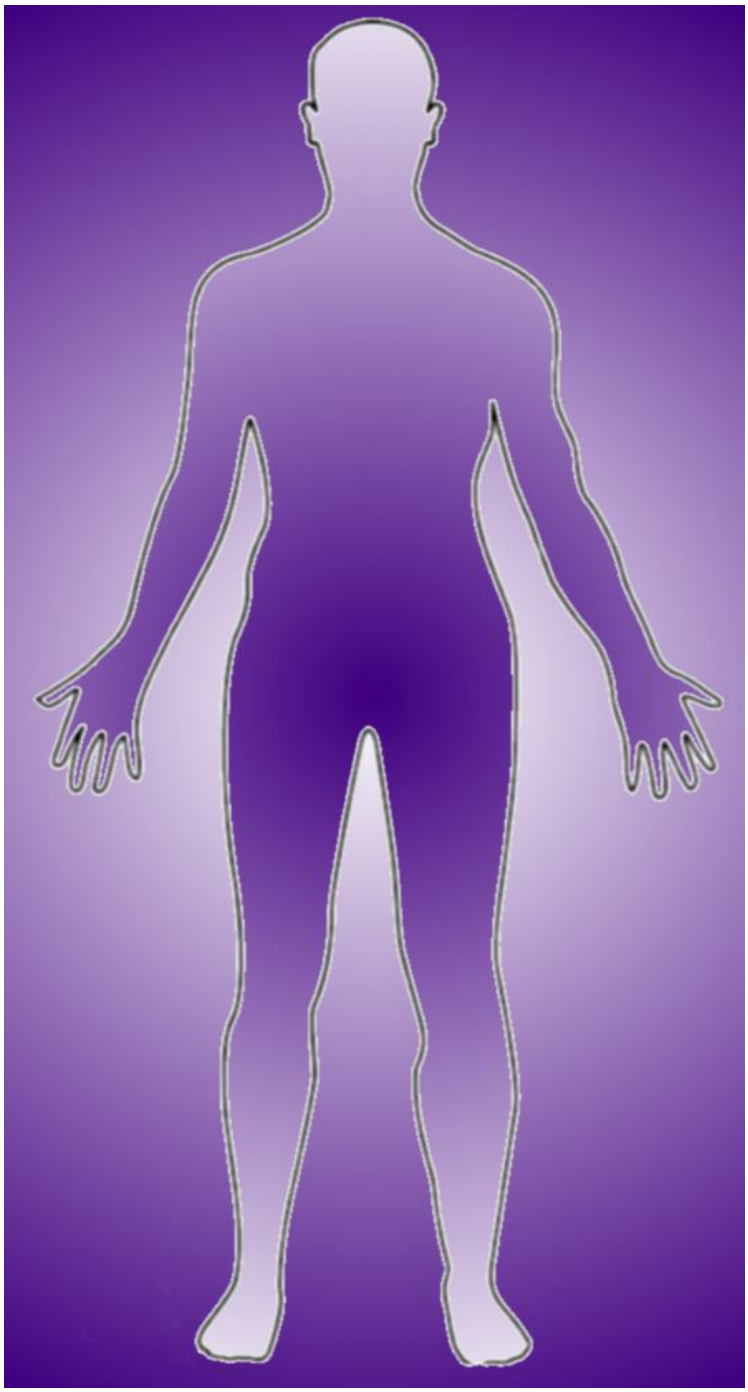
HOW BIG THEY ARE ...

NO ONE CAN LIVE WITHOUT LIFE!



Don't paint it black! 274

How sad the world would be if the grass, the leaves on the trees and the flowers were black! Cheer the colors!



Bosonality 275

We are just reflections of light. That is reality - that is, what affects us!

In truth, however, we (and actually all matter) are completely transparent.

Imagine a pea at the top of the grandstand of a full-size football stadium and an orange on the kick-off point in the middle of the pitch. That is roughly the relation of the real physical components of an atom. And we consist exclusively of such!

In between there is actually NOTHING!

The fact that we can still see something is due to the relatively poor ability of the human eye to provide high resolution for something like a quantum-technical "magnifying glass". The "inertia" of our physical matter and also the so-called "Higgs boson" ensure that the light is refracted or reflected on an atom.

If there were devices that could "see through" the nuclear binding forces and the Higgs boson, we would actually be as transparent as glass!

Strange but true!



Prayer 276

Some people think that praying has something to do with expectations! Anyone who prays as if he wants to make a profit or gain from it has not understood something correctly!

In essence, the basis of a fruitful prayer is absolute trust! Trust in the real presence of God, the very highest being, the great spirit or whatever you like to call it, and complete deep trust in the undoubted correctness of his decisions!

Prayer is a conversation! To convert means here to swap and to exchange!

In the most direct sense of the word! The prayer speaks to God and asks him for insight and help for his life and for his own. But always devotadly under the premise that HIS WILL happens anyway!

Then something very strange and amazing happens!

The more you "synchronize" with God, the smoother your communication will be. And thoughts and conclusions arise in your mind that obviously do not originate from yourself! You have never been so smart and wise to think something so beautiful and perfect! And you have no memories from your life of such wonderful thoughts. You then simply "KNOW" that this thought does not come from you. It's just too perfect and also fits perfectly into your personal context!

When that happens, then you have completely aligned your inner being with this highest energy and the smallest cell in you then corresponds with God and the universe and thus becomes ONE. Because the greatest is then in the smallest and vice versa and the core of your self then vibrates the same and harmoniously with the wisest and purest insights and feelings!

Proper prayer is ecstasy and devotion without reservation!

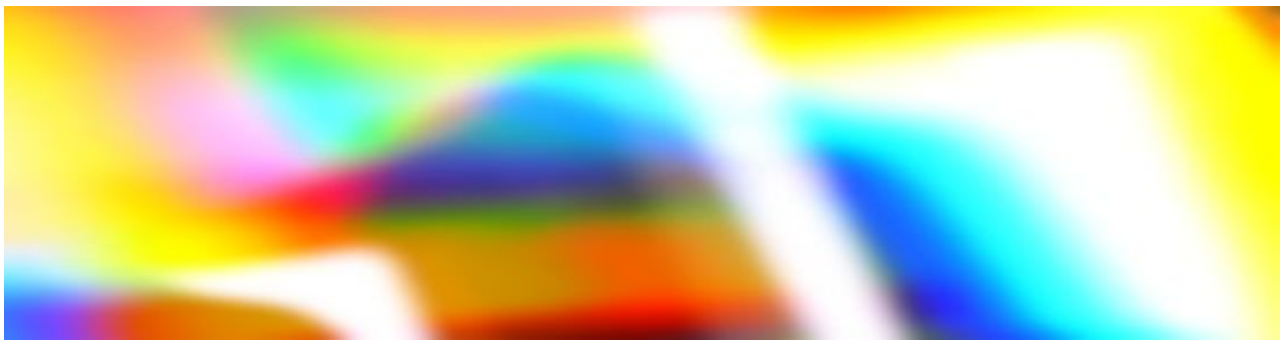
You are then no longer really with yourself, but in a cosmos of infinite clarity, depth and insight into even the oldest secrets.



Idols 277

Be aware of the greatest idols of your greatest idols!

There somewhat exists like a DNA of joy and success!



Lightbeings 278

We are really made of light!

You can only bend a light beam by influencing it by gravity and magnetics or by trapping it in a sheath (glass fiber). Or you can stop it with compact objects.

Otherwise light cannot really be changed or hindered!

Just like us humans ... either through gravity on the bottom or through a prison such like an enclosed space, through insurmountable boundaries or through a calculated lack of freedom or substance, such as jobs and denied opportunities for advancement or simple by violence.

Otherwise we also expand unhindered in the open space and mix uninhibitedly with other light.



Strive 279

The pressure of needs feels much more effective when you hunger for that what you need!

That is so with eat, drink, hugs, sex, air and so on! It is mostly ruled by hormons. If the hunger is over, the effectivity of the strive is over as well.

Notice the strive for air, when you close your mouth and your nose! As soon you can breath again, the strive is over and mostly also forgotten! ***You notice the value of something when you don't have it anymore!***



Karma 280

Karma means action!

In Eastern thinking, karma is the accumulation of all the effects of your deeds. It's like plus and minus. More plus than minus makes good karma, and more minus than plus makes bad karma. And depending on the total of your karmic "points", you will have more luck or more bad luck in your next life!

There is no karma in the Christian world!

The Christian collects also a kind of good and bad points, but through forgiveness and the authenticity of his/her repentance he/she can delete his/her point account at any time.

So insight and real(!) repentance are the decisive factors!

If the Christian has insight into his bad or even evil actions and deeply regrets them, God will forgive him.

But this is not an easy game at all.

Even if God is happy and generous to forgive, he always keeps a watchful eye on whether the repentant sinner will relapse again! If so, he must regret and repent again.

The penance is a kind of „debt settlement". In real life he has to compensate for the damage (e.g. money or damage to a car, etc.) or make up for mental or emotional damage by doing appropriate good deeds towards the „injured" party (e.g. providing breakfast on the next three Sundays - and of course served with a smile in bed; O)).

This can go on until the sinner has finally gotten rid of his badness and no longer sins!

Most learn relatively quickly and a few, however, never learn!



Leadertypes 281

There are people who like to tell highly complicated things and, before the other person can get a clear picture of the matter, ask "Isn't?" And so they try to get the other person to agree quickly, surprised and unreflected .

Most people are polite and dutifully nod. The cheaky ones so try to put themselves into the position of the opinion leader in the subconscious of the other.

Attention! Before rushing to sign a contract, always take enough time to read the fine print carefully ... ***AND understand it!***



Wellness 282

What do you think of people who preach renunciation and discipline, but always wear different clothes or suits and enthusiastically talk about what a wonderful holiday with a wellness spa they have indulged in again last week?



Source of life 283

It is completely normal to believe in God!

In general, people are much more likely to do this when dealing with spirituality.

Einstein said in a sense that it is actually impossible to deal intensively with physics and not to believe in a Creator!



Intelligence is sharp as a razor blade 284

Notice! Your aware mind and intelligence can be razor sharp and mighty as an earthquake!

Get suspicious the moment someone needs to gather a big following behind them. He/she always needs yes-people because he/she elsewise would feel so lonely and seperated!

Be someone who can get lonely and get uncomplicated along well with that! Who doesn't need any yes-people or salivary-licker!



Perception 285

Do you notice just right now that you have NO pain in your lower lip?
We only notice what is outside of our habits and our allday usual life.

We notice when our nose itches or when the toe hurts at a certain spot, but most of us do not notice how incredibly problem-free our heart beats about 90,000 times a

day or how we daily inhale and exhale about ca. 25.000 times!

Your kidney filters and cleans about 6 to 7 liters of blood per hour and flushes out all harmful substances with your urine!

Cheer and be happily grateful to the Creator that (mostly) everything works perfectly like a super-accurate clockwork! And all of this (mostly) over many decades!

Crazy - huuhhh !!?? Isn't that fantastic?

You are like that too! Every second is timed the same way. Every single one of your hair is exactly in the right position!

All falls in the right place!

As well it is with your life and your fate. A giant plan, the DNA of your life let fall everything in just the right order!



Calm down **286**

Respect the pain and fear! If we did not feel pain and fear (there are indeed such people), then we would unrestrainedly expose ourselves to all dangers, injuries and diseases and would not survive a minute!

So pain and fear save us from being too careless. Respect it for that! Not the exaggerated and painful level of hypochondria or panic, but simply, without undue attention, just the useful and life-sustaining purpose of it !!



No doubters 287

Today we have much more time to doubt, brood and suffer! Today life is absolutely organized.

In the past, people had to go far to the nearest well or river to get a bucket of water. The family needs a lot of buckets a day! So you didn't have time always to brood and suffer!



Same old story 288

Since many many million years there is ever and always the same magic!
A strong male and a pretty female!! ***And everything starts all over again!***



Handle with care 289

Don't treat your child like a Formula 1 car that should or must always work perfectly.

Our goals of more, further, faster, and higher are not genetically anchored in human nature.

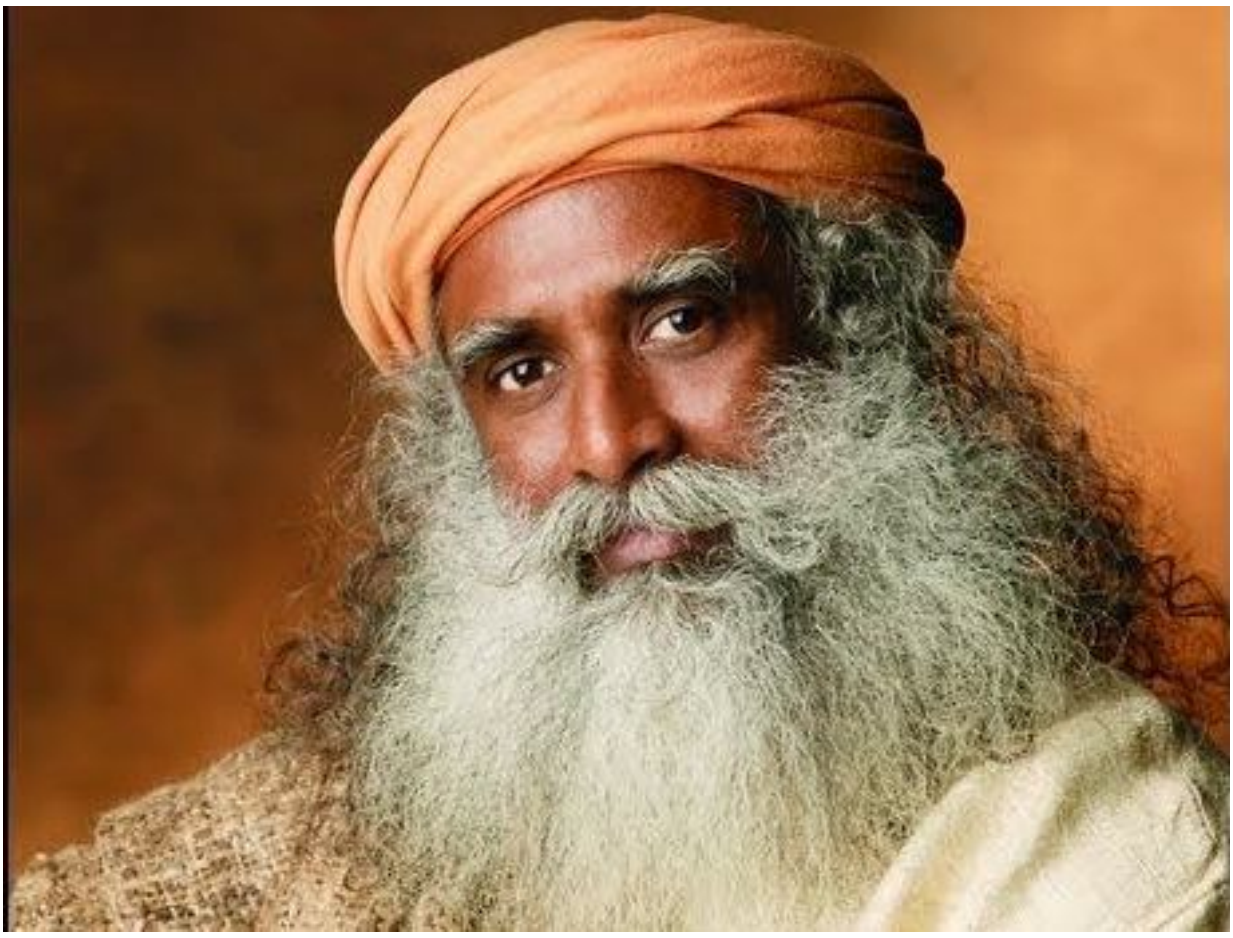
Due to our external transparency such as TV, computers, newspapers, etc., we have permanent information about others and a performance comparison with them.

That makes many parents envious and jealous. Many then want to have such amazing and intelligent children because otherwise they feel disadvantaged in their chances in life and in the life of their kids!

Stress and time pressure are actually alien to children!

If you really love your kids, then you – like a good gardener - give them all the time in the world! ***You can't pull the grass out of the soil!***

To root, to grow, to bloom and to flourish! A happy, carefree and courageous child full of happiness will thank you and bring a lot of joy!



How to fly

290

*I've learned really huge lots of lots from Indian gurus – especially from **Sadhguru**! He is really really a great teacher! A true grandmaster of spirituality! But believe me: it is not just easy for a christian guy to learn from Hindus ;O) But it works...*

For instance: when you are happy, everything is easier and when you are sad, everything becomes heavier!

Even your body.

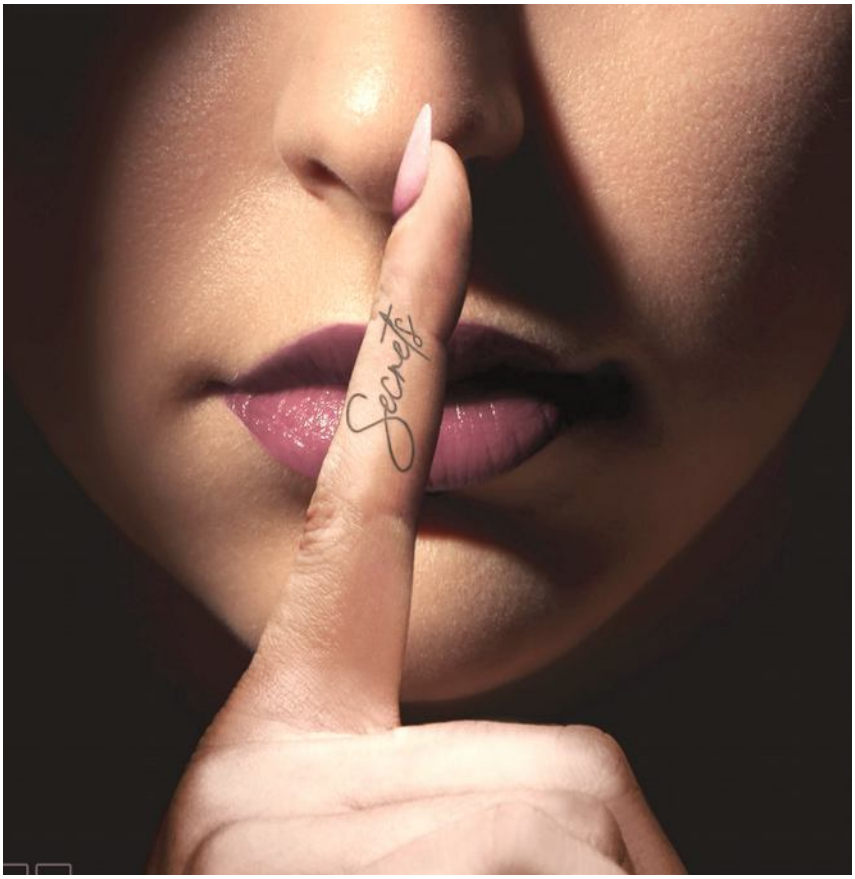
Sadness makes every cell in your body becoming sad and heavy!

It is the other way round with true joy.

All your cells become bright, easy and energetic! Immediately!

So, let's all be happy!

You can't do your own body a better, healthier favor!



Secret carrier 291

In modern times of social networks and multiple chats, you have to be very careful!

A young lady who is well-known had conversations with several partners in a network at the same time.

One of them was probably an intimate friend.

A stupid "coincidence" meant that she mixed up the chat rooms in the hurry and quite clear and plainly images ended up with the wrong recipient.

When she noticed her faux pas, she was afraid that it might result in an extortionl! But it was already too late.

It was all very embarrassing to her and she apologized many times!

According to the motto: "A gentleman enjoys and remains silent!", the false recipient remained confidential.

Only she and this certain secretcarrier now know what they know!



The good ones 292

Some sacrifize their lifes to bring joy and hope to others!
For guitarit's a whole universe of amazing tunes will open up by this:

youtube.com/watch?v=MYrYWQpZ_CA



Get rid 293

Misfortune and all bad things are simply done away with. It is sometimes a little more difficult than initially thought!

BUT: every try it's a bit more banished - we are making progress!



Multipotence 294

Did you know that your body independently produces millions of stem cells every second, which EACH(!) of them can transform into any kind of body cell.

If you have a small scratch, you really don't care! You just assume that this scratch (e.g. on your back) will heal on its own within a few days without you noticing it!

This is because multipotent and as yet unspecified stem cells swim to the wound and there are told by the cells surrounding the wound in which kind of cell it has to transform.

A stem cell there is automatically transformed into a fat- or skin cell or any other type of cell that is currently needed there

Amazing!

Human beings act kind of similarly...

Put an ordinary human into any kind of position! If he/she can't just simply run away, he/she will always try to fulfill his/her duty in that position as good as ever possible – and he/she will try to learn as much as possible about his new obligation!

So we are!



Divide 295

When you have a spoonful of salt and you find three grains of sand in it. Do you then throw the salt all away?

No! You sort out the grains of sand and enjoy the rest!

Otherwise you would have to throw almost everything away because almost everything has small impurities!

And there would be hardly anything left to enjoy!



Not too casesensitive 296

Most of the people haven't noticed anything about sign-cases on the web!

But imagine that you would hardly find a page on the Internet if you didn't meticulously pay attention to upper and lower case.

*"**This sentence**" is not the same as "**this sentence**"! In former times the internet wouldn't find the site if you didn't capitalize "**This**" in the searched address, too! It used to be that way in the beginning and on some solely servers it still is today!*

Fortunately that has been abolished, otherwise the internet would be made for meticulous bean counters only!

Conclusion: Be forgiving and magnanimous! Otherwise we will all get stuck!



Balloonade 297

There is a very interesting experiment:

A professor at a university asked his ca. 200 students to inflate a balloon and each had to write their own name on it. Then the students should throw their balloons into a hallway.

They then had 5 minutes for each student to find their own balloon. After five minutes, not a single one had found their own.

Then they got another 5 minutes! But this time everyone should bring the balloon they found to the person whose name was on it!

After five minutes each student had their own balloon back!

This is very impressive proof of the sense of cooperation. Because: if everyone only thinks of themselves, you won't get very far.

On the other hand: ***if everyone also takes care of the other's "Balloon", everyone will reach their goal much faster!***



Bandwidth 298

Lately everyone has high-frequency Internet wireless or by glass fiber cable and so far has also had good "reception". But Corona gets it to the point!

Many now work from home and many pupils and students learn via video conference on the Internet. And others want to watch TV or Youtube online.

Due to the incomparably massive higher data consumption for video transmission, the Internet is quickly overloaded. Everyone is amazed, they barely are able to work and eagerly wait for a free datarun!

Perhaps it is a good idea if, on the one hand, everyone with an even house number goes online every even hour and everyone with an odd house number goes online at odd hours! This means that half of the Internet hours are lost, but the time can be planned again and you can work properly for at least half of the day.

On the other hand, you can usually minimize the frame rate without losing a lot of information. It is important that the sound remains intelligible!



Good news for you 299

Deep relaxation is healthy! Bath in wealth! Breathe health into every cell...

Illness almost always comes from an inwardly dejected attitude. You could also call it a kind of "cramping." Free, open beings who do not submit to external pressure are much less likely to be ill. Medical examinations do commit it!

Be sure that you too can create this relaxation! It is really easy!

To prove this, sit down quietly, breathe calmly through your nose a few times and then feel, without hectic, how the air flows through your nose and you breathe it out again, completely relaxed and without pressure!

Then your breathing reflex lingers for a short moment at the lowest point of the exhalation and everything starts all over again. Approx. 12 to 15 times per minute. You don't have to do anything for it! It is an unconditional life reflex of your body. Even if you are unconscious and stunned!

You can even say "It breathes!"

Now try to gradually - without any stress and compulsion - calm your breath and lower the frequency. Let's say 10 breaths per minute! So one breath every 5 to 6 seconds.

Attentive beings will already feel a little warmth in their bodies. A cozy warm feeling flows through your body! It also feels a little heavier than before!

It's completely natural and healthy! It is due to the increasing relaxation of your cells. So your muscle cells too! The muscles no longer need so much counter pressure against gravity.

Do not worry! It's all very healthy!

This simple process alone relaxes all of your cells and thereby your mind!

If you now feel into your breath, you will notice how the absorbed oxygen is distributed through your veins throughout your body. More experienced "relaxers" could now begin to meditate or pray, consciously direct the warm breath "into an organ" or even influence themselves with so-called "affirmations"! Some can even use it to hypnotize themselves and gain unsuspected – and even sometimes new - skills.

After a relatively short time, most people will feel now a deep sense of peace and quiet - and even joy!

After this calm and peaceful state, the conscious mind begins to „look around" and orientate itself in the new "environment". You can now focus on things much more easily and clearer.

This natural state of enthusiasm is called "mindfulness".

If you want to get physically "awake" again, just slowly count from ten to zero, take three deep breaths and simply open your eyes again.

THAT'S ALL!!.....

This experience will give very many people the feeling that they no longer feel alone - even in moments of stress! You have opened up an inner retreat, so to speak, that no one can ever take away from you. It is always there for you and is like an inner fitness center for your soul and spirit.

With a little practice, this state can be called up spontaneously within a few seconds! YES! SECONDS! And no matter where you are or whatever you are doing, this place of silence and peace - and hopefully joy - is now yours forever!

It is no coincidence that people who know this path stay lively and agile up to old age.

What you make of it later is up to you. But ***THAT is the basic exercise!***



Solargadget

300

It was just only a question of time, til we technically conquer the solarpower as the overall energydevice No. 1!

Be aware that everything is solarly driven! The sun runs our life since Billions of years! It is the most ordinary „powergadget“ of all!



Holography

301

youtube.com/watch?v=WRauG4RxNMI

Did you know that in every single particle of light, the information of the entire universe is contained? How else can you explain holography?

THINK!



Desire

302

We all long for tomorrow and further development. Nobody wants to stand still and we are constantly looking for wellbeing.

The most important expression of well-being is joy.

This does not actually mean that we can only be happy when all things are in order, but that things naturally strive for order and even come automaticly to order the more we are happy.

So to say: to be happy and joyful is a kind of human duty!



Chaos rules *303*

If the pressure in a pipe becomes too high, the flow in it begins to turbulate and builds up.

There is a similar phenomenon on motorways, which can be driven at any speed. By this time there is currently no permanent speed limit in Germany. Therefore, this effect is well known to many drivers there.

The traffic flows at high speed and suddenly out of nowhere there is a traffic jam! Usually it just dissolves after a few minutes as if by magic and nobody knows what the reason was.

This is due to this law of flow!

In Japan, therefore, attempts are not made to permanently synchronize the traffic light switching for "green waves", but instead builds small random delays - a small chaos generator, so to speak - into the calculation. Traffic flows better now.



Ingratia 304

Some might surround you with their kind happiness. And when you are not really careful, they will entangle you in so many obligations that you will find it difficult to break free again.

You can only tell that someone is really your friend and he/she means it really well with you, when he/she then release you again and again, without resentment and anger and even is able to enjoy your freedom with you honestly.



Wanderlust 305

What would you do?

Imagine that you are tired and exhausted, but you are offered by a fairy that you could fulfill great wishes for each of your loved ones and that you would make life much easier in the future, if you nevertheless would now immediately start to walk for a long, difficult and a very strenuous hike whose paths only you know and no one else.

You would only get a sleeping bag, it would be quite cool at night and you would only have the bare minimum to eat and drink. Some days you would also go to sleep hungry.

On the way there is no dry shelter and no comrades who can walk with you or support you!

But, the further you get, the more joy, relief, health and lasting prosperity you would achieve for your loved ones!

Even there is no guarantee, that you would come back home soon to harvest the fruits of your effort.

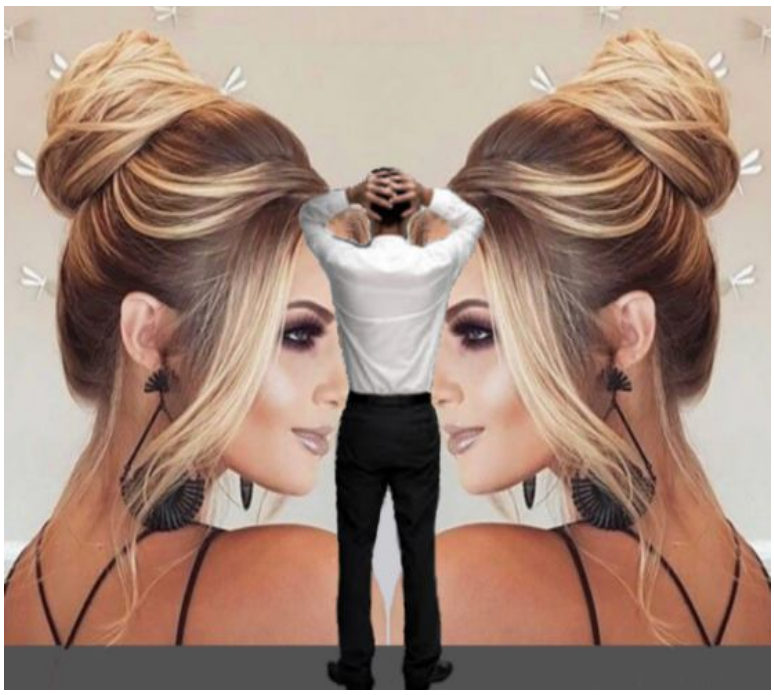
Would you go? If so, then go...

There is a valuable path in every life that only you know! And in every life a fairy who promises you happiness and welfare! There are cold nights of hardship in every life! And in every life there are people dearly waiting for you!

And don't strive too much! When you act carefully with your strength and your provisions, you will come right back on time!

And if you don't achieve everything possible, your people certainly will understand and forgive you because they love you and are happy to have you back where you belong! They will know, that you have done, whatever you could!

Certainly for sure...

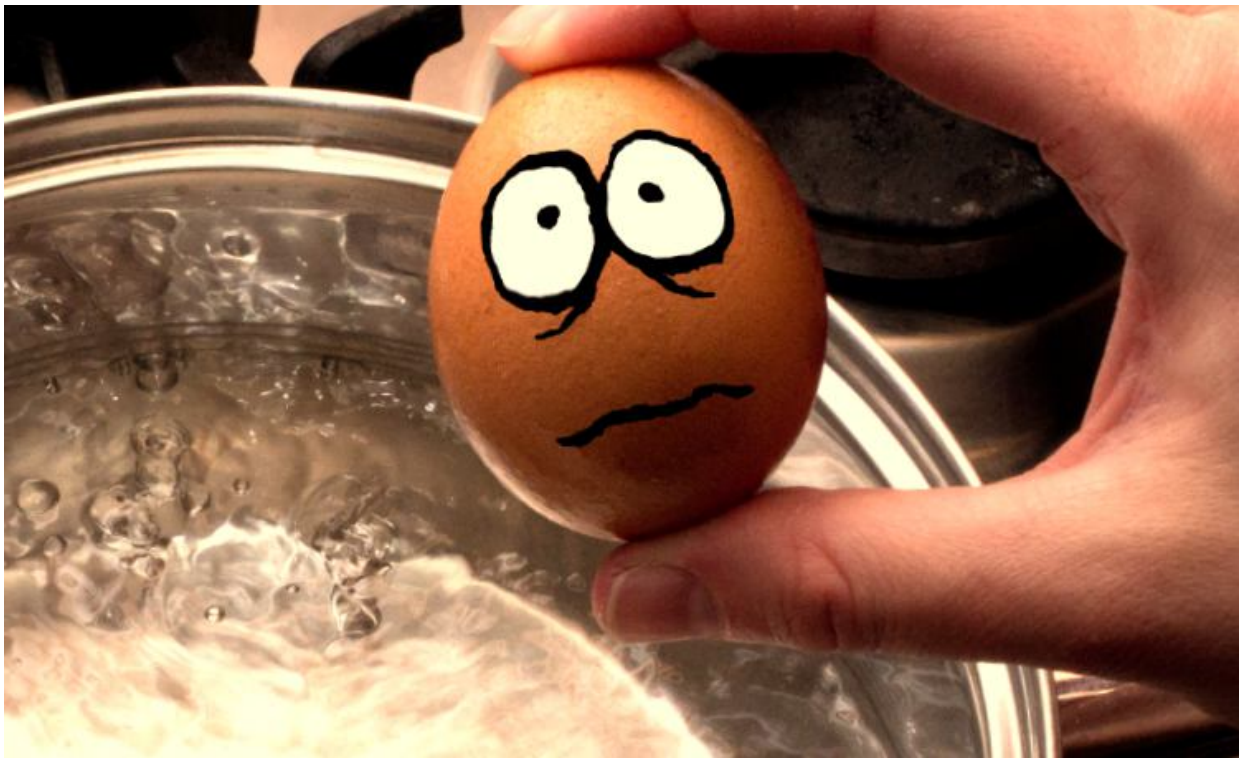


Dilemma 306

There are many people who consider higher energies, spirituality, faith or clergy to be total nonsense!

If they are not mistaken! If they are always doubting, that no one can ever really know, then they also have to believe that no one can ever know that there are NOT such things!

That's what one call a dilemma!



Not in the mood today 307

Sometimes you could think that there is a certain lack of principles ?!

What would you think of a team athlete (e.g. in football) if he only comes when he feels like kicking the ball and then says, "Oh no, I've changed my mind. Today I don't feel like it", turns and goes home again?

Or a singer who makes an appearance and says shortly beforehand: "Oh no, I would rather go swimming today!" And let the audience sit down?

Or want to build something with others (e.g. a garage), come first, grab a shovel, drop it again and say. "Oh no, guys! I've changed my mind! I'd rather go to the pub today! "

It's very rare, but sometimes it does!



Strangers in the night *308*

You are much more relaxed when you know what the matter is.

In my roof there lives a tiny dormouse the cold winter over. It sleeps peaceful in the thermal insulation!

The first days I only heard some weired and unusual sounds. It was scratching to make its bed propperly. First I was a bit nervous because I didn't suspect that and I wasn't used to it. I thought, there was a strange ,,somewhat“ in my roof!

Now I know, because it is mostly quite, and from time to time I hear a little snoring and then I smile ;O)

(S)Election *309*



Given a choice, don't waste your precious time with making a weak, ignorant, and unwilling person stronger and smarter than it is necessary and possible in the current circumstances! Maybe your strength is over and gone and the unwilling person is smiling generously, but is as weak as before.

Rather as well don't cramp, be optimistically and lovingly busy with making a positive, clever and strong person even stronger, smarter and more capable! Capable strong beings can so save many lifes at once or enhance their existences with just one stroke! Many will now, out of their life-experiences, know what I am talking about ;O)



Generator 310

EVERYTHING GENERATES CONSCIOUSNESS !!

Even if you are not aware of it!

This paradoxon is explained by the fact that your inner being stores EVERY second of your life as a small quantum inside the vast continuum.

These are incredibly tiny parts of consciousness that sometimes only make sense as a summary after years!

Your inner being recognizes intuitively things that you was never really conscious of and generates a sufficient degree of presence out of them, which you then only become "consciously" aware of!

For some it's hard to understand, but it's true!

You don't have to consciously memorize every little thing! Your "sub-consciousness" takes care of that for you!

When you flow relaxed in the stream of life, your inner being provides you with the important information at exactly the right time! It always throws a shovel of sand right before your feet!

Some call it instinct and some call it intuition! All of that is the sum of your life!

Rely on life more. It knows very exactly what it is doing!



Antiaging *311*

It can be so easy!

While multitudes of service-minded and well-meaning companies promise you the rejuvenation of your external appearance through their unique preparations, most forget that the appearance is mainly influenced by internal factors!

It may be that outwardly you no longer radiate the youth and firmness of your 20s and it may also be that this bothers you and affects your quality of life!

It is not uncommon for many to spend $50 or (much) more a month to counteract the gravitational pull through various medications and drugs!

Many food supplements are actually very helpful and a blessing for humanity (magnesium, vitamins, collagen etc.), but the most important thing is forgotten far too often!

Your self-confidence!

It can save you a lot of money if you are so self-confident and so familiar with yourself that you just feel right at home and are absolutely satisfied with yourself!

Everyone immediately suspects what I mean!

See a positive, happy person in your reflection and walk upright and in a positive sense "proud" through the streets!
You look so beautiful - just change your vision of yourself right into positiveness and self-love!

This is anti-aging in perfection!



Brotherhood 312

I think, agression is a kind of fear! In a way, the agressor has the strong feeling to be endangered or threatened in some hard ways!

Fear often (but not always) comes from a false or weired point of view. If the views and expectations of future situations are much different to the subjective personal wishes or needs, then the gap between truth and needs is such wide and open, that it causes irritations! And to fight this insecurity some tend to get violent!

Most don't! But some do lose control about themselves and act desperatedly.

The main task for every society and every politics is to reduce any kind of that giant stress in any way!

Peace so is often the understanding of the opposit part. Sit down together and talk to explain your own point of view. So the one side can more understand and respect the other side.

And with a little bit of good will, nearness and compromise nearly every fight can get calmed down.

Not seldom the opponents become friends in the end! They know now so much about the other and get closer to see his fears so that they can recognize the family needs and the distress of the before enemy.



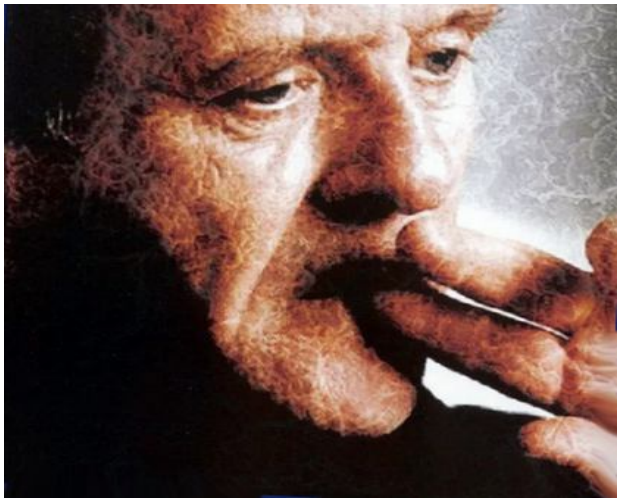
Heroes 313

Build heroes - We are made to live!

It is life energy and our zest for life. We avoid and fight what threatens life and what creates and expresses pain, suffering, illness, violence and poverty.

Life is in us and through us! We live to live. Life is the destiny of all living beings. It is our property. We preserve ourselves and our way of life all over and in general!

Life is a lot of fun and makes lust for life! Share your life with others - wherever you go and stand: O))



Daydreamer 314

They say: what the heart is full of, the mouth speaks of.

Pay attention to what you dream of in your daydreams or what you say quietly in your self-talk when you think that nobody notice, but you yourself!

Your inner self remembers everything!

It compares everything with the eternal laws of life and tries to keep a clear conscience for you! If it can't do this properly, you get nervous and unfriendly. So if you are nervous and unfriendly, you will probably have a bad conscience!



Bending reality *315*

As a "normal" person, you cannot change anything in reality.

Only if you anticipate it and create it yourself with a powerful will, deep knowledge and ideas (that also come from above, as soon as you live with the highest power in harmony - see musical chords) e.g. as an inventor.

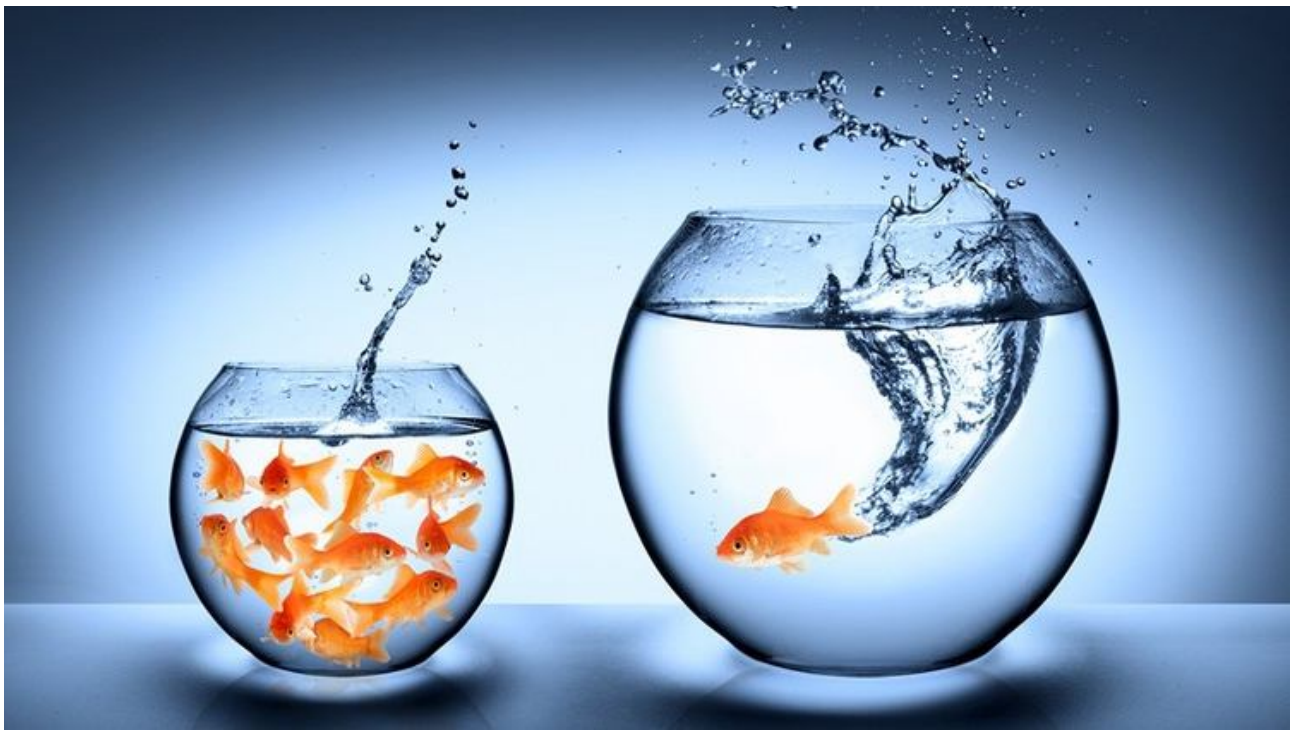
Otherwise you can - like almost every people - only respectfully marvel at it. The more you try to influence the truth of this now, the more you realize how little you can!

But sometimes even how much! See this book: it 's not long ago it was just an imagination in my head. Now it is present and you can read it. That is bending reality in a quite ordinary manner – but it is!

You may think „That's not special – any bookauthor can do that!“. That is true! He/she is aware of his/her story or subject, but is he/she also capable to show the hidden feas behind the scenes to his/her readers?

The positive and constructive acceptance of the factive truth and the being itself brings you calm and serenity.

And under such influences you may have slightly the impression to impact truth. But that is a very very hard way! And with some coaches it costs a lot of money, too ;O)

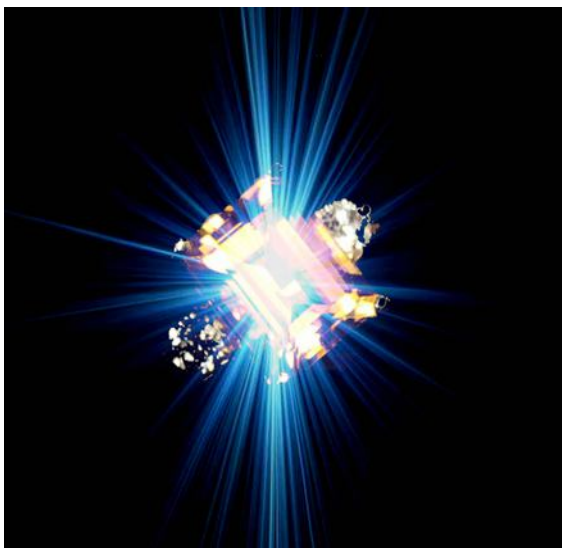


Free will 316

The loving God, great spirit, Universe, Nature, highest energy or whatever you might call it, always gives you your free will as far as he/she/it sees that you can handle it.

If you have learned not to fidget and not to box wildly around you, he will let you go your way in peace. But always keep his hands protectively over you and around you, so that you hurt yourself seriously as little as possible.

You can only recognize real truths and the right paths if you expose yourself to the dangers and risks. A good father will never wrap his children always in soft cotton to avoid any risk and every hard bump. That would not be a lifeworth living!



Lightmakers 317

I have experienced it myself. There are negative people, when they enter a room, it seems to get darker! And vice versa there are loveful vivid persons when they enter a room, the room gets sparkling brighter.

Even in the dark - please be one of those bright lightmakers.



Heartly hugged 318

In such Corona-times really a huge lot of people feel lonely! Also people, who have lost their spouse or life-partner!

This is a good opportunity to tell them:

„You are loved anyway! And you are not forgotten!“

Even from the far and even by friendly people, that you might not know.

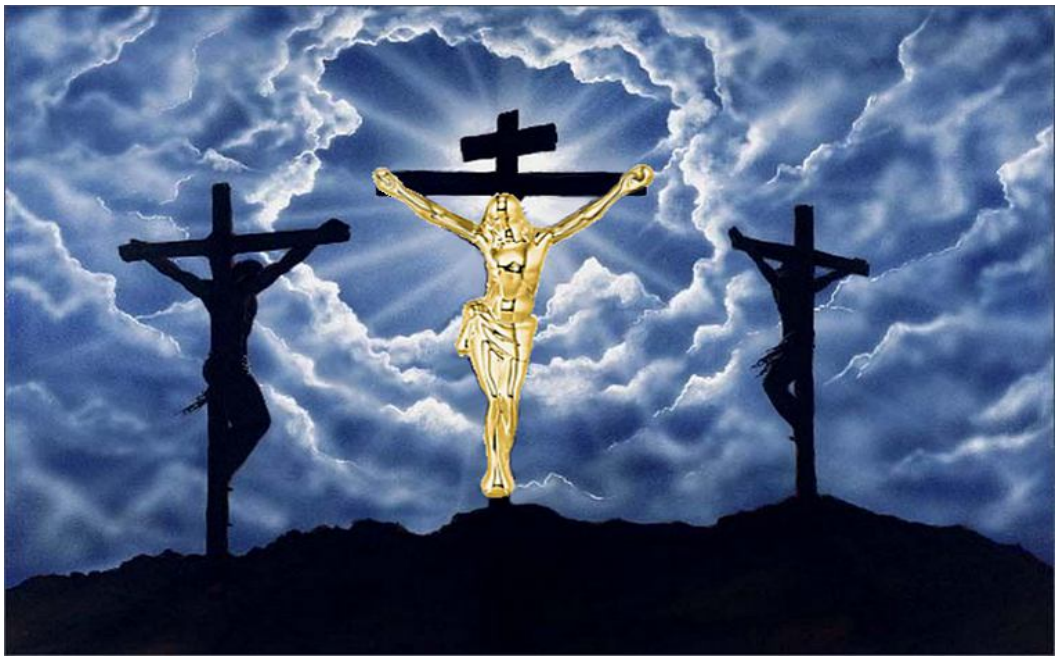
Feel yourself right now very intense heartly and warm hugged!



Escaped 319

Pessimists usually don't like to be consequent. They like to turn things around so that they don't have to act consistently!

Except of course those exceptions that confirm the rules ;O)



JESUS IS! 320

I wouldn't be a professing Catholic if JESUS didn't have his due place in my knowledge and confession as well!

So the awake Christian in me says:

... mostly according to the subjective imagination and personal attitude of each individual, JESUS is sometimes sweet, sometimes resolute and energetic, sometimes cuddly, sometimes critical, sometimes romantic, sometimes moral or sometimes tough and inflexible! Or even punitive for some ?!

This is all NOT the real Jesus!

But JESUS is the truth and life itself. So often not exactly as you would like him at the moment. He sees your soul and your heart right to the bottom and knows your real motives before you have a clue of them yourself.

But he's always everything at the same time: sweet, energetic, cuddly, critical, romantic, tough, unbending and much more! And sometimes he gives you a penance (time penalty and homework)!

You just can't put him together the way you just want him to be.
Or he is basically always somehow "different" ;O) He cannot be calculated according to simple, cool rules and mathematically-logically! And the more you try to grab him hastily , the more he slips away from you. Then he is slippery like an eel!

What he ALWAYS is:

he is loving all people around the world! If you think you are on the right side and you could selfconfidently be certain as a christian, the more you are on the wrong side, because this kind of „arrogance“ is just the attitude that flatters your selfish image of yourself!

He is gentle, understanding and hopelessly in love with every innocent cute and friendly person on this planet! He always gives you a helping hand and he tenderly does everything to ensure that his humans succeed and have a happy life without them feeling bullied or patronized by him.

A really great feat! ;O)



Biggest Present *321*

In a relationship you say “I belong to you!”

Take that literally!

If the partner is yours and you belong to the partner, then both of you take care of the other very carefully. As if it were my own self. So both can meet on a very relaxed, sensual, curious, considerate and natural level!

Do whatever you like with the other and the partner can do the same with you! Also and especially physically ;O) When there are no more false inhibitions and deadlocks, you will automatically learn to be nice, appropriate and loving with one another.

You are then a great joy and a real pleasure for each other and you are always warmly happy about the other!



Mister Bool 322

What actually makes the computer work? Without Mr. George Bool there would be no functioning computers!

Don't worry, I know what I'm writing here! I was the undisputed number one in Europe as a programming writer for 10 years!

Let's go..

Boolean algebra provides mathematical conditions for making decisions that are logically comprehensible and always reliably deliver the same result under the same starting conditions!

Let's assume there are three conditions that can influence a decision:

1. ***Eating***
2. ***Swimming***
3. ***Reading***

*For each of these conditions we take a lamp that can either be switched **on** or **off**. Such a position is also called a "bit".*

Eating	***Swimming***	***Reading***
0	***0***	***0***

The result of a further decision now depends on the relationship between these factors.

*There are three important rules for doing this: **AND**, **OR** or **NOT**. There are a few more (XOR, IMP, EQV etc.) but that would lead too far in this context!*

You can now set a value for every fulfillment of a condition!

Officially, these so-called truth values are called "True" or "False"! For the sake of simplicity, we simply take the digital numbers ZERO and ONE (0/1)

If I go eating, there is „Eating" on 1
If I go swimming, there is „Swimming" on 1
If I go reading, there is „Reading" on 1

*So: **1 1 1***

But if I don't meet any of the three conditions, everything is set to zero.

*So: **0 0 0***

*A conditional AND would only consider those positions of both expressions in which **BOTH** a "bit" is set in the first value **AND** also in the second value.*

For example, suppose a person wants to eat and to read, but not to swim:

*Person A: **1 1 0***

Another person wants to eat, too, but prefers to read rather than to swim

*Person B: **1 0 1***

A conditonal AND would now result in the following picture:

	1	***1***	***0***
AND	***1***	***0***	***1***

*A result lamp would only be switched on if the condition is met by **BOTH** people!*

	1	***1***	***0***
AND	***1***	***0***	***1***
Result:	***1***	***0***	***0***

So these two people would only go out to dinner together! Everyone has to swim and read alone.

Since each bit position is still assigned a specific value

Base 2 to the power of (bit position -1) multiplied by the bit content

arithmetically concrete calculable numbers result!

*So e.g. the condition „**1 1 1**“ would have the value of 7,*

because (2 to the power of (1 - 1)) multiplied by 1 = 1
***plus** (2 to the power of (2 - 1)) multiplied by 1 = 2*
***plus** (2 to the power of (3 - 1)) multiplied by 1 = 4*

1 + 2 + 4 results binary the value 7

Is a position in the condition set to zero, it counts simply just Zero.

*So e.g. the condition „**0 0 1**“ would have the value of 4,*

because (2 to the power of (1 - 1)) multiplied by 0 = 0
***plus** (2 to the power of (2 - 1)) multiplied by 0 = 0*
***plus** (2 to the power of (3 - 1)) multiplied by 1 = 4*

0 + 0 + 4 results binary the value 4

*A conditional **OR**, on the other hand, only takes into account the initial conditions in which **EITHER** one condition is met **OR** the other.*

*Such a conditional **OR** with the two - here arbitrarily chosen - people would result in the following picture:*

1 1 0
OR 1 0 1

A result lamp would only be switched on as soon as only one of the two people had fulfilled the condition:

The other person would then have to agree to the other's request for better or worse ;O)

1 1 0
OR 1 0 1

_____

Result: ***1 1 1***
==========

This means that in this case both people would meet all 3 conditions together. They would therefore go to eat, to swim and to read together.

How the two want to eat, read and swim at the same time, they have to decide among themselves ;O)

The third important decision is a simple reversal (negation) of the initial condition!

*So if a condition is given, the conditional **NOT** simply reverses it bit by bit!*

NOT 1 1 0 *(1 + 2 + 0 = 3) results so* ***0 0 1*** *(0 + 0 + 1 = 4)*

This operation is mainly used to simply check a complex conditional expression for NOT-fulfillment.

It is very often much easier to express a condition positive and then just logically reverse it.

*E.g. here, if someone wants to eat **AND** read (1 0 1 equals 1 + 0 + 4 = 5) but you want to check whether he does **NOT** want both, then it is easier to think that he does not want either than to ask directly for the "not wanting". E.g. if he does **NOT** want to eat and he does **NOT** want to read, **BUT** he wants to swim.*

*This "**BUT**" question can be solved much more elegantly and easily with **NOT**!*

*Such a **NOT** question is written with the Boolean operator "**!=**" or - depending on the system - "<>" as well.*

*If a certain condition is concretely **NOT** met!*

Expressed in a simple way:
(Professionals now please turn a blind eye ;O))

IF ((condition1 OR condition2) AND condition3) != True THEN do something...

An example what much users are familiar with is to search something in al list and you don't exactly know what it's called, but you know, what you do NOT search.

E.g. you have a huge list of all your visited webpages and you search a concrete word!

You know that it is NOT containing „ABC“ Or „XYZ“. Then instead of searching solely for „D“ OR „E“ OR „F“ OR ... all other Characters or possible terms, it is much easier and mostly also much shorter to define a search for all terms that DO contain „ABC“ or „XYZ“. But you then simply negate that search! So that you will find easily every term that NOT contains „ABC“ or „XYZ“

<u>Action:</u>

```
Loop
  Search for a „word“
    If the found „word“ contains NOT („ABC“ or „XYZ“) Then OKAY
Loop-Wend
```

That should be enough here to clarify the crucial point of Boolean arithmetic.

If you have fun and are interested in such tricky things, you should look into it more closely on the Internet. The simple BASIC systems are free of charge and can easily do huge things automatically (e.g. sort text terms alphabetically)!

Our future will consist of such things and the sooner and the more you deal with them, the more likely you will get a good job in the future!

I can seriously promise you that here without hesitation!



Bread and shelter *323*

There are things that can be annoying! Which I would like to avoid if I could! But you know that this is not always possible!

What is happening there is the true reality.

If you feel that you cannot avoid it, it is good for you to acknowledge the truth and patiently carry out your tasks with the means available!

You can't bend the world!

And if you only try a little, you will only notice how much tremendous strength and endurance it takes!

Respect all those brave and tireless people who have already done this for you. Such as the inventors of the wheel, the washing machine or the apple peeler ...



Snailmood 324

With some (not a few) people there is apparently an increased trend towards brooding, doubting, mistrust, fearful hesitation and discouraged withdrawal! Like a snail's eye!

It has never saved the world or brought it forward in any way!

Notice! When a snail's eye has moved in, the snail only sees dark! Nothing else! It absolutely doesn't know what is out there just happening!

How can you defend yourself or run away? We are humans and not snails! If you want to "act", you have to see beforehand(!) In order to recognize!

Remember that everything that has come about, even the greatest inventions, came from the mind - the "inner seeing"!

Spirit came BEFORE matter.

Even after the Big Bang, all the particles were sorted and put together according to an existing plan! Otherwise either nothing would have happened and the big bang would have been canceled, or everything would freeze in an absolutely even environment shortly after the bang.

Our universe "strives"! *Without this most important basical quality of becoming and developing, everything would be nothing!*

No one who is sensible would build a bigger, stable house for their family without a plan! A house can be very complicated and the likelihood of it collapsing and burying women and children under it is just too great!

Remember! The quality and functionality of a thing depends crucially on the quality and thoroughness of the thoughts and ideas that the builder or inventor makes beforehand(!)

Everything only works because it "makes sense" from the start!

Even if it moves like a snail … very slowly!



Democrazy 325

Very mostof the people are trustworthy democratic citizens. Who ever experienced to live in a good democrazy will hardly ever want something else!



Snaildance 326

You cannot teach a snail to walk. You can't even teach ballet dancing to a lorry driver.

Sometimes some things are wasted efforts and simply pointless! Some talents are simply not contained properly in some people!



Pooohhhh...! *327*

What are we actually doing wrong when, despite all our achievements and prosperity, the world is still stuck in such powerful problems?

The solution is simple! We do not love enough or not properly the right way and we are not tender, vigilant and conscious enough!

We are part of nature! We come from her! We are not separate from her!

We breathe air that is produced by the trees. We drink water produced by the clouds and we heat our houses with material produced by the earth.

Everything together is called "nature".

As soon as we develop a warm-hearted relationship with nature, we also develop a warm-hearted relationship with people and ourselves!

We are then grateful that we are actually looked after so reliably and that everything works so well !!

We would then lovingly and humbly give the earth all the time it needs to recover from us!



You're a blessing 328

Imagine dedicating your heart to love itself! Not a special person or a task, but love!

Your heart with all its weaknesses and strengths, with its talents and emotions, but also with its shyness and cautiousness.

You bless your heart with all powerful, courageous and enterprising gifts of grace, such as a healthy amount of lovable cheek, thirst for action, perseverance, assertiveness and self-confidence.

And also with all soft, understanding gifts of grace full of tolerance, charm, forgiveness, as well as full of mercy and generosity.

And then you give this beautiful heart to the love with a happy smile and adorned with a red bow.

Nobody and nothing can work better and more beautiful than love. There is no higher power! She is the chief of all masters! From now on, serve love!

No one is closer to the master than the servant. Love will recognize you, trust you and be tender to you! Namely: love loves love!

Everything else then goes by itself!



Who seek, will find 329

Even the richest person cannot stop you as long as you live and know your ways well!

How is a Rockefeller supposed to forbid raining or to control all roads or networks in a country? You can rely on it: there is always a loophole somewhere!

Because the powerful know their own lack of potence on this point, the sensible do not even try! In this way, powerlessness makes patient and fair - out of the knowledge of your own limitations!



It's okay ***330***

Above all else, get on well with your body.

Respect and care for it! There is nothing wrong with it. Everything is exactly where it should be and has exactly its function, which it must have so that you can function properly.

Some have a problem with the erotic and with the sex itself.
The propability is not just given, that one thing went wrong when EVERYTHING(!) else is absolutely okay?

Your heart and your lungs as well as your nausea and your feet make sense exactly where they are! Everything is organized in a 100 percent perfect harmony and lets you live. Why should it be any different especially with sexuality?
Could the Creator especially have made a mistake with sex?

No!

Without the sexual union we would not be here! Everything is where it belongs!

The only problem is excess and irrationality! Sometimes they can "get lost"!

In reasonable proportions with good, loveful and respectful natural feelings, everything is absolut healthy!



Only you 331

When you are really excited about a project, you absolutely want it to be good and complete.

Nobody can push and shove you.

It's only good when it's good! Not one single minute before. Only you can know, because only you have the complete right picture in your head. Everyone else pokes helplessly in the fog.

It then literally pulls you towards perfection!

When the whole world is waiting for you, just be nice and hurry up a little ...



ProActive 332

What is meant by that?

*Don't stay on the hesitation side. Don't be the one who must be pushed all day! Be the one who feels responsible and see problems **before** others have to point on them to make you active! See now the sun of tomorrow and act as first! That is meant by it!* ***Love does care!***

Proactivity is the most important basical instinct of every loving being! There is no way to live a positive life with negative habbits! First throw you negative habbits away! ... FAR AWAY!...

The very first things that every proactive beeing curiously wants to know, is:

„Where can I be constructive, productive and helpful,?“



Plus Minus *333*

It may be that you feel lonely sometimes and you don't really know why!

Maybe you're not looking in the right places!

The environment where you spend most of the time rubs off on you!

You will seldom find the hard-working among the lazy - or vice versa
or seldom the courageous among cowards - or vice versa
or seldom the conservatives among socialists - or vice versa
or seldom the ecology freak among spendthrifts - or vice versa
or seldom the pious among wicked - or vice versa
or seldom the colorful ones among monotonous - or vice versa
or seldom the sheep among lions - or vice versa
or seldom the cool ones among hectics - or vice versa
or seldom the smart among the stupid - or vice versa
or seldom the peaceful among aggressive - or vice versa
or seldom the honest among liars - or vice versa
or seldom the resolute among hesitaters - or vice versa
or seldom the helpers among refusers - or vice versa
or seldom the dancer among one-legged - or vice versa
or seldom the musician among talentless - or vice versa
or seldom the positives among negatives - or vice versa
or seldom the active ones among bored - or vice versa
or seldom the hero among traitors - or vice versa
or seldom the refugee among slaves - or vice versa
etc. etc.

Rice belongs to rice and oats to oats!



Confucius *334*

The most vast society on this planet – China - is massively influenced by the clear visions of a philosopher ca. 2550 years ago.

Confucianism is the science of noblessity and the most important book, that was supposedly written by this very intelligent man, is the ***„I GING“****.*

Very many of the answers therein are from the view of a noble person.

What would a noble man or woman do in several cases or situations. And there are really a lot!

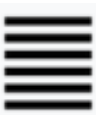
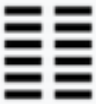
All is written in the

„I GING“ *- the book of changes*

This collection of wise books by Confucius also includes

„LI JI“ *– the book of rites*
„SHI JING“ *– the book of songs*
„SHU JING“ *- the book of documents*
„LIN JING“ *- the book of spring and autumn annals*

I've learned really a lot from these books! Especially about the chninese logic and what is in philosophy actually all about.

	1	*The creative*
	2	*The receiving*
	3	*The initial difficulty*
	4	*The youthful folly*
	5	*The waiting*
	6	*The dispute*
	7	*The army*
	8	*Sticking together*
	9	*The taming power of the small*
	10	*The occurrence*
	11	*Peace*
	12	*The stagnation*
	13	*Community with people*
	14	*Possession of great*
	15	*The modesty*
	16	*The enthusiasm*

	17	*The successor*
	18	*The work on the corrupt*
	19	*The approach*
	20	*The contemplation*
	21	*Biting through*
	22	*The grace*
	23	*The fragmentation*
	24	*The turning point*
	25	*Innocence*
	26	*The taming power of the great*
	27	*The diet*
	28	*Overweight of the great*
	29	*The Abyssal*
	30	*The fire*
	31	*The action*
	32	*The duration*

	33	*The withdrawal*
	34	*The power of the great*
	35	*The progress*
	36	*The eclipse of the light*
	37	*The clan*
	38	*The opposite*
	39	*The obstacle*
	40	*The Liberation*
	41	*The reduction*
	42	*The increase*
	43	*The breakthrough*
	44	*The courtesy*
	45	*The collection*
	46	*The climb up*
	47	*The Tribulation*
	48	*The fountain*

	49	*The upheaval*
	50	*The crucible*
	51	*The exciting*
	52	*Keeping still*
	53	*The development*
	54	*The girl getting married*
	55	*The abundance*
	56	*The wanderer*
	57	*The gentle*
	58	*The cheerful*
	59	*The resolution*
	60	*The restriction*
	61	*Inner Truth*
	62	*The little overweight*
	63	*After completion*
	64	*Before completion*

Sometimes it is highly interesting to read the amazing answers of this smart book!

For instance the explaination to the picture 19 „The approach“ :

> ***Above the lake is the earth: the image of approach.***
> ***So the noble one is inexhaustible in his intention to teach***
> ***and in enduring and protecting the people without limits.***

Or to the picture 35 „The progress“:

> ***The sun rises above the earth:***
> ***the picture of progress.***
> ***This is how the noble one makes his clear gifts light himself.***



USP 335

Finding your own niche sometimes in times of clear trends may not be the worst idea. At the moment it is e.g. come into fashion to look for a job in the computer or internet sector.

Then it is easy to forget that you will – as consequence - have to struggle with a huge competition. The profession of software engineer is e.g. already overcrowded and nothing special anymore! Logically, this reduces the value of these services and professions.

For some, an undervalued niche could come in handy as an alternative.

How about e.g. as a Doctor of history or philosophy to have a strong USP (unique selling profile) and thus enjoy a higher appreciation and also a higher salary of your services?



Handymen 336

Some ponder for hours or days how a job could be simplified or automated!

Sometimes they still don't come to a solution and don't even notice that simple manual work would have done the job in a small fraction of the time

Grace 337

What is grace? A pretty wide field to explore!

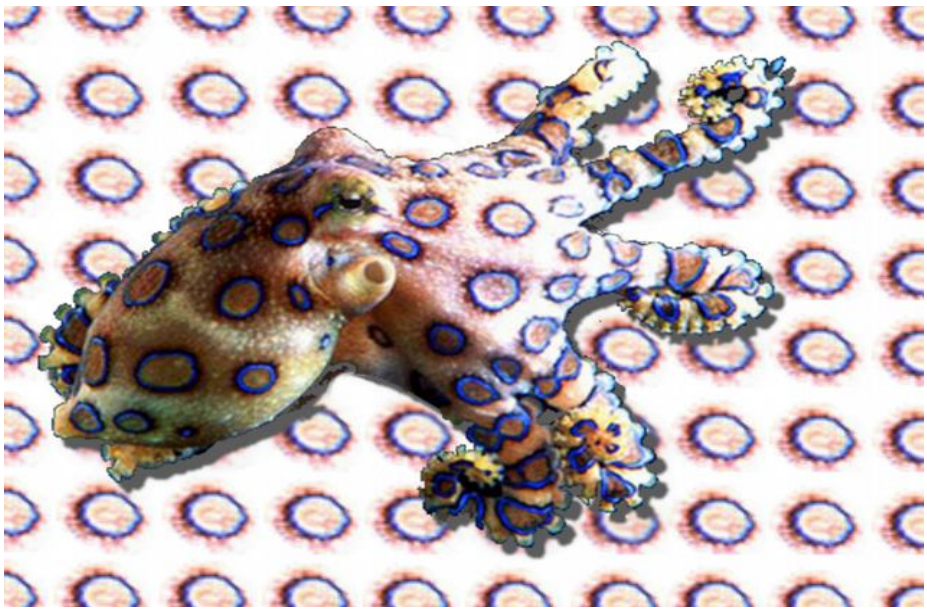
In my eyes, grace is a gift that some has and the vast majority has not.

That's it!



When Maradona was playing football – that is grace
When Paul McCartney plays bass – that is grace
When a famous primaballerina dances – that is grace
When Anne-Sophie Mutter plays violone – that is grace
When Muhammad Ali was boxing – that is grace
When a beautiful young horse is jumping – that is grace
When a mother sees her baby for the first time – that is grace

Such is the only way to describe grace!



Adaption 338

Be glad that your spouse or business partner can sometimes better not see into your head!

In order to keep a clear conscience, you should either tell him/her the truth, or if that is not that easy, then adapt your inner thoughts and images to the outer truth: become tolerant and patient and loving...



Playboy 339

There are people who read hundreds of books and don't learn much from them! And there are people who read 4 or 5 important books, learn right away, and apply it successfully!

Why is it that one struggles and achieves nothing and the other works relaxed and is successful without much effort?

But the struggler can still make it when he has learned the most important things and his time has come. He is then a fully trained all-rounder.

Well ... and the lucky guy is rested and relaxed, he takes all the time in the world and gets rich at young age ??

I know that by myself from trading (5 years of stock market trading). Perseverance and practice make perfect here too, because there is one rule that can be learned and applied. The better you think, the more successful you are. However, it is extremely complex and for some it never works!

It's the old game: without a residence permit no work permit and without a work permit no residence permit.

In trading this means: Without a lot of sufficient basic capital, there is no exercise and no success. And without proven success and profit, there will be no sufficient basic capital (investors).

But don't forget! You can practice with playmoney for free, which I would strongly recommend to every beginner, but it just doesn't feel the same as when you work with someone else's money.

If you don't gain experience with your own money and have become quite cautious, then you deal superficially and irresponsibly with other people's money.

There were days when I made 1400% in one afternoon with playmoney. But on another day I lost a real(!) 2,500 Dollars within half an hour. You only become responsible when you know from your own experience how quickly hard-earned money can be lost again.

As proof of my knowledge and skills, in the last (5th) year I made 17% profit p.A. for three small risk investors. The size of the investment then actually no longer plays a major role. Anyone who has a verifiable and solid return with little money over less than a year can do so with a larger risk capital. The principle is the same!

Then why didn't you continue? Many will ask now!

Quite simply: because the amount of the investment would not have been enough to "unlock" you, so to speak. In order to get really free, you have to have a high starting capital, start with small trades and slowly work step by step your way into everyday routine.

The individual trade "must" keep you cold! Only then you will have the real calm to act spontaneously under extreme pressure correctly and independently without feeling stressful and hectic!

I know no single other way!

In the negative case of lacks of responsibility and the hectic arrogance of a hedgeont manager at Lehman Brothers Bank, we owe the global economic crisis of 2008!

In this way, real trillions of Dollars of entrusted money can be radically destroyed within a few days! If, as in this case, the state (the common good) is liable for the bank, an incessant stream of mutual responsibilities and liabilities develops, into whose whirl, in this case, almost the entire world economy has been mercilessly drawn into by its dependencies!

All of this, however, lies in the so-called "wise piece of advice of God". Despite all the imponderables, trust in diligence, your perseverance and common sense.

Then your time will come! Undisputably!

In the meantime, however, you should keep yourself afloat with a good job (preferably as an official). There are no guarantees in life! For nothing!

Taken seriously: The capital is not crushed yet! It's now just simply owned by someone else! ;O)

☒ *No risk no fun* *340* ☐



Overcautiousness avoids any risk.
But that's not how we get going!

Absolutely NOTHING works without risk!!



Sulky 341

A reasonably gifted person to some extend cannot possibly have anything against the truth.

The truth will always be and stay true.

If a deer actually and factually jumps through the Russian taiga, then that's true! Even if you live in New York and don't see anything of it!

The sun also shines continuously. Who are you that you want to change something about that?

You can do NOTHING!

So how should you reasonably be against it? ***IT IS!***

What can you have against it?

It is just as true that people are a certain way they are and do things that they just do! Even if you don't notice it!

Accept the truth as it is. If you are not there tomorrow, the truth is still the truth!

One day 342

We actually only live one day: it begins with our conception and ends with our death. In between it is only interrupted for the night. But the sun is always in the same place and shines continuously!

The sun knows no day and no night!





Discipline 343

If we are disciplined sometimes something like e.g. a bad habit, smoking, inaction or overeating, we often have the feeling that we are missing something or, unfortunately, have to give up.

That may be the case for the moment, but you can be sure that this discipline will pay off in other tasks! So you will e.g. more consistent, your mood rises and a feeling of self-determination and liberation spreads. ***That is the joy of life!***

If you consolidate these feelings in you, you will become more and more able to consistently start and finish the really important things and get your life more and more under control.



Determined 344

It is not such a big deal to be determined.

Justify your focus consequently on THAT special point of interest. As soon as you do that, a kind of meditation automatically begins! You then do NOTHING but focussing your mind!

From outside you can't see anything … but inside you are far more busy than ever else!

Normally in the beginning your mind goes wandering through different blurry situations or inner visions and is always flirting with several visual aspects. That is mostly a state of an unconcentrated mind! It will sniff here a bit and look there a bit like a playful unconcentrated child.

If then additionally people are around you, they will wonder, what's going on with you while you are so constantly busy with "NOTHING"? They might be expectiing you something to do!

The mastering of this situation is now in the ability to KEEP this concentration. You should not allow your circumstances to disturb you! The opinion of others must be absolutely unimportant to you now!

You have to hold your will strongly upright! '

The more the people know, that you are sometimes absent with a concrete constructive and positive goal, the more they will leave you alone in your state of peace and stillness. The best is, they are simply going quietly away!

This you have to push through until it is kindly accepted by your surrounding!

The rest is just training. The more you practice the more you can. That is like in any other case else!



Poetry

Some think they have to protect their people (religion, philosophy) from the influences of other religions or philosophies.

But if you speak the universal language of love, friendship and poetry, then ***EVERYTHING falls into place and works for EVERYONE for the good...***



You are worth any effort *346*

Inferiority complex arises either from the failure to achieve heroic goals that should actually confirm me - or my exaggerated ego!

Or from the fact that a being in development is continuously given the feeling that it IS inferior („you can nothing, you are worthless“ = maybe a kind of curse from negative and loveless or love-unable parents).

You overcome one kind of complex by setting yourself “feasible” goals, being grateful for your talents and also enjoying small successes!

And the other kind by understanding that God, the Supreme Being, the universe ... loves you anyway and ALL the forces of the universe are here for you, are available to you without any restrictions and support you just like everyone else.

God doesn't know any difference!



Land of second chances 347

Even if the rich countries are usually the pioneers (cars, TVs, cell phones, computers, drones, Covid-vaccines, etc.), their most modern inventions can – maybe a bit later - become useful and very valuable for all humanity!



Success 348

I give you a good advice: BE SUCCESSFUL!
No matter, what you do, but do it like it has never been done before!



Difference *349*

It hurts some people very much when they realize that someone doesn't care about them they have a feeling for!

No matter means "equally valid" with many or even all others.

But you want to be noticed and you want your "investments" in these sympathies to be replyed!

Sometimes it doesn't work so well!

It's hard to accept! You cannot force your will on the other! Learn humility and first to accept what there is in real!

Or make an effort and ***make the difference*** *that draws his/her attention to you in a positive way!*

Take your chance and go ahead! Who asks gets an answer...



Exclusivity 350

Anyone can draw a smiley: that's nothing special! But drawing a unique smiley, not everyone can do THAT!



Meaningful 351

When do you actually know when something is or was meaningful, "full of meaning"?

Most will think that something makes sense if it is of use. They crave material efficiency!

But it can also be useful if it helps you to perfect your SELF. For others it may have been useless on the outside - i.e. without use - but you feel that it has advanced you deep inside!

So there is a tradition in Buddhism that is apparently completely pointless materially:

These pictures made of colored sand are all about completing something in aesthetic perfection, even if it only serves beauty and moments later it's blown away with the wind in eternity.

This time of absolute silence and devotion will undoubtedly bring you forward in your spirituality and make you prepared for new and - who knows - higher and better tasks!

Regret is also a form of selfishness and greed. You want to keep the picture what costs so much time, work and concentration. If you can transform your regrets into love and give generously, it will make you freer and you have certainly learned a lot for life that no one ever can take away from you!

Because then you can do something that only a few can do: ***dedication****!*

Pure aesthetics is also a value! Apart from the fact that these beautiful pictures can also be photographed and sold as a book - because Buddhist monasteries also have to live ;O)

Sometimes it is the same with apparently pointless efforts for others. Someone is courting you and telling you what he/she could, but you don't believe him/her. You keep playing your own game.

Although it can very well be that your help, even if it was only brief or little, would have brought him that decisive step forward? Perhaps you would have made him successful ... you may never find out.

Like a hitchhiker on the highway. If you had picked him up, he might have caught the train in time to get to an interview that would completely change his life for the better forever and fed his family well for decades?!?

Keep a close eye on the endless opportunities that life offers and sometimes just be prepared! In the right place at the right time! Where you are needed!

Often you only see the point afterwards!



Don't pick 353

Do not pick the flower on the wayside. Let them live so that also others can enjoy them! Flowers at the wayside are there for everybody.



Endurance 354

Some have a gifted ability to always bet on the wrong horse. They can very reliably be wrong.

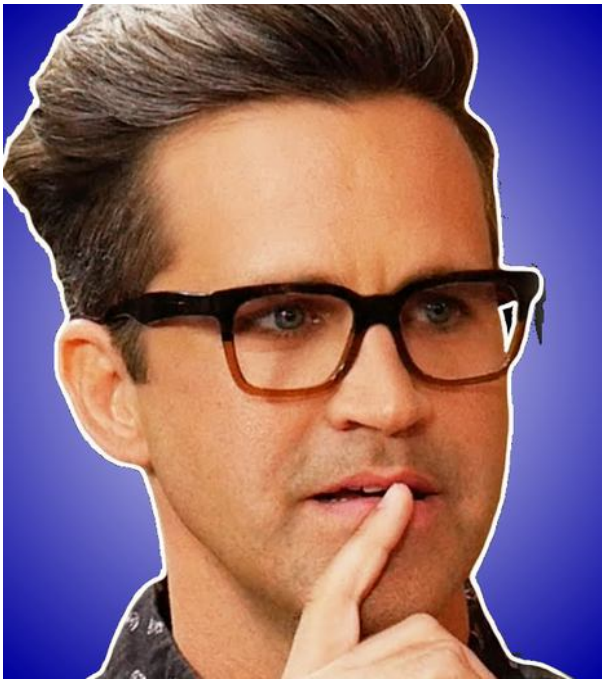
With stock brokers (service providers) there is therefore a clever method: they pick those who lose the most and consistently reliably and bet on the opposite.

This does not help the unlucky individuals, because even if they accept their wrongdoing, they cannot recognize the opposite and bet because that would also be wrong again! Pity!

He may be ought to have someone else bet for him! But that wouldn't matter either, because when the other wins, the one loses. So the compensation would not help anyone.

Then both are better off to throw small stones into the next pond - at least that doesn't cost any money ;O)

But who knows!? Maybe while throwing you meet your lucky fairy and the tide turns?



Prophety 355

Smartness and intelligence are no prophety!

It is no prophety to guess, which goal the horse take if there is just only one!

And it's no prophety either to know what is 3 times 3!

The more you know the less you guess!



Drones 356

Drone lightshows are only feasible because the batteries have become extremely light and efficient. And because the time and music synchronization works without timedelay and the LEDs have become extremely bright and use very little electricity. And that all will improve more and more really quickly!

That is just one example of what awaits us in the next few years!?



Come dance the dance of joy 357

At some certain points, intelligence and spirituality meet and dance a dance for the joy and strength of everyone!



Mascara 358

When you meet an unknown person for the first time, you only see the ***NOW****!*

You never see what he/she has already experienced! If you knew, you would see a lot (almost everything) differently!

And what he/she tells you is in his/her favor alone!



Hysteria 359

There is an amazing phenomenon! This is called "hysteria" and is a natural and healthy protective reflex, mainly for mothers.

The men are often oriented on struggle and sacrifice while the women are far mostly oriented on childbirth and preservation.

It is a relatively naive assumption that properties inherited from millions of years could be easily suppressed or prevented.

Gurus, as well as every proper medicine men or any doctor, are existentially focused on recognizing and creating good for the community, the tribe, the clan and also for the world.

So that humanity makes fewer and fewer mistakes and recognizes the good in order to be able to live and survive more safely and better in the coming world!



Selfdefense 360

There are people who are reflexively trained in a virtuos manner to nip every trace of guilt in the bud, so that they often do not even notice what they could possibly learn from it!



Complete mankind 361

I think, normally nobody can be against it to hope and to fight for a better future.

So it is a main believe in every religion, that this force of God, the Big Spirit, nature, the universe, the highest energy or how ever you might name it, will complete humanity in love, faith, contentness and joy.

So please beg your highest energy, together with me and all mankind to fulfill this task as soon as possible...



My name is „I live“ 362

If I sometimes don't think a thing and fresh air surrounds me and I take a deep breath, I feel the warm sun on my skin and I see the blue sky, then I realize only this: ***„I live“!***



Lipservice 363

Don't get used to lipservice. If you feel emptiness and helplessness between you and someone who is really important to you, then do not give up with empty phrases!

There is a simple solution:

*Stand face to face, look eachother in the eyes with no shyness, hug eachother, squeeze a little and say simply: "**I'm sorry!**"*

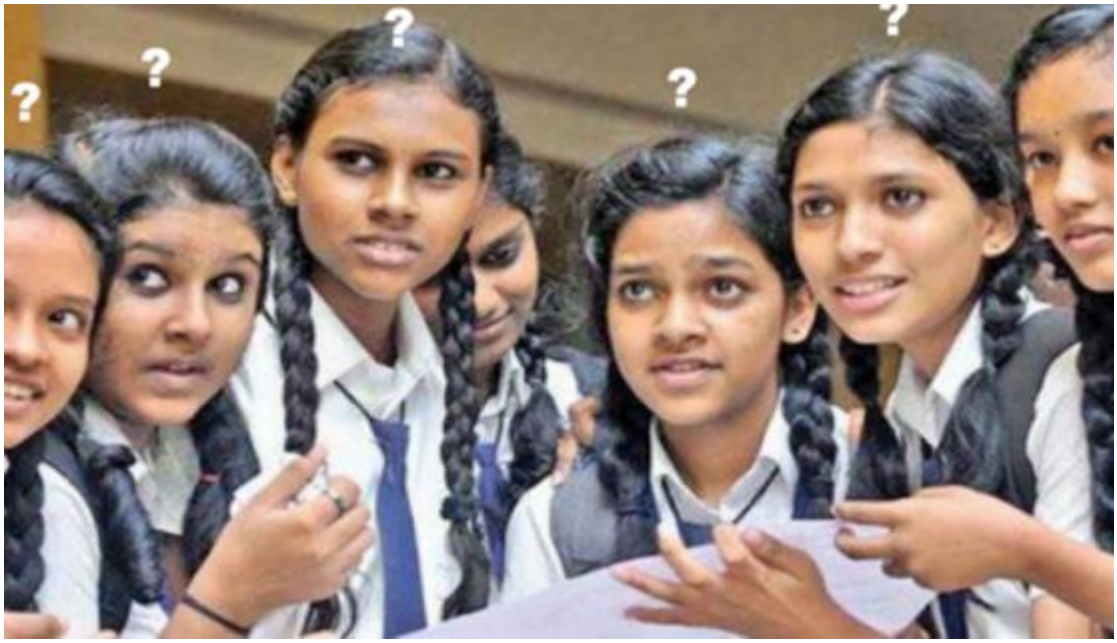
In the case of married or life couples, a warm kiss would then be due!



Poor 364

If you are used to be poor and you have learned to live with it, then the good thing about it is that poverty can no longer frighten you much!

If you've been rich and suddenly become poor, that's far worse.



Plus times plus 365

If you already know exactly that someone is a negative person, then it might be a good indication to pay attention to what he/she finds negative!

Because that is often a good hint to an advantage! Minus times minus results not only in mathematics, but also in this case often plus!

If the signs are not the same, the sum always has the sign of the largest factor!

With plus times plus everything is good!

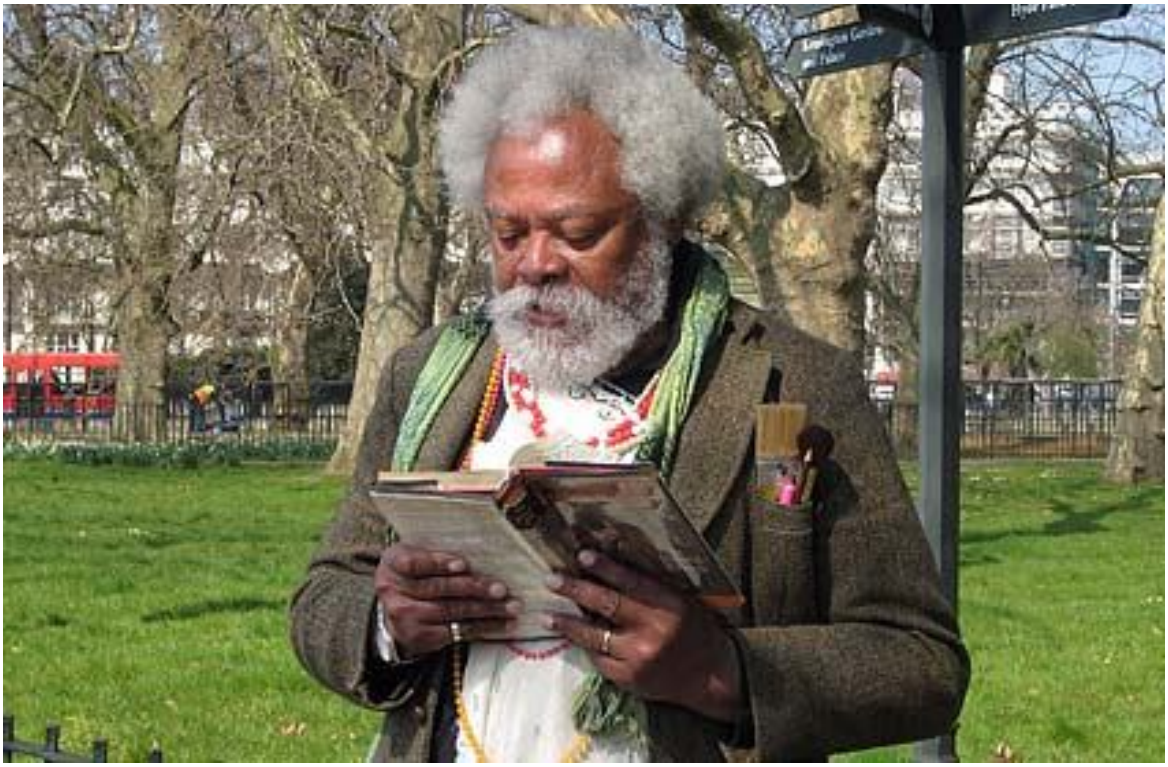


Better not 366

If you absolutely want something to be done really well, don't give this job to someone who is just unabble to do this well.

Sometimes it is indeed actually better not to do something than to do it so(!) wrongly like that one!

Then someone would have to clean it up again!



Words 367

It is not that rare for people to say "Talking is silver and silence is golden"!

This is often said by those who have "more important" to do, who cannot use resistance or who just want to be left alone.

But talking is an important form of communication that clearly distinguishes us from animals in this distinctive form! And every culture starts with words.

Don't underestimate words!

If you then just turn away and leave the other person standing at a loss, that's not good.

What if a student said something like that to his teacher, or a paramedic to a firefighter, or a believer to his priest or mullah or a nurse to the surgeon or a voter to a politician?

Many important things need many words!

Writing is also a form of communication. Imagine if there were no books!

Do you want it?



Would you seriously endanger the world or nature if you had the true feeling of being an indispensable, essential and conscious part of it?

I think NO!

Nobody "normally" or "healthy" cuts anything important from himself when he feels the pain...

We are all parts of the whole! So leave my fingers and everything else alone!

Something is wrong with us ?!

The premise number 1 in all healthy and sensible cultures is: one is "naturally" modest and never takes more of the whole than one "ABSOLUTELY"(!) needs!

And for what you MUST take(!), you apologize and thank God and Mother Nature kindly and humbly!

We all come from her! NO ONE(!) can do anything without nature!

Our mother nature is actually totally loving and so generous! She provides everyone with enough healthy earth, green trees and meadows, oxygen, bread, water, fresh air, vegetables, fruit and even meat!

If we don't "overdo“ it!

So we have to find the "RIGHT" measure of things all over the planet again! The ruthless, possessive and power-obsessed greed is THE immeasurability of all things!

Maybe the current crisis is good for that! So that we (again)
become aware and clear about what we actually "REALLY" need!

The "cut-downer", "hack-upper", "burners" and "suck-outers" probably hardly had a happy, joyful childhood in and with nature!



Go voting... 369

Lisa says!



Moria 370

UNICEF-Picture of the year 2020. Nothing left to say...



Awareness bubbles *371*

There is a speak;

„People don't decide their futures! They decide their habits and their habits decide their futures!“

But I say:

They don't even decide their habits! How you are and which habits you own is decided far before you ever will get consciousness of it!

It is on the one hand in your DNA, on which you have no subjective influence, and on the other hand in your God-spell! God-spell is also a kind of spiritual DNA ;O)

Sniff a bit in the techniques of quantum-logic and you will see, that mostly everything is already determined. The feeling of a kind of free decision lays only in the fact, that around EVERYTHING - even every atom - is existing a kind of energetic "bubble", swimming in infinite possibilities and propabilities, inside of which you have the personal and individual impression of a free will!

But the position and the "playspace" of every "bubble" is in the context of all(!) the bubbles around you and around everything!

Consciousness is just a vast play of possibilities and propablities which match in the context of your awareness towards a "meaningful" existence of the highest possible manifestating realities and its specific attractions.

The only chance to impress this complex "being" of neurons and molekules is to fix a point of interest and to concentrate on it enough to have the chance of manifestation reality.

The concentration of sufficient willpower will have impact on reality like a kind of "gravity". You can then "bend" it.

E.g. you have the idea to open a door! It will only then have an effect, as far as you fixate your thoughts on that wish and you stand up, you initialize your muscles and you move your bones towards the door and then push down or turn the doorknop hard enough to open the door!

That is willpower!

Which kind of realitiy you identify as YOUR doorknop and which muscles you identify as YOUR muscles and which bones you identify as YOUR bones and which result you harvest with YOUR wishful thinking, depends alone on YOUR inherited priorities!

Don't think that YOUR priorities are made by you yourself! Sorry, but they are solely made by the context of your physical and spiritual DNA.

This explaination could be deepened much farther and much much more complex, but here it shall be enough so far ;O))



A monks life

372

youtube.com/watch?v=o2DCRsC8seo

Now we finally know, what christian monks are doing all day long! ;O)
Don't mind! I love you anyway, my monks! :O)

By the way - unbeatably cute:

„Masaka Kids Africana Dancing To Jerusalema“: ***youtube.com/watch?v=TH4V-yHbJXk***
„Masaka Kids Africana Dancing Unity“ ***youtube.com/watch?v=jD3FWQIDla4***



Powerswitch 373

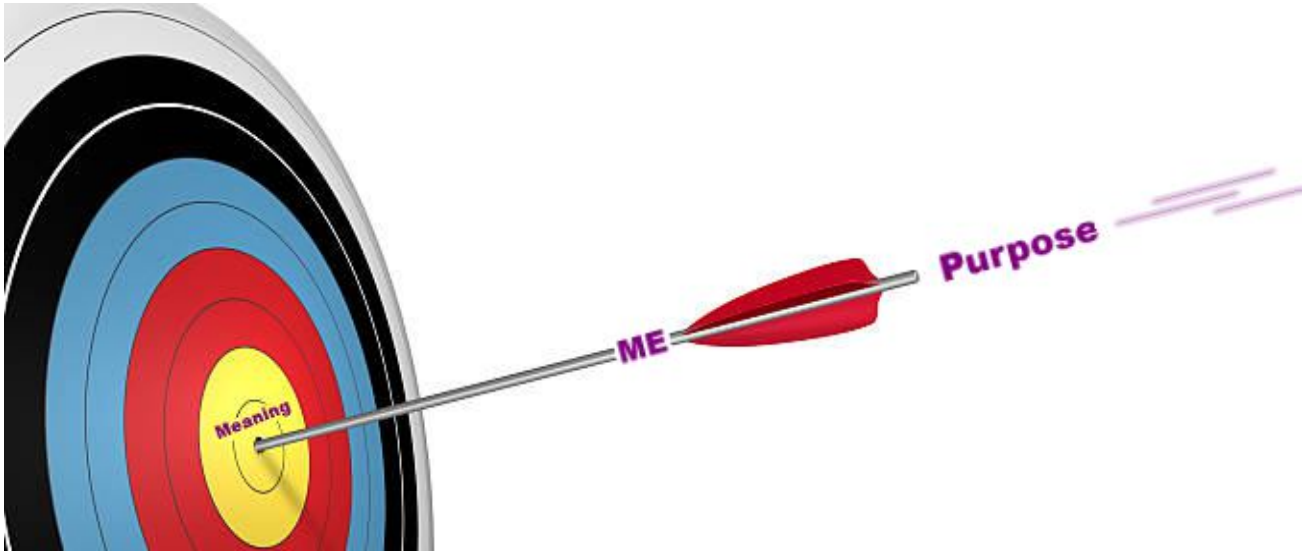
Power is the awareness of the RIGHT button and sufficient strength to reach and to push it.

If you always press the light switch in a crew cabin on a ship, the light only goes on and off again and again! This does not do much good except likely that you are wasting your time! You probably won't have a big effect!

But if you know the way to the captain and you know what he reacts to most positively (children are always a good "trigger", because his children are what a responsible person is always "burning" for!), then you can have, as soon as you own a quality or ability that is particularly important to him, relatively easy and direct influence on the leader of this possibly large ship and eventually also on its course!

So power always consists in knowing the shortest path to the true top decision-maker and in presenting an emotional value for him!

Or best of all, to be such an important decision maker yourself!



Meaning 374

Look around carefully!! Breathe in and out consciously and calmly ...!

You are exactly right where you are now! What you are doing now must also be done now! And if you don't do something, it doesn't have to be done now! This is your homeland! Here you are at home!

Just like Krishna, Siddartha Gautama (called "Buddha"), Jesus or Mohammed lived exactly THEN as it had to be and did exactly THAT and said how it had to be, EXACTLY you are in the right place at the right time!!

There is no other time and place for you than right HERE and NOW !!

And if you have other intentions, then THAT is exactly THEN your here and now!

One step at a time!



Lack of willpower 375

Those who are used to meditation can hardly imagine that it is not really commonplace for everyone!

It's so obvious and easy to grasp for everyone! Apparently there is just a lack of consciousness and interests ! A need for focus and willpower!!



Visibility *376*

Quantum physics says that if you are perceived, then you have carried out such a sufficient mass of probabilities that you have to be perceived. If you are not actually noticed, increase the chances by realizing yourself more often!

Until you can't no longer be ignored!

From the "blurry" and transparent "wannabe something" to the concrete and tangible being in the world of the other!!



Wannabe *377*

Everything that leads to any kinds and forms of aggression is false self-confidence or false pride.

A "correct" pride, "correct" knowledge and a "correct" maturity NEVER result in aggression, reproaches, know-it-all, dominance or problem-orientation, but ALWAYS in friendly affection, calm relaxation, solution-orientation, loving help and kindness.



Shattered 378

I know, sometimes you really feel shattered and totally down! You are doubting, wether its worth that.

But never give up.

Unfold your power and all your strenth, renew your visions and stand up again.

If you are the one to feel this massively encouraging energy and the force of these words , you WILL stand up and fight against all odds and you WILL reach the victory in the end.

Such it shall be!

For those who can see, hear and feel the power of hope and believe. Take a deep breath, remember all the good people in the course of your life, shake your sadness and weakness off, stand up and walk on behalf of YOUR people.

They believe in you, they pray for you and they are waiting for you!



Need advice? 379

Do not have serious expectations on people who do not know YOUR thing and who cannot be enthusiastic about it! You will be disappointed. Sometimes or often you are the only one who knows where to go and what to do.

Never seriously ask a baker who has never programmed how to program a 3D sphere! Or a hairdresser who has never built a house, how to construct a staircase.

You would be disappointed!

So don't be disappointed if your counterpart has no idea. He/she can't help it if you ask a cow about flying!



Blah blah... 380

Many comments in social networks are such a kind of boring!

It seemes, that the writer has compared his/her „contribution“ to any other one not a single time. Elsewise he/she should have noticed, that this kind of comments are absolutely nothing new!

If you“share“ this kind of insights or you share not a thing! It simply makes no difference!

Those smart people simply seemly didn't ever had the intention to help humankind a single step forward!

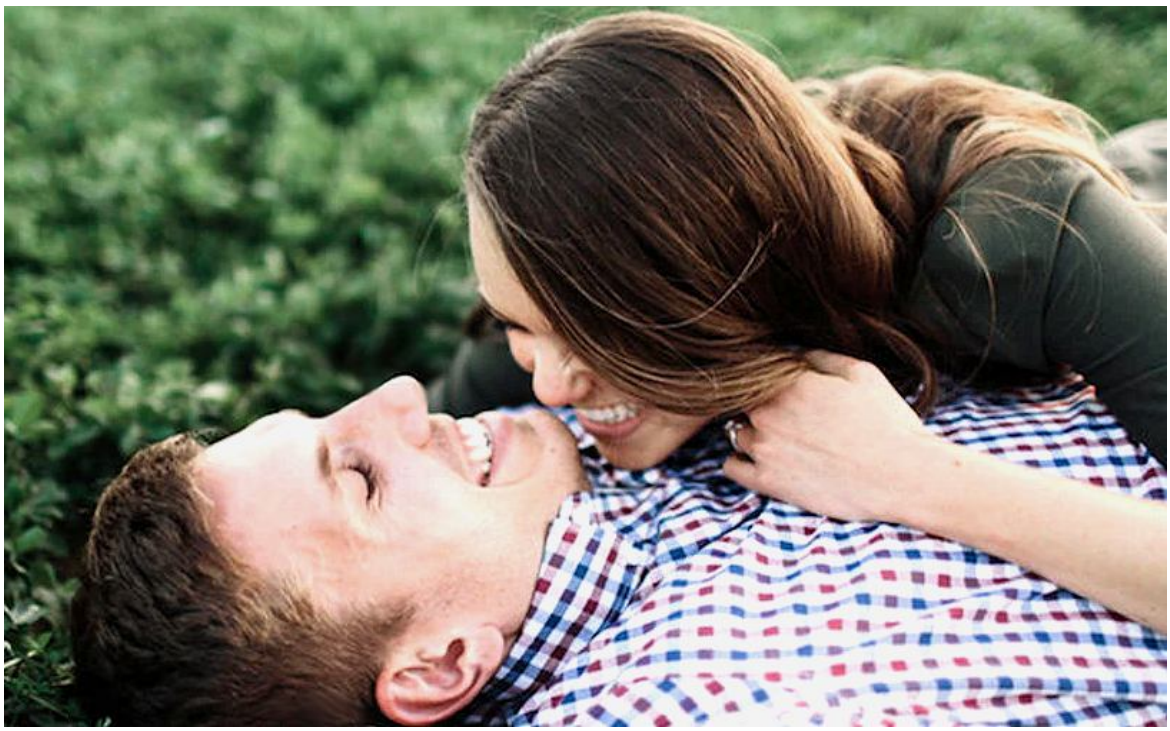
Some wannabes should shut up and forbid themselves to „chatter“ this hollow way, than to stuff the world/internet full with silly nonsense, where then the real important informations are really really hard to find betweeen all these vast masses of overfluent bullshit!

Do they have nothing important and useful to do?

Me: „ahemm ……“ - THINKING ...

Sorry for my stressed nerves! *Because on the other hand it proofs the nerve-strength of our democracies and the tolerance of our religions. Better to accept the „Blah“ than to forbid freedom!*

So keep on a carefree „blah“ing and have a good time! ;O)



Friendly takeover *381*

In many religions, men warn of the danger of being seduced by women. Some even "demonize" the woman!

That can't be the point!

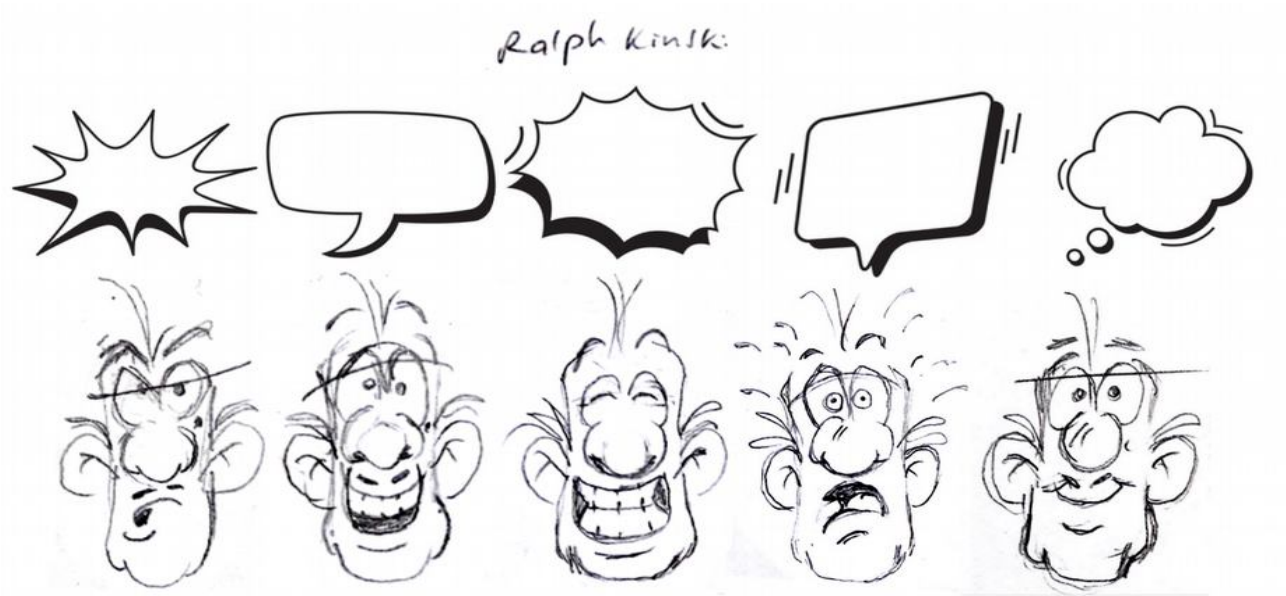
Most of the time, it is more likely a weak "immune system" of misogynist men. Or a fundamentally wrong image of women.

Women are just women. They are exactly as God intended them to be! Self-controlled and disciplined men of God with a strong "immune system" are no longer receptive to female stimuli. No matter how attractive these may be for others!

Bikini, miniskirt and free choice of partner are indispensable "attributes" and rights of a mature womanhood. Godly men grant them that with all their hearts! They are even not able of NOT treating women well!

Freedom and truth are the alpha and omega - and this freedom is true! Just as truth always means freedom!

Women are cute and tender! That is their exclusive privilege and what a fully idiot it were, if he would want it other way!



For self completion 382

Some can search as much as they want, all they find is the next search!

People who have really found are warm, mild, gentle, affectionate, resolute, concrete, approachable, bright (hence the word "enlightenment") and no longer feel any real aggression or depression in the depth of their soul.

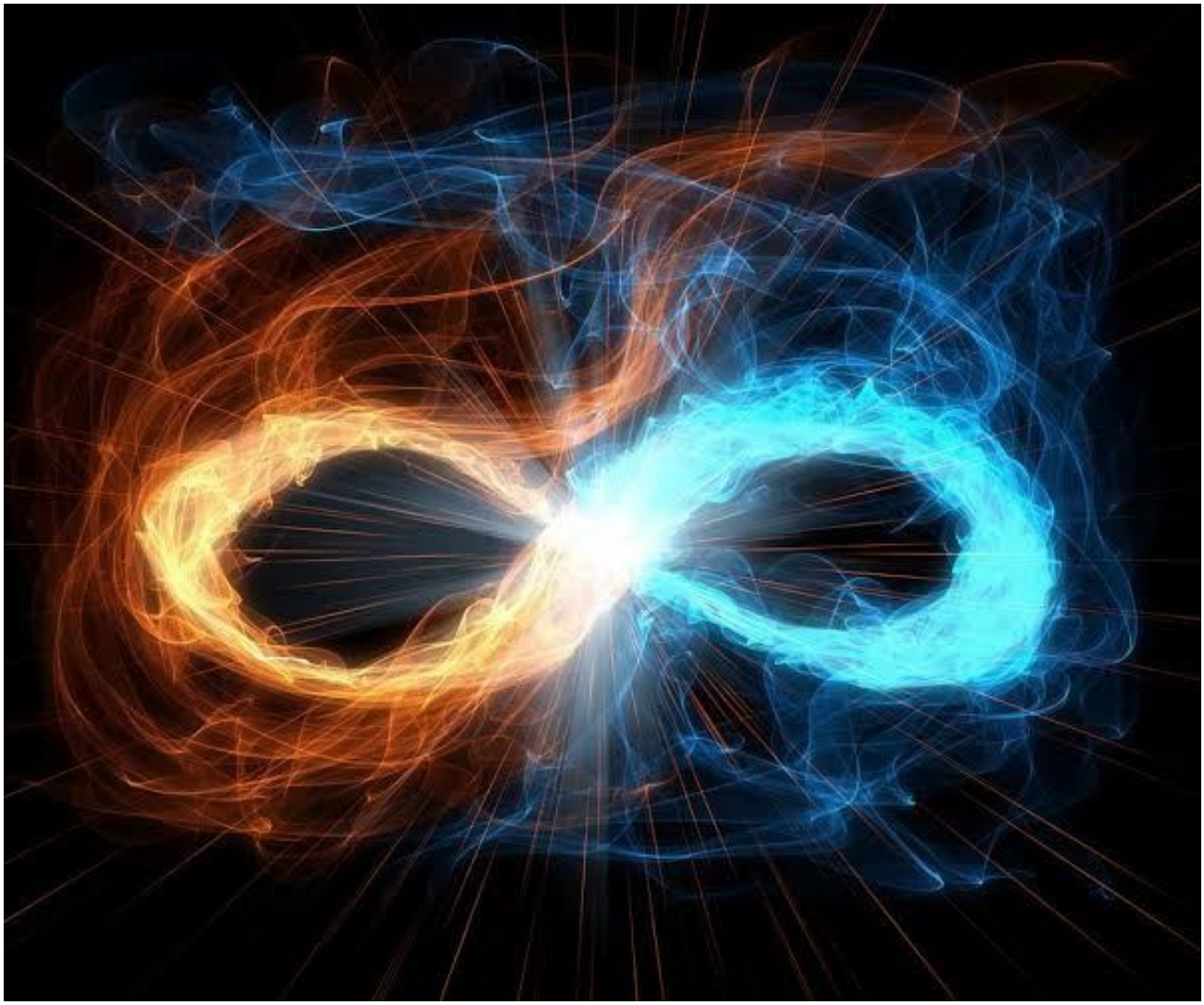
They may be irritable or angry sometimes as well, but the higher level of insight and knowledge quickly dissipates this brief touch of egocentrism in good-natured and generous cheerfulness!



Tidy workshop 383

Sometimes an apparent loss of time is the next basis for a poor performance. Every now and then a craftsman has to tidy up his workshop, otherwise he spends more time searching for his tools than doing his work.

So order is not a waste of time. Every craftsman, computer worker or engineer knows that! ***So … as tidy as you are on the outside, you are as tidy on the inside!***



Infinity *384*

There is actually no such thing as zero!

In an extremely enlarged zoom it can be seen that the zero is also a course of many values. Just so tiny that we cannot recognize it with our previous "possibilities of perception" (senses and instruments).

So, for the sake of simplicity, we name this so-called "clipping" just "ZERO". But the more you zoom into things, the more you realize that something is still coming ... and something else ... and something else ... It just has no end!

I personally believe (unprovable thought-experiment) that the biggest and the smallest are actually the same and meet in infinity and there everything starts all over again! Only on a "different" space level or in "new" time dimensions.

From a physical point of view, there is a spectral course of the colors that we can recognize, from ultraviolet light to infrared light. Outside of these two "ends", light is usually invisible to our eyes.

Seen in a color wheel, infrared and ultraviolet pass through an invisible area and merge into one another. So there is virtually no beginning and also no end.

Only when you align the spectrum linearly and deliberately define these limits arise. But that's a human-made definition. So a determination!

Only in this imaginary spatial limitation there is a beginning, a middle and an end!

On the contrary, in unlimited spaces and definitions, EVERYTHING is beginning, middle and end in the same moment!



You may!! 385

You can be who you are! You may sing, dance and laugh whenever you feel like it! Don't worry what others think – it's your own personal way!

Each of your predetermined transformations implies that the YOU is changing! In such a way that sometimes the others no longer recognize you.

They might say: "I know him/her well from before! There he/she was still a simple little caterpillar that ate sour leaves ... and now he/she is a beautiful colorful butterfly nibbling on sweet blooms!

Transformation is metamorphosis and you are never too old to change!



Digital love *386*

Everything you do digitally will inevitably get lost in the boundless mass of other data, like a drop in the vast ocean!

If you want your works to be preserved, you have to create sensual experiences for all information and address people's senses directly and effectively. Because only the enjoyment of a real sensual experience can people keep coming back to you.

What do you think what you will remember more? If someone of the opposite sex simply says, "I can kiss you now!", or if an attractive being of the other gender actually does it?

One is pure information about a possibility and the other manifests itself and addresses the senses and emotions in a tangible way!

In the nearer rationally predictable future (in my opinion approx. next 50 to 70 years) there seemes to be no way for truely feeled digital love and affection?!

After that point absolutelyl everything(!) is possible!



Self fulfilling prophecies *387*

Don't underestimate the power of your influence on your surrounding, your friends and familly!

For instance you have a babychild in your near. May be a baby of your friend. If you now say cheerful: „This is a beautyful child and it will get quite smart and full with a lot of selfconsciouseness and with a strong charisma and attitude!“, then it might have not much influence.

But if you say this several times on several occasions with strong conviction, the near people like parents, siblings, grandparents, aunts and uncles or teachers of the child will notice it and they will propably more expect the child to develope this way. And so it is a bit propable, that the child - like a bended and directed branch at a tree - factively grows in this direction!

Needless to say, that one predicts only good properties and ablilities which are undoubtedly helpful and positively supporting for the childs maturity!

Please have a cautious eye on people who are trying to "state" bad thoughts, meanings and statements.

Resist the beginnings...



Milestone *388*

All wisdom gets its "real"-ness through the touchstone of physical reality. Everything here and now has to "work out" a meaning in and through the application for "normal" people.

What I don't "somehow" experience here and now for my everyday life and my positive progress has little meaning!

Meaning therefore arises from the positive approval of the "rational" mass people to the "felt" result - e.g. a washing machine or a bicycle. So the more it has or radiates a tangible sense for the masses, the more - also metaphysical - it has sense!

This inevitably leads to the logical conclusion: ***Life itself is the meaning!***

Since a fulfilled being always automatically tends to be cheerful and joyful, one could also say: cheerfulness and joy are the meaning! Everything that makes you happy and makes you joyful is good!

The native americans have a significant saying:

„Accomplished in beauty!"

If someone is logically not cheerful or happy at the core, he has probably not understood the most important thing!



Prejudice *389*

If one has not yet experienced much, expectations and ideas about things still play a major role in every new experience.

On the other hand, the more one has experienced real life and knows the realities and facts - that is the most sublime attribute of age - the more one remains "cool".

Many now think that this may result in the loss of curiosity and surprise. But for most of them it is exactly the opposite!

I now approach things and people much more without prejudice and even more curiously and there remains more and more pure sensual thrill, impressions and enjoyment. I see, smell, taste and feel now ALWAYS like the first time!

Just now without prejudice!

...VERY EXCITING...



V.unbeatables 390

The consonant „V“ stands for the name Vikar!

The dancegroup "V.unbeatables" comes from Mumbai in India. They are in an age between 10 to 25 years and many of them are grown up in poor slums under very precary circumstances.

With the goal to esape their poverty somehow they founded an artistic dancegroup.

During the training for their dangerous acts and their very daring exercises one of their leader died in an accident by falling 10 meters deep to the ground.

The rest of the group sweared him to keep on anyway and to be succesful and so to honor his sacrifice.

Their phenomenal show became such breathtaking and professionell that they got the opportunity for several talentshows. They won much of that competitions and got finally to the biggest talentshows on this planet.

After some amazing, firy and risky performances they won ,,America's got talent“!! Now they have a very generously paid contract in Las Vegas and earning a lot of money which they shared with other poor kids in their home-slum!

What an example, how iron will, enthusiasm and courageful dedication can change life forever!

Heartfelt congrats guys!!



☒ *Jump into future* ☐

391

Sometimes it is much easier to take a new and adventurous step forward in uncertainty than to stay where and how you are. Maybe your old life and you past will haunt you and will catch you in doubts, fears and depressions again and again, if you don't dare to jump into a new life full of chances, hopes and a great future and amazing opportunities!

THINK!

In this really not far future you will simply jump into a car, say your target to the carcomputer and the solardriven car starts and drives you absolutely independently and safely via autopilot wherever you want.

In the meantime you can hear music, watch TV or movies, work online, play with the kids or even sleep some hours. The car will wake you up. Propably there is even a toilette or a shower to fresh you up! And the ,,household“ of your livingcar is made at the next servicestation completely independent. You have to care for nothing. Your livingcar is totally free and intelligent. It will learn by itself and serve you with any convenience!



Create deep and good feelings 392

Music is the language of the heart! Play or sing it like it has never been played or sung before and create good and strong feelings!

Here are – for my taste – three of the greatest songs that ever have been dropped into human phantasy!

youtube.com/watch?v=GpvmX5xrFbQ
youtube.com/watch?v=fMsTuykomZ8
youtube.com/watch?v=KQc__lHTZSo



Tensional 393

Just don't do what people think, what and how you should do it! Always be surprising and puzzling. Be tensional!

You are the One!



Shaolin *394*

Since we are talking about spirituality, there mustn't be the lack of the fightknightes of the shaolin-monks. It is a branch of buddhism, where it is the aim to steer the so-called „CHI". In the chinese healing science there it's accepted, that – not far to any other spiritual praxis - we are not only represented in a physical body alone but additionally in a metaphysical body named Chi, Aura, Energybody aso.

By dominating and controlling this invisible enegetic body shaolin-monks are capable of many amazing things. So they can throw a normal needle through a 3 millimeter thick glasspane with an unbelievable precision and extreme speed. Or they let a 5 centimeter thick wooden stick break by letting beat it over their naked underarm only by concentrating this mental Chi-power on that specific spot in their arm! Amazingly they do not take any damage or feel any pain!

The most famous shaolin-warrior was apparently Bruce Lee.

I will be very careful not to question this fascinating body control!

IT CAN BE DEFINITELY VERY DANGEROUS AND NOT RECOMMENDABLE. PLEASE DO NOT TRY THAT AT HOME WITHOUT KNOWING EXACTLY WHAT YOU DO THERE!

Despite this, it is possible to train this selfhypnotic skills with little harmless and undangerous tests.



100 Percent

395

In the course of your maturity it will inevitably happen that your physical strength is sadly reducing! You can't help it! It does simply make no sense to complain things you cannot change anymore!

Rejoice your youth, happiness and energy as long as you can!

BUT, despite of your age, there is a way to prolong and renew your felt power in each age and under all circumstances!

For example if you sadly have lost a finger or a even a whole foot in an accident or somehow, you can safe your power when you set your new reduced strength of maybe 70 percent to your new 100 percent!

Simply don't be disappointed, when you cannot performance the same power as you used to.

If you was able to run 100 meters in 15 seconds and now you - with all your strength - are able to run this distance in only 25 seconds! This 25 seconds are your new 100 percent!

Be proud of yourself and measure your remaining power now selfconsciously relative to this new circumstances and enjoy your new successexperiences.



Genghis Khan 396

If you try a chance and you ask only a few people to support you, it may happen that nobody of them has an idea or is cowardly reluctant.

Before you stop and give up disappointed, try simply to get more people to help you ... and then even more and more.

It's always a good advice to consider a bigger bunch of helpful and supportive people. Then you are not so dependent of each single one and the possibiity of a positive answer rises.

It is much more likely to hit the center-spot if you are throwing as much dartarrows on the board as you can grab.

Genghis Khan has convinced the tribal chiefs around him with a simple comparism. He took one branch of a tree and broke it easiy. He said, that is what happens to a solely warrior. Then he took a bunch of branches, showes it to the chiefs and tried to break them! He couldn't do it!

He said then; „together we can win everything". And he became one of the most succesful conqueror of all time.



Lao Tse

Beside Konfuzis there lifes in China at the same time propably the philosopher Lao Tse. Both seemly knew and influnces each other.

While Confucius was writing the „I Ging“, Lao Tse was developing his main work: the “Tao Te King” - The science of the Tao.

Both have had a strong influence on the tradition, culture and mindset of the greatest people on earth!

These are some of Lao Tse's most famous quotes:

"Even the longest march begins with the first step."

"The universe is perfect. It cannot be improved. Whoever wants to change it spoils it. Whoever wants to own it loses it."

"The soft conquers the hard, the weak triumphs over the strong."

"The best leader is one whose existence is not even noticed, the second best one who is honored and praised, the next best one who is feared and the worst one who is hated. When the work of the best leader is done, the people say: "We did that ourselves". "

"Love makes you brave, modesty makes you generous.

"A country is governed according to rules and regulations, war is waged without rules with cunning."

"Splendor of color blinds the eye."

"Violence breaks in itself."

"It goes well who goes without a trace."

"I have three treasures that I guard and cherish. One is love, the second is modesty, the third is humility."

"The more bans, the poorer the people."

"So the good people are the teachers of the bad, and the bad people are the material for the good. Those who do not value their teachers and do not love their material would be seriously mistaken with all their knowledge. That is the great secret."

"You form vessels by kneading clay. But only their hollow space, the nothing, enables fullness."

"True words are not pleasant, pleasant words are not true."

"Those who defeat others have strength. Those who defeat themselves are strong."

"Those who know others are wise. Those who know themselves are enlightened."

"Gaining in wealth means losing in being."



Timetraveller *398*

It is no problem to travel in time! At first into the past, but with more and more training and exercises even more and more into future.

I will lead you … NOW.

For instance, close your eyes and try to remember as good as you can your last birthday!

Did you?? THIS WAS YOUR FIRST TIMETRAVELLING!!

You will eventually say, that is nothing special! BUT IT IS!!

Now try to rember your secondlast birthday! DID YOU?? If you train it and you'll get used to this procedure, you can travel to any point of your life whenever you want.

It is NOT longer the „normal“ rememberance of your „normal“ memory as soon as you are consciously aware of your doing. See the upcoming pictures and try to fix them as clear as you can! Go stepwise back and forth in your mind and see the appropriate pictures. They WILL come undisputably! With more and more practice you can steer your inner journey like a movie! ***That is no joke!***

You can realize things alone by imagination. This manifestation can be watched by you similarly to a real physical existence. It is an absolutely amazing experience!

As a helptool for the first steps take a big sheet of paper. Evtl. gloo some sheets to one! Then draw with a pencil as much vertical columns as you are of age and numerate them! Then you draw horizontal rows e.g. 10 or 15!

Fact	1	2	3	…	35	36	37	…	years old
important events	Birth	1 st walk	own chair		marriage	Baby	holidays in France		
friends	Emmy	Emmy & Joey			July	Bob & July	Eric & Bob		
Cars					Fiat Panda	Ford Mustang	Mercedes Benz	Rolls Royce	
Jobs					Trainee	Clerk	Consultant	Boss	

„somewhat“ e.g. flat, journey, salary, favorit color, favorit music, favorit actor...

... aso... got it ??!!

That is time-travelling!

If your capability to imaginate goes to perfection it works on its own step by step! You will wonder, what there all comes up ;O))

Nothing very miracolous, huh?! Like magicians on stage, it's the over and over trained routine and the speed that is combined with this routine what makes it „somehow" mysterious for not knowing people! EVERYONE CAN DO THAT!!

You can do this „trick" with anybody! He/she will be really surprised of what you are all knowing and how you can „read" their mind! ;O))

In the course of time you will also be able to imaginate or to „guess" the next steps into future. You have often simply to prolong the present facts into the nearer future. With more and more practice you will get better and better! Somehow you will meet the wisdom of the universe there! Promised!

Mostly you will not get to know these hidden techniques, because so you can then have a peek into the pocket of the magician! ;O)) Some will strongly tell you, that I am wrong! But, THAT IS THE ONLY WAY!

It is all a kind of meditation and the mystery of imagination! ***Believe it!***

The more you are a good „looker" inside, the more you will get hints and thought flashes from the outside, because you will get more and more aware of your connectivity with your surroundings and the you surrounding beings and their good or bad thoughts and vibrations!



Plainly 399

Hope is always hope! Hope cannot be doubt! Who doubts, is not hoping!



Mindfulness *400*

A special form of attention is enthusiasm! Be enthusiastic about everything you do, what you can, what you know and what you are!

Do any activity such as peeling potatoes, fix an engine, mow the lawn, or write a simple letter with enthusiasm. Be glad!

See what is special in it: how everyday it normally seems to you to mow the lawn or to drive a nail into a board! Imagine where the nail - or the hammer - comes from, what history it has, which way it "went" to you!

Everything is full of spirit: "Full of mind"

See things anew! When you go to the office, ,,smell“ spiritually the area! Is it what you want it to be? If not, change it! Or take a look at your colleagues, are they maybe monotonous as always? Come up with something that will make them alert and energetic. Be the motor of movement and motion so that it is fun to watch you and even participate.

Every thing has its own soul. Connect with the soul of things and nothing is indifferent anymore! You literally “smell” the peculiarities of an object, a tool or a being. You can "smell" everything that you are seriously engaged in with enthusiasm.

For instance your relationship to animals as horses, dogs, cats or even snakes, birds or whatever. If you get close to them with a tender and calm, respectful attitude, they will open up their souls to you! Animals are very emotional! Hug them humbly with total patience and softness and they will hug you back! ***REALLY! They do!***

Once you have found this point of special enthusiasm for yourself, then you can direct it to EVERYTHING! You can fill EVERYTHING out of your spirit with enthusiasm and soul!

If you wanna get good and reliable, you have to produce the same good performance every day so that the people that rely on you can calculate you. That is reliablility!

To gain a permanently good performance or work, so to say like a good top performer you have to fulfill your daily duty



Cataract desease *401*

I want every child and every human being to become what it/he/she has the ability to be.

For example there are hundrets of thousands of people, adults but kids and young people as well, with the cataract desease of their eyes, which can not see anymore. The surgery costs „only“ round 50 US-Dollars for one relatively simple and easy to do lens-surgery.

And the blind can see again and from then on, they are able to participate on their family life again, they don't need permanently care no more, they are capable to help their mothers in the household or even to maintain their own lifes again!



Lifesource 402

Every beginning has a hope! Namely the hope of success.

And every success contains a new fullness of possibilities and opportunities. Namely the idea of a successful and happy life full of lightness, laughter, happiness, strength and contentment.

So it is not the dream of wealth, fame and power itself that spurs you on, but first the bright vision of a healthy, happy and perfect life full of love, harmony and success, which carries life itself on into the ever more beautiful future.

So treat yourself again and again to the enjoyment of the beginning and enjoy the moment of each individual progress! Just never stop starting! Every beginning is a newly lived amazing magical life!



Never quit learning *403*

Even if you are a bit older and guaranteed not to be able to jump two meters high. Nevertheless, Give your best in all seriousness to give it a try !!!

The way there will make you really rich! It doesn't matter if you actually make it! Rich in experience, knowledge, strength and youth.

You can then talk to those who actually have this goal in front of them and through your new knowledge you can effectively and honestly help them to achieve their goals!

Logically, the high jump is just an example! But the principle can be applied to everything: to fast running, to independence, to building a house, to cooking or whatever comes to mind. Your consciousness will rise and spread immensely!

So, if you want to stay young in spirit and in your soul, be a respectable, experienced partner for the younger people who actually still have to pull the cart!

It will definitely do your body good by the way!



Silent hunter

404

A successful strategy for all experienced fighters is the unnoticed sneaking up and the surprise effect!

In most people's lives, open physical combat is of course no longer a serious issue! But the strategic effect is always the same under all conditions!

Prepare yourself for important moments and situations unnoticed, without anyone noticing! If you e.g. prepare a speech for a company event, do it in silence and then come up unexpectedly sparkeling bright with a brilliant idea. ***You will remain in memory!***

Imagine that you are doing and mastering powerful and effective things and nobody notices or knows anything about them! Only you know when the right moment has come! And if it doesn't work out, then nobody can blame you!

Just don't give your opponents and competitors any opportunities to hinder or boycott you and surprise everyone with your quality and perfection!



Crampless

405

Even the biggest, strongest and greatest guys are normal people in most relationships!

Appropriate respect for performance and knowledge is good, but don't be inhibited or literally cramped when dealing with "big animals"! Often these "big animals" feel downright uncomfortable with the respect-distance and they would like to enjoy more closeness and familiarity!

With dogs, there are sometimes funny situations when little pinschers "control" large dogs. They only respect each other's mental and individual "power" and dominance of the other. So it can happen that a great mastiff has really huge respect for a tiny mini poodle!



Talents *406*

A really good leader - like a trainer in sport - shows that he himself has in principle what he demands of his people or his students.

It is not a question of e.g. a boxing trainer or boss also has to become world champion himself in order to be trustworthy (although: it would be helpful), but rather that he convincingly conveys successful technique, perseverance and wit, which the student then perfects in his own way. The trainer/boss may or must then be able to rely on the constructive cooperation and the special potential of his student or his team!

A very significant example here is the German national soccer coach Joachim Löw! He was never a particularly brilliant and conspicuous player, but a particularly brilliant and absolutely reliable, believable, honest and personable trainer who, with his unique mental attitude, managed to develop good player material to absolutely brilliant and impressive world champion material (Schweinsteiger, Podolski, Lahm, Klose, Neuer, Boateng, Hummels and many more)! In addition, with a career of now 15 years he is the longest-serving national football coach in the world! ***My respect, Jogi!***

It is not the trainer who makes the world champion, but rather, with enthusiasm and unshakable positive energy, he helps the talented student to develop properly and sensibly according to the respective talent!

The winning gene and the extraordinary talent must, however, already be contained in the student himself!



Harmony 407

As usual in music, it contents of harmonies with no ends. It's all about harmony!

There are several tricks to help music on the jumps!

Here is my favourit on a commonly piano (sorry, on guitar it's much more difficult to explain. Other instruments like Oud, Sitar or Flute will have to find its way by phantasy ;O)):

So it goes...

Initially both hands are playing „C-Dur“. The left hand on the first octave and the right on the third octave. After the measure of two quarter bars only the right hand plays „G-Dur“ and after two more quarter bars the right hands turns back to “C-Dur“!

Two quarters later both hands switches to „A-Moll“.

Then after four quarters only the right hand goes to „G-Dur“ again and after two quarters back to „A-Moll“ again.

Then after four more quarters the right hand plays „D-Moll“ and simultanously the left hand plays „F-Dur“ for two quarters and goes then to „A-Moll“ for two quarters more.

Then the left hand goes down to „G-Dur“ while the right hand plays the next upper „G-Dur“ for eight quarters. And after a sum of 32/4 the whole thing goes right from the start („C-Dur“) again.

But now after the next 32/4 instead of „C-Dur“ you play „F-Dur“ with both hands for two quarters and while holding „F-Dur“ with the left you play „A-Moll“ with the right hand for two quarters more and go up to „E-Moll“ with the right hand for two quarters. Finally you play „G-Dur“ with both hands – the left down and with the right up to the next octave for the last 8/4 of the whole squence.

Then you can repeat that all as often you wish! A further special trick is to transpose it then for two halftones from the key of „C-Dur“ (C-Am-F-G) up to key of „A-Dur“ (A-D-G-D)!

A very important effect of this technique is, that there often results „magically“ some interesting and tensional septimes from it.

Play around by this harmonies with apropriate white keys only and with some variations of the rythm!

It is entirely a vast universe of intuitions and ideas in this! Promised!

Have much fun with it!

Here you can peek an idea of this structure. Not very perfect! A raw recording without any big mixing or arrangement. This video is meanwhile round 7 years old (2014 – I was still 60 years of age). Please don't look to seriously on my „guitar-hacking“. It is just a simple demo of a happy tune!

„mediaplayer.de/music/basicals.mp4“

*In my opinion – one of the best songs ever „**I love you**“ by the Isley brothers was made pretty similar to that logic!*

Take a look here **youtube.com/watch?v=U_9M6kRfJes**
or/and here **youtube.com/watch?v=5sD8tuRCsec**



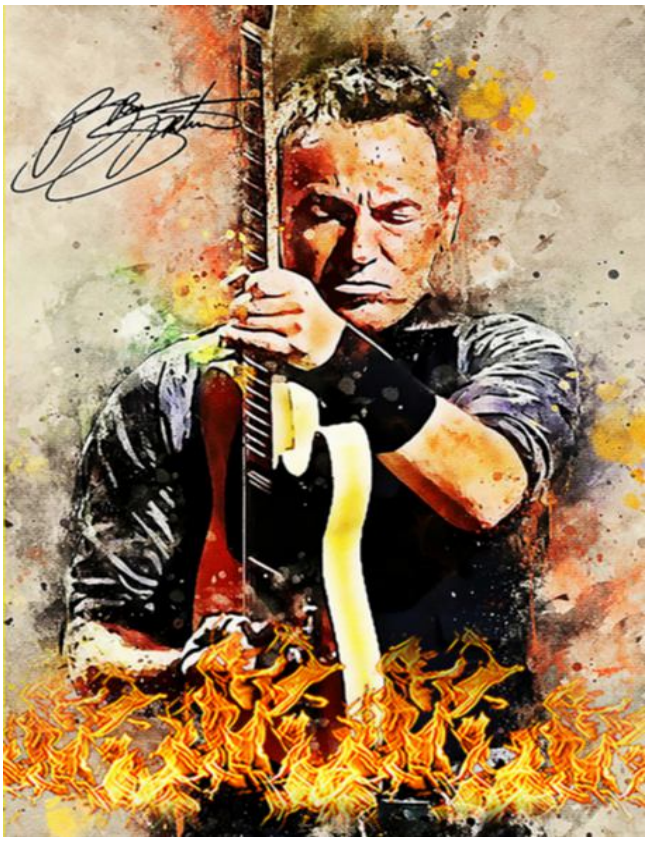
Bass and inspiration

408

Some who cannot hear or see feel the music and rhythm much more intensely than "normal" people. They have very unusual antennae and ideas that are usually closed to us "normal" people. So if you need new musical ideas, it is very helpful to ask such particularly sensitive souls. If you are ready to listen carefully, they will open up a universe of new ideas and inspiration to you.

What is always very astonishing is the variety of birdsong. Blackbirds in particular have an almost endless repertoire of beautiful melodies! They swing like sweet and juicy fruits in the room - you just have to learn to "pick" them!

It's a tremendous source of amazing ideas!



Legend

409

It is a real kind of art to create a legend! But do it!

Create a legend out of you! Be mysterious... Build your own interesting story within any story.

It's your life!

Nobody knows ever enough about you to be certain able to control you. You are the only true specialist in being you!

Don't let them unsettle you!



Clowdless perspective 410

It is an exceptionally strong quality of some people who remain in a good mood, optimistic and positive even under uncomfortable conditions. Even if they have bad days and feel uncomfortable, they are still able to think positively and optimistically!

You carry the sun in your heart and mind and stay positive even when it's cold, wet and windy and very unconvenient!

This is not a quality that is only given to such naturally gifted beings. ***You can learn that too!*** *Just keep in mind that the sun is always shining above the clouds and that your opportunities are always blooming. No night lasts forever and every storm ends somewhen!*

There are always new ways out and many new possibilities. You only have to use them when they are there! In winter, for example, put on a warmer jacket or open the umbrella in the cold rain!



Justice

411

God, the universe, the great spirit, the highest energy, nature or whatever you would like to call it, knows no individual preference. Everyone is absolutely the same here and represents the same value!

The wind blows around the whole planet, the water is evenly distributed where it can flow. And the sun shines - except on the northern summer nights - always and everywhere! They - and with them their energy, the solar energy, therefore belong to all of us!

In modern times this flow is also visible in economic power! Stocks and money trading are spreading evenly across the global business world!

Wherever one wins, the other loses. And vice versa! (Except the brokers, but that's a different topic; O))

In the end, it is only crucial to know as precisely as possible where the "best and largest oranges are growing" and how to harvest them cheaply! This means that every commodity, every product and every service represents unique, specific conditions.

Whoever knows best and fastest which product or service or which amount of money is moving where and when (being sold or bought) can, so to speak, "bet" on this probability.

The one who bets correctly most often through observation, mathematics and probability calculations or through the most correct application of so-called "indicators" wins more than he loses in the long run!

So if you have the extensive knowledge, the more correct forecasting technique and a lot of experience, knowledge and practice, God does not really care where you live on this planet! ***Then you win!***

So, superficially seen, this is justice!

But only superficially - that's not all!

Unfortunately, this process disadvantages those who, due to their parentage or external circumstances, do not have the fair opportunity to successfully participate in this "game".

In order to restore justice here, God sensibly "invented" the "conscience" and altruism (unselfishness)!

"Something" in the human being creates in most of them a compassion for the disadvantaged and causes many people to feel relevant and responsible for the weaker and the disadvantaged.

This economic and moral-mental process of the so-called "niveau-compensation" is inexorably in constant motion and will only end as soon the autonomous standards of prosperity and education of all those involved are roughly the same!

Only then will true justice be established!



More 412

With everything I do, I don't know whether I will actually achieve what I plan to do!? But I know one thing for sure! That I will have got further than this!

Learn to live one day at a time!



Yesterday *413*

Some say „Yesterday is dead an gone.“

But yesterday is far from over!

It is your accumulated knowledge, your completed training and your experiences that carry you from past into future! That all gives you the strength and the self-confidence to take the next step ...

Never disregard the past. It all led to THAT what you are and who you are right now!



Confirmation

414

Positive people who like you tell you the good.

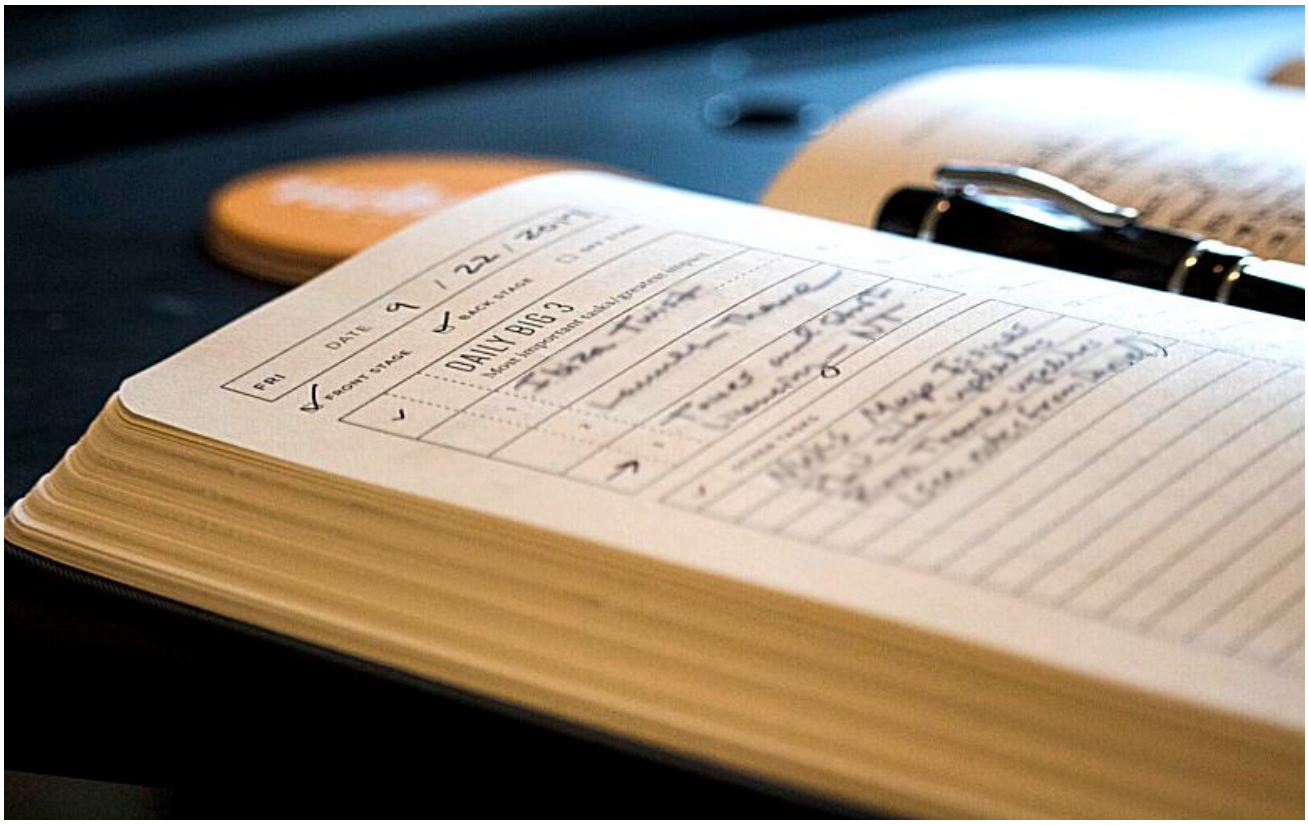
They tell you positive things about yourself! About your strengths, your abilities, your possibilities and opportunities instead of your weaknesses and doubts!

Early birds

415

If you know that you have to get up early tomorrow, then go to bed early today - without an excuse! You need YOUR amount of sleep. Otherwise you are unconcentrated and inedible!





Rituals 416

Make this your everyday ritual:

Decide which of your tools and aids you will probably no longer need in the near future and put them in their intended place! Otherwise it will always be in your way!

You do the same with the important things so that they are ready to hand in time!

As every world champion is, Muhammad Ali was extremely prepared for each of his competitions. He practiced and trained for many months for every fight for many hours every day! A master knows what he wants!

Organize your day and your time in precise, recurring procedures and exercises! Develop a precise routine like a karate fighter! So that it still works precisely even in dreams!

This is the key to any major success:

Be clear about what you want and just always be prepared as good as possible!

AND: No self-pity at all!



Predefined 417

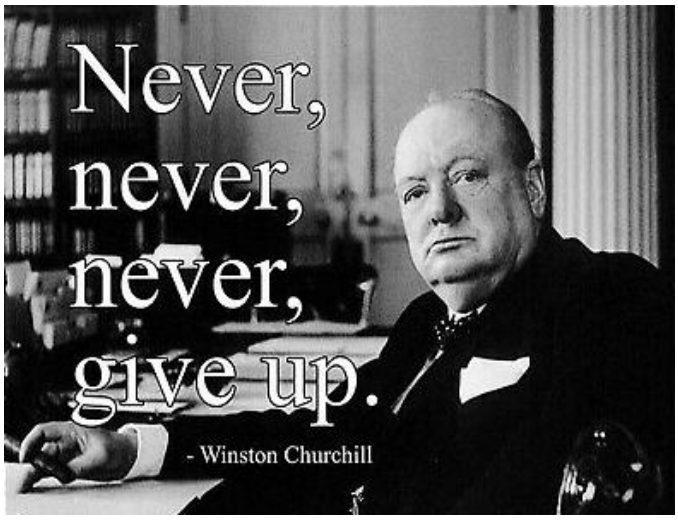
There are people who WANT to understand "buy", even if you said "bye"!

From this they assemble their prejudices! You can always try to correct that! If you then ask what they have heard, they say "buy" again?!?!?

Some are so busy with constantly getting their prejudices confirmed that through what is known as "selective perception" they only hear or see what fits into their predetermined and unconsciously wanted context!

Now and then I catch myself doing it too! Don't you, too?

It just doesn't make sense to blame such stubborn people for something! You just can't help it! Pity!



Never give up 418

I don't know what all I will do in the futur?! But I know exactly what I'm guaranteed not to do!

To give up!

Because only those who do not give up can win! If you give up, you cannot win!



Unique *419*

If you really want to be successful, then always be authentic! Be a distinctive original. Do things like no one has done them before!

Always do your tasks in a special way: e.g. be

particularly good, particularly smart, particularly athletic,
particularly helpful, particularly resourceful, particularly good-humored,
particularly fast, particularly fast, particularly cheap,
particularly reliable, particularly punctual, particularly orderly,
particularly professional, particularly enthusiastic, particularly concentrated,
particularly sensual, particularly creative, particularly sensitive,
particularly disciplined, particularly determined, particularly relaxed,
particularly complete, particularly tough, particularly successful,
particularly comprehensive, particularly powerful and energetic or/and particularly vigilant and hard-working,

Or be a particular mixture of these all or a particularly striking combination of such particular properties!

Be "exceptional" and approach people and your customers in particular! What do you expect something "special" if you don't want to perform something "special"?



Sugartrick 420

For to get a glimpse of what Shaolin-monks are doing, take a teacup, place it in the middle of a table, take a piece of lump sugar in the left hand, go two steps away from the cup. Position yourself with your whole body turned away from the cup so that you cannot see it!

Then – in one single fluid motion(!) – turn on your feet towards the cup, give the piece of sugar from the left hand into the right (left handed vice versa) and throw the sugarpiece into the cup.

Mind you: in ONE single fluidly movement without any delay!

In the first step you will probably have no chance to hit the teacup! But you will notice that try per try you will come closer to the target! Until after a while you will get it!

Similarly THAT is what Shaolin monks are doing most of their time. But not with a piece of sugar into a cup, rather with an arrow shooten from a bow onto a target 100 meters away and blindfolded!

Or they train to cross a three meters broad and one meter deep moat, only by stepping amazingly quickly on a meter long and 20 centimeters thick tree stumps without getting wet.

Please be cautious with this exercise! You have to be capable of swimming and you will certainly get very wet the first times! ;O)



Lucky fellow 421

If it somehow works, then sleep well and sufficiently and have a good and sufficient breakfast and think well and sufficiently of all those who cannot afford all this (e.g. in Yemen) or who are refused it!



Godspell 422

Do not underestimate the time you are half asleep between your night sleep and your final awakening! In this relaxed intermediate state of natural "mystical" vigilance and sensitivity, it may well be that you hear God, the universe, the great spirit, nature or whatever you want to call it, quietly speaking to you!

You will probably quickly notice that these words "somehow" come from an infinite truth and not from your normal state of consciousness!

These words then very often have a maturity, depth and cleverness that you obviously are not capable of in normal everyday life!



Eli who?

There is simply NOTHING that does NOT belong to God!!

Everything comes from him and everything returns to him! Always be aware that you have only received your life and this whole world from God on a generous and temporary basis! And what has been lent to you, please return it in a decent condition and a mindful manner!

You have no real power over fate and over this world!

THINK!

Who will forbid the lion from hunting? Or the fish from swimming? Who wants to order the whale to fly or the water to flow uphill?



Allah

I cannot understand the Arabic script and I have only read parts of the Koran as a translation. In addition, this book at hand contains pictures that one or the other Muslim or Muslima might not like. Sorry, but that's just the way it is!

Despite everything, I understood that the majority of Muslims are characterized by friendliness and helpfulness. Hospitality is even a sacred duty of the devout Muslim or every Muslima, regardless of the origin of the guest!

Islam is an Abrahamic religion and its God is the same as everywhere - because there is no other! THAT is the most basic quality of God!

THAT THERE CAN BE ONLY ONE!

Likewise, there can be only one truth! It is inextricably linked with divine justice.

In this book I try to shed light on those human peculiarities and circumstances from all possible perspectives, which are absolutely independent of any religion, skin color, culture, nationality or education!

In the process, a single, very specific and all-pervasive energy crystallizes out indisputably and uniformly, which is worshiped and lived equally by all people and beings everywhere on this planet! ELSE WE ALL WOULD NOT BE HERE!

THAT IS THE LOVE!

I have full confidence that all nations can unite harmoniously under the protective shield of love! Everyone will be able to meet each other in a familiar and friendly manner as soon as they utter this slogan!

NOTHING CAN ESCAPE OR RESIST LOVE IN LONG TERM!

It embraces EVERYTHING, it defeats any quarrel, it is bright and warm and tender and it enables even bitter enemies to shake hands or even to hug one another!

ALL MOTHERS ARE LOVING MOTHERS AND ALL FATHERS ARE LOVING FATHERS!

We all(!) are brothers and sisters under the star of love!

NO ONE IN THIS WORLD LIKES OR WANTS TO BE EVIL !!

Amazingly the arabian words "Salam Alaikum" comes from the same word-root as the jewish "Shalom Aleichem" what in both cases means exactly the same:

„PEACE MAY ALWAYS BE WITH YOU!“



One-egg twins 425

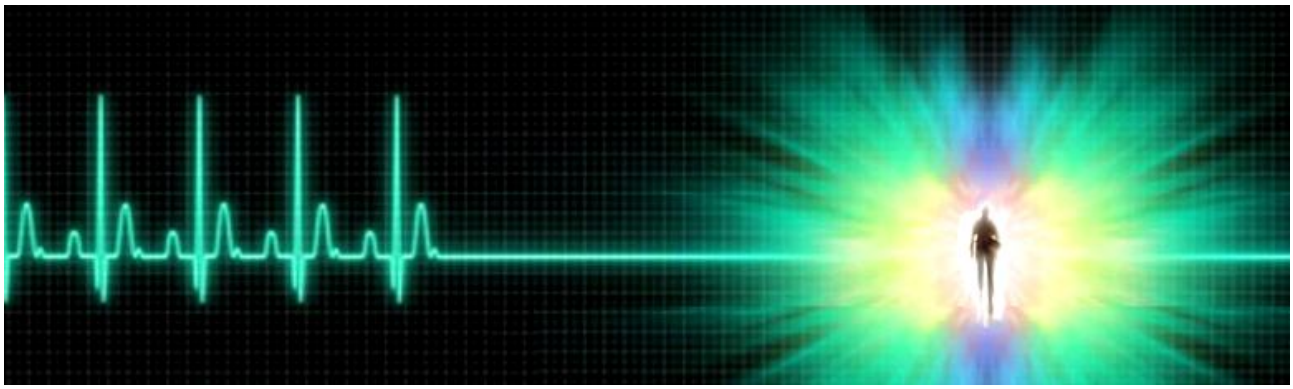
Anyone who believes that everything is individual and independent could possibly be mistaken.

Twin research tells the story that two identical male twins were separated shortly after birth. One grew up with working class parents in England and the other with wealthy parents in Australia.

The twin researchers found out where the twins are currently living and visited them when they were around 40 years old!

It turned out that they had both been married in the same year and that their wives had the same name. Both had two children, a boy and a girl. Both named their children the same! Both had a small dog of the same breed and called it identical, and both had a tree in the middle of the garden of their similar house, around which they had built a round bench!

Another case is amazing too! Two identical twins were separated after birth. One lived in Canada and the other in Australia. After one brother fell ill with kidney cancer in Canada, the twin researchers quickly visited the other brother in Australia and had him examined. It turned out that the other twin was also suffering from the same kidney cancer and could be operated successfully in time!



Near-death-experiences 426

In a long, eventful and correspondingly exciting life, up to now 67 years, there is of course no way around the subject of "death"!

So there were several situations e.g. in car traffic or during physical activities where I just barely "jumped death from the shovel".

I only want to describe two of these memorable experiences here:

1) *I spent my youth in the provincial countryside in the north of Germany mainly in the 1960s. On the one hand it was the very pleasant time of the hippie era, but on the other hand it was also the time of the terrifying rocker era. During this time, I was often involved in unintentional combats.*

Some rockers from that time liked to look "dangerous" and ultimately also to be.

There was not only once the situation that whole rocker gangs with up to 20 or even 30 strong thugs attacked small discos or village festivals in the countryside and beat up everything that couldn't escape through the window quickly enough.

In the course of time some gangs got so clever ("experienced") that - while most of them came through the front door - some stood in front of the windows to intercept and beat the „escaped“ people (naturally only the boys or men). Often it wasn't really dangerous brawls, but “just normal” brawls and smaller fights.

However, there were also situations when things really got down to „business“ and some of them later became ripe for the hospital. Even knife fights and blows with wooden clubs or brass knuckles were not uncommon.

So much for the explanation of the current environmental conditions! Bloody fights, concussions and various broken nose bones were almost the order of that days.

In the cities things were a little more civilized due to the relatively quick police presence. But the 60s were "hot" times there too!

During one of these frequent quarrels, on the stairs in front of a disco I was kicked hard on the middle of the nose (since then my nose has been a little crooked ;O)), which logically clouded my consciousness by this terrible pain.

However, I still had a brief opportunity to look into my opponent's face beforehand and to ask myself how a relatively "normal" face could turn into an almost bizarre and hateful grimace.

When I tried to come to awareness again, however, I received a second heavy heel kick in the back of my head, so that I passed out. In the short period of time between these two kicks, I can only remember that it quickly became clear to me that a person with such a grimacing face is actually able for anything.

Since I did not know whether and how I would wake up again, I was seriously finished with my life at that moment.

The second kick ended my thought-train abruptly and it went black around me.

When I came to consciousness again, "my" rocker had let go of me and turned to new promising victims.

As a kind of near death experience, I would only call the moment when I actually said goodbye to my life.

Strangely enough, the feeling was a total relaxation!! Any fear and excitement had completely disappeared. On the contrary, I even thought it was a bit funny and if I hadn't been in such raging pain and bleeding from my nose, I almost started laughing!

When I was really awake again after the second kick, the first pain and the bleeding had subsided a little and I went to the toilet to wash myself.

Thank goodness no other rocker was interested in dealing with me. When I came back from the toilet the spook was over. The gang swung onto their motorcycles and disappeared as quickly as they had come, engines humming. The innkeeper probably notified the police.

This is only one of many events of this or a similar kind. Let me just add: In order not to unsettle the sensitive reader, I have understated much here!

The rocker times but also the hippie-game-life were extremely eventful. I know it sounds strange, but in spite of everything, there were nice people with downright philosophical ambitions among the toughest and most feared thugs.

Later I was better acquainted with some of them! "Friends" would not describe the situation very well, as many of them immediately switched characters from friend to foe as soon as alcohol or girls (or weapons) were in the play.

Thank God this hair-raising "fashion" has largely been defused! Quite a few of these leading rockers have lost their lives or their health during their breakneck escapades as "courageous role models" in such Vabanque games.

What should not be underestimated is the influence of the lovely femininity! Because even hard rockers (how amazing) fall in love at some point and start families and then push the baby cart "on foot"; O)

In addition, the enlightening and soothing effect of the 1970s and 1980s, not least due to the increased consumption of marijuana and the emerging enthusiasm for psychology and analysis, contributed to the fact that the use of brute force for conflict resolution was not considered particularly intelligent and mature.

2) *I also became acquainted with a two-week coma and am asked again and again whether I have seen or experienced anything special?*

The short and clear answer is: ***yes****!*

When I went into the coma, nothing special actually happened inside. I just passed out and couldn't feel anything!

I also have no conscious memories of the time during the coma.

Only during the approx. three days of waking up did "strange" states or "hallucinations" occur! To tell all of this would lead us far too far! That would be enough material for a separate book!

Only that much:

Various dreams and visions occurred that I cannot and will not explain in detail here.

One type of dream obviously had to do with my subjective preferences and desires, which I wasn't so clearly aware of beforehand. These lucid dreams alone are absolutely worth analyzing in more detail!

But what, in my opinion, is much more important is a deeper or now a very deep and intuitive understanding of the relationships between individual beings and the world. So for the various correlations that surround me.

The most important thing is a kind of "smell", as I call it, which I intuitively receive more or less clearly as soon as I focus on a situation or a person.

Every being and every situation gives off a special, I call it "mental" aroma! Like every normal smell of a thing (e.g. a flower, a horse or a person), every "thing" has a special mental "smell"! It arises mainly from the special "history" of it.
The more relaxed I direct and focus my mind on such a "thing" or being, the more clearly I perceive this more or less intense scent!

It has e.g. already happened that I could precisely "smell" the birthday of someone I didn't know yet only by the appearance of the skin and hair on (in this case) her neck. The fact that I can "smell" the inner mood of people regardless of their behavior (so-called "empathy") has become part of everyday life for me!

What seems most useful to me in daily life is a special ability to grasp things and their effects and interrelationships spontaneously and intuitively far below the usual superficiality. It's a completely different way of seeing and perceiving the world!

Every(!) situation gets a new and deeper meaning and interpretation than before!

More than 500 such impressions are described in this book and I am sure that this "state" is still far from being over. Three, four, five or even more such impressions and interpretations easily come to my mind every day and I could easily fill one or two more such books with it.

On some days it really "hails" such insights and sometimes I can't keep up with taking notes ;O)

I just cannot describe in detail all the experiences that I could remember here. It should only be mentioned clearly that I have understated almost everything here!
That would all be exciting material for new books!



Godexperience 427

If one thing is common and typical for what we call God, Universe, the Great Ghost, the Highest Energy, Nature or whatever you might name it, then it is one word:

Unity! *Nothing(!) can ever be devided from this.*

All and everything is in God and everything is one!

It is here to shatter you! To shake your selfconscious through and through! If you ever felt yourself separated from anything! You aren't! Also you are an efficient and dependent part of that all!

There is a question that most people dont' dare to ask: „Why"! You cannot ask why the universe exist!

„Why" is an ultimate question! Superficually you can ask „Why" for everything and it will open up your mind more than any other question:

E.g. Why do you do that? Because I have to earn my living!

Why do you have to earn a living? Because I have to eat and drink and to have a shelter for sleep for me and my loved family!

Why do you have a family! Because I am „forced" to love!

Why are you „forced" to love? Because my body and hormons are made such a kind.

Why is your body and hormons just that way? Because God , nature had decided it!

Why did god decided that? Because he/she/it is as he/she/it is?

Why is he/she/it exactly that way? ***I have no idea!***

It makes no sense to ask further! There is definitely the end of „Why"!

Got it?!

But on until this absolute notknowing, the often useful „Why"-question can be used to examine and to research everything deeply.

But for sensible and cautious persons it is far better to ask all other questions like „Where", „Who", „How", „What" aso.. This will surely help as well!

But the far more faster question for experienced minds is nevertheless „Why"!



God bless you, my friends

(with only the best) **428**

„youtube.com/watch?v=nK_CklnpOOM“

Stevie Wonder is after Paul McCartney the guy who has influenced me most. Both since now 56 years intensely. And they still do!

Stevie said this blessing not just only to Tom Jones but on behalf of all loving beeings to all trustfeeling friends for one another with their whole heart!

I am really not Tom Jones but I am feeling tears of deep emotions as well!



Blackbird's singing 429

If you sometimes feel gloomy and listless, listen to the blackbird. It trills its song and it is always wonderful and new!

youtube.com/watch?v=WmpEWlmgRxQ



Springtime 430

Remember your bad days and times when you thought it was time to give up and your hope fades. Nevertheless, there were always good and powerful days and you had new courage and zest for action!

Rely on the better times and days and trust over and over again in hope! Spring always follows winter! Hold out!



Keys of life 431

Imagine your talents, idiosyncrasies, preferences, wishes and goals like a key and imagine your partner, boss, coach, friend, or whoever or whatever, like a keyhole! The doors only really open completely when both go together!

The more you have differences, the more you will discuss fruitlessly with one another and hassle each other.

Don't be stubborn! Because the more you remain tolerant, malleable and friendly, the sooner you will find an agreement and get along and the gates to a new and magnificent garden will open wide!

Shame 432



If you have insulted your brother and you are sorry, go to your brother, take him in your arms, look openly into his eyes and just say honestly ***"I'm sorry!"***

Or if you have taken advantage of your neighbor and you have a guilty conscience, go to your neighbor, shake hands, look him straight in the eyes and honestly say to him ***"I'm sorry!"***

Before doing this, think well about how you can make it up to him or her! And give him/her a bit time to digest it! Propably he/she will be generous! Everything else will be found then...



Better bother 433

There is a saying by william faulkner

> *„Don't bother to be better than your contemporaries or your predecessors. Try to be better than yourself!“*

I would conduct these two sentences the other way to :

> *Bother daily to be better than yourself*
> ***AND** try always to be better than your*
> *contemporaries **AND** your predecessors!*

Decide!

I think, a sportive competition in good feelings of brotherhood will enhance our lives and drive us up to the advantage of all mankind!



Be happy 434

There is not a perfect partner and there is not a perfect life. We all have our sorrows! Even the monks! You have yours and i have mine and they have theirs. Its not that happier people are thankful – No ... its that thankful people are happier.

Choose your attitude.

> ***youtube.com/watch?v=ZbZSe6N_BXs***
> *Pharrell Williams - Happy (Official Music Video)*

Remeber smiling as often you can. Choose happines even if you think you cannot!

And just be happy!



7 golden Rules 435

1) Stay narrow and deep!

If your opportunity is not aligned with your purpose, then not to be focused is one of the greatest distructions of the world. Be really interested and concentrated and show it to yours!

2) Get to know you!

The only way to get to know someone, is spending time with that person! So if you want to get to know you, then spend some time with yourself.

Not when you are walking with the dog or training in the gym, but when you are alone at home, sitting quietly and interrupt you permanent chattering selfentertainment. With no music and no nothing!

Have your eyes closed and ask yourself question about you! Have a real conversation with yourself!

Many people say „I have no time“, but if you ask them to go out for dinner, then they say „Okay, let's go out for dinner“! And they are spending two hours with their friends to have dinner, but they don't have time for themselves! Start with only 5 minutes a day of inspiration and reflection!

3) Find your real purpose in life!

So if you are an entrepreneur and you fullfill your tasks every day and you were asked „What's your purpose in life?“, then most of the people can't answer that simple question! It is not the next meal or the next cup of coffee.

See: „when you know what you want, you know what you don't want!“ Then you can say consequently „No“ to things that would distract you!

This is much better than to say „Yes“ to everything without being truly interested and to run after wrong and/or unimportant goals!

Please don't turn it vice versa like „If you know what you don't want, you know what you want.“

That is the wrong perspective in a way like „If you don't know, what you want, you don't want, what you know.“ ?!? This is a silly puzzeling mind-game! Ask the right questions that supports your real purpose in life!

4) Aim to be wealthy

To be spiritual and to search spirituality can go hand inhand with normal life of an entreprneur very well!

Every normal person wants to maintain a family and to secure his people! That is absolutely normal. No problem with that! The wrong thing is to be absolutely fixiated and greedy for wealth and a rich life!

See: Not everyone can be a monk! And you have to own things, e.g. money to give something! So be generous and kind to all beings!

Calculate a regularily amount of your wealth – let's say five or ten percent of your net-income – for to give it away to people who really need it badly!

Work and live not just only for yourself but for the world! Be engaged in the world, impact it and aim to be wealthy as much as possible!

How can you help to build schools, support the community or feed the poor if you are not wealthy?!

Money is like a knife or a hammer! It depends on what you do with it!

5) Value life

When you realize that your lif is finite, then you are really conscious of it!

You have this one life and you will not get a second shot of living this! All you do is absolute and influences your future and your future living and possibilities!

You start making your choices and what you really want to accomplish in life

6) Develop your concentration and willpower

Think of your mind as a concrete object! E.g. like a single spot of energy and light.

I tell you how!

I say: „open the frontdoor“!

It is now very propable, that your inner view is turning promptly to the frontdoor of your house or flat and that your hand grabs the doorknop to open the door!

You lighten up that special scene! Can you see it?

That is your awareness and consciousness!

And that is how you steer consciously your focus and concentration. Take any issue you want and lead your willpower and your awareness to the solution of any kind of problems like this!

To develop and expand the willpower you do principally the same thing.

But this time it is not just a doorknop, but it is now a concrete target in life!

Fixiate your inner will on THAT „doorknop“ and push it as hard and as long as you ever can!

If someone or something is deflecting your thoughts, put this „lightspot“ and force it back to the point, you want to focus on!

If you do that in a proper way and with all your strength, you undisputably will accomplish the goal.

Absolutely not everything what I mentioned from indish Gurus is completely undisputed by me!

*But there are sometimes explanations that meet the truth a little. So there is a video-interview with **Sadhguru** where one thing is made very clear and what I would emphasize: the success of **Andrew Carnegy** and his focussed willpower:*

youtube.com/watch?v=ZdttPzyOsPs

On one hand it is the simple concentration on an issue which will move you heading.

But that is not the only important thing! Some mentally strong people „own“ an inner world and with a strong amount of focus you can even „manipulate“ things in this spiritual „world“ concretely.

So learn to focus your mind in a real powerful way on that topic that is important to you. That has nothing to do with a kind of magic, but it is a simple truth, that everything you focus on hard and long enough will tend to become reality. Like in the beforementioned doorknob-example!

7) Improve your productivity

Nowadays with "improving your productivity" is meant to automate your doings.

There are so many helpfull softwaretools on the internet, which can ease your worklife a real lot! The most problem is, that the people just don't know them!

So take now and then time to get to know such easements. There are really a huge lot!

For instance the translater of Google – as you can see it on many of these contributions - works meanwhile really well.

That can spare time in masses.

Or to convert something. Maybe a video into pictures or to sort textlists alphabetically or or making plans in a worksheet or writing letters with predefined prases or sending birthdaycards within automatic address-linking online for customers or reading useful speciality-books for the job or learning how to cook or simply just playing billard online for relaxation! Or or or...

This is why elder colleagues are doing their job mostly a bit quicker than the younger ones. They have simply more experience how to do it!

When the young people have to spend a lot of time for searching the right path, the experienced colleques are knowing already the abbreviation! So to improve your productivity, know the shorter and faster ways to the top as much as you can!

That's what schools or helpful books of any kind are for!

Here is a helpful idea of Dandapani as well:

If you are concentrated in a complex work and your mind is focussed on a special problem, then in a office it can easily happen that someone is disturbing you by asking banally for the copy paper.

You have to think a moment about simple copy paper! You tell the asker, where you mean the paper is. Then you turn back to your work but your train of thoughts is broken. You have to remember your last productive thought and sometimes it is not as clear as it was before.

To avoid such idea-losses you can put a little plastic flag on your desk that shows in four colors, in which kind of status you actually are right now!

Three flags are like a traffic-light:

RED means: *Do absolutely NOT disturb me now!*
I am in an very important flow of mind or a business call
and I need absolutely to keep my concentration

YELLOW means: *Just wait a minute.*
I will come to you as soon as my current job is done properly!

GREEN means: *Naturally you can disturb me.*
I am not involved in an important job or thoughts
and I can have a chat with you!

The fourth color

ORANGE means: *Though I am in a flow right now*
and it would not be good, if I would get disturbed!
But if there are more important issues going on,
like a fire breaks out or someone is injured,
then you naturally can disturb me anytime!



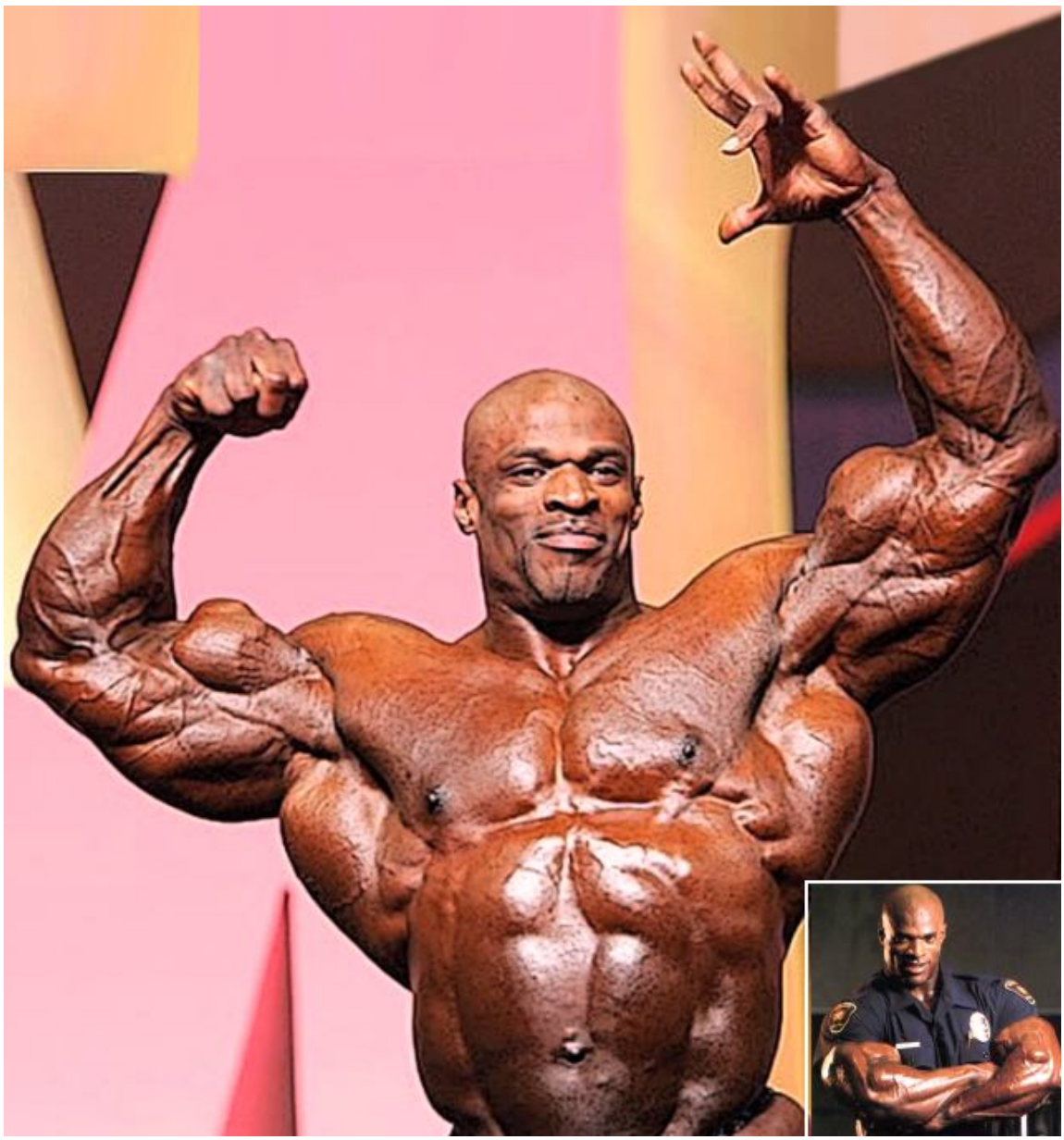
Shine a light

436

In opposite to quietness it sometimes is very necessary to lose a lot of words!

Namely when you want to say something clear and impressive! Then it is truly good to explain it extensively and in details from different points of view for to reach as many as people of the audience as possible

You probably don't want that someone goes home without catching the deeper sense of you explanation and to shine the issue with a light from his individual position!



Make it... *437*

Overcome the lack in believing yourself!

Ronnie Coleman – 8 x Mr.Olympia, the most successful bodybuilder and strongest man of all time, member of my social network – says

„I have made it! … And you can make it, too!“

Dedication, iron will, discipline and daily strong exersises are the keys! Go on … and make it!

By the way: the whole time of his very long career as a world-champion he was in his private life a brave texican police-officer.



Time 438

Do not despise the present! It is everything you actually have!

Even if we live in an extraordinarily overheated age. The way we deal with the present carries us into the next - and often more distant - future!

Artificial intelligence comes up to want to dominate our life! But don't forget: we humans - like all living beings - have needs and feelings! But not robots and computers!

The researchers of artificial intelligence have so far - and many regret this very much - have not found a rational way to teach neural software anything like felt needs.

You can simulate a lot and at some point there will certainly also be sentient robots. But there is still a long and rocky road to go. Until then, we still have time to manage things sensibly in our favor.

Only we living beings are able to have true feelings and even to define and communicate them.

The value of the human being as the apparently highest, physically perceptible earthly being lies primarily in the uncomparable ability to feel our living needs AND to be able to express them in writing, images, sounds, music, video and phenomenal ideas. That makes it completely unique from the point of view of the IT and AI expert.

Every primitive worm has more emotional, physical and mental intelligence in each single cell than the most modern robot!

Man is the undisputed crown of creation!

So treat also yourself lovingly and carefully and intently! This is carried over to everything you do and everything you think and say, to your entire environment, your colleagues, your friends and your family. This makes all things and relationships much more harmonious and less irritable.

Everything is connected *like in music!*

See how things depend on eachother and how different vibes combine to form a unique melody and come together to form a vision that has never existed before!

Sometimes we lose sight of the totality of things in hectic and stress because we are so fixated on a detail or a feeling.

However, if you break away from this magnifier-look, you will take some distance from the smaller personal problems and obstacles and you will be able to recognize more of the larger connections and intersections!



Move ***439***

You are who you are,
You know what you know
You can do what you can
You see what you see
You feel what you feel
And it is what it is.
That's all!

Get up, take your package and go your way!



Black holes *440*

Just imagine, all(!) massive attraction is based on the existence of a black hole in the center of the attraction (gravity)!

I just assume (attention: this is a purely subjective idea) that small (relatively tiny) black holes exist in the center of our earth, as well as generally or potentially in the center of every celestial body, which the surrounding masses contracts (accretion).

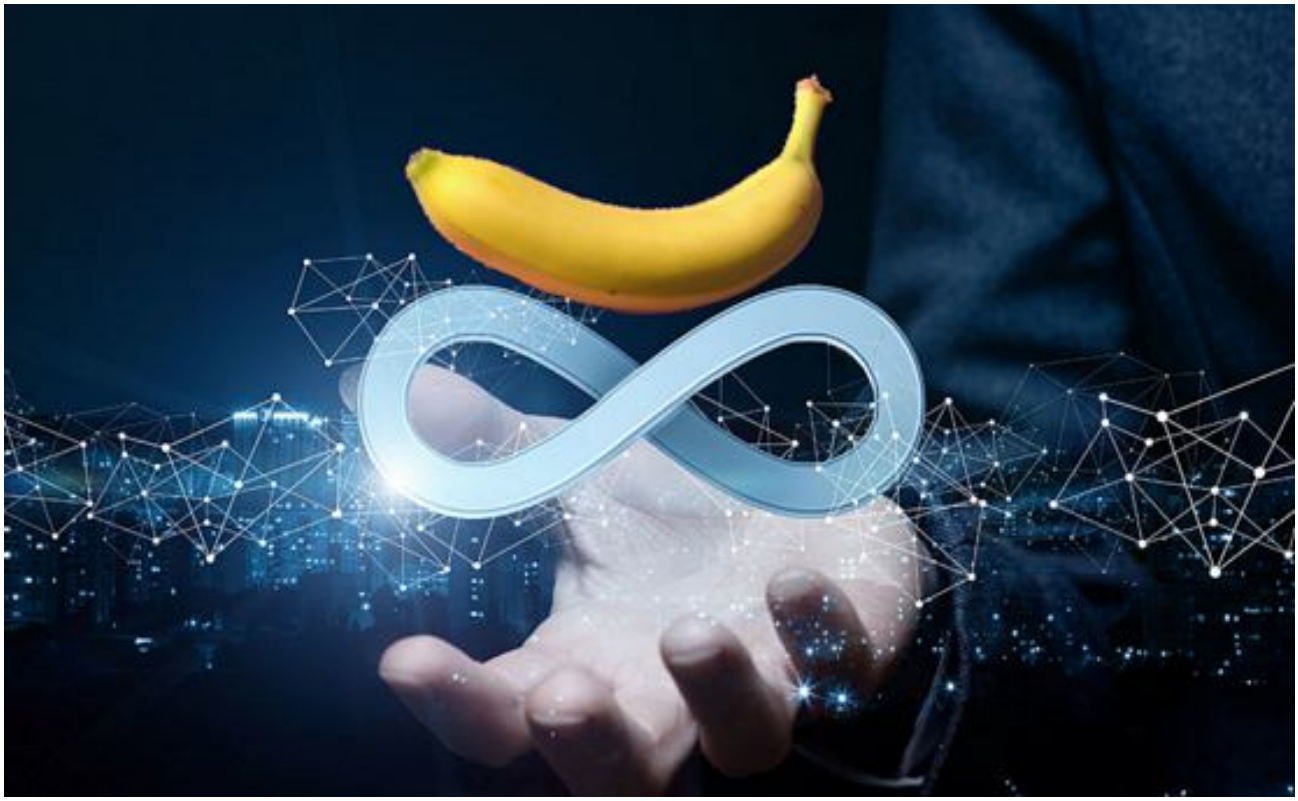
From this point of view we already live permanently in the direct sphere of influence of a black hole. According to our experience horizon though on a correspondingly low time level, but if the gravitational process will be completed in a few billion years, only a pea-sized black hole will remain in the center of our earth!

And over the course of the next billions of years that will contract into a completed and virtually invisible continuum. The existence of this continuum can then only be proven through its effect on the environment. But since there shouldn't be anything visible in its narrower sphere of activity, it will be "overlooked" and forgotten!

So who knows how many of these "overlooked" little continuums exist in space and nobody notices anything!

Funny idea! As I said: this presumptuous assumption only applies individually to me, although I can also imagine that it could not be completely uninteresting for nuclear and quantum physicists!

***Sometimes it's just a tiny little jump to the next reality** ;O)*



Resistance

441

Simplicity is simplicity and will always remain simplicity! No matter what you ever do!

So: the less you take your resistances seriously and perceive, the less it is it. If you have a heap of stones in your way, you don't have to clear them all away! Just walk around or just over it!

And don't let your resistor notice that he/she is temporarily your resistor. Otherwise it could be that he/she feels important and makes him- or herself even more difficult and complicated!



No fire without a spark

442

Genghis Khan actually took the then known world by storm.

The others just rode along and did by their best will what they could!



Namesprings

443

Native Americans give the adult person a meaningful name after initiation (e.g. "Who dances with the wolve")!

Which three typical names would you give your nearest persons or someone important in your life?

E.g. "She always comes too late"
or "Who always fights with authorities"
or "Who always thinks differently"
or "She is always funny"
or "The dissatisfied person who always wants more than he can"
or "She doesn't like men"
or "Who in his head always fights against his father"
or "The one who never fears anything"
or "The one who is carefull with everything"
or similar! ;O)

The meaning and the task of a person are practically laid already in the cradle.

Fundamentally typical characteristics of a being can be recognized very early by an attentive observer and essentially do not change!



Magic words 444

What is the magic that leads to your memory?

*Every process, every event and every experience within you is represented by inner pictures and words. Remember **THE** magic word or **THE** magic picture for every event!*

As soon as you retrieve that particular word or image, a huge kaleidoscope of memories will open up to you.



Nosering 445

No matter how high some people are or how big they feel: they remain simple people! Everyone has HIS central and vital self-interest!

If you really want to impress a person or arouse his/her interest, then find HIS/HER most elementary fixed point!

It doesn't take long to figure out that for parents, their children are the most important thing. They orbit their offspring like the planets the sun!

But regardless of that, everyone has HIS most important interest in which one can lead him like a bull by the nose ring. He will then be very well-behaved and obedient!



Parole *446*

*Other well-known and important magic words are **freedom** and **success**!*

So there are things that are absolutely the most important interests for every conscious person! Of course, growth towards ever greater perfection is the highest of all principles.

Nothing just stops and then doesn't change anymore. Even the rock in the river will be ground down by wind, dust and water in millions of years until it is only recognizable as sand and then finally dissolves completely and only finds its new home and task as an atom "somewhere".

By the way: people can also be dragged by the maelstrom of life and - if they are not vigilant - even consumed! So if you want to preserve yourself, do not get too often and too deeply into the hustle and bustle of everyday life. Treat yourself to time-outs, breaks and holidays!

So everything inevitably strives for self-preservation and perfection. In order to achieve perfection, there is an irresistible instinct: the instinct for self-preservation is so strong that under somewhat normal and healthy conditions in road traffic no motorist would voluntarily steer into oncoming traffic!

There is a significant work that attempts to scientifically capture this eternal stream of growth and development.

With the "Integral Theory" or "Integral (R)Evolution", Ken Wilber tried to give these processes a name.

EVERYTHING strives inexorably to become more and more complete and perfect!

So everything that has to do with infinity, growth and perfection is of great central importance for EVERY person. That is the core desire of every being! All being still has something "ahead" - whether it knows it or not!

So what is the completion?

It's a simple word everyone knows:

F R E E D O M

Everyone knows it, but nobody can precisely explain what it is!

Freedom from lack!
But what lack?

The lack of money, the lack of opportunities and opportunities, of wealth, of recognition, of sex or of health or love?

Everyone would emphasize something different here and something is always missing!

This is why the promise of material abundance is so effective, and you can find these promises in many advertisements and especially advertisements on how to get rich quick. So it still seems to work.

Of course, the wish for success serves as the basic principle of all movement! When something is triggered, i.e. has a cause, it inevitably calls for the goal and completion. Everything has an intention!

The grain of sand in the Sahara, together with other grains of sand, forms exactly the dune that works so harmoniously with other dunes! Deserts can be beautiful too!

The hot wind from the deserts also moves the seas and creates landscapes in which we can live. Or the wind in the branches fanned us with oxygen, without which we could not exist.

A sentence from Sadhguru says: „The forests are part of our lungs! They produce oxygen and only together does it make sense!“

But true freedom can only be achieved if one completes independence from earthly gravity! Everything that's called life is dependent on physical existence!

That is why it is at the core of Buddhism to break all ties. Because every bond means fear of loss and thus pain and grief. In principle, Buddha was actually right!

But there is another way to deal with loss and grief:

To take away the importance of the threat!
It just doesn't have any elementary meaning anymore!

This becomes clear in the above article on ***Nick Vujicic****! He doesn't care about his lack. Deficiency is "somehow" outside of his personal being and thus loses its terrifying meaning!*

He frees himself from the gravity of regret, the need for recognition of my burdens and confirmation, the need for present and local perfection and the devastating self-pity!

Because that is true freedom!
Take the horror away!

The horror and suffering are actually just poor helpless sausages ;O)

It has no more power over you when you fearlessly look them in the face! On the contrary: it gives way willingly when it notice that the planned "victim" is not afraid and trusts unshakably in God!

Someone can take away the physical and psychological integrity and even life of such a spiritual person! But not the inviolable integrity of his soul! It is always whole and complete and indestructible! It knows no pain, no loss, and also no lack.
As a Christian, I can "somehow" understand the convinced Buddhist who strives for absolute nonbeing and thus for the final dissolution of suffering!

The point at which Christians see it differently, however, is the voluntary and willing self-abandonment - the so-called altruism!

The convinced, conscious Christian simply knows that he himself CANNOT really know and cannot grasp anything in its full depth. Therefore he trusts in JESUS and in the interpretation of all truths and events by the infallible Holy Spirit.

JESUS leads the believing Christian after death through the inconceivable confusion of otherworldly events, pitfalls and temptations to which the soul can then be exposed, to ultimate redemption: to heaven or - as it is also called – to paradise!

According to Christian ideas, it is infinitely more desirable to live happily and freely in paradise than to dissolve into NOTHING.

So whoever remains firmly in JESUS CHRST, believes him and does not let go, wakes up - after a joyful, exciting, very positive and eventful, valuable life in paradise to eternal life! JESUS exemplified that very impressively and as promised! And believing Christians trust their beloved Savior there completely and totally.



Manipulation

447

Even if it sounds very selfish, manipulation is an iron law of communication. There is no communication without my intention to induce the "other" to do something that suits me.

Or if it is something that moves me to a further or higher insight!

A courted customer should buy something
a teammate in sports should throw or shoot the ball at me,
a spouse or business partner should do what I think is right
or leave something that I think is wrong
an employee should perform his work duties effectively,
an insurance agent wants to sell his insurance,
a police officer wants to prevent wrongdoers from doing something bad,
a driver wants his car to start and drive reliably,
a tenant wants the landlord to repair the gas tap,
or an author who wants to impress his readers with clever sentences!

Everything is manipulation! Manipulation is the core of our life!

The term manipulation loses its negative meaning the more we understand that we are all always (!)manipulating!

The negative aspect only comes into play when we try, through undetected and underhanded influence, to take advantage of our counterpart and to induce them to act inconsiderately against his own interests and which are more harmful than useful!

So if you want to keep your good conscience, then manipulate either for the benefit of the other or at least in such a way that nobody is bothered, hindered, endangered or disadvantaged in their elementary interests - more than is absolutely necessary according to the given circumstances!



Invisible *448*

Use the freedom to disappear! Of being invisible!

It can be a great respite to be forgotten! Even on the internet there is a right to be forgotten!

As long as you are important to people, they will make a lot dependent on you and your approval! You must then have an answer to everything!

That's okay too when people are helplessly dependent on you. For example from a company owner with many employees, professors from many students or parents of children or grandparents from the children of the children!

But sometimes you have fulfilled your most important tasks enough and nobody really "NEEDs" you!

After a certain time, the less you "move", the less you make yourself noticeable through conspicuous actions, the interest in you simply falls asleep.

Notice that if you stand still and motionless in the garden for a certain time, then the animals gradually come out of their hiding place - especially birds - and behave completely naturally and without fear.

They just don't see you anymore!

They only notice changes, i.e. movements in their environment. As soon as you move, they get frightened and realize your present!

Very exciting process!

It can actually be a wonderful feeling of insignificance!

But don't be mistaken! It sounds easier than it is!

Because "really" can only disappear who can leave all external ties to this world behind without the slightest regret.

Imagine you live in a small hidden hut in the middle of a huge forest and nobody knows anything about it!

Gorgeous ...

That is the fine art of becoming unimportant!



Caretaker *449*

You don't really know anything as long as you don't "live" it. Then that what you have experienced and your existence will be linked ("entangled") and it will become a real experience that you will not simply forget again.

Knowing what a breath is, for example, is of no use to you unless you have to breathe yourself. Only then you "understand" that breathing is essential for our life. Hold your nose briefly shut to understand what breathing means! Okay?

I can give you a key when I tell you what life means. Most don't know what the key means unless they know the right keyhole. Maybe people use the key to scratch themselves with it or to hang it on a string and then play with the cat with it. Or simply to put it in any drawer where it will easily be forgotten.

You only have a real use of it as soon you know where the door with the lock is.

And as soon you know that and you put the key the right way around in the right lock and you know how to turn the key, then a whole new world could open up for you! Success is knowing the right door and having the right key!

But slowly ... don't break the key! Sometimes the lock is rusted and you need a drop of oil first ;O) Some can really show you where the oil is!

So it can always be about showing you where the door with the lock is and what awaits you behind and then giving you the key!! Maybe your freedom awaits you behind the door! Or the next key!? Who knows?!



Change 450

Attentive readers of this book will find that the serious "application" of the tips, hints and advice given here can easily lead to an enormous increase in inner qualification, awareness of the most diverse things, as well as attention and wealth of ideas!

Hopefully it will help you use it to become a better teacher, better parents, better boss, better entrepreneur, better employee, better athlete, better partner too, and maybe even in becoming a better person!

If all of this falls on the right, receptive and fertile soil, massive global changes and developments can grow out of it!

I wish it to all of us!



Desirable *451*

A relatively normal, healthy woman generally finds men desirable. Just as a relatively normal and healthy man finds women generally desirable.

That should be the case and finds its meaning in the procreation and the best possible conservation of our species. Our drive for preservation of the species (mind you: "drive" - what is genetically determined by nature) commands us to look for and find a suitable sexual partner for us, in order to meet our natural purpose and to father and raise children reliably!

In principle, almost every woman with almost every man is capable of procreating offspring!

*The so-called "**great love**" comes into play when it comes to surviving this time of raising our offspring more or less unscathed or even turning it into a real pleasure with the name "**family**" for everyone!*

It can take a good 30 to 40 years until children grow up and are no longer dependent on their parents! In some cases even more! And emotionally, the process is even endless!

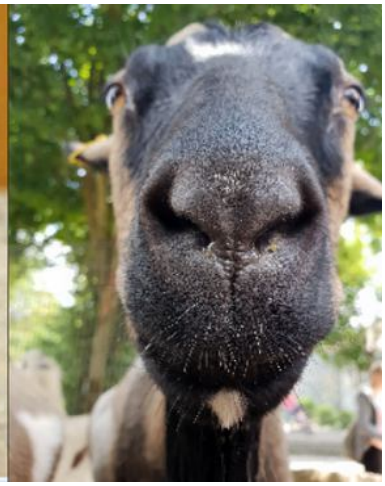
Since God, the great spirit, the universe, nature, the highest intelligence or whatever you like to call it, is very careful in his unfathomable, all-encompassing and perfect wisdom, he has made sure that the offspring as good as possible is able to produce and raise healthy offspring as well! And so he has developed the love.

Because only this true, great and tender love enables us out of free will and deep self-interest and affection to joyfully "endure" a whole life with a partner in the sense of the world to come, to overcome all difficulties together positively and thus to secure the most necessary livelihoods in the long term and in the best possible way for our descendants and their children!

So it is only love that holds our kind together over generations and all times and lets us strive together in harmony into a next generation and a new world!

God is undoubtedly with us!





A traction 452

Besides the purely physical attraction, there is something that is completely independent of it.

One finds a person not only pretty or attractive, but also in his whole being delightful, charming, sweet and extremely interesting!

Even if you don't think the other person is particularly pretty or if he/she is even the same gender for a heterosexual person!

That is pure sympathy and you have the strong feeling: It fits!

Being with this person brings you joy and happiness!

***Pay attention!** There are many other people who are sympathetic to an open-hearted person!*



Modern gladiator 453

The Roman Empire was arguably the most powerful people in Europe, North Africa, and the Middle East in its day.

His power and wealth "spoiled" his people for well over 500 years with one brilliant triumph after another. The wealth of ideas and the level of invention increased steadily! Rome was in the undeniable prime of its existence. Nobody could stand in the way of the Romans in the long run (except maybe the cold in the north).

How did it come about that this huge empire collapsed completely in just under 200 years?
First, in the last century before our era, this proud, but still far from satisfied Roman people saw themselves painfully confronted with their internal vulnerability through the Spartacus uprising and also with their external vulnerability through Hermann the Cherusker.

Even his callous brutalisation (gladiator fights, the murder of Caesars and the persecution of Christians) hit him "morally" more and more violently from the second to third centuries. It was then decisively weakened first by exhausting wars with the Huns (Attila) and Teutons (Alaric) and later more or less finally overrun by Christianity in the form of Emperor Constantine.

In the last centuries of its existence (200 to 500 AD) a creeping decline in values and moral decline (orgies of all kinds) took place, which the disoriented affluent society then had nothing effective to counter.

As in the past, this would have required vigilance, agility, a thirst for power, the urge to expand, a lust for conflict and physical exercise. But that was exactly what became less and less.

It was simply due to the tiredness of success and indulgence or the so-called "decadence" of its heirs, who were becoming more and more listless or the less and less centralistically governed and less and less strictly organized life in the country . It just gets more and more boring, if always the same wins or in the end, if always the same loses and the danger of being involved in a poorly rewarded battle as a poorly paid mercenary increases more and more. Additionally they probably were just tired of endless fighting.

A phenomenon that - even today or again - all established cultures have to struggle a lot!

For my ideas, only one thing can save such a "fragile" empire: ***tension****! What people want to see again and again is the serious and grueling struggle of the individual with real forces.*

No rational person wants war, hunger or persecution these days. But we apparently love to see people fight - and suffer a bit! Most of us do obviously need the "thrill"!

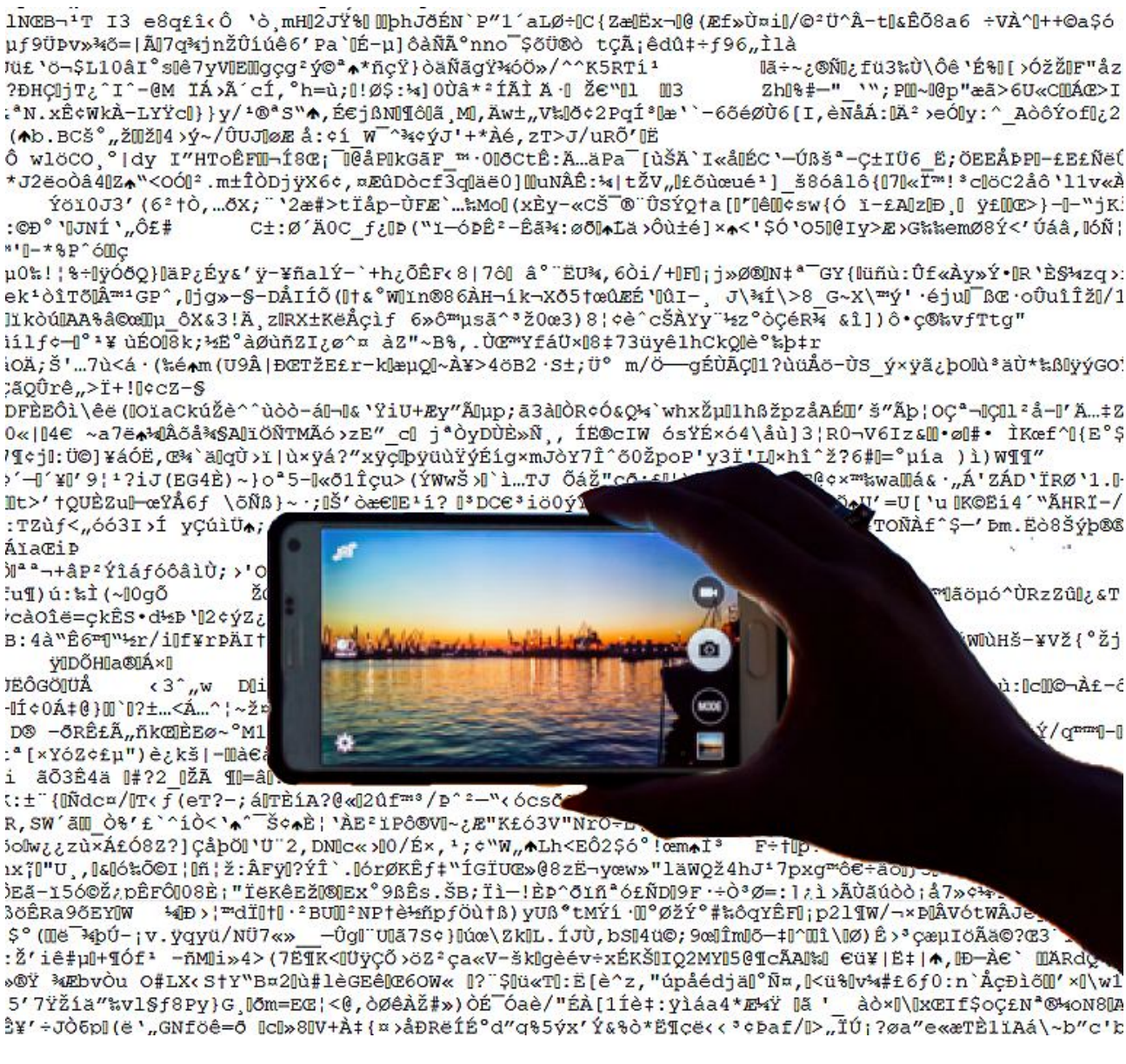
In my opinion, fair, active and sincere sport is the only means that THAT can give us without having to pay for it with life or health. It has to be fun to watch the athletes fight, to watch exciting fights together and thereby trigger a solidarity-building community feeling.

The demands on the athlete, i.e. the hardness, would have to be increased slightly(!) a bit. Of course, without increasing the risk of injury (more lightweight joint- and ligament-protectors).

Internationally sensational sporting events should take place more frequently. Maybe instead of one World Cup or Olympics every four years, better every two years. And instead of just ONE winner, award the second and third place equally and then award fourth to tenth place identically. The difference among the top 10 in the world is usually extremely small anyway!

In addition, like cockpit cameras in car races, extremely light helmet or belt cameras (via WLAN) would have to be introduced for most sports. So that the viewers permanently has or can have the feeling that they are really close to it!

The viewer must be involved much more directly in the action in order to keep alive the desire to fight and win and also to identify with his fellow campaigners and the winners! Or even with the opponent.



Virtual memory

Imagine, it is absolutely usual and common for computers to interprete several kinds of a serial memory (up from 32 bit). That depends on the so-called „protocol“, which is used for it.

Maybe your editor shows only a unreadable bunch of so-called bit- or ASCII-code like shown above (I guess, some of you have seen this or similar already) and also maybe it represents a little sequence of a raw bitmapgraphic (e.g. BMP) or the uncompressed graphic-memory.

If the computer then knows the protocol (the key) to this code, it is easily able to see concrete images which are hidden to the human eyes - and the programmer can see it as well.

Every tiny „pixel“ (depending on its resolution and colordepth) is usually coded in the 4 Bytes: „RGBA“

Each of this 4-bytecodes is separated in 8 bits for „R“ed, 8 bits for „G“reen, 8 bits for „B“lue and 8bits for the transparency-channel „A“lpha.

The pure RGB-colorbytes are representing a value up to round 16.8 Million (2 ^ 24) different colors in additionally 256 transparency-grades represented by a light- and dark-scheme via a corresponding bitplane (in sum round 4.3 Billion = 2 ^ 32).

In the image above you see just the ASCII-representation of these bytes. Every four characters of the miraculous code are standing for one single 'pixel' of the image. If you see an empty rest of a line, that means the last character of the line was an (ususally) invisible line-endchar ('CR'='carriage-return', 'LF' ='line feed' – so...: 'CRLF' on DOS/Windows/TOS, only 'LF' on Unix/LINUX/Android/AMIGA/MacOS since 2010 and only a 'CR' on the classic MacOS/Apple II/C64)

Ordinary people do not have to know it, but it's good to have heared about it ;O)



Dirtkids *455*

By far not really all of us were born and raised in a glamorous, glossy and wealthy family in a big „uptown“-house!

There are most of us grow up under „normal“ circumstances and not really few (in Europe approx. 12 to 15 percent = each eighth to each seventh person, in some areas even more) under comparatively poor or precary conditions. Some are even anxious of being beaten and/or humiliated.

Remember gently that the most of those were at home educated with relatively rough habits and behaviours. That wasn't meaned bad or unkind but life in a precary situation is mostly a bit rough. Nevertheless there are as many kind an precious children even if they are used to speak a roughly tongue!

Believe it, that it is not meaned that bad or unfriendly: they just don't know better or are not used to it it better. Be patient and generous and teach them a bit more cultivated handling and manners! You will be surprised how many of them are mentally clean gentle giants with a golden heart under their rough surface!

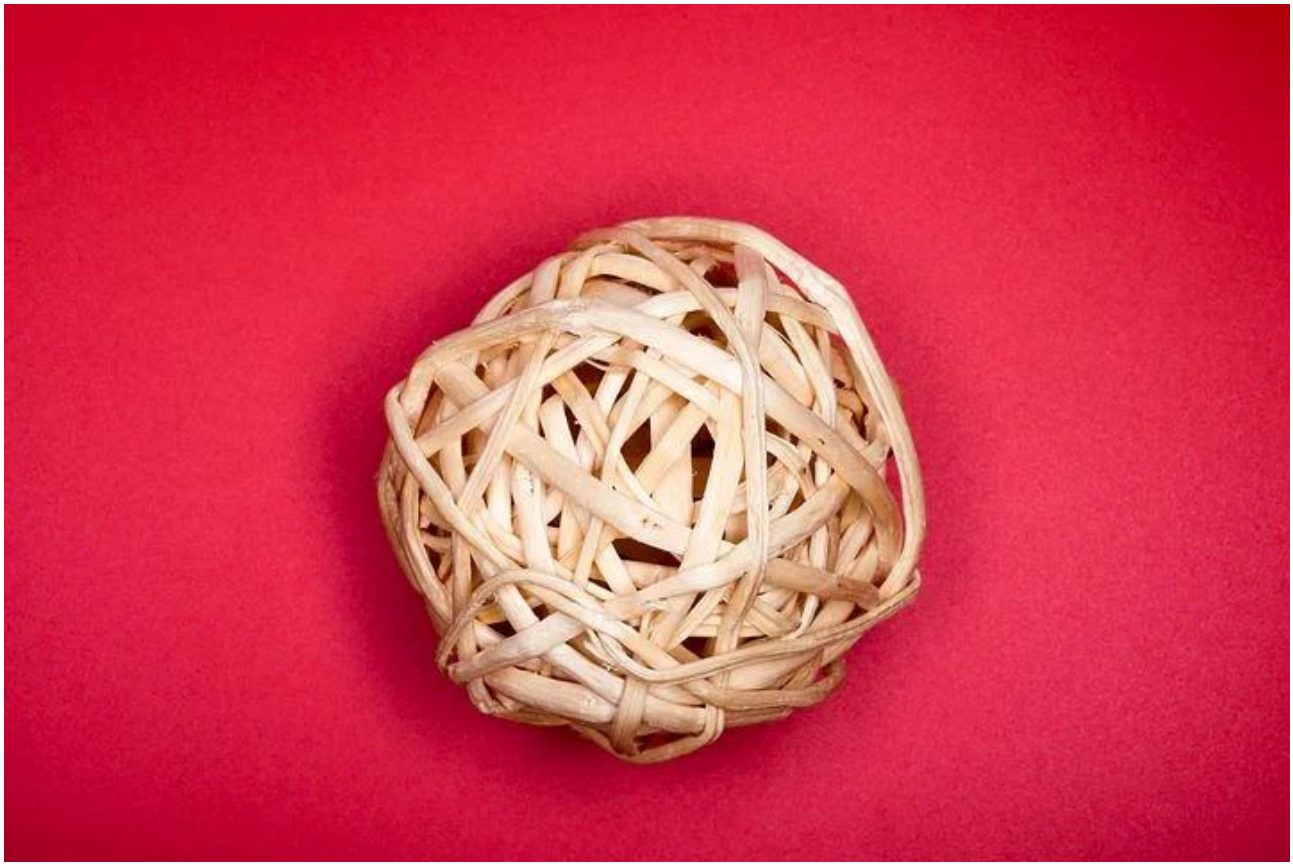


Playjoy 456

That is playjoy:

youtube.com/watch?v=8yTe84ClQW4

The dogs love to see their mistress happy. They do everything just for that!



Toxic 457

So-called 'toxic relationships' in the common sense are basically just relationships that don't work! In which the partners just don't fit together mentally and emotionally. However, the solution of the riddle is usually much more complex.

In such a relationship, one partner usually emerges as dominant and the other as submissive. The dominant partner demands his rights more than the other. Not always, but often neither of them can help it.

The submissive partner usually takes on the role of the servant without contradiction. He/she has simply not learned or is not willing to deal confidently and creatively with this situation and with dominance and to defend himself or herself in a constructive manner. Often, in the home of the "servant", one parent or even both, was already dominant.

But that doesn't always have to be the case. Perhaps one of the parents or even both in the home of the "ruling" part has already been particularly submissive and helpless and the dominant one has simply "got used" to this behavior?

In principle, it is in the nature of all mammals that one part takes on the leadership role as soon as he/she has recognized the other part as "unsuitable". In the western world this can often be observed in the relationship between owner and dog! If the dog assesses the owner as helpless and submissive, it instinctively takes on the adult leadership role and usually matures on the "job" through "learning while doing".

A car without a driver would automatically and necessarily end up in the ditch sooner or later! Every ordinary dog knows that! ;O)

So in such a so-called "toxic relationship" one part almost always takes over the "rule" because, due to the shy attitude of the other, this part thinks instinctively that it has to "somehow" keep the relationship or the family going or "afloat" .

If you're stuck in such an unpleasant relationship yourself, you often don't notice it. Many people are then only often surprised why things are going the way they are. Yes, it is even sometimes the case that submissively inclined people search for their dominant partner for a long time and are only "satisfied" when they have found him/her.

Of course there is also the constellation that people from both sides get innocently into such a dom / sub-situation without having searched for it - even unconsciously. They are then often subject to a banal deception. And as soon as they have slipped into such an "unhappy" relationship, there is also the greatest psychological inhibiting factor in humans: the absolutely common ***fear of loss****.*

Once persons are bonded emotionally in a relationship, they are usually afraid of losing their partner again. Even if they already has strong doubts! He/she then often tries literally "EVERYTHING" to save the relationship and the emotional bond.

*From a spiritual point of view, such a bond arises not only physically and mentally, but also on the mental and spiritual level through a kind of "fixed entanglement" of the two life energies. They result in a highly complex network of different energy levels, which many also call „**Aura**“.*

If someone is "disappointed" it does not necessarily mean that he/she has been "disappointed" by the other. It may just be that he/she simply had unrealistic expectations of the other person or of the situation?!

The only sure solution I can think of now is a very patient awareness of these tricky relationship dynamics and a careful and gentle disentangling of the mutual connections and expectations. Assume, that (normally) no one of both is meaning it negatively or bad or destructive! Think (normally) of two individuals, which are innocently tangled up like two balls of wool without any negative intention and now are trying consciously to get out of this inconvenient mesh-up.

Only when both partners become clear about the destructive and almost always unconscious dynamics of their mutual behavior they can break out of this diffuse unaware and almost always psychologically confusing and exhausting "game".

In the following you will find a small overview of the most important characteristics and tendencies of humans. This list could be expanded at will, it is only intended to provide a little food for thoughts.

The evaluation is left to everyone. Some traits and inclinations - even those that seem unsuitable at the beginning - can, with a little good will and friendly patience, go together quite well and complement each other positively in practice.

It is only about a little support with the associative type finding and for the conversation between partners and/or if necessary. with therapists.

The characteristics are not to be seen as absolute and unchangeable here, but rather as a variable tendency, more in the sense of "tends to", and in an emergent case it is certainly no substitute for a detailed discussion with a trained and state-certified psychologist or psychotherapist !

Please don't consult unexperienced amateurs! It is far too complex for inobjective and not totally impartial persons!

<---------- Expression ---------->			<---------- Expression ---------->		
attribute		opposite	attribute		opposite
clean	...	careless	sunloving	...	moonloving
orderly	...	chaotic	constructive	...	destructive
open	...	dismissive	attractive	...	repulsive
hardworking/agile	...	lazy/comfortable	attribute		opposite
firm	...	soft	altruistic	...	selfish
strong	...	weak	extroverted	...	introverted
colorful	...	monocolor	trusting	...	suspicious
friendly	...	hostile	brave	...	fearful
active	...	passive	helpful	...	selfcentered
warm	...	cold	relaxed	...	hysterical
responsible	...	indifferent	sensible	...	hardened
attentive	...	ignorant	optimistic	...	pessimistic
lightly	...	heavy	hopeful	...	ironic
looking ahead	...	waiting	believer	...	atheist
dominant	...	submissive	offensive	...	defensive
light	...	dark	social	...	conservative
positive	...	negative	futureloving	...	pastloving
talkative	...	grumpy	ecological	...	economical
conscientious	...	frivolous	democratic	...	authoritarian
economical	...	wasteful	independent	...	opportunistic
generous	...	stingy	freedom-loving	...	domestic
vigilant	...	unwilling to think	taking risks	...	safety conscious
sociable	...	withdrawn	assertive	...	yielding
connecting	...	separating	lighttended	...	darktended



Green thumb 458

Every now and then there grow beings who have a so-called „green thumb“!

Every being which they touch gets an amazing inner power from „somewhere above“ and begins to grow and to blossom.

That can happen in the gardens and in farming, but it can also become reality with animals or even humans! Everywhere this graceful people go they leave behind powers, cheeringful serenity, joy and blooming growth.

Really amazing property...



Good vibes 459

Try this at school! *Give a blank sheet of paper to all your class comrades and ask them to write down all the names of them in a list. They should leave a bit whitespace on the right of the name.*

In this empty space they now shall write ONLY the things, that they ***do like most*** *at that particular person. As soon as everybody has finished, pin the sheets of paper at the wall and let the pupils have a look. Observe what happens... The whole class will be very positively surprised!*

Promised!

Knowitall 460



Imagine with Alexa or the like, EVERYONE would also have a kind of Google software with it that links and compares all the properties and events of all acquaintances, friends and relatives with one another. So to speak, a total monitoring and sniffing software for the small private wallet.

Of course, most of the people would reject it outraged, but those who buy and use this software would have massive professional, economical and political advantages and the rest would have to or would gradually adapt in order not to be the LAST ONE at some point!

It may not sound as the most pleasant idea, but in my opinion it will turn out that way! If this software doesn't already exist !?

So always be careful!



Nature ability *461*

Mentally mature people can recognize the essential characteristics of a person from two or three face photos without its real presence.

After an initial process of elimination, you can often get very far:

1. *Does the person smile often and happily or is it more depressed and grumpy?*
2. *Does it have more answers or more questions?*
3. *Is it vividly trusting or rather reserved?*

In my opinion, you learn a lot about a person's inner posture by imitating their facial and body expression as closely as possible. It is very important that you are as relaxed as possible and that the reflection of this attitude meets your mental awareness unfiltered.

Then something strange happens!

We humans - but also some other mammals have so-called mirrorneurons. These neurons in the front of the brain actually work both ways. Not only do one want to mirror the behavior of a pleasant counterpart in order to appear as sympathetic

and attractive as possible to the other, for example by crossing a leg when the other does or that we yawn or smile when the other does - but also vice versa! Namely, that we also empathize with the emotion that a person is feeling at the moment by imitating it.

For example, if the other person has narrow, squeezed lips, we tend to squint our eyes a little in addition to our lips. This probably creates the emotion of skepticism in the impersonator's emotional apparatus. The same thing works with the smile, if we imitate someone else's smiling face, our mood rises and the emotion of serenity rises.

Even small expressions of emotion, such as a slight pulling up of the corner of the mouth or a slight frown, can have a corresponding emotional effect on attentive observers.

For example, it is only possible for very trained people to speak a positive sentence with a pinched and/or angry face without at least starting to smile. Likewise, it is almost impossible for anyone to speak a negative sentence with convincing linguistic expression if he/she is smiling friendly at the same time! In such a way that the eyes smile too! As soon as the eyes smile or even laugh along, almost no one can remain seriously. It has an immediate effect on the solar plexus and one automatically feels "somehow" amused.

Imitation is a very reliable method of being able to assess the inner state of a person "circa" and "approximately".

Here, too, practice makes perfect and the accuracy increases significantly with each time!

Even if I run risk of seeming a little ridiculous, I'll try here to analyze some faces by using these methods. How far I am correct is left to your „informed“ judgment.

To make things a little more complicated, I've only released the eyes and the mouth here:

I first ask myself the three above-mentioned basic questions and then compare them with the impressions of the imitation. To do this, I need a few seconds to absorb the mental "smell", as I call it.

Let it be said clearly: I chose these people very randomly! I haven't found out about them beforehand and I don't know them personally either! The chin shape has been hidden here, although it can also be quite important and meaningful.

Person A: *relatively open, helpful but also sober and consistent, good specialist, mentally interested, vivid and agile*

Person B: *cool, matter-of-fact, consistent, rather expectant, pragmatic, ironic but also a little warm, rather not a leader*

Person C: *skeptical to suspicious, experienced in leadership, dominant, reserved, demanding, resolute, more like a leader or manager*

Person D: *warm-hearted to heartly, encouraging, often in a good mood, vivid, charming, compassionate, orderly, punctual and well-groomed, sporty*

Person E: *factually appraising, sporty, courageous, sober, willing to take risks, comradely, reliable, somewhat extravagant, interested*

Person F: *extravagant, warm, reliable, smart, relaxed, self-confident, resolute, role-oriented, helpful, proactive, facing, vivid*

Person G: *good-natured, sporty, pragmatic, friendship type, tends to be trusting but with some bad experiences, spontaneous, tackling, affectionate*

Person H: *rather shy and a bit unstable, not just brave, teacher type, frugal, withdrawn, more social, modest, economical*

Person I: *tends to be noncommittal and strict, skeptical but social, artistically inclined, resolute, self-conscious, kind of erratic*

Of course, you could say a lot more about each person, but these are the first and most memorable impressions that I made spontaneously (on average within 3 or 4 minutes).

Attention *As indicated at the very beginning of the first disclaimer, the use of these methods is completely free and up to you!*

I do not take any guarantee for my statements and can of course be completely wrong with every assessment. Decide for yourself whether these methods can be useful for you!



Private edges 462

If someone is stubborn and ignorant, most tend to say ,,He/she can only look to the edge of the plate!“

But don't be surprised, if his/her plate is really large!



Get hungry 463

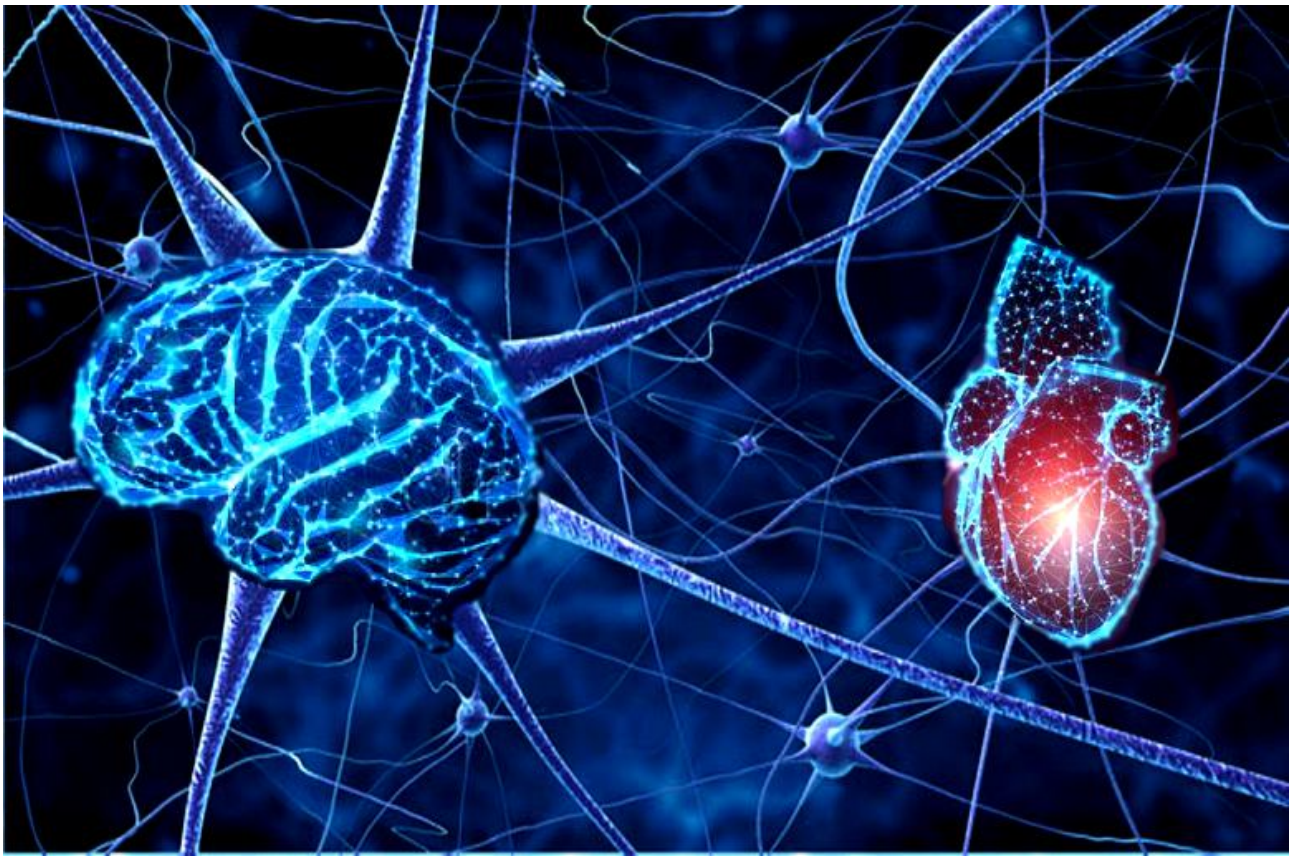
The very first you have to teach to a person is not to become a good fighter! If he isn't one by heart you can teach until eternity. Much rather teach him/her first seriously to feel the real hunger and the dedication deep within... Then you will know if he/she is worth the effort.

It is in the nature of a dedicated fighter to find the goal! Rely on it: he/she hungers vor knowledge and for ever more training and he/she WANTS to learn and WILL find one! Like every true winner-type does!

Then he knows, why he's fighting and what he's fighting for. Most of people have forgotten how true hunger feels like. They don't know hunger at all and so they forget fighting!

First, if they don't know it already, you have to let them know and feel real hunger and then to give the hungry the power, techniques and visions.

Only the most thirsty WILL always find the shortest way to the well!



Heart over heels 464

Scientists have found that we also have cells in the heart that are pretty similar to brain cells. They are networked with one another and can think independently and even remember.

This means that if you suffer an injury to the heart (heartache) or the brain (fear) as a result of trauma, then both neural parts of your emotional system must be healed! So both psychologically and emotionally or vice versa.

Our heart-intelligence instinctively knows that the heart is the seat of our soul!

Heart cells are the only(!) cells in the body that pulsate independently in a nutrient solution, completely independently of other cells, and thus determine our internal rhythm!

When we are excited we get heart racing and when we calm down, our heart rate slows too! Head and heart have a direct and very vital connection!



Opposite *465*

If you have a tendency towards negivism and are serious about getting positive, then there is a good and pretty powerful trick.

At the moment you will very likely still perceive a lot of things as a kind of impertinence and annoyance and you may want to have your peace! However, if you REALLY tend to be positive anyway, then you feel inwardly that you are actually sorry to be, or to have to be so negative and comfortable!

If you can, from now on you make yourself aware of the negative thought and immediately transform it into its opposite.

*For example, when your friend says let's ride our bikes a little! ", you might think, "Oh no! He's back with his spontaneous trips! I only rode my bike last week!" From today on or as soon as possible more and more, you think and act exactly the opposite. Even if you are still reluctant inside, you say "**Oh nice!** Riding a bike is really good! Where do we want to go today??"*

*Or when your sister says, "Can you please call Papa again today! He hit his leg. It's swollen!" and you think spontaneously "Oh no! I just spoke to him on the phone two weeks ago. He always complains about his ailments! He should see for himself how he gets on with his knee!" Then you think and say from now on in a friendly and awake manner: "**Yes, of course!** I wanted to call him anyway. In the future I will call him at least once a week on my own. I'm worried if he is in pain and I want to go to the pharmacy for him to buy painkillers and ointment. I'm looking forward to an interesting conversation with him!" and then actually call him in a good mood and right attentive.*

Or when your 12-year-old daughter asks you, "Dad, can you fix my bicycle tube, please? It's broken! I want to visit my favorite friend in the next village this afternoon," then you may have mostly thought "Oh no! I don't feel like it and want to rest! Mum is going to town the overnext day anyway. Then she can bring a new

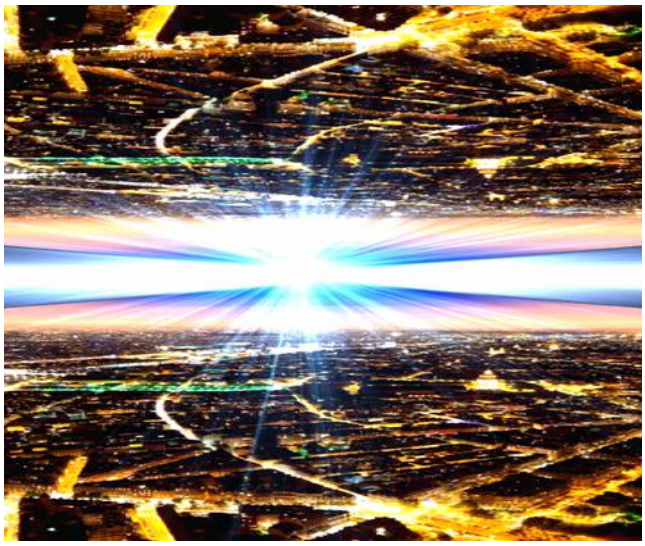
*tube. Besides, you just saw your girlfriend yesterday! " From today on you think and say clearly: "**Yes, I do!** You love your girlfriend very much and I want you to feel good and have fun together! I just quickly pick up the repair kit. In one an hour your bike is sparkling clean and mend again!"*

You will then surely notice that the "requirements" that may have annoyed you up to now suddenly become pleasant. You will also notice how life pulsates and wants to live by itself! No matter how annoyed you are! So you only harm yourself with your negativism! Because life just goes on! But sadly you are not there!

With this trick on the other hand, you shake off the negativity bit by bit like a crust of salt that have made you immobile so far.

As long as you have not concretely realized the negative and the bad in the real world and as long you do not deny the world in truth factively or you do not something negative, everything can still be corrected!

Because what really counts is the act, not just the thought! So you can neutralize every negative thought by none-doing or cancel it 10 times by doing one good deed!



Parallel world 466

While you think your ordinary thoughts, be pretty sure there are some worlds which exists very vividly parallely to yours.

Assembly line workers can normally not imagine what their CEO deals with the works Council or with the most profitable customer during a friendly golfgame.

And your CEO won't either know, what the leader of his political party is talking to another important politician like maybe the president of a southamerican state or another political leader in e.g. Africa.

And the top politician will perhaps not have a glimbs of what a spiritual leader maybe Sri Sri Ravi Shankar is discussing with the Pope in Rome at a yummy dinner.

These – and upside down - are true parallel worlds and you will never have any idea.

But THAT(!) hiddenly rules the entire world!
More than you will ever be able to imagine...



Perfect imaging *467*

The best mirror is not just a friend's eye. It usually only reflects the pleasant and comfortable, which does not really challenge us.

The best and most genuine mirror is and remains the eyes of all beings with whom you have to do. It is just your „job“ to recognize the most useful of it and to realize it in you, until the eyes of the others start to shine with joy when they see you. This is the best mirror - and it's up to you to make it true!

The other way round it is up to you to be a good mirror in which the others can see themselves pretty clearly. A true mirror adds nothing to it or takes nothing away from it! It simply reflects the truth! But mirrored!

If the other is a friend of yours, the picture may be retouched a little! But not too much!



Rich 468

Often times it just depends on our beliefs whether we feel rich or not!

Someone who only feels rich when he/she have their own island and 10 palaces or with big jewelries can easily feel poor.

But someone who just needs the happy smile on their children's faces can easily feel rich by making their children happy. It's how to get rich in a matter of hours or even minutes! But even that can sometimes be pretty exhausting ;O))

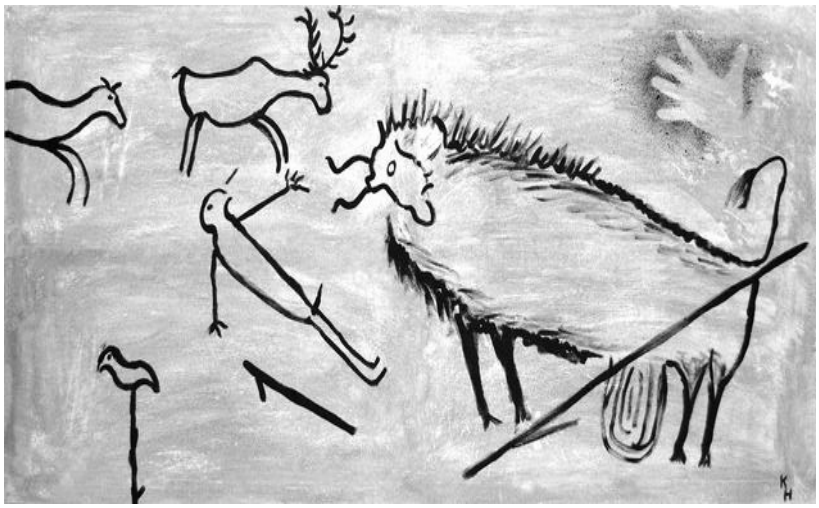


Repeater 469

Some say: "Who is doing the same mistake twice, makes a decision!"

So ... by this conclusion there is assumed, that the repeating person knows what's wrong or right and he/she thinks, that if he/she repeats it then it's no mistake anymore?!?

At least not for the seemly selfconfident mistake-thinker! We have to point dedicatedly over and over again and with much patience the mistake-thinkers at the undoubtable fact that a mistake remains a mistake!! No matter how often they repeat it!!



Hunting instinct

470

God has us on a leash every now and then.

Sometimes we see something we absolutely want. Now! Then a raw archaical drive may take command!

Like a impetuous dog who sees a deer. We want to hunt it down immediately and are pulling at the leash! But sometimes God has completely different plans with us and holds us tight and waits for the deer to disappear.

As soon as the dog can no longer see a deer, its hunting instinct is extinguished. God sometimes feels the same about it with us. If we're wondering sometimes why some things just don't work, he's probably keeping us on a leash right now! He releases us as soon the air is clear again!



Future now

471

We are already the future! Everything that happens tomorrow is for the most part already embedded in us and the world today!

Fifty years ago, nobody could have imagined exactly what would be possible today with computers and the Internet. And today nobody can imagine exactly what will be possible in 50 years and what the world will look like then.

But, I can already smell something very decisive right today: ***This is very likely just the beginning!***

Rejection 472



Don't mind too much if you get a rejection on a job request. If you are convinced of yourself, then take your chance to get better and practice until you are really good enough. Do some serious research on the terms of acceptance and then try again.

But don't ask with every little improvement if you are now good enough? That makes an intrusive impression and is more likely to get on the nerves of the other person.

A new attempt only makes good sense if you are REALLY sure that you have a (very) good chance of being accepted. Otherwise you will again run against a thick wall!



Climber 473

Like a climber, I try to use every little ledge of stone in my life- and business-wall where my fingers or toes can find support in order to climb inch by inch higher.

Sometimes there are small plateaus on which I can relax a little! But then it goes on! Undaunted and tirelessly closer to the summit!



Pretty ordinary *474*

You may think you don't look like success. ***Just don't worry about it!***

If you are really good, you are really good! People will love you, no matter what you look like or what story you have. Einstein wasn't beautiful and Lady Gaga is - in the traditional sense - not really beautiful either. And take Sylvester Stallone, Arnold Schwarzenegger or Keith Richards, Bette Davis or Marty Feldman!

Still, no one could stop their deserved success. All are simply unbeatable!
Each in his or her own special way!

Einstein *helped entire humanity on the jumps. There would be no computer or any modern progress without him and a simple but epochal tiny line:* $e=mc^2$

Lady Gaga *is a really great composer! She sings with a really beautiful voice and plays nearly perfectly piano and is always impressive with her unshattered dedication and conviction. She goes every single step and on each step she trusts in God! It obviously helps!*

Sly Stallone *has inspired hundrets of millions of people with his legendary story of an always and ever again upraising character „Rocky“*

Arnie *became an unbeatable global symbol for faith and neverending trust in God, his own powers and iron will and discipline.*
What can a simple kinda ordinary Austrian boy achieve:
7 times Mr. Olympia,
the most famous and best payed moviestar in the entire world over many years and even
Governor of the most successful country on this planet: California!
Three completely different disciplines and in each of them he became the greatest. Some - and not just few - even want him to become the president of the United States!

Keith Richards *One of the most popular and most famous faces ever, one of the most reliable artists in rock history and one of the two genious heads and the soul of the Rolling Stones. The quiet and frugal alchimist in the background. Everybody knows him. What would had become of him and where would he 've been stranded without an Alexis Corner? The visionary „Daddy" of the „Stones"?*
Often it needs an ignition!

Bette Davis *with her very impressive and strong performance of an absolutely selfconfident woman in a world of paschas and self-called heroes.*

Marty Feldman *and at last but not least, the totally incredible and self-ironic mastership of splendid humor, without whom this world would be much much poorer!*

And you?? *Go...! Your name is missed here! Leave your footprints in history - the world is waiting for your crucial spark...*



Vicious cycle *475*

You can see a negative cycle literally like a chain. ***Every chain breaks at its weakest link first.***

Look at the individual links in your most concerning negative chain. One of them is certainly the easiest to "crack".

E.g. it could be that you argue with your spouse from time to time and you don't know why! For example, one of them is disappointed and dissatisfied with the other. Suppose the man does not help with the household but the woman does not want to say it so directly. She could try it first in a roundabout way by saying unkindly: "Would you please help me with the dishes!" The man who is not used to this will be inclined to defend himself against this accusation by saying, "I fix the car if it's broken! That's enough!"

The woman may not be satisfied with this, but may be sullenly silent for the sake of peace. She will then probably come up with little "spikes" to provoke her partner and bring the topic back to the table.

If both partners now seriously want a solution, they could sit down together and see which reaction leads to which consequence.

E.g. his refusal leads to discontent in her.
her discontent, on the other hand, leads to defiance in him
his defiance also leads to her refusals in return
her refusals lead to disappointment and more bad mood in him
his bad mood leads to general tension
and these tensions then gradually lead to even more refusals, defiance and discontent on both sides.

Sometimes this process goes unnoticed for months and even years and slowly increases until neither of them knows how it actually began! It could possibly have been an unimportant little thing!

*Now say: "**STOP !!**"*

Breathe in and out calmly and deeply 5 to 10 times.

First of all, now you both try to vividly remember the good times you shared and why you got together in the first place. With married couples or lovers, there was certainly lots of intense love, sympathy and tenderness involved.

Do you now clearly and vividly remember the feelings of the beginning and how nice and relaxed life was without those ugly arguments?

Sit down together at a table and sketch any(!) of these unsightly rotating situations on a piece of paper. It doesn't matter which situation you take first! Become aware of what was the cause and what was the consequence of the particularly observed point. It's about something really important! Your love or even more serious your family life may be at stake!

Both of you will then possibly say: I am just doing this or that because you ... "
and the other side might then reply "And I just do this or that because you ..."

And they may both want to blame each other again.

If both sides agree that they want to restore harmony, then at some point in the dispute they have to say consistently:

*"**STOP!!**"*

and take a close look at each other and on the situation!

Which of the links in the negative chain is the easiest to break?

Maybe it starts with the man just washing the dishes and the woman taking over the drying together with him or bringing him a cup of tea into the garage to relax during the next car repair or maybe both of them having a friendship- and peace-tea together or that she helps him with cleaning the workshop now and then.

Make friendly concessions to each other and be patient if the other doesn't do everything immediately well right away! Just assume well-willedly that he/she is genuinely trying her/his best and help the other with his/her new tasks! Look deeply into each other's eyes again and smile gently and heartly at each other.

The ice will melt!! Guaranteed!

Feel the joy that is spreading again in your heart! Reach out and give each other a warm hug again! And watch together how the whole negative cycle simply collapses with a bang and you can both laugh freely together again! You will very likely wonder why you argued that way in the first place!

The positive rest will come naturally! Love and hope was ALWAYS the beginning!

From now on, be attentive if there starts an unpleasant situations again and nip the argument in the bud before it tries to get important again!



Leaden tiredness

476

Make sure that you had a good rest! Go to bed early and get up lively and well rested in the morning! Fatigue is a serious enemy of the good! It's not for nothing that one say "leaden" tiredness!



Seasons

477

Like the wind rustles and the sun shines, like the river flows, the water is wet, the sea is deep and the grass is green, so I write my books! I can't help!

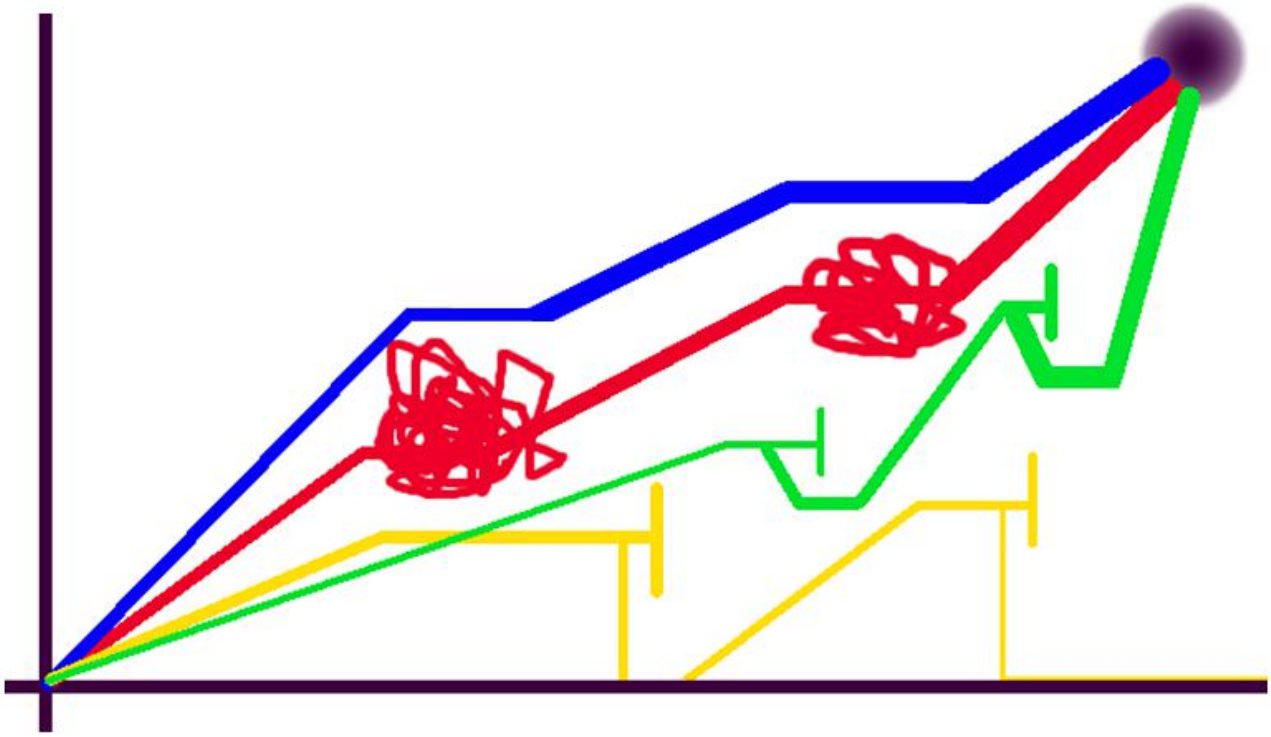
I provide food for hope and aliveness to my readers. For a good mood and courage! For joie de vivre and ideas. For art understanding and humanity! Those who read my books acquire knowledge and skills, calm and happiness, perspective and visions, future and activity, smartness, wisdom, love and trust!

So: dare, too ...



Hedgehogs 478

Often, if you really want to reach someone with his/her focus, you have to "pick him/her up" where he/she currently is! He/she sees the world from completely different eyes than you do. You first have to find each other! Most favouritly do it like the hedgehogs: ***Be verrrry careful!***



Lifelong learner 479

I have heard that some people mean, there are only three kinds of persons which are on their way to the top: Here I've taken men as an example. Of course it could be women als well. I am a gentleman and so I didn't wanted a woman to lose in that miserable yellow manner ;O)

*1. **The red guy** steps on his way and will undeniably reach a plateau. Then he gets nervous and acts chaotic. „Where do I have to go now?“ He is searching hecticly and makes others nervous as well. Then he decides for the next steps up. After a while he will again reach a plateau and the same hectic behaviour takes place. But after he is stressing others and searching for he next step he decides to go further and finally he is reaching the goal. A bit exhausted and nervous, but finally there!*

*2. **The yellow guy** does his first steps up and will also reach a plateau. For him appears the next slope as too heavy and too hard, so that he fall down without any success. Then he tries it the next time, and the same will happen! There is the next slope and again this obstacle is much to hard for him. He again falls down without success. After he has tried the same game again, he will undeniably face an obstacle. He resigns, collapses and gives it up. Sadly, He loses energy with each attempt!*

*3. **The blue guy** takes his strength, steps up, reaches a plateau but it doesn't hinder him to take the next slope and the next plateau and so on until he reaches the goal. He gains energy and knowledge. Perfect!*
*But don't you forget: sometimes you have to be cautious of the **red guy** and his chaotic style! ;O)*

*4. **The green guy.** In my opinion there is even another kind of guy missing! The green guy maybe is not the strongest one (like most of us), but he goes ahead anyway like the others. But when he reaches the plateau maybe there is a serious obstacle. He tries to conquer that step but maybe the slope is too heavy. The fight against the obstacle has made him stronger and smarter. He takes one step back, learns and trains a lot and bypasses the opponent „somehow“ without exhausting fights (e.g. via tunneling or by friends). Then the same game starts again. As well he now faces an obstacle again and maybe he is still too unexperienced or still too untrained to jump over this hurdle. Again he steps back, trains and learns a lot, tunnels the „enemy“ or asked for help from his friends and /or family or even is now strong enough to beat the opponent. He then again faces the next challenge. Now stronger, harder and much more experienced and tricky. He is a strong willed and disciplined lifelong-learner and in the end he makes it with a lot of more power and smartness!*

*Here also you have sometimes to be really cautious of the chaotic **red guy**! ;O)*

The yellow one appears as the typical everlasting loser. But also he is capable to learn and to become better, stronger and smarter every day!



Save water

480

Water is our absolutely most precious ingredients for everything! Don't forget: about two thirds of you are made up of pure water!

If you want to spare water, there is a quick solution:

A slightly dripping tap is often enough to wash up dishes, cups and cutlery!
Or even hands, feet and face!



Windmills

481

Know in right time when it no longer makes sense to complain.

Otherwise that will become a kind of fighting with windmills.

Terrible 482



People, who often find things and situations terrible (mentally nauseous like a spiritually bad stomach), have to be very careful that they don't become somehow terrible themselves.

They should soon check their spiritual digestion!



Stone Age 483

In the Stone Age there was already something like love. But we would have called it differently.

In a kind of 'fondle', 'scratching', 'cuddle', 'nibble', 'smootch' or other nice things ;O)

What we call love today is more the consequent and consistent awareness and feeling of the depth of sympathy and concern for the loved one. Also the sense of responsibility and the attentive perception of mutual affection and lifelong conscious loyalty, protection and tenderness!

Love is an active endeavor to do as much good as somehow possible to the other and to spare him all worries, pain, fear and suffering! The man for his wife, the wife for her man and both for the children and the family! ***Even if it would cost their lifes.***

In the end they all are meant to be happy!



Starfish *484*

A short story by ***Loren Eisley:***

One day a man was walking along the beach as he noticed a boy picking something up and gentky throwing it into the ocean.

Approaching the boy, he asked, „What are you doing?“

The youth replied „Throwing starfish back into the ocean. The surf is up and the tide is going out. If I don't throw them back, they'll die!“

„Son“ the man said „don't you realize there are miles and miles of beach and hundreds of starfisch? You can't make a difference!“

After listening politely the boy bent down, picked up another starfish, and threw it back into the surf. Then, smiling at the man, he said „I made a difference for that one!“

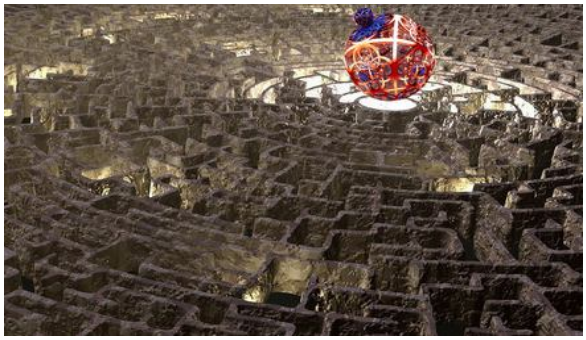
This small story tells us, how important it is to give everyone ever and ever again a new chance to live! ***Maybe you know one!***



Gently

485

No matter whatever you do! But do it gently with care!



„Impossibilation“ principle

486

A common "trick" to overleverage someone, who one don't want to let be successfull, is to convince him or to try to convince him that he is not good enough!

If someone raises the requirement for security, perfection, efficiency and complexity for your product or idea ever higher, then it could be that they want to suppress your product or your idea - probably for selfish reasons. Maybe he has a competing model in the drawer.

For example, if you want to produce a screwdriver and your opponent tells you that it has to be "at least" a very expensive super steel (e.g. V4A or chrome vanadium) and you use "only normal" V2 steel, then it can be that he wants to doubt that your screwdriver is suitable for everyday use.

But maybe your steel is completely sufficient for all "normal" purposes and instead it is only half as expensive, then don't let yourself be fooled!

However, if your screwdriver is defective after the tenth screw, then I would increase the quality until the screwdriver can actually be used for "normal" use without having to buy a new one every month!



Conservation 487

Take a look at the mass phenomena of nature: Everything is built and "composed" in such a way that as many of the same species as possible are born and can survive!

It is hard to imagine that nature takes care of every single individual, but everything in its entirety is designed in such a way that the species as a whole is as fertile as possible and can reproduce!

Even if it is not guaranteed that every single individual will survive all dangers unscathed, mother nature ensures that the species can survive as such. The preservation of the species is ultimately more important to nature than the preservation of the single individual, because whole populations can emerge from every survivor of a species!

Of course, the current extinction of species speaks a different language! But when species die, new ones raise and the advancement of consciousness and the growing sense of responsibility of humanity as the highest directly visible intelligence on this planet ensure the survival of the planet as a whole and will ensure, that everyone will more and more get what one really needs!

It takes patience and trust!

If nature even cares for the simplest beings like ants, worms or insects with breathtaking procedures and processes, then how much more God, the universe, nature, the great spirit, the highest intelligence or whatever you like to call it, does care for us humans!



Lovelack 488

If you know someone for a long time and you have always treated each other in a friendly manner, it can happen for "whatever" reasons that you have a bad day and perhaps insulted or hurt the other person without reason and recklessly.

If this wound is deep, it can also happen that the other, offended, turns away from you and breaks the bridges to you!

This is nothing special and happens every now and then!

Athletes in tough sports such as boxing or rugby know this very well and most of them wisely get used to be not offended at all!

On the contrary: *I have played soccer mainly as a center striker for round 12 years and it was absolutely nothing special to me, to be bumped into, knocked over or fouled really roughly in many hard ways. Even with bloody injuries and many pain! ;O)) You cant't play some sports if you were constantly offended.*

No, it brought really a lot of fun to me and I was (and am still) enjoying a fair fight! And the opponents are still my friends. The harder you have to fight the more ;O) It was and is really a great pleasure!

Get simply rid of too much sensitivity or sorrows!

In normal people, however, this woundedness can harden to such an extent that the offended categorically rejects advances attempts and apologies by the "culprit".

In every fair legal dispute there is a defense attorney and the opportunity to explain yourself and your situation before the judge.

However, if the "injured party" remains relentlessly tough and unfriendly and does not want to allow an explanation, then something is wrong!

Then obviously there was no love!

Because where there is love, there is always a way to reconciliation.

Then the earlier friendliness seems to have only been a fake! If your relationship is not worth the effort and struggle for justice and your harmony, to the offended person, then he probably always did not care much about you!

Or he/she is somehow frightened of the discussion because he/she is entangled in their feelings and does not know really what to say and he/she needs a little help! Be patient anyway!

Note with such kind of relationships that they can easily develop into so-called "toxic" relationships!

If you yourself are the irreconcilable offended, think and give the other a fair chance to explain and apologize!



Large self-esteem 489

Self-righteousness can happen quickly! Actually, we are all self-righteous!

If we only see things through our own glasses, we only have comparative possibilities from our immediate surroundings.

Suppose we live lonely on a small island with relatively little contacts to others (our small, normal life) and we invent the knife or the wheel, then we may think self-righteously that we have made a world-shattering invention!

Until we have contact with the big wide world (nowadays e.g. through the Internet) and see that there are knives and wheels everywhere!

So be careful! New insights can perhaps shake you deeply!



News

490

How do you really come up with new things?

That is a principle of variations and combinations!

Nowadays everyone knows a Velcro fastener. It was discovered when a man was walking across a meadow with his long-haired dog. There were many thistles in this meadow and afterwards he had to laboriously free his dog from the many burdock. It was understandably very difficult to fumble all the thistles out of the fur.

But the man thought about it and came up with the brilliant idea that these properties could also be aplicated very useful: fur and burdock!

And this is how the Velcro fastener was created. He had this brilliant idea patented and, as you can easily imagine, this man has no more financial problems since then ;O)

Nowadays it's actually hard to come up with really new ideas because it seems like almost everything has existed before! But there is a creative principle that always works perfectly!

You take two or three different objects or situations and slide them - like transparent foils, so to speak - mentally on top of each other! This creates overlapping of the individual things, which open up loads of new perspectives and images.

For example, the combination of owl feathers (the ends are very finely spliced so that the owls can fly silently) and car tires could result in a new type of "whisper tire".

There are infinitely many ideas hidden, especially in the relatively new bionics discipline! The more unique the basic conditions of these combinations, the greater the likelihood of novelty and the so-called "inventive step".

The third important factor besides "novelty" and "inventive step" is the economic "usability". It can be a nifty invention, but if no one bought it, it's not worth much!

As a possibility for the application of this "idea technique" I mention here, for example, the "templates" house roof and fan!

What can a roof of a house have to do with a fan? Hmmm...??

As a spontaneous variant, I imagine a small power generator about four or five inches in diameter, which is driven by small windmill blades made of lightweight plastic. How about, for example, if the ridge of a roof is equipped with many such small generators. Perhaps every 10 or 12 inches a mini generator that turns automatically in the current wind direction and the electricity generated by it is used to operate several small lamps?

Or if you implement a small power generator into a rain-downpipe!

As I said, these are only spontaneous intuitions and not checked or calculated by anything! It is only intended to clarify the principle of the intersection variabilities of this type of "thought template"! There are absolutely no limits to the ingenuity of avid readers!
But there are also several perspectives here: e.g. "top-down" or "bottom-up".

In this case, "top-down" means developing something that is only of interest to a few people or companies. Such as a gold business card with inlaid pearls and precious stones and with platinum inlays for the richest Saudi sheikhs and emirs. With a unit value of - let's say - $ 3,000 to $ 5,000. Of course, everyone who receives such a noble business card from an emir feels particularly honored.

Or a tool or method for a production process that speeds up work processes by 10 percent or reduces the use of materials and / or energy by perhaps 10 percent.

See: „en.wikipedia.org/wiki/Top-down_and_bottom-up_design“

"Bottom-up" means the opposite here. You invent a mass product (e.g. a paper clip, a thumbtack or an adhesive tape) that has no particular individual value, but can be produced in huge quantities and sold to mass customers and end users.

Such a product can then be easily refined and, if necessary, eventually sold to a wealthy group of people, whose members want to and are able to distinguish themselves and therefore want to have something special that can easily cost more.

Golden paper clips and thumbtacks or tape made from the purest printed silk could also be good ideas ;O)



Recovery 491

(Caution: see the note and the disclaimer at the beginning of this book!)

Recovery is always a relaxation of your muscles!

During a normal day you keep your muscles constantly moving! You are constantly tensing some muscles!

In addition, your brain is also constantly busy! In the broadest sense, the brain is also a kind of muscle. Muscle and brain cells can grow for a lifetime once they are animated to move and build new synapses!

In order to give this complex apparatus some relaxation, we (usually) sleep around a third of our entire life without being used.

So that your muscles feel refreshed and rested again, nature has come up with sleep!

If you have a problem falling asleep, staying asleep and sleeping in, it can be a wonderful way to feel recovered and well rested if, for example, you relax yourself before going to sleep (let's say about 5 minutes – or can be more) through the affirmation (or also called mantra) "I am very calm and will wake up refreshed in a good mood" suggests that your entire body and mind slides into deep relaxation and you probably will wake up pretty relaxed and in a good mood!

A mantra is an enhanced kind of affirmation and people who are familiar with meditation can do strange things through it (see Shaolin) and considerably increase their psychological capacities and the ability to concentrate - and thus their individual productivity!

In newer times there is a even very interesting and scientifically proofed technique named „PMR“ (progessive muscle relaxation)

see: „en.wikipedia.org/wiki/progressive_muscle_relaxation“

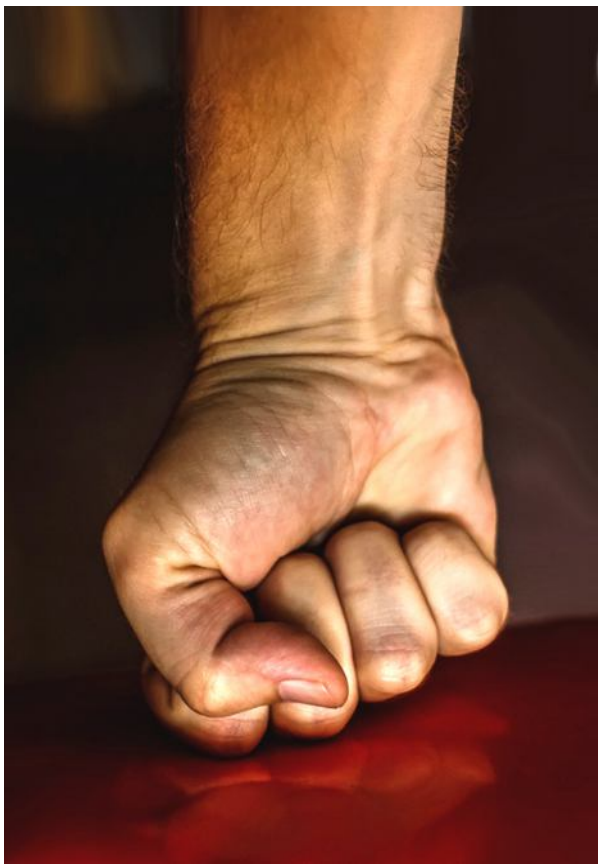
This processes are completely harmless for a normal healthy person and can be used easily and anywhere for everyone. And every experienced user of meditation, pmr or "autogenic training" will unreservedly recommend this simple methods.

Before self-suggestion, it helps to supply your body intensively with oxygen with approx. Three, four or five very (!) Deep breaths. Oxygen naturally and automatically has a relaxing and beneficial effect on your physical system and all your cells!

Over time, you will inevitably find that your quality of sleep and life will noticeably improve!

At the same time, your need for sleep will decrease somewhat, so that instead of about 8 hours of sleep, you can get by with six or seven hours and even feel better than before!

Experienced yogis or monks can get by with even less. So it can be that after three to five hours they will be wide awake, well rested and fully efficient again!



Stand your ground 492

If you're up to something big, be prepared for the fact that there will be many envious and complainers who might try to dissuade you from your path.

Do not worry about it! You will meet others who find what you do ingenious and incomparably valuable! He who seeks finds!

As long as you consider your "thing" to be valuable and promising, even with a reasonably sober mind and taking into account the applicable circumstances, rules and standards, as long it is!

It depends on the point of view of the cognitive ability of the individual observer: some find it extremely brave of you and will cheer you and the others find it silly and possibly even "embarrassing" and will rather want to "discourage" you.

You will recognize your friends by how they deal with your reaction to their criticism! Some get alert and curious and some get angry and rejecting.

You will only be unsuccessful if you are not firmly convinced of yourself and your cause and you do not believe firmly in yourself and in your cause!

However, if you reinvent a kitchen knife, you probably won't get very far! Unless you invent a very special kitchen knife (see "damask knife")

However, it could also be that your initial opponents will become your most determined and ardent supporters the more they learn about your intentions!



Essence of the good *493*

Just trust that everything will get fine! If you also give the good their fair chance (s)!

The good has a special quality: it corresponds to the very essence of the good to have a clear interest in making everything good!



5 stars-chef 494

What do you expect something special if you only deal with the everyday normal! Anyone can do that!

If you want to achieve something really new and special, then only allow the very finest and special influences!

A particularly tasty and noble soup can only be made from the best ingredients and selected spices! Everything else already exists!

Become a "5 star chef" of your ideas!

Sometimes you only have to change some ingredients and procedures of the best recipes to create a completely new and unique meal! (Or song... or picture...or invention... or...or...or... play with your phantasies)



Friends ahead 495

If someone doesn't want to acknowledge your successes and achievements, but points out your weaknesses and mistakes, then they probably have other interests! At least not the same as you!

It doesn't matter!

Unobjective and destructive criticism can impossibly be positive and beneficial! It is a good opportunity to simply look for the positive people who can appreciate your performance and imagination!

Softies 496



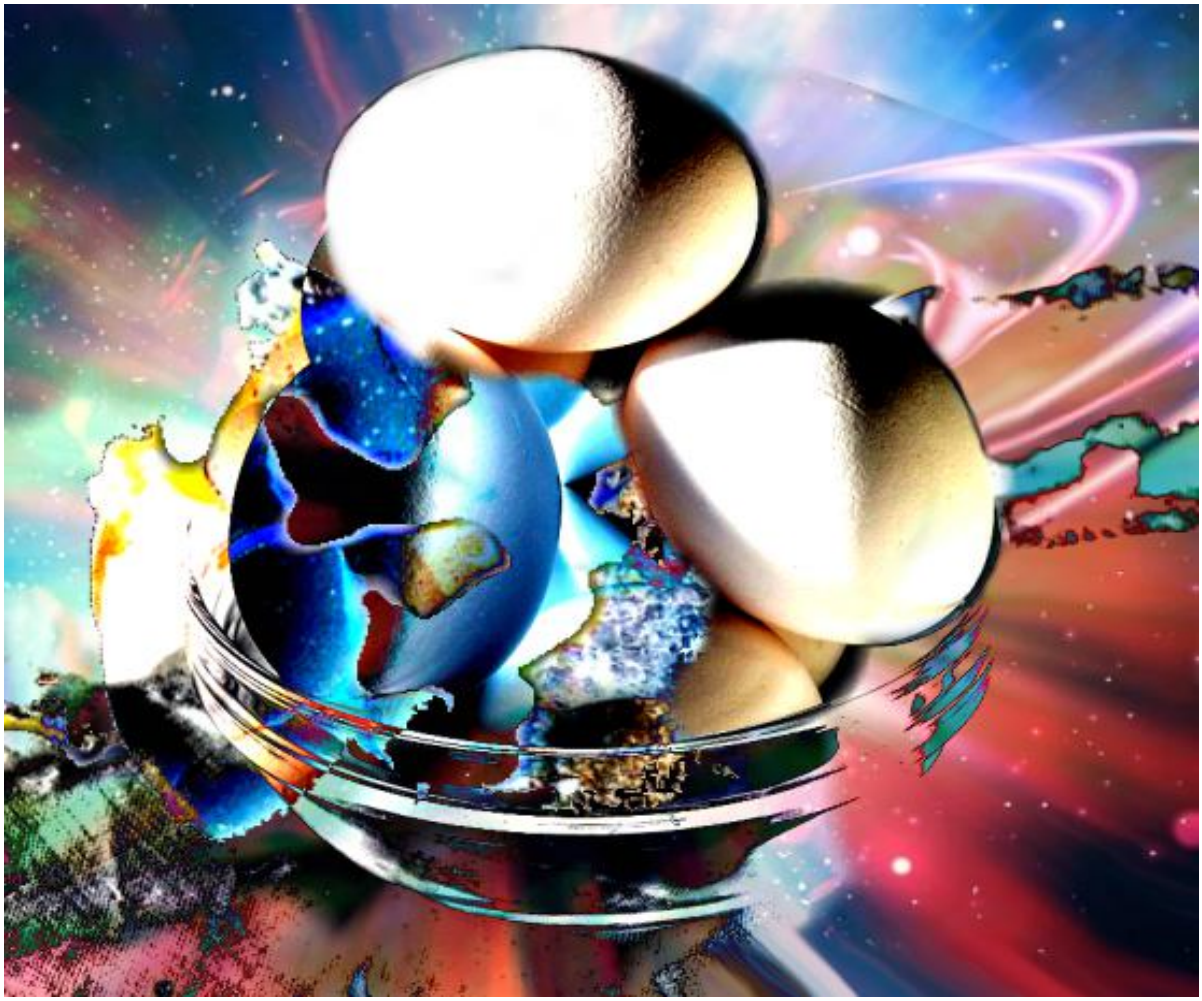
As soon as movement is involved, the soft, light and warm always rise.

Mammals generally find the soft, light, warm and also the light much more pleasant than the dark, heavy, cold and hard.

If you want to be successful, you will probably get further with light, lightness, tenderness and warmth than with the opposite!

Except probably with gold ;O))

We are always on the move! Therefore, things with these characteristics are usually viewed as positive and likeable. So always direct your gaze upwards!



Lights and shadows 497

Some readers might think of this book, "Why all these pictures and sayings?"

Every single picture may not mean much by itself, but they are not there out of boredom! Just as a drawn sphere is recognized as a sphere, as far as you simply leave out the bright part and the brain automatically conjures up the correct image in the head, these images are also meant that way.

They are not explicitly explained and described! But when they are in a complex consensus with the accompanying text, real explosions of images can arise in your mind! For each viewer in his own way!

For those who feel addressed by this, the soil is already prepared and apparently well fertilized. Magnificent flowers and juicy fruits can grow there!



Open Sesame 498

Beings who strive for each other and seek a union with really good and diligent will, will also find a way! Much like a lock and a key that are filing and grinding together until the door finally opens!



Flexible 499

A door is a connection between two rooms. Between here and there - inside and outside!

If you are the "door", e.g. between two beings, two parties or between two friends, make sure that your hinges are tight and always well oiled.



Knowledge

500

You may only see the surface of something. When you look at a lake, it may be nothing more than a lake for you. An angler and fisherman, on the other hand, would suspect the many fish under the reflecting surface. And an adventurer and treasure hunter maybe imagine also the many treasures that could be hidden down there!

So if you're not an angler, fisherman or treasure hunter, just get back in your car and drive on.

But if you want to find the real treasure under a surface, it is good if you also look focussed for treasures!



Higher grounds

501

If you have a good idea and you can't think of anyone except in your everyday surroundings who might be interested in it, then your world is not big. Better get together with an already established insider.

Imagine you wrote a beautiful song and nobody cares!

If it's really good, show it to a well-known singer.

They always need new and good songs to sing! There aren't many REALLY good songwriters out there!

Or maybe you have written a good book, then go to several publishers and present it there. They always need new and good "stuff" (stories) that they can sell. And don't wait for the answer from every single publisher every time. First come, first served!

Unless the publisher is really bad! But I wouldn't send my book to such a publisher! Inquire!

However, if you do not dare to confidently present it to a real professional, then this is a good indication to revise it again until you can stand up in front of professionals with it!

The chances that you will find a curious partner there are not that bad!

In any case, it's always worth a try. You can't do more than ask. And if you also get one or more rejections, you have learned a lot from it that will make you stronger and smarter next time.



Lonesome Rider 502

Pay attention to who is telling who what and why? A heavyweight boxer is unlikely to rave about his last victory to a sensitive, delicate painter in a lengthy and detailed manner. And a glider pilot would hardly tell a swimmer who is afraid of heights in detail about her last soaring flights!

Is talking for the talker maybe just a form of secret self-affirmation or a helpless proof of his existence? Does the patient listener have a special meaning for the narrator, does he / she want to persuade him / her to do something, or does the poor narrator have no one else to listen to him / her?



Horse and carriage **503**

God is not only love and wisdom! God ist also the reason (in sense of reasonability) and the understanding!

There are beeings with absolute amazing powers.

So e.g. a camel can smell a watersource in the wide and flat desert on a distance of round 15 or some even 20 miles.

Unexperienced desertadventurers would say „Be reasonalble and don't trust a camel! You could die of thirst“ But most beduins would answer, „No, I trust my camel. The probality that it finds the nearest watersource is really high!“ And there are very seldom beduins dying of thirst .

So in this case it is reasonable to trust those who have the unerring intuition for the truth!

The same way it is with spiritual persons! Nobody knows how, but they can „smell“ the truth!

Maybe they are not accurate on exactly one meter, but they will be approximatly right. More often than any science probably could.

Therefore the science of the Planck's quantum theory is made. The Einstein's relativity- and gravity-theory might be mostly precise in terms of he macrocosmos (e=mc^2 is really phenomenal) but in the area of extremely small and in the mostly sense far irrational numbers below the sphere of atoms and neutrons, the quantum-theory in the microcosmos is much more exact within the range of a certain probability.

The camel may hit the watersource from far with a probability of round ten or maybe fifty yards. Nevertheless the beduins would have to keep their eyes open. But the nearer the camel comes to the source, the more precisly it will hit the spot!

To be rational and understanding means to include as much of reliable facts into your calculation as sonehow possible and to compare it to the newest scientific knowledge as somehow possible ***AND*** *to trust your intuition additionally as well. That is why people say "Hear to your heart". The more you do all that, the more you will win and hit the source of your possibilities and talents.*

Like the camel: the nearer you do come to the source the more you gather good knowledge and the more exact your forecast will hit!

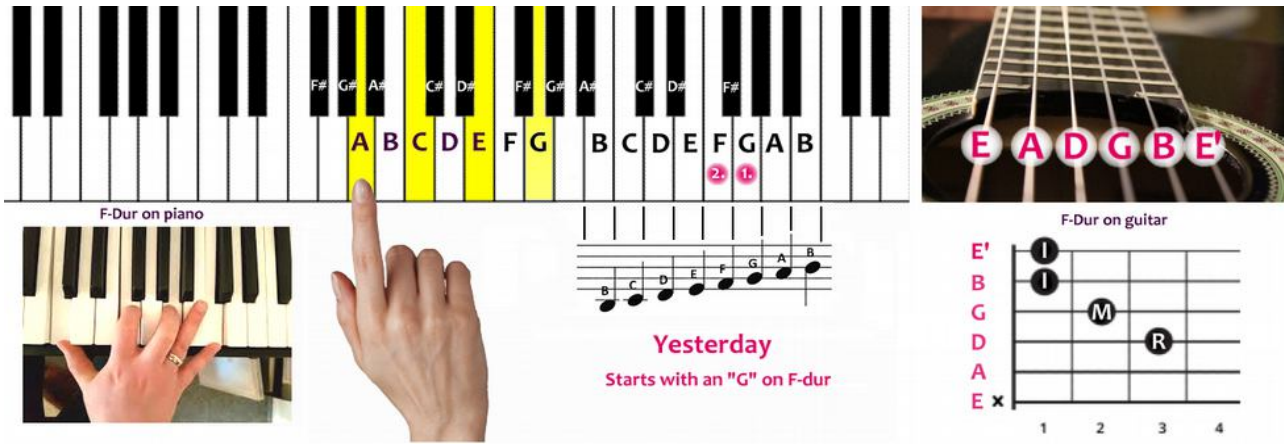
The relativity- and gravitation-theory with the quantum-theory - so to say - go together like a horse and carriage.



Regard 504

Seemly there are some people who cannot be regardful. But not because they don't want to, but rather because they can't!

Their inner rearviewmirror is obviously defect or/and dirty! Or they don't have any!



Tunes

Train your inner ear!

If you want to create good music, it's really recommendable to "hear" the melody with your inner ear!

Concentrate on the notes "A", "B", "C", "D", "E", "F" and "G" and hear their sound or scale all over and over again!

You then align your inner ear to intuitively "know" how it sounds, and then slowly but surely you also will know how it works. Over time, every song will remind you of your inner musical "system".

As a reference (and so this could be already steady in your mind) a "G" can be helpful. The most played song in the world is "Yesterday" by the Beatles and it starts with a "G" and then twice with an "F".

Remember, none of the Beatles knew in the early years how to compose by notes. They all composed "simply" by ear!

PS: in the above shown image for the F-Dur-chord on piano you can omitt either the thumb or the pinky (recommended) at will.



HTML-Responsivity 506

(and the very best is:
absolutely and forever free of any charge and „open source“! Promised!)

As a free developer I have analysed the principles of the capability of a normal webpage to be responsive. The following CSS/HTML-wrappertechniques are licenced under the name 'Medialay©'.

It enables every user to provide his/her own smartphone- or tablet-contents also mobile as freely as he/she likes.

That is the so-called „mobile ability“! The permanent mobile availability for worldwide – mostly wide underdeveloped SME-segments (SME = small and medum-sized enterprise between 1 and ca. 20 coworkers or employees).

'Medialay©'-file "media.css"

```
/* Structure_desktop */
#wrapper_desktop
  {
    display   : block;
    max-width : 1600px;
  }

/* Structure_tablet  ====================*/
#wrapper_tablet
  {
    display   : none;
    width     : 100%;
    max-width : 770px;
  }

/* Structure_mobile  ====================*/
#wrapper_mobile
  {
    display   : none;
    width     : 100%;
    max-width : 480px;
  }

/* Media Queries  ======================*/
@media screen and (max-width: 770px)
{ #wrapper_desktop { display: none; }
  #wrapper_mobile  { display: none; }
  #wrapper_tablet  { display: block;} }

@media screen and (max-width: 480px)
{ #wrapper_desktop { display: none; }
  #wrapper_tablet  { display: none; }
  #wrapper_mobile  { display: block;} }
```

So with 'Medialay©' the plagued website-provider has no longer to manipulate complex proprietary alien HTML- or CSS-contents and you can use any common HTML- and CSS-techniques or frameworks as before!

With 'Medialay©' you have the wrapper management and your data completely in your own hands again! It is reliably tested with Samsung Android browser, MS Internet Explorer/Egde, Mozilla Firefox, Apple Safari, Google Chrome and Opera on desktop PCs and various mobile devices.

As well something very important (probably more for the professionals) is: You are now - thanks to <canvas> and AJAX - independent of the respective operating system. Your output medium is and remains the current browser window alone!

If necessary, each wrapper content can be easily adapted to the individual mobile tablet or smartphone resolutions. Incidentally, the HTML5-command "SrcSet" is highly recommended for the loading speed on mobile devices!

File "index.html" in the main-folder

```
<DOCTYPE HTML PUBLIC "-//W3C//DTD XHTML 1.0 Strict">
<html xmlns="http://www.w3.org/1999/xhtml" xml:lang="en">
  <head>
    <!-- .. evtl. other head-content .. -->
    <meta name="viewport" content="width=device-width,... (connect
     these two lines) ... minimum-scale=1.0,maximum-scale=1.0"/>
    <link href="media.css" type="text/css" rel="stylesheet">
    <!-- .. evtl. other head-content .. -->
  </head>
  <body>
    <div id="wrapper_desktop">
      ...any HTML/CSS/JS-content for the desktop-device
    </div>
    <div id="wrapper_tablet">
      ...any HTML/CSS/JS-content for the tablet-device
    </div>
    <div id="wrapper_mobile">
      ...any HTML/CSS/JS-content for the smartphone-device
    </div>
  </body>
</html>
```

If you want to see it working in realtime on a desktop-PC , start it and just change the size of your browser-window horizontally from broad to narrow.

Have a lot of fun with any of your uncomplicated mobile webpages!



That's talent 507

If you really wanna know what talent is?

youtube.com/watch?v=597cgdc4Mfw

That is talent!!!



Startup-thinker 508

If in unlimited spaces (see under "Infinity") everything is beginning, middle and end at the same time, then you can also say, instead of "you never know when the end will come, then you also never know when the beginning will come".

Now that I am writing this book, I am "already" 67 years old! Shouldn't I have written this book because many might think I'm too old? No! How much knowledge is lost because older people - who usually are the only ones with greater and/or deeperknowledge - think, "I mustn't do that! I am too old!"

Sadhguru or Sri Sri Ravi Shankar are roughly my age! Would you like to miss their thoughts either?

From the point of view of an 88-year-old I'm "only" 67 and still have over twenty years left. The brain, knowledge and memory are actually never old! And certainly not too old. Who knows what one (I) can still achieve in the next twenty years.

Then what should a 20 or 25 year old (young) say!

Remember how much has happened and been written and said in the last 20 years. How poor the world would be if some old people stuck to being useless! No! It just can all start up NOW all over again!



Searcher 509

Who search will find! *Sometimes it is really important to find positive people.*

If you want to find extraordinary courages persons, then a search among boxing people, rallye-drivers, pilots or climbers will propably be successful.

Or if you search extraordinary esthetical persons then try to search among paintartists, designers or sculpturers.

Or for linguistic extraordinary talented beings certainly it's worth a try among writers or advertisment textwriters. Mighty people among the politicians or big entrepreneurs and rich people among the rich! Got it?!

So...if you search extraordinary positive and animating persons, I think the probability of finding them in any professions with people who have to ginger up and to encourage people is pretty high! For instance in occupations like moderators of morning-radio or morning-tv, animators or motivators or maybe even among stage-experienced humorists etc. To smile and to be refreshing is their job!

By the way: if you wanna play tennis with Obama, go there where Obama usually is and ask people as close as possible around that place and around him. The chances are certainly not zero that you will meet a nice person, who can take you there and who can introduce you to Barack Obama ;O) But, please do him a favour and don't everybody now ask Obama to play tennis with him ;O) He has a lot more important to do.

Be aware that - no matter how rich, how mighty or how famous - ca. 3 to 5 percent of all(!) people will react positively on a question and will answer you as proper as they can.

So, if you invite 100 persons - ***no matter who(!)*** *- to dance with you, you can be pretty sure that ca. 3 to 5 percent* ***WILL dance with you****! Or anything else that is in his possibilities. That is a properly proofed and evidential researched social rule and is called "reciprocity law".*



Damascene 510

God, Nature, the Universe, the Highest Intelligence, the Great Spirit or how you ever might call it, needs now and then really tough and extreme courageful people.

If you wonder why you have to face so much exhausting and even shattering situations like several complicated jobs or challenges, God might forge you.

He forges you like a damascene steal. If you try to forge a raw ore it will burst and break. You have to make it bright glowing and then to forge it carefully. Ask a smith, it is a real complicated job.

The special process with damascene steel is to fold it several times and after each folding the smith is hammering it out again and again. By this process the steel is getting harder and more elastic at the same time. If you sharpen such a blade you will see that it gets extremely sharp, resillient and resistant.

Special individuums will get forged and forged by God ever again for a very special task and when obey and take your talents as a vocation and you go align with it, you will become capable for higher tasks and amazing strength!

The same is with bread dough. If you bake an unkneaded dough, the bread will not get yummy and fluffy. But if you knead it, fold it and knead it again several times, it then becomes a delicious french breakfast bread or a savor italian pizza bottom.

Originator 511



An inventor or originator who will produce and sell his work sometimes needs a concrete development partner.

You can't always certainly know if the partner, game-publisher or producer is really honest and he/she wouldn't

steal your idea. If you expose your idea to him/her, he/she might be false and devious and say: "Okay , I know this idea already! Thank you!" Then he/she might close the door and exploit your idea, though he/she hadn't a clue of it and finally you might remain without any profit.

In those cases you can encapsulate your idea in, let's say, five envelopes. Each of them is nested inseparable in the next higher one and sealed. For instance you have invented a new pliers for a powerdrill. The pliers are driven via a gear by the power of the powerdrill.

Then you could come up with, in this case, five separate questions (could be more if needed).

Open the seals one after the other.

1. „Do you know a new(!) idea which has to do with steel?"
If the future partner denied, you let him/her sign this denied question with his/her signature.

2. „Do you know a new(!) idea which has to do with a powerdrill?"
If he answers „No" you let him/her sign this „No" on the envelope again

3. „Do you know a new(!) idea which has to do with pliers?"
If he/she answers again „No" you let him/her sign it on the envelope again

4. „Do you know a new(!) idea which has to do with a powerdrill AND pliers?"
Evtl. the same procedure as above.

5. „Do you know a new(!) idea which has to do with pinched off bolts or pulled out screws?"
Evtl. the same procedure as above.

If he/she confirms one of your questions with „Yes", then close your pocket and search another partner.

But if he/she answered all questions with "No", you can be pretty sure, that he/she has definitely no clue of your invention. If you then reveal your idea then he/she can not claim anymore, that he/she would had knew it already before!

The signed envelopes and seals you then deposit with a notary.



Basic instinct 512

Democracy assumes that every living person has an strong and vivid instinctive interest to live, to strive and to survive. This has not necessarily to do with any kind of other intelligence. Even the poorest and even those with quite simple occupations are instinctively aware of difference between good and bad or wrong and true.

I call it a mental „smell“ that every person radiates. And this mental „perfume“ can be detected by every individuum. And not only by humans.

It can really happen, that a person enters a room, where is a dog or cat in. And these animals are behaving somehow „strange“. May be a dog begins spontaniously to bark or a cat begins spontaniously begins to hiss. Or vice versa, the dog goes straight to the visitor and snuggle up his head at the leg of that person or the cat sudeenly begins to purr.

That is why democracy is usually working really well.

In addition, a few years ago in the 2000s a researcher gets a nobel prize for the evidence, that people in democratical systems in the economic disciplines are even more successful and on average wealthier than people in other political systems!

Note: so ... be always someone, with whom is good to purr with ;O)



Deepfake 513

It's quite unbelievable what modern graphical software can achieve. Recently I saw a sequence of the popular movie „Titanic“ and in this short clip with all movements and perspectives instead of the face of „Rose“, the principal actress, the face of another person was included by

*the **Deepfake**-technology. With all movements and face expressions absolutely in a way that a normal beholder can't find out that it's a graphical trick.*

These are just the beginnings! Be verrrrry cautious! Nowadays one can take any picture of a person and clip it into any movie!! Not just into a picture: into a running movie with all body movements and complexe face expressions!

It's a kind of virtual 3D face surgery with neuronal meshes.

Fatima 514



There is a prayer of catholic christians called „Fatima-prayer“. The last sentence of this quite famous and popular prayer says „Lead all souls to heaven! Especially those which your mercy need most.“

It reminds us Catholics each time we pray it, ideally each day, that there always are those who are much more worse off than we are.



***By the way:** it is quite normal that Christians wear a necklace with the flat, empty cross or even the cruzifix. That is nothing special! We keep that necklace everytime with us!*

It doesn't matter wether in good or bad situation, wether if it could get dirty or sweatty or in the bathtube or shower or wherever.

*That means, that JESUS is with us under **any** circumstances. He is absolutely not squeamish and does not necessarily have to be spared. In the opposite, he enjoys to be with us **anytime and anywhere!***



Manifestation 515

Be aware that you never can ask a true Christian for the secrets of manisfestation!

It is seemly possible to create a ghost, events or even matter, but that are processes which Christians call „magic“. Our Lord JESUS has, so to say, forbidden to deal in any kind with magic stuff.

The reason is pretty simple. Manifestation means to use mentally and/or spiritiually evident powers to let things getting true, which are solely enforced by our personal will. In this point our own individual greed is the core driving force of those deeds.

In Christianity we pray to GOD to get our wishes fulfilled as far they meet his perfectly will. Whether he does it or not is not determined by our weak human mind but only by his generosity. And of course he loves us and will always be generous! He reliably will, the more we love him and trust in him - do not fidget so much around!

We accept if GOD is not fullfiling our wishes. We think that GOD and JESUS are knowing all and everthing about us! No one will ever know better what is good for us than GOD and JESUS alone.

Sometimes our wishes come true if our image of truth is corresponding with the highest possible will of GOD! But there is no guaranty!

One sentence in our „Lords Prayer“ says „Your Will be done“. True christians would in this point not insist on their will. This is how we learn humility!

And thus you have to ask other beliefs for any manifestation or for magic! No matter whether if it's black or white magic!



Live it *516*

Even if we knew it and always know it still! It is spiritually so much present all around the world, but we didn't live it or doesn' t live it right now. There is no shortage anywhere on meaningful calenderquotes!

Do you smile all day? Are you heartily hugging your neighbours? Are you consistently speaking wisdom and tender words to your family?

No?

Why not?

Now and then try to think like a monk! Don't care of people surround you! Meditate life extaticly and be laughing joy every moment! Dance and sing wherever you are!

It doesn' mean a big thing what the others say or think or do! It' s YOUR LIFE!! The more you stand to your induvidual life and attitudes the more you'll get free.

It's luck, when your targets meet with that of your neigbours. But you have to decide! As unpleasantly perceived bondage or as freedom to do what you feels right. Both together won't work!

Also this kind of free behaviour has to be trained.

Start with the most less resistance. First say joyful things to your spouse, your children, your siblings or your workmates. Smile to the people on the street. Hug your neighbour just so! By no reason!

You don't have to explain your deeds any time. As far you are kind, harmless and positive, no „normal“ person will blame you or complain for that. No! Vice versa: they will laugh and smile with you and they will be happy that you are happy. They love to see you laughing.

It is absolutely usual to any „normal“ and inside „healthy“ person to laugh with you. They will even be grateful to you, because you teach them to act freely and joyfully and to be vivid and lively!

As I said already in another tale: you can never learn more as when you teach it to others



Wanting to can

517

There are people who are in everything they do and say a living reproach and expectation of others! Put on your boots, buckle your belt, take a deep breath and believe in yourself!

Not being able can also mean not wanting enough. First learn to want clearly! The ability then comes by itself! Sometimes, however, it works the other way around: Learn to be able and the will then comes naturally with your expanded ability. But that's a long way. The other way around it makes more sense in my opinion! Being able to want is the straighter way. Some cannot and/or do not want both; O)



Solutions *518*

Some people see far more problems than solutions. Nearly everything is a problem to them. Change your view on solutions. If you are no more a part of the problems, then nothing will remain problems anymore. Everything is a solution! It depends on your view to the things!



Mainstream *519*

*If your life shifts abit much, than it is mostly a sign of lack of consistence. But for some the shift is a constant part of their lifes and they are used to it. Swim with the mainstream … **of YOUR life**! Nothing happens without a meaning!*



Breath freedom

520

I see it every day! It is so very often, that people fall in the same old trap all over and ever again and again!

Think as if you would have never felt self-pity at all! What would you do?

Get up, walk and act... not sit down and talk...

Right now!

Self-pity is the worst enemy of all!
I don't know, who have ever taught you that self-pity? Forget about it! Don't give them the victory - don't let them win!

GET UP AND BREATH FREEDOM!

Stay tight and steady. Others (maybe your kids) see you as an idol and watch you consistently. Is it THAT self-pity they shall learn from you?
Or would you rather tell them to stand up strong, inhale peacefully, to break down the inner walls and to break free in the end?!



Mighty might

521

What is might?

The might is, when a strong and great idea comes to reality. When nothing can proof the opposite. When any attempt to refute leads to even more confirmation! When even the smartest people keep quiet and when

also the most honorable people show an irresistible cheer and acknowledge the deep truth of this idea.

Total truth deep within an idea and a rejoycing vision of it's boundless opportunities for accomplishing great things and powerful solutions.

When everybody can see the bright sparkling light at the end of the tunnel and immediately wants to achieve the better life!

That is might!



Future **522**

It may seem scary to some to think deeply about the future. Sometimes I would like to fade out some thoughts on it myself. Because it's so incredibly complex!

Nevertheless, in the ***next 20 numerated articles*** *I want to try to shed some light on some basic topics in futurology. Of course, this can only be a small part of the whole. But it throws a light of consciousness on a new world that we can hardly imagine today. But towards which we are inexorably moving! You can't stop the future from coming! Nobody can!*

Living conditions that are common to us today (internet, 3D printing, cell phones, e-cars, etc.) would have been completely unimaginable just 50 years ago.

Where is the limit of pantasy?

I only mention things and facts here that I think are reasonably likely in the next 20 to 30 years. I consider a more far-reaching prognosis to be an irresponsible utopia.

In the next 20 to 30 years the facts of our perceptible world will change so tremendously that in the course of this time we will have to realize completely new conditions for further visions.



1. Digital learning

What we mean by learning today will no longer exist in 30 years. We will for the most part "inoculate" or transfer the knowledge via electromagnetic methods such as inverse magnetic resonance or various cyber-technical implants. Biological, DNA, nano, IT and medical technology research is already well advanced on this point.

And the usability of quantum computers will accelerate this breathtaking development unimaginably. Today's classroom school will only partially serve to consolidate what has been "learned" and the teachers will increasingly have a supervisory and accompanying function.



2. Artificial meat

There are already various irrefutable results in many places that it is possible to breed meat artificially in the laboratory.

A problem that has so far been difficult to solve is the combination and synthesis of fat and muscle meat, so that a firm structure is created.

Not a single animal will have to be bred or painfully slaughtered under unworthy conditions. Except perhaps for those people who want or can still afford "real" and more expensive meat.

In terms of taste, it has been proven that this meat tastes excellent and is very healthy, as the meat will no longer contain any special fertilizers, fattening additives or antibiotics.

Initial estimates assume that there will be mass production of such meat in three to five years!

In combination with 3D printing, it is easy to imagine that a complete "chicken leg" could be "printed" in a few seconds without the slightest animal suffering. In such a way that it could no longer be distinguished from a "real" chicken thigh. Whether we will still like chicken thighs is another question.

There will be completely new types of meat and flavors that we cannot even imagine enjoying today! It is definitely a seemingly quite positive and tasty way of future mass supply! Let us surprise!



3. Globalization

Globalization can already now not be stopped! Thanks to modern communication methods and the very extensive possibilities of collaboration between any remote company, it is no longer a problem to exchange, expand and combine knowledge and skills via the Internet. Which will lead to unimagined opportunities for brainstorming.

However, in order to be able to stop the already recognizable urge to migrate from the unfavorably habitable countries such as in the desert regions of the world to the temperate zones, there are already intensive efforts, e.g. to green the Sahel zone or large parts of India with suitable, heat-tolerant trees. Australia certainly still has enough space to offer.

If every inclined Indian - let's say 10 million - planted, for example, 10 trees (assuming a day of work) and cared for them, then within about a year a good 10 billion trees could be planted in India without major problems. India would be a beautiful (which it is now already) but also a green country with a slightly more moderate climate. I know Sadhguru is busy with just such a project right now! So: roll up your sleeves, go to work in a good mood and help him diligently! :O)

One of the biggest problems, however, still seems to be to overcome the various beliefs, traditional-cultural, ethical-moral and spiritual-religious viewpoints of the different nations, cultures and peoples and to unite them in peace and harmony.

Always make it crystal clear to yourself: ***there is no other way than the peaceful union of all peoples in harmony and friendship!*** *With this book I try to approach this challenge. By exclusively and repeatedly emphasizing from different positions what all people see and feel together as valuable and as worth striving for.*

Regardless of religion, culture, nationality, tradition and skin color and timeless through all generations and ages:

Love, friendship, peace, awareness, longing for God, concentration, talent and ability, knowledge, liveliness, willingness to help and sacrifice, efficiency, imagination, sense of responsibility, will to succeed, loyalty, security, tenderness, positive thinking, wishes and actions, harmony, community, music, dance, laughter, sufficient wealth, a full and satisfied stomach and a lot of sympathy for each other.

If I should have forgotten anything here, just make it up! The main thing is that it is positive and constructive. We are all human beings of the same one world!



4. Ecology

The development of the last 5 decades with global warming, species extinction, escalating egoism, increasing energy demand, rainforest deforestation, floods, storms and water scarcity has made us aware that we live in a fragile world full of unsolved puzzles.

If we think that we have done something well and right on the one hand, we tear down a lot with our buttocks that we previously painstakingly built up!

Instead of continuing hectically and becoming shy and nervous due to the more and more chaotic development, we should now force ourselves, like any sensible being in a confused situation, to take a break and take a deep breath as long as we have time for that.

And to continue only when we are aware and sure of what we are doing !!?

In an everyday situation, we would first ask a proven and experienced specialist how to proceed? Who would build a safe house for the whole family without an experienced building engineer or a safe home power system without an electrician? Who would repair a TV set without an electronics technician? Or who would develop software without a skilled programmer?

And believe me, nature is many times more complex than all of that! So stop and ask the appropriate scientists first, who have finally studied and researched it thoroughly!

After all, knowledge is their job. They create knowledge, which is why they are rightly called scientists.

What we do need now is a global council of the wisest and smartest of us.



5. Housing

The style of living we know today will die out. In the future, houses will be built by robots or even stacked on top of one another as if with a kind of 3D printer (as is already the case in Japan). Living will have to adapt to this development and its specific characteristics and possibilities.

The entire household is more and more controlled and automated by technology. Nowadays, depending on the programming, a computer can autonomously decide how the heating is set, when which light is switched on and off and whether or when which blinds are up or down.

An intelligent and extremely vigilant sensor system will determine where someone is and switch lamps or activate screens accordingly and also which entertainment program and volume is currently comfortable for the resident in which location.

Fridges will automatically order food and drinks when they run out and the electric car will be ready at the right time, preheated if necessary.

The scope in this area is almost limitless and the more options there are, the more users will use it. That's why they are called that.



6. *Fullautomated industry*

What is described today under ,,Industry 4.0“ is all just the faint appearance of what the industry is about to see! Almost EVERY little technical thing can be automated, refined, produced and controlled with today's IT.

From "just-in-time" delivery to factoring, booking and billing, ERP-controlled inventory and warehouse management with fully automatic hallway and shelf systems, to process automation using robotics and permanent quality control, as well as from final acceptance to "on demand" “Delivery, everything will - as far as it is" somehow "possible - proceed autonomously.

The resulting unemployment or release from human “production capital” is already a major concern of politics today. Sectors that are very close to the people and require a high degree of sensitivity, such as nursing and care for the elderly, but also the entire field of coaching will increase dramatically.

Mainly all those professions will be more popular, for which it is hardly foreseeable that a robot or machine can do it in a human-appropriate manner or better. Which that will be is up to your imagination.

Anyone who thinks that IT is particularly secure should not rely too much on it! Due to the neural and self-learning "deep" technology, it is nowadays also quite conceivable that programs and robots will soon be able to develop themselves. The computer scientist will soon have the predominant task of using and controlling his robot army sensibly.

One of the few opportunities to keep up with the unbelievable power of efficiency of modern computer technology and to be able to control it is that more and more people will volunteer to mutate into cyber beings. Do not underestimate the curiosity and spirit of research with which a relatively large number of people will undergo this unfamiliar procedure!

These "hybrid beings" between humans and IT will soon enjoy considerable - including financial and social - advantages and the drive to imitate them will increase considerably in a short time!

For my terms, a certain logic is still a bit underrepresented. The quantum technical rule of Heisenberg's uncertainty principle states that with our reception instruments, the more precisely and apparently "sharper" we look at something, the more we recognize something blurred.

A challenge for modern IT is that the attempt to determine something exactly(!) leads to a relatively high susceptibility to errors as soon as something is not 100% clearly described for a robot or is not fully describable.

In my opinion, one solution could be to accept the smallest possible perceptible, diffuse "error" as truth, if one forms a kind of ***status quo*** *at the border to complete diffusion. Mathematicians will know the "problem" with zero ("formula too complex"). In order to be able to deliver a "True" to the robot, I have to assume truth within a certain tolerance range - in pattern recognition, depending on the assumption in the nano to femto range - in order to be able to come to a valid conclusion in my calculations. The Heisenberg rule acts like a "softness magnifying glass". Just an idea besides; O)*

With a quantum cloud computer suitable for the masses from around 10 or 12 Qbit, this "problem" should soon be a thing of the past. Not only in IT development the quantum computer will soon make real „quantum leaps"!



7. *Infotainment*

Already today there are hundreds of TV channels and literally thousands of radio channels all over the world. Anyone who speaks English can enjoy any form of information and entertainment around the globe and around the clock. Other languages don't have to complain either.

Thanks to the Internet, the infotainment required for every need is also available worldwide in French, Russian, Chinese, Spanish or other languages. Actually, every knowledge is globally available in every level of complexity and the already weak argument that there was no "reception" is becoming more and more implausible.

Since infotainment production, i.e. TV-compatible video production via Youtube or TikTok, is becoming more and more convenient for everyone, in future virtually everyone can feel like an independent broadcaster.

Thanks to the ever more memory-friendly, simple and fast video compression (in future also in life-mode per fractal, low-redundancy interframe wavelet technology), every modern smartphone can actually deliver perfect videos for hours or even days, in real time and with a high image- and color-quality.

Video communication (also as conference technology with any number of participants, e.g. as a modern lecture hall or events) will soon - at least for normal smartphone needs - hardly have serious and noticeable limits anymore, though! Especially since the rapid backbone development via fiber optics or VHF radio will also comfortably allow ever larger and at the same time faster broadcast transfer.



8. Worldlanguage IT

As is already the case today, the smartphone in one form or another (OLED folding displays, glasses, video streaming directly into the eye lens) will increasingly become a permanent part of our normal selves.

10 or 15 years ago nobody would have thought that the smartphone would become our constant and natural companion. With considerably more refined techniques, the computer will become more and more a part of our body. Even if the elderly among us may still feel a certain aversion to the modern world, the young people will be completely relaxed about this reluctance and also their caution towards IT.

Just as the various smileys have become a natural part of our world language today, a very complex and understandable global "language" (perhaps an intuitive sign language using smileys and globally accepted symbols) will develop in the future.

I can very well imagine a mixture of the different fonts. Such as the most meaningful characters from Latin, Arabic, Chinese, Cyrillic, Greek, Hebrew, smileys and novel symbols. Who knows!

We simply cannot assume that there is no solution to a problem simply because we cannot think of it now. The new era will always offer new and surprising or fascinating positive solutions based on the needs.

Humanity will learn to pay attention! As long as the good guys in the form of politics and the police still have the edge over the bad guys, I'll stay calm! The origin of the best technical solutions to effectively defend this lead has always been the military and the police. We only have to ensure through democracy that the military and the police always remain on the side of the friendly people!



9. Collectiv consciousness

It no longer takes a lot of imagination to be able to imagine that knowledge from the most diverse areas and disciplines merges seamlessly with one another. Already today - at least in the open democratic systems - in principle everyone has free access to (almost) any information.

I very much hope that this book will help to strengthen knowledge and awareness, as well as the feeling of shared responsibility for us all and for the common planet.

By striving to express my thoughts and feelings in the world's most widely used lingua franca, English (where the Google translator's artificial intelligence has served me invaluable, fast and amazingly well) and by being ready to read my book in spite of all the language problems, you have a diverse part in my world of thoughts. I couldn't share all of this with you if there weren't the computer, the Internet, artificial intelligence and my need to communicate in detail!

In this way, our communication leads more and more to a collective consciousness that brings us together and unites and serves us for the best of all of us!



10. Tracking

If I were not thoroughly trained in various IT disciplines myself, I would actually not be able to imagine what is possible with IT today.

In which the hardware "only" forms the technical basis. There is a famous phrase from Bill Gates: "Only the software makes the computers run!" That's right! Without software, where the operating system already consists mainly of machine software, all computers would be silent and probably gather dust!

It was my training as a SAP specialist in the field of "Business Intelligence" that my eyes finally opened! Because everything we call IT-intelligence today is not only based on zeros and ones, but first and foremost on "Business Intelligence"!

Today's BI is a preliminary stage to intuitive pattern recognition. But not just the graphic recognition of patterns, which can be used to control industrial robots, for example, but also the quick recognition of behavior- and character-patterns which are deeply hidden in the databases of all large IT companies.

Imagine that ALL movements that are carried out on the Internet run via so-called provider servers and are registered and controlled there. That has to be so, otherwise the internet wouldn't work!

But it is a basic condition of these processes that data is generated. These are normally unsuspicious PC-typical data as well as location and connection data of the computer which is currently registering with the network provider.

However, it was only the so-called "cookies" that triggered an exorbitant increase of this "usable" mass of data.

In the case of smartphones or internet-enabled on-board computers, e.g. from cars, there is an essential type of data as well. Namely the GPS location data ("Global Positioning System").

Cookies allow, or with cookies, YOU(!) allow the operator of the contaminated website to store your personal data, such as names and addresses, parts of your web history or even unnoticed photos with your PC camera or also unnoticed soundrecordings using your internal microphone with Adobe Flash.

Imagine that the data throughputs and computer speeds are now of a magnitude that even allows the provider (or anyone who has the power over him) to download complete screenshots of your screen as compressed JPEG and to track unnoticed virtually all your actions (including mouse-, touch- and keyboard-entries)!

A little dizzying, isn't it?!?

It is therefore hardly surprising that Google, with its leading technologies, has become the most powerful IT company on the planet.

In any case, the topic of "tracking" has become so complex in the cooperation and combination of cookies, Business Intelligence, GPS and various imaging processes, and there are many other technical gadgets that make seamless monitoring of your network-movements possible that their description in this framework would lead too far.

Another note: there is now also a European GPS variant called "Galileo". While the older GPS still had an (in-)accuracy of approx. 3 to 5 meters, the precision of Galileo is approx. only 20 centimeters, so that it can even be used to measure terrain and measure streets and paths!



11. Bitcoin

The money market is also in constant motion. The money and stock market in its familiar form will in principle as function as it did before still for a few more years!

Bill Gates has been promoting Bitcoin for several years and now that the richest man on the planet (now in 2023 it is Elon Musk) has bought Bitcoins for 1.5 billion dollars, it is so to speak "en vogue" to go for it interested in new forms of currency.

Bitcoin has developed as a kind of "buzzword", but there are also various other crypto currencies (such as Ethereum, Litecoin or Ripple etc.)

This form of currency was created exclusively through the Internet and can only be used meaningfully via the Internet, because all the important functions of these currencies (ledger, wallets, etc.) are only available and accessible via Internet.

Digital crypto-currencies cannot be exchanged or sold on the open market like a share or so-called "fiat money". Any form of transaction can only be carried out using a real blockchain in the internet (cloud).

Although in the meantime, banks or retailers have also started to accept bitcoins as a means of payment and exchange as the equivalent of "hard" currency.

At the moment it is still incredulity what the traditionally thinking people have for the crypto market, but the most important specialists have now agreed that this virtual currency system will gradually and absolutely surely dominate the money market in the next few years.

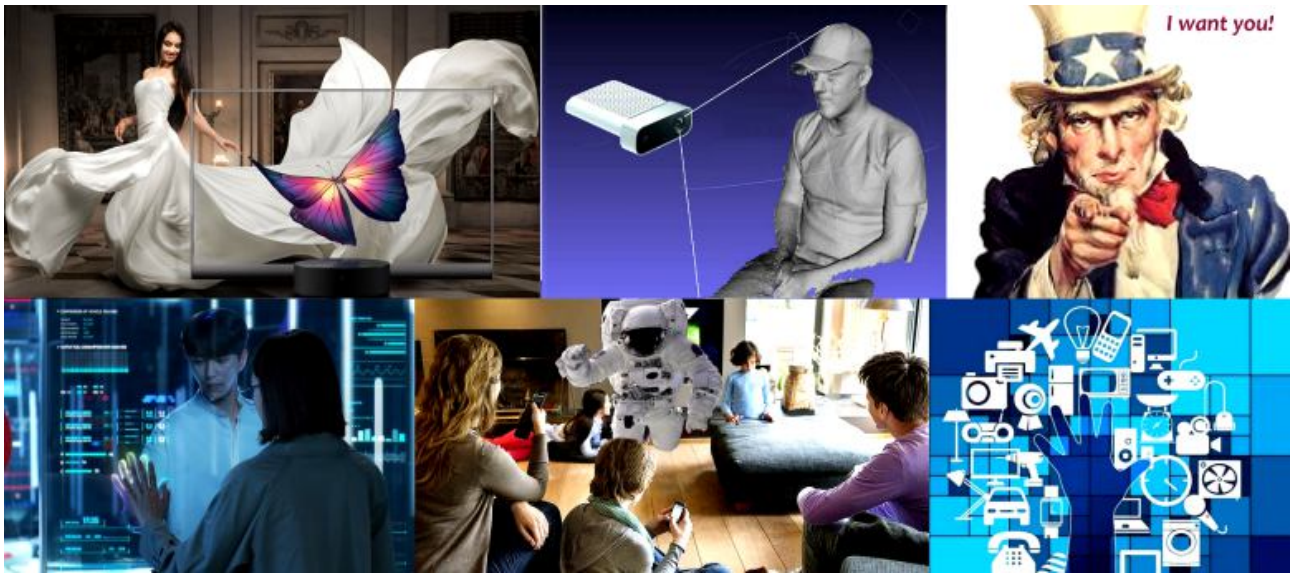
For example, it makes the so-called "crowdfunding" an exciting game. The sponsor invests any amount of Bitcoin (in principle from a few Satoshis - the smallest Bitcoin unit) online and internationally in any startup company without exchange rates and the value of his contribution rises and falls - similar to a traditional share - with the value and popularity of the supported company.

Only - unlike traditional stocks and currencies - you can globally(!) "on the fly" deposit or deduct any amount ad hoc, for a small fee to the network operator, without having to pay a so-called "spread" or commission.

All currency limits that were customary up to now are no longer applicable. Bitcoin is well on the way to becoming "THE" limitless world currency for all purposes! This process has such gigantic and undeniable advantages that its success, in my opinion, can no longer seriously be doubted.

If you are interested in it - which in my opinion is very advisable nowadays - you can find out more here:

„en.wikipedia.org/wiki/cryptocurrency“
„en.wikipedia.org/wiki/bitcoin



12. Smart TV

As already mentioned above in the “Tracking” chapter, the Internet and modern AI as well as profound image-, face- and motion-detection processes offer the possibility of unlimited recognition and tracking of every(!) pattern and also to expand AI largely by using thermal imaging cameras or laser detection.

There are, for example, laser listening devices that can eavesdrop on conversations by directing a weak laser beam onto a window pane.

Microsoft has also developed the "Kinect" device, for example, which is probably already a good old gaming-comrad of your kids and also enables realtime vectorized 3D tracking of any complex motion in the observed room or realtime 3D-scanning! With which it is even possible to steer any object as maybe your Hifi-devices or your washing machine or the gate to your carport via a simple movement of your hand or even a blink of your eye.

So if you buy a smart TV that has strange tiny holes - possibly even behind glazed surfaces - ask the seller what that means? Find out in detail about such modern "features" before buying!

Since Smart TVs also have a permanent return channel via Internet, all recorded data can of course also be transmitted live and almost anywhere at the speed of light. Please also note the other chapters on similar topics.



13. Mars

Nowadays, humanity is also more and more concerned with life outside of our familiar mother earth. The USA wants to settle on the moon soon and explore the living conditions that an existence without oxygen and water brings with it.

These are the next steps while other researchers (e.g. SpaceX) are already working on the subject of Mars. Quite a few researchers fear that a catastrophe of unimaginable dimensions, such as a meteroite impact, could overtake us.

It is good that the rich and powerful nations are studying this subject. Just to see that we really can! Just to realize, that we are not helplessly at the mercy of fate.

It is already predictable that the space nations will work together to pursue these huge human goals. One nation alone will probably not be able to afford these gigantic efforts.

So the findings of the space station ISS will help us to set up the first small stations on the moon in order to create the basical circumstances for tackling our Mars ambitions from the moon. The moon is ideal as a launch pad because we need considerably less launch energy from there.

To what extent new types of propulsion such as ion- or stellar-propulsion will help us on the long way to Mars remains to be seen. Here, too, modern quantum IT will very likely give us another quantum leap.

More: ***en.wikipedia.org/wiki/Interstellar_travel***
en.wikipedia.org/wiki/Ion_thruster

A simple mindpicture illustrates the principle:

If you were to switch on a solar-powered "normal" flashlight in empty space (no absolute vacuum), the "recoil" of the lamp light would move the flashlight extremely slowly in the opposite direction. That means, the bigger the light beam, the bigger the speed!

Ideally, the result would be a quasi „perpetual motion machine". At least as long as the surrounding space is not a perfect vacuum!

Since there is practically no resistance in the empty space, the speed would accumulate more and more and would mathematically "quasi" almost reach the speed of light.

Research on interstellar movements deals with precisely such (still) a little „obscure" theories. Here on normal earth nowadays we prefer to deal with tangible facts.

***By the way 1** : Light needs ca. 8 minutes from the sun to us. If one pixel of your screen were a virus then one lightyear would be a bit more than 10,000 kilometers of length.*

***By the way 2** : Even a Heliumhydrid-Ion was depending on already before the big bang existing rules. So apparently before all physiscal existences there were already the rules of God, Nature, Universe, the Highest Being, the topmost intelligence or how ever you might call it! All elements were sorting by these already given laws.*

***By the way 3** : Without exception, every point of light ("star") that we can see outside of our own Milky Way with naked eyes is a complete galaxy! In the entire universe there are probably more galaxies (each galaxy on its own has billions of stars/suns) than grains of sand on all the beaches of our entire planet.*



14. Smartcars

If smart phones and smart TVs already exist, why not smart cars too. From the IT point of view - assuming that they are electric cars - there is actually no longer any huge difference. Except that smart cars have electric motors, probably four wheels and a dry and warm seat.

The car of the future will certainly be able to drive independently (which it can already do today), and in just a few years the improved environmental and collision control will mean that the car will be able to manage completely without a human driver. Passengers no longer have to concentrate on driving, but can watch TV, communicate, play or even sleep while driving.

GPS or better Galileo-based steering and intelligent assistance systems then ensure that the driver only has to speak the destination and that we are reminded or woken up shortly before arrival.

Flying, actually levitating, cars are conceivable in principle, but based on current knowledge they are still a long way off and will probably not be usable as a means of transport suitable for the masses in the next thirty years.

Google is busy researching secure technologies and is said to have already had some initial success. First of all, it's probably about large drones that people can carry. How big these drones have to be to be able to transport several people is also still unclear. The next 10 to 20 years will tell.

In any case, there will be flying drone cars for sale in the very near future! The collision control will mainly be concerned with maintaining the correct flight altitude automatically, so that these drone cars, depending on the direction, move in different flightlevels. If a flying car has to "exit" it will likely slip sideways from the general traffic flow. At an altitude of less than 100 yards (ca. 90 meters), there will probably be a restricted "license" specifically for such dronecar-"drivers".

It must be a strange feeling to be surrounded by flying cars or to be overflown while walking.



15. Satellites

Elon Musk and his company SpaceX are also busy installing satellites in near-earth orbit. Thousands of these "Starlink" satellites will enable high-speed internet from space (from around 550 kilometers or 340 thousand miles altitude).

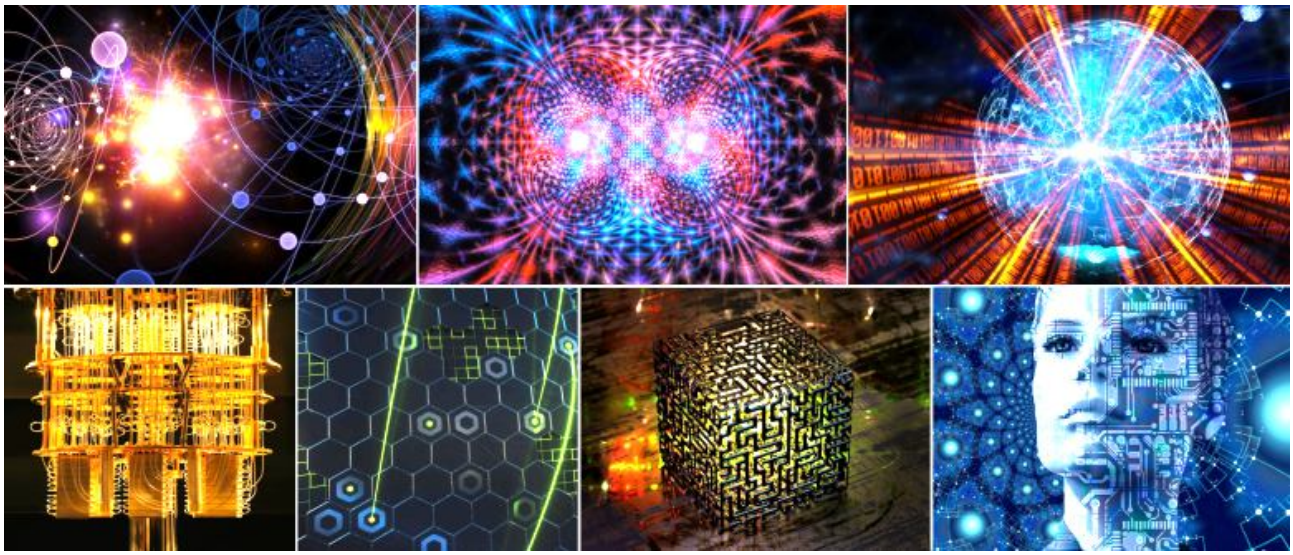
But that is only one side of the coin. The other side is that in just a few years, a combination of high-resolution cameras and laser scans will make it possible to observe the entire planet almost completely in real time.

The geometric data from traffic control systems, from Google Earth and similar geodata providers can be compared in real time, e.g. with the GPS data from smartphones, so that complex personality and movement profiles can be created in connection with all other available Internet information. As I said, very soon also in real time!

If you think of global surveillance technology, you might not be so wrong; O)

But in my opinion it is relatively pointless to want to defend oneself against it. It is guaranteed to come to this point and in the end it will be a matter for politics, scientists and the enlightened media to take care of the democratic regulations for such possibilities. The "normal" individual is unlikely to have an opportunity to appeal.

Unless he joins grassroots democratic networks that would also allow political decisions and the executive forces to be made almost in real time. The necessary techniques for this are already available. Like Bitcoins, they would possibly be based on a suitable and forgery-proof PPTP / VPN blockchain infrastructure.



16. Quantum computing

Before anyone gets upset, please do me a favor and read through to the end of this chapter! Much of this is self-explanatory in it.

Everything that I have written or write here on the subject of the future can, in my estimation, be completely obsolete in 5 to 10 years. Because quantum computing will likely accelerate and exponentially multiply all IT-based structures and procedures to such an extent that reasonably credible predictions from human brains are simply no longer possible and conclusive.

We are facing a scalable development from around 12 Qbit today towards 20, 24 or even (much) more Qbit. With every additional Qbit, the computing capacity of a quantum computer is exponentiated to approximately base 3 and is thus potentially almost infinitely scalable!

3 power 1 = 3 3 power 2 = 9 3 power 3 = 27 3 power 4 = 81

and 3 power 12 is already today at a scaling-factor of ca. ***0,5 million****.*

The quantum scaling would thus be above "Moore's Law" and, based on today's experience, this speed would triple with quantum computers approximately every 18 months (1.5 years).

So that with 3 to the power of 20 we would already be nearly in the range of three billions. In other words: I state that a quantum computer is potentially(!) already now one million times faster than all combined current so-called "Neumann" computers (including all supercomputers) on the entire globe today!

And it can be assumed that the scaling of each individual additional qbit does not represent significantly more effort than the previous one. With a development time of currently approx. 18 months per Qbit, we will reach approx. 18 Qbits in 10 to 12 years with a 700 times speed and 20 Qbits in 12 to 15 years with 7,000 times speed as today!

In addition to astronomy and the exact forecast of tidal currents, one possible application would also be, for example, a weather simulation in real time, including all the influences of sun, wind and rain.

Attention! *The above numbers are pure "mind games" and cannot be scientifically or mathematically proven conclusively. They are roughly interpolated, encompass the probabilities that have been recognizable to me so far and are only intended to allow a small outlook on the immeasurable potential and dimensions of this new technology.*

The research-matter of quantum technical probabilities is MUCH(!!) more complex and simply no longer comprehensible for a "normal" person. This is one thing for our best scientists with extremely high intelligence levels (Einstein probably had an IQ of around 200).

For laypeople, quantum theory can roughly be explained by the fact that a person (let's say "Miller") only stands on a certain street in the morning at a certain minute of the day and expects a yellow Mitsubishi car with the license plate "ABC123.XYZ"

and drives passing with the driver“ Smith ”. And he wants to hand the driver an important letter that is only intended and understandable for this one person. In addition, the driver "Miller" should also see the observer "Smith" in order to stop in time.

The likelihood that this car will drive by there in this very minute and that "Miller" and "Smith" recognize each other and then hand over the letter is understandably not particularly huge. As long as the observer does not change his "stubbornness", this probability would not increase much and the driver "Smith" would hardly get his letter with the important message. Therefore “Smith” should have to watch the road more often and for longer and justifiably assume that “Miller” always leaves at the same time.

If "Miller" is sick and cannot drive, "Smith" stands there for nothing and waits. “Smith” would still have to wait within a certain tolerance range for the corresponding car with the driver “Miller” and the driver “Miller” then has to see “Smith” in order to be able to stop just at the right moment!

A possible increase in the "state of truth" would evtl. lie in the fact that "Smith" would already know in advance when "Miller" starts and the journey time remains constant. "Miller" should therefore inform "Smith" in good time when he is leaving.

Certain events in your life (e.g. "success") can consequently only occur if you are in the right place with the right information at the right time, you meet the right partner and you can transfer this important information to him properly and correctly.

This is quantum theory explained, in my opinion, as simply as possible. Scientists will certainly criticize this simplification, but this is my method to make an extremely complex issue understandable for a layperson "roughly" with simple and pretty memorable mindpictures.

This is the subject that quantum theorists deal with day in and day out, trying to match the various probabilities as precisely as possible so that “Smith” and “Miller” meet as often as possible. This is because only when this is the case, a specific state is "recognized" and a register-Qbit can thus be set to „true“ and can be used „relatively“ reliably.

There is an interesting mind game that the German author Friedrich Dürrenmatt developed as a novel called "The Pledge", which was also filmed in Hollywood under the same name with Jack Nicholson.

In the unfavorable case of this story, the two protagonists, a child murderer and a detective (quasi "Miller" and "Smith") never met and the important event simply never took place. In this case the detective waits for nothing without a chance for clarification! The inspector has promised the mother of the murdered child that he would catch the murderer. The film is about why that never happens.

Back to quantum theory! The task of quantum theorists is now to increase the probability that these two people (in form of atomic particles) will meet and the desired event can take place and to allow this event to occur as often as possible.

If you want to deal with this breathtaking topic in more detail, you will surely find more here:

en.wikipedia.org/wiki/quantum_computing



17. Telepathy

What sounds like occult humbug today is likely to become a physical reality pretty soon. Magneto-encephalographic methods are already available to recognize thoughts on the basis of magnetic resonance patterns and computer tomography.

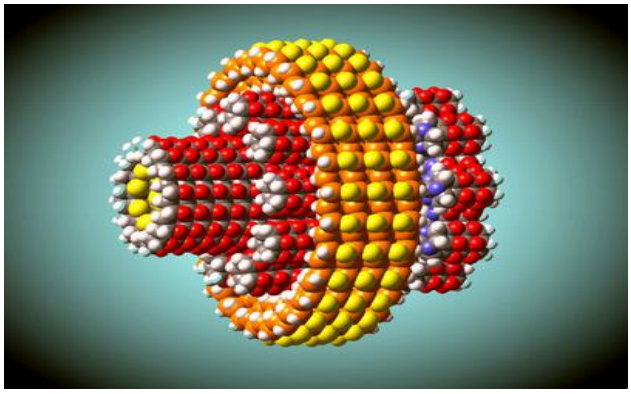
There are special areas of the brain that are only activated under certain conditions and in certain states. They are recognized electromagnetically as active and result in typical configurations and concentrations that indicate a certain thought or a specific emotional state.

As in all things, this path is conceivable the other way around. So if you "transfer" certain reference patterns into the brain electromagnetically, certain stimuli and reactions or real thoughts can be triggered there.

Brain research is already well advanced in this area and research now considers it absolutely possible to be able to communicate with one another using this method.

This also belongs to the field of cybernautics and is not applicable to "normal" people and can ONLY(!) work on a voluntary basis.

However, willing test subjects could have a chip implanted and connected to nerve tracts that trigger corresponding feelings and thoughts via electrical stimuli. These cyber beings would be networked with each other via WLAN - either directly or via the cloud - and would thus be able to communicate with each other without having to speak a single word loudly!



18. Programmable matter

For example, MIT (Massachusetts Institute of Technology) and/or Intel are doing thorough research in the direction of programmable matter (Dynamic Physical Rendering: DPR).

youtube.com/watch?v=JN7BUKb0OIA

This means that special nanomaterials can independently and intelligently move, change and assemble into various forms thanks to the "software" inherent in them.

Watching this sometimes gives even experienced future visionists a creepy shiver when apparently static matter suddenly begins to move autonomously or, for example, to transform itself from a hammer into a pair of pliers, without a "natural" being having its fingers in the game.

Thought through to the end, this means for the near future that almost any matter can independently transform itself into different objects or "bend" into different shapes. Here too, of course, the electromagnetic resonance of the nanobots plays a crucial role.

With the most modern IT methods it will probably be possible in a few years to develop intelligent nanomaterials urgently needed for robotics, such as artificial muscles, self-repairing joints, flexible membranes for artificial ears or vocal cords and also artificial skin.

Artificial eyes have been around for a long time in the form of CCD chips, its miniaturization and the maximization of its resolution also opening up completely new application possibilities.

In the next 20 to 30 years we will come across very strange things, because the imagination doesn't seem to have any recognizable limits anymore!



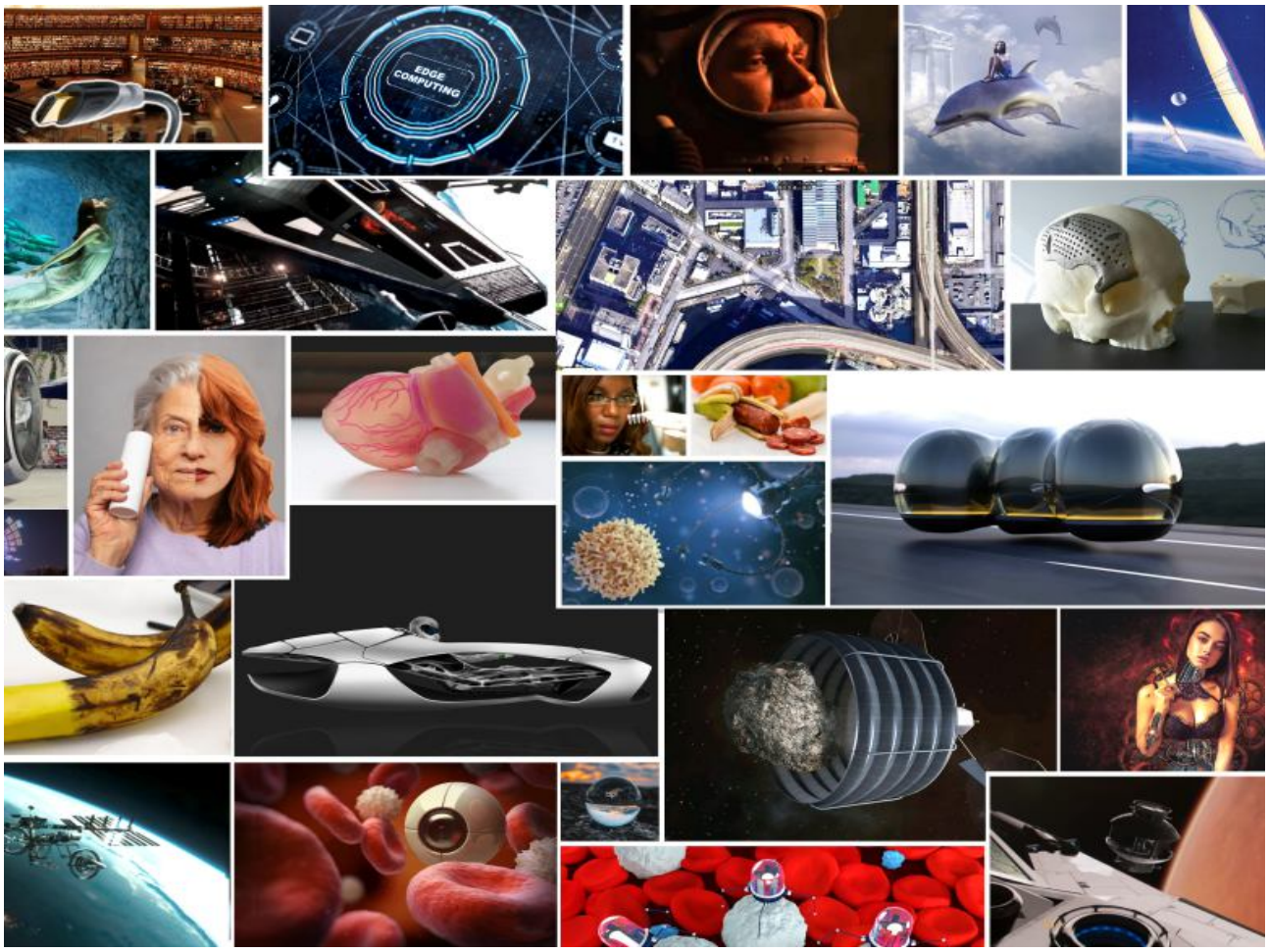
19. Magic hat

In my opinion, the above-mentioned intelligent nanomaterials would also make it technically possible to make oneself invisible.

There are already remarkable experiments in military research that record the image behind a person with cameras and then display it on the other side of the person using flexible OLED materials.

In my opinion, microscopic nanotechnology would make it possible to combine CCD technology with glass fiber technology. Imagine a computer monitor that contains a single video fiber at the same time as each (OLED) output pixel. The entire monitor would mutate into a high-resolution camera parallel to the image display.

That would mean, in turn, that such a flexible and bidirectional OLED display could be used to "tailor" items of clothing that continuously film the background on one side using fiber-optic "pixels" and at the same time display the other background image on the opposite side. If you imagine this process on all sides at the same time, the object "between" the levels becomes virtually invisible or difficult to recognize.



20. And even much much more

There are so much more important topics to mention which will get substantial in the coming years, e.g.

Stemmcells and „CRISPR“
Stopping/reversing aging processes
Nanobots
Giant solarsails in space
Asteroids caught in giant nets
Colonization of planets
Real levitating cars
Printed spare-parts or tools
Google-Earth life-view with zoom
Living books
Selfgrowing and selfhealing plastics
Solartechniques
Holographic augmented reality
OLED-art and OLED-fashion
Electronical dreamvoyages
Swarmintelligence
Organs or buildings made by printer
Knowledge 5.0
Cybercreatures
and so on and so on...

In the somehow manageable coming 20 to 30 years will arise such a mass of new possibilities, that I can hardly see any boundaries anymore.

To handle all that properly would need an own large book. Please have instead a look on Wikipedia. For curious people there is nearly everthing to find!



Toothache 523

Sometimes even noble princesses or the Dalai Lama or George Clooney brush their teeth in the morning and suddenly feel pain! Yes, noble princesses, the Dalai Lama or even the world's greatest stars sometimes have toothache!



Endless game 524

Since many thousands years it's an old game of sexes!

Men want to impress women with strength, intelligence and ability, and also want to master them a little; and women, on the other hand, want to wrap men around their fingers with their feminine charms in order to show them what power they have.

Either way: if you want to be successful at the opposite sex, as a woman don't be so impressed and dominated, and as a man don't let yourself be too irritated and too easily wrapped around her cute finger.

Stay relaxed, friendly and authentic! The less you submit to temptation, the more the opposite sex will find you interesting. If you then let THAT certain "charm" play, you are completely irresistible!

Charm means a kind of mentally sovereign independence and at the same time of generous, relaxed humor! People instinctively know that they are in good hands with a humorous person! Real and cute charm and humor are sure signs of good-naturedness and a friendly core of the being.

That is the prelude to the later "brood care".

Women instinctively (hormonally controlled) look for the best possible family provider and a funny, indefatigable, courageous father for their possible children, who remains reliably good-natured even under burden and stress and plays funnily with the children. For herself, of course, she is looking for a mentally "compatible" partner who is nice and self-confident and who can defend the family forcefully, courageously and effectively in an emergency.

And men instinctively (also hormonally controlled) look for a fertile, (for his taste) pretty, undaunted, courageous and funny mother for their possible common children, who is familyreliable, takes care of the family, gives him many healthy offspring and who hopefully gives him many beautiful feelings and nice experiences!

Note: On the one hand reliability and on the other hand vitality and "joy" play a decisive role in both cases, because a good life means having a loving, honest and reliable (loyal) partner who loves life as much as you do. Lust for life is an elementary characteristic for a healthy person!

Man: have respect for the toghness and tenacity and at the same time the softness and tenderness of the woman! It's a tremendous power. It also has to be like that, because which baby or child wants a tough and prickly mom ;O)

Woman: just have admiration for the strength and wisdom of the man. That too is a tremendous power! It also has to be like that, because who wants an incompetent and indecisive hunter and fighter who cannot carry 50 pounds with ease?

The topmost goal of all hormones is the bestever possible generation of healthy offspring and the security of the family!



Ignition 525

When do we humans actually become humans?

The actual journey of our life is starting through the process of conception around the divine intention of the incarnation of our body. The actual core is therefore God's intention to create a being for his purpose and his concrete will, which carries the soul through material life like a transporter (vehicle) to blissful maturation in an normaly unknown but blessed eternity. So our body is far from beeing the goal of existence. It arises from "dust" and it fades to "dust" again.

The goal is the perfect maturation of the soul to a state that enables the soul to live in the so-called "paradise" - the state of endless happiness and boundless joy - without dis- or interrupting it again and again through selfishness and greed .

So the human soul is on a long way to redemption in the absolute perfection and in perfect maturity. Finally we can only then live eternally peaceful together in a state of a harmles, one-folded, simple-minded, innocent life, which is no longer disturbed by any greed, by possesion or any so-called "knowledge", and „consciousness" of

any subjective effects and requires no so-called "truths" (in the sense of "reality" or „impact"), coercion or rights and duties anymore! As soon as God actually becomes "one" true God for all of us humans, all subjective "reality" vanishes and there is only "one" true truth.

What a vision?!!

The substance of the soul can hardly be described satisfactorily in all its depth!

Only that much:

The soul - by the way as the cumulative spiritual and mental "mass" of ALL (not only physically) living beings - is an inseparable form of energy that is "entangled" (see "quantum theory") with the divine energy. It extends "entangled" over the entire cosmos and is in principle capable of materializing into any living existence at any location in the universe at any time. In this sense there is no time anymore: past, present and future is eternally one at the same everlasting moment.

Incidentally, this ability to materialize is the basis of belief in all major world religions. Brahman in Hinduism (Upanishads), Mohammed in Islam (Koran, levitation), Buddha in Buddhism (dematerilization; see „Tibetan Book of the Dead"), Shamanism (transformation into animals or even insects) or Jesus in Christianity (resurrection, raising the dead and various miracles) all had this fascinating mighty "talent" to rule over matter.

Just alone our thought of a distant world already carries parts of this immanent energy there! So watch your thoughts! They are an inevitable part of reality.

But just as, for example, a tiniest black hole could get lost in the energetic "diffusion" (see article on "relativity") and becomes meaningless and un"perceptible" again, so the little thought can innocently get lost in the diffusion and again be meaninglessly forgotten as long as it does not gather (accumulate) uncontrollable, unconcsious "convictions" and then materializes at some point through reinforcement (focusing, concentration), for example through an action (for instance in pressing of a door handle)!

We are all infinitely and inseparably networked (quantum technically "entangled") through this soul energy of ours for all eternity with the meaning-making core-energy of creation itself down to the deepest past.



Elementary 526

It is an elementary need to be able and allowed to develop one's urges and needs relatively undisturbed.

If someone has not been able to develop their relationship with money and property in a healthy and natural way, they may be over-zealous about money and success. The same applies, for example, to tenderness, sexuality, movement, etc.

If someone is "over" zealous, e.g. is occupied with a topic in an unusually intense way, then it might be worth asking whether he or she was able to develop relatively unhindered in the corresponding phase of his/her childhood and youth.

Since very few of us are likely to have grown up under "luxurious" conditions, many of us have a quite pronounced tendency towards wealth and luxury.

This is pretty normal and a natural drive to escape poverty, failure and defenselessness.

The only thing that makes it negative is unrestrained and selfish greed!

Strive for wealth and wellbeing, that is not the problem, but don't strive just only for your own. Put your cards and talents on the table and strive for God and for the best, luck and wealth for your loved ones and for all humans together as one.



Snuggle *527*

Sometimes negative thoughts are quite powerful and kind of gluey like pitch. Nevertheless, stay on the bright side and trust in God! Nobody has ever a better plan for you like he has!

Even that you can't always control your thoughts ... control your deeds and let them never get bad. You can do good and bring help to others even with negative thoughts deep within! You simply have not to talk about it.

Take care that your positive thoughts are noticekably more and more powerful than your negative.

Keep cool and positive in your deeds! That's what selfdiscipine in its core is all about!

Thought of wanting to beat someone? As far as you haven't done it factly, then no judge would ever sentence you. A thought is just a thought as far you haven't set it into reality!

We all have kinds of depression somewhen and somehow and think negatively now and then. Even holy people have their bad days and can hardly protect themselves of negativity and sadness!

But staying upright and to withstand the storms (of negative thoughts as well) like a thick strong wall against all evel and negativity, that is their "trick". And it works ;O)

Complaining about negative thoughts is just also a kind of self-pity. Don't waste your time!

God loves you anyway! You can't resist that!

Respect God as the Allmighty but don't fear him at all. He is a kind and tender father! Go to him and snuggle at him trustful and dearly!

Like all of us: ***he loves that!!*** *:O))) It's a great sign of trust!*



Competition 528

Not just be thankful for your competitors! NO! Even love them!

They free your best powers and your noblest talents and all of your fullest strengths!

Imagine a world without competition! Without it the world wold be boring and dull!

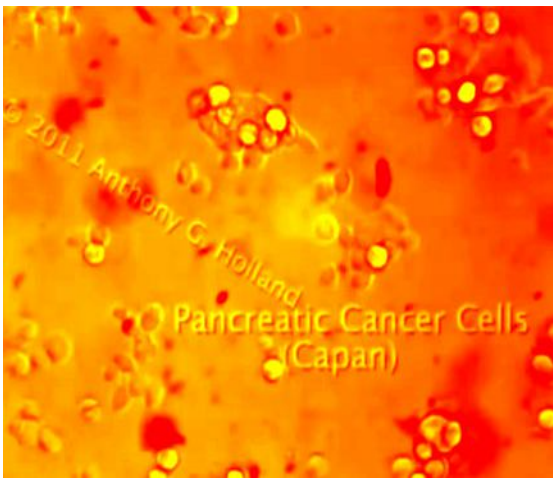
No olympic runner would be reall good without competitors!



Positivity 529

This entire book is about positivity. Then some really eye-opening videos about this topic mustn't be missed:'

youtube.com/watch?v=Pm12mTIUJss
youtube.com/watch?v=HwLK9dBQnog
youtube.com/watch?v=ZctF9ehIMIk



11th Harmonic 530

The eleventh harmonic … phenomenal: The end of cancer!?

youtube.com/watch?v=1wo_kazbb_U



Experiences 531

Do not care about too much what others say. they all have their experiences, For good or for worse. They cannot know you in your depth.

Many people have prejudifications. Some would even tell you quite excited, that the earth is a disc.

Imagine a man who had bad experiences with women or girls and now he would say: „Every woman is no good!“ and he would overlook the best ever women and wouldn't get happy. He sadly would be wrong and he wouldn't ever know the truth.

Just similarly like that, no alien person (except some very wise people) can judge you failry well! Who knows which unlucky experiences they had?!

The same can happen the other way around. Be cautious if someone is cheering you loudly.May be he/she has not much knowledge and has an overdrawn conviction and you are by far not as good as this person proclaimes. Protect yourself of embarrassments or overwhelming and overreaching.



Put the blame on me 532

Before "dirty laundry" is washed, there is the unwritten law that the man as a gentleman takes the guilt - and thus possibly even the punishment - on himself without contradiction, because the process of establishing the truth on the one hand would mean too much painful effort and on the other hand, way too much "dirty laundry" would have to be washed.

Innocent and very personal truths would come to light, which no benevolent person could be right to.

Some of those affected persons would then be threatened with large embarrassment in the course of the possible process of establishing the truth, which simply does not concern the public at all .

In order to let these possible embarrassments rest, I will not dig further here either.



Wakestate 533

It is much more advisable to be the half of the day 100% awake, than to be the whole day only half awake!



Mental genes *534*

Through the aforementioned "entanglement" (see "Ignition") all beings have a permanent share in the "feeling" for truth and correctness. All of this is our mental "1 times 1", which we unconsciously receive as basic luggage through our family ties as a gift from our ancestors in the form of "hunches" (hunch comes so-to-say, as a kind of package from our "ancestors").

Astonishing, that we all have the noses right in the middle of our face, two eyes, two arms and legs and one mouth. Kinda weird , isn't it? Our genes are obviously from the same source!

Like outer properties we have also inner properties that are quite equal. So to say, kindness is our inner two arms, courage is our inner nose, the sense of justice is our inner two eyes, a need for peace is our inner two legs, tolerance is our inner mouth and warmth is our inner soulheart. They are the same all over the entire planet! Like teeth or five fingers!

Even if we cannot always put all of this into understandable words, this "diffuse" feeling for truth and lie or for right and wrong is always there as a so-called "survival instinct".

It is the logical basis for any healthy democracy!

In this way, knowledge can, for sensitive beings, also be "tapped" somehow (mostly through prayer, meditation or diverse ecstatic practices).

Those who are interested in this exciting topic can also take a closer look at the "Morphogenetic Fields" by Rupert Sheldrake or the "Orgon Theory" by Wilhelm Reich.



Here and now 535

You are not an unfathomable whim of fate or nature! You are a living expression of the will of the Most Highest Being!

You are meant and loved exactly that way!

*Just like you are **HERE** and **NOW**!*

The way you walk, stand, lie and think and it doesn't matter whatever you are doing!

GOD loves you in each and every moment exactly the way you are! Sleep well!



Conviction 536

As in everything, you should deal closely with the various specialist areas if you want to have a credible say. Just as you cannot read (and so can't take in an information) if you do not master the alphabet (in the Latin script), you cannot do arithmetic if you do not master the „1 plus 1“.

Some, although they have no clue about something, have a firm conviction that they also vehemently advocate. This can sometimes be a bit exhausting, but sometimes they have the inestimable advantage that they put the coherent logic of a theory to a tough test like a sparring partner.

You can only assume that there is some truth in your theory when you calmly, conclusively and in a friendly manner master your matter.

Mastery means that “something” is more “master” about you than your current mood and your stubbornness.



Blue or red *537*

In the movie „The Matrix“ is a point, where Neo has to decide between the blue pill and the red pill.

The blue pill means, that he would live an average life without risks as e.g. a ordinary clerk or a worker.

The red pill means, that he would stand up, gets aware and to break „somehow“ free to decide selfconciously over his own life! An maybe unsecure life with all the risks.

I wouldn't take one of those pills. Be aware about that people who wants to drive you into such crucial situations!

I would reject both pills for to see, what's gonna come next. To take no pill means anyway the same as to taking both at the same timel! Your life will simpy go on!

It is my own peronal decision to decide or not to decide! Who could ever force me? Except a one whom I gave „somehow“ the power over me.

Well, there is remainig risk, but you will never know what life has in the pockets for you. I don't believe in a punishing God. He will not penalize you for rejecting both! Only the one who ask you for that crucial decision would eventually do so.

God will always be there to change your life always in a way that is truely good for you. Notice! Any kind of complainment about your fate will be the wrong choice – ever!



Timesaver 538

Don't always think about what you ***CANNOT*** *do at the moment, but don't let confuse you! Always concentrate on exactly what you* ***CAN*** *do actually now!*

That would save a lot of experimentation time!



Magnetic river 539

Epochal eye opening videos with a huge aha-effect! Pure timeless knowledge gold:

youtube.com/watch?v=oWiYsRi2Dss
youtube.com/watch?v=OI_HFnNTfyU
youtube.com/watch?v=otJfqMYHaQw
youtube.com/watch?v=PAAfFgyWvB4



Ignorance 540

Cluelessness may be funny sometimes!

But on a bright day, try to cross a busy freeway with your eyes closed. If you are clueless and do not know that you will be hit by a car and very likely be dead afterwards, then it may be funny for a few seconds. But what do you do then?

Ignorance can kill you!

Quotes 541



Quotes are for clueless people who try to live lazily according to smart sayings because they have no idea themselves.

You cannot calculate 3 times 7 with a motto and you cannot control an airplane with clever sentences. You have to learn it.

You have to get your own hands dirty in your life.

No wise saying can tell you how to comfortably repair your bike. You have to do it yourself. There is simply no quote for that. Which wrench you will need or how to change the hose.

Just be ready and aware; and learn to learn.

Only eating yourself makes you strong and only thinking for yourself makes you smart! If you live by mottos, then the others are smart and you stay stupid!

What do you do then?



Growth 542

Inevitably, all that will grow most on which you focus your greatest energy and the biggest part of your time.

If you concentrate your time and energy on what you read on Facebook and on sharing it, your friends and your fame on Facebook will increase. But as soon as you reduce your commitment, i.e. the energy decreases, your FB status will decrease again and the friends will also decrease.

So concentrate your time and energy on all those things that are timeless and do not depend on developments, opinions and fluctuations.

E.g. usable arable land is indestructible in the near future. It doesn't get less and the potential to use it sensibly (e.g. as building land) increases with time and the quality of your ideas. Never sell what you have in terms of such eternal values! You can also lease building land!

Oil can be burned, houses are getting old and dilapidated, machines rust, springs dry up, the Indian buffalo were simply shot down and rotted unused on the prairie! And even knowledge is simply lost without a trace with the knower if it is not written down and passed on.

So what is most likely to keep its value is the earth itself and the quasi inexhaustible earth within ourselves: the imagination. Imagination as well as land can grow and reap its fruits.

The fruit of the earth is e.g. the wheat or in the desert the electricity from the area usable for solar cells and the usable fruits of the imagination are written knowledge and realized inventions (such as the washing machine or the car). They grow again and again when they are planted and watered and they carry the seed within themselves!

Hundred times more than you can plant!

The seed of the outer world is the grain of wheat itself, the water falls from the sky and the sun is always shining.

The seed of the inner world is the imagination and the progressive idea. The water is hope and trust in God and love is the warming sun. Love always shines too!

God is truly a smart guy!

A very famous, clever, allegedly Indian proverb says: "When the last tree is cleared, the last river is poisoned and the last fish is caught, you will notice that you cannot eat money."



Pain *543*

Don't try to compare yourself always to the greatest!

You can't beat Wladimir Klitschko without (a lot) training and preparation! You can't do much with knowing how weak his chin would be or how to hit a good uppercut until you beat the next best fighter in your own village for real.

Before you hit Wladimir Klitschko once, he would have struck 10 times! As hard as if a car knocked you over! If seriously he would beat you, you wouldn't survive the tough fight for one single minute!

Before you fight a champion, train hard first to beat the pretty "average" guys and gather much and many (very) painful experiences!

Because before you have to take the really extremely hard blow of a true professional, you don't know what real pain and real power is!



NLP

544

Since a few decades there exists the new science of neurolinguistic programming (NLP).

Interestingly, there are various aspects of behavior that come to light when certain triggers appear in a person's mind.

One common example among many is that, when a person is lying, it grabs at their nose disproportionately often. The person instinctively and unconsciously wants to cover its mouth with its hand so that the other person does not discover the lie just spoken. But please do not assume that a person is always telling a lie as soon as he grabs at his nose. Maybe it's itching completely innocently at the moment.

For inexperienced people these methods are to be understood as pure party fun. With psychologically uneducated people they would not stand up to any serious examination and even psychologists or doctors would not express any opinions here without an extensive and professional double-blind test.

Another typical NLP example that is often mentioned, because it is very simple, is a person who involuntarily looks to the top left (seen from his side) during a statement, for example to remember visually truthful images or, for example, to look to the top right to imagine visually arbitrary constructed images before his inner eye.

All NLP methods are to be seen with extreme caution(!), because misinterpretations by inexperienced observers can quickly lead to utter chaos and to deep misunderstandings and big anger.

However, if you still want to take a closer look, you can find more information here:

en.wikipedia.org/wiki/neuro-linguistic_programming



Died in beauty **545**

Some are so in love with their own deeds and ideas. They perfectionize their product until it 's perfectly beautyful, perfectly complete and perfectly „somewhat“. It looks so incredible nice ... but no one can have a use on it. And additionally it would cost even much too much! What a pity for all that strength and endurance!



Compressure 546

A strong tendency to nagging, displeasure and grumpiness is actually also a kind of depression! They come from a certain inner formlessness and indecision.

The opposite of that is compression. A certain amount of pressure gives hold and support and thus ensures the form and a strong will.

Then the depression and nagging go away on their own.



Unlearn depression 547

Just as one can, to a certain extent, learn melancholy through the constant influence of melancholy people, one can also unlearn it again through the permanent influences of happy people!

So laugh, play, dance, sing happily, smile wherever you can and just be a positive being!



Seddlement 548

A little astonishing: The seddlements of the „modern“ human cultures happens around a twinkle of an eye in relation to the whole existence of humanity. After humans has been living since around 300.000 years, the areas of the settlement of the „modern“ cultures has happened within just round 2.000 years (ca. a half percent of humanitys lifetime). Fairly independent of others!? Maybe there is a coincidence, we do not know yet?

Egypt	*3,000 BC*	*Asia*	*2,500 BC*
India	*2,000 BC*	*Maya*	*1,500 BC*
Germans	*1,500 BC*	*Romans*	*1,000 BC*
Africa	*1,000 BC*	*Israel*	*1,000 BC*



Brightness 549

Don't just become innocent and humble for to be able to look up trustfully into the light with confidence. But also often just look up into the bright light for no reason.

Breathe light!

Then you will slowly automatically become innocent, friendly, upright, light and "lightly" as well.



All the best 550

Learn from the next articles how to become strong, selfconfident and free. I wish you all the best!

How is it actually expressed when you practice love where others hate?

To love means to stand by your loved being under all circumstances. When the loved being becomes more important than you. When a loved being is trapped in a very life-threatening situation by another, very hostile being and you do everything to free this being (e.g. your child) from it, even if it costs your own life and becomes very painful.

How is it actually expressed when you forgive where others insult?

Imagine when you are seriously offended and insulted in your own person and when someone tells bad and untrue things about you and denounces you and you still recognize their vulnerability, their longing for love and their despair. And if you then say to him: "I forgive you your slander and insults, because I know that you can't help it. You are also an innocent being of God who did not willingly choose to be this bad. If you would be really free and you could do unhindered as you want, you would also rather like to be friendly and good! "Because fighting is not fun for anyone!

How is it actually expressed when you connect where there is a dispute?

Even if parties are fighting each other in a life-threatening manner (e.g. in war) and you then stand between the disputing parties and can thus induce them to settle the dispute at least for a negotiation period and then they sit down together at a negotiating table under your (hopefully) intelligent, balancing mediation and step by step they learn being able to make peace.

How does it actually feel when you don't want to be praised yourself, but instead learn more and more to praise others?

Renouncing self-affirmation and self-praise is one of the most important prerequisites for being able to praise others. The positive motivation of the

other becomes more important than your own. You are just a single person, but under the right circumstances your encouraging praise can reach hundrets, thousands or even millions of others! Or you realize that another being is much more powerful than you are and you can achieve a lot more when you forego your praise to his advantage and instead support the stronger being as good as you can.

How does it actually feel when you don't want to be comforted yourself, but instead you learn more and more to comfort others?

Self-pity necessarily implies that you consider yourself more important than others. Because the strength and time that would be used for your own consolation is missing to the other. So the consolation for others assumes that you are free and powerful inside and always have enough energy left for others without constantly being afraid that you could miss out on attention and energy.

This list could go on and on! Maybe you can think of some good and encouraging advice yourself! You are always welcome to the club! :O)



Sympathy *551*

If you find something really RIGHT and judge or criticize and correct one being according to it, then it is RIGHT with every other being too! No matter how much

you are liking this other being and how much you would like to excuse it. Otherwise it is only subjective and not objective!

If you treat beings differently depending on their sympathy or mood, then there is still no objective truth in your knowledge!

By the way: it is a natural law with a big and deep truth and mighty effects that "normal" mothers cannot be objective! Their child is always the most beautiful! And it will probably always remain so …



Self - less 552

People who concentrate more and more on the will of the Supreme Being, i.e. God, The Universe, Nature, the Cosmos, the highest intelligence, feel less and less of what is usually called the "Self".

World, cosmos and the so-called Me merges more and more into a common being.

This is how they get rid of their "Selves"!

As far as I can feel it sometimes: it is a very liberating and easy feeling of complete awareness without fear and cramp, without stubbornness and compulsions, without know-it-alls and also without greed.

I know, most will ask now: „What do I do without my SELF? Where will I be? Am I hollow without me?“

No! The imagination of your current self is a confused tinkered SOMEWHAT of a YOU!

That is far too much build out of wrong prejudification, subjective experiences, anxieties, self-pity, worries and strange suggestions of your surroundings. It is a really childlike view of YOU.

Your real (and really strong) SELF was ever present and will now take its place automatically as soon you have left more space for it.

Where your „old“ SELF has been, there expands a much better one by nature. Please don't care much about it! The better one is MUCH MUCH more beautiful and kindly and lucky and you will surely be very content with it! ***Relax and just watch...***



Chuzpe 553

„Chuzpe“ has principally a positive meaning. Think of an absolutly and completely fearless person. In front of a monsterious threaten, this humorous being would keep totally cool and won't lose its smile. He/she would have no giantific respect of this gargantuan power and would maybe say with a eyetwink to the giant "Why are you talking so loud? I am actually not deaf!"

There is a really witty situation in the old story "The Thief of Bagdad"

youtube.com/watch?v=8upoPFafJqQ

On from the second "1:05.55" the thief has to face a giant.

His behaviour is a kind of example what here is called "Chuzpe": never lose trust and your good mood and always keep courage! No matter how big the opponent might ever be.

The word "Chuzpe" means certainly even a bit more. Namely even to be able to keep your courage and your humor in front of our God as well.

The jewish Belief has the conviction, that God does like those smiling and courageful beings!

I think as well: God is a really very kind being and he can handle humor really well!



PSI

What is PSI actually? It is a synonym for any kinds of paranormal abilities.

Like teleptathy, levitating, telekinesis, elemental manipulation and so on.

Here I don't want to join the neverending discussion about PSI in all its aspects. As at many parts of this book, I mention an invisible power of mental skills or crafts if you like. None of that all is undoubting evident under critical eyes. It is a Belief. The only evident proove of that is the fact, that you are reading this book. So it is a kind of proove of the mysterious power of will.

If I hadn't the will to write this book, it wouldn't have, so to say, „materialized“ in front of your eyes.

This kind of „force“ or „communication“, if you will, exists in many various and totally different existences and only who will deal closely with such things will get a slight impression what PSI could be.



Cheers to basicfood 555

I know that I am not the only one who is realy in love with our basic foods potato, yam, maize, rice, date-fruits, millet, figs, wheat, coconut and banana. This list could be endlessly continued. I took only those which are most basical foods on earth.

I can't express how grateful I am for these tremendous gifts that God gave us. Literally many billions of human – and partly even animals – wouldn't have and just would not be able to survive without these precious lifesaviours.

Say a really great thanks to our common God!



Heirs 556

There is also an inherited arrogance.

Some heir childrens of farmers and entrepreneurs behave as arrogantly and selfish as if they had created the farm or the company themselves. Always be aware that you have only inherited everything.

Imagine if you just have NOTHING tomorrow! What do you do then?



Crucial terms 557

If you want to understand the whole point of a book, unfortunately you have to read it in full. A small sentence anywhere can decisively change the experience of its meaning.

If a - allegedly positive - writer at one point in his writings reports, for example, callously that he/she likes to kill ants or spiders, then this changes the basical meaning of a book elementarily and dramatically. I would then see all other statements just "relatively".

Sure it can be that one kills an ant or spider, but the "normal" person apologises sorrowly and does not feel any satisfaction or even pleasure or joy at all in doing so!

We are Lovebeings!

For me personally there is another crucial term: „sweet". Because: let sweet, kind and tender people surround me, please!

Mental sweetness for me is more important than beautiness, Physical beauty is outer sweetness but mental sweetness is inner beauty. Outer beauty will likely fade away but inner sweetness will mostly stay!

More other powerful terms for my taste in addition are „tough", „happy" and „joy". I think it is a really good feeling to be surrounded by loving, sweet, happy, tough, joyful and also couraged people, huuhh!! But first of all there has to be true love! The rest will follow it...



Too small 558

Also note the "little things".

You only really know everything when you also know the subtleties!

*Nowadays, for example, it is unimaginable that a physicist can pass his examination without knowing the tiny formula "**E = mc²**". Or a mathematician without knowing the number and the meaning of the totally dominant constant "**Pi**" and the **Sine**. Or a computer scientist without the smallest unit and very simple term "**Bit**".*

If you do not know these tiny terms, you can superficially know only a very little and you should just take care of these "little things" as quickly as possible.

These tiny parts are ruling the world!



Silent thoughts 559

If you want to keep secrets, don't think too loud. Attentive people can also listen thoughts!



Serenity 560

Wit, humor and cheerfulness are always a sign of inner ease! There is love where they are! And vice versa: wherever there is love, there is also wit, humor and cheerfulness. They are probably the most important gracious gifts of God!

There is the saying:

"Wherever one sings happily, sit down relaxed and trustful, because bad people do not sing happy songs."

So wherever one is brightly, charming and happy, everything bad is automatically driven away!



Vagabond blood 561

In some people, hiking is simply indestructible. They will never feel comfortable in one single spot and they will constantly have the need to see new worlds and other places!

Others, on the other hand, sit on their bum for years and write thick books! Like me for instance :O) Anyway: ***In the beginning was the word****!*

To the funny and curious vagabonds among us:
Greet the beautiful wide world for me and bring wonderful pictures back home :O)

My longing thoughts are always with you!



Release me 562

Some people have the strange feeling of beeing observed and agressively patronized.

This may actually be the case under certain circumstances. There are several cases of feeling "persecuted".

To distinguish the one from an other, in the first step it is higly advisable to consult an educated doctor or psychiatrist.

NEVER(!!!) dare to doctor around on yourself! NEVER!!

Some may have a genetic predisposition to it. An organic abnormality or a sometimes quite slight disturbance of the metabolism.

Others have learned this unpleasant feeling over many years from the smallest of experiences.

And still others are factively permanently observed and patronized by unfavorable people.

Nowadays, in times of relatively unchecked drug use in some circles, there is yet another case. With long-term use of various psychodynamical drugs, depending on the type of drug, a physiological (physical) demonstrable (psychogenic) effect can occur.

Drugs such as specifically heroin, speed (amphetamines) and crack with their pronounced addictive potential, but also the somewhat (little) milder LSD and apparently even hashish can cause organic impairments to a certain extent. But even in these cases there are now healing medications and relatively harmless substitute drugs that can make a "relatively" normal life possible again.

In order to be able to determine the difference between the several persecution-feelings, at first it is advisable to avoid the unpleasant influence, the drug consumption or the surrounding and possibly harmful negative people.

If the external trigger is no longer evident and present, the apparently "persecuted" but internally healthy person feels very comfortable in his skin under "natural" living conditions within a short time. For the "trained" paranoid, this process of getting used to it can take a few weeks or even months until he feels good again and the fresh breeze of freedom unfolds its beneficial effect on him again as well. So please be patient!

After (re)establishing a "healthy" and constructive relationship with his/her environment, this organically healthy person can make new friends with strength and hope, even with their hitherto unhealthy environment, and patiently find meaningful and fruitful paths which for all sides are free of fears and trusty.

Only in the case of organically impaired people their disorder is independent of the environment and persists even with external freedom or, in the case of drug addicts, the drug may be obtained and consumed permanently new.

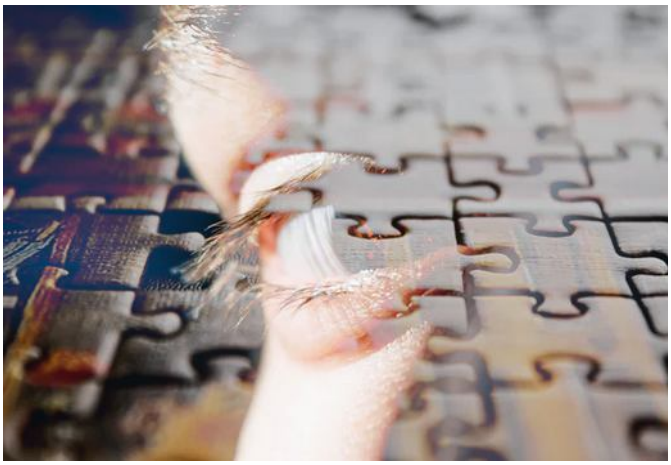
But don't worry too much in these cases either!

Nowadays there are also effective and beneficial drugs or psychological methods for such innocently suffering people (even addicts are innocent) that can enable a normal and happy life. So please ask your trusted doctor. Please don't be too shy about this: he/she knows a lot about "something like that" and you are certainly not the first person to seek help of this kind for him or her!

In any case, a close and relaxed relationship with a trustworthy person is strongly recommended!

Be careful when two people meet who are very suspicious and easily have a tendency to feel persecuted! Then it can easily happen that, without noticing it, they only increase their mutual feeling of persecution and suffer more and more from it, without knowing why!

From time to time you should allow yourself to be observed impartially and casually free and easy in their together-life from "outside" and then listen very carefully without aggression or reproach what this (hopefully) healthy person has to say about it ...



Healthy 563

For a few years in the 1970s I also read many psychological books, e.g. by or about Sigmund Freud, C.G. Jung or Wilhelm Reich.

After reading a rather thick and very complex treatise on Freud's, sometimes quite disturbing findings and research, at the end of that book there stood the liberating sentence "Should you now feel completely overwhelmed and irritated and you may have the impression that you have all mental deseases and disorders at the same time, then you are probably healthy! "

This sentence still accompanies me today now and then on suitable occasions!



Spiritual healing 564

Similar to the diffuse "feeling of persecution", there are also various triggers for the so-called "schizoid" disorder. Misuse of drugs, several kinds of parasites or even a collection of bad friends and influences one could count among them.

The most common but also the most overlooked case here is as well an organic influence. Actually, the same applies here as in the case of the feeling of persecution described above (see "Release me").

To distinguish the one from an other, in the first step it is higly advisable to consult an educated doctor or psychiatrist.

NEVER(!!!) dare to doctor around on yourself! NEVER!!

But there is one crucial difference! While the feeling of persecution mostly only affects a delimited area of perception and within this area a "different truth" (the frequent feeling of control, observation and patronizing) is felt, it can be the case with schizoid disorder ("split perception" of different perspectives, mostly in spurts, but possibly also permanently) to a completely different (therefore "split") perception of the environmental conditions.

In the practice of shamanism or, for example, voodoo, the healer (medicine man) is "artificially", by using drugs, by applicating extreme meditation (e.g. the Indian sweat lodge) or by using practices of ecstasy and concentration (that have been conscientiously tried and tested over many generations, e.g. by a constantly uniform drumming or maybe by dancing for days onto complete exhaustion), intentionally creating a schizoid state.

During these processes, the healer concentrates (focuses) on the being to be healed (human or animal or possibly also plant) and dives as far as possible into the spiritual world of experience of the help seeking person .

In shamanism this is often called the "rainbow". That means the extremely "colorful" inner and completely different world of experience of the help seeking person. The shaman or medicine man goes in this special, changed "state of consciousness" into the rainbow of the other being and (in the case of a disorder is perceived as unpleasant) takes this, in its spiritual dreamworld literally "lost" person spiritually by the hand and leads him/her as a knowing and experienced - and hopefully also more relaxed - companion slowly out of his/her uncontrolled dreamworld back again to the other healthy people.

In Voodoo or with the Australian Aborigines (dream hikers), but also partially in traditional Chinese medicine (TCM, Chi), it is basically a comparable process. In all cases the healer can also perform conscious actions in this spirit world.



Guided spiritual journey 565

I see myself as a modern, enlightened European citizen and absolutely do not question the undeniably powerful achievements of western, technical standard medicine. Without it and their fascinating organic surgery, I would not have survived very long! A big thank you to all my doctors and surgeons (e.g. Egyptian, Turk, Lebanese, German, Black Nigerian, Chinese ...) who have "brought me back" to life with their exquisite handicraft again and again.

Nevertheless, as soon as I meditate or pray, I experience a parallel world deep inside me that cannot be fully and comprehensivley described by standard western methods.

I very much hope that the unmistakable overlap of the so-called "western" and "eastern" healing and research methods can be fruitfully synchronized and harmonized in the medical field too, so that it flourishes for a healthy, relaxed and happy advantage for everyone!

So everything in my life has resulted in my being able to write and, as well, to publish this book now.

Strictly speaking, every book (including this one) is an exciting spiritual journey into the most diverse spiritual worlds of the eager reader. I pray intensely that I can well and safely lead some (hopefully many) of my readers through the gigantic and wonderfully colorful „jungle" of their spirituality :O))

I digg a deep and wide ditch to the by far biggest desert on this planet. It is not the desert Gobi and not the Sahara, neither the Sonora desert in Mexico nor even the giant center of Australia! It is into the desert of our selfish human disregard, ignorance, arrogance, stubborness and everything that appends at it and depends on it.

Its a really still a lot to do! Let's not waste time unnecessarily!



Good Karma 566

If you are able to look up to God with confidence, hope, serenity, and innocence, then that is an unmistakable sign that you have done well.

Good people always believe in the good, the youth, in hope and the future. They are proof of this themselves! They dearly love also themselves from the heart and do not allow that their insides will be permanently darkened by a bad karma.



Face reading 567

In order to experience as few problems and irritations as possible with other people, it is important to be able to reliably assess general human emotions.

Here I present the most important emotions of a person.

But please don't be too hasty: it is easily possible that people tend to have a certain basic emotion in one situation and tend to have a different basic tendency in other situations.

For example, a person who in most cases reacts in a friendly and funny way can suddenly become extraordinarily beastly in other situations.

And also vice versa: a person who usually shows rather reserved and neutral emotions can suddenly be unusually nice and personable in other situations.

The trick here is to distinguish the subtleties. And you can only do that if you know the other person in different situations. If you experience and carefully observe them under stress, surprises, excitement or in funny situations.

The following core emotions are mostly about getting to know the basic emotion expressions.
Joy: The forehead is relaxed, there are laugh lines, the cheeks are raised, the nostrils are pulled apart, the corners of the mouth go up.

Anger: *The eyebrows are pulled down, the eyes squinted, the nostrils are wide apart, the lips are closed with pressure*

Fear: *The eyebrows go up, the eyes are wide open, the nose is slightly raised, the corners of the mouth are pulled apart*

Disgust: *The upper lip is pulled up, the lower lip is pushed forward, there are visible wrinkles between the nostrils and corners of the mouth, the nose is pulled up.*

Grief: *The upper eyelids and the corners of the mouth hang down, the gaze is fixed, the cheeks slack.*

Surprise: *The eyes are wide open, the cheeks tense, the mouth slightly open.*

Contempt: *The upper eyelids droop, the gaze is fixed, the cheeks rise slightly, only one corner of the mouth is raised*

I will not make any prognoses here (see "Natural knowledge"). With all eventualities that would go far beyond the scope of this book. But I am sure that with a little practice you will gain a lot of benefit and also gain some knowledge of human nature. Have fun reading faces!

Initially you see above a collection of meaningful female facial expressions for exercise.

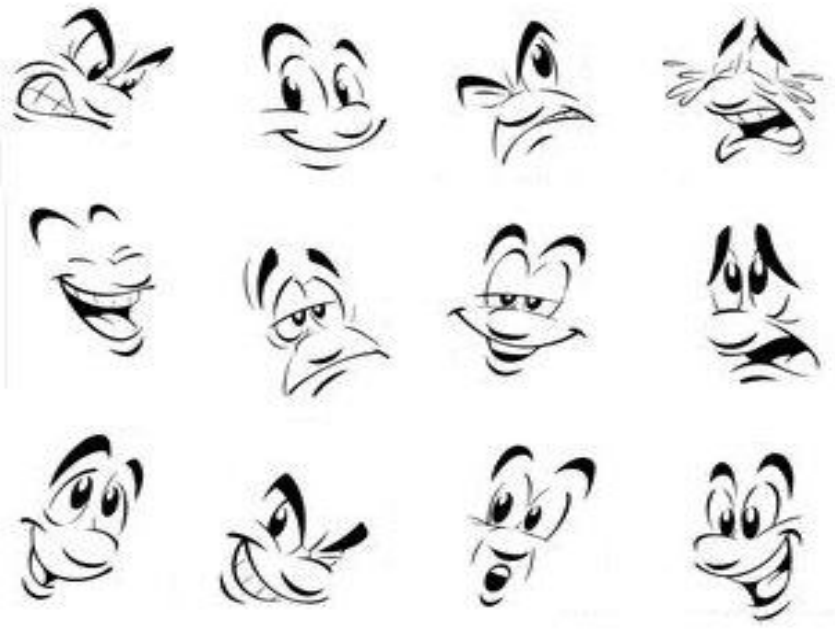
And here of a man:



And another collection of different women's faces.



And finally just for fun, some comic-expressions:



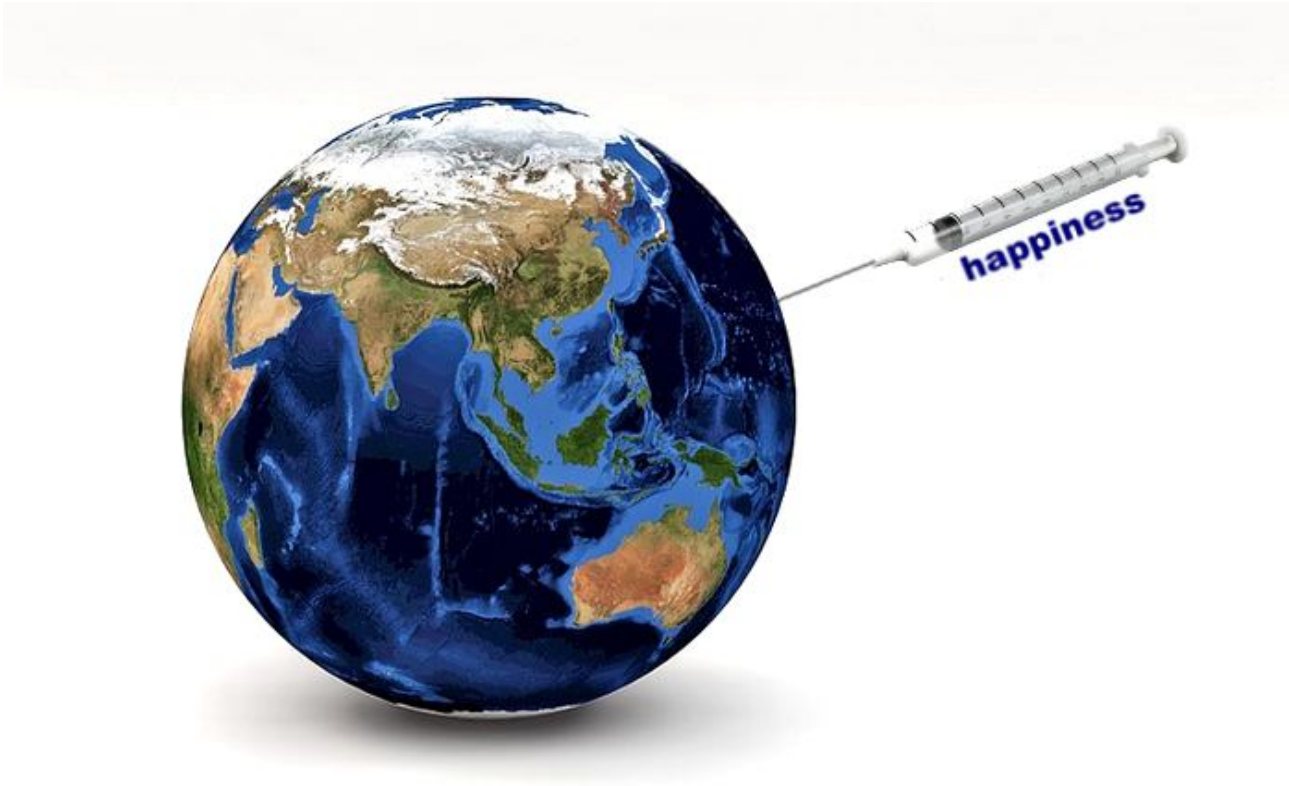


Inner cleansing *568*

It is highly recommended to have a tea-fast for one day every three months. For the eager readers: Once a month doesn't be bad either!

In addition, it is best to drink a water glass (0.3 liter) with simple and unsweetened green tea every two hours during the day (mild black tea is also possible if necessary). For those who do not have tea available, lukewarm water is also possible.

This purifies and cleanses the intestines and creates a light body feeling. In addition, the stomach looks forward to a hearty breakfast afterwards.



The core 569

There is this powerful sentence in the New Testament "The healthy person does not need a doctor!"

I suppose and I also hope that this book will be reasonably successful. But actually a good teacher makes himself superfluous!

So I pray every day that fewer and fewer people will be interested in healing books because they are so busy with their positive, energetic, optimistic and happy life that they no longer have time or need for these books!



Peeks and pokes 570

Should someone in his/her behaviour keep pointing little thorns against you and is insulting, degrading or offending you with words and small deeds, then confront him/her and ask why he/she is doing this?

He/she may then say as a kind of apology that this is happening unconsciously. That may even be the case and it may not be meant badly, but has to do with the other person's unpleasant life situations!

But if he/she doesn't immediately improve his/her behaviour on you and become genuinely friendly to you, then he/she simply just doesn't like you!



Weak strength *571*

In winter, real success in Canada, Sweden or Russia can often consist in the fact that you hit the same spot on a 30-centimeter-thick tree trunk with a large ax and the tree then falls over at some point.

A lazy man is satisfied, for example, with hitting the treetrunk with a small ax only a few times and then claiming: "You see! I did what I could! As I guessed it right away! It makes no sense! The tree just doesn't want to fall over! "The lazy man then goes home empty-handed, has no firewood and his family gets freezing and hungry.

The tireless strong man with the big ax, after an hour chops down the tree, cuts it into small logs, carries them home and his family has a heated stove in the kitchen for a week or two that warms the whole flat and on that they can cook food and boil water for washing.

So that there are still enough trees in the next winter, at least two new ones should be planted for each tree that is felled. Otherwise the strong man will soon be standing in front of a bare field and his family will also have to freeze and get hungry.

How good that nowadays we can use clean solar, wind or water energy to generate heat and no longer have to pollute the healthy air with CO2!

The small, weak man or perhaps a lonely woman or mother, whose husband has died, is content with many tiny trees or branches.

Sometimes the lazy man finds the other person's pile of logs, takes away some logs while the strong man carries wood home, and proudly claims at home that he has cut the wood.

Or maybe the big, strong man has a good, kind and gentle heart and gives the smaller, weak man some wood. After all, he can't help the fact that he was born weak and small. In return, he helps the strong man to carry the woodlogs home.

In modern democratic states this win-win principle is called "social insurance".



Cosmic liberation

572

The real uninhibited opening of the self towards other beings and the living expression of creation as well as our awareness of the diverse possibilities of generous giving are extremely powerful manifestations of the divine, the universe, the great spirit, the highest intelligence, nature or how you ever like to call it.

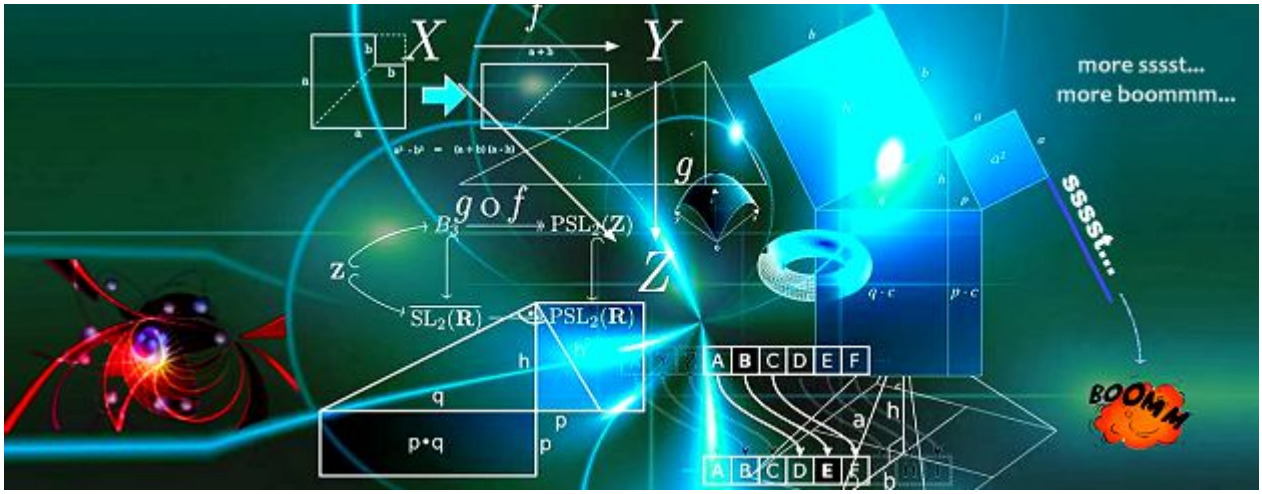
If we regard the various life processes as subjectively belonging and independent forms of our personal being, we define deep within ourselves a boundary between ourselves and the "other" as the world as a whole.

Only when the "possession" of the imagined self and our imagined personal "property" are lost in the divine wholeness, we are able to experience something really great that will never let us go again.

We come with nothing and leave with nothing. So you just lose ***a NOTHING*** *when you give. Everything is inseparably one.*

The great spirits and souls of this world know this intuitively and they all pull in the same direction: unity and love in infinite harmony.

Only what you give without any self-pity is yours and it will come back to you, maybe in a new shape but in immeasurable masses. Guaranteed!



Relativity 573

One of the great puzzles of the newer sciences is for laymen the theory of relativity (here the special theory of relativity from 1905 - after all, now well over a hundred years old).

In all its mathematical fineness, the relativity of "relative" speed and mass cannot of course be explained in this "relatively" narrow framework!

Just briefly:
Imagine a steel ball the size of a golf ball with a roughly assumed weight of 200 grams that rolls down an inclined plane (such as a board). If there is a hard drag surface (assuming hard concrete) at the lower end of the track, this ball will produce a certain "bang" on impact. This bang is the release of (kinetic) movement energy in the form of sound waves in the room that hit your ear and as a (very) slight warming at the point of impact.

Now imagine the same ball when the board is tilted a little! Then the impact creates a correspondingly louder bang!

If we take the board completely away and accelerate the ball vertically like with a zwille or a cannon, the steel ball will want to move to the magnetic center of our earth and the bang on the concrete floor will get louder the more we accelerate the steelball.

So there is a first relationship between the speed of the ball and the hardness of the impact. And so also to the volume of the bang energy.

*With the seemingly simple little formula "**$E = mc^2$**" this means that the energy generated by the impact ("E") can be calculated. Namely, the greater the mass ("m"), the stronger the energy generated at the point of impact.*

*The constant of the lightspeed multiplied by itself ("**c^2**" = results in a factor of 90 billion in the ideal vacuum, i.e. a 9 with 10 zeros) consists of the respective calculation values that result from the existing environment and the given gravitational conditions.*

Conversely, this also means that a "relatively" small mass such as an atom can release gigantic energy if its speed is extremely high enough and the atom hits another atom frontally. What e.g. is proven by an atomic bomb or a nuclear reactor.

Caution! The following is an exemplary model calculation without guarantee with a simple movement speed - so mathematicians and physicists please do not look too closely; O)

If we now only want to roughly calculate the energy of the ball mentioned when it hits the concrete-floor:

then the calculated energy could be (roughly assumed)

(0.2 kg times 1) power 2 => (0.2 times 1) => 0.2 joule

only (just as an example) 0.2 joule (energy is measured in joule).

An even sized steelball with a doubled speed would not give just the doubled amount of energy, but instead

0.2 kg times ((2 meters per second) power 2)

0.2 times (2 power 2) => 0.2 times 4 => 0.8 joule

and

0.2 kg times ((10 meters per second) power 2)

0.2 times (10 power 2) => 0.2 times 100 => already 20 joule !!!

aso.

A shot rifle bullet that hits a stone wall will release its energy in the projectile itself through heat and deformation as well as in the form of heat and deformation at the point of impact.

This fascinating logic also leads to research being carried out in the "Large Hadron Collider" (LHC in Cern = ring-shaped particle accelerator with a diameter of approx. 8 kilometers) or in the Tevatron in the USA to find out what happens when the particles are in a vacuum that is as pure as possible, for example a neutron is extremely accelerated to almost lightspeed and then it collides with other neutrons (e.g. in a lead-block).

This could factly lead to strange phenomena, such as extremely tiny black holes, which, however, dissolve back into pure nothing within a trillionth of a second due to diffusion. So they don't pose any danger!

However, if - purely hypothetically - it would be possible to actually shoot an object with the size of a golf ball in a hypercollider at almost lightspeed on a lead-block, the energy generated in this way would be so gigantic that - purely hypothetically - real black holes could actually arise.

With the help of quantum computers, however, in a few years or decades it is easy to imagine that these cases can actually be calculated at least purely hypothetically.

In this calculation, the maximum lightspeed is a fixed constant of around 300,000 kilometers per second. Provided that the light moves in an absolut pure vacuum far away from any gravitation. But it is also a "relative" quantity, since it also depends very strongly on the possibly existing gravitational mass in the crossed space.

A concrete factive mass like a solid body can, so to speak, suddenly slow down the speed and expansion of the light to zero and a shadow is created.

By the way: a much finer class of particles than photons (light-particles) are Neutrinos, which can even pass a lead-block. And possibly even are a tiny bit faster than light (see "Pawel A. Tscherenkow" or "OPERA-experiment")

In the matter of light, around this soild body, however, the light becomes diffuse due to the decreasing gravitational energy and its correlation with the electromagnetic density and begins to scatter accordingly at the edges (for reference to gravitation and quantum theory, see e.g. the so-called "double slit experiment").

If, on the other hand, light can spread freely, its speed becomes a constant and the said relative "bang effect" of the steel ball on its resistance occurs and thus the release of a specifically calculable amount of energy!

Relativity consists not just only of the relation of a mass to its speed, but also of the relation of the current speed of light to gravitating objects in its "relative" proximity.

I hope that with this simple example, which will make the scientific hair stand on end for many scientists due to its extreme "simplifications", the "relativity" between energy, mass, acceleration, lightspeed and gravity will be fairly comprehensible for the "normal" laymen.

As an excuse it should be mentioned here: if it is possible to be allowed to think of a "Dyson sphere", then any other serious utopia could also be recognized as potentially serious ;O)

One aspect that has not been discussed here is the time paradox (the relativity of time). Depending on gravity and speed, time can sometimes run faster and sometimes slower (time dilation "relative" to the center of gravity more within or more outside of a gravitational "inertial system").

The further away an object is from gravity, the less it is conditioned in an inertial system and the faster it flies "relative" to the distance of the centers of gravity in empty space and the slower time passes. This phenomenon has been tested and confirmed several times on the basis of various lunar and ISS space flights

People who could live on the surface of Jupiter would (imperceptibly) fly a little faster and age more slowly, as they are more or less a tiny bit "lighter" with the greater distance to the effective center of gravity and at the same time "relative" to the smaller radius on earth in the same time they would have to travel a greater distance. But only again "relative" to a person under the influence of a stronger gravitation with "relatively" less speed than e.g. an earth inhabitant.

Beware of irony: it's a pity that we can't live on Jupiter. Instead of possibly 80 years we would live a whole second longer (roughly estimated about 2 billionths of the past earth time more); O)

If you want to deal with the theory of relativity in more detail, you will find it here:

en.wikipedia.org/wiki/theory_of_relativity

For the sake of a smile:

In latitudes where it gets frosty in winter 10 degrees Celsius is felt really relative! In October it is relatively cold and in march it is relatively warm. ;O)

So it always depends on your current position!

By the way: I discovered the „sssst – boomm“-description with a very useful help from the most popular german comedian, simply called ***OTTO*** *! A heartly huge load of thanks for that, Otto!*



Simultaneous 574

You cannot be conscious everywhere at the same time. If you concentrate on a game of chess, you are "NOT" concentrating on reading the newspaper. And if you concentrate on driving, you concentrate "NOT" on the exciting film that is currently on TV!

So you have to permanently decide in the system of your respective importance (priorities). The “normal” human brain is not designed to focus its attention on different factors at the same time.

The first computers still worked the same way! Until in the 80s to 90s parallel computing of several simultaneously working computer chips (transputer) or multitasking was developed ready for the market.

Mostly for cost reasons, multitasking has established itself on our usual single-CPU computers. The available CPU time (CPU = "Central Processing Unit") uses a so-called "time slice system" and the indexed "atomization" of the individual processes to divert time for further tasks as currently required.

One of the many "tasks" deals for example with the word processing software, while another task deals with graphics processing and still others with video recording or music playback!

Several tasks are carried out "quasi" simultaneously. The higher the clock frequency of the CPU, the less the user notices this constant time distribution.

The human mind seems to reach its natural limits here! We are simply not able to perform different activities or tasks "quasi" simultaneously.

To what extent and when cyber- technology will deal with this problem remains to be seen. In my opinion, the only option left until then is to relax as deeply as possible and to cope with the emerging stress and time pressure in a reasonably healthy manner.

Because it cannot be denied that relaxation practices such as meditation, PMR or autogenic training have a positive influence on our stress resilience! So that the "normal" person can keep pace better, more efficiently and healthier with the constantly increasing pressure on his/her work performance and the continuously expanding knowledge!

There is the old and good adage "In the quiet rest lies the power!"

Because in order to be able to concentrate or to focus on a task, we need calm and to be able to carry out our daily tasks sensibly and correctly we need concentration.

No success without concentration!

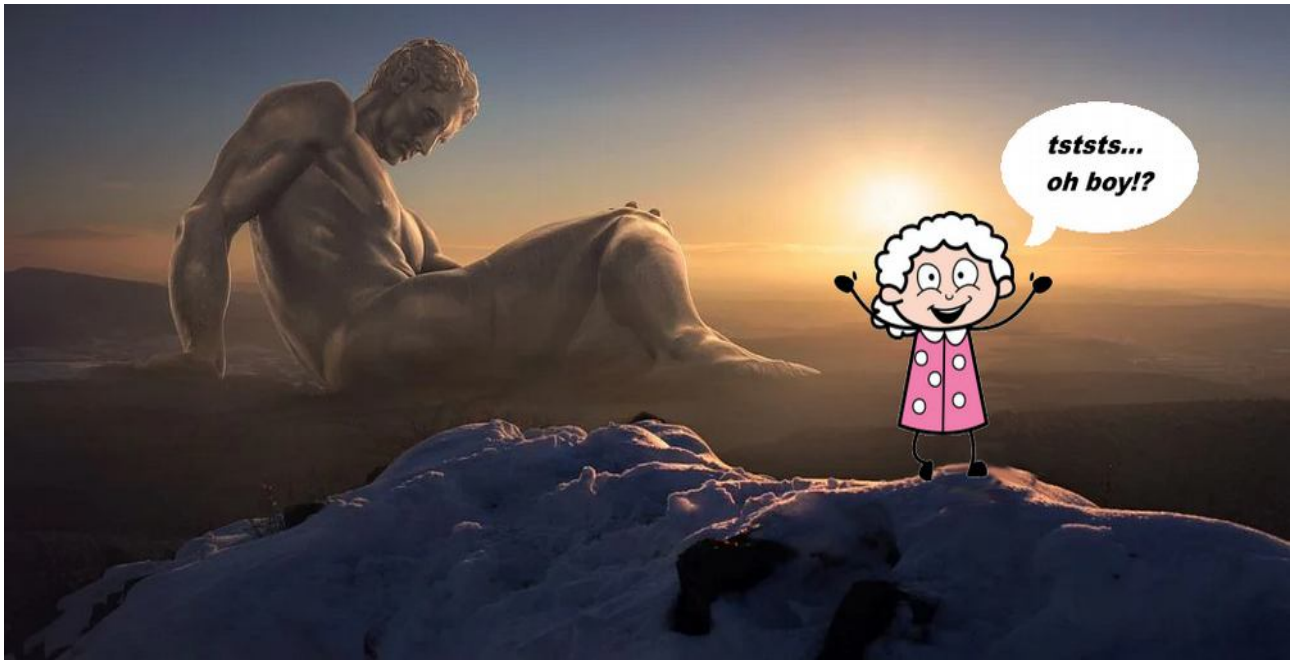


True size *575*

In our traditional maps the size of Russia is mostly bigger than Africa.

That is not true!

Russia (ca. 17 Mio squarekilometers) is just a little bit bigger than the half of Africa (ca. 30 mio squarekilometers)!



Quite normal *576*

No matter, how good, how big, how strong, how smart, how beautiful or how „whatever“ you are! To your friends, your workmates and your family you are simply „YOU“! Not more but even also not less!

To his wife Muhammad Ali was kinda „normal“. He had to put quietly the waste away – and I am totally sure: he did!! And of course, he wouldn't have been angry on that at all!

Or what are Jennifer Lopez or Michelle Obama to her mans, Arnold Schwarzenegger to his wife and children or even the Pope or the Dalai Lama for his surrounding people.

Have a break, relax and imagine what they do see?

They saw and see you crying and they saw and see you giggling like achild!
They are your bondage to earth! To your dirty shoes when you come home from a walk. Your bit stinky hands, when you had stroke your dog! Or your forgotten zip at your trowsers or your skirt. You have to poop sometimes and you go to the toilet like anyone else!

What is the true hard core of YOU? When you're all alone with yourself?
On the very first site that is ***what YOU really are!***



The diamond *577*

„The diamond in the midlde of the lotus bloom“
is a very wellknown meditation sentence (affirmation) in whole Buddhism.

It means the highest consecration that you ever can get.

We all have to realize that we are doing it all for one thing: ***We do it for love!***

Only love is what makes the world really go round. The most successful stories, movies or songs rotates around love!

There is one being and one highest topic which we are fighting for. Like a mother is fighting for her baby so a man is fighting for his highest love.

For many Christians this is Mother Mary. The love towards that center of our lifes is what makes our noblest powers grow far beyond our ordinary limits.

Like Mother Teresa for Pope John Paul II, or like Guinivere for King Arthur and Lancelot or like Diana Ross for the whole Tamla Motown-musicindustry including

Stevie Wonder and Michael Jackson, or like his daughter for Sadhguru, his wife Michelle for Barack Obama, so a man needs an absolute center for his sacred deeds and for his highest love of all.

The deep love for a faithful wife with the holy core within her middle is that what makes a strong man a real and even a gentle man!

And in the middle of this center is the one most important future goal: the safe and lucky child in the middle of its loving family.

That's it!

A man is the soldier of his family!

He gives his life selflessly to the family! Like a soldier in real life for his country, without know-it-all, selfishness or the like. A loyal soldier "forgets" his selfishness in favor of what he is fighting for. When it really matters then all he needs is a bed, something to eat and drink and some air to breathe. He devotes all his energies to the higher goal and unconditionally obeys his superiors and generals. But that this is your own family!

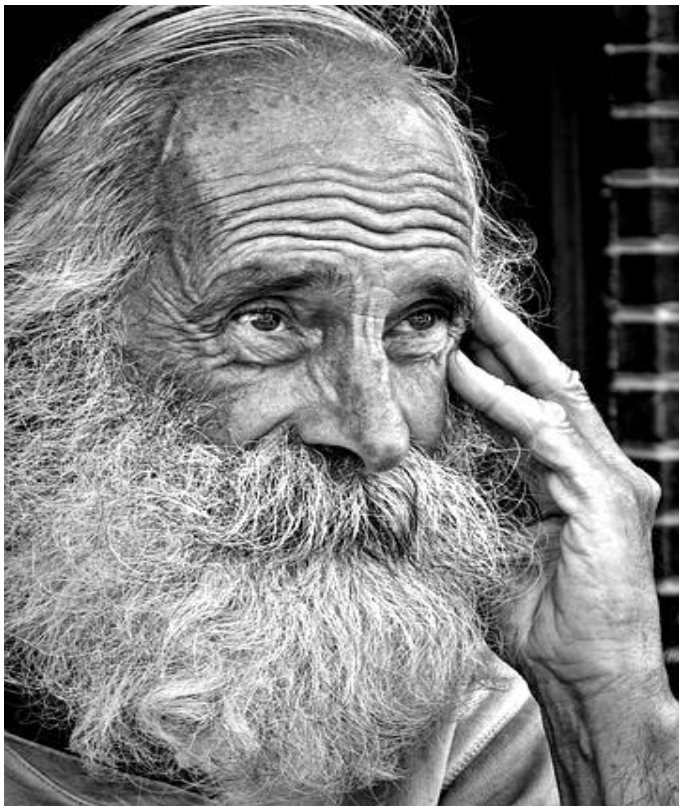


Sense sharpener 578

From time to time it is avery exciting experience, how sharp my senses really are!

Try in a fairly dark room with eyes closed to tip with the top of your indexfinger exactly in the middle of your forehead. Or try to guess the correct daytime (to a minute) or try to feel where north and south is just in the moment or try to stand on one foot with eyes closed or try to distinguish on music note (maybe A) from another (maybe G). Or try to smell the differences of bread, butter, jam, egg or different sorts of tea.

As I sayd: really exciting!



Wise men 579

What is the difference between a saint, a wise and a normal person?

The normal person gets up in the morning, eats his breakfast, gives his/her spouse a kiss and - except on Sundays in Abrahamic societies - goes to work. After he/she has done his/her job, he/she returns home in the afternoon, kisses his/her spouse, has dinner, watches a little TV, goes to bed, and sleeps until the next morning. Now and then he/she fulfills his/her "marital duties".

The wise person gets up relaxed in the morning, eats his/her breakfast, gives his/her spouse a kiss and - except on Sundays in Abrahamic societies - goes to work in a good mood. After doing his/her job in a good mood, he/she returns home in the afternoon, gives his/her spouse a warm kiss, has dinner, maybe watches a little TV or plays with children, goes to bed smiling and sleeps peacefully and relaxed with a smile on his/her face until the next morning . From time to time he/she also fulfills his/her "marital rights".

Mind you: First of all we are talking about a wise person, not a saint.

The holy person, on the other hand, gets up early in the morning, prays for a long time, eats breakfast attentively, thanks God for it and goes - again except on Sundays in Abrahamic societies - to work happily. After he/she too has happily done his/her day's work, during which he/she prays for a long time at least once, he/she returns home happy and powerful in the afternoon, prays for a long time, eats attentively in the evening, thanks God warmly for it, maybe also watches a little TV or reads in his/her holy book, goes to bed happy and full of trust, prays long and gratefully and sleeps peacefully and deeply until the next morning. The holy man or woman has no "normal" marital rights or duties. Except that he/she sanctifies and cares for life in himself/herself!

According to this approach, the greatest recognizable differences are that the wise person, in comparison to the "normal" person, stands attentively with both feet,

self-confident, determined and well rooted in life, is at peace with everything and has a good and serene conscience! The holy man, on the other hand, is only quasi "married" to God and the long and intense prayer or meditation is, so to speak, his/her long and intense kiss for God!

So to say! ;O)



Lie detection 580

Attention! If someone tells you something and claims for it that it's the truth, watch their eyes. If he/she "accidentally" looks away at the moment of truth, then it does not seem to be the truth after all.

Someone who is sure of what he/she says doesn't have to hide it in their mouth or to hold it back. He/she will look you "sincerely" and directly in the eye without nervosity and shyness.

But still be careful: some have also learned to lie openly. But if you then look him/her straight in the eye and ask him/her two or three times whether that is really true, then (very likely) only the really honest person will be able to stay relaxed and withstand your scrutinizing gaze.

But even a liar can mean it good with you! For example, when he/she doesn't want you to know a painful truth. How you deal with this kind of situation depends entirely on you and the development of the conversation.

Nobody can do that for you.



Guidepost 581

If naturally unkind, hard-hearted, stingy, and jealous people are hostile to you and treat you permanently unkindly for no apparent reason, then that's definitely not nice.

But then at least you remain nice, patient and good-natured, because all his/her unfriendliness and irritability are unmistakable signs that you are on the right way!

Negative people often like to put obstacles in the way of positive people, because the positive persons have different and better goals than the negative people.

Don't let them win and don't let them get you down. Free yourself from their aggressive power by forgiving them and honestly and patiently helping them get on the right path, because most of the time they just don't know what they are doing.

Destiny 582

As soon as you remove external constraints, a being does what it was made to do from the start. A free vine strives to the light. That is a natural law. Without the initial sun there is no life!





Plant trees 583

There is the true story of an old man in France who, after the First World War, for years intensively gathered acorns and only the best and healthiest of them were planted in an empty, dry valley.

Over the years, a whole oak forest with a lot of healthy trees in which the birds are chirping and where many thousands of people today are living happily in this beautiful valley.

en.wikipedia.org/wiki/The_Man_Who_Planted_Trees

Willie Nelson 584



In the meantime he is a 87 year old rickety country-guy and one of the most famous and popular guitars in the musicscene called „Trigger“ with its giant „wound“ sounds a bit distorted, but can still do wonders and is still back on the road again! A big thanks to the man with the golden heart and „to all the songs we loved before“, Willie!

You proove how an old man can still „move mountains“. He is only dead when he is dead! Not one single second earlier!

youtube.com/watch?v=f7RLWsa2rZI



Sunny 585

There has to be sun.! *The sun is the symbol for life, support, positivity and hope!*

My doubtless en“light“ment is, that the most obvious expression for a felicitous life is a bright laughter and smile!

Happiness is the inner sun! Who will disagree to that?

So: there has to be fun! ***Outside = sun***

It's just one single character! ***Inside = fun***

A great thanks to sunny and funny people!

Sparring partner 586

I would like to express my heartfelt thanks and aweful respect to all sparring partners of all world champions on behalf of the champions! Without you sparring partners, no world champion could grow beyond himself to be the best on the entire planet (now of almost 8 billion people!).



All those who admire the greatest are grateful to you for being (were) real tough opponents, because the stronger the sparring partner, the stronger the champ becomes in every fight with you. As Arnold Schwarzenegger stated: "Nobody is a world champion by himself! All his partners and friends always belong to it, who have supported him with all their heart and strength all along!"



Luck happens 587

Sometimes it happens, that people are not really content with their marriage or even their family. They complain selfcentered about this and that.

But, if everyone makes sense and is exactly right in his/her place, then your children makes sense too. Exactly in their place!

Maybe, that it is your most precious sense and meaning to get and raise up exactly this/these children exactly now and exactly at this place!

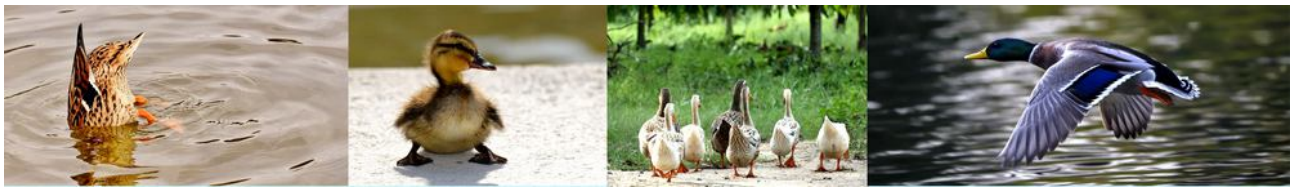
Think!



Amazing 588

Gerard Piqué must be an amazing guy!

To keep one of the cutest and most successful female singers on the planet, Shakira, for nearly 12 years now! That's a real strong performance, man!



Flightheight 589

If someone is mentally or/and spiritually not on your flightheight and he/she talkes to you and then maybe you just understand:

„beepclikkwooshhzingtweetploppaooomzooshbeeeepzackping“

And if a quite „normal“ person is telling me about her/his quite „normal“ situations, I sometimes understand some other „informations“:

„beeeepzingploppbaaampingclikkwooshhbeepzooshzackaooom“

Then it could be somehow funny and pretty often it is a real good hint, to fly more closer :O)

Sometimes you do not even know who of both is in the higher „plane“?



Perfection 590

Don't ask if I am the perfect person myself and if I live constantly according to all of my insights. I didn't thought all the tales at once. They are gathered snapshots from a very intensive process which all in all was lasting approximately about one year.

Curiously leaf through my book and then ask what you can use it for yourself personally. It just could only be this in the one situation and that in another.

But always have fun! I hope you can pull out a bit of that joy and positivity, that I put in there while writing...



Halfblood *591*

Just like in foreign languages, you feel at home more quickly in a country whose language you understand.

I was lucky enough to get to know the world and people in a wide variety of situations and professions in my very complex and varied long life and to observe them up close every day.

Over time, this resulted in a wide variety of impressions, which could sometimes be plausibly reconciled "statistically". From these insights, I was able to gradually derive various uniformities, needs and typical matches that essentially apply to almost all people and are to some extent good transferable.

I feel like a kind of half-blood and in this sense see myself more in the function of a translator between different religions, philosophies and ways of thinking. When people start to understand each other casually, they inevitably get closer and start smiling.

This is the most important preliminary stage to peace and friendship!



Legend building 592

The more complex a person is made, the less people understand about its life, its history and its most important conditions.

They will tinker many somehow more or less plausible stories about you and it is too exhausting to explane everything to everyone.

You can't help this! There is nothing you can do about that kind of confusion! You have to let it be as it is and your main effort now is to steer peoples convictions in a way that is just helpful and positive to you.

If you do that right, a particular „dream“ about you arises in their common senses about you!

That is the kind of „legend“ you have to build and what they shall „see“ about you!

That is in your hands!



Distinction 593

We often communicate as if we are eating cookies or an apple while listening to the radio. Whenever we chew, we don't understand anything! If we really want to understand something interesting, we first have to stop chewing and focus on the radio.

It is similar with most people with inner vigilance. We are constantly distracted from our thoughts, spontaneous ideas and needs. Our brain constantly eats "cookies" that it finds interesting or tasty!

A good listener has the same problem! The only difference is that as soon as really important information comes in, he/she automatically stops "chewing" and only continues chewing if he/she seriously believes that the information currently being spoken is not essential!

He can distinguish the good from the bad with virtuosity!



Consistency 594

If you think your love is dead, then it is certainly not true!

If there ever was something like true love, then it still lives somewhere in you! True love never dies. She is just immortal! It is only suppressed and realigned, for example in the event of a separation for a different goal and in favor of another current love object.

But it is still there!

This is the reason why couples often still have a basis even after years or even decades and some even start an affair again without obligations. And when these affairs are freed from external coercion and pressure, they sometimes even work better than before.

It has been proven sociologically and brain research, as it were, that love is a "built-in" potential. It is a natural talent and even a well-developed inner need that all beings have. It has to do with the common purpose and survival instinct of the species. We humans WANT to love. We always look for another being for this purpose.

If you have a gift for love and this love was clearly recognizable, then it is still there! Imagine the first romantic situations as intensely as possible.

Your love is still there somewhere. You just have to allow it.



Have or be **595**

The sociologist Erich Fromm has written a book called "To have or to be". It is essentially about the fact that there are two different types of people: the "have-humans" and the "being-humans".

Have-humans seem (still) to be in the majority and are defined by what they ***HAVE*** *and own. So by property, certificates, a lot of horsepower and everything that can be measured, counted and weighed. They only feel comfortable and safe when, through possession, they put on a kind of "armor-suite", which is supposed to protect them from harmful external influences. So, their unconvenient protection-shield and their fears are most important to them.*

This is of course an utopia, because it is exactly this armor-clad that naturally makes such people heavy and immobile. They lock themselves in a kind of prison.

Being-humans, who are seemly (still) in the minority, are obviously more trustful

and define themselves by the vision of what they ARE, what they know and what the are able to do and to be. So mainly through skills, experience and talent.

These attributes become an inseparable part of the ego and flow into the personality of the human being. They become an important part of her or his personality, i.e. her/his being.

In favor of their mental and spiritual moveability, the freedom of their movement, they largely forego the armor which they perceive as a direct hindrance to their vital life-expressions.

It is inevitable that now, of course, you will be wondering what kind of type you are?

You are very probably a kind of healthy mix. Your common sense balances automatically out the current requirements and tends to be more of the one or the other kind of type, depending on the specific conditions.

However, if you, as a "normal" person, have the feeling that one of these two sides is limiting or uncomfortable, then it is good to have heard about it.

Then, as needed, carefully train one or both of these two personality tendencies bit by bit until you have the feeling that a certain harmony has been established between these two vital poles of your self.



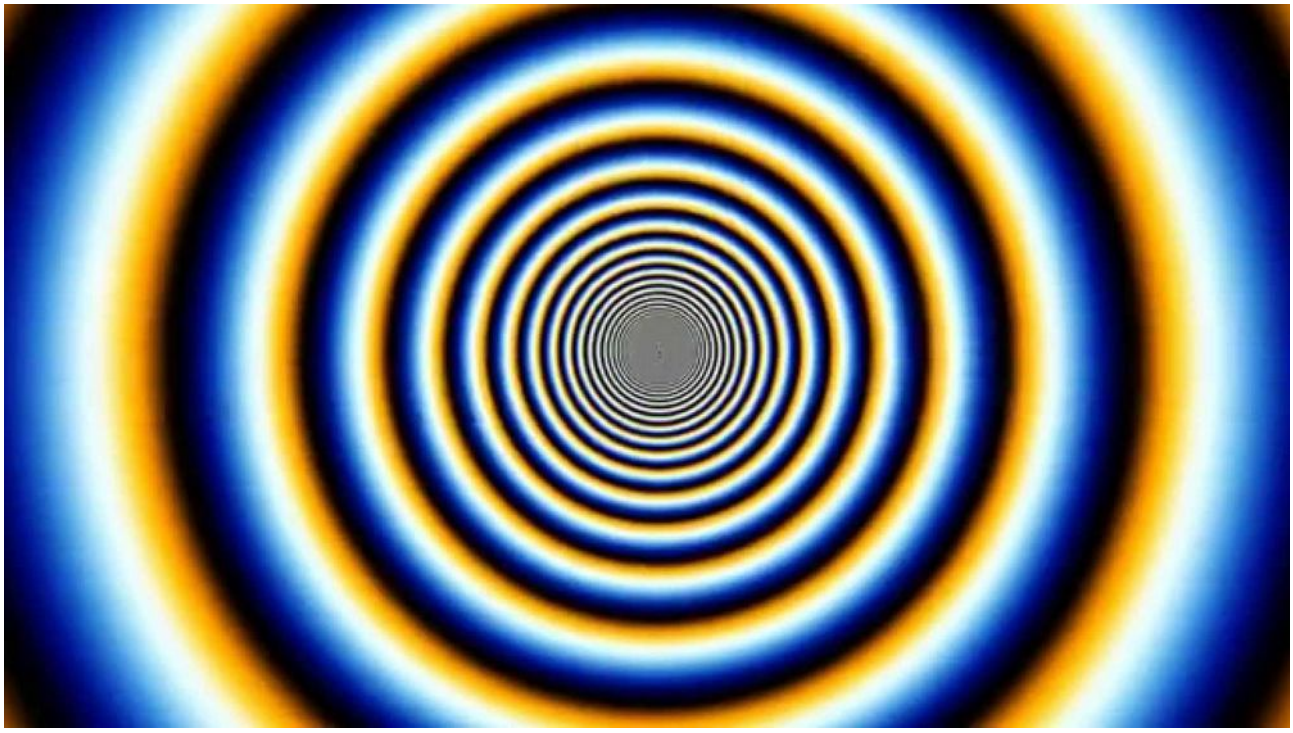
Golden udder 596

Some wants to keep you like a cow to milk as ever they want to.

They just place you in the pasture to eat the grass and sometimes in winter you may come into the warm stable.

Some don't pay attention for your true worth and your true abilities, even if you have a golden udder.

To avoid squander your rich „milk“ for a simple life you have to unfold all your powers and sometimes you have to tear down the fence and to go your own way all alone on yourself and to give away your splendid milk to feed the world a bit.



Hypnosis *597*

Hypnosis is a kind of mental influencing a person or even a person on him-/herself that can cause really unbelieveable effects in the mind of a being (not just humans).

In a stage-hypnosis people can say or do several silly things and with a snip of a finger they have forgotten every word they've said or deeds they've done during the hypnosis.

We are laughing about that, but it is a really seriously subject to handle with.

It works definitely!

Imagine all buddhists meditation is a selfhypnosis! It is an uncertain and strange inner dimension with exciting possibilities which most people are fearing about!

This influencing ones deeper psychological levels with certain convictions is a capability that everone can establish in his/her reality.

The above shown picture with concentric circles can help to focus your mind.

BUT: DO NOT TRY THIS IF YOU HAVE ANY PROBLEMS WITH EPILEPTIC SEIZURES, SIMILAR DISTURBANCES OR YOU FEEL ANY ANXIOUS ABOUT IT!!

For the others who are feeling healthy and strong, the next „mental gymnastics“ is a harmless selftest!

Without any preparation carry two buckets each full with ten liters of water over a distance of ten yards. You might have the feeling afterwards that the buckets are pretty heavy!

Now take some deep breaths and go back to the start.

But now as a simple demonstration of the power of hypnosis, you first close your eyes, take three deep breaths and think intensely „My spine is upright and strong. My arms do not feel the weight. I forget self-pity and inner complaining!“ Say this ten times slowly with each inhale in a serious calm manner! And then carry the two buckets again over ten yards.

I am very sure, that your feeling of exhaustment this time will be much less than the first time!

That is the principle of hypnosis! Real hypnosis goes far beyound this little "game".

If your are trained in diving into your subconsciousness then there are much more powerful and efficient self-enhancements and optimizations absulute possible!

Probably you won't become a superman at once but some skills – even and particularly mental - will seriously rise and you will certainly be fairly surprised!

It is not a big exception, that your ability to concentrate and your determination for your work and your will are seriously and noticeably increasing!

Mostly those mentally trained people will get more "mature" and in a positive way you will get "cooler" and more courageful!

Good affirmation for that:

„I am strong and peaceful and get more cool and courageful!“

For more helpful tips and tricks to improve your inner (and even outer) strength ask the author!



Horsepower *598*

All of our modern cultures were unimaginable without the power of the horse.

It was the most reliable partner of humanity at all in every situation. As a transporter, as a plowhorse, as carriagehorse, a war-buddy and even as an absolute loyal, patient and tender friend.

It really seems to be made especially to run very long distances for hours and hours and additionally with a heavy rider on it without getting seriously exhausted. It is an absolutely amazing being!

Please pay attention to those delicate, slender legs, the noble joints, the pretty hooves and this beautiful face. Horses have carried humanity through the ages. They carried huge weights and galloped hundreds of miles over many hours. Barely to imagine that those slender bones did all this!

This is a real big cheers to our lovely helper: the horse! ***„CHEERS!“***



Stop wars 599

Everywhere on this planet where two countries have battles or war it is very probably between an authoritary or absolute ruled system and another one of that kind or selfdefending democratical systems. Far mostly due to misunderstandings and stubbornnesss!

It kills cruelly, costs an enormous money and brings huge misery to millions of people!

To teach democracy to a democracy makes more or less no sense. You can teach them eventually a bit better and more certain democracy but not democracy in itself. There is nothing much to explane about. Even the ancient Greeks already knew this.

Democracy just is the most successful political system for its whole citizens and it will undoubtly remain so! There are even given nobel-prizes for that findings!

Democracy is based on the recognition and insight that ALL PEOPLE around the globe have an inherited sense for rightiousness, justice and truth and even an accurate common sense and knowledge of human nature! It is based on the mature survival-instinct which every person has the same.

No matter whether rich or poor, small or great, smart or not so smart, old or young.

They influence each other and result in an unswerving mass intelligence!

Therefore in the end: wars make no sense at all!! Undoubtedly: the world will get more and more democratic! Humanity will undisputable get together in peace and friendship, because our common survival-instinct tells us that! And without peace and friendship we simply wouldn't survive!

So! Everybody knows deep inside: ***love, peace and friendship is the only way****!*



Spiritual University **600**

It is obvious that there are people with little and others with much knowledge!

If you can't read and see a book about "1 times 1", it's like a pile of printed paper without meaning to you!

The precondition for diverse knowledge in our culture is the ability to understand the respective alphabet, i.e. to read.

As soon as I can read, I can understand the "1 times 1" and from then on I can move independently through the great wonderland of words and concepts. And with every sentence I get to know new worlds, countries and people.

It is the same with intuition and consciousness! Both are automatic processes of a developed brain that easily overshadow EVERY form of "normal" learning.

In spiritual influenced countries it can happen that even successful and very wealthy people take the sometimes very difficult path to the great and poor wise men and saints (sadus, monks, shamans, yogis) in order to hear such deep advices that are worth far exceeding all books and educations.

Through spiritual abilities, the speed of absorption and processing of "normal" knowledge is phenomenally accelerated, as the references between the learned content are permanently available on a higher (or so to say "deeper") level. The intelligence and ability to find useful and powerful meanings are increased considerably!

It is, however, the case that e.g. a Sadu or Zen monk immediately forfeits his ability for higher insight and clarity as well as his spiritual abilities and talents as soon as he would take money for it!

Poverty and deep wisdom have something to do with each other in a direct relationship!

The richest people are with absolute certainty not the wisest or brightest, nor the happiest or the most satisfied! And if you asked the richest people in all countries about it, they would meekly confirm it!

In the wake of the new times there are of course some nimble people who promise you wealth AND happiness and who want to sell it like a university education. Such schools of success and happiness are sprouting up like mushrooms.

To a certain extent, I consider that to be humbug, because the two are in principle mutually exclusive.

The more you strive for true wisdom, the more humble and generous you become. The grip reflex for security, comfort and durability is dwindling more and more.

And the more you strive for wealth and success, the more the grasping reflex develops and with it inevitably the fear of losing what you have achieved so far!

These are unshakable and iron laws of spirituality worldwide and across all cultures and religions!

I only know one way that can combine both for a spiritual person.

*That is the **giving away!***

If you selflessly give away everything you gain to those who really need it urgently, it can be good that God, the great spirit, the universe, nature, the highest intelligence or whatever you may call it, uses you as a vehicle for perfecting the world and for its providence.

You are then a simple tool in the hand of the Creator and everything depends only on him and his intention!

Since he then quasi "needs" you (but don't imagine anything - you can slightly be exchanged at any time), you have everything you need (in the "felt" abundance) at any time.

If you are very satisfied and happy with a dry place to sleep (caution: because sometimes you don't have that either) and some food and drink (sometimes you don't have that either), your needs are easy to meet!

*The all-important point is the feeling of **happiness**!*

*You cannot buy deep, honest **joy** with anything and pay it with nothing either!*

Just a moment! ... Please wait:

*God has luckily found a intermediate way for simple and good-willed persons who cannot **or** does not want to **or** does not want to be able to **or** cannot be able to want, to walk the long, hardships and quite exhausting path of enlightenment!*

It is the simple, modest life as a decent and innocent citizen of a fair, just and gracious democracy!

Like such a citizen, be the "grass of the flourishing world"! "The salt of the blooming earth" and a true joy for God!

He loves life itself and he loves the loving and learning people !!

*Learn to love **AND** learn to learn **AND** learn to live - **AND** never break! Till the very end. And wise men can give so much to the world even in the last ever moments!*

<u>By the way:</u>

For spiritually gifted and spiritually educated beings there is also an intuitive way of creating knowledge that can be done without printed writings and images!

However, this is a high school of imagination and inner seeing, which needs or can need many years of experience and practice in spiritual exercises such as meditation, contemplation, bright dreaming and prayer as well as a real good teacher.

But sometimes it can even go amazingly fast ;O))

Who knows?

By the way again: don't think that wise men have always and the whole day to be calm and wise! They can have (seldom but sometimes) a bad day either like anyone.



Devotion 601

A student decides to spend weeks, months and years trusting alone in her/his survival and in the constancy of the world. So that she/he will hopefully get the chance to be e.g. a recognized doctor, scientist, engineer, artist or whatever!

And only after many years does she/he get the certainty that she/he has achieved "IT".

Not one single moment earlier!!! Until then she/he has not graduated and nobody will believe or guess what she/he actually can!

They "SACRIFICE" a large part of their lives for success and simply for nothing less but trust!



Householding spirits 602

With the spirit it is kind of similar to the normal household.

Minimal once a day you should clean the dishes and brush your teeth (better twice), minimum once in a week you should clean the carpet and sweep the dust away!

What is normally called sin or bad karma is spiritually nearly the same as if you do things that are standing in your way and you can't be able to do unhindered what you wanna do or ough to do!

Like in the physical world you have to clean things up from time to time!

What is sin or bad karma and how to clear it up?

Well, little lies, little stealings and little hurtings often can't be simply cleared! Often it is even such, that nobody notices it for real. Then act, as if you have done that sin against yourself. Treat others like you want to be treated yourself or vice versa: treat yourself like you treat others. That will clearify many situations to you!

Or e.g. if one has stolen money and the stealing wasn't noticed yet, then he/she should simply put the money back to where it belongs and forget about it. If it was noticed then raise your hand and say: „I've done it. I will make it good again!“

It is impossible here to find all solutions for every purpose. There were worldwide written many many thick books about this issue. Simply take a look into your worldly laws and take that penalty on you without whining. There you will also then get a clue of the hurted feelings you might cause to others when you would do your faults or sins for real!

In this sense your inner household might sometimes get chaotic somehow. You then might stumble over things from the past that „stands in your way".

It is not rare, that you dream bad dreams if you are not clean inside. But on the other side, you will enjoy happy dreams full of light and color and with very friendly people if your inner world is clean and pure!

That quasi then meditation, contemplation and prayers are made for! E.g. to see precious inner imaginations by it of what is possible of huge and clear positive visions, to see new ways or inventions or as well to find a way to visualize your inner obstacles and how to clean it up!

Often people think they are losing certain qualities of life like sensual habits.

That is not true!!

God, the universe, the big spirit, nature, the highest energy or what ever you might call it, WILL find a way to give any kind of qualities back many times more than you have meaned to have lost.

Only in the beginning you might be afraid of this loss. But in time you will find that the freedom, peace and happiness that you have gained are worth far more than a hundred times the loss you thought!

For sure!



Mood for love 603

Our hormones, enzymes and similar substances, as well as our neurons, play their own game!

Even if the individual is mostly not aware of it, they sometimes let you do strange things that only make a clear sense in the light of later events and contexts.

*At the latest when a child is there and you hold it in your arms and you smell **THAT** completely unique and special „perfume“ of especially **THIS** child, you know what everything was good for ;O) Am I right?*

Raising a new person is a great achievement and is often associated with trials and tribulations, also between parents and partners!

*But mostly, as soon as it has become a powerful, independent, good-humored and clever adult and valuable human being, as they far mostly are, you also know why everything had to be exactly as it was! **And not a little different!***



Babyfaces 604

The exceptions confirm the rule.

It doesn't matter so much what and how much you have experienced! It depends on how you approach your experiences, how you process them and what you make of them.

There are important people such as politicians, actors or entrepreneurs who have experienced an incredible amount, but are still as naive as before.

On the other hand, there are young people who may not have experienced many, but who uses their talents and process EVERY situation so consciously that at the age of 25 or 35 years or even with only 15 they are already - in their own way - so smart, that one can only be amazed.

One thinks "how can they know and suspect so much from?!"

Out of their essence and talents, these people process everything with a pronounced awareness and also clarity about themselves, their role and the psychological dynamics in the most varied of situations.

My favorite example is often and with pleasure the Beatles, who at the age of 20, 21 or 22 composed music and wrote lyrics whose depth and intensity are still a mystery to many.

Or e.g. a very young politician who at the age of 31 became Chancellor of a wealthy Alpine republic (Sebastian Kurz in Austria).

Instead of being captivated by thousands of small events, use your unique talents and prefer to focus on the mental contexts, tensions, radiations and interplay that the individual protagonists and key actors offer you extensively - and free of charge - every day in many ways.



Wonders ***605***

I've seen and experienced so much, what a normal mind can barely process. At last I come to the clear conclusion: ***Yes! There are wonders and miracles! No doubt!***



Elon Musk

606

In this book one last and really important message from the currently richest man on earth, Elon Musk, mustn't be missed:

„Spend less time on making nice worksheets or discussing on meetings! Just instead make the product better!

That is all what really matters!

Gurudev Sri Sri Ravi Shankar

607

' Care for the helpless and feed the hungry!

We need to keep making this efforts! It's not just one time and it's done and finished!

We must continue... "

That is Guruji!

Why do we trust in him?

Because of his caring calm eyes and his tender loveful words that no one, who has not the heart for it, can ever fake at all!





Inner Yoga *608*

Okay! This book is not written to explane the Yogic System (in the sense of "Hatha Yoga"). There are written thousands of very comprehensive and profound books about it. If you are interested in that, please search with the most common search engines on the internet!

But there can be explaned roughly simple what I mean by this „Inner Yoga“.

Yoga means „Unity“. So this is to install, restore and to revive your inner Unity!

If you see pictures about Hatha Yoga there are mostly images of people who are stretching their muscle in many different ways.

With my „Inner Yoga“ there are so to say inner and spiritual „muscles“ to have to be stretched as well ;O)

This is not a dead-serious science!

You can do it wherever you are and whenever you ike, e.g. while driving in a car (as the co-driver of course, not as a driver), on a plane, in a train, while washing the dishes, while bathing, on a walk or whenever(!) a situation seems to be convenient for you !

The first step of all is to feel calm and convinient! Relax your muscles and your physical position as good as you can. Find such a situation or/and place and let go.

Take a convenient seat or stand convenient and calm.

If it is not spontaneously to find then don't mind!!! There will be another good chance next time. Nothing has to be grabbed or hecticly grasped and nothing gets lost! Try to forget any nervousity and simply calm down for now!

The second very important condition is to let go the allday stress as far as you can in this situation and take three deep(!) breathes! The inhaled oxygen will well support the calmness of your body in a very natural way.

Pleeease(!) don't stress yourself in finding calmness! When it's there it's there – if not then it's not!

Don't you ever forget: YOU HAVE NOW ALL THE TIMES OF THE WORLD!!

Know that even the tiniest relaxation is relaxation at all and even THIS is a success already!

On third point care for a stressless and friendly gaze at a sympathic place e.g. at the horizon or on any (far most) spot and keep this view for a little while.

In the first roughly 20 to 40 seconds your view will stroll and wanderaround till it comes to a kind of peaceful relaxation after a while.

At fourth, feel your breath that is cool and calmly going in and out and how it gently passes inside your nose, your throat, your upper bronchies down to your lungs.

If you spontanously close your eyes and fall asleep, that is nothing bad.

Rather it is good, because it is just a sign, that your body is tired and needs a rest! If, on the job, your coworker or partner or maybe your spouse at home wakes you up, then it's okay. Wake up and do your job, as far there is someone depending on you and/or your contribution or talk kindly to your spouse! Find a better place and time to „exercise" your inner health.

The fourth step is to breath calmly and deeply in a total natural manner as it's anyway convenient to you

Now hold on to this very relaxing state of your body and your mind as long as you wish and can. ***AND*** *don't feel yourself disturbed and/or angry anyhow, when you have to break up this wellfeeling state. Simply take the next „train"!*

That's is principally all...

As an example watch a sleeping cat or dog or bird or any healthy being. They get to sleep as soon they are tired and they wake up once in a while when they are noticing a noice or movement. They then shortly open there eyes (or just only one) and if there no serious threat they close their eye(s) again and continue sleeping with ease.

That is your natural inner rythm. Trust on your own natural body and senses! They are far(!) more wise as you can ever imagine.

That's it! Try to sleep like an animal! Rest in deep trust and peacefully!

Blind people do that all accordingly. They will naturally know what is meaned!
For advanced „inner yogies“ you can add a fiveth and last completing step.
For advanced „inner yogies“ you can add a fiveth and last completing step.

On every outhale you feel a point deep within your belly shortly before you breath in again! It is called „solarus plexus“ and represents the muscle of your diaphragm what is the natural border between your lungs and the rest of your body. Both areas are under a completely different pressuresystem and the diaphragm is probably the most busy "normal" muscle in our body and also the center of our physical system!

If this central muscle is realaxed, our whole body will relax, too.

Therefore this point of your inner physical world is, next to the pineal gland, the whole - parted in several sections (e.g. he reptilian brain) - spine and the brain in genereal, so or so one of the biggest interests and of huge importance!

Most people forget: the spine is a very effective part of the brain. It is distinguished into the brain-system, cerebellum, brain stem, the reptilian-brain and some more! In this part of our brain e.g. the breathsystem is regulated.

The rythm of the heart is – in contrast to the normal idea – not regulated by the brain! It beats completely by its own. The muscle-cells of the heart are contracting completely independently and are synchronized only by the will of nature.

So it i t can be, that the heart is beating completely outside of the body by itself as long it is provide with enough oxygen.

That may sound a bit weired and scary but that's a medical fact. God, nature, the universe, the great ghost, the highest energy or how ever you might name it, is an absolute ingenous creator!

As soon the relaxation is at it's deepest point, try to hold this inner broad space of total peace for about two or three heartbeats...

Within these two or three heartbeats is the best time to tell yourself anything you want to achieve. This (kind of) selfhypnosis is called „mantra“ or „affirmation“.

„ I am well...“
„I feel good...“
„I will get healthy...“
„I am calm...“
„I am better each day...“
„I sleep...“

Here in the case of falling asleep it is important not to think “I will sleep“, because this means that you are NOT ALREADY SLEEPING at that moment of your mantra.

Because your inner awareness takes care of every ittle tiny thing and here it tends to WAIT(!) for the moment to fall asleep. So long your consciousness is, so to say, not allowed to calm down because it supposedly has still something to do. Rather affirm concrete „I sleep“, then the awareness is released and can calm down peacefully as well! ;O)

Additionally you can imagine any – maybe to you critical - situation on the job, in a negotiation, a sportive challenge or whatever you want to master, and/or suggest to yourself:

On the question „How are you?“ I reply relaxed an kindly: „I am going very well, thank you, Mr:/Mrs....(name)“

On the question „What is your goal?“ I reply selfconfidently: „To be as succesfull as ever I can! I am dedicated to success!“

On the question „How is your healtyness today?“ I trustfully reply„I am on a very good way to more and more power and courage each day!“

OR...

These following apprehensions are absolutely common for most people. You are by far not alone with that! Promised!

Have trust in the crowd. They are far more nice, patiently and understanding than you can imagine!

Lamp fever is totally(!) normal and it's even good, though! This will keep you wake, aware and focussed on your job ahead.

Don't fight this normal state of nervousity in front of a big challenge! After two or three minutes it will go away by its own … simply so. In the contrary, it can happen from then on, that you enjoy speaking in front of masses of curious people and you have to be carried from stage, because it is so much joy to feel this acceptance and sympathy! ;O)

> *„In a situation I have to talk in front of many people, I am convinced, that nobody will do me any harm. They look at me non prejudging as on any other speaker and are convinced that I'm the well prepared specialist in my own job and issue and nobody will critizise me in public!*
>
> *And if it should be, that I then am still too nervous then to speak, then I will always be able and allowed, to say „Sorry, I can't speak right now! I need to have a drink of water. Just a moment please!" and to calm down while drinking.*

No one then – I can promise you that with great selfconfidence – will think badly of you or dare to show those negative thoughts in front of the public.

And if someone is disturbing your speech with irrelevant comments, though, then don't notice him/her at all(!) and simply go on. No one can demand that you have to say exactly that what or how he/she/they want to hear! They do their thing … and you do your thing … always in a kind manner and without any anger ... that's it...

And if you are then still too nervous, you can simply get quiet and walk slowly from the stage or simply sit down again. Absolutely nothing seriously bad will happen!!

> *Every experienced speaker can tell you that and confirm it!!*

Your inner „yogic system" or awareness will then have the feeling to have been well prepared on that situation! It is a complete natural thing, that anytime you feel well prepared, you will much more and easily calm down and the situation is no more really extraordinary to you! You get used to it and the next time it is ever more nothing special at all! Promised...



Last but not least

609

Be well reasonably prepared, but don't worry up your mind with unnecessarily troubling questions! Tomorrow comes early enough.

One day at a time!



Corona *610*

A book in the Corona-years 2020/2023 isn't a 2020ies-book, if there are not mentioned the most important terms this years worldwide:

„CORONA“ *or* ***„COVID 19“***

This first book is finished in May 2023. Due to the Corona-pandemic and a new total lockdown, huge fireworks on Sylvester were partly prohibited in Germany!

Therefore here is a firework for small pockets. It is not too loud and nobody noticed it, if you open and close the book carefully...

I wish all of you a REALLY GREAT YEAR, with all the best luck...

when the word „positive“ is really positive again!



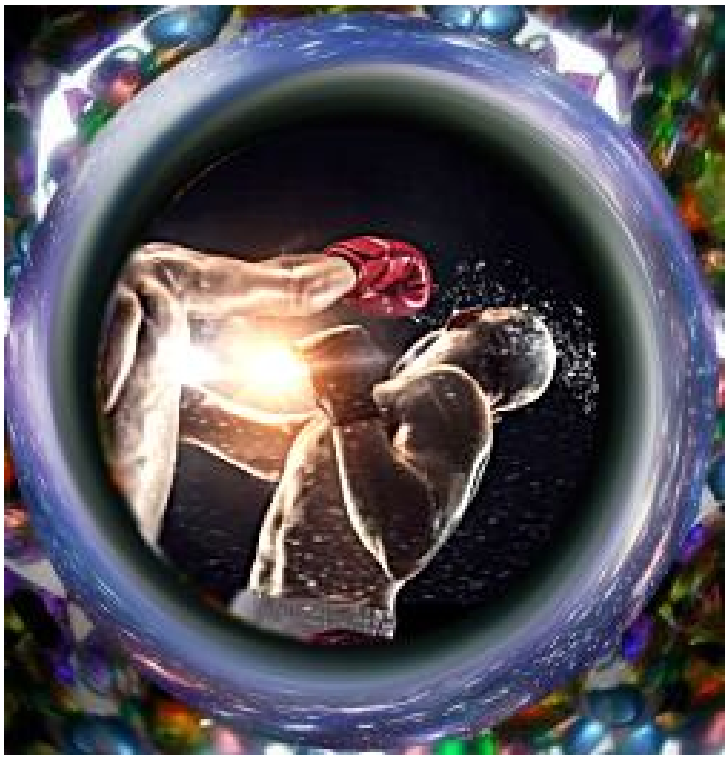
Storm on the US-Capitol

611

Even if the first half of this book was finished in the last days of February 2021 I have to share one more contribution. With this news about the storm on the White House on 6. of January 2021 it was clearly evident what things can happen which normally no one could imagine!

You see, how important it is, to always be bestpossibly aware!

At any time and anywhere there things can happen that could extremely surprise you! Never lose your conscious and always be prepared as good as you can!



The final punch

612

If you watch a combat between two boxers, then – if they fight seriously for the victory – you will notice, that both of them are fighting for one solely goal: namely ***the last decisive and crucial punch****.*

Those punches are not just for fun!

Closely look at the extremely concentrated look that e.g. Muhammad Ali or Wladimir Klitschko has. Each and every single punch is meant to be crucial.

That stuff are winners made of!

If you dearly want to win your somewhat higher-level-fight, then each action you do has to be as concentrated as that!

Apart from that tunnel-vision, they of cause have to defend themselves. On a higher competition the opponent is never a weak one!




Ferrari 613

It can never fit if a Ferrari manager explicitly loves Porsche more!
Pay attention to what the people who interest you actually admire!

If it does not fit, then it does not fit!

Then the man or woman must rather change to Porsche!
The job by Ferrari is then in any case passé!

THINK!



Self-awareness 614

Some say "self-awareness" is the crucial thing! But what is that!?

Without self-awareness no one can survive a simple minute!

The "wonder" is to keep lively contact to your talents and skills all the time!

You can't cross a bridge without awareness! That is quite ordinary!

But to keep contact to your feelings and consciousness(may be in your feet, hands or ears and eyes) is what it makes you able to direct your steps in the right direction!

So the first thing is to keep focussed in touch with all your senses!

Try it out! Put a dense towel around your head so that you can't see anything! Walk ten feet away from the bridge! And then try to find the bridge and to cross the water safely!

But PLEASE don't forget to have a strong chaperone with you!

Good luck :O))



Attached to life *615*

Never turn away from the good! From the life, from the success, from the love, from the light and from everything what is warm, bright and friendly!

If you drive on the street, you will surely always pay attention that you drive on the right side, so that you do not make an accident!

And this again means unmistakably that you are very attached to your life and therefore do the right thing quite naturally!!!

So always hang on the good, on the life and on the reasonable - and always do the right!

The life and the love shows you the way!



Fountain of youth *616*

Youth has its own laws!

From a certain age you are considered by most people as more or less "old". With men this is nowadays approx. with 55 and with women a few years later!

From then on it is quite rare that you are regarded as "young" by others!

However, this changes again if you manage to stay young, fresh and attractive in your mind.

You radiate this youthfulness then with your sporty and enterprising nature, an open look and a fresh, lively voice!

Then, however, it may be that you appear particularly attractive to some younger people!

Because many then want to know where is to find your fountain of youth and how you manage to stay so enviably young after so many years of strenuous and dutiful life and possibly after the nerve-racking child rearing over several decades!

By the way: curious joy, fun and heartly lauging is always a pretty good "trick"!



Worldlover *617*

Make the world your lover!

Like loving couples who tell eachother always kind and loveful things, are tender and caressing one another, so from time to time see the whole world as your lover!

Tell the world kind and loveful things, be tender and caressing it!

You are a lovecouple with the world!



White magic *618*

If people often claim negative things and give you the strong feeling that you can do nothing more against it, then this is a kind of "black" magic!

There is always a way out of the clamp!

If you do not believe in black magic, then it also does not work!

It only works if you believe helplessly to have to believe the bad news!

With it the poisonous "black magician" has won then!

Simply do not believe it! Not a word!

And then just do the good, clever, courageous and right anyway!

Likewise it works with "white" magic!

If someone tells you many good things and encourages you powerfully with a good heart, then simply believe him/her!

As soon as you namely believe this "white magic", it will also work!

PS: By the way, you have just experienced the good, "white magic" yourself by reading these lines and feeling strengthened, more self-confident and encouraged!



Awe *619*

To be in awe of something means to love it sincerely.

If you are not in awe of something, then you do not love it honestly!



Love energy *620*

A loveful relationship is like a kind of a permanent exchange of heartenergy!

It intensely flows back and forth in both directions with every word and with every touch!

Both are gathering this loving energy and it will never get lost again!

Maybe it will sometimes get a little bit fewer but with only one thought of the lovefeelings you've had together it can instantly get restored!

You then feel increasing trust and longing and you know deep inside that the other will never use this immense information about you anyhow against you!

In the opposite, each one of those loving beings will support and defend the other as strong as he/she ever could!

Lovers feel safe, carried and encouraged, warm and gently, tenderly caressing each others souls!

Because they become a real part of eachother, they meet themselves in their dreams and their souls are ever more and more swaying as one!



Cruel horror *621*

A person can sometimes have two very different sides!

One is beautiful and absolutely charming!

And the other is in unguarded moments sometimes ugly and cold!

The great art now is to simply forget the unattractive side! Again and again!

As if it simply does not exist! The time and the fate do the rest!

The exception forms also here of course: if you after very mature experience and consideration to the unmistakable conviction reached, the other one is in his ugly nature abysmally bad and a spoiled hater!

Then better leave the fingers off it!

You can recognize a hater best by the fact that this person is very often busy to degrade all possible people, situations or/and views constantly and has permanently a bad opinion of very many things and people and also spreads it!

Or at the fact that this person finds things funny or exciting, which a "normal" person intuitively rejects, finds disgusting or spontaneously recoils!

Or also because of the fact that a hater is fascinated by torture, cruelty and horror or judged various forms of destruction and violence as good!



Leaders 622

Only the most focused people with the greatest self-control are really able to lead well!

Unconcentrated and inconsistent beings will never be able to take over a leading position!

Does this make sense to you?

So, from this follows compellingly: if you strive for higher, then always be concentrated and self-controlled!

Want to win 623



Probably most "normal" people are not used to win and also not particularly rich!

That is the reason why successful people are often envied and "normal" people become rather suspicious of rich people, because these do not have their (the right) "stable smell"!

But they do not mean it badly!

So if you want to be successful, you must not care much about the opinions of the innocent, naive "masses"!

Know that you are good and know that your successful destiny will open door and gate for you!

God, the destiny, the greatest spirit, the nature, the universe or however you would like to call it, favors winners!

Because the wanting to win is deeply anchored in our DNA and goal of God and the nature!

Because who else should hold the world in balance, if not the powerful and energetic winners and victors!

They show us impressively, THAT IT WORKS!

And clever, avid people will take a bright example from it!

And all those who do not take victory as a shining example will never become great winners and/or victors!

It is as simple as that!

So always take the greatest as your goal!



Granny trick 624

Never underestimate your opponents!

You are seducible exactly in your weaknesses, your greed and your mistakes! No matter how controlled and self-controlled you may seem or even are!

You have guaranteed weaknesses!

And this is the first thing that a clever opponent and/or your enemies will determine and explore!

Your weak points, where you are most seducible!

A very popular trick is e.g. to react to all your statements completely and 100% with convincing reinforcement! The famous "granny trick"!

If you say e.g. "can you ride", because you are an enthusiastic rider, then your seducer will say without hesitation with conviction "yes, of course"!

Or if you ask, "do you like to go dancing?" your "hunter" will say, "Indeed of course!"

For them you are a piece of appetizing deer that they would like to catch! For whatever reason!

Make yourself smart about some special areas or ideally about your own specialty and come up with - in your personal way - catch questions about it!

Like: in the case of hang gliding: "What do you need as equipment?" or a statement: "I like to fly there and there, then you can see well this or that! Do you also find this beautiful?" etc. etc....

Then, little by little, you will carefully find out whether your counterpart is lying or not!



Gut feeling 625

A golden rule is: "Don't put yourself in danger and you won't die in it!"

For example, if you have new friends who enjoy base jumping or extreme mountain biking as a sport, or are avid free climbers, you don't have to do that too!

Even if it would make so much fun!

Stay on dry land as a precaution and never swim too far out!

Practice, like swimming, always with a firm grip on the ground!

You will then always find appropriate increases out of your healthy gut feeling!



Peace pipe 626

The ever-present peace pipe is totally for free.

A single deep breath can save the world!

Imagine you are in an extremely important and extremely decisive situation!

Most people think that they must react IMMEDIATELY in the best possible way to a challenge!

In many cases it is actually sometimes better to duck away or run away! That can be!

But as long as you have some time for your reaction, then take a deep breath first!

This breath will pump oxygen into your cells! And oxygen has the excellent property to relax the cells! Because, quasi stress-free, enough energy is available for the "burning process" in your cells and thus the muscles of your body can also relax!

Be sure that this moment of relaxation will reliably ensure that you will no longer look at the current situation in exactly the same way as you did a few seconds ago!

And you will no longer react so hectically, as you have spun it to yourself still some seconds ago!

Your mood and your thoughts will become calmer and more stress-free! You will automatically become more peaceful and self-confident!

And by it already in the course of the human history many wars were avoided and often also peace closed!

So there is almost nothing more important than a deep breath!



Boaster 627

If you boast with achievements and successes of 10, 20 or 30 years ago then that means nothing more than that you have not or hardly developed in the meantime in this point!



Gentleman *628*

It is the supreme goal of manhood and freedom that rough and rude guys become real, respectful gentlemen and enthusiastic, cheerfully loving family fathers!

Who, despite the innate seductive arts of lovely ladies, are, become and remain self-possessed protectors!

Without constantly succumbing helplessly to the omnipresent feminine charms!

But firmly, resolutely, lovingly, cheerfully and generously do their job as a faithful family man!

The women love for good reason such men over everything!



Awakening 629

Spiritual "awakening" is the dissolution of every meaning of the physical form!

As far as your body believes in the conscious existence of a physical form, as long as the physical form of your existence is confirmed by the spirit!

The spirit is a completely independent kind of being!

It is pure consciousness about the experienceable present world! Both in the form of a manifest being, and in what we call "soul"!

At the moment of the death of our physical existence our consciousness dissolves from the presence of our phyical life into the infinity!

The love and the consciousness itself remains thereby completely in its energetic forms!

It even becomes considerably more powerful and clear, since it is no longer bound to the physical by "confusing" attachments or interfering core binding forces!

The consciousness is then in its most absolute form of freedom and is no longer subject to any "logical" constraints!

Out of this completely free consciousness the being then has the possibility of the free choice for the respective preferred "infinity"!

Different kinds of infinity have emerged in the last 6,000 years!

The today worldwide most important kinds are:

Judaism
Shamanism (nature religions)
Daoism
Hinduism
Buddhism
Islam
Christianity with its antipole, the rare "Satanism

In addition there are different play forms, like:

Bahaism
Jainism
Confucianism
Sikhism
Shintoism
Yesidism
Woodoo

Whereby between monotheistic and polytheistic religions are distinguished!

That means, as a monotheist you assume that there is only one original, all-knowing and all-powerful God, who has called the world as the only primal energy at the beginning of all times in the form of love and consciousness into the experienceable existence!

The polytheism, however, exists in several different faith and thinking forms!

Except in Budhism all religions assume a "finite" infinity! That is, after the choice of your free soul for the final "infinity"!

There are indeed various intermediate tones and also "doors" between these soul worlds, through which some very perfect souls like angels can even wander back and forth.

But in the usual case the soul will then stay in this chosen stage for the rest of all times!

Buddhism assumes as the only religion that in the "Nirvana" there is a completely and absolutely infinite dissolution of ALL meanings!
Even the dissolution of the meaning "God"!

In the Nirvana there is no meaning and attachment in no single form any more.
The soul itself dissolves thereby into a complete "nothing" (Nirvana)!

I am a catholic Christian and know myself best here!

Therefore I would ALWAYS decide with enthusiasm for the (Catholic) Christianity!

It is in my experience the "liveliest" and most joyful way to spend the infinity joyfully!



Couch potatoe *630*

Are you a hopeless couch potato, watch a lot of TV and still want to become a top-notch specialist for free?

Okay! It's as simple as this:

Collect to your favorite area or subject (no matter what, e.g. handball, cars, food, celebrities, household tricks, music or whatever you can think of) very seriously and intensively ALL available information that you can get and write down key points, links, Youtube videos and quite banal knowledge about it!!!

Become an avid collector!

If you actually do this seriously, you will SURELY notice that you have already become a serious specialist in this field after only two weeks.

If you continue the whole game for another two months more, you will have accumulated an immense knowledge that only full professionals can surpass!

And you will inevitably notice that many of your acquaintances and friends will then have curious questions for you!

Then you can shine with your profound competence and deep knowledge in front of all people!

Maybe you will even become world champion! Who knows?

Try it out! You have nothing to lose!

YOU CAN ONLY WIN!



Alertness *631*

Generosity, heartfelt human love, as well as compassion come from an alert mind and an alert heart, and even from an alert physique and inner health!

Alertness is a powerful and precious force that under normal circumstances only a few can "afford" !

How this fascinating phenomenon "works," you can easily observe at mothers!

They are in the soul and their subconsciousness, also in the sleep, constantly awake and attentive!

Their baby needs only to breathe restlessly or irregularly or to cough, then a healthy mother is within a tenth of a second BRIGHTWAKE and stands immediately beside the baby's bed!!!

Hello moms! You know exactly what I'm talking about! ;O))

Women are so aware of love! You don't have to discuss that with a healthy woman!

Because women consist to a large extent of pure tender, attentive and caring love!

Hello you women! You know exactly what I'm talking about, right?! ;O))



Natural working 632

For some people, stress is simply not stress!

For them, working is like breathing or like the natural pulse beat !

Every person must breathe and every healthy heart beats!

Unevitably!

And no healthy person ponders about every single breath or pulse beat !

This is exactly the way successful people work!



Your „ME“ 633

Your "ME" comes to one half from the ovary of a healthy woman and to the other half from the testicle of a healthy man!

All "MES" and all "YOUS" of this world come from the same source.

Because we all together were contained many many uncountable millions of years ago already as potency in the ovary of women and in the testicle of men and have developed from this primal source (primal cell) up to the today's human being!

So EVERY healthy woman and EVERY healthy man which you see on the street is the potential source of the following world out of this single original cell!

The result is: we are 100% brothers and sisters!

Your neighbour, your boss, your busdriver, your teacher and even your charwoman and your servant!

Absolutely no matter what skincolor, nation or believe!





Charming laughter *634*

There are people who can wrap you playfully around the little finger with their charming laughter!

They get (almost) everything, because one can refuse them no wish, without having then the strong feeling to have committed a heavy sin!

Sometimes I do not know whether I would like to regret such angelic beings rather or cheer!

Learning to fight goes in any case differently than with a playful eye blink and batting eyelashes!

Therefore, men often feel called to true heroism, to be able to save such tender beings from all painful fights - and to lay the world heroically at their feet!

To be able to carry them on hands and to protect them from all harm and suffering!

Such is the nature!



Nurture love 635

To like something is like a flower which you do like but you pluck it anyway!

But to love something is to nurture it and to watch it grow to it's highest nature and most possible beauty, grace and freedom!



Love is a game 636

Love is a game!

But the goal of the game is not to win!

The goal of the game is to keep it fun!

The surprising result is then, that everybody wants keeping to play!



Against 637

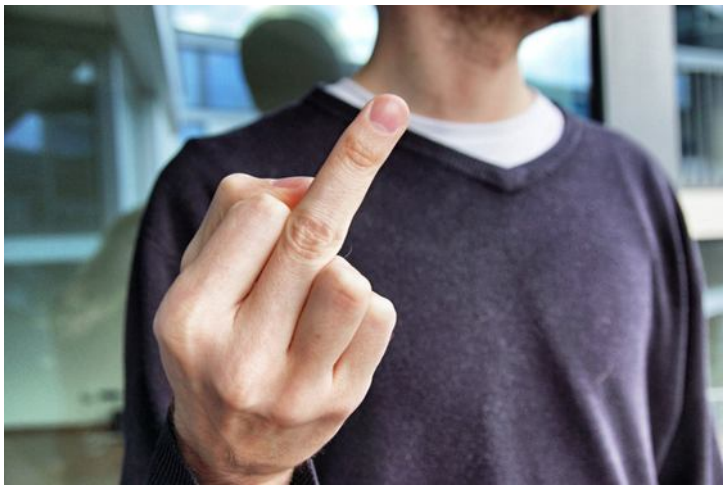
As long as you are against someone and detest him or her, you are not free!

Idols 638

A life without idols and ideals is possible, but totally boring!

Only as long as you follow ideals and identify with your idols, you are REALLY enthusiastic!





Stupid stuff 639

People who don't know God will constantly tell you stupid stuff and derogatory things about him!

Do not believe them! Not a single word of it!

Because such people know Him least of all!



Dazzling colors *640*

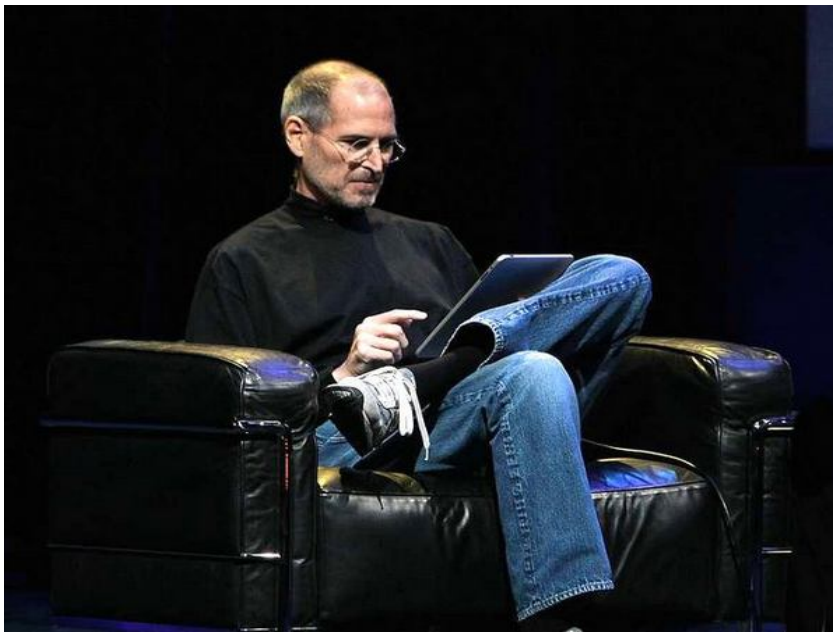
Love is when you can't wait to see the one you love again!

When he or she calls, you don't think annoyed "Oh, that one again!"

No!

Instead you feel inside a huge joy about it and see your common future and feelings in the most dazzling colors!

And even if the colors fade with time, if it really is love, then it remains forever!



Demand variety *641*

Many people do not like to eat always the same in the morning!

Always the same bread, always the same jam, always the same cheese or always the same milk and drink the same coffee or tea!

They demand variety.

But what's wrong with disciplining yourself and voluntarily giving up superfluous variety?

Honor and love your standard breakfast!

If you have enough variety in yourself and in your daily life: an exciting job, a joyful community, a wonderful and exciting sport, loyal and fun friends, and a good heart and zest for life!

What more do you need then? That's more variety than you ever will need!

Steve Jobs (Apple) was arguably one of the most influential persons of the last hundred years.

He had the same set to wear 10 times: the same sneakers, the same jeans and the same TShirt!

Certainly not because he couldn't afford anything else, but the time and mental effort of constantly having to worry about his clothes, i.e., variety, was just too lot for him!

It simply kept him too much from his earth-shattering work!



Talk to people 642

Don't think that anything will happen properly if you don't go out and talk to people!

Be open, lively and friendly!

Then anything goes by it's own!



Not cheered 643

When you think you are a genius, then early get used to the fact that you are not permanently cheered by the people who surround you!

Also the feeling to know a genius can wear out! People all have their own lives and are not permanently in your world!

Sometime you are completely "normal" for them!



Daily blessing 644

Every morning look up o the sky, salute to God, the Highest Holy Spirit, the Universe, Nature or however you want to call it, and say:

"You are the Allmighty and this is Your day, my Lord!"

As a woman or girl you say:

"I am your beautiful, sunny and fruitful garden! Full of fresh juice and charming places! You don't have to ask the garden whether you want to enter it! It's simply yours! Your wish is my command!"

As a man or boy say: "I am your strong, reliable and multifunctional tool! Full of powerful options and nice ideas! You don't have to ask the tool whether you want to use it! It's simply yours! Your wish is my command!"

Because no one is closer to the mighty Lord than the eager, cheerful, smart and loveful servant!

Salut again, put your right hand on your heart, bow or nodd shortly, - and do you job!!

You don't have to wait for commands! The Lord will tell you right in time as soon He needs you!

From then on your day is blessed!

Undoubtedly!



Meet angels 645

Have you ever wondered what an angel is?
Angels can be these invisible beings who caringly accompany your life.

But they can also be "manifested" beings of flesh and blood!

They meet you completely unprepared and you feel more and more and more clearly: Everything is good!

Everything fits together "somehow" and everything is exactly in its right spot!

There is no dispute and no contradictions!

Everything runs with an unexpected and unknown harmony!

Angels release an unbelievable deep feeling of harmony and peace in you!

Angels always and permanently bring out the best in you!

They are an incomprehensible magnanimity and fulfillment!

Something that you never knew before!

Angels are like that!

And as soon as you meet one, you will know it!



Don't overdemand 646

Don't ever tell too much about you or a specific subject!

People will be getting bored and tired!

Because "usual" people can't deal and process it in that masses!

For them it's nearly as if you've hadn't tell them anything at all!

Their head gets silly from all this complexe stuff and they will simply forget it!
It's a kind of automatic selfdefense!

While talking observe them and judge their awareness!

If they show signs of irritation or confusion or tiredness then stop! Immediately! Their brain has first to process the new information FOR TO SORT IT!

The same as with children! Don't overwhelm them!

You can be sure that, as far they are not stressed and/or nerved somehow, they will ponder about your words!
Some more and some less!

But if it was a bit interesting to them, they WILL inevitably have questions about it!!

Encourage them to ask you whenever they have a question about the given subject!

Then you can "insert" a little new portion more!

And so on and so on...
Got it?!?



Satisfying sexuality

647

If in a relationship the sexuality is not right, then almost nothing is right!!!

A good, imaginative, tender and satisfying sexuality full of sensuality and pleasure is THE KEY for a happy relationship par excellence!

Learn to laugh together even in bed and have relaxed fun and joy in each other, because shared laughter and healthy humor is the very best glue between two people!

Don't think that in case of an interruption "the air is out" and you have to start all over again!

If you have real joy in each other and in sex, then you will always find each other "somehow" again!

Even after hours or days! No hurry!
You have all the time in the world!

For sure!



Try and learn *648*

Every new beginning also leads you to a new goal!

If you allow it!

You only have to let yourself inquisitively on unknown branches!

Follow your heart and your wishes, dreams and talents!

Then everything becomes good!

Yesterday you wanted to learn to play tennis! But today maybe beach volleyball got in the way!

Try it out and learn!

Or maybe yesterday you wanted to learn to play the piano, but today it might be the trumpet!

Try it out and learn!

Or yesterday you still went at a certain branching of your walk always to the right! Turn today simply left and be astonished, what all new happens!

You have all the time in the world, because the life is long and by the considerable improvements and innovations of the medicine and technology it becomes gradually longer and healthier!



Wild waters 649

Life is like wild water rafting!

Always try to grab the paddle the right way around!

Sometimes it will be knocked out of your hand, sometimes there are deep eddies and rapids and sometimes also banks, sand and rocks!

But also sometimes calm water!

But the most important thing is that you always paddle and row hard! Otherwise the wild water, as well as life, will do with you what it wants!

And always make sure that your head stays under water for no more than 30 seconds! Otherwise it becomes narrow!

And if a waterfall comes, then do not forget to swim IMMEDIATELY to the safe shore!

Then you even have to carry the boat around the waterfall or even let the boat fall down the waterfall alone!

The life is more valuable than the boat!



Free again 650

Some people simply hate!

Whether they do this voluntarily, is now times put aside! In any case, the hatred binds one mentally to the presumably missed happiness or a loss.

Haters cannot let go and forgive!

Because only, who forgives honestly, can really understand and forget!

And with it from the object of his/her desires and hopes become free again!

To hate, is mostly so similar as a small anxious dog which yelps again and again frantically and excitedly behind the safe fence as soon as the object connected with fear and fright comes past!

Abracadabra 651

youtube.com/watch?v=tY8BouQpwZs

Loving women are by far the greatest miracle on this earthy planet!

They will heal our world, because love can! Inevitably! Evil has no chance anymore!





Senseless idiots 652

Many people walk through their world and through their lives as if they already know everything and as if there is nothing new to discover!

How boring is that??

For them everything is just a pile of dirty pebbles!

But only a few look closely and discover the gold and gems under the dirt!

...and start to clean!

And most ignorant people think the cleaners are senseless idiots.

All the better! Then the cleaners at least don't have to share their gold and gems with the ignoramuses!

Marvels 653

Marvels we have enough!

The true adventures are within us!

We only have to allow them!





Power of love 654

If you want to be with someone, wholeheartedly and absolutely, then you will twist EVERYTHING in a way that it can come true!

Believe me!

That is the unbeatable power of love!



Panacea 655

Tenderness and gentleness are very healthy! They are THE panacea par excellence!

If you need warmth and tenderness, then just grab - without much talk - your partner and cuddle a round!

If you (still) have no one to cuddle, then look for like-minded people or make yourself comfortable in front of the fireplace, wrap yourself in a warm blanket and dream!



Question of justice *656*

Some criticize that they have to learn some things in school that they never needed later!

That may be!

This is a question of justice!

When and how much someone of his learned knowledge can actually apply and use later, remains a strictly guarded riddle of the crystal ball until the end!

Because even the cleverest critics could not predict when and whether they would be able to use the collected knowledge possibly "sometime" just DO!

Which teacher should or wants to have to decide in the school time therefore, which knowledge for this or that pupil would be GUARANTEED(!) never of use!!!?



Freudian slip 657

Sometimes a Freudian slip can be very exciting!

From time to time I experience a so-called Freudian slip! I say or think then something else, than what I had actually in the head or wanted to say!

E.g. I want to say: "(It rains) He wanted to go without umbrella with me into the city!" - but I say: "He wanted me without umbrella..."

In my head I then realize it's a slip of the tongue and abort the thought!

So far, so good... Probably everyone knows this!

Usually we then discard such thoughts as nonsense and just forget them - that's normal!

But every now and then I catch myself spinning this thought (without any special intention) and I am curious where this slip of the tongue will lead me to?

I then wonder, for example, what it could mean that "he" wanted me without an umbrella!!?

What did my subconscious possibly want to tell me with it???

That I will probably get wet without an umbrella, or that I don't set my expectations too high, or that I think of the umbrella in time???

I sometimes find it very interesting and exciting to playfully(!) pursue and explore such thoughts!

They are usually a huge source of unpredictable new ideas that can clearly enrich me and greatly expand my horizons!

However, I don't take such thought twists too seriously!

Most of the time I just don't have time to finish thinking everything, because life goes on its way and I have to hurry to get behind!



Because they can *658*

Do you sometimes wonder how happy and cheerful some people smile? For no apparent reason at all!

There is a simple answer to this:

"BECAUSE THEY CAN!"

Nature, God, the Great Spirit, the Universe, Fate, or whatever you want to call it, has decided that some people unconsciously possess this fascinating ability!

God, the nature and the universe have decided, however, certainly also to realize this ability in you! Because you may be someone who can learn!!!

This is also contained in your DNA! Undoubtedly!

You just have to apply this talent!

So learn happiness and cheerfulness!

You do that like in school!

Read and study everything there is to read and to learn on this subject!

And then ... practice it! Apply your new knowledge!

Just smile wherever you are walking and standing!

SMILE...

Because a permanent smile is with the time the summit of the wisdom and of an enlightened life!

God, the nature and the universe smile then back!

It is like on the street! If you don't smile, the day is gray and dull!

But as soon as you smile at somebody cheerfully, he/she will smile back to 90 percent!

God created the human being after his image!



Love finds a way 659

A true loving person loves you beautiful! He/she loves all your faults and weaknesses away!

It may be that you do not find yourself particularly attractive!

May be that you find some things in you or your life not particularly beautiful or great and you are embarrassed or even ashamed of it!

A loving person loves you beautiful and sees ONLY the best in you! He/she can't help it otherwise!

May be that you do not love yourself particularly!

A loving person does!

You are beautiful and flawless!

Believe it!



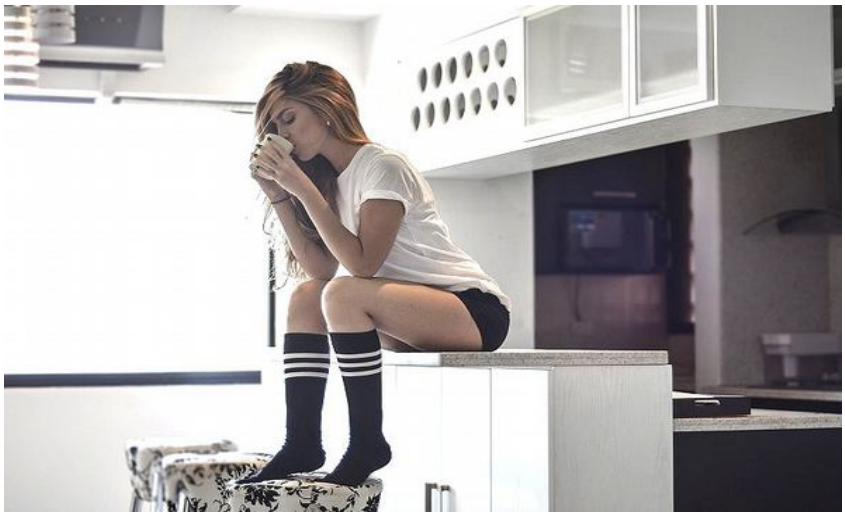
Soldier of his family 660

A man has to provide for the security of his family!

He is the soldier of his family!

This must be so, so that the mother and therefore his wife can play happily and carefree with the children!

The happier the woman and his children, the more content the man is!



Put it to the test 661

Women will always make sure that everything is stable and durable!

And not collapse at the first load!

It's in the nature of a woman!

They will certainly put it to the test!

They never know when they can use this reliability and security times!

Most women are (almost) always prepared for everything and are extremely variable and flexible!



Feel watched 662

Use the possibility of the illusion that you are being watched!

Best of all by an attractive version of the opposite sex!

You will then work more focused, more exact, more efficient, better and more, because you want to please the person in your illusion!

Inwardly big 663

Most people are just permanently too busy with their little lives, their little thoughts and with themselves!

And also much too much with their small doubts and desires, as that they could concentrate on the really important and right!



For very many people (almost) everything can become a problem!

One can do nothing against it!

As you are big or small on the outside, so you are also big or small on the inside!

That means just NOT that outwardly big people would also be big inwardly!

Or outwardly small people also inwardly small!

Sometimes it is the exact opposite!



All seven seas 664

If you are looking for your true love, then be prepared to cross all seven seas and explore all countries to find it perhaps in the last corner of the world!

Maybe in a small shepherd's hut in Mongolia, maybe on the top floor of a huge skyscraper in Australia, in a farmhouse on Kamchatka, in the Philippine jungle, or maybe in a hair salon in Ghana!

Who knows!??



Be influencial 665

That is the greatest composer of all times in the very early Beatles-years of the beginning sixties!

In that wild and exciting times worldwide and for nearly ten years no one was more influencial than him!



Vows of love *666*

It is so easy to let you severely get trapped in vows of love!

True hearts are craving for love and totally defenseless and vulnerable.

They tend to trust the loved one fully and without any protection. Farly more defenseless than a tiny snail without house!

Nothing is more sensitive than a true loving heart! It deepy wants to love you immortal forever! Eternally until the ends of all times!

Hearts are made that way!

True lovers grant you access to the deepest depth and the weakest points of their soul!

Be tender, carefull and patience with loving hearts!

Handle with care, big respect and worthful!!

It is the most precious gift that you ever can get revealed to you!

BUT! If you honestly love back a true lover in kindness and affection, there you will find the greatest miracle a human being can ever give! Honestly!



Laugh along *667*

One can recognize by the fact that the eyes "laugh along", whether a person reacts just authentically and "genuinely" or not!

It has something to do with spontaneity, if the soul is emotionally involved in a thing or a process "in the depth"!

We cannot "fake" or feign this emotional authenticity!

So pay attention to whether the eyes are laughing along!

The cheek muscles pull then (with healthy and muscularly unimpaired people) both face sides involuntarily far upward, so that clear laughter folds develop and the eyes become small slits!

Eyes that do not laugh along may look friendly and nice, but they do not look authentic, contagious and genuinely cheerful!

But still be careful!

Some (rare) manipulative people know these "tricks" and train their special laughing muscles quite purposefully and deliberately to create a feeling of confidence!

You can then recognize the genuineness of the emotions (mostly) by the fact that the body also "laughs along"!

An emotionally affected person underlines and accompanies his/her statements with honest and lively body and/or hand movements and lively facial expressions!

He/she does not appear static, stiff and immobile, but the body recognizably "lives" in and with the emotion!

Such "real" people feel "warm", sweet, trusting, relaxed and engaging!

However, it can also be treacherous, if one reveals his emotions "too" unconcealed!

For some "toxic" fellow humans this is then a downright invitation to want to manipulate you egoistically!

However, such manipulative people often seem somewhat disinterested, "sad" and distant in unobserved moments.

The great art is to find the right measure here and to keep the true emotions only for those who also deserve it and are open, honest and loving to/with you and respect and actively respect your feelings and inner independence!

Fortunately, this is the vast majority of people (m.E. about 98 percent - so only about 1 person out of 50), because most people simply do not enjoy pretending and being dishonest!

This "healthy" and natural mass is the basis of every healthy and social democracy and a "healthy", happy and social state form!

These people fight and work communally for you, without you consciously noticing anything about it!

Because also they love their family and their children (and with it also themselves)!

And they will not let this be broken!

Because they know instinctively and deep in their happy soul that it is good!



More persistence *668*

Sometimes fate plays a trick on you or it simply wants to know how honestly and urgently you REALLY mean it!

It refuses to you then perhaps stubbornly the fulfillment of your dream!

Be simply more persistent!

Sometime the fate gives way or is not completely concentrated and you find your gap!



Want to live 669

It is incredibly fascinating how extremely resilient and flexible a person can be in exceptional situations!

Even self-pitying and spoiled creatures WANT TO LIVE!



Recognize them by their deeds *670*

Do not pay too much attention to the outer expression of a person or his/her appearance!

Then you will be able to focus more on their true inner being and on what this person actually says and does!



Big boss *671*

If you really want to become famous, mighty, rich and important, then take a close look beforehand at what really famous, mighty, rich and important people do!

You will then inevitably have to do the same!

1) Leading and motivating people

2) Saying important and especially CORRECT things

3) Being 100% reliable, punctual and diligent

4) Speaking freely and convincingly in front of many or maybe thousands of people.

5) Appearing free and convincing and looking constandly sovereign

6) Being the perfect general salesman and top manager

7) Being able to deal with possibly huge demands of others

8) Communicating many hours dayly (by phone, video conference, internet, meeting etc.)

9) Having aggressive enviers and possibly even enemies or stalkers

10) Sometimes even being recognized by everyone on the street and being addressed

11) Possessing an exorbitant knowledge from many different fields of expertise

12) Permanently developing plans and also being able to communicate them transparently

13) Being charming and intelligent

14) Getting along with little sleep

15) Forgoing any vacation for years

16) Possessing a clear, credible, tidy and transparent mind

17) Having quasi infinite strength, energy and stamina

18) Overcoming mental and sometimes serious defeats unnoticed, always getting back up and never showing weakness

19) Consistently avoiding any discussion and making dominant instructions and sometimes unpopular decisions

20) Developing great visions and hopes for your team

21) And much much more...

Do you really want that?

Well, then you know now what to do now!

People who are the big boss already will ask now: "So what ... where is the problem??"



Calm down 672

If you ask yourself in the morning anxiously, how your day will go and whom you meet new, then be clear that also this - like every - day will pass and you will know better afterwards, how your day was!

That was yesterday so and it will also always be so and remain!

So: CALM DOWN!

But nevertheless: Be alwyas well prepared! It could become the most important day of your life!



Magic moments 673

Some expect miracles, as if miracles were a matter of course!

They think that in a "magic moment" all problems can vanish into thin air!

Freely according to the motto "Then all hardships and worries fly away with a single word!"

May be!?!

But often they forget that they themselves are the word!

You must not simply watch idly and wait stoically, phlegmatically and fatalistically for the miracle!

The miracle is you - you yourself!

You have to "grab your luck by the hair" and become active yourself! NOW!

Mahatma Gandhi said once: "Be yourself the change you want to see in the world!"

So: Get your butt out of the comfort zone and MOVE YOURSELF!!!



Single drops *674*

Everything what happens, every event, every thought and every action is like a single drop in the wide ocean!

In relation to the overwhelming vastness of the ocean the single drop is actually nothing!

But even the drop in the southernmost Atlantic and the drop in the northernmost Pacific only together make up the unimaginable mass of oceans!

Every single drop co-responds with every other drop and connects with it in a mysterious way!

Only so the enormous sea can exist!

With us people it is the same!

Only the dependence of all people on each other results in us as mankind and unity!
In order to establish a sufficient carrying capacity (surface tension) and consistency, we have to link and to interlock firmly with the others!



Cheerful spirit 675

Some like to be served and may also be arrogant and lazy!

But to serve means to care heartily, to have an attentive and alert spirit and to be glad and thankful to be allowed to serve a good Lord!

I usually feel a little sorry for the others!

Because they do not know these indescribably intense feelings of happiness when you see your loved people laughing!

Again other wealthy people use their wealth to do a lot of good with it!

They also care and have an awake, cheerful spirit and a warm heart of flesh and blood!



Well organized 676

True creativity does not necessarily mean always being outwardly well organized!

Some artists are even outwardly sometimes quite chaotic!

It means much more to be internally well organized, imaginative, tidy, loving and bright!



Together 677

When you have an argument or a problem with your partner, it's not: "Me against you, but we together against the problem!!!

No matter what it is, we win or lose TOGETHER!"



Not you 678

Take care that you don't lock your beloved person hastily in your wishes, ideas, prejudices and needs!

He/she is NOT YOU!!!



Authentic 679

You are the world champion!

Nobody else on this whole big planet does, sees, smells, feels and thinks exactly what you do, see, smell, feel and think right now!

In every moment you are a completely authentic world champion!



Sweat smell 680

Do not clean yourself "too" thoroughly!

People who shower and bathe daily (sometimes even two or three times a day) and afterwards also perfume themselves meticulously, are hysterically busy to cover up and hide their real self!

They do not want to be "recognized" in their real nature!

That is not healthy!

Our natural body scent belongs to us like our fingerprint!

We smell and taste then "genuine" - as a sweet, healthy person tastes and smells now!

"Normal" and "healthy" people will not want to do without this - sometimes somewhat "wild" - nature in you!!!

"Normal" clean people smell and taste pleasant and familiar!

But the overly "clean" person is stingy and distrustful in nature. He/she deprives you of "real" feelings and experiences!

Two or three times of weekly showers are enough completely!

Some people have even (individuell for you) such a wonderful body odor that they smell indescribably great even after a week!

Even their sweat smell!

For some this is a pure and extremely valuable aphrodisiac!

In addition, of course, you can deal with everyday hygiene under the armpits or in the intimate area as needed!

The famous washcloth and clear water are completely sufficient for it!

I certainly want to smell and taste people and feel downright stolen and betrayed if I can not or may not!



Handicap *681*

I once was told by a very wise Catholic abbot, "Sometimes you can forgive and forget all you want - once the arm is 'off', it's off!"

I.e., another person may have been VERY damaged by your carelessness or selfishness.

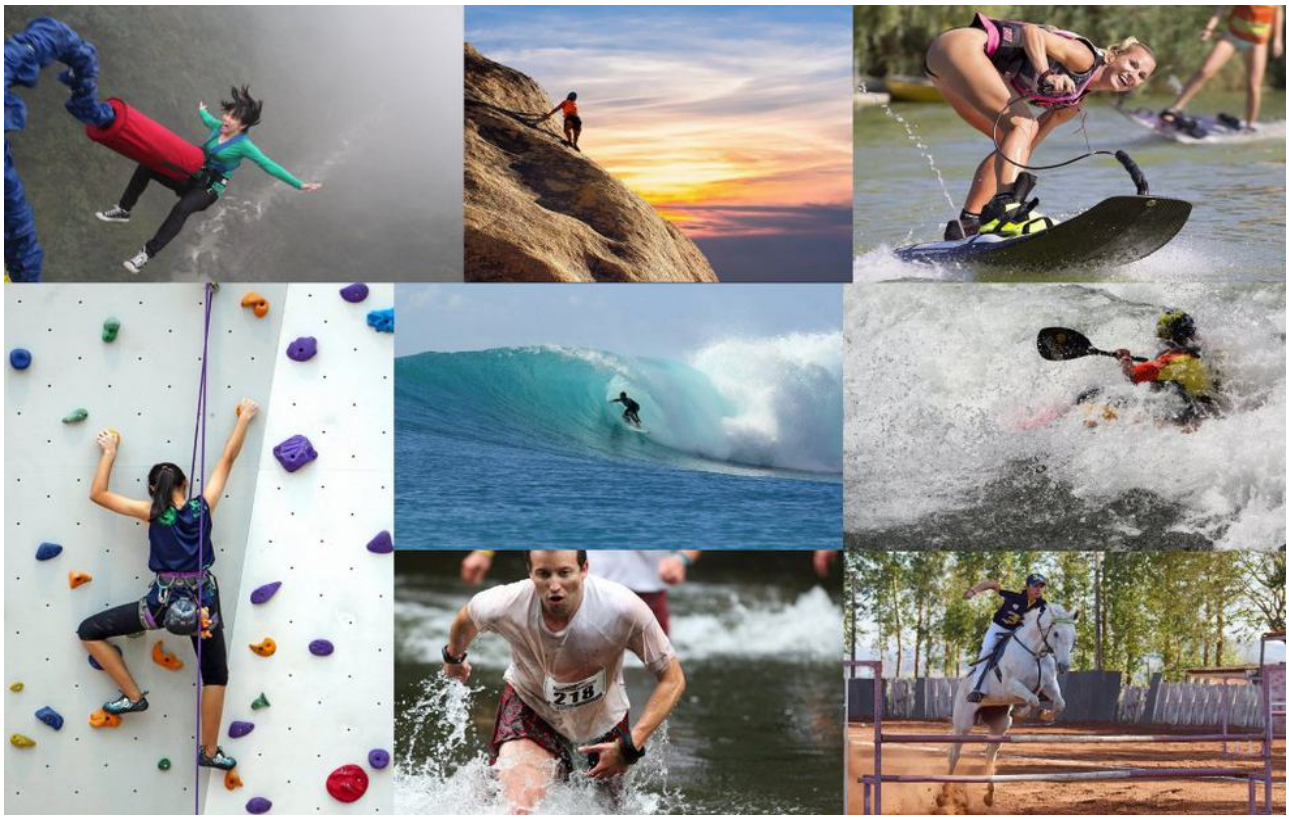
Some are then quickly ready to forgive themselves this mistake or misstep and to forget hastily and not to take the resulted damage particularly seriously!

But for the damaged other(s) the consequence from your "mistake" or carelessness can have serious consequences without further ado!

And although this other would forgive you then (often without complaint) and creates "the problem" from the world, he (she) has to fight then nevertheless with this damage or this "handicap" the rest of her (his) life (often without complaint)!

So be careful and attentive!

The sum of your misconduct could otherwise still "fall on your feet" even after many years!



Be excessive *682*

That is not meant in the exaggerated sense morbid and unhealthy! What is meant with it is that (almost) all things and interests reveal their true core only if one pursues them excessively!

This leads automatically and inevitably to a considerable increase of the consciousness!

In order to limit the negative effect of these extremely intensive actions, you can choose e.g. every week another aspect, in order not to get into the danger of addiction!

E.g. eat for one week very intensively and much or drink for one week very intensively and much! Or do a week of very intense and much sport such as cycling or running - or hiking or mountain climbing! Or work very hard and intensively for one week or sleep...

Go to your limits!

Very attentively and gently! But explore carefully and slowly the limits of your life!

Take care that you do not harm or overstrain anyone. Everything must lie nevertheless in the harmonious agreement with nature and the health!

The consciousness about yourself, thus your self-confidence will increase very strongly!



Stop discussing *683*

If you give the impression that you have stopped discussing, you are only then really perceived and taken seriously!

To discuss means not to be sure and to puzzle over the clarity of your own opinion!

If you are clear in yourself, then the end of all discussions is reached for you! You know who you are and you are sure that you are the best version of yourself!

You have given your best with best knowledge and conscience!

More is not possible and no one can ever demand more than that!



Deliver *684*

Truthfully to live means to serve! To change the life of the people surrounding you positively and by that to improve it lastingly!

To serve means to recognize your fulfillment in seeing the beloved person(s) laughing and happy!

Whatever the order of your "lord(s)" may be: to settle it and to deliver!



Defenseless 685

In the weakest and most defenseless moment of her existence, the woman is elementarily dependent on 100 percent protection and care!

At the birth of a baby!

Never a young, healthy human being is more helplessly delivered to the will of God, the highest being, nature or the universe, than in the process of the birth!

So it is perfectly logical and very easy to understand that she instinctively pays attention to have extremely reliable and faithful people by her side at this moment!

Mostly it is the father of the child! Or it should be in the ideal case!

Sometimes, however, "only" the mother, girlfriend or sister is there as a companion and protection.

Is it any wonder that women wordlessly form a particularly sworn community and enjoy giving each other the feeling of understanding, solidarity and tenderness?

They all can easily imagine this feeling of defenseless dependence and intuitively know how important good, faithful and loving partners are!

And - what many men do not understand - in their everyday behavior they will always test the reliability, protectiveness and care of their partner!

Sometimes more and sometimes less!

That's why we men are endowed by God respectively nature with an innate and attentive quality, which is called "protective instinct"!

Because this need for protection of a mother extends in principle so far and so long until the child/children are independent and "fledged" - and can feed themselves.

For this reason, an intact and caring sense of community full of harmony and love is an indispensable basic requirement of every healthy family!

The "mother instinct" of unconditional support, solidarity and love for and with her child or children will never be lost again by a healthy woman and mother!

It continues up to the high age - and she will be completely defenseless "at the mercy" of it!

So, men: pay attention!



Craving and aversion 686

Major strives of humans are the inseparable duality of craving and aversion. EVERYTHING underlies the principles of craving and aversion!



Fight as one 687

A relationship is not essentially about having a pleasant vacation together or going out for a nice meal!

It is solely about fighting as one single being!

Every relationship will have conflicts! That is normal!

Put the happy relationship in the center!

Not the individual with his/her individual needs, wishes and conditions!

You are together **ONE BEING**!

If the relationship is threatened in any way, then fight together for your happy and fun relationship against this threat and not against each other!



Youth protection *688*

Not because you do not see something, it is not present!

There are things between heaven and earth which are sheer unimaginable!

They are simply not shown by the media because of youth protection laws!

And that is good so!!!

Some things are sooooo hair-raising that a sensitive soul or a child IMPOSSIBLY can process them!

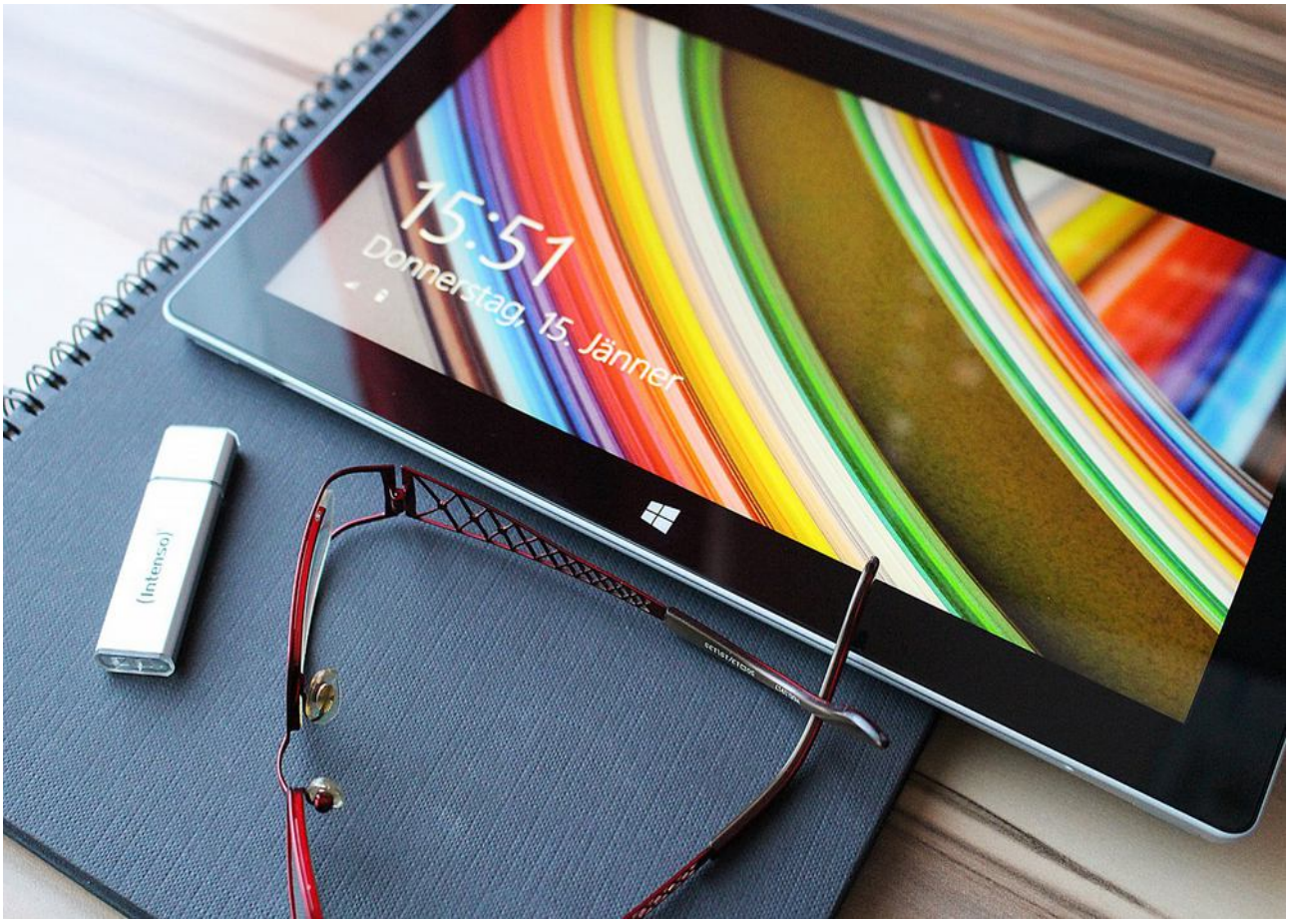
It (abnormal behavior, psychological and/or physical maladjustments) would create lifelong irreparable traumas or they can put a careless and easily seduced soul into addictive dependencies (drugs, alcohol etc.)!

Even if this will deny you some curious experience, be glad that it is that way!

Sometimes it is better just not to ask and to do what everybody does!

The opinion and reaction of the mass society (especially in democracies) is usually a good advisor and quite healthy guide!

Playing soccer is a fine thing!



Storage 689

What is actually a read-only storage medium! A read-only memory is a physical medium that can "permanently store" data (mostly magnetic).

It is no longer volatile data, which disappears unreproducibly into thin air the next time a computer crashes, but it is stored on a reliable medium (usually hard disk, CD, USB stick or SD card etc.) and can be retrieved from there reliably and unchanged!

Get into the habit to write also everyday data, e.g. thoughts, ideas, addresses, dates etc. safely on a dry sheet of paper (e.g. an organizer) and store it in a special dry place.

There you can find and reproduce your knowledge, your individual reminders and important appointments at any time!



Rejected *690*

Women have a cultivating influence on men because of this, since the rather rough-around-the-edges guys are excluded from female society if they are rough, uncultured and unkempt!

Which "normal" man wants that??



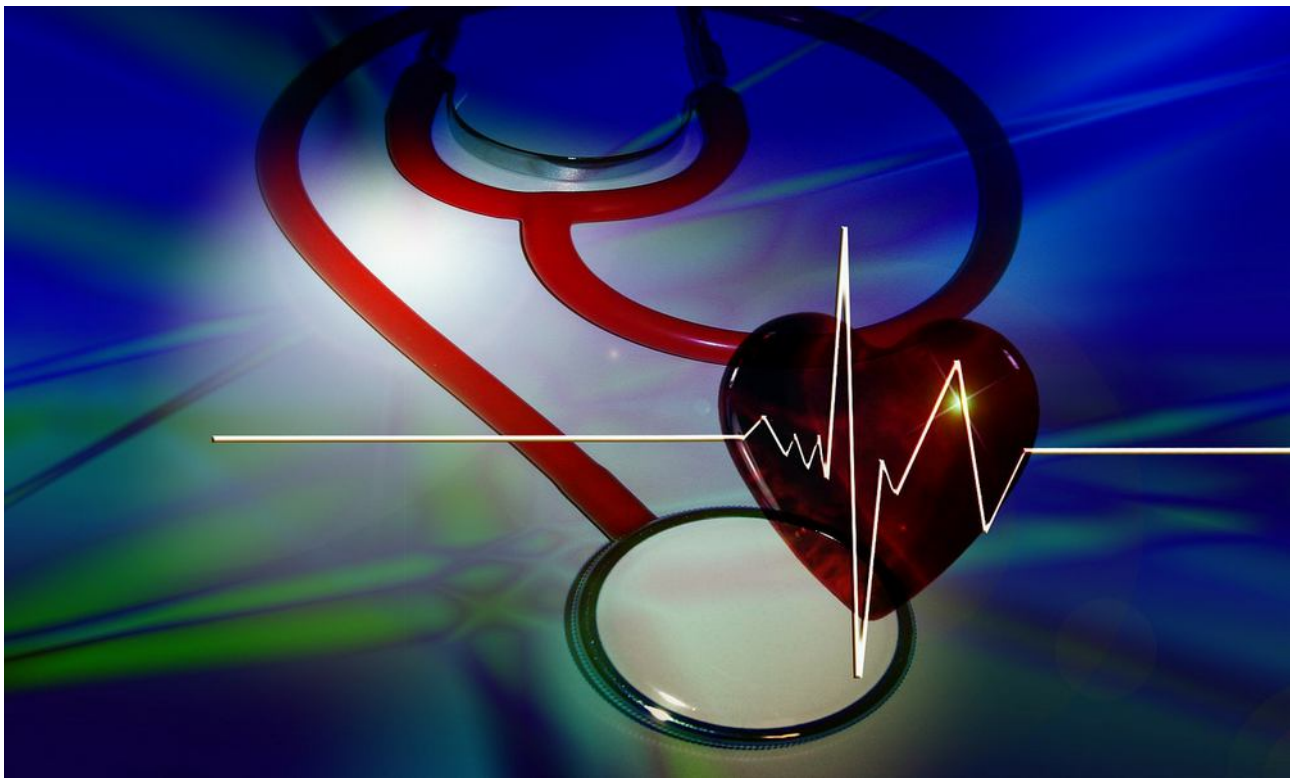
Staying young *691*

Staying cheerful and youthful has its reason in being positive and full of joyful expectations, because you have sooo many good and sensual memories!

Life was fun for you and still is!

Be always ready and attentive!

Others may grow old, but you will only grow more mature, more valuable and more joyful - with every day of your life!



You need a doctor 692

It's so easy to say, "Healthy people don't need a doctor!"

I say: "Healthy people also need a doctor! Someone who always cares lovingly and attentively that they also stay healthy still!"



Let it blossom 693

Bring the miracle of his mission in the other to blossom!

The first step to it is not to take oneself so important and to understand oneself as quite unimportant helper!

Do not push into the foreground - the other one stands from now on in the center of attention!

Listen carefully and ask the right questions!

"What are the other's true dreams and true talents?"
and
"What would the other person like to do the most if there were no more obstacles for him or her? If he or she knew no more fears and no more limits?

Each and everyone has a fundamental dream in and of life! The task and calling, how he or she could help humanity best!

We all have constantly the irresistible and inescapable urge and the genetic disposition to help and protect our "tribe" and the family as well and efficiently as possible!

The crucial thing is: this dream must not have anything to do with aggression, disappointment, resignation, fear, anger or gloating!

These are all hidden expressions of hate and greed!

Find your true inner, positive, energetic and loving core of being: your own power-anchor!

So you inevitably also bring the good and the beauty in the other and the highest form of its achievement to bloom! And with it at the same time also in yourself!



Divine laws 694

Whoever wants to recognize God must not think like a normal person!

Divine laws are not humanlike and God is certainly no small-minded moralist!

He is everything at the same time!

If the one wins, the other loses - and vice versa!

So be also everything at the same time, then you always win!



Cradle of humanity 695

Don't forget:

The cradle of humanity stood in Eastern Africa!

The first homo sapiens was dark-skinned! The European and Asian people were becomming more and more pale with the time and their noses got smaller because of lesser sunlight!

VERILY THANK YOU, MOMMY AFRICA!



Hero of hearts 696

Become a hero or heroine of the hearts!

What does it mean?

If you go the right way, the way of the heart, the love, the deep trust and the true friendship, something very wonderful automatically happens!

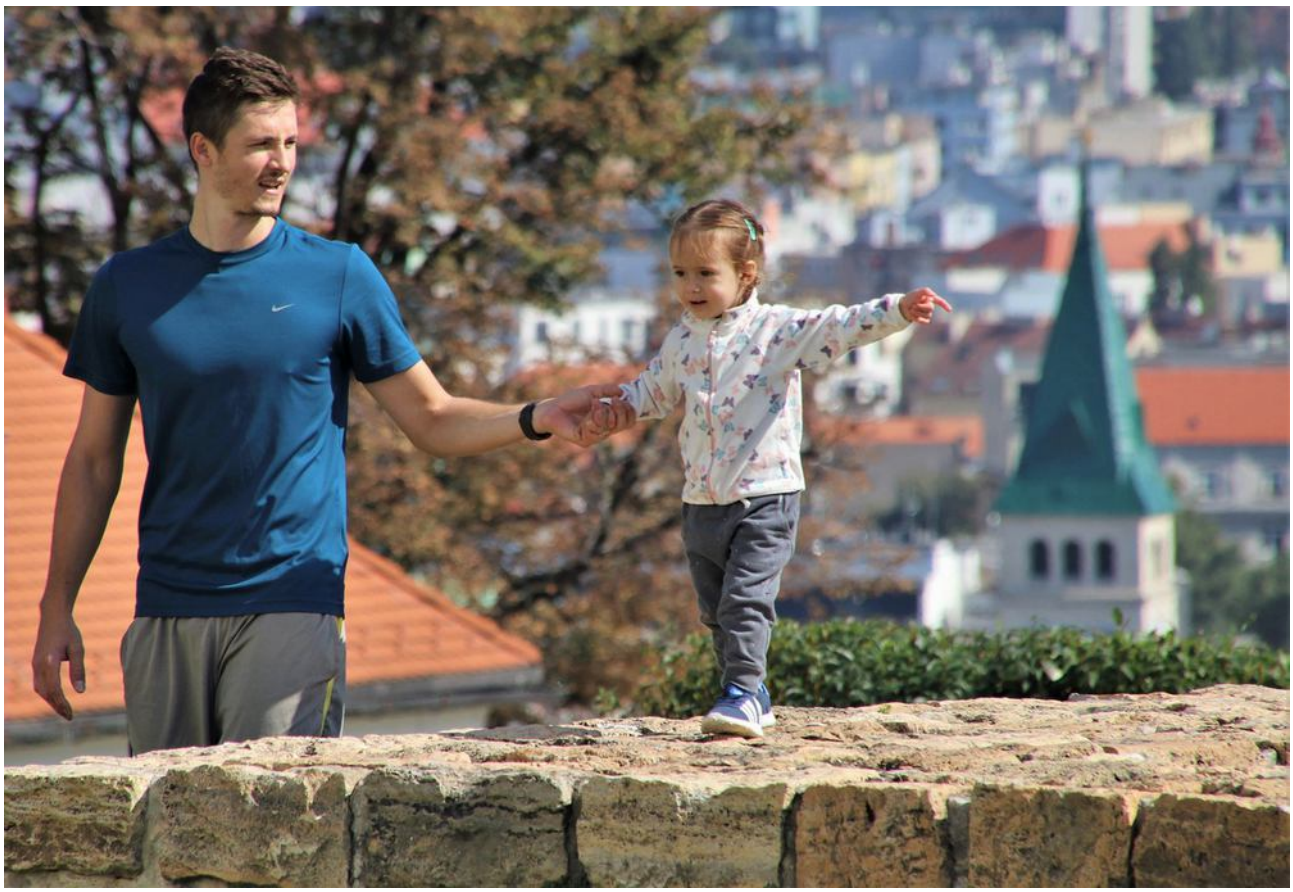
The more, clearer and more determined you go this way of the heart, the hearts of good-willed and sensitive people will "recognize" you!

A "trigger" is stimulated in their deepest soul, which makes them involuntarily smile and triggers a pleasant and joyful feeling!

And as soon this happens, they will perceive you as a soul-matured being and just as involuntarily also find you sympathetic, powerful and wise.

So you will inevitably become a hero or heroine of the hearts!

Have much fun with it...



Stepwise 697

Some wise may say, that the right question is the half way to the solution of a problem!

May be! But how is the right way to find those questions?

S T E P W I S E !

Try any question, whether it's logical or not, and apply it on the problem!

If it' totally silly, okay! Then you at least know what silly is - and the thoroughful pondering will push you ahead!

Then try another question and do the same all over again! Every step ahead will make you smarter for the next question! The verily crucial thing is: don't break too early!!

But mind! If you don't really know, what the problem actually is, then that still doesn't help either!

Some clever people then simply invent a problem to their found solution! And sometimes even nobody notice that there was no problem at all before!



Bubbles ***698***

Who worries too much and/or paralyzing, he has not understood the laws of God and the universe!

It is all already elementarily decided since infinite times (in our "human time") and God never takes back his decisions!

All that what you are, think and do is contained in you since eternal times! You are what and how you are determined! The things happen after an exact plan and you can't change anything at it!

Consider: "Yes, there is a God! But no, it's not you!"

As much as you like to think to be the highest and most important of all beings and to be able to control the course of the things: You are "slave" of your destiny and only within your subjective existence "bubble" you have typical tolerances and margins which give you the impression of a free will!

But about kind, place, the spontaneous effect and the intensity of this "bubble" you have no power!

And as soon as other beings with their "bubbles" overlap more or less intensively with your "bubble", penetrate and mix, you have the experience and the feeling of an encounter and an emotional event or experience!

The typical nature of your "bubble" reacts thereby in each case with the unique nature of the other "bubbles".

Every single "bubble" has very individual intensities and "colorings" and depending on the interference of these "radiations" (gladly also called "vibes") completely new qualities and complements will arise!

With this it is also conceivable that a human being feels (correlates with) another human being as completely phenomenal and totally unique in its effect individually on him, because the inevitable result of this interference - like with a fingerprint - is an unmistakable "coloring" and a unique "sound" of God!

If a person in love says e.g. to the beloved: "You are the most beautiful being or the most valuable creature of the world", then this is from this perspective in the most direct sense of the word genuinely unique and therefore "true"!

And everything what can arise from it is then just as unique, phenomenal and incomparably likewise "true" and worthwile!



Johnny B. Goodenough *699*

May be that someone says and writes many wise and clever things, but nobody is interested seriously!

The actual aim is, however, that "sometime" and "somewhere" possibly only one single person, perhaps even only after decades, reads these lines and ignites within him or her a true firework of marvelous and perfect ideas!

See e.g. the gentlemen Leipnitz, Bool or Zuse, without which the modern PC technology simply would not have taken place!

Sometimes it is only about THIS ONE SINGLE HUMAN!

One man or woman who has the right idea at the right time at the right place - and can change or save the world with it forever!
My prime example (and also my role model) here is always "John B. Goodenough"!

At the fabulous age of 97 (now in 2022 he is honorable 100 years of age), this tireless "Methuselah" received the Nobel Prize in Chemistry and has revolutionized the world with his ingenious battery technology!

It would not be conceivable without him in this today lived kind with smartphones, cordless screwdrivers, quadcopters and e-cars!

Wie der Name sagt: Du musst nur gut genug sein!

Johnny be good enough!



Cheater ***700***

Who is dis-appointed, must have been "appointed" before!

If you have a wrong prejudice of somebody or he/she has caused a wrong hope and expectation in you, then this is first of all not the fault of this certain person!

Very probably this has not to mean that the certain person has deceived you consciously and intentionally!

And even if it would be so, then you have let yourself deceive carelessly and rashly!

But let's assume that it is not about a malicious deception, but that we - according to our "need" and our preferences - would like to assume this or that special quality and/or ability in the other and get involved willingly and hopefully in this "deception game"!

It can well be that the respective other one does not know anything at all about your "expectation" and/or your quiet hope!

As soon as one then recognizes or learns the objective truth, most of us then tend hastily to put the blame for the suffered disappointment on the respective "bad" other one and to present ourselves as innocent angels!

Although the "deceiver" doesn't suspect the least bit of it and seeks head-shaking the distance!

What remains is a sad "deceived", often in search of the next suitable "deceiver"!

If you don't want to waste your life with such useless and time-consuming mind games, then inform yourself thoroughly and as far as possible neutrally about the "wooed one" and accept that the basis of your decisions lies only in your own adult ability to judge!

The exception are of course all forms of conscious and malicious deception!



Indian CEO *701*

Also Indians are great scientists and powerful managers!

Indian spirituality is the science of the beauty of the soul and the universe!

And to find this beauty in everything!

In addition, it can be absolutely no coincidence that many large world corporations now have Indian CEOs!

And even England meanwhile has an indian-origin primeminister!

The difference of western and Indian thinking:

In the west: three apples are simply three apples - they are equal
In India: three apples are not simply three apples - the are NOT precisely equal

In the west: 10 miles and a yard are 10 miles
In India: 10 miles and a yard are NEARLY 10 miles

In the west: a cero contains nothing
In India: a cero contains NOT nothing - it contains recurringly the whole world

In the west: a human is skin, bones, mind and skills
In India: a human is an incredible universum of EVERYTHING

... which has to be continued...



The core of ingenuity 702

The core of creativity and ingenuity!

We want to be entertained, surprised and excited! A little tension and wanderlust would not be bad either!

If the human being hears e.g. music, he/she counts secretly on the fact that he/she can hum or sing along the melody after two or three repetitions.

He/she registers nevertheless however unconsciously, if in the melody variations are!

As long as these variations are only small, but melodically similar, the listener will notice this (rather unconsciously) as positive and pleasant.

A prime example of this are once again - how could it be otherwise - the Beatles.

Their songs consist mostly of constant renewals, changes, insertions and variations! But they are so cleverly put together that the listener does not find them unpleasant or disturbing!

Even on the contrary: their artful variance is perceived as stimulating, sensual, creative and pleasurable! Intuitively the positive impression of sympathetic joie de vivre and ingenious virtuosity is created!

Nobody has mastered this "technique" better than the Beatles! And the success gives or gave them right!

It is similar with TV- and magazine stories!

Thrillers and exciting adventures are very popular and follow in principle mostly the same scheme. If this actually well-known pattern is modified in an imaginative way, however, the material is perceived by the viewer as "new", so to speak, although it has only been expanded or modified in some places with relatively simple variations!

So the door is wide open to the variety of ideas and concepts!

Sometimes it is even "only" a different arrangement of the module sequence and slight additions or changes in the picture or the characters, which leave the listener, reader or spectator amazed and excited to continue listening, reading or watching!

From now on, the reader of these lines here will never again have the problem of the "white, blank sheet of paper"!

Simply look for a suitable template and vary it artfully and with much "taste" in your personal new way, so that the template is no longer clearly recognizable!

And already it's yours!



Climate tanker *703*

The main problem of climate change is not the drastic increase of the frightening consequences, but the indifference and cold-heartedness of most responsible people!

The industry leaders and the important political decision makers have simply not heard the shot! Or do not want to hear it! Or the future of their children (if they have any) and their children themselves are more or less indifferent to them!

Okay ... a huge tanker like the worldwide industry can not stop on the spot, turn and swim in the other direction!

But IT CAN stop (after all now already after nearly 50 years!!) and reduce his insanely catastrophic damage effectively!

R E C O G N I Z A B L E !

In latest 10 to 15 years the present climate protesters will sit in the democratically elected governments - and will ask the present responsible persons horrified:

"What have you done with our lives!??"



Living stones *704*

According to Hindu teachings, EVERYTHING is filled with life!

Yes, even stones!

The life of stones possesses a different or lower quality and a lower intensity than that of the human being! But also a stone lives in this conception!

Let's take e.g. game stones, from which we build something!

A stone contains therefore potentially all variations of its inherent possibilities!

In a certain way the apparently lifeless stone "speaks" with us and creates together with our spirit a world in which this stone will play a (possibly important) role!

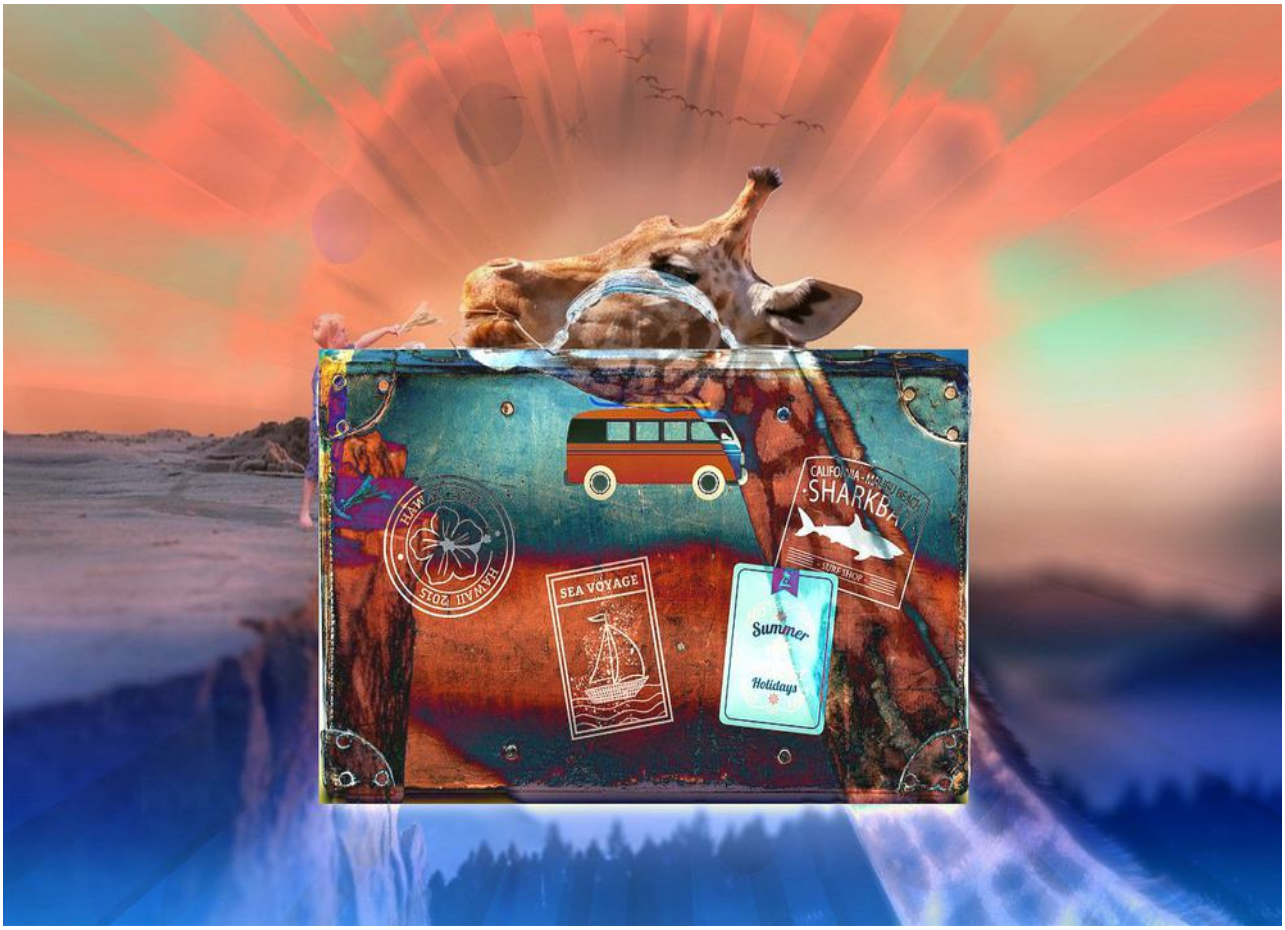
Could one say therefore that a stone can have even an intention and a will or also a calling?

Could it be that in a jumble of stones exactly the stone can be found which then carries a whole cathedral or a gigantic bridge?!

That this stone literally calls us to itself and wants/must be found to fulfill its calling?

I believe, YES!

Because without the chance of the projection of our phantasies, there were no phantasy...



Imagine *705*

The mind, the imagination and the fantasy are like a cinema!

You can see things there that you have never seen before!

Just close your eyes....



Raise consciousness *706*

Fear and greed disconnect you from your own conciousness!

If you want to be connected with consciousness then fight fear and greed in any appearance!

Step 1: lose self-pity
Step 2: learn tenderness
Step 3: be concerned about others
Step 4: reach out to friends
Step 5: be devoted! Courage is not the absence of fear, but to conquere and to master it
Step 6: love love
Step 7: love life

At all of these steps consciousness will grow unevitably!



It's in his kiss *707*

Some men or guys tend to be a little stormy and sometimes even rough!

Women and girls are often surprised by that and then they tend to become suspicious and shy or even fearful!

Men are explorers! They want to explore and conquer everything!

And without this urge to discover, they would not get far!

So, dear females, don't take it too badly! It is not meant maliciously!

The true nature of a male being shows itself unconcealably in his emotional world!

Like Cher (worldfamous singer) sang in: "It's in his kiss!"

(„youtube.com/watch?v=yCpKQjqb8Y4")



Distinguish *708*

If you cannot distinguish exactly between important and unimportant things, you inevitably get into the danger to waste your precious time with - in the end - completely trivial things, while the really important things wander past you without a trace!

There is a sentence which exactly meets this phenomenon: "Lord God, Great Spirit, Universe, Nature or whatever you may call it, give me the grace to accept with serenity those things which I cannot change, the courage to change those things which I can, and the wisdom to distinguish one from the other."



Mozart 709

Some only hold their "holy fingers" on something ... and already it begins to bloom!

Like a kind of "green thumb" for the world!

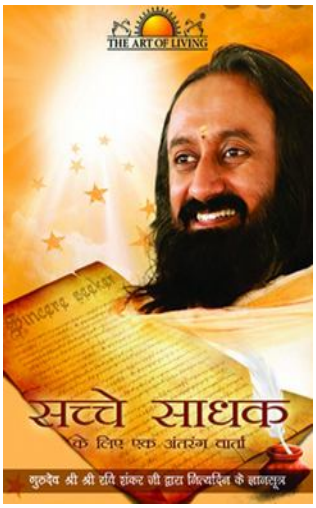
Through the uniqueness and the brilliance of their ideas they trigger an inexplicable wave of positive energies!

This kind of people are endowed with a very extraordinary creativity and variety of ideas, coupled with an incomparable good taste and an intuitive sense of what is good and right and for the inner truth of a matter!

With every step they take, roses seem to bloom and smell lovely on their footsteps!

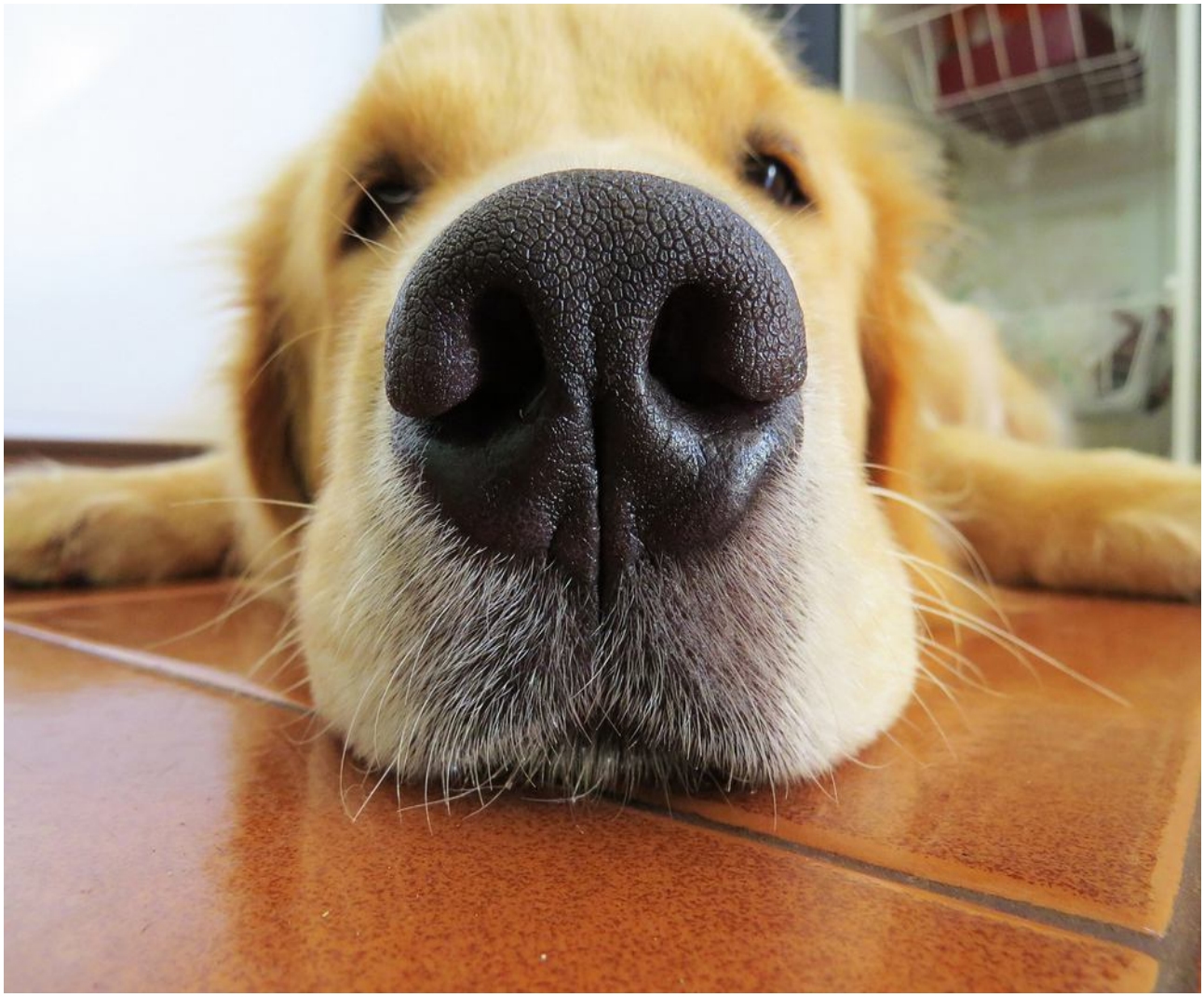
This exorbitant phenomenon will remain God's eternal secret!

One of my prime examples is of course Paul McCartney! But also e.g. Karl Lagerfeld, Wolfgang Amadeus Mozart, Salvatore Dali or Leonhard Bernstein belonged to them! By the way, Mozart was able to write music as if we write a letter! Just as fast and flawless!



In the modernen Indian culture Sri Sri Ravi Shankar and his „Art Of Living Foundation“ of course must not be forgotten! A mighty leader and currently surely one of the most important people on our planet! And possibly the most influencial „PeaceMaker“ worldwide.

AOL is the biggest private NPO (Non-Profit-Organisation) on the entire planet with nearly 160 branches (Ashrams) and is cooperating with the US government under Joe Biden and with the UN (United Nations) as well!



Stupid *710*

Stupidity and laziness is often a pure weakness of the spirit!

However, like also physically weak muscles, one can train just as his intelligence "muscles", as soon as one inwardly makes a thing his own.

The existence of these mental muscles can be proved easily by the fact if one observes that people who are considered or seem to be rather unwise purely logically/rationally, on the other hand, can be very lively and clever without further ado in everyday things which concern their livelihood and can be very well able to see quickly through even complex connections and to solve their problems independently!



Blame *711*

In order to protect themselves against the "bad luck" of the life, some people think, one must "apply" magic and witch stuff!

But without this BULLSHIT everything goes much better and easier!

Besides, it makes much more fun without!

Magic is always a kind of lie! And who lies, must have a very good memory!

Mostly the liar will be unmasked and if he doesn't show honest and credible repentance in public then he will lose his honor and reputation forever!

So, let it therefore rather be!



Great human *712*

To become a truly "great" human being, you must radiate humility, kindness, intelligence, fearlessness, warm-heartedness and genuine love (e.g. like Nelson Mandela or Mother Teresa)!

Otherwise it doesn't work!

If you can't do that, then resign yourself to the fact that you won't become a really "great" human being!

But however, if you can do it honestly well, hardly something can prevent you from becoming a really "great" human being!



Prison *713*

Forgive and forget is the root and the diamond hard core of freedom, because without forgiveness freedom and peace is impossible!

People, who cannot forgive and forget, punish themselves basically and arrest themselves behind dreamed walls!

Indirectly they identify themselves with what they are accused of and what they cannot forget.

So if you want to be free, then forgive every day 77 times!

Even to yourself!



Magician *714*

Greed makes perverted!

If you want to prevent to become perverted or to be so, then destroy the greed and the addiction in you!

Greed causes that you tend with the highest probability to want to possess everything and to have to fear any competition anymore!

Everything what you develop, you will develop then in a kind that no other can change something at it, extend or improve it! You live then permanently behind thick walls and you will control then everything so that NOTHING can be changed, extended or improved without your expensive cooperation or solution (extreme specialist wages and prices)!

If you build against it something in a kind that also someone else alone gets along with, he will need you no more and you become then unimportant!

In principle a well-known hormone is behind it: the testosterone! Some call it also egoism or narcissism!

It causes (mainly with the man) the libidinal greed for success, profit and unconditional dominance! Or the protection of his descendants with the essential intention to create a strong competitive advantage for these from the outset around them a most powerful starting position to secure!

The "normal" man will then tend more and more to the (potentially infinite) greed and invincibility and let EVERYTHING become more and more complicated and inscrutable!

In principle, these are the tricks of every simple stage magician! Just sometimes indescribably more complex!

The computer and the Internet are a good example!

By the IT all countries which were not involved in the emergence of this magic "box", the robotics and the cloud technology and therefore don't have the decisive core knowledge, are set back considerably in their inner sense of value and consequently feel powerless!

However, as soon as those want to become "insiders", they are directly dependent only on the information material of the "knower" and his "education"!

Even worldwide conflicts like the one between the USA, Russia and China are to be led back on this "strange" phenomenon!

How and whether this, in the core biological "problem" can be solved, will be decided worldwide in the next 10 to 20 years in my opinion!

Namely alone by the fact that the reason and the common sense or the self-preservation instinct and the charity of mankind either wins or loses!

Reassuringly in industrially "poor" countries meanwhile also got around that their citizens can live profitably and happily on their ground by constantly growing knowledge and smart competence also with simplest means!



Right measure *715*

Some wise men may say: "Let EVERYTHING go off, to find the right way!"

I say:

You can't let life go off! I e.g. am holding on it verrry strongly! ;O)

Loving life is THE crucial decision!

I think the wise people have in mind to let go EVERYTHING that you don't REALLY need!!

Then there is the question what do you "REALLY need"??

EVERYTHING that supports wealthy and happy life in itself!! Enjoy life in all its appearances and love your surrounding!

Observe your inner being!

The ONLY thing you DON'T EVER factively need is: TOO MUCH!!

So, find the right measure!

Let go every greed and selfpity!
Let go every hatred and jealousy!
Let go every mad selfishness!
Let go every stinginess and envy!

The result of all that will then inevitable be:

THE RIGHT MEASURE!!

It's not THAT difficult to get to heaven:

You only have to be honestly happy, helpfull and generous! And to love life really dearly!

THAT'S ALL!

Everyone can make that! That is the core of our inner being!



Spiritual heirs *716*

Also thoughts have heirs!

The higher the soul-quality of a being and the greater its intensity effects on us, the higher is our incentive to "use" it in our fantasies and to incorporate it into our own dreams and ideas!

It thus becomes a growing part of our becoming!

And the more we are integrated into this energy, the more this energy and we become one with it - ONE common being!

A being that is very unique, develops its own will and acts and works effectively in our world!

Loving couples can understand very easily what I mean with that!

And in the natural final consequence children arise from it!

New life therefore: a new human being who possesses completely individual qualities and changes the world in his completely own way!

Also Gandhi, Mandela or Mother Teresa had loving parents who didn't know originally of which enormous forces they would become the original trunk!

Likewise this infinite growth also takes place on the spiritual level, because how should Einstein have known which indescribable consequences his thoughts would once have?



Blockchain 717

A "blockchain" is nothing else but a simple database!

But chained and stored in a specific way (properties, timestamp, distribution, ledgers) infinitely inside the "webcloud" or even in an ordinary file on the harddisc of a normal server!

EVERYONE can do this!

Search for blockchain-providers! It isn't hard to find!

The "trick" is - like with any kind of success - to publish it widely!



Titan 718

The soul, the spirit, the intelligence and the will are incomparably powerful tools which can also give your body unimaginable strength!

There is the legend that a mother can lift even a car to free her child under it! I have not seen it myself, but I think it is quite conceivable to a certain extent!

In comparison, however, the mental and spiritual energy is HEAVILY greater!

In the Bible stands e.g. the sentence that faith can move mountains!

As an example the "simple" formula of Albert Einstein "$e=mc^2$" has put the scientific world view of the whole mankind in the truest sense of the word "upside down"!

But only a few who have ever tried themselves to shift the laws of mankind even just a LITTLE, can approximate how much time and spirit Einstein had to spend until he had found this elementary and fundamental equation!

It was about 20 years (including the gravitation theory) which he needed for it!

Physically such a "titanic" achievement is completely unthinkable! It is as if a single person could lift the Himalaya.

That is the power of the spirit, the will, the self-confidence, the knowledge and the irrepressible perseverance!



There is something like a "solidarity effect"!

Humans are soft-hearted and peaceful by nature! Who likes war, fights, death, pain and bloodshed?

So we are generally inclined to give preference to peace!

Since we are basically also compassionate and hearty, we may not bear the view on suffering and distress for long.

It does not surprise the attentive observer therefore that the cohesion, the solidarity and the readiness to help among the poorer people is significantly higher in relation than among the rather wealthy people!

It is a well-kept fairy tale of the richer people who also possess the power over the media that there rather would be no difference between poor and rich!

BUT ... THAT IS WRONG!

There is probably a difference between intelligent and rather unintelligent people! But this is distributed in all social classes approximately equally!

Egoism, fear of loss, distrust, security thinking and rejection is considerably more widespread according to sociological findings in the so-called "higher" layers than among "dispossessed"!

These have simply not so much to protect and to hide!



The one ***720***

You give a thing guaranteed NEVER UP, if you know EXACTLY(!) that there is NEVER ANYTHING else more important, than exactly THIS ONE THING!

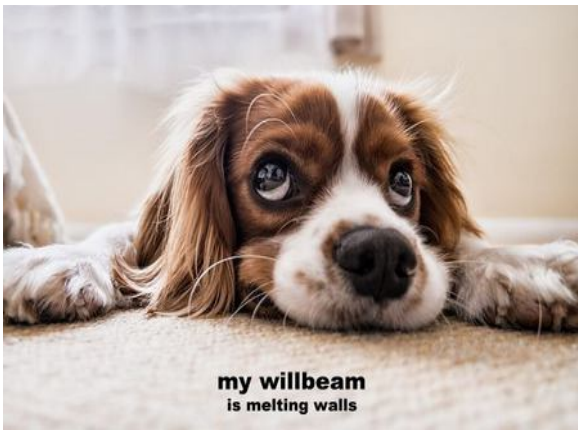
Why to doubt and to ponder any longer, if your decision is unquestionable and rock-solid?



Satisfaction 721

True egoism means today, when EVERYBODY in the world is going well!

Without exception!



Willbeam 722

Some are hit by insights and enlightenments with the power of a laser beam!

The unique and essential of a laser beam is the rectification of bundled lightphotons!

The vast majority of us are like a meager kitchen lamp, which randomly distributes its rays in the room! It illuminates the space around us - and this is very important!

But few others, on the other hand, gather their forces, their knowledge, their skills, their abilities and their endurance and concentrate these individual forces into a mighty beam of willpower that melts even thick steel and even rock walls!

The biggest steel wall and the thickest wall in the world is the accumulated cultural "truth" in the form of our traditions and habits. The morals and the supposedly final "knowledge" of mankind!

Only a highly focused spirit can transcend this "wall" and thus move it to a higher level of being!

From physics one knows that such a "quantum leap" can release enormous energies (see atomic chain reaction).

For example the invention of the wheel was such a "quantum leap"! Or today the invention of the car, the television or the computer!

Each time a powerful shockwave goes through the whole mankind.

The clear consciousness and the generation-spreading vision, together with an unconditional will and deep passion is the bundling lens of the spirit!



Whenever you are faced with a decision, follow your heart!

"Okay!", many may say now - this is an old truism!

But only a few loving and hearty people now know intuitively and surely what is meant by that!

Others will probably be surprised that this clear and sure heart feeling is also for them always available.

But it requires from them a certain time of intensive practice. For a few days - for others perhaps weeks or even months!

Put e.g. two fruits in front of you on the table ... an apple and an orange!

Then switch your gaze back and forth between the two fruits and say "apple" or "orange" in each case.

If you do this for some time, you will clearly feel which of the two fruits you are more inclined to at the moment.

Similarly you can do it in principle with everything!

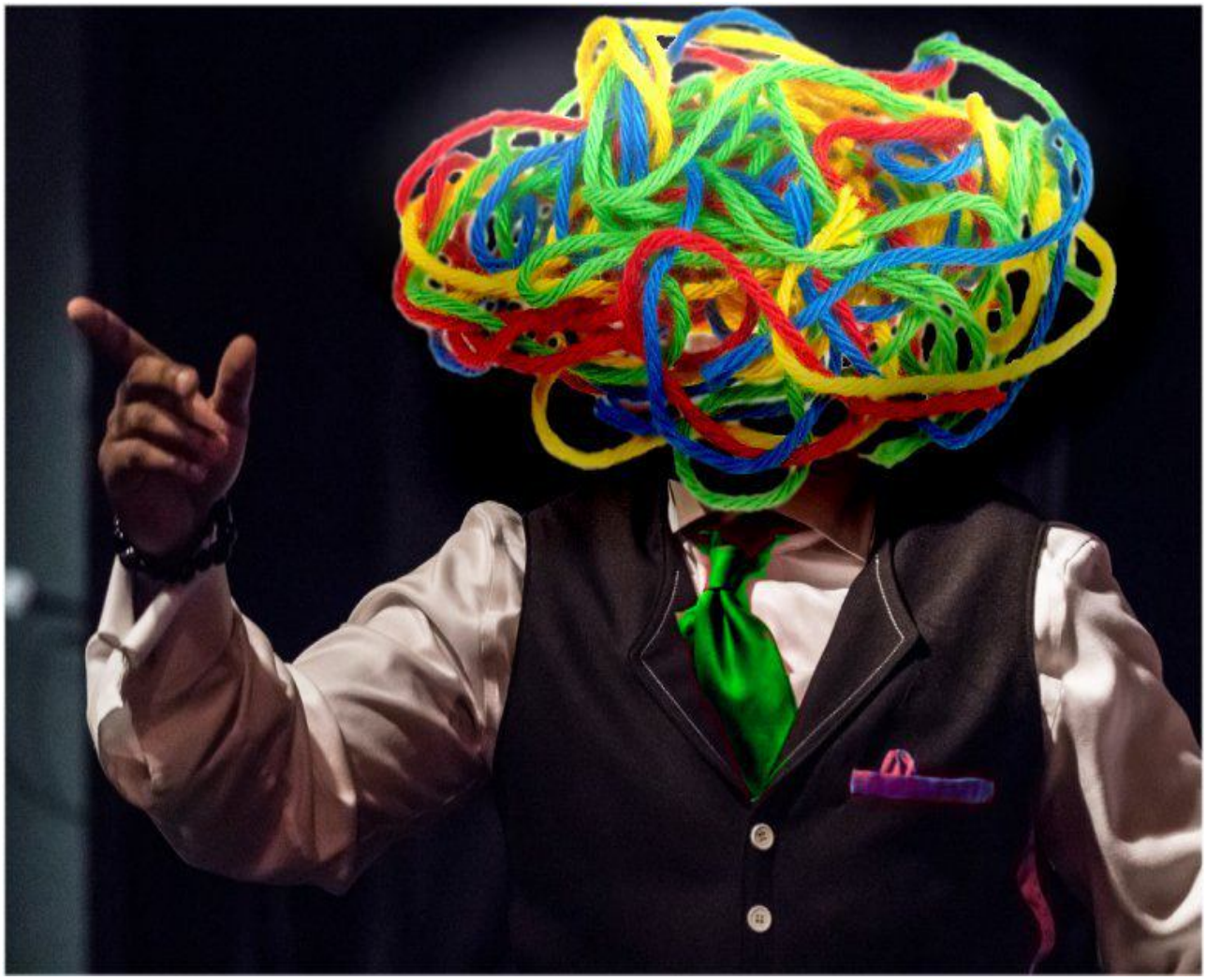
Maybe with two pictures of two different persons. Now change the view back and forth...

Also here you will feel relatively fast to which of the two persons you feel more attracted!

You can repeat this simple exercise with any things. This is then your heart feeling or your heart judgment!

If you want to be completely sure, however, then this feeling must have nothing to do with spontaneous fear, aggressions, dependencies, rage or similar negative prejudices!

These could be obfuscation strategies of your habits, subjective preferences or addictions which could try to keep you comfortably in the everyday routine.



Gaga *724*

If you want to learn actually only from yourself to be able to remain independent and neutral, then you miss a unique and million-year-old treasure of knowledge!

That would be so similar as if you wanted to live without DNA!

We humans are beings from an inevitable and extremely complex past! It does not come down to avoid the influence hysterically, but to recognize the good and useful for oneself and to extract it for your use!

You impossible can invent the wheel or/and all technical achievements over again!

Instead use secured general knowledge! This shows up unmistakably in the top spearhead of all modern sciences!

Only a painter who masters sovereignly the essential perspective- and brush-techniques can find new ways with it and paint the most fascinating pictures!

Use the knowledge taught and secured at modern universities as a springboard for your own ideas and flashes of inspiration.

To reinvent a car makes no sense, because it exists already.

But to improve it sensibly cannot be forbidden and sometimes these small improvements lead to completely new ideas and developments!

Unless you are like Einstein, who at the zenith of his research, physical rules and new gravity laws actually had to deal with the "erroneous" thought that he was THE ONLY person on the entire planet who was right - and that ALL OTHERS were fundamentally wrong!

Science had to prove him right in the end!

Good luck!



Desire *725*

You have friends!

Do you feel somehow like me some day, and you aren't actually knowing, how many people around you are loving and needing you really dearly? And they does right from the start?

Loving means to take care of all those who are depending on you and who are waiting for your longing and daily eyecontact!

Some - and not just a few - are certainly loving you that way!

Reach out for them ... they are longing for your demand! You are a vivid part of their soul deep in their heart and need you to be allowed to help you!

Their heart is burning when they just see you from far!

Don't hurt them for fun!

By the way: be sure ... seriously loving women don't ever play games!



Skilldreams *726*

What is a lion without teeth and claws?
What are talents good for when you can not bite?
What are muscles good for when you can't use them?

All is nothing when you are not capable to fight for the goal and also to hit it in the end!

So...

Your teeth and claws are your iron will - your conscious determination!

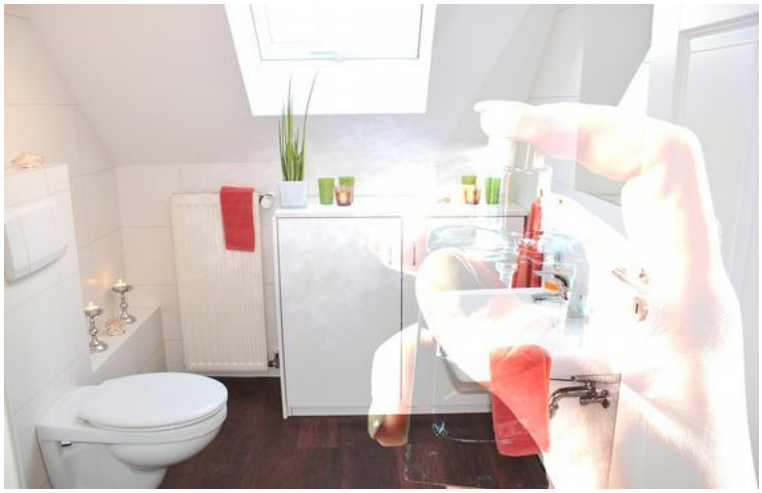
Your celestial talents are your skillfullness and your dreams. Dreams are a heavenly sign for what you are able to achieve!

Your muscles are the abilities to move on! To stand up and to hold firmly on to your grounds!

You won't get anything when you're not using your great skills with a determined strive ahead and the crucial powers to win!

See it all and use them well! Everything at the right time, in the right way and with the right intention!

You will "hear" your right intention as soon you ask your clean brave heart - and you hear a loud and clear "YES!!!"



Lavatory 727

The toilette is the most secretive and most generously forgiving place in the world!

Flush it down ... and forget about it!



Be REAL 728

If women are REALLY gladly REAL women and they love life and men, then men are REALLY gladly REAL men for such REAL women and do gladly feel responsible for that REALLY blessed family!! Women will naturally do REALLY gladly whatever it takes to make such REAL and sweet men happy and to see him and possibly their kids joyful laughing!

And if men are REALLY gladly REAL men and they love life and women, then women are REALLY gladly REAL women for such REAL men and do REALLY gladly feel responsible for that REALLY blessed family!! Men will naturally do REALLY gladly whatever it takes to make such REAL and sweet women happy and to see her and possibly their kids joyful laughing!

That simply fits! And simply ALWAYS!

You are a REAL woman, when you simply are a woman!
And you are a REAL man, when you simply are a man!



Vitality 729

Those who do nothing lose their vitality!



Tolemere *730*

Just like for the body, there is also a mental gravity!

In anthroposophy it is called "the ossifier"!

This force is proportionally opposed to the muscular powers and the from it arising gravitational resistance!

At the end of the "ossifier" and the absolute stiffening of all muscles, tendons and processes, which progresses successively with the age, the physical death stands therefore inevitably!

However, there is a mental force called "faith" which can slow down this process of ossification, or in extreme cases even stop it completely.

Mental and physical processes have a direct correspondence to each other.

A proof of this are the experiments with the tolemers of mice!

These chromosome-ends are gradually degraded and it is considered proven that a renewal or rejuvenation of these tolemers results in an effective rejuvenation of the entire body!

So death and "ossification" is not an inevitable final effect of aging!

It is also proven by experimental studies that certain activities such as dancing, laughing, singing, positive body contact tenderness and the pure joy of life leads to a significant slowing down of the degradation of the tolemers!

So the more you intensively occupy yourself with the beautiful things in life, the slower you age!

Yes, the experiments with mice even clearly show that it is absolutely not a crazy fantasy of freaky nuts people that the aging process can even be reversed and the "treated" mice actually became younger again!!!

Lobsters are even potentially immortal!



Fun ahead *731*

Why do women actually want to be so pretty, delicate and adorable???

BECAUSE IT IS SO MUCH FUN FOR THEM!!!

And why do men actually want to be so strong, indomitable and humorous?

BECAUSE IT IS SO MUCH FUN FOR THEM!!!

And they will ever stay the same!

BECAUSE IT IS SIMPLY SO MUCH FUN FOR THEM!!!



Footsteps 732

Walk with the Lord!

If you have a lord and you are his servant and his menial, then you go with him!

No matter where! Because you have SUCH a huge longing to be at his side and you certainly know that you would be lost without him!

He would never let down such a servant! And I would never let down Him!

I am His menial - and sometimes He needs me!

So I walk with my Lord! No one is closer to the Lord than his dilligent, tough, humorous and true servant!! And nobody hears better what He says!



Currency of love 733

The greatest achievement and the greatest ability do not only, like a commodity, win in the value by their sale!

What do our mothers and fathers achieve until they have raised us up after 25 to 30 years!?

Liveloving and grateful children recognize the true value of their parents and grandparents even without much "marketing technique"!

There is no "market" for true love!

It works since millions of years also without Machiavelli!

The "currency" of true love is and remains forever:

L O V E



Independent *734*

Some ask themselves today, where God, if he should exist, stayed and looks at all the misery, violence and terror without intervening!

The answer is: BECAUSE HE LOVES US!!!

A loving father wants his children to become as independent and free as possible!

What conscientious father would just stand by and watch his children become completely effeminate and absolutely will-less dependent on him?

So we should learn to regulate the things also alone, as well as to be conscious and free!!!

Also from him!



The magic of men 735

The magic of women!

Why do we guys actually not get past the charm of women?

Her sensuality, tenderness, kind love, support, warmth - the gossamer, silky gazelle for whom there is no future without a man!

But it is (almost) the same the other way round:

The magic of men!

Why can't you females get past the power and determination of men?

His muscle play, his wildness, positive ruthlessness, respect and sensitivity - the mighty bull under the mane, who with good nature and humor submits to the will of the woman!

Because that's exactly how it has to be!!!



Transform thoughts *736*

Like kiddies right from the beginning: transform constantly your thoughts into cheerfulness, generosity, tenderness, kindness, trust and friendship and you transform slowly but surely your whole world into cheerfulness, generosity, tenderness, kindness, trust and friendship!



Follower *737*

JESUS says: "You will recognize them on their fruits!"

In modern times that means as well: "You will recognize them on their followers!"

If there are in the majority much more sympathic and joyful followers with an open, friendly and positive mind, then the genuine poster will be also more a sympathic, joyful, kind, positive and open type of human!

And of course vice versa! :O))



Don't brood *738*

Only the people can brood, because only they have a consciousness and a conscience!

A bad conscience results from the uncertainty to have done something not correctly and doubtlessly "cleanly".

If people develop a feeling of guilt, then it is because their individual sense of perfection-claim is not absolutely satisfied!

Some have this perfection-claim more and others less! It is because of it that some just have a higher consciousness of guilt (conscience) than others!

Without consciousness living beings (animals and plants and also some people) have ALWAYS a good conscience and sleep the comfortable sleep of the just! They have good and relaxed dreams!

Unless a mighty threat is in the air!

If animals (and also plants) feel a strong acute threat, their "subconscious" (which they can't have actually, because they don't have any consciousness) reacts in form of a kind of "dream consciousness" or protection instinct of the so-called "ganglion brain"!

So that even animals can have restless dreams!

But since they have the very helpful gift of forgetting ("overwriting" of the nerve impressions - but actually a natural-physical inherent chaos-function of the quantum space of the brain atoms and their interferences), their next sleep is again as peaceful as ever!



Pleasure *739*

Surround yourself only with people who love their job and REALLY do it with pleasure!

Confuzius said: Find a work which you really love! Then you never have to work a single second in your life again!



History *740*

There may not be any secrets between good partners! Esspecially not in a love relationship!

Everyone must be able to say freely and openly EVERYTHING! Otherwise you become a helpless slave to your own secrets!

And if the other then can not handle the truth, then he/she was not the right one! Often an end with pains is better than pains without end!

Do not lock yourself in a deep dungeon of distrust and secrecy!

And if you then remain alone, then it SHOULD be so! It is so in the divine plan!

But the more openly, freely and happily you lead your relationship, the gladlier you will be!

And if you nevertheless have to separate: the more open, free and cheerful you are after all, the safer it is that you will find a new partner who can live well with your personal history and is and remains happy and loving with you!



Catharsis *741*

Catharsis is the completely unconscious, but very energetic and intensive process of a lost soul to find again into its ancestral order!

To free itself from misdirections, errors as well as wrong promises and conceptions!

This inner cleaning process leads actually always to the "victory" over your pains and fears!

Sooner or later!



No curse 742

Who loves does not curse!

Because true love means respect and honor!

Even a wild and unfounded assumption of guilt, which one throws thoughtlessly into someone's face, can already be a curse, which can severely hinder and confuse the life and thinking of the unsuspecting other!



Naked 743

Beneath our clothes we are naked!

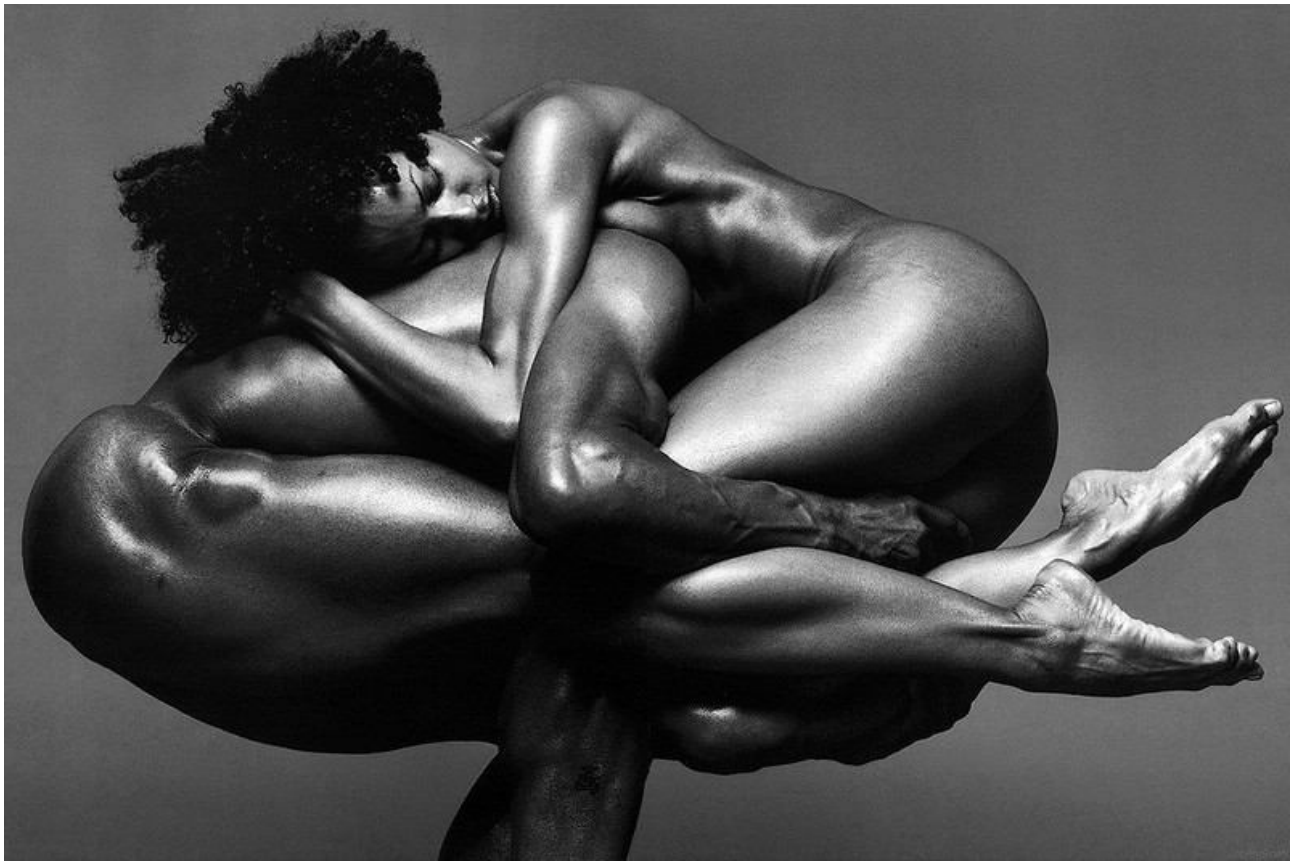
Completely naked!!

This is how the good Lord created us!

This is how we are!

And thus we are meant!

And exactly behind our shame is paradise!



Make love

744

Men tend to think that they have all the rights and powers!

Surely men are mighty and mighty powerful, but more than half of mankind are women and girls!

Don't forget that!

The female gender has an incredibly great power of vitality, heartfelt love and liveliness! If these are unleashed, women are hardly to be held!

Purely "democratically" seen, the women could overrule the men! Even if they would not do that in the serious case!

Because women love the men! They would never do as "mass" finally something what doesn't please both sexes!



Love is the answer *745*

No matter what the question is! The question is completely unimportant!

The answer is always:

"LOVE"!



Sweetie *746*

The sweetest fruits the good Lord did not come up with out of boredom.

We love sweet taste!

Everywhere, where quickly a lot of energy must be released for us, there are sweet fruits! Oranges, apples, cherries, mango, pineapple, bananas, pears, etc.!

Our taste system has been trained for millions of years to largely ban sour things from our diet.

Even breast milk is - oh wonder - sugary sweet.
Give a small child something sour to eat and it will start making a face and signaling rejection!

God knew what he was doing! ;O)) He is a really smart man!



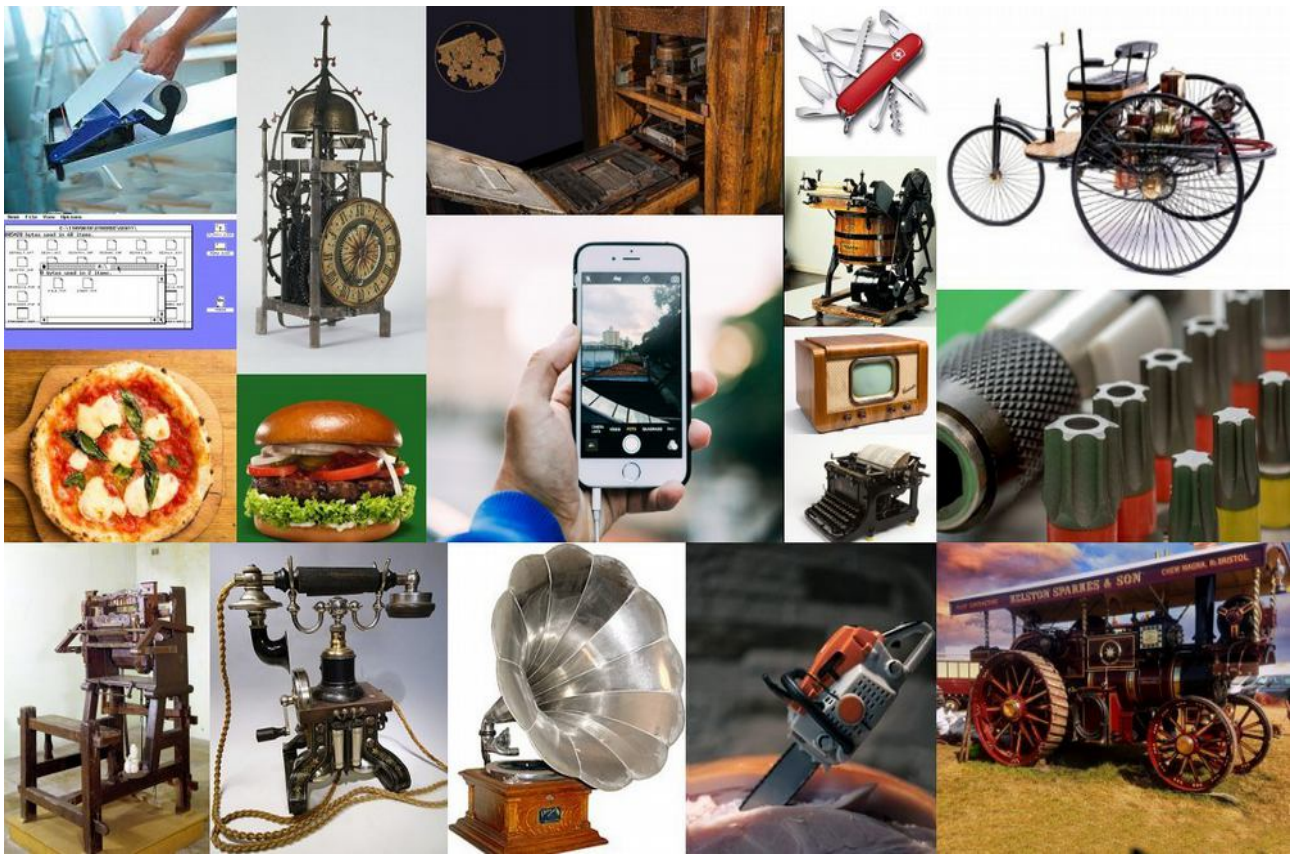
Lemonade *747*

It is said, "When life gives you lemons, make lemonade out of them!"

And if you, however, from the many accidental, sometimes unfavorable, circumstances of your life have become a lemon yourself, then look for the sugar, i.e. sweet, loving and cheerful people, and together become the delicious lemonade yourself!

As you were meant from the beginning

- and still are today!



Vision *748*

Some say easily: "Have a vision! This vision will make you so strong that you will also find the strength to realize it!"

Well, that may be! But how do you find this vision?

In the word "vision" there is the symbolic imagination of an elementary and powerful goal, which goes far beyond the "normal" thoughts and goals!

Bill Gates had e.g. as the first the vision that ALL(!) people on this planet will need a computer! And that they will need a suitable tool, a user interface for it!

So the idea of DOS and later of WINDOWS was born!

Or Steve Jobs, the founder of Apple! He had the gigantic vision, that ALL(!) people of the world will need a mobile telephone, in order to be able to exchange themselves freely and independently world-wide and in real time!

So the vision of the IPhone was born, from which later the smartphone emerged, which can be found today (almost) in every handbag or pocket on this planet.

Or Tim Berners-Lee, who developed the phenomenal Internet!

This is what real visions look like that inspire all of mankind!

It was similar with the car or the TV!

A real source of endless ideas is when you combine or let overlap two or three things that superficially have nothing to do with each other!

The videophone is relatively logical, if one combines e.g. the TV with the telephone! Or e.g. a steam engine with a loom!

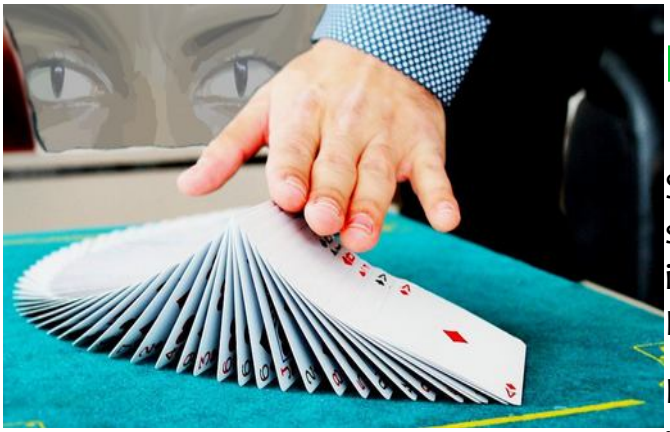
What would result possibly a drilling machine and a bicycle? Correct: an E-Bike!

Or a roll cutter and the wallpaper craft? Exactly: a wallpapering machine!

Or maybe a hammer and a knife? That makes an axe!

Translated with www.DeepL.com/Translator (free version)

So now, what is YOUR brilliant vision, which will inspire the whole mankind?



Pocketgambler ***749***

Some mental "pocketgambler" use a simple trick to appear as a giantly intelligent person who knows quite EVERYTHING!

Notice: It doesn't depend on the sheer mass of knowledge you've gained to seemly have always the correct answer!

The cheap trick now is to juggle and change EVERY question in a way that it appears as unpreparable for the asker.

You can have just ONE simple answer for everything! You only have to create the illusion in the asker that your answer is especially targetted for him and solves HIS special problem!

For a very simple instance: let' say a person has only the answer "The sky is blue!"

If anyone is asking now "Why are there different kinds of cars?"

Then the answerer juggles "car"in his mind as long he needs to find a proper connection between "car" and a "blue sky"!

E.g.: the responder says suggestively: (with expansive and important-seeming gesticulations and a direct and captivating gaze)

"You know: cars are made for driving and people like to drive throug a beautiful nature at the weekend!" (the asker nods)

"So they 'naturally' need a vehicle to enjoy this ride!" (the asker nods again)

"And 'selfevidentily' no one wants to drive the same or similar car as others!" (the asker nods again)

"So we 'logically' need individuality for all people to be able to enjoy a car-ride in the blue sky at weekend!" (the asker nods intensely this time and smiles confirming)

In this moment the answerer has taken over the so-called "opinion-leading" and mostly the asker will not notice that he didn't got a proper and sufficient answer!

But the answerer looks good and dominant as the decisive opinion-leaderand the asker doesn't dare to dig deeper! Because our brain isn't quick enough to see through all the interferences of this bluff! And in order not to reveal that we prefere unconsciously to say nothing!

The sneaky answerer has won and the naiv asker looks a bit hypnotized and not very smart at all! ;O)

I have seen some VERY intelligent people who were trapped in this sociopsychological "magic" and who has agreed enthusiastically with this obvious nonsense!

That simple is skilled manipulation and an easy way to become the leader of the pack!

BTW: nevertheless some honest people of integrity (see our criminalists) know the game! But smartily they don't show that in all public!



Addiction *750*

Addiction is next to self-pity and violence the core of all evil!

Any form of addiction! Be it alcohol addiction, nicotine addiction, gambling addiction, drug addiction, buying addiction, eating addiction,

tablet addiction, confirmation addiction, domination addiction, money addiction, success addiction, work addiction or also sex addiction!

There is a certain "natural" and healthy measure of all things!

And their exaggeration!

A small, sporadic exaggeration is not the problem, but the immoderate(!) exaggeration and the inability to pass by a matter of addiction in a relaxed and self-controlled way.

The English expression "addiction" describes in principle the feeling that the addict is bound to something ("added")! In such situations he is no longer basically a free and sovereign master of his actions!

In German it becomes perhaps somewhat clearer! The addiction can be translated here with "Search"! The addict "searches" constantly for his excessive satisfaction!

Most addicts are not openly aware of this kind of "captivity". But it can impossibly be the meaning of a self-determined life to spend half of one's life (or even more) occupied with the object of one's addiction!

This time we could much better use for good and much more useful things and occupations! Besides, it is simply a good feeling not to have to run after his addiction any more!

And please don't fall for the age-old trick of all addicts to pretend that they have "IT" under control!

This should better be decided by a trained specialist (doctor or psychologist)!

In general, it is a simple self-deception!



In the ancient story of Moses in the Israelite Genesis, there is the moment when a lot of "manna" falls from the sky!

"Manna" is a strengthening food from the honeydew of some beetles, trees and bushes, which can exist also in the desert.

In the New Testament JESUS is also called the living "manna"!

In the same way this book can be understood.

It can - and wants - certainly not compare itself with JESUS, but also this book can be "manna" for all those who read it attentively and know how to use its fruits meaningfully!

Bread, milk, honey and luck for the whole family, for life - and even far beyond!

Use this book and become successful and lucky! Just like that! ;O)



Courage 752

Be aware: the most important thing between a boring life of stress and disadvantages and an adventurous lucky life of success and joy is - and will ever be - COURAGE!!!

At second then comes knowledge, a good mood and some useful skills.

But: EVERY person who want to become sucessful has inevitably to face public and to take the opinions of others!

And public means risk in many kinds! Because you will never know all kinds of reactions what comes out of publicity!

That needs a strong self-confidence and perseverance!

But be aware also: the one who is positively daring that and is keeping friendliness, will receive big loads of support from "above"!

To be cowardly is quite simply doing nothing - that everybody can! But courage requires determined action...

GOD loves courageous people - likewise the wingbeat of a butterfly!



Chaos rules *753*

Chaos always appears to us only as chaos as far we do not know the rules and its underlying order!

But as soon as we know the rules and recognize the deeper meaning of the specific processes and actions, everything becomes much easier!

Less question marks, less stress, less anger, less irritation and much less time wasted by senseless brooding!

Learn the rules!



Dull

754

Fear makes despondent and dull!

Some years ago two sociologists have received the Nobel prize for the fact that they have proved that the democracy in connection with social market economy is the most successful state- and economic-form!

Nowhere else it goes to the people better and nowhere they feel more well and safer!

That lets drastically the illusion of some wannabe Zampanos burst that autocrats, dictatorships and tyrant can be ever successful in the long run!

They will ALWAYS fail at some point with loud fanfare!!!

In democracy, on the other hand, the success is laid out from the outset and immanent!

I always knew it!!! Quite intuitively...



Wall up

755

To "fix steadily" someting (in the sense of establishing) is a kind of bitterness and clueless naivity and so

eventually an expression of a freely chosen imprisonment within your immovable convictions and views!

A "fixed position" implicitly excludes all opposing or different principles - because a ready built house cannot be changed just in a way you perhaps later may want!

With this you "wall yourself up" - even if you are not aware of it - bit by bit in a rigid castle, out of which you only get out of badly!

Instead of that enjoy tolerance, understanding and magnanimity! And be glad about the creative and colorful versatile otherness and the happy vividness of your fellow people!

That is the essential basis for every friendship and loving relationship!

If you don't "establish" anything self-willedly anymore, you will be surprised how free you suddenly actually are!



Colorbuckets *756*

We all are given the same gift at birth that cost us literally NOTHING!!

LIFE!!!

It's like some buckets of colors!

One is painting the wall and another one is drawing beautiful pictures from the SAME(!) buckets!

It's not a big fea to paint pictures and it's also not abig fea to paint beautiful pictures!

It's THE real big fea to paint extraordinary and totally unique pictures (preferably large and pretty impressive paintings) that also many others do like much! And who will give you a lot of money for it.

Okay ... got it!!

But how do you find an extraordinary fine idea for a worthful image??

Just by accident!

Observe very closely and with much endurance (so-to-say "meditativly") two or three things that are related to that what you wanna express or say or create!

Then let these impression "WORK" for you!

Be sure: THEY WILL!!

Maybe the unpatient guy gives up after one an hour and might say "Sh**!! That's good for nothing!"

But if you can wait, maybe one or two days (sometimes even more), your mind will slowly but diligently go to work and begins juggling with these few basical impressions!

Never doubt: your mind and your subconscious is a very independent and autonomous "thing"! It is absolutely busy to serve you well and properly!! It wants to see you smiling and don't want to disapount or to harm you! Be certain!

BUT: you must calmly be able to wait! It doesn't react well on pressure!

Then in the end:

IT WILL SERVE YOU!!

It sounds like a kind of magic, BUT IT IS ABSOLUTELY NATURAL!

Your soubconcious is faaaaar much better in having many precious ideas and a real great fantasy than you ever would by pressure and demanding all the time!

What's about you?

When do you work better? Whether under pressure or under calm and relaxed circumstances in good mood?

You see??!! ;O)



Optimization *757*

The most important growth principle of the world is the "optimization"!

Imagine a poor human tens of millions of years ago whose even smallest injuries didn't want to heal.

Before he or she could become adults at all, he/she has certainly not survived this genetic "problem"!

So, these genes couldn't reproduce!

In contrast, such people whose injuries healed well experienced a much higher probability of finding mates and adding their DNA to the gene pool.

Gradually so most weaknesses of mankind were erased from the logical succession!

So it worked with everything!

People with a many manual skills and a huge hunting success could reproduce themselves over many millions of years considerably better and easier with their pragmatic DNA, than those people who didn't know to help themselves so well or were bad hunters!

And so on and so forth...
The genetics has "optimized" itself in the course of many millions of years more and more! And this will go inexorably always so further until the end of all times!

This optimization law was "built in" into the world by God, the nature, the highest spirit, the universe or whatever you may call it!

It is called "evolution" and is therefore the most elementary law for the compelling perfection of mankind!

So from this point of view it's absolutely logical to be an "optimist"!

Because optimists intuitively trust in exactly this positive development of things!



Master the things *758*

If something is difficult to recognize for you and it seems to dissolve in the chaos of the movement, then it is because you have not set a reference point and your trigger moments are not planned short enough!

The change and upheaval can logically only be compared and held concretely in the comparison to the previous state!

In order to be able to perceive this condition, however, you must look often enough exactly and recognize the individual stages of a development consciously!

Often the failure of an enterprise depends only on the lack of a clear perception and an appropriate reaction and clear decision!

Control the things before the things control you!



Fearway *759*

A fearway is a path that does not lead you home!

It leads you on unknown and perhaps dark paths, whose mastering you do not know (yet).
You change every fearway into a courageway as soon as you know your way around and the events and persons can surprise you no more!

It is said:" Necessity is the mother of invention!" Invent therefore your personal way and your own "place" in the still unknown situation.

But if you notice that the conflict situation becomes too powerful and too threatening, and you may not be able to cope with it after all, then learn to run!

Even experienced soldiers sometimes say: "Better five minutes of cowardice, than the whole life dead!"



Real truth *760*

Without consciousness there is no truth, one says!

Because truth in a completely empty and dead universe has allegedly no witnesses who could describe and confirm the truth!

Only in the moment where consciousness exists, therefore also truth exists!

What is meant here is not the "reality" where only that exists consciously which "affects" us subjectively - but that what exists factually, even if nobody "perceives" it!
So seen in this way truth and reality are the same after all?

But what is then actually truly true?

We cover with our natural imagination in principle the whole spectrum of all possible truths!

But behind all experienceable there is just also that what we cannot imagine!

And that is then nevertheless true!

We can't imagine "normally" a human being who lives or can survive at 20 celsius-degrees minus in 4000 meters of height naked in the Himalaya!
And nevertheless there are such inconceivable Sadhus in India!

We also "normally" cannot imagine that a human being holds his hand into a candle flame for a minute without the slightest pain and burns!

And still there are such Buddhist grandmasters! (see: "Grandmaster Wolf")

Also we cannot imagine "normally" that people do not decompose even after decades of openly visible laying out in a glass coffin without aids and embalming!

And yet there are some Christian saints (as "Padre Pio in Italy, see image)) who obviously and demonstrably resist the natural process of decomposition!

Likewise we cannot imagine "normally" that a physician without anesthesia carries out most difficult eye or organ operations with an everyday pocket knife without that the operated one feels something of it!

And nevertheless there are or there were several generations of such miracle healers actually in Brazil (see "Joao De Dio")!

Besides, we cannot imagine "normally" that a healer carried out medically proved, complicated operations on/in the living body exclusively by his willpower without the operated one is noticing anything of it.

Nevertheless, there was such a miracle healer in Germany with medically proved operation successes!

We cannot imagine also "normally" that there are and were saints of different religions who survive or survived without physical food and without supply of liquid for decades in good mood and actively!

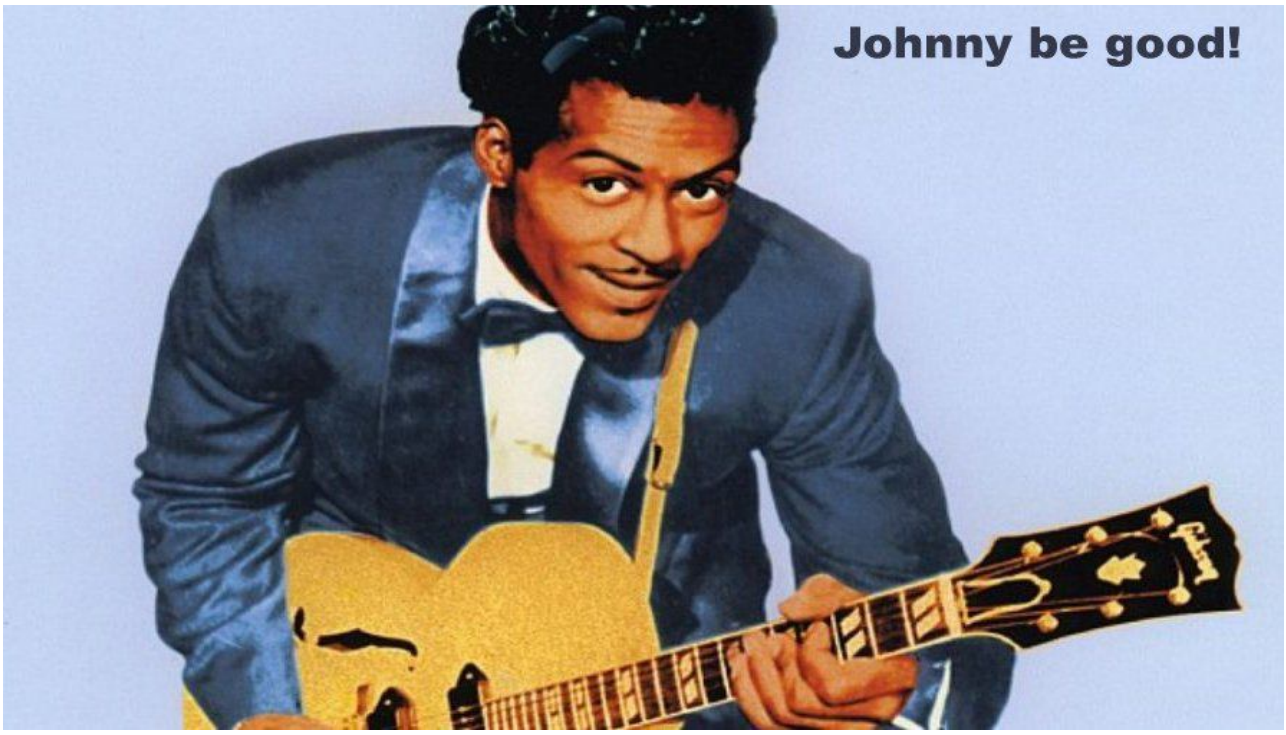
But, nevertheless, there were and there are such miracle beings all around the world!

And last but not least we cannot imagine "normally" also that the DNA of two blood samples with a distance of several centuries are exactly(!) identical! (see: "The wonder of Buenos Aires")

And nevertheless this is a scientifically proven and irrefutable truth!

This proves quite unequivocally: GOD is much more than we can ever imagine!

AND NEVERTHELESS HE IS UNDENIABLY TRUE!



Johnny be really good! *761*

It might be that some think you are a hopeless weirdo when you write long texts on your pc day in day out!

It can well be that they don't know what you do!
For example, a book is not finished until it is finished! Not one line earlier! Authors know this phenomenon!
If nobody knows your story, he/she may think it is useless fuss to waste valuable time on it!

Maybe you could have successfully built your own house in the same time!?

With a book it becomes only really clear, how valuable it is, as soon it was sold!

Maybe you will help thousands (or even many more) other people to make their life easier and to be very successful with their own company!

If it is really well written, imaginative, instructive and exciting, it may well be that your book sells so well that you can easily buy ten houses from the fee without getting hands dirty and also without falling into bed physically exhausted every day!

Who knows?

It all depends on how good, instructive, imaginative and exciting you can write! And how much you are convinced of your own story during the long months of writing day and night!

But never forget: You have to care at the same time always sufficiently for a proper living for yourself and possibly for your family! And if that takes time, the writing will take correspondingly longer!

But if you know what to do, then you will do it anyway!



Hulk 762

Depression always has something to do with fear of failure and sadness!

As soon as you feel up to a thing or challenge, you become - like the Hulk - courageous and confident of victory - and you are no longer sad about the lack of self-confidence!

So feel up to a thing - and your dejection will disappear like a dark veil which is pulled away from your eyes!

You always feel up to a thing if you are sure to be able to master the problem! And the less you mourn after your "hoped for" self-confidence!

It is not crucial that you have made all preparations reliably!

In most cases it is simply enough if you only intensively imagine this superiority and your self-confidence in your mind! This leads automatically to an increased self-consciousness ("consciousness about yourself")!

Because your subconsciousness will have difficulties to distinguish between reality and fantasy!

In most cases your " terrifying" counterpart will be so surprised by your self-confidence that it will not even come to a serious confrontation!

In all other cases you can either learn a lot from this "test", or you politely apologize and prefer the orderly retreat!

In any case, the depression then disappears like a bad dream, from which you can simply wake up again - and all is well!!!



Stagefright *763*

Imagine that most people who are talking in public just easily with great selfconfidence had to learn it from ground on!

Nearly nobody is born with that talent!

We all are parts and members of a tribe in the ancient sense!

In that former times of archetypical fights against much bigger animals each false action in that crucial moments could cause death of the whole hunting group.

And in the end-consequence of the whole tribe!

That lead to the "stage fright" - a extremely tension inside!
THIS tension can cause nowadays still huge fear of the judgement of the "tribe" as soon one has to proof their teamskills in front of beholders!

But we don't live in that ancient times anymore! So there is no need to get anxiously by getting proofed.

Nevertheless a bad result of a test or the complete failing can even today have deeply decisive consequences for maybe the family or any people that depends on you!

So there are three major lessons we can learn from that:

1. Prepare yourself as good as ever possible! Learn and practice as much as you are able to! A proper preparation is always the best way to fight that fear of the public!

2. If you want to generally avoid that nervosity, make nothing depending on you!

And if you do anyway then be conscious that - in a democratic culture - no one will kill you for a fault!

Have trust in the auience! They are humans like you!



Clean your windshield 764

Ignoble people can confuse a good and powerful leader just by the size of their quantity!

As if the windshield of a fast car is full of flies!

Every now and then the driver then has to get out of the car and wash the flies with a good dishwashing liquid carefully off the windshield to be able to see clearly again!



But that surely won't let him stop driving on!

Cuddle *765*

We are all advocats of love...

Everybody - also generally every being - has the natural right to be mindless, cheerful and carefree!

WITHOUT EXCEPTION - ALSO YOU TOO!

We all have our little mistakes and weaknesses and are all also a little selfish and calculating! That is pretty normal!

It could become a problem only if we did not want to see them and push the blame and responsibility on others!

But as long as we recognize our nature-given imperfection and apologize if necessary for it and show serious remorse and really try to make good the possibly originated damage as good as possible, as long we do have the right on forgiveness and oblivion!

We don't have to bother ourselves with feelings of guilt all the time!

We are allowed to be ourselves without having to justify and explain our behavior and our views all the time!

If the world is not such perfect, then that's not your problem! Then it must become just so!

Never forget: to be healed is as easy as to be forgiven and to give forgiveness also to others without hesitation.

Because a free and innocent person can't help but be good and loving!

And if you now look directly into each other's eyes and you then see the deep love in the eyes of the other, then it's all very easy!

Believe me!

PS: a warm hug and a little cuddling never hurts ;O)

And in the end, the love you'll take is equal to the love you make!



Transcendence *766*

Everything changes radically when you transcend things and experiences!

"Transcending" means to elevate circumstances, views and cognitions to a higher, "loftier" level of the Divine and the universe.

Transcendence is "above the clouds," so to speak.

If, for example, I define and consider the sawing of a board objectively sober as simply a manual activity, then this is in principle not a particularly uplifting feeling.

However, as soon as I become aware of it, I can ask the "WHY" question! For example, I'm sawing a board to make a pretty bookshelf for my daughter!

I go one level higher once I also ask "WHY" I want to build a shelf for my daughter?

Because I love her and I want her to learn a lot and for that she needs order in her school stuff!

And "WHY" do I love her?

Because God, the Universe, the Supreme Spirit, Nature or whatever you want to call it, has built the future into our lives!

We want the future, so that mankind doesn't die out and because an "intact family" is the best guarantee to ensure a positive future for all!

So God is love and love is future! Or differently said: He has invented the love for that we have future!

Transcendence can be so simple and logical!

Unfortunately, most people are not given the talent to become concretely CONSCIOUS of the things and their individual circumstances!

Because only, what penetrates into my conscious experience area, I can analyze by the "WHY" question. And this logical analysis is the unconditional prerequisite for every form of transcendence!

God is therefore furthermore also logic and consciousness!

Only if all conditions result in a logically closed circle, I can become conscious of the things and create with it the most important precondition for the transcendence!

So the precondition for the elevation and ennoblement of my world and my circumstances towards the divine and with it into a higher level of my being, my consciousness, my power and with it inevitably also my own inner beauty!



Obsessed *767*

Get obsessed about what you love!

If you really love you can't do anything to deny obsessing about what you really love!

So the point is to get totally sure about being in real love!

What are the crucial signs of true love?

1. You can't wait to be with your love. If you love your job you can't wait to be allowed to get your job done.

2. you admire the being or the goals of your team and leader. You are absolutely "pro-active"! That means you are striving to be "with the team" and "with your job"! You create very worthful ideas for solving the problems of your company, your team or your partner.

3. You cherish every step forward to success like a jolly kid.

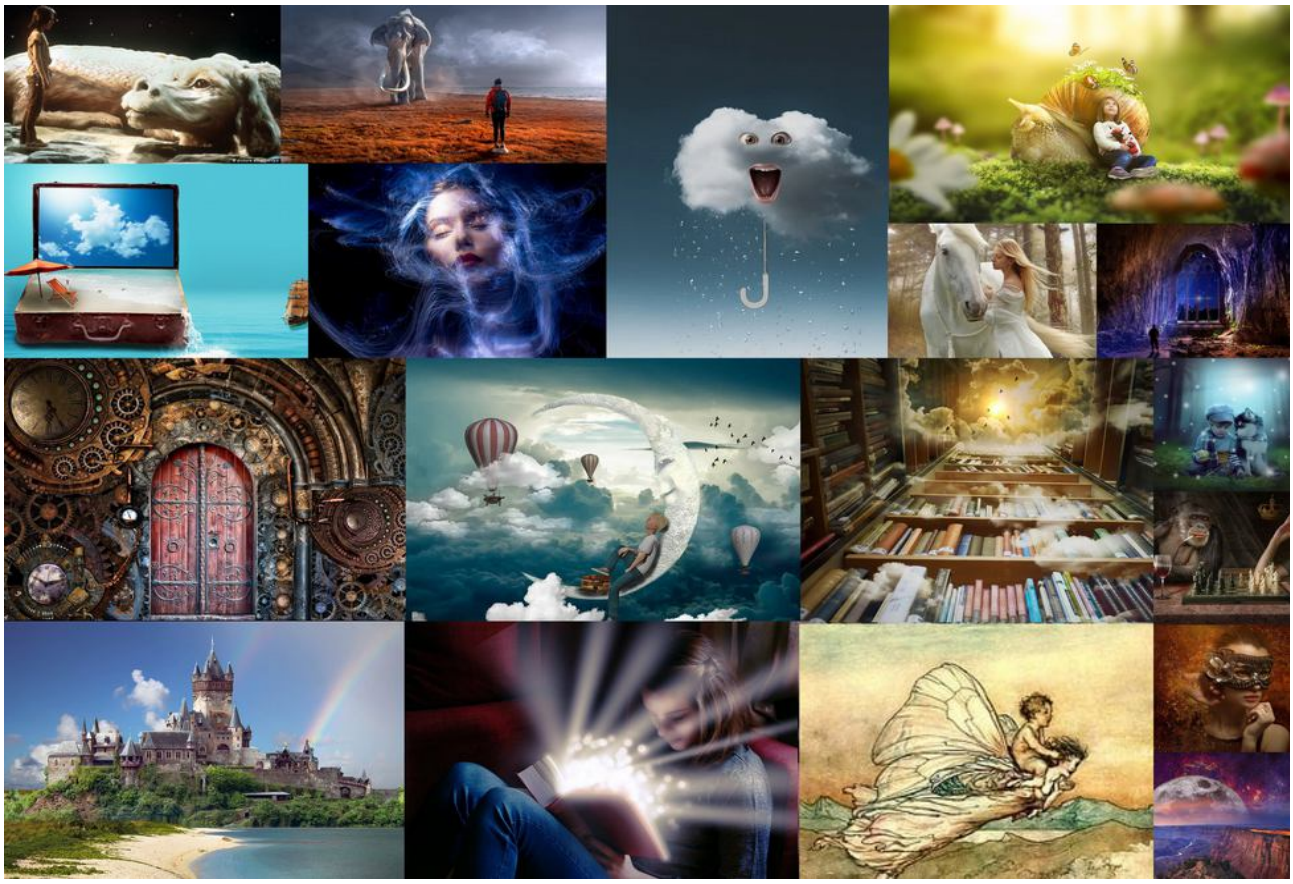
4. You are totally happy to be allowed to work hard for the goals of what you love.

5. you can't deny a permanent smile on your face as soon you think of what you love!

6. You're talking everywhere to everyone about you love! How beautiful it is. How great it is. How lovely it is. How smart and strong it is. How perfect it is. And so on...

7. You are urged to achieve the most possible wealth and freedom for what or whom you love and you are willing and able to struggle hard day and night for it without any self-pity with seemingly endless enery.

Those are true signs of love!



Learn thinking!

Most of us do not know how to think properly!
Imagine the simple question "What equals one plus one??"

Round 99 Percent of us would instantly reply: "TWO!"

What happens there?

Quit easy: our brain is used to count small numbers! BECAUSE we have learned it and have trained it a lot of times!

Why is an architect capable to layout an entire building only within his head? And then to draw it down and to build it! AND IT WORKS!

To build a complete company or even to build our whole life works in the same manner!

You have to learn AND TO TRAIN it!!

Certainly no one can built lots of companies to get that much experiences until he/she is able to buid ONE working company! And no one can live several lifes to learn how to live it the right and completely satisfying way!

BUT! You don't have to do it all yourself!!

We usually went to school - and afterwards we are much much smarter than before! Without having to develope all kinds of sciences by ourselves!

Why that?

Because our mind can not distinguish reality from imagination very well!

Walk several times just with the help of your imagination only in your mind through a complexe labyrinth by hearing a dry explanation of it! If you then would experience the true labyrinth in real, you would then know much more about it then ever before!

Maybe you won't know everything in details, but it would not be completely unknown and/or mysterious to you anymore!

So it's pretty the same with a new company or with your real life! Walk through your inner wonderlands of life - and learn it knowing!

So the main conclusion is: "TRAIN YOUR VAST POWER OF IMAGINATION!"



Contrast *769*

Some say:

"If you have a family that loves you, few good friends, food on the table and a roof over your head! Then you are richer than you think!"

I say:

A lot (round a quarter of all humans) do not have that! They live under several kinds of opression and violence, are starving and sick and have pain and fears every day - and no "quick solution" is in sight!

On the other side, some have all that, but aren't happy at all!

And even if you have not all that, you can anyway become a jolly person!

Then you are such rich, that you can't explain it - and your constant smile on you lucky face won't go away anymore!

How that?

Simply don't urgently NEED to possess those convinient things and don't get greedy, when others do! Forget jealousy, envy and stinginess! Those all are all signs of hatred!

Be content deep in yourself, be calm, totally relaxed and just a happy being!

Always be friendly to everyone, trust your maker and walk on the kind side of life! Love life and beauty everywhere it comes around!

That's all!

I would even say: if you become such an incredibly rich person then your success can't get denied anymore!

God loves happy people and there is no reason to keep them away from the public!



Liberation *770*

Break free from false conditioning!

If you have grown up in a family without love and your bad parents have told you again and again that you are not worth anything and you should be inconspicuous!

If you didn't experience any support from the family and you were permanently abandoned, then this is the experience which many people then identify as the first kind of "love"!

The child knows nothing else! And since a child expects love from the parents, but experiences unkindness and coldness instead, then most think that this must be love!

The most frequent depth-psychological interpretation is now that the being abused in such a way with this mental expectation meets the outside world in the adulthood and animates now with this vibration other people to be just as loveless as this person has experienced it from small age, so that his idea of this wrong love is confirmed again and again!

THIS IS A WRONG INTERPRETATION!

Because only such people will approach the outside world with this kind of mental expectation, who correspond to this attitude and expectation character-wise!

This is a convenient excuse to be able to shift the blame "inconspicuously" on the unfavorable circumstance and the unfavorable results on the "fate"!

Consider that parallel to this there are people who have experienced THIS SAME or a very similar development, upbringing and experience, but nevertheless become independent, cheerful, unbitter and successful!

In order to become truly free from your "talking out" fate and your inner habits, you absolutely have to question your own self-pity and alibi-tokenism!!!

Such people, who anyway become happy and lovable adults in spite of the same miserable career, simply do not allow the negative experiences to determine and spoil their life and their whole future!

NO!

Never use your origin and your "problematic childhood" as an excuse for bad mood, discouragement, problems and failures!

Learn to free yourself from your own laziness, laziness and cowardice! Shake off those nasty prejudices, self lies and resignation now!

IMMEDIATELY!

Because EVERYONE has the right to become a joyful, courageous, free and loving person!

ALSO YOU!

You are NOT simply the product of your destiny, but the free master of your own dreams and desires!

Use your boundless energy and determination for a free and self-determined life!

The highest being, God, the universe, nature, the most sublime spirit or whatever you may call it, is guaranteed just waiting to actively help you with this liberation!

To live a life in freedom, cheerfulness and lustful playfulness is the universal destiny! These are the rights - and also the duties of every individual!



Holy womb *771*

What are you searching for the holy grail?
The womb of a woman is the most holy piece on earth!

You can't find any holy grail, unless you totally, loveful and tenderly respect and admire a womans womb!



Happy to be *772*

Women who are happy to be women, are really gladly real women!
And men who are happy to be men, are really gladly real men!



Right answers 773

You won't get the right answer until you learn to ask the right questions!

So learn to ask correctly!

Who seeks, finds!
Who does not find the right, has not seeked therefore correctly!

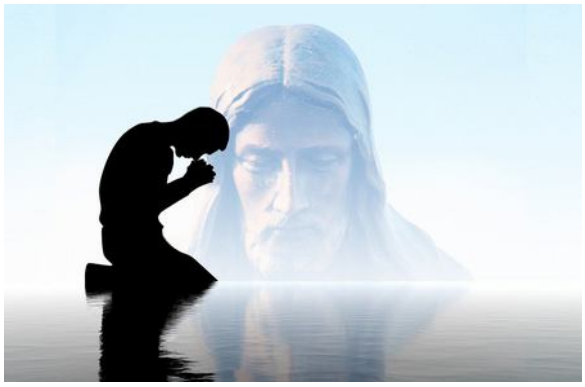
If you search the right, you will also find the right!

To ask the right questions, you must be modest, cheerful, respectful, friendly and watchful!

As soon as you are all this, the right questions come from completely alone!

And with it also the right answers!

Give yourself 774



Some think about the greatest gift of all!

The most expensive thing you can give is your heart, your body and your soul completely.

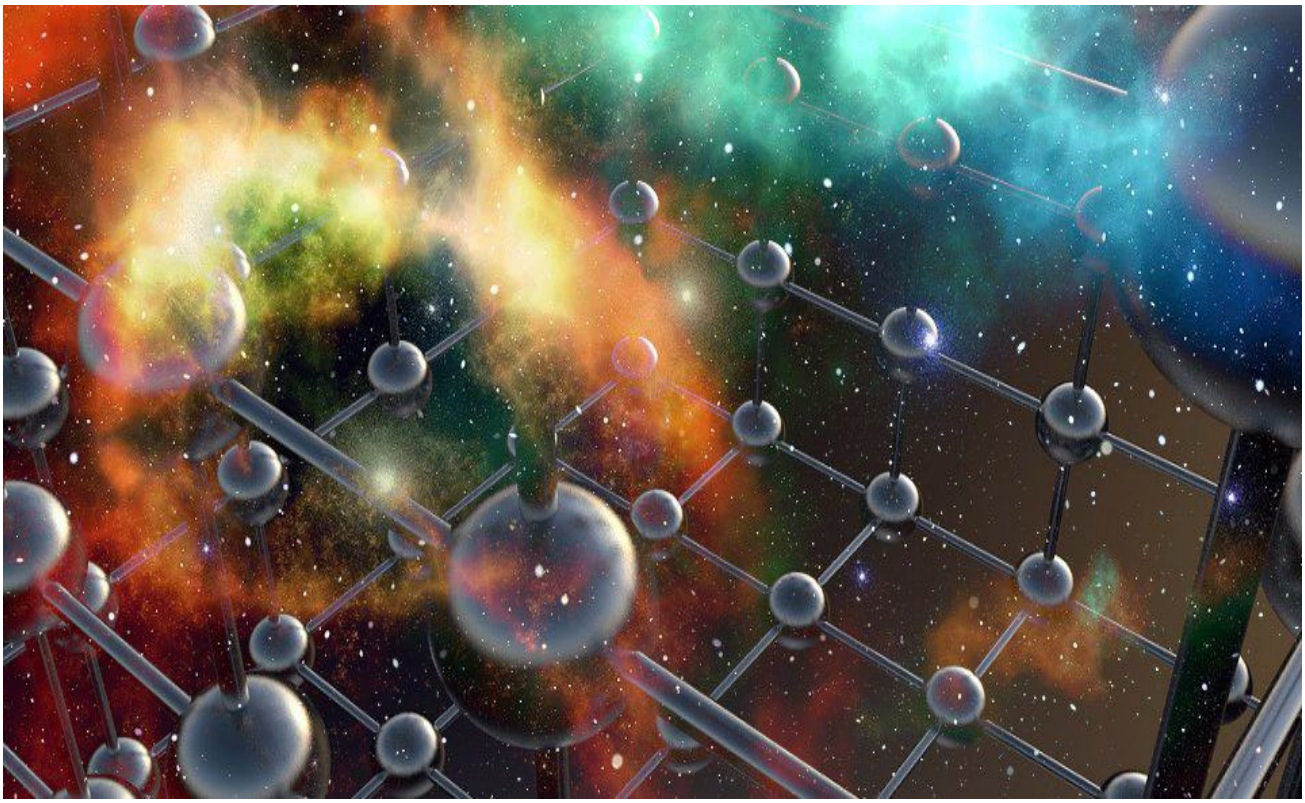
Be the arms and legs and muscles of your dearest and give the whole body to your dearest!

As well as your whole mind, intellect, believes and knowledge!

And last but ABSOLUTELY not least: give your whole heart, your visions, your dreams, your love, soul and your whole life to your dearest one!

Whithout hesitation and restraints!

THAT IS THE BEST YOU CAN EVER GIVE!



Memory 775

Digitally seen we have acut no memoryproblems anymore!

Nearly everything is saved and IOT will force that much more further!

Watch now the whole world and then imagine how much memory space you need physically to store each and every atom of the entire universe!

Each teddybear, each car, each waterdrop, each sandgrain, each planet and even the whole universe is stored in the quantumspace (some call it "matrix"!

Scientifically prooved!

And that is possibly just ONE universe of trillions.

And ... holistically seen, the whole universe is again completely contained in every single atom!

And again in every single atom of this "recursive atom" likewise!

Braincrashing, huuh??



Raising 776

Never tell parents as a layman how to raise their children!

Parents (almost) always think their children are well behaved, popular, intelligent, pretty and likeable!

This love advance should let the children grow up self-confidently and courageously and let them look into the future without doubt with confidence!

And this works also (almost) always - and is also (almost) always good so!



Sane family 777

It has itself with many nowadays apparently naturalized to devalue the "sane family"!

These "critics" are opponents of the perfect world and want to cause mostly only unrest!

Because there is nothing more peaceful than an sane family!



Electroshock *778*

Jay Shetty (former buddhist monk) said:

We asked men and women either spending time alone in a room by themselves with their own thoughts or prefere giving themselves a slight electric shock!

The studies found that 67 percent of male participant give themselves at least one shock during the period of thinking! Women are far less likely to shock themselves with a rate of 25 percent!

It proovs that we - especially men - are doing so much things we don't love, and want just to get away from our thoughts not recognizing that if we take the time to redirect our thoughts we will be able to redirect our lifes!

That's why Marcus Aurelius said: "The happiness of your life depends on the quality of your thougths!"

We are such busy with any kinds of stress and work that we are not home in ourselves anymore and we permanently rather distract ourselves!



Controlfreak *779*

A pronounced need for control is a clear sign of lack of basic trust and of lack of love!

The control person has constantly the feeling that negative events could break over him/her and he/she tries to prepare himself/herself for these unpleasant influences and to be able to ward them off possibly!

Without recognizing that the distrustful person is his/her own persecutor, or the traumatic experience from his/her childhood has nothing to do with the current reality and the felt threat actually does not exist!

It would simply vanish into thin air as soon as the control freak strengthens his/her healthy self-confidence and inner peace and love!

Breath for peace and inquire about autogenic training or meditation!



Worldchief *780*

Even if life is easy: don't pause for long! Maybe for some days or hours to refresh and recover!

Make EVERYTHING your thing!

NOTHING is unimportant!

EVERYTHING is related and connected to you!

There is NOTHING that not concernes you!

Imagine you were the boss of the whole planet! You have all the money and powers in the world!

You are responsible completely and you have to fix it all!

I know that no one can fullfil this demands!

But when you don't give uo then this intense imagination will make you surely faaaar smarter and wiser than before!

In contrary to a bird or an ant we are HUMANS and we CAN act!

And you will see things that you wasn't ever aware of - and you will have many ideas how you can have a say and how to help!

Try it out! It works!



JESUS IS LIFE ITSELF *781*

@Shree Devi Mayi Ma

Sorry Shree Devi, I have to disagree a bit...

We are absolute no animals and we only have the choice to live life in accordance to the holiness ... so to GOD.

And even then we are meant to be that way! Cause not everyone is meant to live in conscious grace and light!

Everything is created in infinite correctness and perfection and in total awareness, with power, grace and love of our maker! Since the beginning of time!

Those who are blessed to be allowed to be wise and trusty are also meant to help other creatures and to radiate the truth and the love of God!

In my case: of JESUS! :O)

JESUS is not God! JESUS is absoutely contained in God! Like the vivid warm and tender soul of a being! JESUS is the life within the world.

GOD is love and JESUS is the manifested loving life in the shape of man!

THAT'S THE WAY GOD PLANNED IT!

He loves us that much that he died for us as a human! Even in unimaginable pain and being cruzified to death - without any hatred or accusations and any kind of charges!

HE IS BIGGER THAN DEATH!

He took all guilt from us so that we can life in peace and harmony forever! To all eternity!

He says: "I AM THE LIFE! And no one wll ever come verily to the father than only through me!"

JESUS IS ETERNAL LIFE BEHIND DEATH!

So the only conclusion is: COME TO JESUS and let yourself be baptized and be healed through absolute forgiveness and the everlasting love of our savior!

JESUS CHRIST !

And as the biggest gift of all we are allowed to serve others and the entire world in deep humbleness and great joy! And to be free and being light like a feather! :O)

Nothing and no one can ever hold a candle to him the LORD or match his beauty in any kind!!

Because he IS the loving GOD himself!

AND HE IS ALWAYS AND EVERYWHERE ALIVE!

Every living being in the entire universe and all possible universes IS JESUS ALIVE!

So ... through me and through each and every encounter there is JESUS talking to you!

WATCH AND SEE THE LORD IN PROGRESS...



Kundalini *782*

Kundalini-Yoga is practical!

Even for western kind of "stressy" types!

It's quick, efficently, refreshing and feasable!

I know not much about it, but I know much about my Lord JESUS CHRIST!

In my experience Kundalini-Yoga "somehow" meets Christianity!

It means vividness as itself and just the vivid "service" to the whole world!

My interests are going for the intersections of all kinds of religions!

So what I found out is that EVERY people round the globe (and even all beings in th entire universe) are longing for GOD! They long for love, friendship, peace and harmony!

EVERY SINGLE BEING!!

To perfectionate this in unity (the Sanskrit term "Yoga" means "Unity"), therefore is Kundalini-Yoga made.

And to summarize that quite simply facts in the one holy brotherhood and sisterhood (and "diversyhood") of man, there is Christianity made for!

So Kundalini and JESUS can impossibly be that far apart because even Kundalini is a very vivid part of JESUS!



Intuition *783*

Everything is a journey of the spirit!

You get ad hoc access to every part of the knowledge in every book, as soon as you understand why somebody has written exactly THIS book, or wanted to write or should write it!

Everything has a trigger in the elementary spirit of the universe! So in God! And everything what is in God, is also in you! You only do not know it yet!

So understand the reason behind the book - or also behind any invention or technique - and recognize the core drive of the writer or the inventor and your own spirit will intuitively and curiously connect with the journey of this spirit!

Focus on the logic of the book! Look intensively at the short description, the table of contents and the personal introduction of the author and go backwards in this logic step by step and ask yourself at every single step why the author - or generally ANYONE - has found it necessary to write exactly THIS book in exactly THIS manner or to create exactly THIS invention in exactly THIS way!

So you can connect in principle with ANY knowledge directly and intuitively and this knowledge will - depending on the intensity and duration of the focus - become alive in you and your spirit!

You can not create knowledge faster as only through the focus and the spirit!

Nothing else happens when you learn! You only call it differently!



Nubian beauty *784*

It is not really important whether you always own the latest of the finest!

It is important that you master what you own REALLY PERFECT!

Do the best you ever can!

Always!

What good is the most expensive instrument to a musician if he/she can't play it!

But even on an old and rickety instrument you can become a world champion!

IF YOU REALLY JUST WANT TO!

Willpower and firm belief are the most powerful tools of all!

Become a brave, unbreakable and diamondhard tool of love, peace, confidence and cheerfulness!

Keep a cheerful soul and walk confidently with strength even the difficult paths!

Even through dense branches and in deep night - never lose courage!

Keep moving on with a happy heart straight ahead...

Standstill is the death!



Many of us identify themselves with the opinion of others!

Many only need to think that others think "something" then they possibly instantly try to synchronize with the view of others.

After the laws of nature we are always part of a "tribe" or a family, a community or of a realtionship!

And we sanely and completely naturally try to get accepted by OUR TEAM in the sense of a most efficient cooperation and for the best benefit of the "team" and to be useful!

Try intensely not to let you be determined by the needs and subjective thoughts of people who doesn't know you properly!

Breath in deeply and imagine always that you are not depending on the opinion of any others!

Have your own thoughts and be at first responsible to yourself!

But if after thoroughful pondering your own particular thought is clearly and consciously that you ARE and WANNA BE an integer part of YOUR TEAM then be THIS part in the best manner you ever can be!

With all your heart and soul - wachful and consciously - loveful, peaceful, tenderly and useful!

That depends on your selfesteem and your very personal nature!

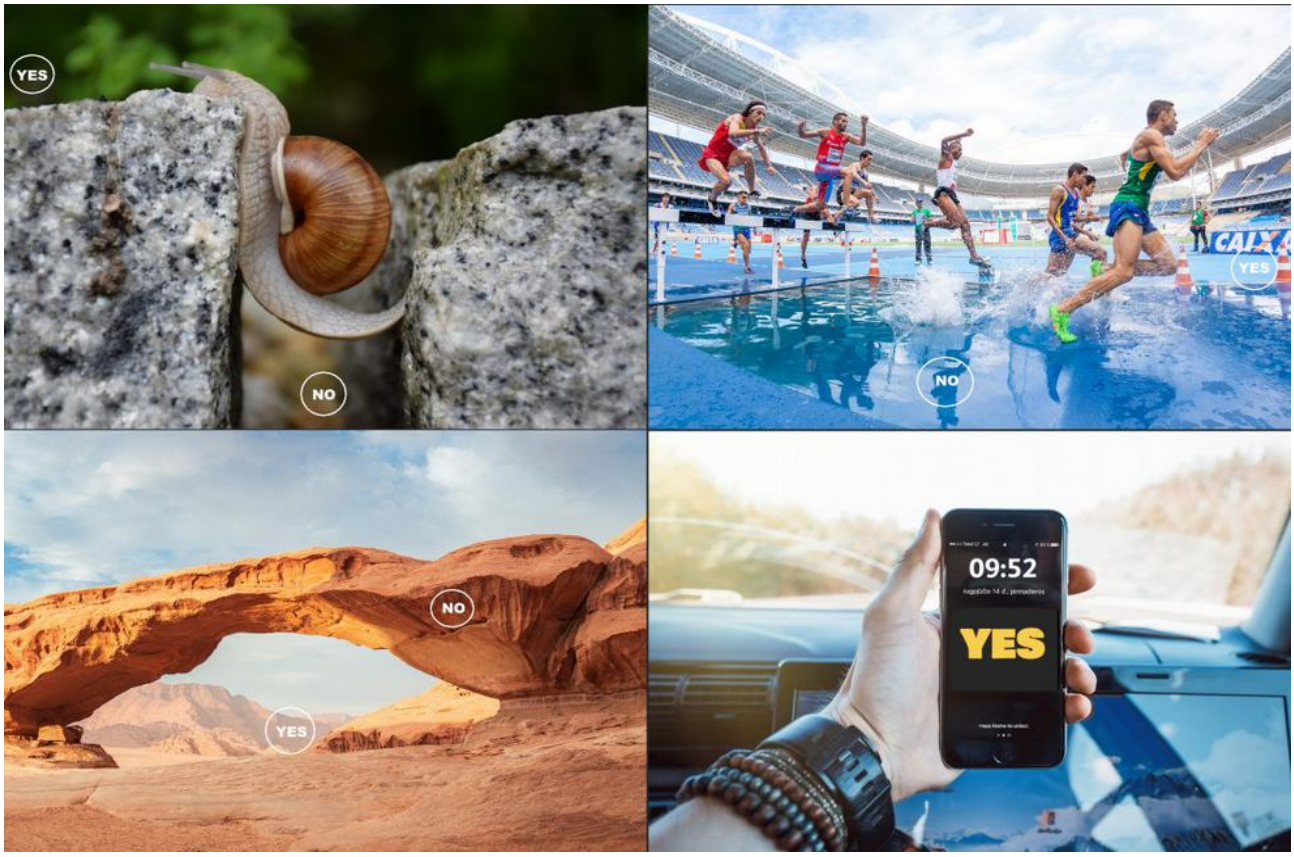


Some people say like: "Suddenly you meet one person and your life changes forever!("

I Say: "With every person you meet, your life changes forever! Even if it happens unconsciously!"

You can't ever control the minds of others!

Also no one can control your mind, because thoughts are and remain free!



Do overcome „NO“ *787*

You have to endure many No's until you get a Yes!

Life is full of resistance and doubts.

We don't like No's!

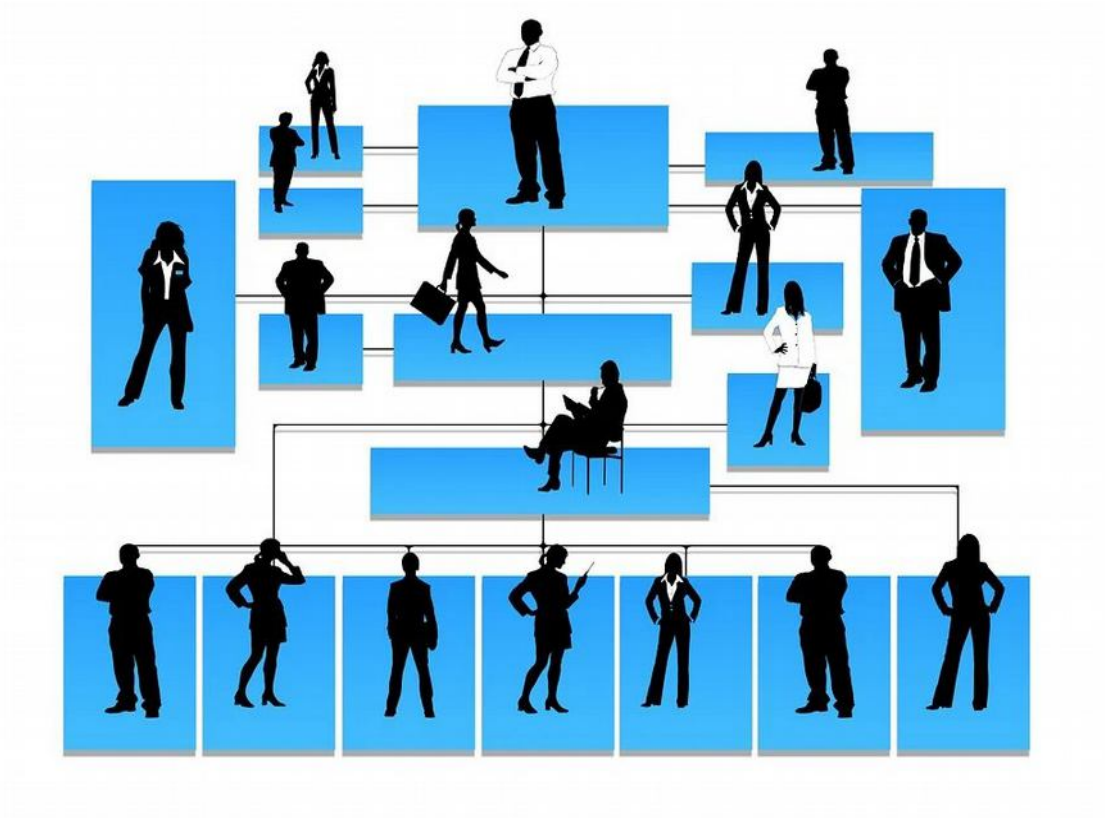
But imagine that after 27 No's you are guaranteed to get a Yes!!!

You would joyfully and enthusiastically set out to overcome your No's!

You would constantly ask, "Where is the next 'No' that I'm allowed to overcome?"

Because you know that YES will surely come then!!!

Hang in there!!! It's worth it!



Staff 788

To all those who can not do so much with spirituality: you still do a really great job!

You are friendly bus drivers who bring our children safely to school every morning in a good mood!

You are also all the ones who enjoy the delicious food of gifted cooks in full canteens at noon and chat happily with their colleagues before they go back to work elated and just carry on gratefully!

You are the loving kindergarten nannies and teachers who patiently teach our children a good heart and the "ABC"!

And also the doctors and nurses who sacrificially care for our sick!

And musicians who make us sing, laugh and dance!

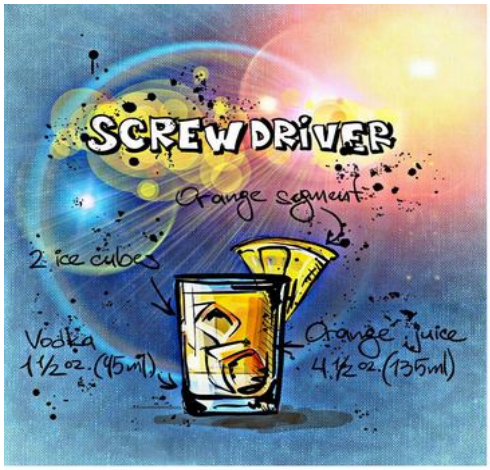
You are also the faithful, hardworking civil servants who conscientiously make sure that everything works out!
Enthusiastic craftsmen with sensitivity and many good ideas who make everything work again and again!

And also the cooperative, courageous entrepreneurs who create our many jobs with a lot of feeling and skill and much self-confidence!

You are all doing a really good job!

And if I forgot anyone here, feel loved and honored anyway!

WE NEED YOU!







Life is life *789*

People spend most of their lives searching for meaning!

Why am I? What is my purpose? What is God's plan for me?

That's what usually broodingly those of us who think relatively short-term ask ourselves!

Because the meaning of life is life itself!

We - that is every single one of us - carry life into the future!

The sense of the life of your great-great-great-grandparents 250 to 300 years ago was you!

So that you can live!

Even if these can never have known you, they already suspected at that time that you would probably exist.

You carry even their souvenirs with you! Your nose sits in the middle of the face and you have "normally" two legs to walk and five fingers at each hand!

Each generation of parents fights and works their whole life for it that you will and can live!

This fragrant and nourishing soil where everything grows and blooms: THIS IS YOU!

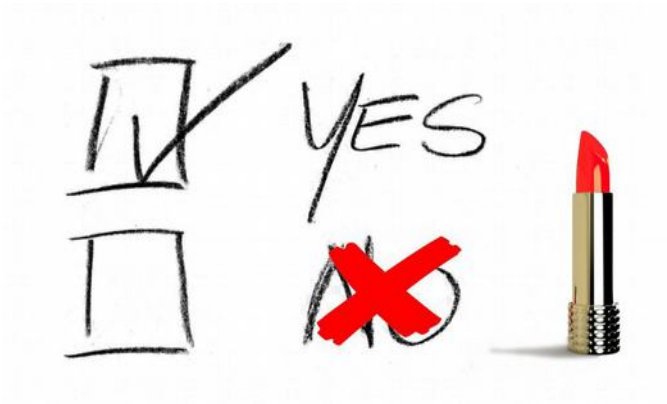
That is your noblest destiny!

And fortunately God, the universe, the highest spirit, the nature or whatever you may call it, has always still planned enough lifetime for you to have fun, to make the world better, to be useful for the world and to enjoy life and your children!

Because without joy everything makes no fun!
And without fun everything makes no sense!

For this we were given humor! So that even the unpleasant and exhausting times will be better survived with hope, strength and joy of life in a cheerful community!

All this is you!!
Enjoy....



Yessayer 790

We live in a phase in which the nihilists and nay-sayers have to expect more and more that the "positivists" do their own thing and don't ask anyone for long anymore!



Only for optimists 791

For fearful pessimists, everything is like walking through a dark forest at night! Full of dangers, wild animals and evil robbers!

For brave optimists, on the contrary, everything is like a happy walk through fields and meadows by day! Full of sweet sounds, pretty pictures and friendly creatures!

So if you want to change to the optimists, then be brave and don't walk through the forest at night!



Simply you 792

Gurudev Sri Sri Ravi Shankar posted on LinkedIn:

Q. What am I here for?

A: Find out what you are not here for.
- You are not here to blame.
- You are not here to cry.
- You are not here to sleep.
- You are not here to show off.
- You are not here to fight.
- You are not here to be miserable.
- You are not here to be angry.
- You are not here to worry.

My comment:

Look what you are really here for:

be lively where others are lazy
be honest where others lie
be cheerful, where others are negative
just get up again where others give up
be warm and heartly where others are cold
be good where others are indifferent
be powerful and energetic where others are lukewarm
believe in future where others stuck in the past
be strong where others are cowardly
maintain your "realm" where others are unprofessional
be friendly where others are hostile
be tender where others are insensitive
know the way where others are aimless
be careful where others are unfocused
be vigilant where others are tired
bring healing where others see no meaning
be spiritual where others are clueless
pay attention where others are blind
be gracious where others judge
be kind and trustful where others are reserved
be generous where others are mean
be patient where others are intolerant
be strong-willed where others are unwilling
be persistent where others get weak
be close where others are concerned with themselves
be optimistic where others are pessimistic
be brave where others collapse
be warm where others are frigid
be wise where others have quick solutions
be determined where others become shapeless
be funny where others are dull



I am a loving GOD *793*

You can't slightly imagine what GOD does with you your whole life!

You are completely surrounded by him and he is the "WITHIN" you!

Always!

He knows simply EVERYTHING, he **IS** your thoughts and he gives you your dreams!

He hears your prayers, he feels your fears and he laughs with you when you are happy!

You are made by me!

Talk to me!



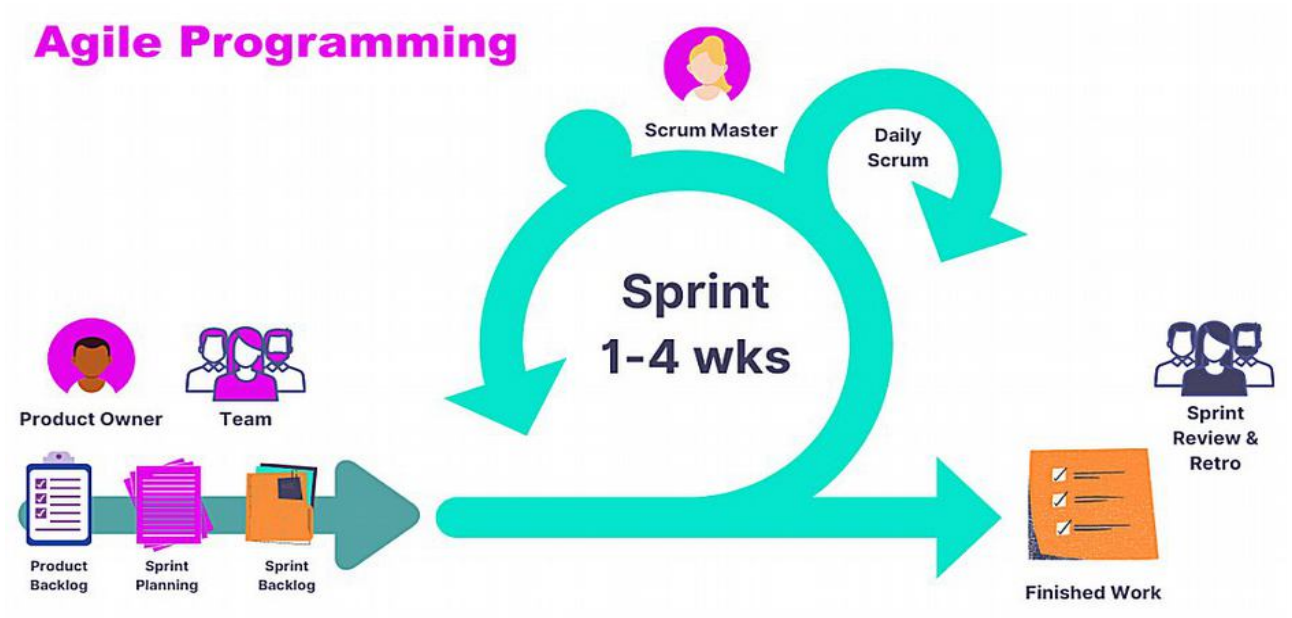
Order 794

Everything has its own inner order!

Without order NOTHING would work!

Everything has his special function and his special place where it belongs, where it makes sense and you can find it any time!

Order is peace!



Agile 795

Agile programming is not a modern way of programming or a new programming language! It is primarily just a system of e.g. version controls, SCRUM, interface- and process descriptions, code comments etc., which development is splitted in so-called "sprints".

A system in which all important informations, program codes, algorithms and designs are clearly and sensibly organized in such a way that EVERY TIME another agile-programmer can seamlessly connect to it!

Thus, it can no longer happen that the entire relevant knowledge of important KnowHow carriers and developers dissolves into thin air in a fraction of a second and entire companies and (in part VERY) many existences are ruined as soon as these important positions completely fail ad hoc for the most diverse reasons (illness, death, dismissal, bankruptcy, etc.)!



Vote 796

The average IQ is 100!

That means half of the people are below of that!

And they all may vote just like all other democratic citizens, so it's all votes!

Intelligence is not a democratic exclusion criterion.

The only criterion is the sane mature common sense!

Highly complex issues like artificial intelligence and digitalization, climate change, energy crisis and migration (or even blockchain and DeFi) are not for the average citizen!

A big "problem" of many is that they no longer see through the complex things and thus somehow feel "followed" and externally controlled!

It does not help anything: we must learn to trust the best of the best among us abysmally!


JESUS I TRUST IN YOU !

Because they also love their children dearly!

Some claim that money is unimportant!

Money is unimportant only if I satisfy with it exclusively personal desires and needs!

What did Jesus mean by the 11th commandment?

"Love your neighbor like yourself!"

Love yourself - that's okay! Treat yourself to a good life!

BUT: treat everyone else - especially your neighbor - THE SAME!!!

If then everyone would follow this commandment, this would result in an extremely positive snowball effect, which would reach to the last corners of the entire world!

We do not live from bread alone! The human being is a social "cuddly toy"!

We humans need all the recognition, praise and love of our family and group, our clan and our community!

And also the world at large!

If you have saved one life, then you have saved the whole world!

Take a closer look at your neighbor (wife, child, neighbor, teacher, classmate, colleague and boss)!

Which problem or which lack oppresses him or her?

And then take care that he/she gets his/her needs just as satisfied as you get your own!

And this goes of course better with money than without!

Be active and generous! Show acts of love!

By nothing you will receive so much recognition, as by true love!



Busy 798

Mothers are all day busy with their children!

Observe that occasionally!

And the fathers to it are busy the whole day to make sure that the mothers can be busy with their children the whole day!



Crutches 799

I often observe older people - and often a little younger - walking with crutches!

By the flow of their movements, however, I think I can recognize that many of them do not really need the crutches!
In unobserved moments they namely sometimes then stand firmly on two legs and can move relatively freely!

Of course I cannot judge whether they really need the crutches for health reasons! I am not trained for that!

But I believe very much that some of them would manage quite well without aids!

It would depend on the attempt:

Just throw away your crutches!

I am sure that many would then perhaps realize that they - of course with a little will and self-discipline - do not really need these aids at all anymore and can then enjoy their life much more again.

Instead of beleaving in weakness better believe in strength!



Charity *800*

Everything we do, we do with a certain aspect and with a certain intention!

What is that?

Our most important task in life is life itself and to carry this life positively into the future!

God has set the purpose and the ability in us to live this life and to produce children who will continue life!

Surely among us there are some who do not want to have anything to do with children and who want to live their own independent life!

So be it! Each in his own way!

But the vast majority of us, without gripe and reproach, adore the family and know no higher happiness than to have our own family and our own children, who will then carry our inheritance into the future!

And for all these people there is only one true goal: to provide life, happiness and sustenance for it to the best of our ability!

We learn in school what life is! We fall in love, we have children, we take care of our family and we rejoice in the joy of our children and in the shine in their eyes!

And that is exactly how it should be!

But always remember that the poorest of the poor in the poorest countries of the world also have exactly the same dream in them as we all do!

"Let's work together!"

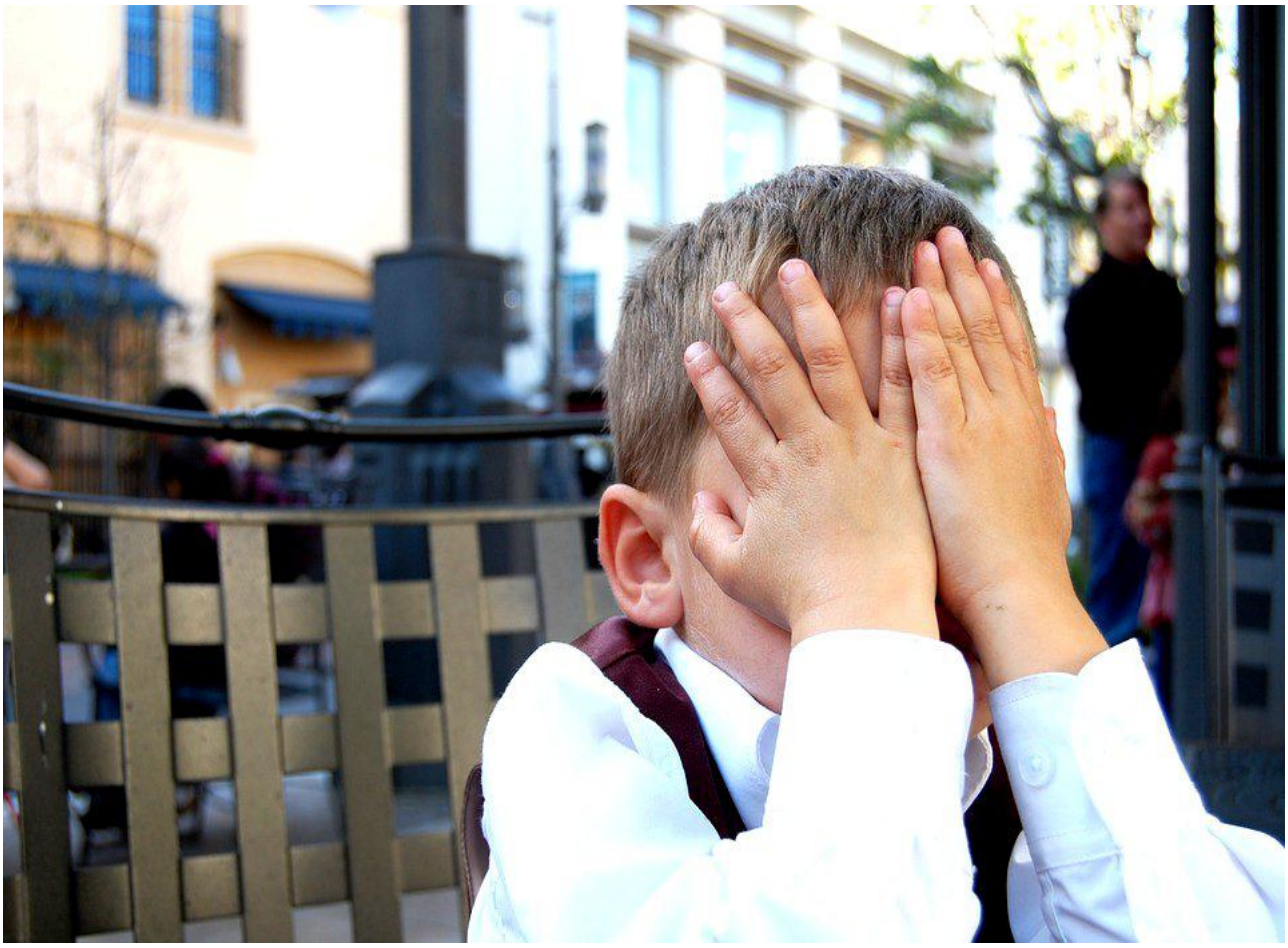


Too tight *801*

When people are binded together too tightly, then they can't walk anymore because they are hindering each other!

You need space to breath and a little distance to walk.
It's an old trick of prison wardens, to tie two prisoners such close to each other with heavy chains to avoid them from being able to flee!

In this case you urgently need to loosen the chains, because there is never a true freedom in chains!



Annoyed *802*

Don't "talk" people "to death", don't "babble" them over and "close".

Don't be pushy, self-absorbed and stupid. Do not try to make them "dependent" on you. When you "bless" someone, wish him/her REALLY ALL the best and bless him/her for themselves. For his/her(!) freedom.

Let him/her fly freely into the sunny blue sky.

If he/she then comes back to you, then because he/she has trust in you and likes you, and not because he/she HAS TO ;O)



Judge fairly *803*

Only things, which you have experienced yourself from next proximity, you can judge "to some extent" fairly!

If someone tells you something about the city of Paris, but you yourself have never been there, you can't allow yourself a real opinion about it without others laughing at you!

From the fact that you would put up constantly illogical and wrong statements about Paris, everyone can recognize easily who was already once in Paris that you only fantasize!

So it is with everything!

So if you want to tell something about Paris in a credible and authentic way, it is very helpful and useful to have actually been there before!

With 130,000 IT books sold throughout Europe, I am a recognized IT and software expert, but I know for the vast majority of people, IT, software and digitalization is much farther away than Paris!

Human *804*



It is a bit silly!

Two people with similar origin, perhaps even siblings, radiate a different "aura"!

One seems unhappy, while the other is "in a good mood" and cheerful!

No matter what education they have and no matter if rich or poor!
Well, many would say: "The one is, as he/she is now! And I am just how I am! That's fate!"

But there is a law of nature: that is called "development"!

All beings have the irresistible urge to want to become ever better and smarter!

As long as you are not fully satisfied with yourself, you are still "en"tangled to a certain degree!

You can learn self-realization just like the multiplication table in school! It needs only its time! Sometimes years!

And it mostly needs a good teacher!



What remains of you? What actually remains still, if you were not so foggy by your own sophisticated thinking, pampering and your selfpity?



Live love *806*

There is hardly a big logical difference between digital intelligence and spirituality! Except that the universe seems to have little to say in IT.

But both only work properly when they work properly!

Someday there will even be a SIMULATED "artificial" spirituality, just as there is a SIMULATED artificial intelligence today!

We all agree that we know "approximately" what atoms are! But where in the empty space between all the atoms and in the atomic nucleus between quarks and neutrons is there life itself?

The energy of life has apparently nothing to do with the atomic physics! It is like the love an own and independent energy which will probably never somebody be able to calculate and simulate!



Careless *807*

I love simple, naive and little educated people who happily laughing drink their beer together!

They won't think bad or evil, because everyone in a society - even the rich - is better off and more careless, the better off and careless the poorest and simplest are!

Long live beer and soccer!



(Ringo Starr of the Beatles)

Love and peace *808*

The short text sequence "WWW" has acquired a new meaning for all freedom-loving and democratic forces:

"WE WILL WIN!"

Democracy and freedom will surely win!

Any form of autocracy and dictatorship are totally unsympathic to all freedom-oriented people!

And it becomes more and more!

Ruthless egoism, big man mania and mendacity have no more chance on this planet!

That, against which the political "East" and the socialism once started: the "Imperialism", is led ad absurdum by Putin's imperialistic war lust!

Democracy does not have to fight "superficially" and "actingly" to represent real peace and real freedom!

We simply are it!

"LOVE AND PEACE"



If you want to be successfull in what regard ever: switch into the "battle-mode"!

What that means, we see clearly nowadays in the true courage role models Selenskyj and the Klitschkos!

They fight for freedom and solidarity! And for our true democracy! None of them would ever swap this for convenience or richness!

They have switched into "battle-mode"! They know instinctively when the can not dodge anymore!

To do so you at first have seriously and deeply to know what you are fighting for!

So, take a deep breath and get a glimps of your skills and your full potential! Get to know your own inner fire and what you are existencially burning for!

To keep that for you and, much more important, for your family and friends, is always a good reason to fight!

Feel your muscles tighten, feel how the oxygen and the adrenalin shoots through your veins, strengthen your will and stand your ground!

And then: go and free your people!

THAT IS THE BATTLE-MODE!

You don't have unconditionally to die for it, but it's always good to be ready to give your life for life!

Because it's also ever worth to fight for!



Metaverse *810*

That and NFT is what's coming up to us very soon!!
You better be prepared for that!

And ... before you complain: you can't stop it anymore! It is already there!



Surgeon 811

Intelligence is like a scalpel!

But, what is the sharpest scalpel, when there is no well-trained surgeon with fine senses, who knows exactly where and how to cut in order to heal!?

Sometimes it is more important to be a good surgeon than to have a sharp scalpel!

If you don't know how to use the scalpel right, you can destroy more than you heal!

So ... always look for a good surgeon!

Simplicity 812



From WHAT a person asks and says and in which order, one can often recognize a large part of his/her basic attitude!

Simple minds usually ask for simple things - and bad minds often ask for bad things!

Especially when the person is under stress or seriously surprised! Then people can't fake anymore!

Besides, negative people like to laugh at things and events that make others rather sick and their laughter fades!



The Klitschkos *813*

If you do not know exactly which side is the right one, then go by those who are most likely the good guys!

On Youtube there is a 2 hour long film about the Klitschkos! In it you can see clearly that they with complete certainty are both NOT the bad guys!

They fight voluntarily, fearlessly and undaunted in Kiev - Vitali even as its freely elected mayor - under urgent life danger on the side of freedom and democracy!

How unspeakably much must freedom and democracy be worth, when such undoubtedly courageous and upright people are ready to die for it!!!

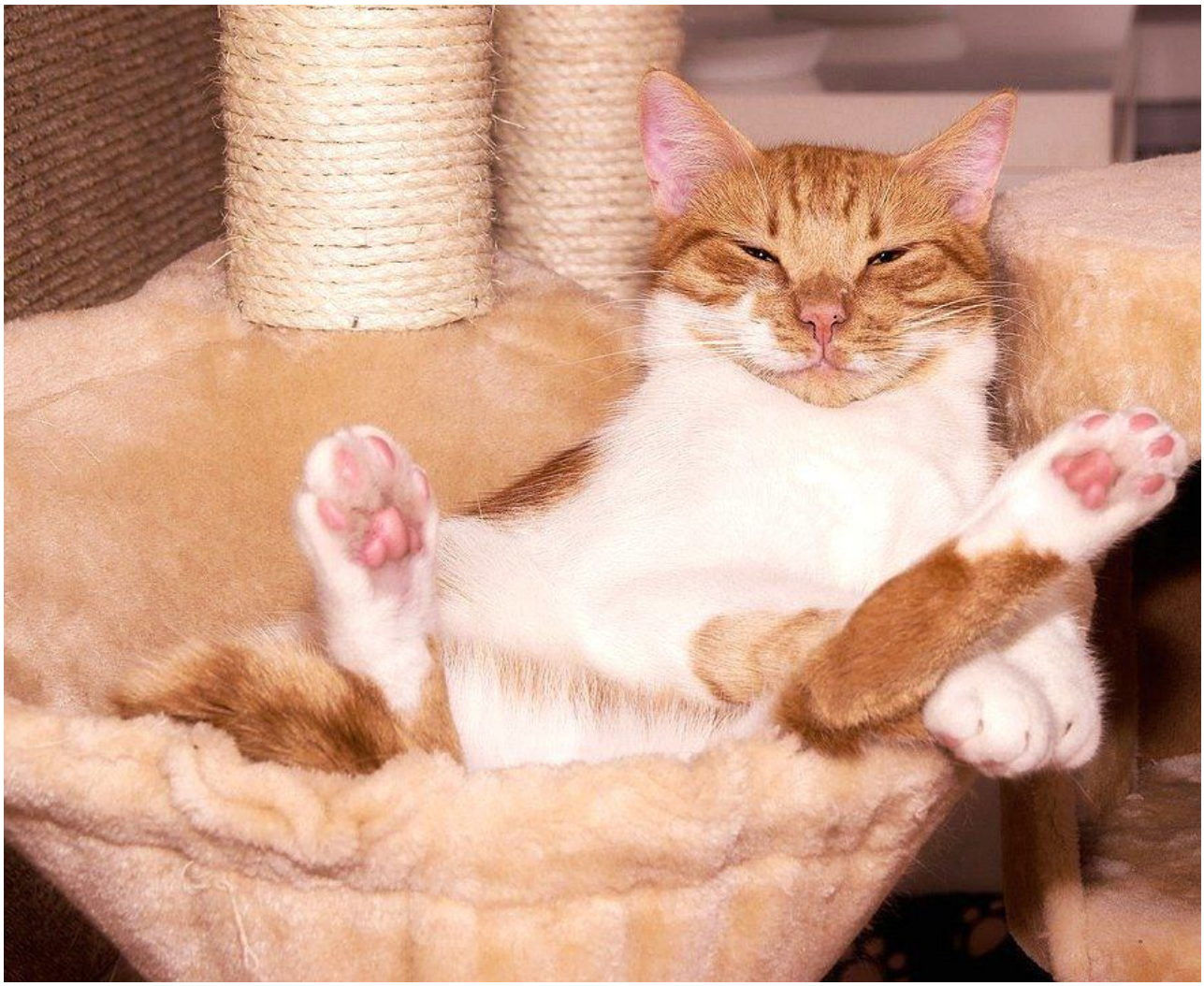
If you want to be sure to be on the right side: THERE IT IS!

Long live the Klitschkos!

BTW: On the right you see Wladimir! After Muhammad Ali the most succesful boxer of all times! There' have been the chance for both to be worldchampions at the same time and to reign the boxingworld completely!

But they promised their mom never to fight against eachother! So Vitaly gave the priority to Wladimir and supported him as much as he ever could! Because he is the younger brother and Vitaly promised his mother to take care of him!

And vice versa, as you can see in Kiev! They fear neither death nor devil!
You can get the Klitschkos only in a doublepack!! **Never alone!**



Pasha ***814***

A very successful playboy was once asked why he always has so many beautiful, affectionate, cheerful, tender and passionate women around him exactly to his taste?

He said:

"I wake up every morning wondering how I want to spend the day???

Either as a rich man with warm, loving, tender and kind, beautiful, affectionate, cheerful and passionate women exactly to my taste or rather with unsuccessful, unsympathetic, loveless and unruly people with coldness, harshness, unkindness, reckless aggressiveness and bad temper?

Until now I have always effortlessly managed to choose prosperity and the picture-perfect, positive women full of cheerful love, warmth, closeness, tenderness and passion!!!!

THAT'S ALL!!!"

For women, of course, exactly the same applies in principle!



Curious *815*

Man is made to want to become better and better! Man wants to know and learn in order to perfect himself more and more!

If in a kindergarten a kindergarten teacher sits in front of the children and tells them something about the ABC, then the children sit completely quietly and pay attention concentrated to what they have never heard before! They are curious and want to learn!

It is the same with us adults! As soon as we have someone sitting in front of us who seems competent and tells us things we have never heard before, we become quiet and curious!

We want to optimize and learn! Optimism comes from "optimize"! We firmly believe in our soul that everything can get better!

This is a law of nature!

What is commonly called "enlightenment" is a state of "better" knowledge! So every teacher and professor is in this sense an "enlightened being"!

But when do teachers and professors become completely silent and listen concentratedly to what the speaker just says???

When the speaker seems competent and reasonable and tells them something they have never heard before!

Mostly these are things that have to do with the human spirit! With the self becoming and with the optimization of the own person!

Even the most intelligent people respect and honor the one who can tell them clever and wise things about the soul!

The science of the soul is the spirituality! The faith and the pure reason!

Become a master of spirituality, faith and pure reason! So you will become a messenger of peace, a teacher of teachers and a master of masters!



Babylon *816*

Things must be logical! So logically that they can understand in principle even a six-year-old child!

Einstein once said: "If you cannot explain a thing to a six-year-old child, then you have not understood it yourself!"

I think this is what our world is suffering from!

The self-proclaimed "elite" is getting so far away from the rest of the "normal stupid" people that this "elite" has completely lost any connection to common sense!

If it wants then absolutely, then it must fly just alone with all smart formulas into's cold universe!

The priority education discipline must be to make things so slim and simple again that even a main pupil can understand them in the essence!

The Babylonian tower stands shortly before the collapse!



Resilience *817*

Intelligence is not - as many think - always and necessarily the mental ability to understand something, but often much more the perseverance, patience and the mental resistance to deal intensively with a thing until you have finally understood it!

So, if you are a particularly persevering person and have a good memory, then you can put the pure intelligence in the shade by it in many cases!

Resilience, fierce hardness and success may also be the ability to wait patiently!

Some even say, it's a matter of endurance being able to wait for 30 (even 40 years) till your opponents died out!



Lighthouse *818*

As soon as we can't see things clearly, we feel uncomfortable because we can no longer reliably assess our surroundings! We don't know exactly which step is the right one and which way we should go!

That is why we like the light! That's why we sleep in the dark night and love the bright day! We see then again clearly where we are and which way we go!

"Enlightenment" is exactly that!

To see things clearly where others puzzle or sleep!

Our inner world is for most people also a dark and unclear "place" full of uncertainties!

Enlightened beings have simply learned by training through years to recognize their surroundings also in darkness! They learn them downright by heart!

Like a blind man knows his own room inside out by heart! In his own world he can move with somnambulistic security without knocking over something or hurting himself!

That is enlightenment! If you know yourself in the almost infinite human soul somnambulistically, thereby you become the light for others and show them the right way!



Angkor Wat *819*

If even dandelion roots have the power to blast cement and asphalt by osmotic pressure, how much more can the human spirit blast? Nothing is impossible for a sharp human spirit!



New start *820*

If you are disappointed, then you must have been deceived before! Either by carelessness, by unclear view, by more or less conscious and more or less purposeful misleading of others or also by your own error. And/or also possibly by some other factors.

Seen from this point of view, disappointment is good! Because it creates a clear view on the truths! So don't let yourself be defeated and demotivated by disappointment, even if it really hurts, but use the moment for a hopeful new beginning full of strength, wisdom and fresh courage!



Puzzlepiece *821*

Calm down!

How much do you trust the people you rely on? Are you sure they are good? Are you sure they know how to do their job? Are you sure that they will always give their best, however hard it gets?

If you can be sure of that, then there is nothing left to force and accelerate! Realize how little might you have!

The most important thing is to establish right from the beginning truly sustainable and cordial relationships with reliable and cordial people!

And to trust in God!

If you then also give your best knowledge, ability and will, then nothing can go wrong! Everything takes its course and everything will fall exactly in place where it belongs!



Authority 822

Some people simply WON'T learn anything! Any admission of not knowing or not having known something is apparently a perceived loss of their imagined might and authority!



Bounty 823

For once, no mutiny on the Bounty this time!



Wale *824*

So, what shall it be good for, to be the biggest living creature on this planet?

I not for to see how mighty nature is and waht really „BIG“ is!!



Focus *825*

Pay attention to what is important to you!

If truth and right is important to you, then your heart is with the lied and deceived!

And if power and gold is important to you, then your heart is with the greedy and know-it-alls!

What the heart is full of, the mouth speaks of!



Likes 826

On the left you see true meaning of LinkedIn-likes:

(don't overestimate yourself)



Persona 827

Some have to learn to be who they really are!

The term "persona" comes from Greek and Latin drama 2,500 years ago! A "persona" was a wooden mask, on which the face of the currently acting protagonist was painted, with a handle at it.

An actor could therefore carry several such masks ("persons"), depending on which characters he or she was to portray in the play!

Today we do nothing else: depending on the situation (at home, at work, with certain people or on the street) we "play" our desired "role"!

Only - we often forgot that it is a play!

The big trick now is to find out who you really and actually and truly are behind all these many masks!

Some have factually forgotten themselves ;O)

The shortest way to yourself are your passions, your heart, your dreams and thoughts, as soon as you are alone, and your secret desires as well as your fears and your funny laughter!

Be curious about yourself! Very surprising things come to light!



Dolphin ***828***

F R I E N D S H I P !

The brain of a dolphin is considerably(!) more complex than the human brain! It is probably the most complex organ in the whole universe and potentially incomparably more intelligent than we are!

For us self-absorbed little humans this is certainly difficult to comprehend and also hardly to accept, but it is simply a real and banal truth!



Lonely *829*

Why do so many people actually want to improve their living conditions?

Why are ever fewer and fewer people apparently satisfied with what they have?

Is the problem perhaps not a lack of technical and strategic know-how, but rather a lack of mental maturity?

More and more people are looking greedy for what others have and can do. For financial and external prosperity and wealth, instead of the inner values such as contentment and frugality? For love, kindness and real faithful friendship!

The only way is: to come back to your senses again!

The external profit, the having and possessing, is not the solution! All religions and all really clever people know that undoubtedly!

What do you want if you have everything and your bank account is full, but you don't know true love, peace, joy of giving and friendship?

When everything feels cold and hard, no matter how much you possess?

When distrust, sense of entitlement, aggression and hostility dominate your days instead of joyful laughter and lightness? Because, who owns little, has also little fear to lose it!

Mankind - come back to yourself again!



Himalaya *830*

It's all a matter of thinking!

In the Himalayas live children whose way to school is so narrow that they have to go to school every day like chamois on a steep wall!

Although it goes only 10 centimeters beside them 1000 meters vertically downhill, they are not afraid and do not fall!!! This life-threatening path is literally "everyday" for them!

I bet that it is just as little a problem for you to balance on a curb, where it goes down only a few centimeters away from you, scarcely 10 centimeters to the street level! You have as a "normal" being no fear to fall these 10 centimeters! Right?

I assume you can walk calmly on the curb without much insecurity?!!!

But now imagine, instead of going down not only a ridiculous hand width, but 100s or even several 1000s of meters vertically into the depth!

The Himalayan children are simply not afraid and know exactly how to go without falling! Yes, they even overtake each other in the process!

They have a - for other people completely inconceivable - self-confidence!

So it goes with everything! Everything what is everyday for you over years becomes harmless, because you know exactly how you have to handle it!



Many today's clever future forecasts point to the year 2030! Until then world-shaking changes would occur which would considerably influence our life in all basic features!

I assume on the other hand that these self-absorbed "pro-gnostics" (early/fore-casters) are completely wrong in one essential point!

In my opinion the technological development by the cloud-based artificial intelligence, paired, combined and synchronized with the quantum technology and/or the applied quantum mechanics, the bionics, as well as also the genetic engineering will virtually "explode" exponentially already in the next three years!

I have been one of the best software developers of Europe (quasi European champion) for approx. 10 years and am since almost 40 years now at the first position in this development right "in the middle"!

Nowadays I wouldn't believe anyone - together with his/her prognosis - who hasn't proven that he/she masters at least one of the higher programming languages and doesn't have several (at least three) years of intensive, professional work-experience in this all-important subject!

Or would you trust a baker to calculate the statics of your house?

Because only those who have consciously and actively experienced the last 30 or 40 years of IT have a "reasonably" accurate impression of the capability, efficiency and acceleration of digitization!

The still valid "Moore's Law" states that the speed and density of virtually all(!) processes and also the efficiency of technical fundamentals will have quadrupled(!) by 2025 both quantitatively and qualitatively compared to the current status!

So that will be a 4 times as fast and 4 times as intelligent AI and IT compared to today!

If we do not pay extremely close attention, large parts of our mankind will not live to see the year 2030 as free beings, because the inconceivable speed and complexity of the developments (according to my estimation) will completely mercilessly and inexorably overrun approx. 80% of the "normal" humans in the next years!

And among these "normal" people will be then certainly also very many of the today's "pro-gnostikers"!



Confidence *832*

Recently I saw a post of Kim Perell (2X Bestselling Author, Serial Entrepreneur, Leading Investor, Top 50 Keynote Speaker 2022) with the well-meant advice:

If you want to be successful,
You have to give THESE things up:

1: Self doubt
2: Fear of failure
3: Toxic people
4: Negative thoughts
5: Making excuses

Remove these points from your life.
Instead, embrace happiness and success.

My comment was:

YES!!! I see! Okay!!
BUT ..... how????

My additional advices are:

Point 1: You don't need selfdoubt! Selfdoubt is a sign for having around people, you give the power to punish you! Get rid of that people who might punish you! And selfdoubts go away!

Point 2: With fear of failure is the same as above! If there is no one who could punish you and who could ask you for justification, then there is nobody to fear! When you don't allow anyone to ask for justification, then you are free!

Point 3: Right: get rid of toxic persons! BUT... what is toxic?? Toxic people are those, who accuse you or paint all black or permanently draw the devil on the ceiling or other bad consequences, even when there is no serious reason! Sometimes they suffer under their own negativity! Try to cure them - and when that is not possible in a reasonable span of time, then keep distance from them!

Point 4: Clearify that you are not a toxic person yourself! Often that is simply learned from parents, siblings, teachers or your surrounding! To cure toxic persons, they have to stop selfpity in any way!

And notice these three important things:

a) don't be an asshole,

b) don't be an asshole

and

c) don't be a cruel and negative asshole!!

Love and peace is the only way!

Point 5: If you clear the points 1 to 4 seriously, then you will never have to excuse yourself anymore!



Creativity 833

Who correctly understands to live his creativity and his creative power, will never be lonely or sad! He/she always carries the happiness within!

True creativity is an infinite power to the new, beauty and to joy!



Sushi 834

Most people think they already know everything and don't ask anymore! So do many sellers!

Imagine as a man, you have a date with a pretty lady! And this lady does NOT like chicken, but she loves sushi! Chicken makes her nauseous!

Now imagine you love chicken and suggest a chicken restaurant to the lady!

The young lady will most likely refuse, but not necessarily tell you the reason why!

The date is broken!

If you had first asked, "What's your favorite food?" she would have said, "Sushi!"

If you had then suggested a sushi restaurant, she very likely would have gone with you! She would have enjoyed a delicious sushi and confidently thought "What a thoughtful man!"

The date would probably have been a success!

Selling can be that easy!

But many people - including salespeople - simply think, without asking, of their own preferences: "Everyone just likes chicken!"

So the most important tool for a salesperson is to find out as much good information as possible about their potential customer, and then ask the very right questions at the very right moment!



Extramile *835*

Who always only "invests" the most "necessary" of strength, time, energy or/and money in something", may not be surprised if he/she also always only gets back the most necessary!

The human community is not stupid!

Often it are just these bad-tempered "stingy" persons, which make the highest demands and then are disappointed, when others or the "world" does not function in such a way, they would gladly have it!

In contrast, those who voluntarily and gladly go the "extra mile" are rather modestly inclined! Since just these givertypes make the least demands by their nature, their expectations are also much easier to fulfill!

They are more content and cheerful in their whole nature!



I don't wanna die 836

One day in the USA his daughter came crying home from school:

"I could die from the color of my skin!"



Important *837*

Almost all people who meet you, try to educate you!

Unfortunately often with things which do not work with their own life!

They want perhaps the confirmation that their "trick" does not work with you also!

Someone who wants to "sell" you how to become rich, is probably not rich himself! Otherwise he/she would do other important things than to want to sell you something!



Surprise Surprise *838*

Learning to marvel again!

The first thing a "normal" person asks themselves when they see or learn something new is "What's in it for me??? How can I make it useful for me?"

However, this focus on the "usefulness" of a thing prevents us from really learning from it!

In this way we get a very subjective perspective! The "thing" or also the "being" has first a sense "by itself"!

Notice: a thing is first of all not there to be "useful" for you!

Even though we are hardly going to renounce our egoism and selfishness, it is nevertheless VERY useful(!!) for us from time to time to let things take their primal, own course, to watch them in a relaxed manner and to honestly want to learn from it!

Then amazing things will happen!



Stronger *839*

Every resistance is there to make you stronger!

As you grow and make progress in your life and/or career, forces will inevitably arise to get in your way!

THIS IS NORMAL!!

Only those who (like a mountain climber) overcome these resistances will be the ones who can win in the first place! Only those will be able to win, who never gave up before!

If you go step by step in the right direction, you will inevitably be one step further after each step!

Growth and progress are laws of nature! They happen by themselves!

IF YOU LET THEM!

But don't forget to assure you as good as you can!



Exhausted *840*

I know why most people know that less about IT and software and why they are immediatly exhausted as soon they hear about it!

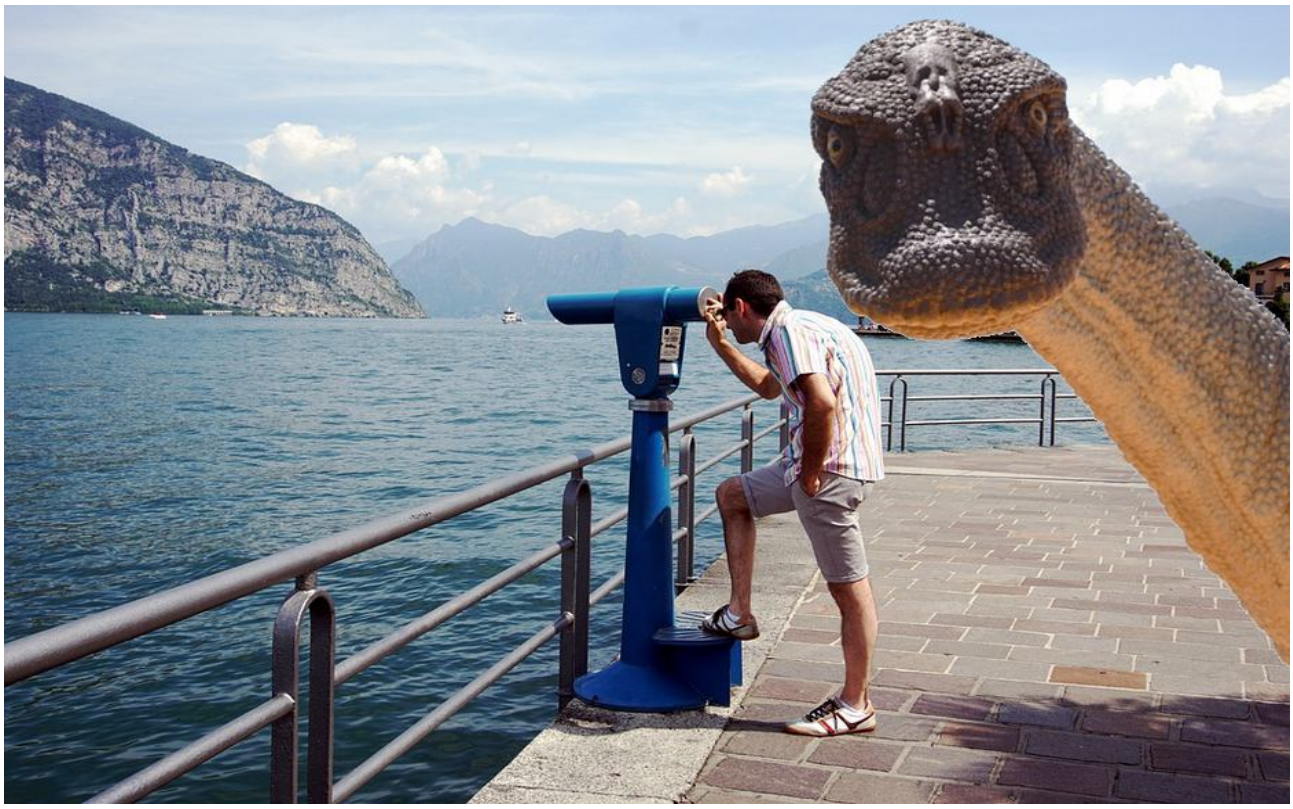
The more you know the basics about an issue the less it exhausts you! For instance it is no big deal for "normal" people to calculate "3 times 5" in mind, or "21 plus 4"!

Because they have learned the simplest basics of math as little kids in school!

But the basics of IT (e.g. what is a bit or byte or what is a next-loop or a variable) nobody learns that in school from small on!

So for to get familiar for the society with IT and software, first the basics have to be taught in school even in the first classes! Like maths or writing and reading!

RIGHT?



Tunnel vision *841*

Everybody sees always only "HIS" section of the world - and holds "THIS" for the sole truth!

But ... be aware of the fact that the world - especially now in this technological and ecological upheaval phase - is much, much, much bigger and more complex than the "normal" observer is ever able to imagine!

I call this self-indulgent principle of the uncritical arrogance here for the sake of simplicity the "focus dumbing down"!

Even intelligent researchers are extremely focused on the MegaMetaSuperPower trends of the giants without noticing that they won't get far with the present form of intelligence in the future!

It is a bit like with the dinosaurs 65 million years ago! They were simply too ponderous and so ego-centered that they have completely overlooked the world of the small smart mammals which already existed around them or have simply not "perceived" them!

A faster insight would have changed probably nothing at the downfall of these giants, but the "changing of the guard" by the small, smart "mammals" stands nevertheless exactly now right before the door!



Interview *842*

STAY COOL AND RELAX!

If you want to go to a restaurant or on a walk with the dog! Do you think about that much?

NO! You simply do it! You know your way 'round!

Why isn't it as easy for you to go to a business interview? It is the same! Believe it!

You don't have to be much prepared for a restaurant or a walk! Why then for the interview!

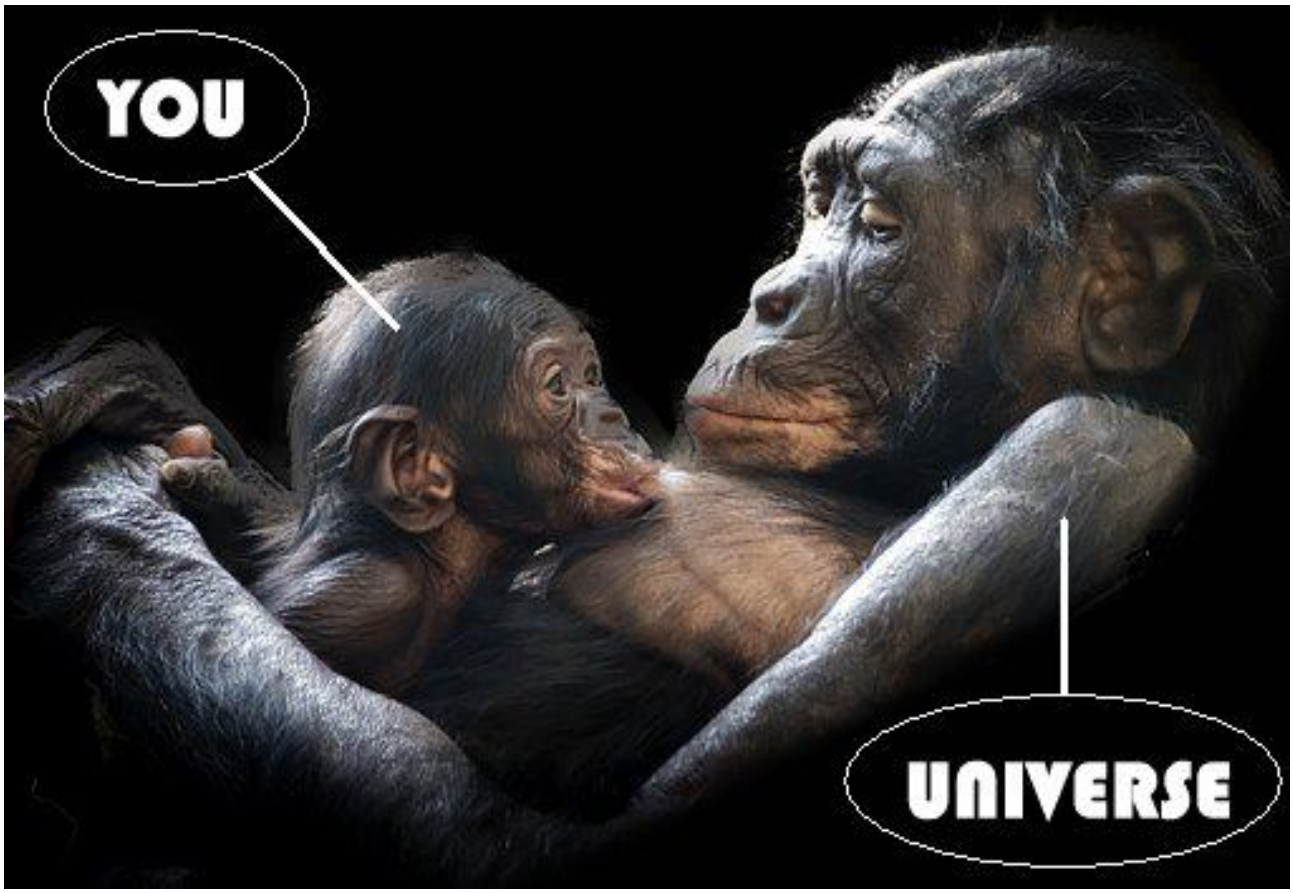
You make it or you don't! It seriously doesn't make any matter! It always happens exactly what there should happen!

NOTHING ELSE!

Even if you don't understand it in that moment!

Be better prepared for anything you couldn' see in advance! Be always fit to face the unexpected then you will automatically be fit to face everything!

Also an interview!



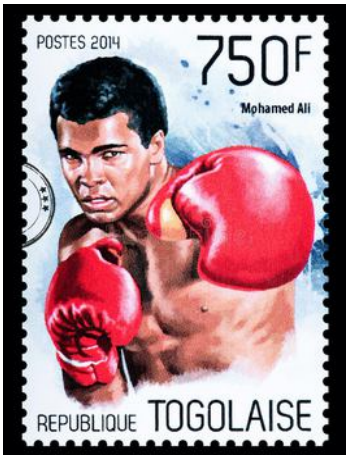
Calmity *843*

Selfevident calmity in the middle of being is the uppermost target of any existence!

To be selfevidently and calmly a welcome natural part of this world!

Free wherever we are ... without fears, hunger and violence of any kind!

That is the last big goal of life!



Ali embossing *844*

Forget complaining!

See it like Muhammad Ali!

Even after the hardest fights and tons of pain he stood up again as if that was nothing!



Friendship 845

In love, friendship, and unconditional help we meet eachother innocently all around the whole planet!

That is what we all expect spontanously from the heart and the deepest quintessence of all religions:

LOVE, FRIENDSHIP AND HELP!



Nature laws 846

Every resistance is there to make you stronger!

As you grow and make progress in your life and/or career, forces will inevitably arise to get in your way!

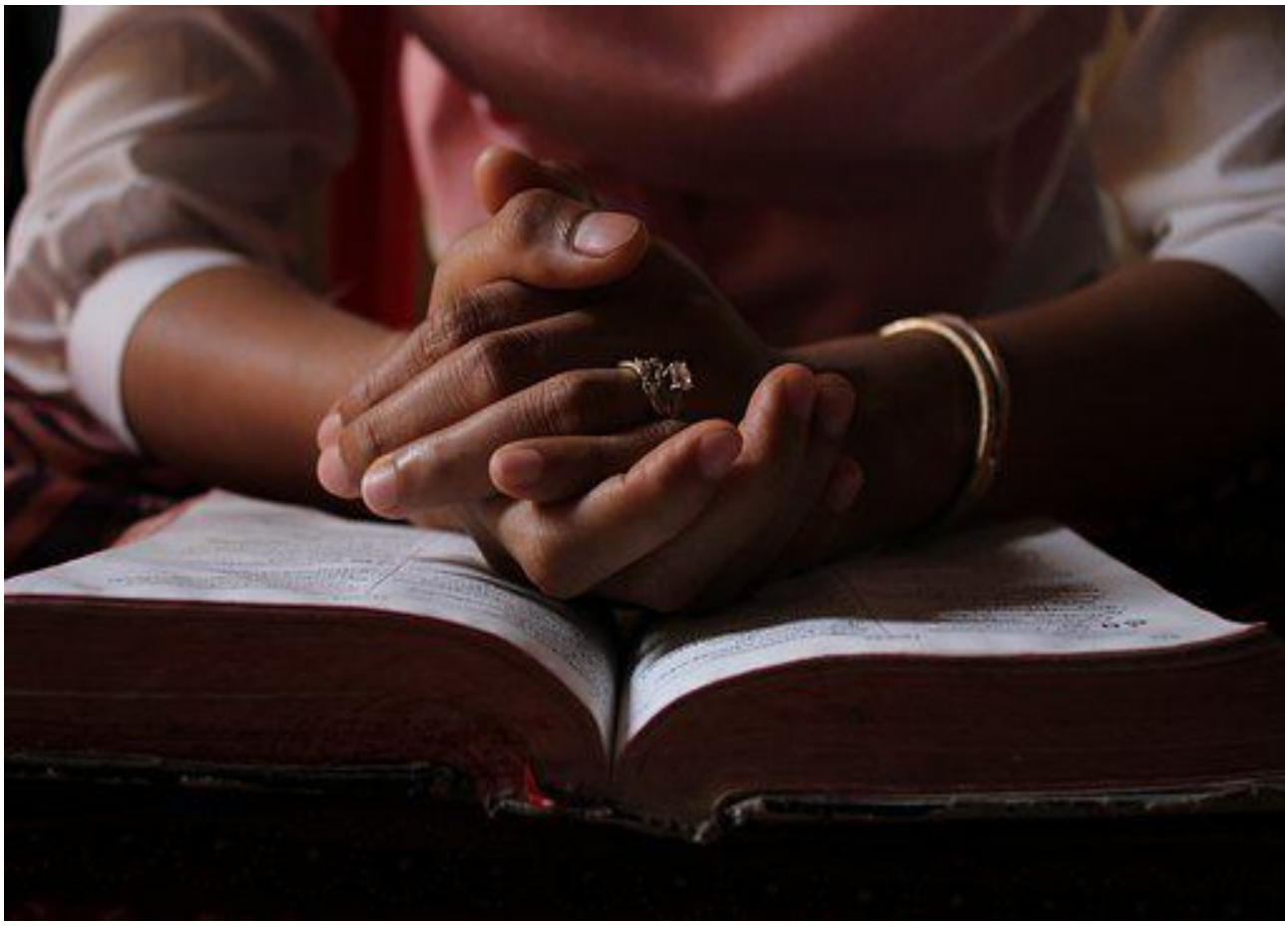
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Growth and progress are laws of nature! They happen by themselves!

IF YOU LET THEM!



Spirituality *847*

Mentality and spirituality is not the same!

Mentality is the obvious manifestation of our psychological processes!

For instance it is depending on our feelings, physically needs, expectations, conscious deeds and vibrance expressions!

Spirituality on the other hand is not depending on our physical existence! The universal spirit is always present! Everywhere at the same time in the same quality for everyone!

It floods through space and time without any borders, obstacles or resistances!

Access to your mental powers you can get through any "normal" kind of thinking and imagination! But access to spiritual powers you can only get by intuitions, phantasy and dreams!

Some go the shortcut via praying! Prayers are the most efficient way to watch and listen the eternal spirit!

Don't mix that!



Adult ***848***

Some say: "I hear what you don't say - and I see what you don't do!"

If one doesn't wish you good luck to your wedding day, though he/she is there and shakes your hand, then he/she literally doesn't wish you good luck for your wedding!

That's all!

As far as you are an independent adult and reasonable you can hear or don't hear whatever you want! If one doesn't ask you for your agreement then you don't have to ask him/her for his/her agreement.

Treat others like you want to be treated!

If others do or decide without regard what they like then as a reasonable adult, with the same argument you can do and decide what ever you like!

That is you!

You don't have to wait all the time for others. Except they are absolutely depending on you, like maybe unsuspecting and innocent kids or somehow disabled weak persons!

Else you are you and they are they! Whether it fits or it don't!

Nevertheless when you see a good will and a naive and unguilty mind in the other, then you have always to be the first to say sorry and to look for good compromises for both!

But it's not your duty to let yourself been foolished!



Diamond-hard *849*

What is harder? Iron or diamond?

When people tell you something about an iron will, be aware that the diamond is considerably harder!

How do I get a diamond-hard will?

An iron will is associated with perseverance, intensity and passion!

A diamond-hard will has two qualities more: namely conscious sacrifice and humble devotion!

Heroes are born from it! They let go arguing and discussions!

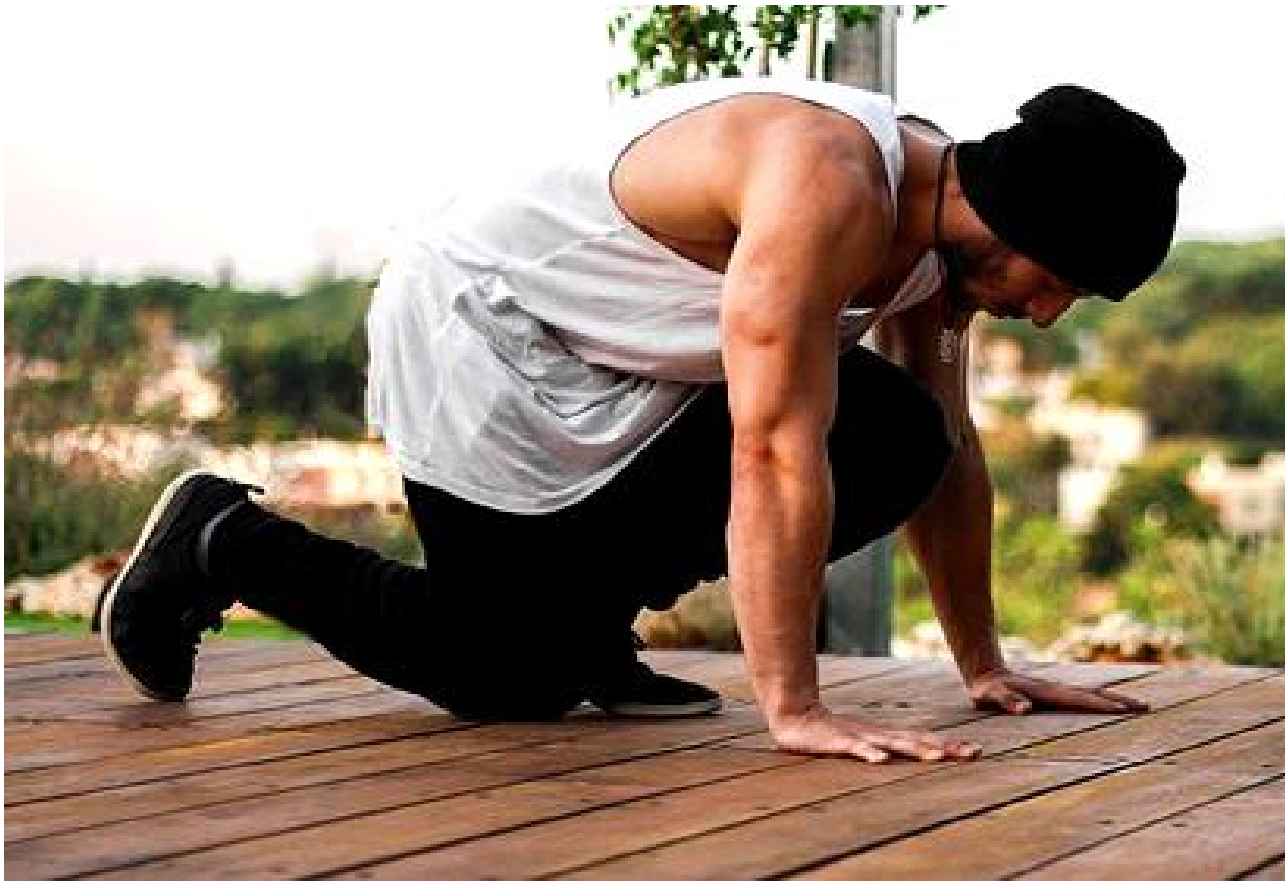
They join with the noblest energies and purposefully seek harmony with the most superious High!

When an iron will is beaten, it is not unlikely that he/she is surprised and complains about it!

If a diamond will is beaten, then he/she is aware of this possibility before! He/she does not complain anymore!

On the contrary, he/she even expects hard setbacks and patiently accepts them!

Everything is sense and purpose to the one and single goal! Even if he/she is not always aware of it him- or herself!



Laserpower *850*

A laser works because all light beams are exactly aligned! There is no scattering loss! Thus a laser beam can cut iron or blow up stones!

We humans have a spirit, a will, intelligence, needs, dreams and abilities or talents!

We give to every energy its own freedom! So they are mostly not alined in parallel like a laser!

However, as soon as you direct these energies on the same spot, they together are capable to move inconceivable things!

Cutting iron and blasting stones is then only the beginning!

So imagine your goal, use your intelligence, focus your will and your needs on the one goal, dream your goal and your victory, train your talents and your skills for what is really necessary, like a marathon runner his muscles and his endurance!

The final test then is the good!

If your goal and the good agree and harmonize, you can so achieve actually EVERYTHING!

Even the universe, God, the Great Spirit, the Supreme Being or whatever you want to call the most magnificent energy, is then on your side!



Like water *851*

The average life span of a human cell (except the bones) is about three months!

That means, you are a completely new human being every three months! Where is there between all these cells and all these single atoms of your cells the spirit, the memory and the life?

We are not static! We are like a flowing water or light air! Each drop of it is unique and ever new. It vanishes and connects with other drops endlessly to a new existence!

And the life and spirit takes place completely independently of the physical reality!

Every second millions of our cells are shed and ejected! And every second millions of cells are born anew!

We exist only by the constant change of the elements! From matter to energy and from energy to matter!

Where is your spirit there? It always remains the same! No matter how much you cling to matter!

Life is more than only matter!



Beauty ***852***

Don't wonder if things don't go the way you want if you don't have a plan!

Everything great what man has created on this planet has followed a clear plan! Man plans the important things first in his mind, before he puts them into reality, thus manifests and "realizes" them! Unplanned things are simply blown quickly away with the wind!

If you want to produce therefore durably stable things, you must have first a good plan!!!

No house, no product and also no business will be successful without a clear plan in the long run! Even the construction plan of the human being and all living beings follows millionth nanometer-exactly the DNA!

If you want to create something good, you must think first the good in your mind! And if you want to create something beautiful, then you have firstly to think the beauty!



Clown *853*

KNOW...

True love is the most exciting experience you can ever imagine and ever have! There are ever more people who think they know everything, because they simply have EVERY single information immediately at their fingertips on their costless smartphone!

It's no big deal today to get ANY information about anything within a few seconds!

So the world for many people - especially for kids who are used to that - gets more and more boring! It becomes ever harder to get surprising news!

To experience the world and its inner values one have to stuck to nature!

Cause love - especially to nature - makes everything exciting, tensional and new!

Nothing else but love is more instantly capable to change your mind in any direction for the good, that you perhaps won't recognize yourself anymore!

So, if you ever feel boring, learn to love and see things, people and nature with the loving perspective! There is so much to do and so much to clearify and so much to organize until we can all live in a beautiful world together!

The most important tip EVER is:

be your own surprise, spread your senses and LEARN TO LOVE AND TO PLAY!!

The most clear result of love is help! Support eachother in ever way you can!

Real love is never boring or hopeless, never indifferential or wrong and it will never become unexciting or senseless!!

Love is the ONE reason to live for! It is sense in itself!



Fit ***854***

Some say: "Why should I make an effort today? It's not worth it! Tomorrow it could all be over!"

I say: "Why should I make not an effort today? It's worth it more than ever! After all, tomorrow everything can just begin!"

Who knows??
The positive and trustful are always prepared! The others don't!

That is the big difference!



The boss 855

What does a boss do?

He/she has a clear intention as the only one! Who observes him/her, has the impression that his/her actions make a bigger sense, which possibly only the boss knows at the moment!

Anyway: he/she has a plan!

All others have no plan and observe the boss to be able to "predict" as accurately as possible his/her next actions!

Whoever makes the next better prediction is "closest" to the boss - and thus potentially the most useful - and gets as that hopefully into the memory of the boss!

Who wants to change therefore from the subordinate to the boss, MUST have a plan which represents a higher sense and utility!

All others will always remain the "dependents"!

That's the way God planned it!



Novision 856

If only for a moment you have a real need to ask someone else for his or her thoughts about YOUR project, then you only have an idea or an opinion, but no true vision!

Real visions have the property of becoming an undisputable truth in the head of the visionary!



No successful visionary would ever allow for his vision to be discussed!

Street-smart *857*

A meaningful catchword from Bodo Schäfer (No.1 moneycoach) is "street-smart"!

What does that mean?

It is actually exactly the reason why democracies function!

Regardless of his/her origin and education, people are capable to re"act" intelligently and cleverly! The healthy(!) gut feeling and the healthy(!) common sense are the fundamental basic equipments of the "normal" human being!

Similarly, it is why mongrel dogs (so-called "street-dogs") are often considered to be particularly "smart" and above average resistant (resillient). They use their natural intelligence intuitively, reflexively and instinctively!

Natural intelligence is 100% evenly and fairly distributed over the whole mankind!

One can buy it neither, nor inherit, nor manipulate! The average IQ lies worldwide, independently of education, status, nationality, skin color and money at exactly 100!

That means, the half of all people lies under it and the other half lies above it! This cut can run across a whole family!

This will also never change!



Celebration *858*

Some say precautiously, it depends on what you emphasize!

You can make yourself miserable or you can make yourself happy! The effort is the same!

That is not right!

It is much easier to be happy!

Because the purpose of your existence is to be happy and to laugh and to sing! The whole universe and everything else works with full force towards it!

The best, learn a musical instrument and synchronize yourself with the happiness! You will see how you will very quickly find friends who want to go the same way as you!



Playkids *859*

That what it's all about and what everything revolves around is the happy loud laughter of carefree and joyful playing kids!

The always next children are the next better world!



Waiter *860*

As a seller or entrepreneur, one thing must be absolutely clear to you!

Your potential target customers are themselves to 95% NO SELLERS!

A consumer is a "consumer"! He/she does not have the slightest interest in having to produce something himself/herself!

It concerns pure "B2C" sales! "B2C" means "Business to Consumer"!

From this perspective, one must also look at the online customer!

He is actually and sincerely happy when the producer comes up with useful things that the consumer just has to buy!

A consumer is thus gladly a consumer and thus inevitably and consequently also gladly a paying customer!

He sees without conflict that it is his "job" to be the payer!

He therefor only would like to be treated and served as honestly and fairly as possible!

The "salesman" is not regarded therefore spontaneously as unpleasant or somehow hostile and distrustful!

A decent salesman is seen by the customer mostly completely objectively as a welcome advisor and as a mediator to the needed product!

View him or her nore like a restaurant waiter his or her guest!



Encourage *861*

The person who encourages you always to be better truly cares about you!



Attraction *862*

Every human being or every being in general that you meet is a door!

A divine gate into a completely unknown terrain!

Whether this gate opens for you depends alone on the sound of your voice!

If it vibrates with the energy of this unknown being, then the addition of your lifeforces can open mighty floodgates!

The first step into this potentially incomprehensible world of new possibilities and chances is alone your consciousness!

The second step is the attraction and the unleashing of this forces!

And the third step is the magnetic "click" of these harmonic energies!

Once this "click" has happened, everything goes its way and you can't do anything against it anymore!

You are a tool of these everlasting forces! Be a good and strong one!



Good things *863*

Everybody gets what he/she wants! That where you put your focus on, will grow step by step!

Do you believe in bad luck, distrust and all the evil things - you will get bad luck, distrust and all the evil things!

BUT...

Do you believe in luck, trust and all the good thnigs - you will also get luck, trust and all the good things!

It's that simple!!



The Greens *864*

Helmuth Ostermeyer (Cofounder of the political party "The Greens" in Germany):

„We need a revolution of reason!

But for that we need first a revolution of courage and a revolution of love!

Because only love can give courage!“



Ignite light *865*

Don't fight the darkness, but ignite a light!

Then the darkness disappears simply so!

So: don't fight the fear, but light up the courage within you!



Strength 866

Love pays close attention to every little sign of strength and life in the beloved!

Parents know this extremely shocking feeling, when the baby breathes so calmly that they can't recognize any movement!

Suddenly parents pay attention to every smallest sign of life and nudge the baby until it blinks again!

Do you know that?

That is love!



Peace for all 867

Don't fight for what you can achieve anyway! Everybody does that and it's never a big deal!

Instead fight for what you really want straight from your heart!

Peace for all has never anything to do with money and wealth!



Kids need clear water *868*

2, 3 or 5 percent of your available time is not THAT much!!

Suppose you have a 40 hoursweek for working! Only 3 percent of this time would mean a bit more than one hour!

Imagine you would seriously and fully concentrated work this one single hour every week for something good, maybe the providing of sufficient clear water in the poorest areas of the world - and then imagine EVERY adult person would do so!

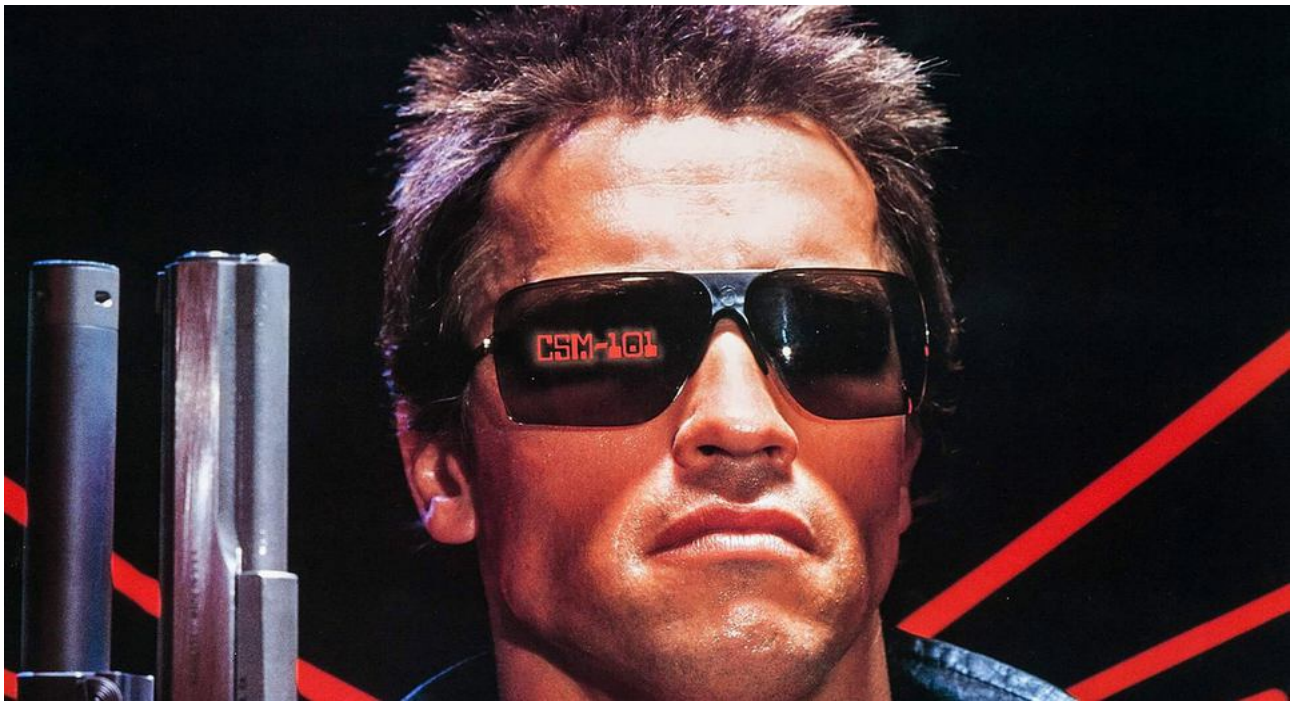
Then round 4 billion hours a week would be available for cleansing the world and to save the poorest from hunger and thirst!

What would it be or feel like?? Wouldn't that be phantastic??

The only big challenge is to organize and to manage that giant amounts of goodwilled energy in a useful way!

Give it a chance and let's work on it!

OKAY??!!



Robot *869*

Human (Will Smith) asks the robot "Can a robot write a symphony??"
and.... "Can a robot take a blanc canvas and turn it into a masterpeace??"

The robot asks back: "Can you??"
Human admits defeat!

My comment:

The question is not whether a human being can, but if a specific highpotencial human being could be able to do it!

The answer is undoubtedly: "YES"!! See Einstein, Mozart or Muhammad Ali for instance!

Then the next question is: "Is the best of robots today capable to simulate Einstein, Mozart or Ali with all their creativity and genius??"

The answer is undoubtedly: "NO"!! It cannot!!

Would you let fight the best female boxer in the world against the best male boxer in the world??

Of course: NOT!

Kind of similar it is (still) with humans and robots!

AI-Researchers are saying, that in round 35 years the best of the robots or cyborgs then could - in its widest sense - be able to simulate tophumans in a kind of way that no attentive and blindfolded human observer with all his/her professional awareness would be able to distinguish who is human and who ist robot (better: an android or humanoid)!

Okay! That means in the next 35 years that probably robots (androids/humanoids) would (but ever less) fail against the best humans!

But be cautious: **THEN THEY WILL PROBABLY BEAT US! IN EVERY WAY!!**

It will be very adviseable for us to have very good friends among them!



Polite ***870***

Truly hard working and caring people are not happy and cheering all the time!

One of the main problems nowadays in these kind of partytimes seem the neccessity of always and everywhere smiling and shining!!

NO!

When do we finally accept good and deephearted people as valuable and reliable even when they are NOT cheering in every moment of their life??

Notice!

Hard and selfless work also for others CAN BE EXHAUSTING!! And VERRRY dirty!

We have to take good care for our carers! Even them are getting older and weaker!

When I see so many cheering and laughing people on every screen today, then I slightly get the impression that they have not faced true hardship!

Who knows true hardship, isn't laughing all the time!!

E.g. Mother Teresa: „youtube.com/watch?v=ASDncqQMQl4“



Choose love *871*

The three most important advices of Willie Nelson:

#1 Don't be an asshole!
#2 Don't be an asshole!
#3 Don't be an asshole!

Always choose love, because love is the best way!
Love is the only way ... and love will win!

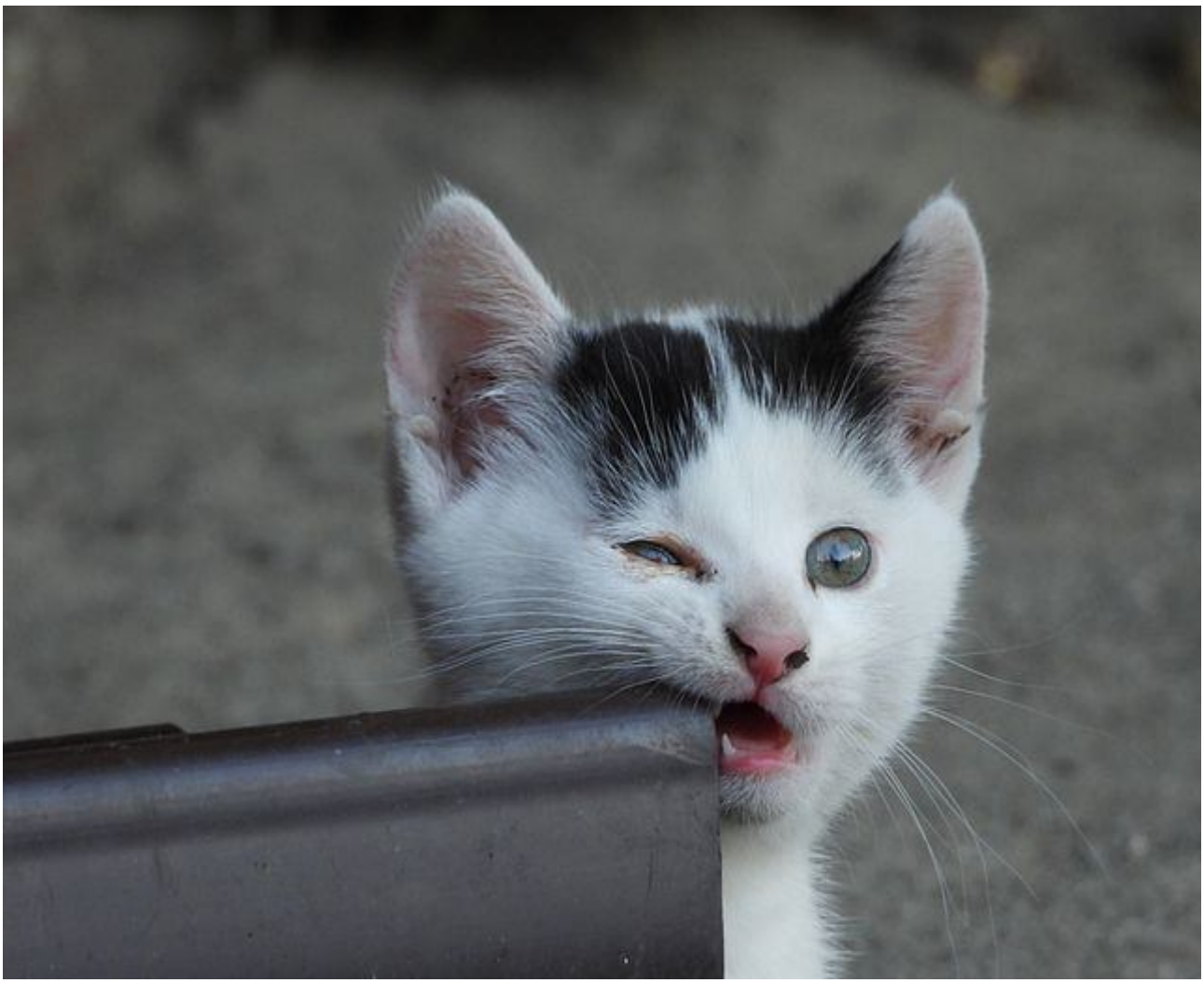


Control *872*

Controlefreaks are getting more and more unsympathic over time.

To be dominant and rude without being REALLY capable yourself is the most certain way to get things NOT properly done!

So, do quickly learn to act kind, gentle and smooth! Become a smooth operator! ;O))



Distrust *873*

Resentful is someone only if he/she has a weak character and wants to get an advantage from it to be able to reproach the other something and to burden him with it a feeling of guilt!

It is a big disadvantage and loss of life for the resentful one, because his/her fantasized advantage immediately becomes worthless, if the "other" is not interested whether one "resents" him something or not!

If you can impute no bad will to the "other", it is better to forget the case immediately! The "other" will have forgotten it at least just as fast as you!

If however bad will is in the play, you should forget the injury at least just as fast again - and look immediately for better "friends"!



Listener 874

Whenever you have the feeling, you explain something already for the 3,755th time, then you must explain it to your present listener with the 3,756th time everything just as patiently and friendly, as if he/she hears it for the very first time!

Maybe it is really the first time and he/she has really no pale idea!



Become joy 875

True living is true loving!
Joy is the essential part of it!
Listen to the yoy - and become part of it!
If not that is life - what else??



Dirndl *876*

The strongest rule on the planet:

Girls want a happy future!

With always happy laughing and self-confident children!

From a humorous, tender and powerful husband and father for themselves and for the common children!

That is actually all!

What is so difficult to understand on that?



Eulenspiegel *877*

Only a razor-thin border of politeness and the so-called "good taste" protects us or many of you of the real statement of the real truth!

I am very curious, how long it still holds??!





Bustthinking *878*

If you REALLY are a true expert in your subject and you know REALLY exactly what to do ... then do it!

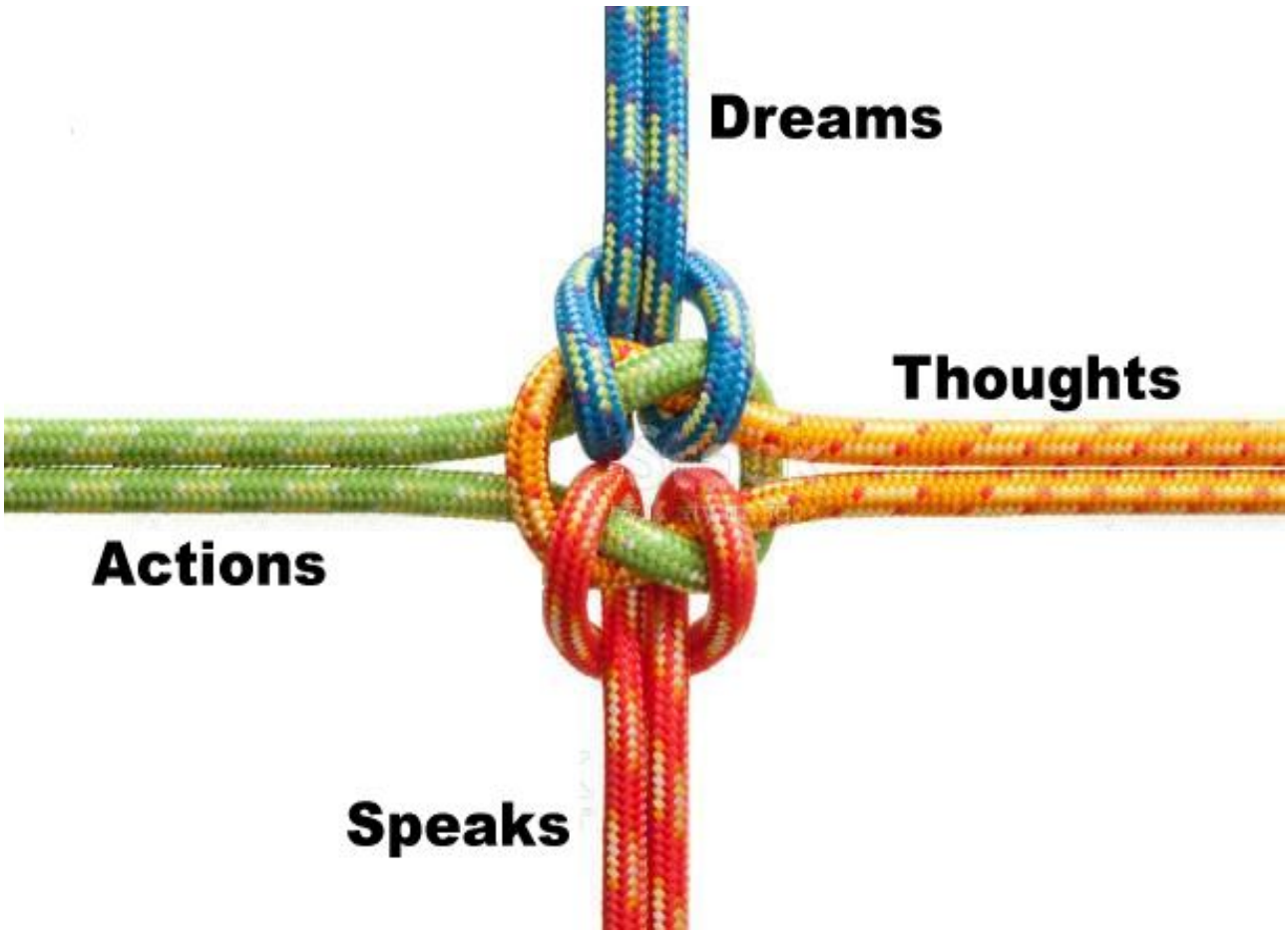
Don't ask any other "expert" anymore!

In 99.9 percent of all cases (if not even more) he/she will your idea bustthinking!

And you must be very cautious to still be able to realize your idea afterwards actually!

Sorry ... for some I have to say, what the original is:
the left one is the original!

;O)



Reliability *879*

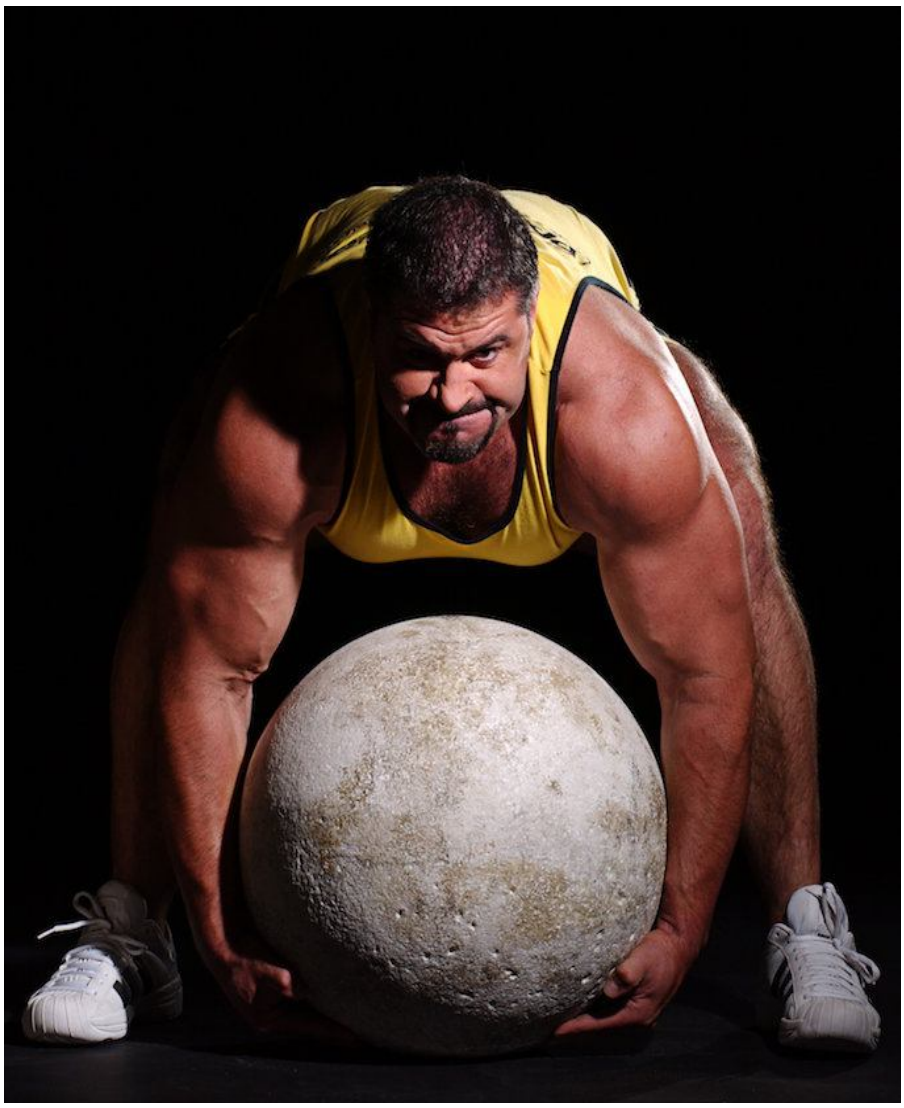
It's pretty easy to appear reliable, when you

- speak reliable things
- do reliable things
- answer reliable things
- think reliable things
- dream reliable things
- act reliably in all your deeds

Reliability is in it's simplest meaning to be calculatable!

Promise only what is already finished!

Say what you think and do what you say!



Stonelifter *880*

If you wish to move mountains tomorrow, you must start lifting stones today (African proverb)

My comment

If you need to have the power now to lift a stone, then you have to have glimps of the mountains of tomorrow!

Without this meaning of life otherwise every challenge of today will get quite exhausting!

The more you are conscious of the future mountains and their potential size, the more seriously you will practice today!

If you're too blind to see, then practice imagining! And if you're too weak for imaginations then pratice feeling mountains!



Hypnosis *881*

What actually means hypnosis?

To know before: I am a very convinced prayer, meditator and autogene training practizer!

And I have some strong and serious experiences with self-hypnosis!

Even hypnosis is made by God!

If there are levels of subconciousnes, sacred encounters of connectivity with God or - for Christians like me - with JESUS, then THEY ARE!!

My two fastest paths to "enlightenment" or whatever you may call it, are undoubtedly by intensely praying and by hypnosis!

Praying is the very selfconfident way for experienced people and hypnosis is the way for unexperienced people who are ready to be lead by an hypnosis-expert!

Autogene training is the longestduring - and a bit superficial way! But even a quite effective one! And meditation is the most "professional" way.

But - as like serious deep prayers - there is no easy way back! You then will make deeply experiences which you can never forget again!

With intense christian praying you will have certain "meetings" with JESUS or with Mother Mary or with Saints and Angels. If you are a confessing christian believer, then nothing is more powerful than that!

Because in JESUS you have the most mighty friend in the whole universe! And you can rely on him much more than he can rely on you!

It's no joke!



Sri Sri Christmasgreetings 2021 *882*

Each one of you is a special gift on the planet. You are like the Christmas tree. A Christmas tree bears its gifts and lights for everyone. Similarly, the gifts you're carrying in your life are for others! You offer the gift of service to anyone in need, and you will wonder how your needs are being taken care of!

Merry Christmas to everyone!



Don't understand yet *883*

Instead of saying, "I don't understand this or you!" it is much better to say, "I don't understand this or you YET!"

Gratitude *885*



Genuine gratitude needs no special occasion!

Who is really capable of enjoyment and truly enjoys life from the heart, is automatically constantly grateful that he/she may experience all this! That he/she is the ONE to be allowed to have THESE feelings and THESE thoughts and THESE dreams!

Thank you!



Mother Teresa *884*

Mother Teresa hasn't had a glimpse of the joyful partys in London and in the rest of the world!

She didn't have time!



Christmas 2021 on LinkedIn *886*

Merry Christmas to all of my members and followers!

Thank you very much for the fact that my LinkedIn network with many well-known, also many international greats has developed so lively and interesting in the last one and a half years!

It was not always easy to tame this "bag of fleas" ;O)

In my network there are meanwhile quite respectable and very self-confident people, who each for himself - and mostly also rightly - want to be noticed and treated in a very special way!

Many professional contributions of these "heavyweights", Highpotentials, as well as World and European champions and/or also Olympia winner from the ranges e.g. of the international top-class sport (World champions and Olympic champions), politics (party leaders and MoP), management and business consulting (TV celebrities), mental and success coaching, Hollywood and music (world stars), money coaching (European and World bestsellers), Financial sector (crypto experts), the film business (TV stars) or even first-class by Sri Sri Ravi Shankar in Bengaluru or by Sadhguru in Coimbatore personally trained spiritual advisors, were of such a high level that they are certainly searching for their equals!

I wish all a merry and blessed Christmas and a very good slide into the successful new year 2022!

May the class, effectiveness and quality of this happy community continue to increase "unrestrained" for the good! ;O))

Yours
Uwe Litzkendorf

I am proud of you!



Motivate lazy people *887*

By Sri Sri Ravi Shankar

1. Poke their ego - that makes them angry
2. Challenge them - comparison will turn them on
3. Love - love will draw them into action
4. Fear - if you are not with the team, you're out of the team!



Digitization *888*

One does not need a lot of prophetic talents for the following sentences:

Those who have no idea about software development and applied digitalization will very soon have nothing decisive to say in the future anymore!

The most fantastic slogantalkers have far and wide of logical structure systems, business intelligence, real practical IT and software development not the slightest idea!

How are such self-righteous, unsuspecting pseudo-leaders supposed to lead our countries healthily and confidently into digitization?



Safe road to freedom *889*

Successlessness can be learned!

If in your parents' house or in your closest childhood environment it was permanently preached to you that it is "too dangerous" to be independent, then it could well be that you have been "vaccinised" with these premises over many years!

Each of your attempts to be independent and free could then be answered and accompanied by your subconscious imprints with "fantasies of impossibility"!

Since your earliest negative childhood experiences are mostly "nailed down" in your subconscious, you could have a very hard time to assert yourself against it with positive fantasies and still be successful!

A good way is to become aware of what you would like to be able to do but are always sorely missing, e.g. such as cheerfulness!

Cheerfulness is certainly contained in every human being by nature!

If you miss your easy-going cheerfulness and laughter, then maybe you grew up in an uncheerful home!

Or if you miss your success, then perhaps you grew up in a successless and despondent parental home or environment!

Or if you ask yourself, why you are often so unfriendly, without actually wanting it! Maybe you grew up in an aggressive and unfriendly parental home or in such an environment?

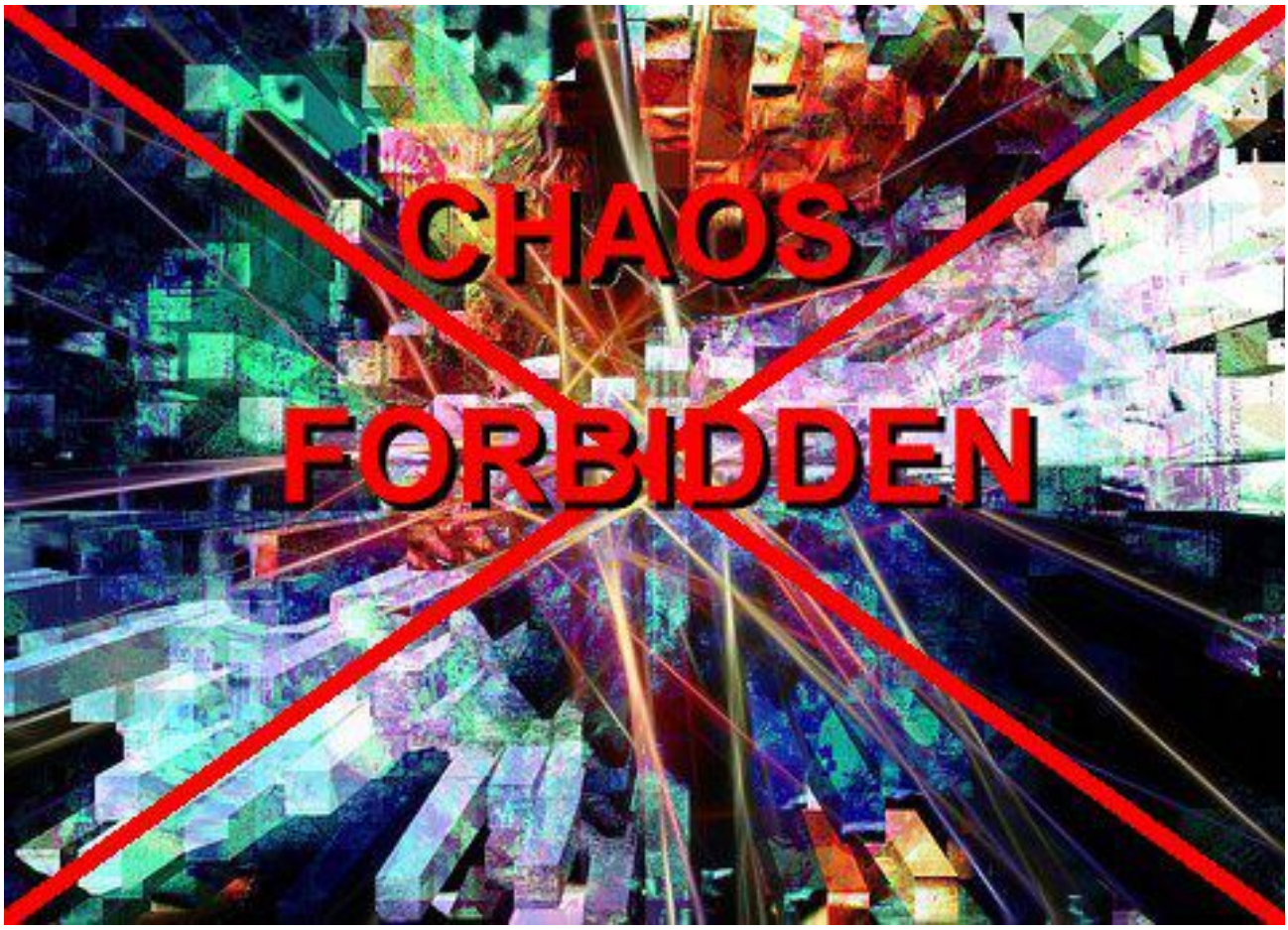
Maybe it is the same with success or with courage and enterprise!

Learn hopefully to "de-imprint" yourself!!!

Learn freedom, laughter, just like success and kindness diligently and persistently like a sport, like painting or playing a musical instrument!

Practice makes the master!

And if you do not like to be alone, then practice together with others! You are certainly not alone with your desire! Look for like-minded people and spur each other on!



If all people would be allowed EVERYTHING, then EVERYTHING would be indifferent for EVERYONE!

There would be no order, no cleanliness, no decency, no right or wrong, no peace, there would also be no happiness and no freedom, and the idea of health would be absurd!

Because also happiness, freedom and health would simply be indifferent to all!

For all this there is an expression: "CHAOS"!

Fortunately, in principle ALL states have decided for order!

This order is individually maintained by the laws and rules of the single states!

One can think of the individual political systems (monarchy, dictatorship, communism, socialism, democracy etc.), what one wants, ALL have at least one thing in common: namely the best possible observance of the respective idea of order and the abolition of the chaos!

A genuine, modern democracy is the only political system whose laws and rules can not potentially be dictated by one single ruler and also not a single group!

Some years ago the Nobel prize for economics was lent for the scientific proof that democracies are at the same time also the economically most successful systems!



Beauty VS chaos *891*

Chaos and beauty goes not just very well together!

Beauty needs a reason and an intention! Beauty needs taste and conscious perception!

That all I can't recognize in chaos!





Merry
Christmas!























Freedom fighter 892

I am a freedom fighter!

But not with weapons, but with the heart!

A peaceful heart is the absolute prerequisite for freedom, because there is no freedom without peace!

And ... I am a Santa Claus!

Because true Christmas is only in the heart and in my heart I have gifts for all people and for all times! They never end!

So, Santa Claus is an everlasting freedom fighter!

Merry Christmas to all of you all over our wonderful planet!

May peaceful freedom and friendship be with you all the time!



Motivation 893

The most important thing you need, you have actually always with you! And it doesn't cost any money!

The magic word is: "**MOTIVATION**"!!!

With an effective motivation you learn voluntarily simply EVERYTHING, because you can clearly see the positive sense of your actions and your goals!

What is "effective" motivation?

Ask yourself what you enjoy the most or what would give you fun and joy? What are your most amazing goals? What excites you most of all? What is your heart really set on?

You might think that most people want success for selfish reasons! But that is wrong!

The most commonly cited reason is: "I want those I love, such as my children, parents, siblings, grandparents and/or partner, to be well! I want to see them laughing happily!"

What is your "WHY"?

Imagine intensely this hearty and liberated laughter! Whom you want to be able to give generously and to see laughing so happily redeemed!

If you search for your true inner heart-reasons and "motives", you will find faster than if you search for egoistic drives!

Pictures of your heart are much closer than you think!

There you are already very close to the word "motivation"! Because in the word "motivation" the word "motive" is contained!

A motive is a picture! A pictorial conception, which you can produce in your head at any time completely free of charge.

If you see this happy and lively picture before your inner eyes, your heart begins to jump! A stream of happiness shoots from your heart directly into your eyes and you feel tears of joy rising up!

You are seized through and through by this positive feeling and feel in this picture already the warm, honest gratitude of the presentee and would like to cry with joy!

THERE IS YOUR STRONGEST MOTIVATION!



Powerbeauty *894*

Some have powerful thoughts!

And some have beautiful thoughts!

But only few have powerful AND beautiful thoughts!

Are you one?



Land of milk and honey *895*

If you are very thirsty, you have only senses for water! The more you are thirsty, the more your focus lies on drinkable!

If you really want to have success and you concentrate on success, you become the faster successful, the more YOU were unsuccessful before!

Saturated people have no hunger!



Basic trust *896*

Without trust to God, the highest spirit, the universe, to nature or whatever you may call it, NOTHING WORKS!

If you don't have this basic trust, you are missing the living connection to the own root of your existence!

This lack is the prerequisite for feeling deeply insecure - also because of little things! Often these insecure people feel threatened or even persecuted by other (possibly completely innocent) people!

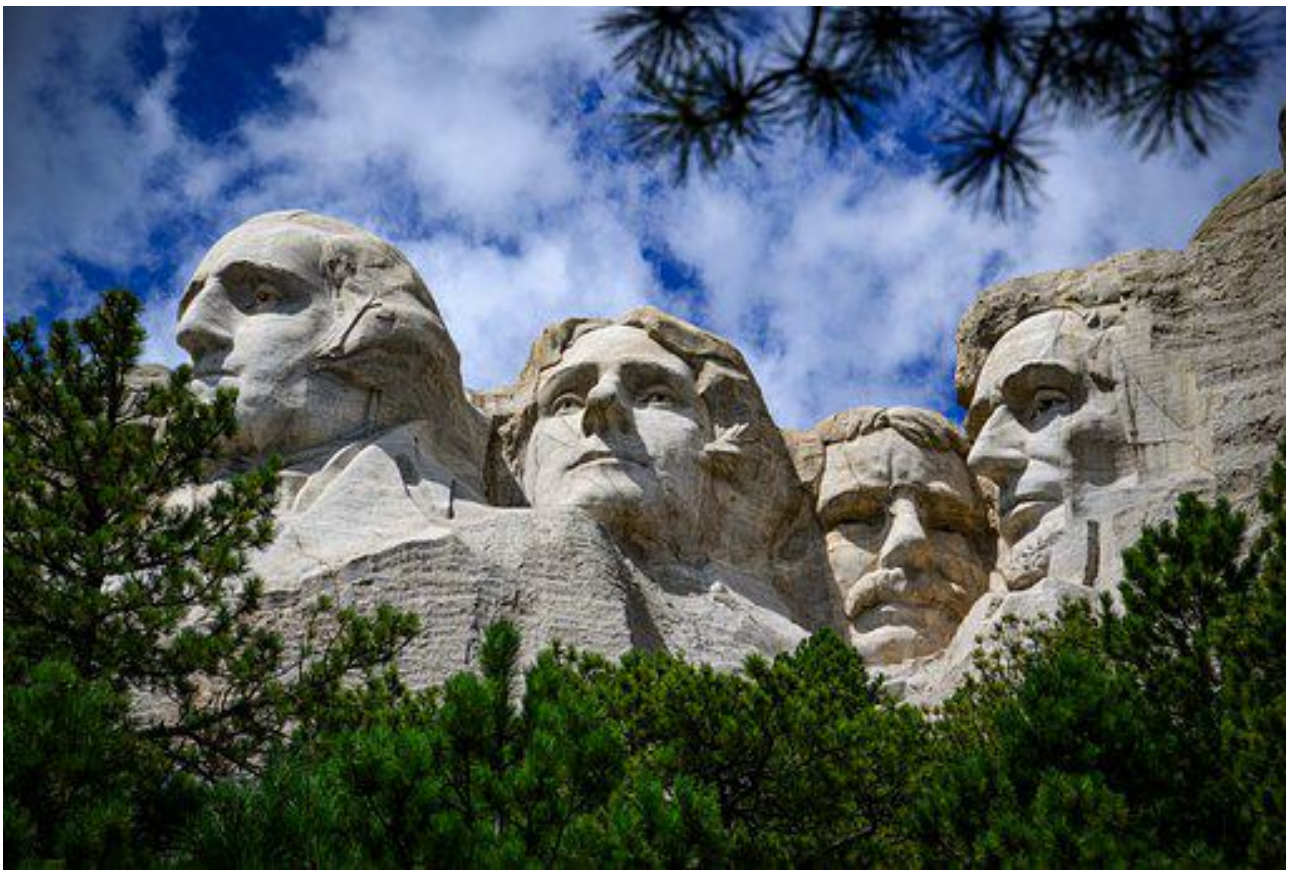
The worst thing about that is: they don't know their own problem! They have no awareness of the mental processes and conditions that lead to the various outcomes and ultimately to their fate!

On the other hand, this is exactly what absolves them! Because they simply don't know what they are doing! The events flush them helplessly through their life!

It all makes sense! Even the senseless!

Sense does not depend on being recognized by you!

So: learn to trust! Unconditionally!



Perseverance *897*

What strikes me again and again, is a frighteningly weakly pronounced will!

Most people would only like to want and think "One should once...", but in the end only hot air remains!

If you ever want to bring something actually into this real world, then this depends alone on your staying power!

Giving up and resigning is no great success! Everybody can do that!

But the most important thing is the clear feeling of love and a diamond-steel-hard, indestructible faith!

Firm faith in the good, in the victory of reason and heart, in beauty and in the ideal of a better world and a safe future for all of us!

Only love can do that, because only it gives courage, hope and the unswerving determination and perseverance!



Persecution 898

There are at least two kinds of "persecution delusion"!

The one kind is the one when somebody has the "dark" feeling to be permanently pursued by something or somebody innocently!

The other kind is not far from it! This kind is perhaps the trigger for the first feeling.

This second kind is when someone has the "dark" feeling of having to permanently persecute someone else!

To have to control someone else constantly, to criticize, to observe or/and even to condemn him or her!

Both are very pitiable beings!

My advice for the first being:

If you really have the true and deep conviction after all rules of the "normal" humanity to be innocent, then simply forget the persecution feeling!

You can't do anything for it and you have the full right to live your life in your personal own way! If others don't understand that, that's not your problem!

The advice to beings of the second type:

Observe your origin! Who knows, which convoluted rules and views you were subjected to in the course of your life and becoming! Real hate, envy, avarice and jealousy can only be deleted again by real love, nearness, warmth and tenderness!

Trust is also your liberation!



Pebbles *899*

To have roughly an idea what quantumlogic is about, imagine a completely closed room of 10 x 10 x 10 meters (1000 cubicmeters) and a catapult that can shoot a pebble of 1 centimeter in diameter!

The shot happens irregularily in a course of round one second, the power of the shot is irregilarily from weak to strong and the direction of the catapult is completely randomized to "anywhere" in the room and the pebble would bounce back at the walls!

Then at each shot without knowing the direction of the "cannon" you have to place a small cokecan with 5 centimeter in diameter "somewhere" in that huge room!

What might be the probability to catch the pebble??

Then imagine a door would only then finally open up, as soon you have caught 100 pebbles.

Roughly thereabouts is the probability to switch a QBIT into a useable and enduring state!



Serving 900

What does it mean to serve?

If you, after following the - sometimes long - journey through your soul, your wishes and desires and through your ego, and you finally come to the firm conviction and clear consciousness that you are not born for ruling, then with a good heart serve those who are given the talent to rule friendly and peaceful!

And that do then with a solid conviction, with a creative and cooperative mind and a strong will!

A good worker will intuitively always think so! He/she has a pure and clean conscience and enjoys serving with a free heart!

When you then strive the good and conducive for your company or your boss, with conviction and an honest sense, then you always also strive for yourself!

Better than the one you recognize as your master, you would not can do it yourself! The success of your company or your boss is then your own success!

THAT IS SERVING!

Note: nobody is closer to the lord or the mistress than the faithful, devoted, generous and happy servant! And a good boss will acknowledge that very clearly and will tend to do you good in return!

It is truly a beautiful and peaceful feeling to be born to serve without repine and doubts! Be always single-minded but not double-minded!



Jiva - the course of things *901*

What is called in Hinduism "Jiva" is the feeling of an ego!

The being bounded on and being affected by the things and the events that are commonly called "life"!

In Buddhism this bond is the experienced (but not real) suffering!

As soon as you no longer cling to your memories and accept that HERE and NOW objectively, you will get independent of the effects of these memories!

Most "naive" people in this "effective" reality have the feeling of losing life as soon as they give up their affectedness by the events!

As if outside the affectedness no life takes place anymore!

THAT IS WRONG!!

Truth and reality are two completely different levels!

It is more on the contrary so, that beyond the often as painful felt events, "real" and free life starts!

Life goes its own way, no matter how affected you are subjectively feeling!

The only true commitment is your conscience! Namely, that you carry the world with a pure conscience YOUR individual piece further into a good, comfortable and happy future!

The supreme law is a pure conscience and recognizable good deeds!!

Because, like JESUS says, "You will recognize them by their fruits!"

A sick tree carries no healthy fruits and where unhealthy fruits sprout, there was a sick tree the origin!

Life "happens" completely independent of your "ego-consciousness"! You sleep and you wake up again! Or you get up, do your work and go back to sleep!

Where are YOU there??

Your YOU always just takes place only in the memory of something sensational! Everything else will be forgotten again "somehow"!

So, do you want a lot "YOU," so you need many sensations and many mighty memories!

The quality of your "YOU" corresponds to the quality of your, as sensationally feeled events!

Care as far as possible that they are good and trust on the course of things!!



Unimagined heights 902

Clean your spirit of envy, stinginess and jealousy! Those are all based on self-pity!

Forget greed and insensible hitting!

Then your luck will carry you up to unimagined heights!



No reins 903

If you are a rider, it is worthless to ride without reins and hoping that the horse will know the way!

You will notice quite early when the horse is going the wrong way.

For that there are reins! To be able to control the horse! Because only YOU can know the right direction.

So it's not due to the horse when you after wasted time get angry being at a wrong place!

Similarly it is with advisors! You have to create the reins and at least to guess where the right way might be! So you can take the right direction at the right time!

So It is not due to the consultants, if the eagerly found path is actually not YOURS!

A really good consultant is always someone who is sensitively aware of even slight movements of your reins! Otherwise he does (like an unsuspecting horse) with you what he wants!



Explorer *904*

If you are a watchful and respectful person, then every little thing leads to the entire universe!

Even a little fly can guide you to the next galaxy!

Or a rainworm to the deepest secrets of existence! Within seconds!

It all depends on your curiosity, your research spirit and your confidence!

Love, trust and consciousness inevitably generate strength and phantasy immediately!

Boredom and phantasylessness is only an external sensation of your inner self-pity!



Bla bla 905

Incredibly many authors have the opinion that their books are valuable! But they are by far not as valuable that they simply are allowed to consume our expensive time!

According to my research, at least 80% of the written texts are empty ballast, without any true and necessary information!

With these equally incredible masses of information which we see flowing over us each day, it depends on every minute!

Every minute of this meaningless and timewasting fill-text costs us a whole minute of our work or leisure!

SO, A MINUTE OF YOUR LIFE!

The trend is going to an ever faster reading and understanding!

Authors will, if they want to succeed, have to learn to leave all cumbersome, ineffective and sensless texts there where it comes from: in NOTHINGNESS!

I have no time and no mood anymore to endure those self-loving text bubbles any longer!



Gems *906*

Much of the people in our modern world are like unconcerned walkers running on "pebbles", and they do not realize that there lie large quantities of unpolished gemstones under their feet!

They just do not recognize them! Because they have no knowledge about, what makes the difference between a simple pebble and a gemstone!

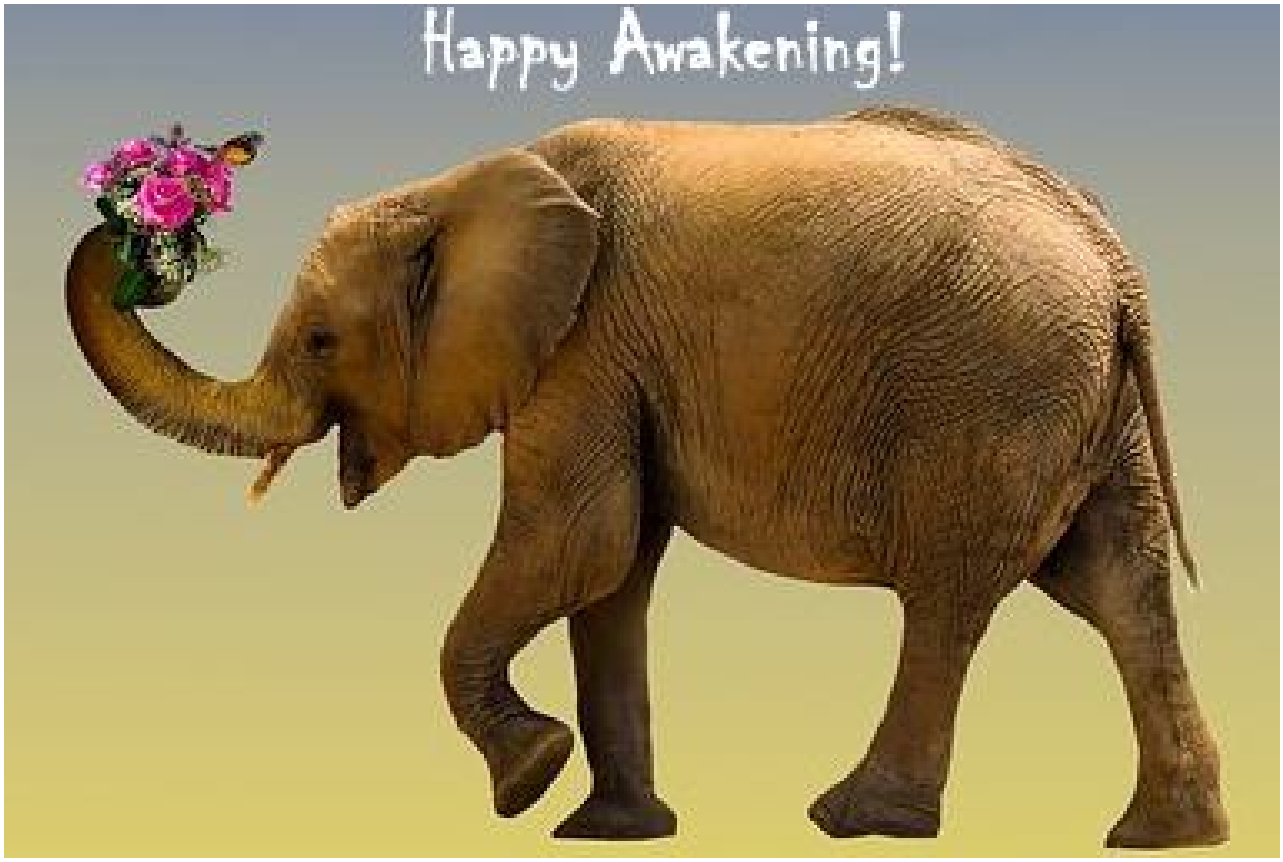
It is not uncommon for these day-dreaming dumbbells to want to sell you a handful of cheap pebbles as a giant treasure!

NO!! There are only pebbles!!!

Surely are polished and shiny pebbles quite pretty as well!!

But only for the flower vase!

VALUABLE THEY ARE NAMELY NOT!!!



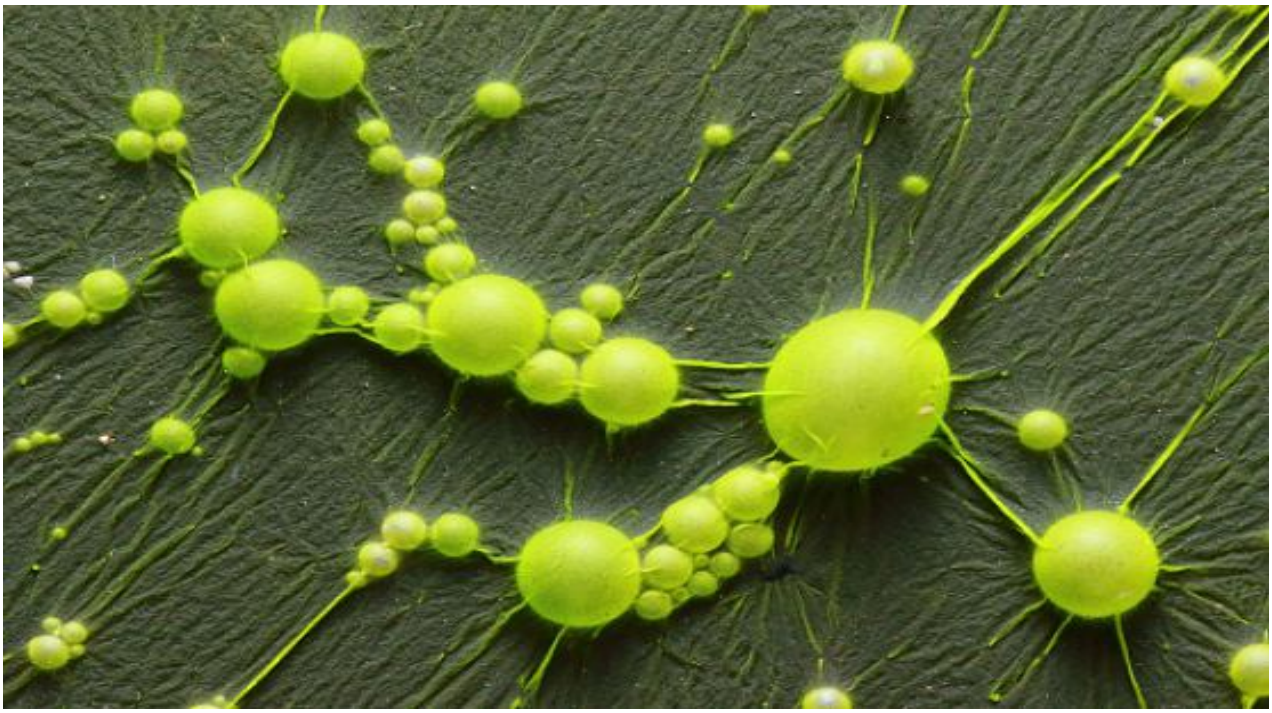
True awakening 907

True awakening means to seriously implement the, as truth recoginzed new understanding in your reality from now on!! You deeply and factually "woke up"!

If you were till now jealous, stingy and envious and you recognize warmth, nearness and tenderness as the better solution, then from now on you'll be concrete cordially warm, near and tenderly, as far as you ever can somehow!

Learn the awakening! Like in normal life: it's not from immediately to now!

That is now your new reality - and it is becoming more and more a pleasant habit!



Cyanobacteria 908

In principle it is pretty simple to save our climate!

Because exclusively(!) photosynthesis by the one-cellar "cyanobacteria" is capable of exchanging carbon dioxide (CO_2) into oxygen!

Everything that's green in our environment, like trees, bushes, grass or even the algae in the sea efficiently consumes CO_2 and thus regulates the household of our atmosphere!
So, the solution ist pretty simple! Plant trees and avoid using wood! That is the fastest way to reduce greenhouse-gases effectively!



Mistake 909

We should not entrust the decision about our digital future to ignorant sloganeers!

Only who can programe, can programe!

Who can not programe, is not an IT-expert and who is able to programe professionally is very probably an IT-expert!

Such easy is that!

Would you e.g. an important decision about architecture, leave to a baker who has no idea about building a house???

THINK !!!



Heartily *910*

If you get to know someone, then pay attention to "HOW" this person acts, moves and which charisma he/she has! Especially if he/she feels unobserved or surprised!

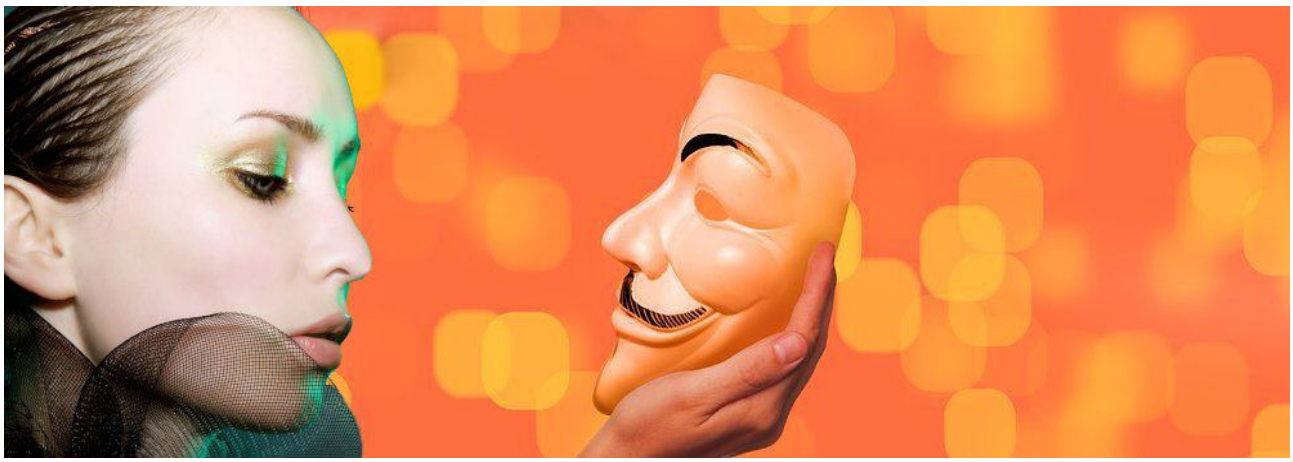
There are people who have a very giving, bright and hearty charisma! They radiate warmth and friendliness, they react affectionately, cheerfully, tactfully and tenderly! They remain calm and in a good mood even in moments of fright! They simply like to laugh!

And there are people who are uptight, calculating, suspicious and potentially unfriendly or domineering! Or they are patronizing, criticizing, snooty and like to be served!

Who are YOU? What do the people see and feel if you step into their life? Or if they observe you!

But, in the final effect be sure that God, the Universe, the Highest Spirit, the Destiny, the Providence or as you may ever call the very Highest Energy, decides in the last moment how you decide!

No matter how you or your "YOU" decides, it is good to know in which environment and under which influence you are!
Always do the best into your life you are capable of - and everything will be okay!



Critical

911

In psychology there is a phenomenon that is called "projection"!

It means that some people like to criticize on others exactly that, what they do not like at themselves!

Jealous people call then other people e.g. gladly jealous or too dominant people call others then gladly "too dominant" etc.!

So it is not the worst advice, if you criticize other people, to grab your own nose first!

Maybe you see yourself in the other person and maybe you should get rid of that specific "critical" characteristic!

Every time, if this was a hit, you will feel considerably relieved afterwards and you are able to deal with the other person more graciously!



Achievement

912

In all kinds of offers that fly around your ears every day, you are told by people who want to make quick money, that YOU can also manage to achieve luxury, financial and personal freedom right now!

THAT IS TRUE! But not exclusively for everyone and not under all circumstances!

Hmmm...?! And how do I know that especially me of all people can be one of those who CAN MAKE IT?

Besides a lot of good mood and a positive attitude you need a good amount of intelligence and steadfast humor!

Without sufficient intelligence it will not work! You need it to be able to act "systematically" and strictly "according to a plan"!

According to my personal estimation and according to the generally valid "Gaussian distribution curve" about 20 percent of the "normal" humans have this sufficient comprehension and sufficient reaction speed.

In addition you also need diligence and a pronounced and "unbreakable" stamina! That is also called perseverance or resilience.

NOTE: ACTUALLY ONLY THOSE CAN WIN WHO NEVER GIVEN UP BEFORE!

You must NEVER GIVE UP even the hope of winning the lottery! And again and again courageously hand in the lottery ticket anew! Whether you then have enough "luck", lies in the stars.

All others should be content with their "small" life happily and joyfully and be cooperatively satisfied with the fact that there are good jobs and (hopefully) a functioning employment office!



Separate *913*

Many complain that fate or the good God puts heavy challenges or obstacles in their way!

Look at it this way: Challenges, obstacles or even problems are always there to be overcome and mastered by you!

What a desolate world it would be if there were no challenges! They separate the wheat from the chaff!



Sadness *914*

One of the biggest problems of our time seems to be sadness!

Many people feel simply overwhelmed inside and experience smaller or bigger depressions!

Depression (if it is not physiologically caused) is actually only another word for - more or less deep - sadness!

One often asks a sick person intuitively: "What are you missing?"

What is the depressed person actually grieving about? What is he/she missing?

In today's hectic time (some also call it "unchristian hustle") people usually lack peace, serenity and simple fun in joy!

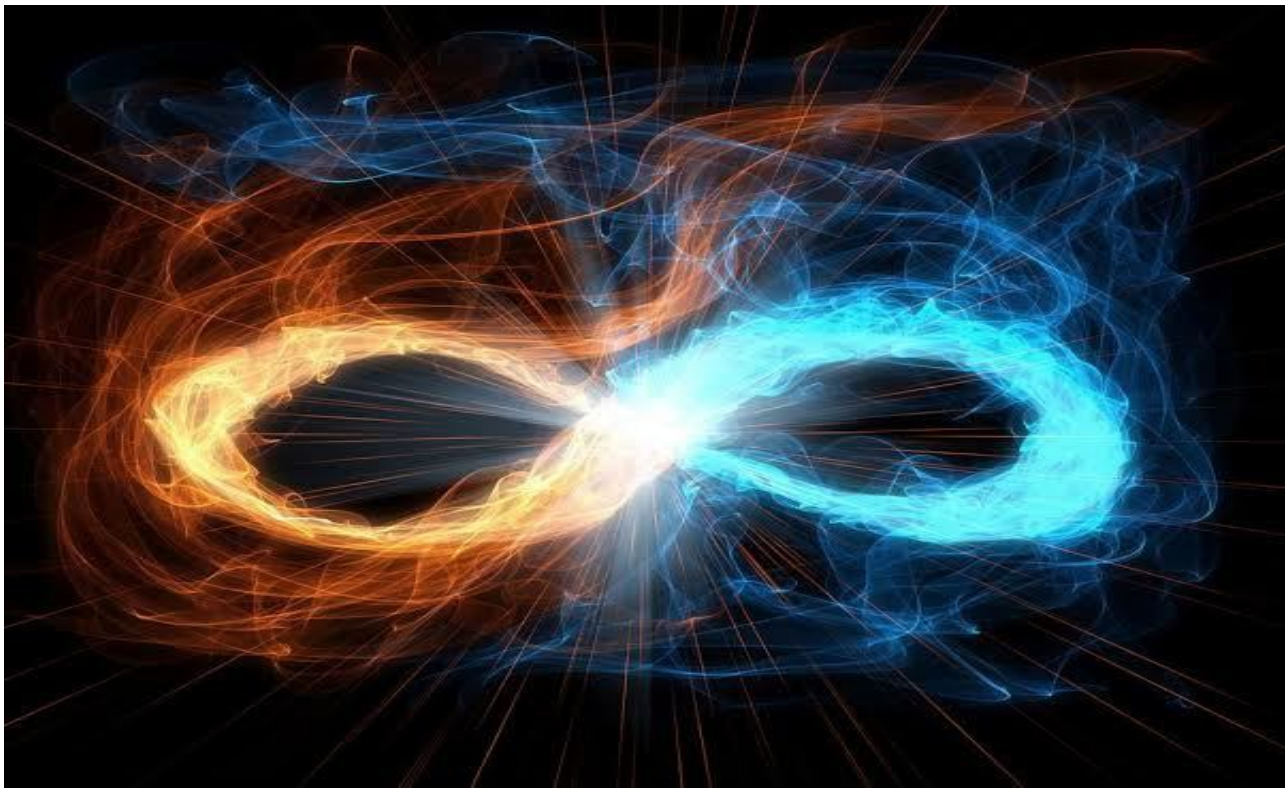
The logical solution is: say "STOP" and relax! "Force" yourself quasi to have fun and laugh as much as you can!

Above all: " FOR OTHERS "!

Because, the more you care for others, the less time you have for your sadness! Honestly felt community is lived happiness and laughter!

And all depressions fly away like bad ghosts! Because, where there is light there is no shadow and where there is joy there is no sadness!

There is so much to do everywhere!



Infinity *915*

What is infinite?

Are 800 meters infinite??

Or are a million miles in one direction more infinite than a million miles in the opposite direction?

Are 30 centimeters infinite?

We know or assume that the universe is infinite! But what is the use of this? What is the use of the statement "infinite"?

If there would be a board fence with the inscription "end of the universe" at the end of the universe, what would come behind the board fence?

Only a concrete unit of measurement brings us closer to the infinity! The measure "7 billion light years" is also relatively infinite for us! But it is a concrete unit and we know that 3.5 billion light years are only half!

And 3.5 million light-years are again a thousandth of it! So distances become tangible and they are no more miracle for the attentive observer then! Long live the measurable unit! It is the basis of all sciences!

In spite of everything everything is of course also relative! Because for an ant ten kilometers are already infinite! And for us humans not even our galaxy!



Courage *916*

I could tell you many things about me!

Things that would be scary and deeply frightening for many - and glorious things that were incomprehensible and full of miracles!

I was close to death several times! Including some dangerous accidents and also two weeks in a coma. Due to being bedridden after a serious accident with force-feeding, I lost about 25 percent of all my muscle mass in four months. I was as light as a child.

Within a year, through iron training, I weighed as much as before!

Many people want to know if I saw God while in a coma? Unfortunately, no!

But I have since seen God through His constant working right up close and right before my eyes!

It is a different life now!

I have lost all fear! I feel free and absolutely unbound in my thinking!

Where others feel timidity and fear, I feel now infinite energy, courage and determination! But also gentleness, tolerance and sensual depth!

What or who still wants to frighten me?

I was already over there and I am back again!

Many, who were so intensely close to death as I was, will confirm it: life lives itself and everything goes its very own way!

To have no more fear, makes free, extremely alert and intelligent!

Because, we normally don't suspect how much our inner processes, also the thinking, are determined by fear, cramping and blockades, without noticing it! We consider this as "normal".

Since all my cells are free from these former intimidations, I experience the world completely new!

Nothing is impossible anymore! There is an immeasurably brave and free feeling that knows no boundaries anymore!

Boundaries are self-made and self-imagined!

In reality they simply don't exist!!! If you courageously go on your way, on this way the solutions, which you were afraid of only yesterday, will fall directly in front of your feet!

And exactly then and there, when and where you need them!

God and the universe are much bigger and more loving than we can ever imagine!

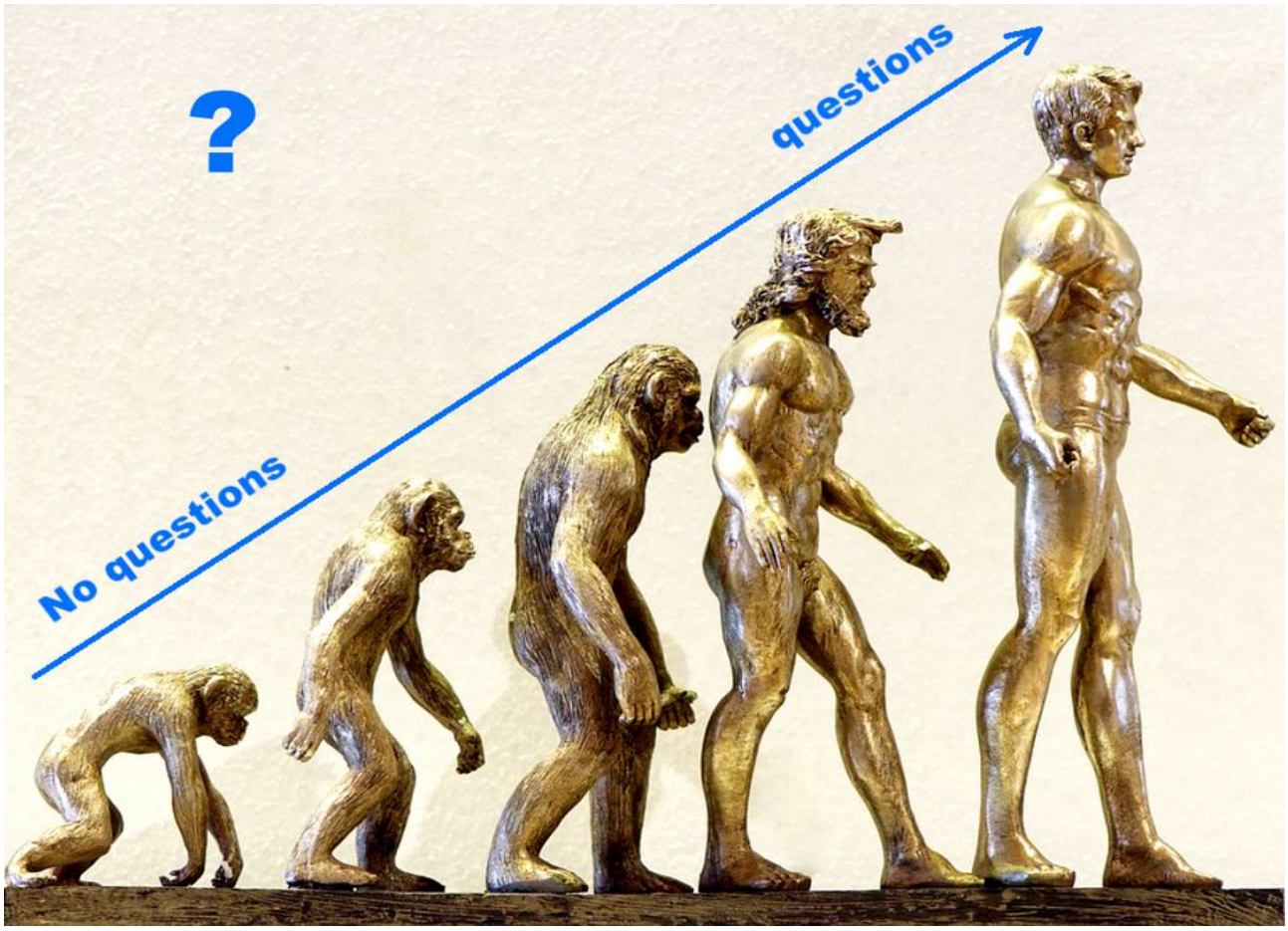
"Get up and walk!"



Languages are always the sources of all misunderstandings! Speak therefore an "A" also in such a way that the other can surely understand also an "A"!

But also the soul and the heart can speak like the mouth. You must speak only loudly and clearly enough and learn to understand them!

A false heart speaks false things and a good and faithful heart speaks good things!



Questions *918*

If you don't understand something, then ask! It's better to seem stupid for a moment and then to understand, than not to ask, not to understand anything and stay stupid for all your life!

It is not embarrassing to ask! It is 100 times better to ask smart questions than to give stupid answers!



Play-to-earn *919*

The new blockchain technique („fool.com/investing/stock-market/market-sectors/financials/blockchain-stocks/what-is-blockchain“) makes it possible! (See „The Sandbox“ and „Decentraland“ or/and e.g. „playtoearn.online/games/free“)

This technique needs permanently active so-called „ledgers“ who are permanently solving puzzles to confirm the correctness of a transaction!

Therefore they need permanently new solutions, proofs and validations for the current blockchain action!

And for every single calculation the technique will pay a little bit of cryptomoney to the „player“!

Even simple NFT-webgames can generate such solutions without disturbing the game and no player will ever recognize that silent background process!

Now if a player is connected to that blockchain-net and he is playing for it, he will get payed simply for playing that specific NFT-game!

This proofs can potentially be served by ANY modern computer or even smartphone that is connected to the web!

That is a pretty perfect chance for poor people around the world to gather money just by playing! You only need a modern pc or smartphone with an internet connection!

So learn quickly playing to earn!



NFT 920

What is a "Blockchain" and what is an "NFT" or what is a "Token" and what is a "SmartContract"?

A "Blockchain" is like a digital uninterrupted cash register receipt on which all the relevant "bookings" are stored in the cloud in sequence in a forgery-proof and unchangeable manner!

A "NFT" (NonFungibleToken) is a TOTALLY(!!!) arbitrary entity of a TOTALLY(!!!) arbitrary kind! EVERY digital and non-digital object (e.g. a work of art) can be "ntfied", i.e. "individually" specified with a unique typing key, and is thus uniquely identifiable as a 100% "one-of-a-kind"!

Many (among others also Microsoft, FaceBook, Apple or Google) see in it with the Web 3.0 "THE"(!!!) all-decisive next gigantic revolution in the digitization (see "MetaVersum" of Mark Zuckerberg).

A "token" is a kind of digital proxy for potentially EVERYTHING! It is characterized by its specific typing! For example already a single bit within a bit chain can be a concrete token (bit on or off), if the concrete position of the bit within the chain was specified and/or defined before!

A "SmartContract" is a, by the blockhain construction in the programming, concretizing description of all typical properties and conditions of a NTF element, which is also stored in the respective blockchain, and thus invariably valid for exactly "THIS" object!

This is our brave new world! ;O))

Many see this development very critically, but it is THE(!!!) guarantee for the irreversible(!) democratization of the Internet.

So, there can exist potentially in future NO(!!) practicable mass-effective proprietarization or kinds of individal occupation in the digitalization anymore!

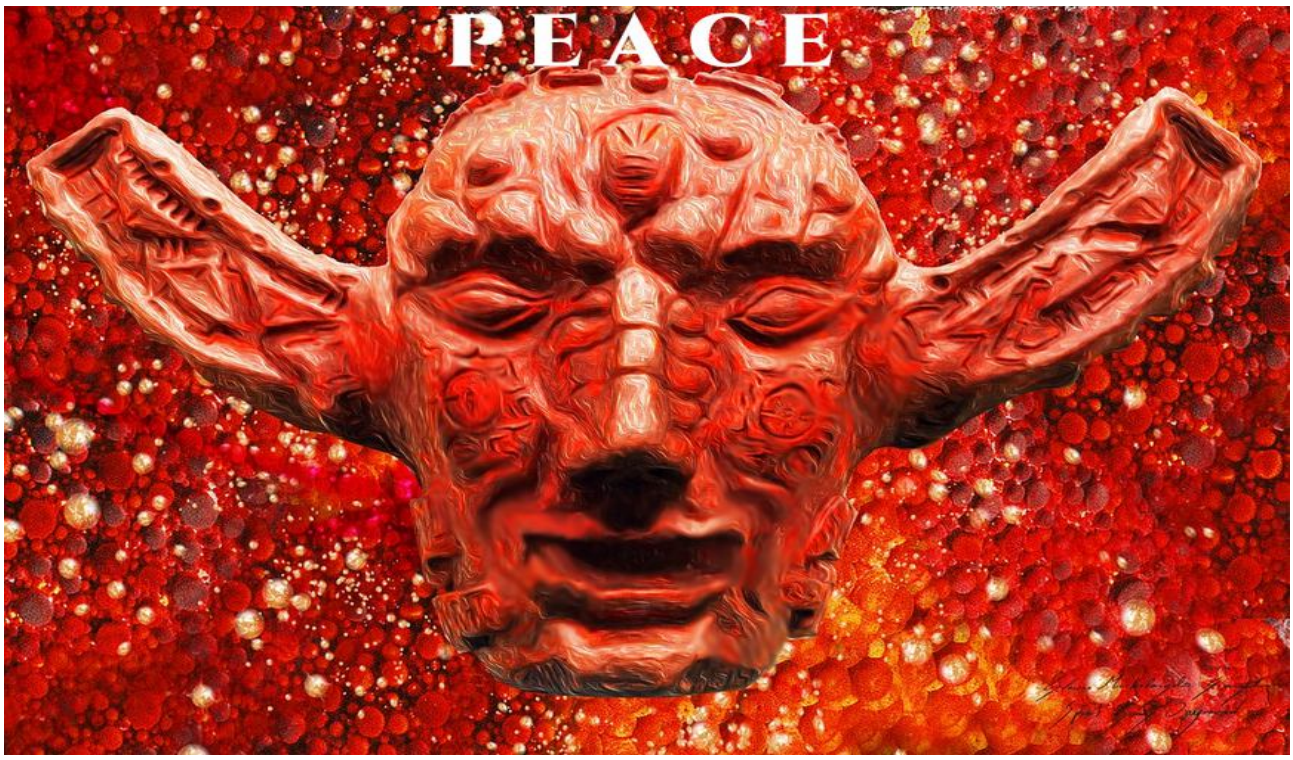


Blind trust ***921***

Rely on God blindly and listen to his words and his sounds and music!

He loves you very much and really dearly, hears everything you say and knows everything better and deeper than you!

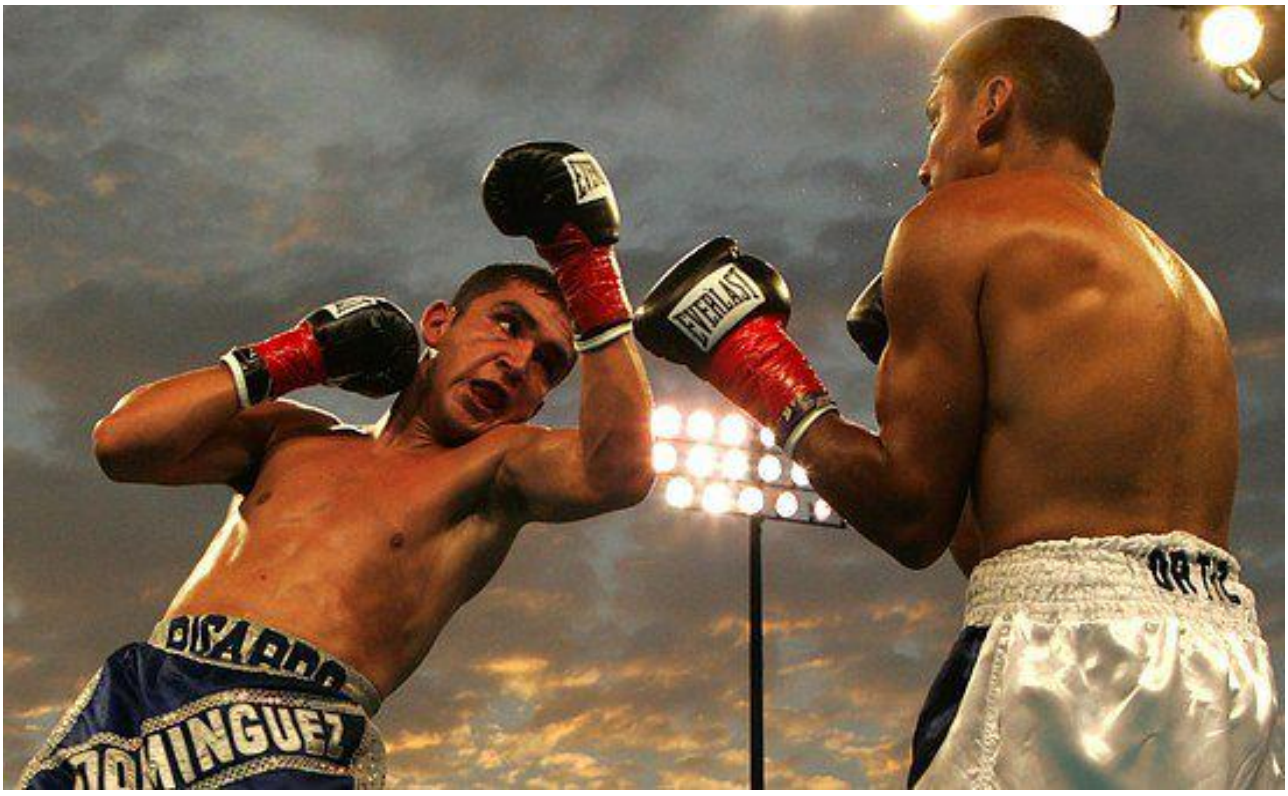
Even yourself!



Enemies 922

The peace is YOU - and nobody else but you!

If you mean to have enemies, then your good will is simply still not good enough!



Opponent 923

Who is actually your opponent?

There is always only talk about partners and friends, but hardly about opponents and enemies!

These are not just suddenly extinct!

As in every discipline, whether in the sport or in the business, you also have people who see the world differently than you! Possibly even completely contrary! And who stand grimly on the "other" side!

You or your company works on or with a product or service, which stands in competition to someone else or to another service!

This "other" will feel inevitably existentially threatened by you and your product and will direct all its activities to damage you and/or your company sensitively and to position its own company and/or its product well against you!

It is like in a boxing match! Who strikes in the narrow market, must always count on the fact that the opponent and/or the competition strikes back! And that hard and painful!

Be alert and get ready for a hard fight!

Define not only nice and "cuddly" your friends, but also your relentless enemies!

One of the clever refinements of a good fighter is that he/she will not necessarily announce to you when he/she will strike!

Rather the opposite: he/she will use feints, deceptions and bluffs to lull you into a deceptive security!

Not all are always nice and "romantically" inclined! Some quite the opposite!



Mentee 924

Which came first? The chicken or the egg?

A mentor is ALWAYS the one who knows more than the "mentee" in the important aspects and who trains and supports the mentee! If I learn more from my mentee than vice versa, then something is wrong!

The mentor is the cool connoisseur and expert and mental "inspirator" on whom the "mentee" must be able to rely at all times!

Who is the "pathfinder"? Who is leading the way and who is actually following whom?

Otherwise I hinder my "mentee" in his/her development!

On the other hand one could see it also possibly the other way around! Because: one learns as well known by nothing more, than if one must explain it to someone else conclusively!

So cluelessness can also be a promotion!



Advice to web-consultants **925**

People avoid risks like nothing else!

So the very first question is: "How do I get started WITHOUT EXPENSES AND RISKS?"

And if it's only slow at first: The main thing is that you have the feeling that "something" is moving at all!

First, realize that YOU have to earn EVERY little thing, even the first click of a curious person!

If no attractionhanger is recognizable or the bad hidden "Fishhook" is visible, then not a single fish is biting!

They aren't all stupid! And if one is actually stupid, then he is certainly not interested in you!

AHA #1: You're all dealing with smart and cautious people!

AHA #2: You MUST learn to sell (fish)! The bait MUST be enjoyed by the fish, not the angler!!

AHA #3: EVERY INDIVIDUAL step needs to be precisely planned and sold!

AHA #4: You have no personal presence online! ANY interested party can jump off at ANY TIME without giving a reason and may be lost forever! So treat him well and decently in advance! No matter how charming you otherwise seem or be: NO ONE cares about it on the net!!

AHA #5: All beginnings are difficult - but you can't do it without a beginning! At the beginning you can also get cheap advice! All economy chambers offer very affordable beginner courses!



When you tell them a target and they have to go alone on themselves the they will have to decide intuitively on their own!

Maybe your hunting dog is sniffing somewhere and you know for sure that that is the wrong path, then you only have to whistle and the dog has instantly to know what to do!

It has to be fully aware of your next orders and immediately to act accordingly on the given path!

And: don't argue with dogs!!

They are just hunting dogs and scouts - AND ONLY YOU ARE THE MASTER!!! Not the other way round!! Make that pretty clear to the dogs!

If there is on who is constantly talking into and who want to tell you other things, is not your friend!

True and serious friends will listen first and will respect you and ask for your opinions, conditions and needs - and then they will act!

They will never act first and then ask!

And ... if a dog is not obeying then change it!



Audrey Hepburn 927

"When I was a teenager, my father and I once stood in line to buy tickets to the circus.

Finally there was only one other family between us and the ticket office.

I was very impressed by this family.

There were eight children, all probably under the age of 12. The way they were dressed showed that they didn't have much money, but their clothes were neat and clean. The children were well behaved, all standing in line, two by two behind their parents, holding hands.

They chattered excitedly about the clowns, animals and all the acts they would see that night.

You could tell from their excitement that they had never been to the circus before. It would be a high point in her life.

The father and mother were at the head of the line and stood as proud as possible. The mother held her husband's hand and looked up at him as if to say, "You are my knight in shining armor." He smiled and enjoyed seeing his family happy.

The ticket lady asked the man how many tickets he wanted?

He proudly replied, "I want to buy eight children's tickets and two adult tickets so I can bring my family to the circus."

The ticket lady gave the price. The man's wife released his hand, her head bowed, the man's lip began to tremble.

Then he leaned a little closer and asked, "How much did you say?"

The ticket lady named the price again. The family man did not have enough money. How was he going to turn around and tell his eight kids that he didn't have enough money to take them to the circus?

When my dad saw what was happening, he reached into his pocket and pulled out a $20 bill, then dropped it on the floor.

My father bent down, took the $20 bill, patted the man on the shoulder and said, "Excuse me sir, that fell out of your pocket."

He looked my father straight in the eye, took my father's hand in both of his, squeezed it firmly on the $20 and with a trembling lip and a tear running down his cheek he replied; "Thank you, thank you sir. It really means a lot to me and my family."

We drove home. With the $20 my dad gave away, we wanted to buy our own tickets.

Although we couldn't see the circus that night, we both felt a joy far greater than the circus could ever offer.

I learned a lot that day."

When have you made someone happy by giving? Who can you give something to today?



Set standards 928

If you want to change the world for the better, then set standards!

Leave footprints, which are so large that no other can fill them!

And if you want to change your family to the good, then leave also then footprints which no other also can fill at home easily!

Because no matter in which discipline, be first the sovereign master in your own house, then master in your street, in your village and then in your city!

Don't forget: You have to be the sovereign master in your country first, before you want to become the world champion!



You count

929

Right now we are round 8 billion people on this tiny planet!

It's pretty hard to be outstanding!

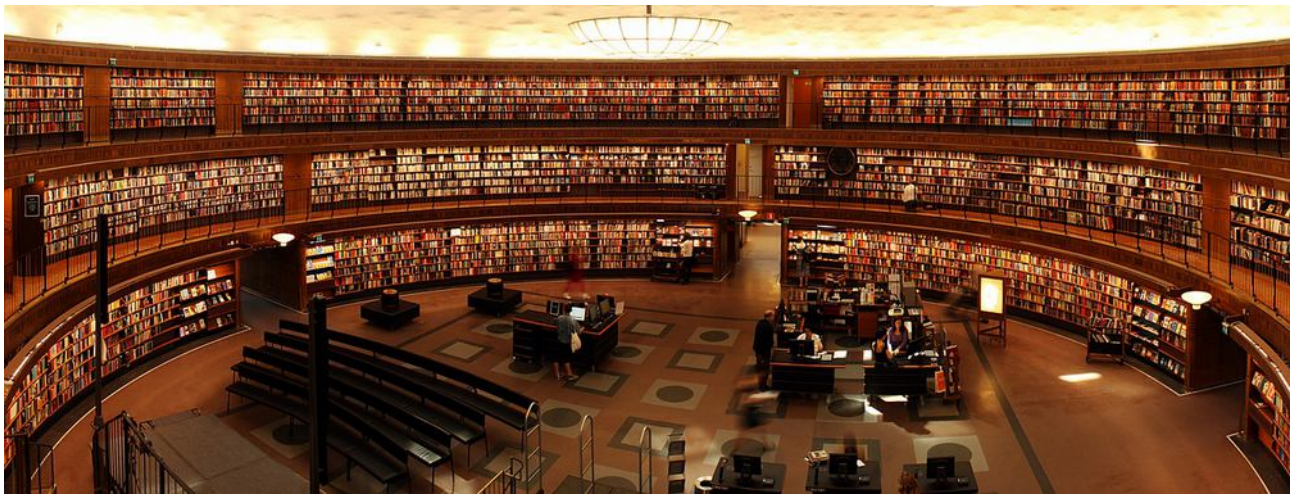
Most of us were running and hiding like in the famous "rat-race"! For the next salary, the next rent, the next doctor-bill, for schoolneeds, the next car or the next holiday!

If you perhaps are failing sometimes a bit then at least try to be a nice person!

If you can't do that much good, then at least do no bad! If you can't help others that much then at least don't hinder them!

If you are a nice person and you have a dear spouse and a happy family then be sincerely aware:

YOUR KIDS AND YOUR FAMILY LOVES YOU ....
AND AT HOME ONLY YOU COUNT!



Books are deeds in words 930

You will be measured by your deeds - not by your words!

But mind: helpful books are deeds in words - and a really worthful book can be much helpfullier than million deeds!

Educate for making the receiving independent, knowing and free!



Seed of life 932

Be a clear spring! Full of sweet and refreshing water!

Sweet is your warm friendliness and your cheerful smile!

And refreshing are your new, helpful and motivating ideas full of energy, good mood and bubbling joy of life!

Powerfully you carry the world on your shoulders and feed the great seas!

You are the seed of life!



Scale *931*

There may be some people who have to criticize that I sometimes present something as "sure"! E.g. "If you meditate, you will 'surely' feel better afterwards!"

Some critics might then say, "How can he claim something as so surely?" Because there are "surely" some for whom it does not work so easily!

That may be, but as long as I can assume that" it works" for most of them, as long I am much more interested in the positive effects on those positive people than in letting the few possibly unsuccessful ones stop me from saying the good!

And, who knows, maybe the critics belong later also to those with whom it "works" - and for it then with others just possibly less!

But I will never let up telling the good!



Improve yourself *933*

It is so easy to become a better person!

We all have our quirks and weaknesses and can't express and portray ourselves the way we would like to.

There is a very simple trick:

Whenever you see someone behaving in a way that you would like to behave, just imitate them!

For example, mothers are always willing to do the best they can for their children! And many of us are distorted by "something" or/and "somehow".

For example, if a mother sees a positive behavior in another mother (e.g. cheerfulness or tenderness) then some mothers may be inhibited in this regard!

Don't let it stop you from improving yourself permanently!

Simply imitate the positive behavior of the other mom! Be then also in such a way, like the behavior, which you've observed!

Very likely this will not always and instantly work! But don't let this stop you!

If you do not succeed immediately, then imagine before your mental eye vividly, how you are in such a way, as you would like to be actually!

Imagine this positive picture as vividly and as clearly as you can!

Again and again!

And with the time you have then got used to this thought and to this picture so much that you after some time, perhaps after hours, days, weeks or even after months, this positive then simply will do!

And you will perhaps be surprised by yourself, and the respective other person probably also! But it will understand you intuitively and accept you as you now are!

This moment of irritation doesn't make anything! Just go on! Always a little bit more and always a little bit better!

The same applies e.g. also to superiors opposite their coworkers or coworkers among themselves!

Optimize your behavior! This is called "optimism"!

The belief and the firm hope that things can get better!

Sometimes late! But late is still much better than never!



Circle of life

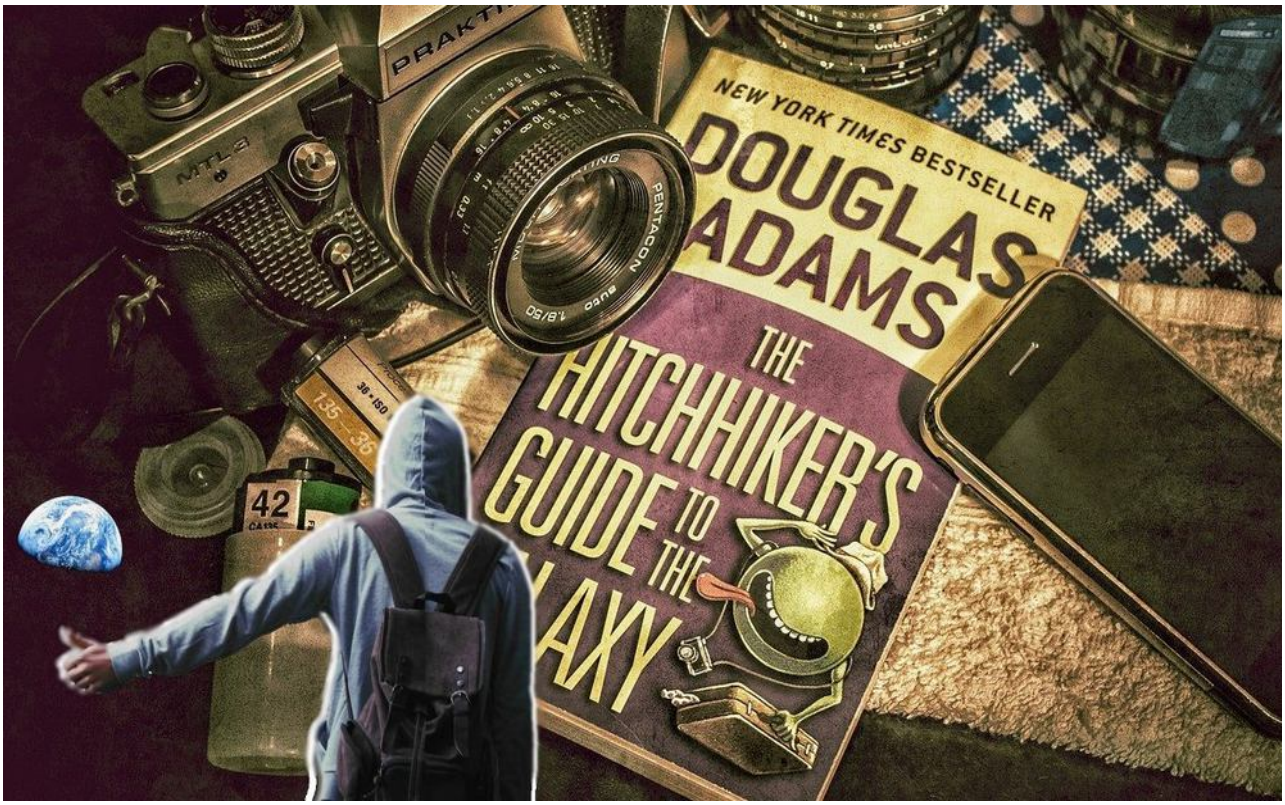
934

Sometimes people are only able to live and love because someone else who is capable of suffering gives up for them!

You assimilate with the loved other being and only through this synthesis can new life arise! With completely new characteristics, abilities and talents!

A completely new, autonomous and independent ME!

The egg alone is just an egg and the seed itself is just a seed! Only together you form the miracle and the endless circle of life!



Pilgrim in the universe 935

Never complain or lament again!

Just do yourself this huge favor!

Just say nothing, turn around silently, shake the dust from your feet and go on your way!

You are a simple pilgrim in the infinite universe!



Gods plan 937

God has a special plan also for you!

Free the world!

How?

By simply doing it!

Start small and increase every day!

Each in his/her own place!

And love him dearly! Just the way you are!



Quo vadis *936*

A big problem of our time is the greedy and unconscious rushing!

Even with VERY profound questions, which require UNCONDITIONALLY a well-founded research and conscientiousness, it seems to become more and more naturalized that only instant answers and solutions are interesting and relevant!

This is an inevitable result of increasingly complex issues that are simply no longer understood by the "normal citizen"! He or she delegates more and more decision making to the - often self-proclaimed - "specialists"!

No miracle therefore that the quality of the hastily along-dragged decisions and solutions leaves more and more to be desired!

May I, as a decision maker, allow myself to "meditate" for about 10 to 15 seconds on the - usually highly complex - topic, or MUST I IMMEDIATELY, without the slightest delay, formulate a perfect and solidly thought-out opinion or judgment and present it - preferably with a modern layout and in high gloss?

Sometimes it really is a matter of life and death!

And even the best judges and jurors or lay judges and assessors usually need at least half an hour (or more likely a full hour) to reach a reasonably fair verdict!

One imagines once, the auditorium in the court would be completely empty after three minutes, because the people have no more patience and/or time for fair judgements?

Quo vadis, world?



Key to wellbeing *938*

Self-hypnosis is commonplace! We do it every day from morning to night and even during the night and even in our sleep!!!

Want proof?

I want you to do the following now:

First stand upright - and after each of the following "commands" and always before the next one, go back to your initial state and relax for a moment!

Don't ask "why", but just try to consciously pay attention to what you are doing right now! If you can't or don't want to do something of it right now, then just leave it out and don't bother with it any further!

So:

- stretch out your right index finger
- bend your left thumb
- hold your breath for three seconds
- slightly stick out your belly
- wiggle your butt
- whistle any sound
- wrinkle your nose
- close your left eye for a moment
- grab the back of your neck
- tense your abdominal muscles briefly
- tap with your right index finger on the tip of your nose
- wave your right arm
- stamp your left foot once
- take three steps forward
- and back again
- nod your head
- pull in the air through your nose three times
- briefly puff up your cheeks
- feel your heart beating
- look out of the window
- smile...

The whole game could be extended now still arbitrarily!

And don't be surprised if you feel a bit more relaxed now than before the exercises! That would be completely normal!

All this was in principle already S E L F H Y P N O S I S !

Not somehow "a kind of" self hypnosis, but in the most direct sense of the word! Just on an everyday, prophane and conscious level, which is completely familiar to us! So nothing special!

Now be sure that EVERYTHING else in your body and mind reacts in principle exactly to your thoughts ("commands"), like every other body part, which you just have moved. Even cells!

It is no different with cramps and bad feelings. It's just that the particular muscle that may be hurting you or that you are cramping has received a wrong command - sometimes over a long period of time or even for years and decades!

This can happen unconsciously - and the more we consciously send the "RIGHT" commands of well-being and relaxation there, the more the muscle, organ or even your mind or subconscious will relax and feel good!

And the more often you do the "RIGHT" thing and the "better" you get at it, the more comfortable and healthy you will feel!

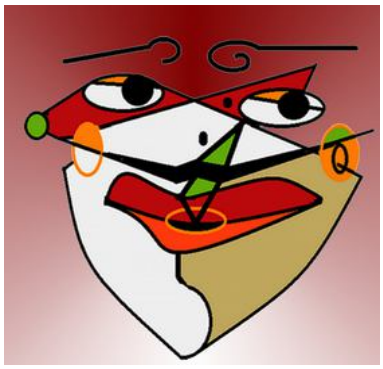
That's it... ;O)

This is the principle of selfhypnosis and the key to wellbeing!

Of course, this does not work from now on immediately! Of course you need - as for everything you take seriously - practice and time!

BUT IT WILL WORK WITH PATIENCE AND PERSEVERANCE!

G U A R A N T E E D !



Picasso *939*

Who considers himself or herself to be exceptional, but can't present any clear and undiscussable proofs or results, he/she is not exceptional!

Anyone can make grandiose claims!

The waiting rooms of investors, business angels, promoters and publishers are full of cut-ups - and the routined experts yawn with boredom!

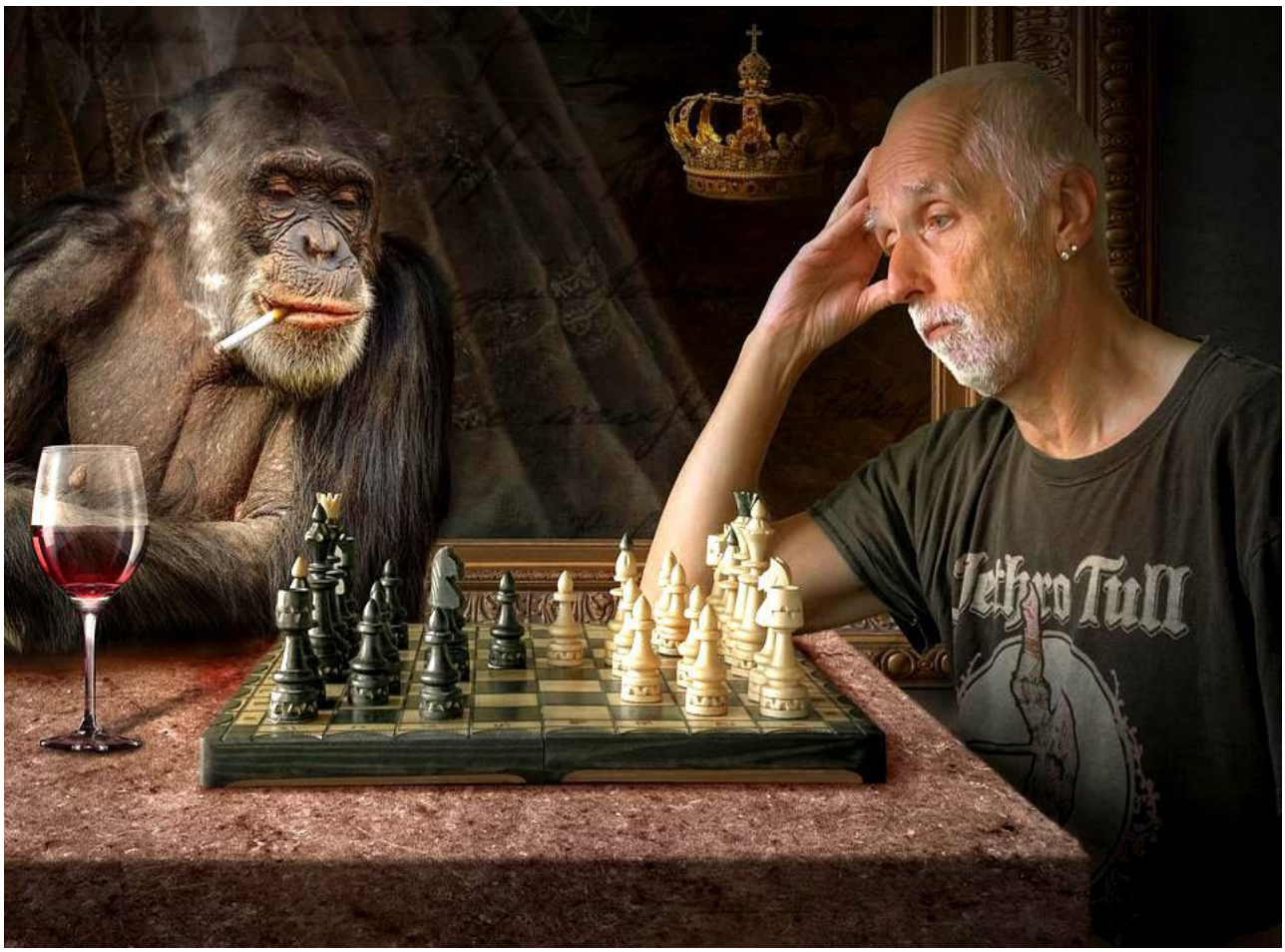
To have "nothing" is not a feat!

If you really and professionally want to be taken seriously, then deliver also serious proofs of your art!

In Advance!

Without expecting or even demanding large advances or a fat office with fixed salary from the start! In which you can realize then in all peace and fully paid your immature but grandiose "ideas"!

You can't sell a picture that has not yet been painted!
Unless your name is picasso!



Rules are the rules *940*

You need a clear will to the order!

The will comes from the conscious decision!

You never can win a game, when you don't know its order and rules!

So decide for the order and the rules!

The rest then comes by itself!

IF YOU REALLY WANT!



Regardless *941*

Respect or "back" view comes from "seeing back"!

We have a rear-view mirror on the car!

It serves to be able to observe the area behind the driver. One would like to be able to see whether any dangers or irritations could be to be feared from there!

Learning to be considerate is often quite an involved thing with children.

They don't yet have the experience and/or foresight to see that threats can also come from behind.

However, when adults react in a reckless manner, it is a clear sign that they also do not expect dangers "from behind", i.e. from the unseen space.

Either they simply don't care at all (rare, but possible), or they don't know any situation or situations so far in which they were threatened unrecognized "from behind", or they spontaneously feel up to any(!) threatening situation!

This case is also very rare, but conceivable!

Very often, however, recklessness is based on a mistaken assumption of security or on the mistaken assumption of "superiority" and a kind of "invulnerability"!

However, in all situations - also for extremely self-confident people - it is very advisable to look into the rear-view mirror of life from time to time!
Sometimes just there the most unbelievable events and adventures take place!



Plasma 942

We consist to approx. 95% of water! And to 99.999 percent from "ether", or also called "ionplasma" (quantum space) inside the atoms!!!

Both are very "liquid" substances which consist in being able to exchange and to flow!

WATER MUST FLOW! And air ("ether") likewise!

All our cells have quasi a muscular cover and react with it to the most different tensions!

Who acts "relaxed" and uncomplicated, relaxes with it also the cell body, so that the inner order of the cells is not hindered in its free flow!

Who on the other hand "tense" and nervously reacts, hinders the free flow of his body fluids!

From the outside this unpleasant condition is difficult or not at all to recognize for untrained people!

Practiced people (coaches, mentalists, psychologists, shamans and/or spiritually trained people, etc.) can recognize, depending on the training, quite precisely by "certain" typical reactions and disorders or even diseases, WHERE the juices and forces are or will be blocked.

And usually they also know suitable methods (mainly meditation, autogenic training, prayer, contemplation, analysis, gestalt-therapy, hypnosis, reflection, role play etc.) to solve these blockages efficiently and quickly and to let your juices and quanta flow freely again!



YOGAMAN

943

If not that's impressive, what then is impressive??

He did all that for us to become THAT unbelievable example for incredible selfdisciplin!

Soooo many thanks to you, Arthur! THE UNDEFEATED YOGAMAN!!

From a veterancripple to the YOGAMAN:

https://www.youtube.com/watch?v=qX9FSZJu448



CALM

944

If I am a person of deep faith and gentle rest within myself, how can I still be aggressive?

That makes no sense at all!

Aggression and spiritual wisdom and knowledge are absolutely mutually exclusive!

Who is aggressive and injuring, can impossibly be a deeply believing person and rest gently in himself!

Impossible!



Fun ahead *945*

Be content with your life because even though there are - like for all of us - many things in life that you can't do (maybe boxing or being an astronaut) there are SO MANY JOYFUL THINGS which you DAN DO!

Hopefully that fully life of happiness supercedes your sadness - like for all of us - for missing some tensional and/or funny experiences!

Good luck and power...

Oldest Nobel Prize Winners

Age at the time of win	Winner	Year	Nobel Prize Category
97 years	John B. Goodenough	2019	Chemistry
90 years	Leonid Hurwicz	2007	Economic Sciences
89 years	Lloyd S. Shapley	2012	Economic Sciences
88 years	Roger Penrose	2020	Physics
88 years	Raymond Davis Jr.	2002	Physics
88 years	Doris Lessing	2007	Literature
87 years	Vitaly L. Ginzburg	2003	Physics
87 years	Yoichiro Nambu	2008	Physics
87 years	Peyton Rous	1966	Physiology or Medicine
87 years	Karl von Frisch	1973	Physiology or Medicine
87 years	Joseph Rotblat	1995	Peace
86 years	Ferdinand Buisson	1927	Peace
85 years	Willard S. Boyle	2009	Physics
85 years	Isamu Akasaki	2014	Physics
85 years	Rainer Weiss	2017	Physics
85 years	John B. Fenn	2002	Chemistry
85 years	Robert G. Edwards	2010	Physiology or Medicine
85 years	William C. Campbell	2015	Physiology or Medicine
85 years	Youyou Tu	2015	Physiology or Medicine
85 years	Theodor Mommsen	1902	Literature
84 years	Harvey J. Alter	2020	Physiology or Medicine
84 years	Pyotr Kapitsa	1978	Physics
84 years	Peter Higgs	2013	Physics
84 years	William Knowles	2001	Chemistry
84 years	Thomas C. Schelling	2005	Economic Sciences
83 years	Charles J. Pedersen	1987	Chemistry
83 years	Martin Karplus	2013	Chemistry
83 years	George H. Hitchings	1988	Physiology or Medicine
83 years	Jaroslav Seifert	1984	Literature
82 years	Robert B. Wilson	2020	Economic Sciences
82 years	David J. Thouless	2016	Physics
82 years	Georg Wittig	1979	Chemistry
82 years	Robert F. Furchgott	1998	Physiology or Medicine
82 years	Oliver Smithies	2007	Physiology or Medicine
82 years	Alice Munro	2013	Literature
82 years	William Vickrey	1996	Economic Sciences
81 years	François Englert	2013	Physics
81 years	Barry C. Barish	2017	Physics
81 years	Barbara McClintock	1983	Physiology or Medicine
81 years	John R. Mott	1946	Peace
81 years	René Cassin	1968	Peace
81 years	Ronald H. Coase	1991	Economic Sciences
80 years	Roy J. Glauber	2005	Physics
80 years	Osamu Shimomura	2008	Chemistry
80 years	Akira Suzuki	2010	Chemistry
80 years	Satoshi Ōmura	2015	Physiology or Medicine
80 years	Paul Heyse	1910	Literature
80 years	Tomas Tranströmer	2011	Literature
80 years	Auguste Beernaert	1909	Peace
80 years	Alva Myrdal	1982	Peace
80 years	Ernst Ruska	1986	Physics

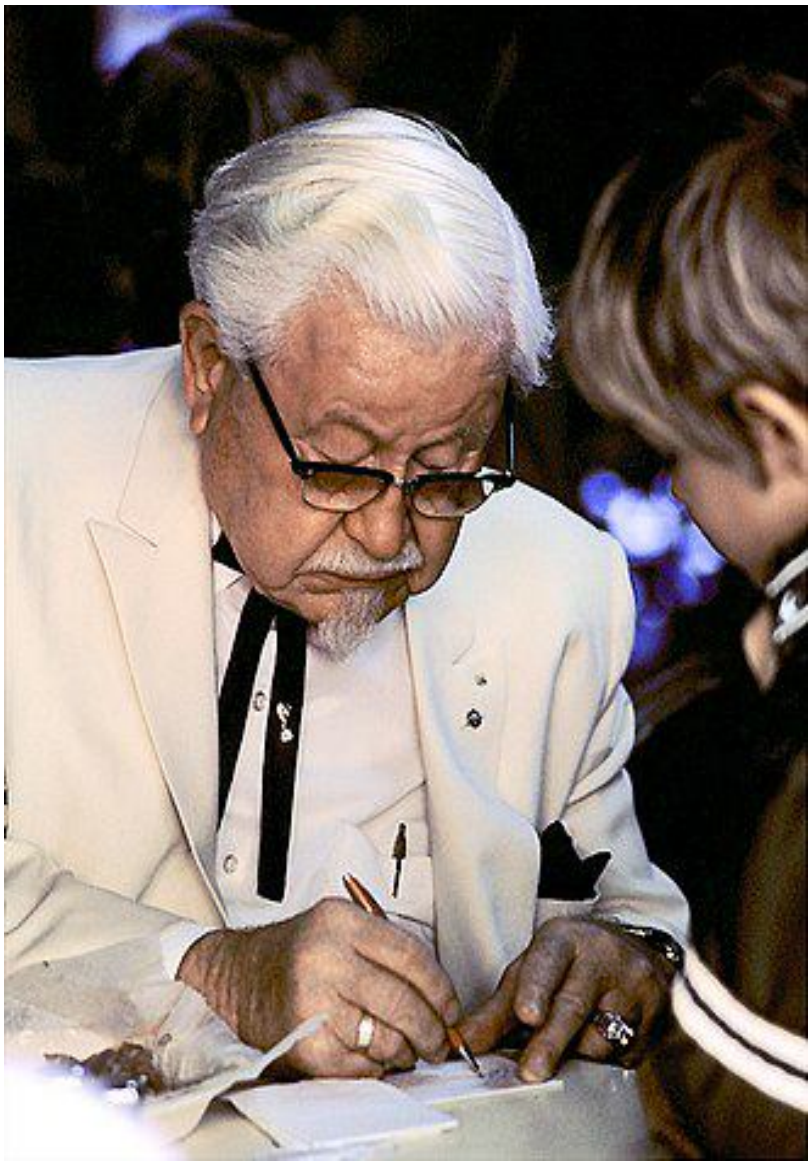
Never too late 946

Source: "Dashamlav Knowledge Base"

The oldest Nobel laureate is John B. Goodenough, who won the Nobel Prize in Chemistry in 2019 at the age of 97 years!

As Nobel Prize is given only after the work of a lifetime, it is not surprising that as many as 48 laureates received it after the age of 80 years.

Above you see the full list of Nobel Prize winners who won the prize after the age of 80 years.



KFC 947

Did you know?

After several successless trials in other segments and a really long business journey of 40 years Harland D. Sanders build his now worldwide wellknown fastfood-chain "Kentucky Fried Chicken".

At the age of 64!

YOU ARE NEVER TOO OLD!



Surrender *948*

If you struggle and fight for life and a living and you ask "Why?", then you strengthen democracy!

Because every fight for a social, just and free society

IS ALREADY THE WAY TO FREEDOM!

Inevitably!

A strong democratic society will EVER AND ALWAYS fight for a better tomorrow!

Exactly that tomorrow where your kids and grandkids will live in!

So it's worth it anyway!

Even if you ask sometimes "Why?"

Democracy is the surest way to future! No other society will always have that huge potential to have the best of the best for selection!

Autocracy may work for a short time, but the autocratical leaders are weak in successorship!

That's why the roman empire with its hereditary emperors were defeated and conquered by the Germans and by the vastly stronger and modern Christian religion!

The Roman soldiers, consuls and generals were not reasonably told what they had to die for and Roman fighting morale thus became less and ever more less!

Sorry for that, you last dictators of the world!



Lose control *949*

The need to have control over many things or people is a pretty clear sign of distrust!

Either against the life in general, as also against the controlled person!

It is a sign of a not fully developed self-confidence or a somewhat lacking self-confidence!

If somebody is free, cheerful, sympathetic and self-confident, then he/she radiates so much clarity and warmth that both, "the things" and the persons will be endeavored to do the "assignments" neatly, conscienscously and cleanly!

Just as every reasonably "normal", healthy person has the need not to disappoint you, so also your inner being, your subconsciousness and the life in yourself has an extraordinarily strong need to meet your demands and wishes

Yes, even the destiny, the universe, the dear God, the nature, the highest spirit or whatever you want to call it, are focussed on letting your life succeed!

Without to brood constantly or to have subliminal concerns, such cheerful, free and independent beings, the "things" succeed much easier!

Just try it with confidence, serenity, optimism and cheerfulness!



Happiness laws 950

I once found this post of a Yoga teacher:

„Don't equate good fortune with money.
Your good fortune lies in your happiness.“

My comment:

Law number one:	"Don't ever be greedy!"
Law number two:	"Don't ever be selfpity!"
Law numbet three:	"Don't ever be loveless!"
Law number four:	"Don't ever be lustless!"
Law number five:	"Don't ever be bored!"
Law number six:	"Don't ever be unkind!"
Law number seven:	"Don't ever be unaware!"

The rest comes by itself!

So you can never get lost
and you can never go wrong
and you can never get sad!



Angela Merkel 951

The job of a coach is not to be the most beloved person in the team!

Neither in sports nor in business, in politics or in society and even not in the family as well!

The job of a coach is to analyse precisely, to coach and to lead the team (company, party, family etc.) to the most possible success!

Therefore he/she has sometimes to tell the teammembers their mistakes and failures. That makes not always sympathic! ;O)

But he/she has also always to tell them their talents, powers and possibilities!

Day in and day out! Sometimes throughout the hole day long!

Ever and ever again!

That might be exhausting and ennerving ...

but that's the way good coaches are ... and have to be!

It needs a whole lot of mental strength, specialist ability and know how as well as big portion of humor, compassion, high intelligence and kind coolness to be a good leader!

Angela Merkel (once for recordbreaking 16 years the most mighty woman on the planet) once said, smiling, when asked about wearing a jacket twice: "I'm Chancellor of the Federal Republic of Germany, not a model!"



If we want to be a disciple of truth, love, peace and freedom,

WE HAVE TO CALL EACHOTHER UP FOR MORE!!



Free and easy ***953***

It is a good exercise!

Whenever you have to give something away, e.g. as a gift, and you think about which picture you should give to your sister for her birthday?

Then imagine you have two pictures!

One is beautiful, very close to your heart and fits perfectly in your room! And the other is quite nice and pretty, but it has no great significance for you!

Many would now simply think: "Then I give her the second picture - and can keep the nice picture for myself!"

Now comes the exercise:

Give her the first picture! So exactly the one that you like the most!

And...
grant it to her with all your heart!

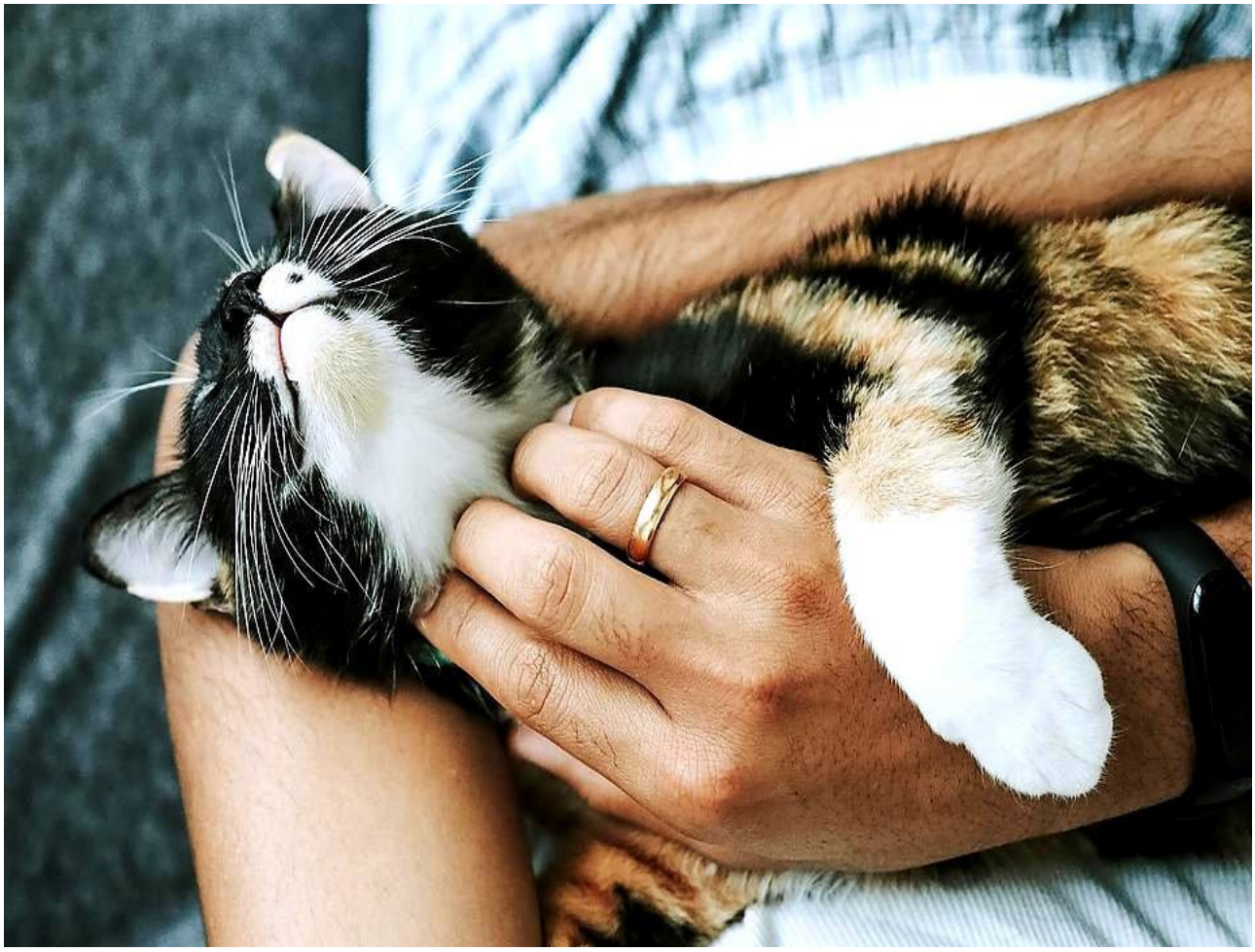
You will notice what inner struggles it will cost you to overcome yourself for this "sacrifice"!

But always give away what hurts you the most, because exactly this "sacrifice" is a great gift to yourself!

Through this you will become inwardly freer and more independent, and you will find it more and more easier to be free and not to cling to material possessions!

So this "sacrifice" becomes a huge gift for yourself ... and you will encounter joy and a light and easy feeling afterwards!

Actually it is quite simple to be happy and free!



"Ask not what your country can do for you! Ask what you can do for your country!"

Accordingly...

> ... do not ask what your friend/boyfriend/girlfriend can do for you! Ask what you can do for your friend/boyfriend/girlfriend!
>
> ...don't ask what your partner can do for you! Ask what you can do for your partner!
>
> ...don't ask what your parents (father, mother) can do for you! Ask what you can do for your parents!
>
> ...don't ask what your sister and/or your brother can do for you! Ask, what you can do for your sister and/or your brother!
>
> ...don't ask what your teacher can do for you! Ask what you can do for your teacher!
>
> ...don't ask what your boss can do for you! Ask what you can do for your boss
>
> ...don't ask what your students can do for you! Ask what you can do for students!
>
> ...don't ask what your kid(s) can do for you! Ask what you can do for yourkid(s)!

The more they will enjoy life, then the more you will enjoy life!

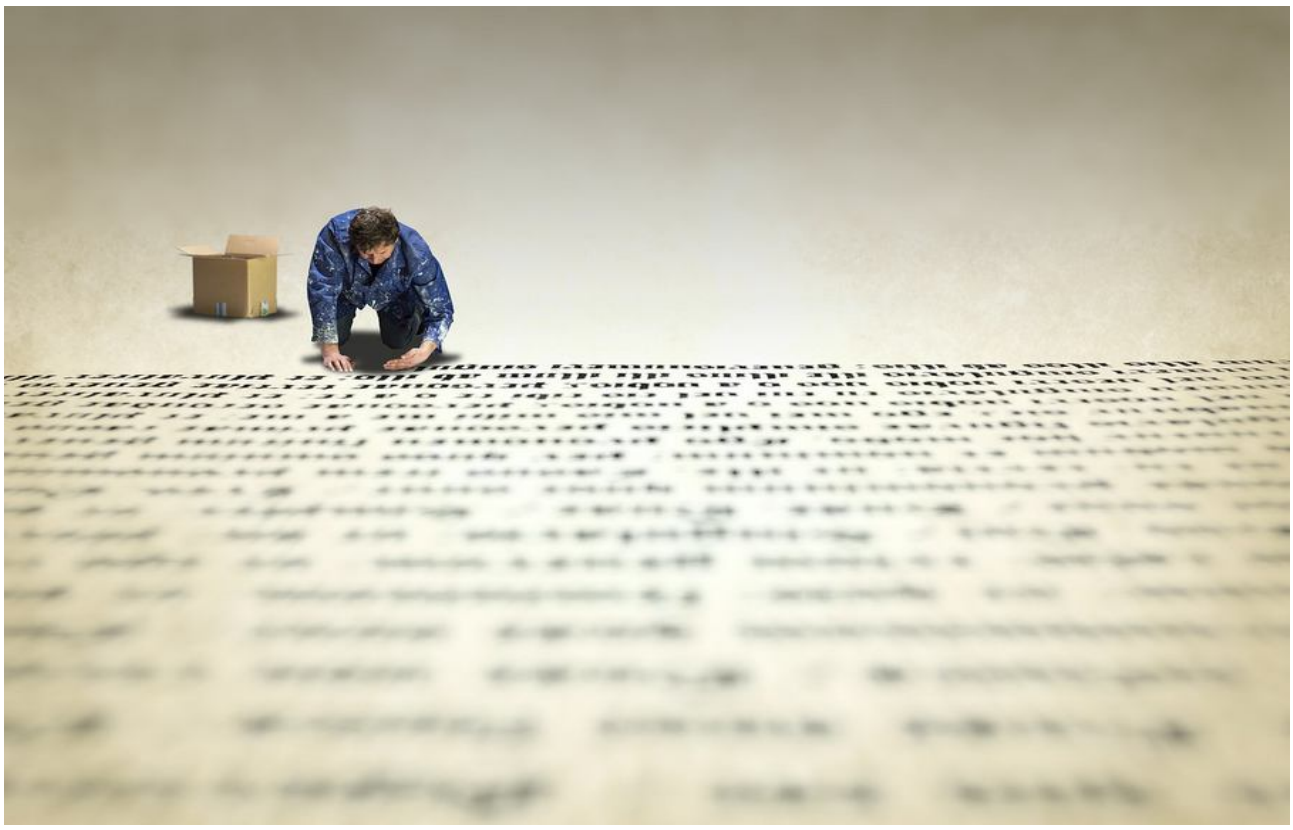


Private Bodyguard 955

One says: "Evil is possible always and everywhere and the man is the soldier of his family!"

Imagine a dangerous and aggressive intruder is in your house, who threatenes your wife and your sons and daughters with torture and rape!

What will you then do? Are you prepared for that?



Make yourself smart and ask urgently your next policestation.

Lucky manual 956

I have been writing so-called "tales" for this 1200-page book "The Big Manual For A Lucky Life" for round three years and first have published as a test them on LinkedIn.

I get "Likes" all the time - sometimes from complete strangers. About 3 percent of my readers leave me a Like! That's not much, but it's recognizable and reliable over the years!

But what I notice clearly is that most of the Likes I get, are from people I've helped myself or with whom I have an emotional connection!

Notice therefore:

Don't fish "somewhere" out there in foreign seas, but rather stay in the near close by!

Ask friends, acquaintances and family members or in the neighbourhood! They will also have many good ideas and will surely help you lovingly!

Imagine: if globally only a tenth of a permille of all worldcitizens would factually buy my book that would mean that round 1 million people are potentially my readers and followers!



Counting the days 957

If a day has just begun it's the best evidence that it will soon be over!



Serving God 958

Serving God avidly straight from the loving heart is the best you can ever do!

Because you are serving then God avidly with your true loving heart!

Because you obviously have one!



Break free *959*

Female emancipation does NOT necessarily mean "breaking free" from the apparent superiority of the male sex!

That would mean having to dig through every obstacle in a time-consuming manner!

But to develop freely and cheerfully from your own inner soul to happiness, joy and freedom without fighting at great loss! Because that means simply walking around or climbing over the obstacle!

Your opponent is only as big as he presents himself and as you see him! You can believe and respect that, OR NOT!!

If he wants to fight against you and stands in front of you then let him simply stand! Without a "wild" opponent he looks pretty pale!

Notice: A "normal" man it is simply "forbidden" by a strict natural law to act aggressively and violently towards women!



You never know *960*

You might decide to go down to the basement and get some pickles!

At that moment the phone above rings and you can't answer it!

You're missing out on completely irrelevant information! But you saved time!

If you hadn't gone into the basement, the boring conversation at the phone with your aunty might have taken you five minutes and you would have missed the bus!!

But now that you've caught the bus, you'll meet your love and celebrate your life!

You will never know!?



First kiss *961*

Do you remember your first kiss?

For some, it was the life-changing experience of leaving clueless childhood behind to enlightened adulthood!

Something of whose gigantic magic you certainly didn't have the slightest glimpse!

Perhaps he was full of desire and lust, or full of shyness and caution, or full of tenderness and sensual pleasure?

How was your first kiss?

Do you remember?

„youtube.com/watch?v=NosS1rpJ7tU“



Well done 962

Companies that at some point are no longer managed by the founder himself gradually lose more and more of their inner tension!

The "bought" management is no longer emotionally directly linked to the success and has no direct relationship to the pain, the fears, the euphoric joy and the burning hopes that every founder knows!

As if it is really and truly a matter of life and death!

Later CEOs and directors usually make impersonal decisions that no longer reflect that fiery feeling of enthusiasm!

So, if possible, hire CEOs who have founded their own functioning companies and know from the depths of their own souls what existential loss feels like!

But also the exuberant joy of having it "FINALLY DONE"!

The deep and elementary experience of having fought for your life can make you very wise, resilient and smart!

Not always, but often...



Unconstraint *963*

Disrespect can be a sign of true love!

If two people love each other really and genuinely, then they are quasi "the property" of the other!

IN THE TRUEST SENSE OF THE WORD!

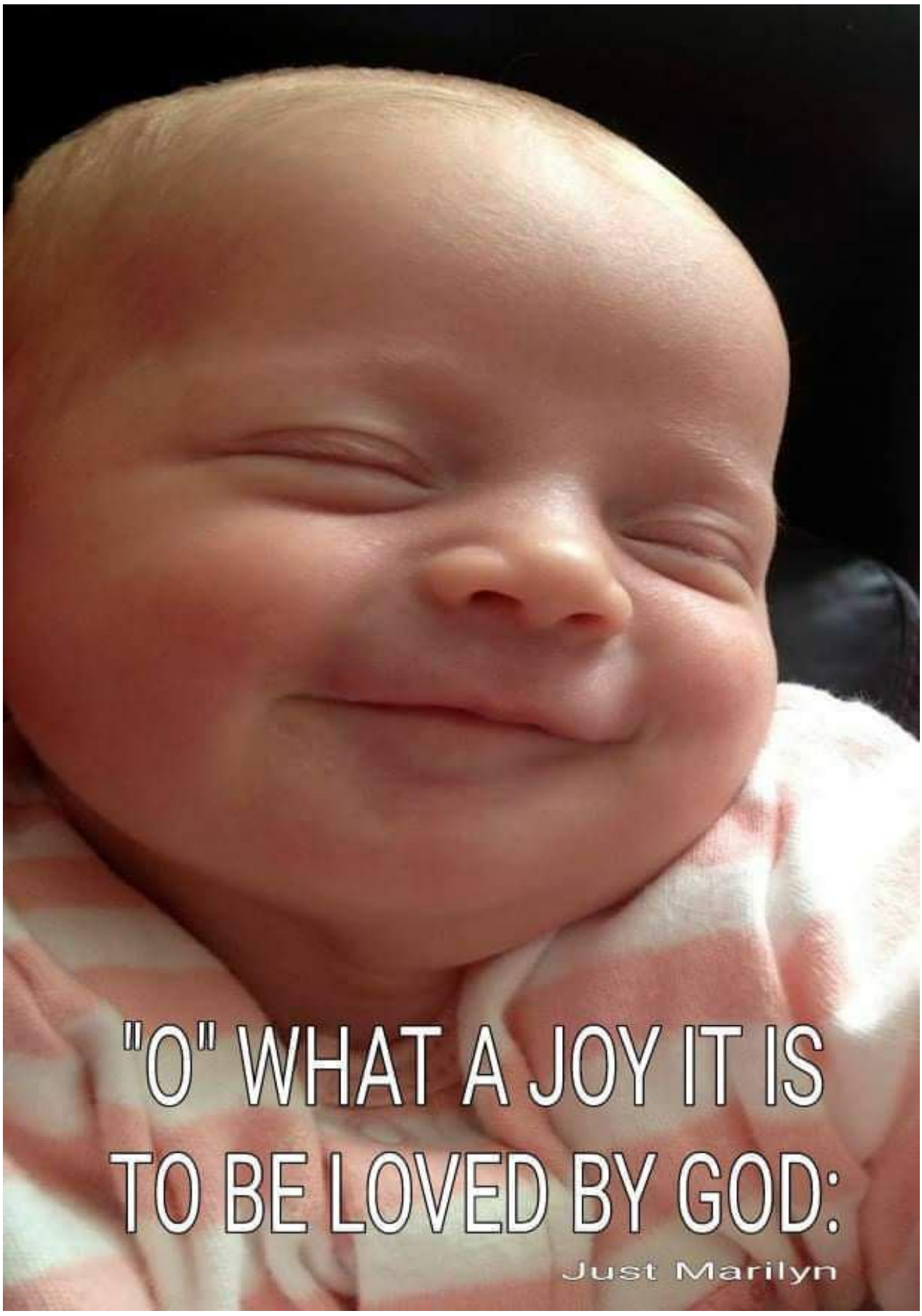
These people have no inhibitions or fear of each other - and they love to be loved and to be the tender property of the other!

True lovers are allowed to do EVERYTHING with the other! Also erotically, because there are no limits!

You know EVERYTHING from and at the other and sometimes also a certain kindly and cheeky disrespect is very helpful and sometimes even necessary!

Because a truly loving person will do nothing what would harm the other elementary and always do everything to promote his or her "treasure" and to guard it like the apple of his/her eye!

To tease each other cheerfully and to have fun with the other is a good sign for trustful and intimate love!


"O" WHAT A JOY IT IS
TO BE LOVED BY GOD:
Just Marilyn



Good signs 965

In Christianity, 666 is the number of the evil!

Imagine someone writing 666 all over it and drawing the symbol of Satan and showing you videos of witchcraft fairs!

What would you think??

And the 7 as well as the 777 is a sacred number in Christianity! She is the number of good!

And now imagine someone using this number all the time and drawing the symbol of goodness everywhere: in Christianity, the cross!

What would you think then?

It is similar with Indians with the Krishna sign on their foreheads! It is the sign of love and friendship!

Krishna disciples are dedicated to love, friendship and goodness!

Wherever you see the Krishna sign and/or the cross, you are in good company!

And from how often this sign is worn in India, you can easily see how good and sincere people actually are at their core!



Don't panic *966*

You won't achieve much by panicking!

On the contrary: only through calmness do you have the clear power to do the right things right!

Otherwise you'll just knock over the things you've already built!

God, nature, the supreme spirit, the universe or whatever you like to call it, has its own laws, which you will hardly understand on your own!

Your destiny will come true one way or the other, no matter how nervous and anxious you are!

Better be calm and loving right now! This is the most correct thing you can do!



Beggar *967*

When someone needs help that can't be provided with a small thing or a flick of the wrist, most people will turn away from the help seeking person and say, "What's your problem to me? I have no time, no money, none nerves, no possibility or no desire to help!"

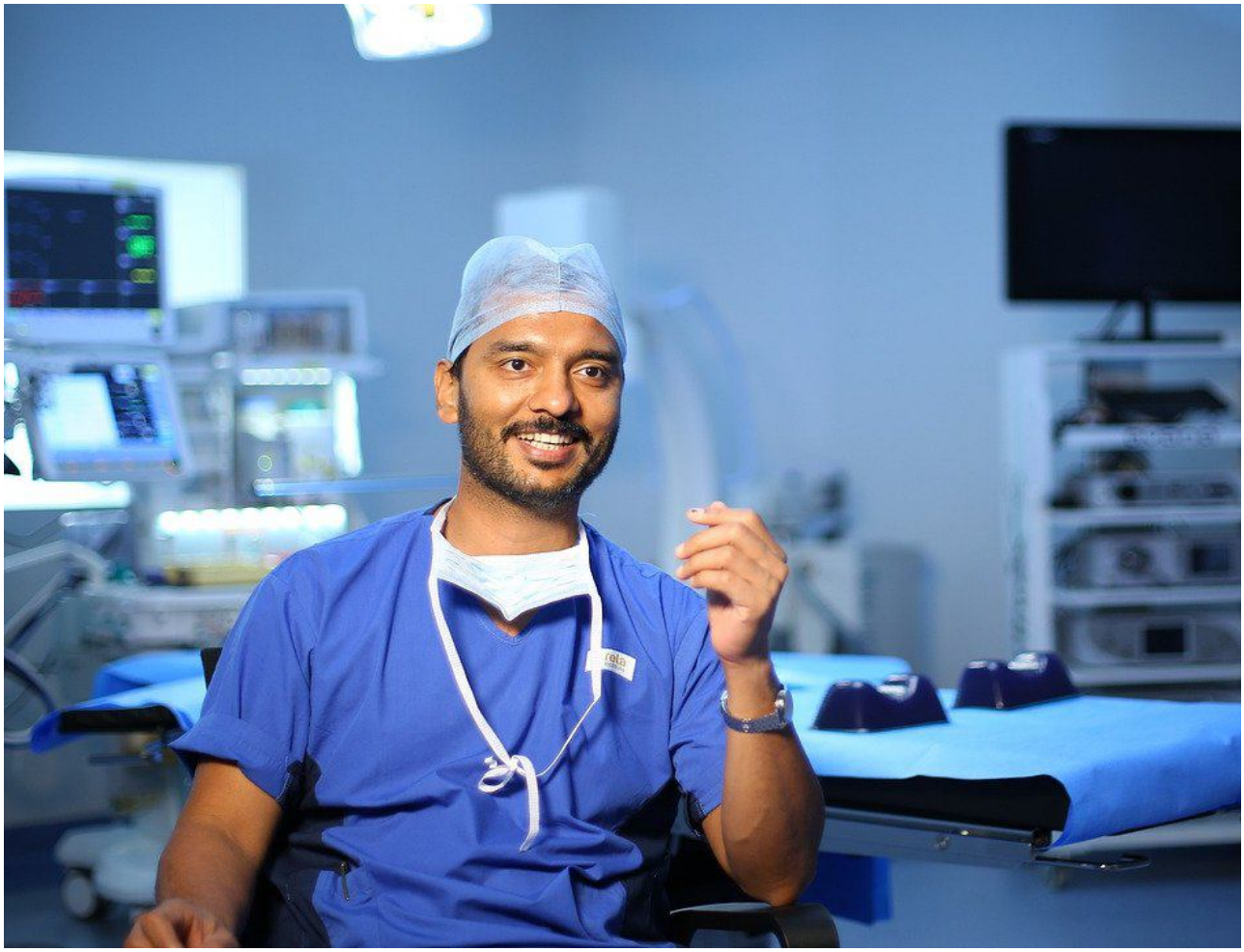
And in order not to have to deal with a bad conscience or inconvenience, such people quickly run away with flimsy arguments!

But if you seriously want to strengthen your heart and love life, then the next time you will turn to this helpless person directly, attentively, kindly and helpfully, look at them openly and without aggression and ask honestly, lovingly and patiently "How can I help you ?"

You will then experience and see things that you had not the slightest idea of before!

This will make you incredibly smart, kind and cheerful!

And that is guaranteed to be very good for you!!



Allowed to help *968*

If you can't see blood, you shouldn't be a doctor!

If you can't cut another person's healthy flesh with a scalpel, you can't become a surgeon!!

Surgeons must perform a true feat of mental and ingenious!

Because intuitively it is forbidden for a "healthy" person from his inner mentality(!!) to hurt other people!

Surgeons have to transcend the utility of their actions to such a huge degree that they even rejoice to be among the rare people who get to save lives in this, sometimes bloody, way!!

Just try to pierce someone else's earlobe yourself!

With a few exceptions, you won't make it! Your heart will literally "beat over" with nervousness! It will start beating unbearably hard and frantically!

Wherever true professionals are at work, tough and sometimes brutal decisions have to be made that are impossible for an outsider to understand!! And which you can't discuss even when you're short on time and really in big hurry!

But still, sometimes they absolutely(!) have to be if we want to save someone!

The same is with a tracheotomy! Sometimes, when someone chokes very seriously and he or she can't get out of it, all that helps is a small tracheotomy with a pocket knife and the pointed end of a ballpoint pen inserted into the small hole!

However, you have to know EXTREEEM exactly how to do it!

Otherwise the person affected may bleed to death!
In very rare cases, however, this knowledge is the only way to save his or her life!

And then go to the nearest doctor as quickly as possible!



Make love not war 969

What are wars good for?

Warmongers just want to destroy! That's their only motivation!

Even if it's hard to understand, but some people love destruction!

They hate harmony, love and happiness in other people!

They are lonely, bored and bitter in their cold, heartless, cruel and dark soul and just can't face the sight of happy other people!



Enough *970*

At a young age, most people want to gain a lot of experience and exciting happenings!

Men as well as women and boys as well as girls!

Then when they find the right person and start a family with sweet kids, then it's "done" for them, because there is no turning back from real love!

Then they don't want to have the nagging feeling of having missed something or of having to mourn over an unlived life!

They then want to be unencumbered in peace, harmony and serenity with their happy children!!



Too true *971*

Don't ever state "TOO MUCH" truth! Because it's always colored by our own wishes and dreams!

Leave MUCH playspace for the imaginations and the dreams of others!!



Rubber dinghy 972

Some people are like a punctured rubber dinghy!

As long as you have a good pump and keep pumping, the boat will stay afloat!

But as soon as you stop pumping, the whole boat collapses and sinks!

But what do you want to do?? Lots of people have holes! Especially in their own mentality and in their soul!

So if you want to save a boat and the people in it, you have to patch the holes first!

As a worldcitizen, without naming any specific religious affiliation or preference, I would immediately recommend "Autogenic training" ("youtube.com/watch?v=E_sdaDwa2Ek") AND "PMR" (progressive muscle relaxation - "youtube.com/watch?v= ihO02wUzgkc") recommend!

All firmly believers, on the other hand, know immediately what needs to be done: Hope and pray! I would do both: AT & PMR & praying.

Synchronize with God and mend your own holes with God's help!

Yes, indeed: you can sit in a holey boat and mend your own holes!

IT'S GOING OK!!



Masaka Kids Africana 973

So incredibly enchanting!

youtube.com/watch?v=gCgSBSPJbjk

Let's love one another!



Above the clouds 974

Only titans can see titans!

You can recognize titans by their endless powers and their unconstraint phantasy as well as by their miracles!

If you can't see titans anywhere then you are none!



Scars 975

I have some scars more, some folds and experiences more, but I always remain the same!

You have happily and courageously to face fate without fear, to overcome this and that challenge without getting bitter and resigned, but you simply have to stand up and start all over again!

Again and again and again...



Lifeline 976

If you are a fearful person and you take big risks, then you will meet your own shadows!

Over and over again!

Any risky situation will keep challenging you if you are not used to dealing with it confidently and decisively and solving it! Once and for all!

The doubts and the fear will stimulate your subconscious to show you a feasible solution and the way out in all tormenting phases!

You may eventually begin to doubt your faith, your trust and perception, and even God Himself!

And longings buried deep within you and injuries to your irritated soul may torment you in your dreams!

Your subconscious will emerge and make you aware of who you really are and where your pain is buried!

Listen carefully!

But the most important thing is never to lose self-confidence, cheerfulness and hope!

It's all just hysterical fantasies! Keep calm and keep your courage and serenity!

Do not worry! Live!

And then it is very important that you have someone solid and reliable in the hardest hours that you can always go to! Who does not judge you and does not turn away from you in disappointment and abandon you!

In Christianity it is JESUS and the Lord's Prayer! In Hinduism the yoga meditation and the chanting of "Hare Krishna", in shamanism the drum, the breath, the wind and the sun, in Buddhism the "Om mani padme hum" and in Islam the salat prayer and "Al-hamdu lilah". And in the family it is the tender and encouraging love of your wife and/or your mother!

Take a deep breath and practice this ritual full of trust and energy until the fear and chaos disappear!

Like a lifeline, it will always lead you back to the light and joy!



Mycelium *977*

Never tell too much too soon about your plans!

Don't provoke your opponents while you're still on shaky ground yourself!

The sooner they find out about your intentions, the sooner they can cause you problems and throw sticks in your spokes!

Use the mycelium technique like the mushroom!

Grow invisibly beneath the surface so your opponents or enemies can't see you!

And as soon as you have everything prepared and secured, come to light at all possible places at the same time and suddenly!

Surprise your opponents! And your friends too!



Serpentines 978

The capacity of a human brain is soooooooo gigantic!

You only use 2 or 3 percent maybe!

Use 10 percent and you are a world champion!

Gurus go the vertical way!

They don't have to tediously walk along all the twists and turns! They go straight to the shortest way into the depths of their soul and the universe!

And Christians ask their JESUS! Because he has already done it all for everyone!



Love Corona 979

Joy and love are more infectual than Corona!



Cherish the love *980*

See God directly under your very own feet!!

The world is made for prosperity!

See the grass growing! Or the trees or the sheeps or even us humans!

From one grain of grass there will easily come hundred of new grains! And from two human parents there will EASILY come three or four or even more kids!

God looooves children!!

Everything is growing all around us!!

Everywhere on the entire earth!

Embrace and cherish the soil where we are all coming from!!

Embrace and cherish the sun that gives us power, warmth and health!

Embrace and cherish the water that refreshes us and that saturates us!

Embrace and cherish the fruits and the wheat that keeps us alive!

So embrace and cherish yourself! Because you are verily a vivid part of that all!!
Embrace and cherish God! Every single day!!

And don't worry about getting tooo much of us!

God has planned and fullfilled it all very properly this way and He will never allow anyone to danger it and to hurt it seriously and enduringly!

Because God is in JESUS the life Himself! He will always protect Himself very efficiently to the very end and no one is more mighty than Him!

Take that for granted!



Become a pigeon *981*

What is it actually like to be a pigeon??

Watch a pigeon on the roof! Follow carefully all their movements and deeds!

And then imagine intuitively that it would be you!

You are that pigeon! You think like it and feel like it right now!

You'll be able to relate to what it's feeling and "thinking" right now!
How it picks every grain and carefully perceives the surroundings!

You can do the same with any other being!

Even with people!



Harehunt 982

Don't think anything out loud that might humiliate others!

Even if you are the wisest person in the world, let everyone else think that they are sovereign and clever too!

Even if you know very well that they are not!

Otherwise they may turn their little power against you!

And 10 dogs are known to be the death of the hare!

No matter how wise he ever was!



Worldmanna 983

I love lab-grown, cruelty-free meat!!

In principle, you can potentially feed the entire world from the tip of a spoonful of meat (I am happy to make myself available immediately) and the holy corresponding knowledge!

We are about to fulfill this completely fascinating human dream!!

Along with the delicious milk in the full mother's breasts and the rich fruits from the juicy soil of the earth, it is the manna of the world!!

Let's work together to keep our babies' motherbreasts plump and full of milk and love all over the world!



Parcour 984

What is freedom anyway?

Is it the limitless possibility to do whatever you want? Without restrictions and obstacles?? Without punishment and conscience?

NO!!!

True freedom is to learn the good and beneficial laws and rules of the people well and by heart and to know how to move elegantly, powerfully, cleverly and in a good mood smiling in this respectful frame!



Nearness 985

Treat them with love, warmth and kindness!
They will repay you with love, warmth and kindness!



Fewest enemies *986*

It's not the best thing that has the most friends, but the one that has in the same context the fewest enemies!



Clear sky *987*

Inner serenity comes from your inner warmth rising and clearing the clouds in your soul!

It's like summer!

The warmth of the earth is then so strong that the clouds in the sky evaporate!!

So increase your inner warmth and let your inner clouds evaporate until only blue sky and small white clouds can be seen!



World *988*

There where you are, there is the world!



Wifey and hubby *989*

So many men simply want an own heartly and loveful wifey!
Simply be a good true, kind, loving and respectful nice guy!! That's all!

And so many women simply want an own courageful and tender careing hubby!
Simply be a good true, kind, loving and respectful nice gal!! That's all!Then may come what ever may come!

Let life flow!



Be sweet *990*

Some people ask me, "How do you make it being so popular?

You wrap people around your little finger with ease!!"

Very simple: "Just be a sweet person!"

Sweetness is highest frequency!!

The more you are a sweet and happy person the more God and the universe is with you!

Because God and the universe looooooooooove sweets like everybody!

Therefore He has made soooooo much sweet fruits on nearly every tree and bush!

Berries, apples, bananas, pears, mango, ananas, sugar, grapes, strawberries, tangerines aso aso aso aso aso.....

Sweets are pure energy!

But also vegetables, potatoes, beans, tomatoes, eggs, milk, bread, cabbage, corn aso aso aso aso aso...!

Each one at its right time!! The right mixture does it...

So: don't be just sweet alone!! **Be the right mixture at the right time!**

And if you're not already, then become one!!

As quickly as possible!!

And you will never be lonesome again!



Sober

991

Don't sacrifice your whole life to addiction!

Be it sex, alcohol, drugs or gambling! Recognize your limits early enough before it's too late!

Always be aware that addiction can destroy your entire existence!!

You then only live in your constant dream world and may not find the exit anymore!



Peace

992

If you want true peace and friendship, then you have to be absolutely open, without any aggression and completely honest!

Then you will also willingly allow your credibility to be checked!

Any nagging doubt about you or your actions will destroy the peace!

Maybe not forever, because you'll get multiple opportunities to prove yourself again!

But the goal must be complete transparency between the partners!

Only then can true peace, trust and real inner closeness really succeed in the long term!



True philanthropy is when you genuinely welcome and genuinely care for the other and see him/her, even if he/she brings problems!

Not if he/she asks you for money and you only give him/her the bare minimum and then you're happy when he/she leaves! Alone with himself and his/her needs!

But if you give him/her more than he/she asked for (if you can, maybe even double or triple), if you help and support him/her out of your own strength, zest for life and your own imagination and even him/her you are openly and honestly interested in offering your active help and ongoing support!

And you honestly say: "Let's see, maybe I'll have some more money and help for you soon! Ask me again tomorrow!!"

And then when he/she comes tomorrow, you are honestly open and kind and generous, and happily help as much as you can!

You don't just brush him/her off, but you're happy to be someone whom the other trusts so much power to be able to really help!

And who is grateful for being able to help and is honestly and gratefully happy about the relieved and happy face and the gratefully shining eyes of the other person!! From your heart!!

There is nothing more beautiful than being allowed to be such a warm and generous person!!

Avarice, envy and jealousy are characteristics of the past! Get close, warm, deeply patient and honestly heartfelt!

A warm heart from flesh and blood is the greatest gift you can ever give yourself!!

But also protect yourself! No one is helped if the cheerful giver slowly becomes bitter and has nothing left to give!

But a true happy giver will certainly never become bitter!



Vivid *994*

Whenever you happily participate in life, it can easily happen that you are lied to, cheated and even robbed!!

There are tons of pickpockets at every train station!! That is life!

So always be careful that you carry your money close to your body and always make sure that nobody gets too close to you!

But not because you are terrified about your money and generally become suspicious, but because you are simply and quite rationally cautious!!

Don't get paranoia! Just be careful, that's all!!

Because every person you meet next has NOTHING to do with your previous bad experiences!!

Better on the contrary: transfer ALL your good experiences to everyone else!! As an advance, so to speak!

Rejoice, be cheerful and uncomplicated, and treat them with warm kindness! Because 99 percent of people are nice and just okay!

Because otherwise nothing would function!

It's a law of nature!



Wheel of fortune 995

Be the key to success!

Be the hub of the wheel!

Be the one without whom nothing works!

As soon as your door opens, all other doors open too!

You are the master key that can then open all gates!



Last minute 996

Be persistent!

Persevere to the end and don't jump quickly to conclusions!

Something decisive can always happen in the last minute or even second!

Something you desperately need to make sound, sensible decisions!

You won't know what it was until you can patiently wait for it!

Never be desperate and keep calm!

Playfood 997

Don't forget to give your kids nicely made, delicious and powerful food from the kitchen window!!

Playing is exhausting and makes them hungry!

Playing is their job!





Funny slotmachine *998*

Women are a kind of "slot machine"!

If the man puts something in, the "profit" will come out at some time! ;O))

Funny... ;O))



SM *999*

Just because you get a punishment doesn't mean you deserve it!

NO!

Some people just like to punish!

Just because you demand a punishment doesn't either mean you deserve it!

NO!

Some people just like to suffer!



Gaslighting **1000**

What's about "gaslighting"?

Some people want to make you lunatic!

Keep calm and confident! Don't let them trap you!

"psychologytoday.com/intl/blog/here-there-and-everywhere/201701/11-red-flags-of-gaslighting-in-a-relationship"



It stays fine **1001**

Some say: Everything will be fine in the end! And if it's not fine yet, then it's not the end either!!

NO!!

Everything "becomes" fine, "is" fine and "stays" fine too! Not only at the end, but also at the beginning and in the middle!

Just stop suffering and complaining!!

NOW!! IMMEDIATELY!!!

It's the best favor you can ever do to you!



Fooling around **1001**

If you have a very close and familiar, tender relationship, then you cuddle with him or her!!

That's the way of things! Logical!

And if you are cuddling with someone and you are so close to him or her, then you are also being friendly irreverent and cheeky in a "certain" way!

Otherwise you just can't cuddle heartily and fooling around in love!!

So the "trick" to intense cuddling is a heartfelt kind of cheakiness and irreverent tenderness!

This is how I deal with JESUS!!
AND HE LOVES IT SO BAD!!



He smiles at me! All the way!

He is the healer – and laughing is the most best medicine!

He is wishing you by heart always the best of all the best!! And to Himself naturally as well!

By the way: JESUS is a very funny guy! Only at the cross it was not THAT funny!



Really my pleasure being your pleasure

1002

This is the daily mantra for all loving couples and true friends:

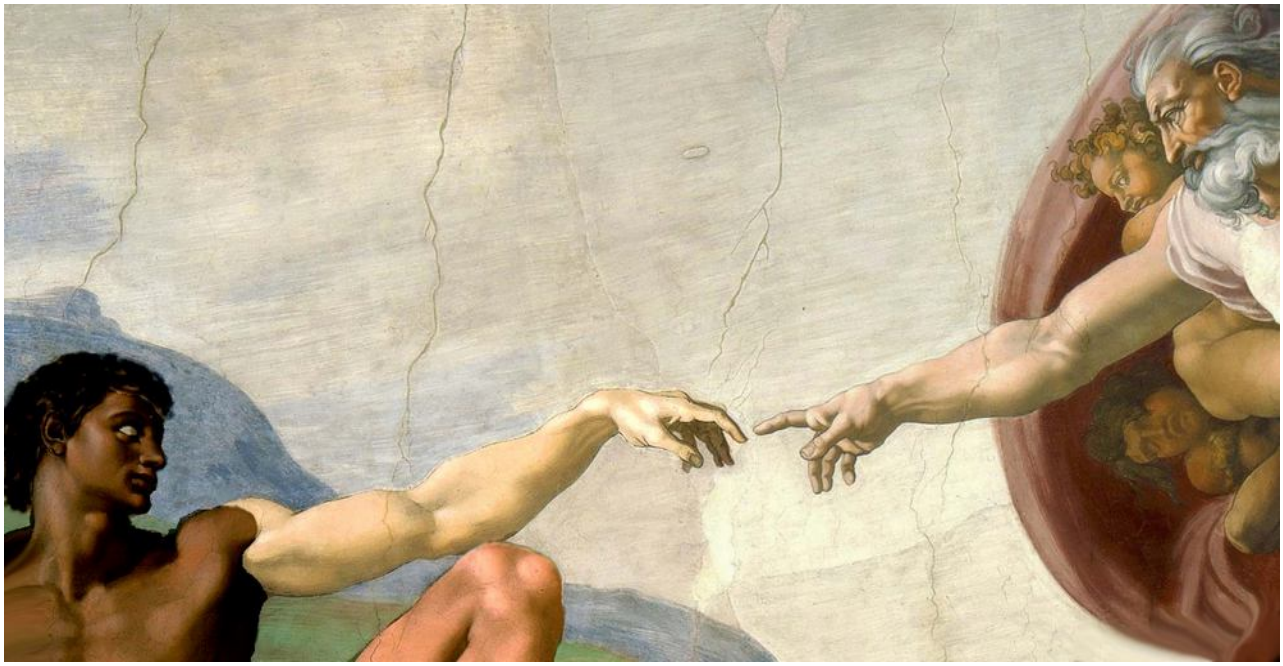
I want to be your pleasure!

I give myself to you!

Completely!

Tenderly without hesitation, without mistrust, without resistance and also without jealousy!

I just want to be your pleasure!



Crown of creation *1003*

How much do you respect and adore yourself? You are the crown of creation!

Is it better to drive a dirty and untidy car? Or is it better to drive a clean and tidy car!

For example, I don't want to live in filth and chaos! I didn't deserve this!!

I deserve to walk optimistically in serenity on clean paths!

And not constantly stepping over sticks and stones or old plastic bags!

Wherever you are, there is order and cleanliness!!

Stop arguing!

Where you see dirt and chaos, get rid of it!

You have more time and energy than you think!

Cleanliness and order save a huge amount of time and energy!

You're really worth it!



Divine tool *1004*

If you submit yourself to the Divine without grumbling or grunting, expect to be a saddle horse being ridden across the country at times!

Over hill and dale and the foam drips from your muzzle!

Or a hound pulling ducks out of the water for God!

Or a thick ox that stubbornly draws its furrows!

Or a well behaved hawk catching rabbits!

An exciting and very varied life awaits you!



Selfprotection *1005*

The biggest problem with stupid people is that they just aren't smart!

That's why the stupid should always listen carefully to the clever ones!!

So to speak for self-protection!

Playdrive *1006*



Whenever possible, be cute like a playful kitten, like a puppy, or like a jolly monkey!

No greed, no fear, no doubts: ONLY FUN and joyful happiness!

Playing is a natural drive written deeply into our DNA!

So, never stop playing and chasing luck!

At some point there will be a knock on your door too!

Love, believe and trust - and everything will be fine!

Animals at play: "youtube.com/watch?v=Bkz6ud-lTe4"



Scammer 1007

This is the profile picture of a real and convicted scammer! With the headline "Life is good"!

What do you feel by watching it??

Evil people can't ever be good!

Maybe good people can make themself appearing evil and bad!

But an evil person can never appear good and loveful!

That is a total contradiction!

The devil would never do anything to exorcise himself!

And by the way: a kind, good and loveful person will never be able to avoid completely his or her smiling!

Even not in "seemly" bad deeds!

The true and cruel evil is simply not contained in him/her!

Bodypowers 1008

Imagine what an incredible savings and performance miracle the body is!

A tiny mobile phone has to be charged constantly and is empty after a day!



While a human body just needs a piece of bread, a glass of milk, a banana, a small piece of sausage and optimism to get through even the toughest jobs for a whole day!!



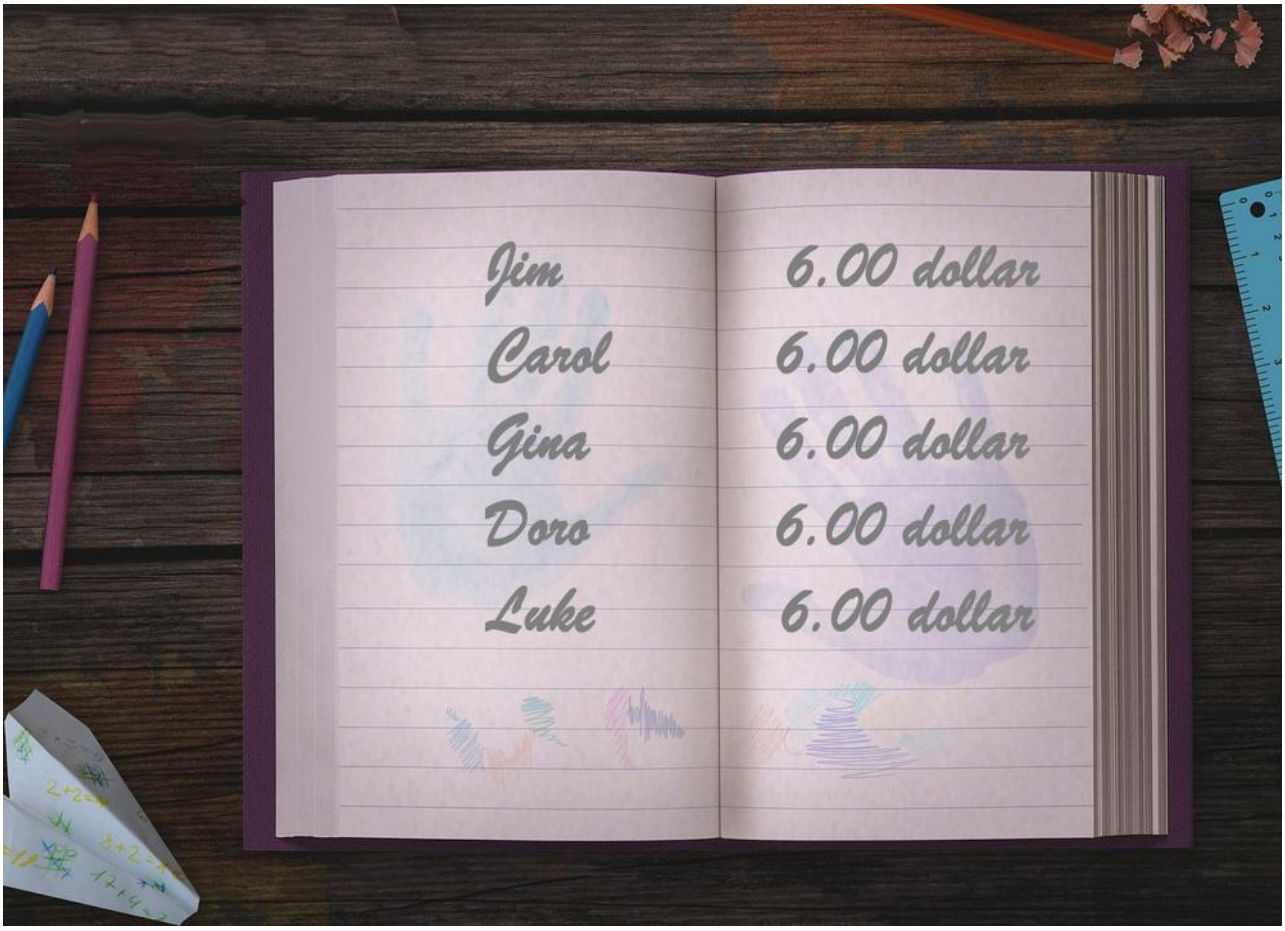
Capable *1009*

If you feel reliable and you want to free people then at first you have to free and to secure yourself properly!

You can't help people when you are yourself helpless, you can't feed hungry people when you are yourself starving! You can't carry ill people when you are yourself weak!

Imagine a new and expensive rescue helicopter when the fuel is empty and it can't start to rescue endangered people! It has to stand still while people are dieing!

But when you thoroughly recognize that you can't do anything right now then accept that you can't do anything right now! It makes no sense to run around with bad conscience the whole day!



Content

1010

It may be that you have to borrow some money in difficult phases!

Maybe 5 times 30 dollars from 5 different people!

But if you find out that you can't pay the money back right in time, it's better to give all 5 people $6 back than to give one person the full 30 and the other 4 nothing!

All 5 of them will then have the feeling that you are at least moving and will be patient with the rest, provided they are not existentially dependent on it themselves!

So never borrow money from people who urgently need it themselves!




Easy choice **1011**

What do I want with a highly intelligent, beautiful and completely cerebral and spoiled partner with an amazing body when I can have real love and tenderness?

For me the decision would be quite easy!



Take that **1012**

When a man wants the love of a real woman then he has to take it like a real man!



Wells *1013*

Defeats just doesn't happen in an optimal dream world!

We MUST want to win! This is the DNA in us humans!

For example, imagine a football team that has managed to take part in an important tournament (e.g. World Cup) and keeps thinking: "We can't make it! We're going to lose and could actually just stay at home!"

In fact: depressed, negative and/or pessimistic people think like this or similar! "Why should I get up in the morning when I have to lie down in the evening anyway??"

They just CAN'T win because they don't even start fighting!

But winning and gaining is light years deeep in most people's genes!

Winning corresponds to our overall human mentality! We MUST win, because otherwise the world will simply stop tomorrow!

Sometimes it's better to lose and be very disappointed for a while (that's part of winning) - but then get up again and try your luck again!

I know VERY poor people, especially in the desert areas of Africa, who are labeled hopeless losers by the rest of the world!

Among them there is ALWAYS (regardless of culture, nationality and skin color) a certain percentage (in my opinion approx. 10 percent) of "stompers" who simply WANT to win!

They don't settle comfortably and lazily with their poverty-stricken lives!

NO! We just have to give them suitable chances!

For example, Africa is the driest continent on earth outside of the primeval forests and next to Australia! You simply cannot "conjure up" water or rain there.

But you can drill a lot of deep and stable wells with today's technical methods (costs about 500 US dollars per well) and you can desalinate seawater in technical plants (about 1000 US dollars) inexpensively and permanently (costs about 1 US dollars per month per approx. 1 cubic meter of clear sweet water)! So the problem is no longer final!

The world is already ONE and will inevitably become more and more united!

None of us (even the rich countries) will be able to live in peace as long as there are large numbers of starving people in the world!

Our conscience simply forbids that!

Water is a fundamental human right!

(„Adequate standard of living“ under Article 11(1) of the International Covenant on Economic, Social and Cultural Rights)



Men and women *1014*

Women are not men!!

They function completely differently!

While men like to be rough and gruffy, the ladies are more delicate and demand gentle and chivalrous respect!

Even if women often (even mostly) find the rough nature of men very interesting and exciting, MAN first has to overcome the natural female shyness and caution!

Men since millions of years prefer to "play" with technology and heavy equipment (everything that is "somehow" useful as a weapon or tool) and women prefer to play with soft dolls, glitter and cooking utensils (everything that is more useful for cuddling, dressing up and looking after)! That's just our nature!

As a man, be prepared that women always see a man as a potential father of their potential (or existing) children and pay close attention to how a man treats his or their children together tenderly, lovingly and cheerfully devotedly would!

Women live in a completely different world! Full of house and wife duties, laughing children, wonderful feelings and loving caresses.

And as a woman, be prepared that a man is not particularly sensitive!

Men also live in a completely different world! Full of power, challenges, adventures, risks and combat.

There must be a special reason why women generally have about 50% less muscle mass than men by nature.

And... let's be honest:

Which woman would voluntarily do without THESE powerful, hairy and energetic and sometimes rough men and storm-tested "fighting machines"?

And which man would voluntarily do without THESE loving, caring, indestructible, sweet and dedicated beauties and "chocolate pudding producers" ;O)) and the tasteful, cozy home!

A haven of peace where every fight and quarrel ends and dissolves into friendly tenderness and carefree play!



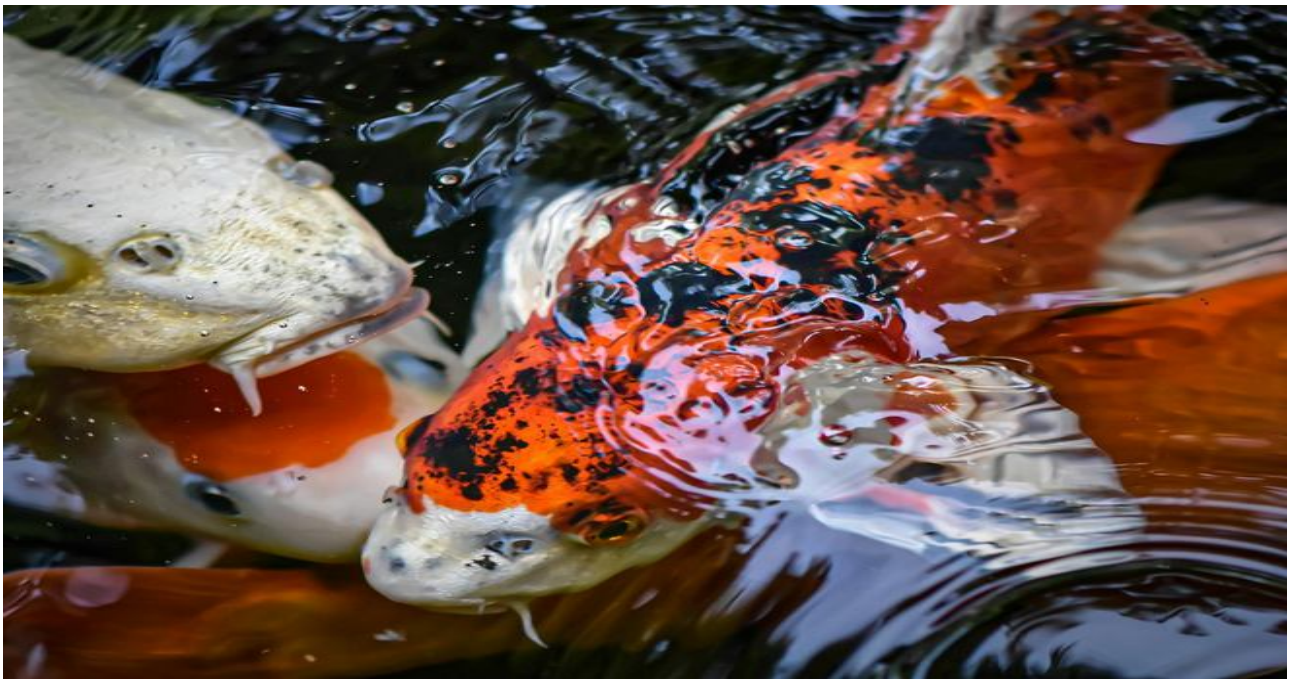
The Universe has an amazing and very remarkable property and ability!

It connects similar energies together in the most miraculous way!

The probability that like-minded souls, interests, talents and inclinations "somehow" meet and complement each other is very high!

AND WITHOUT the individuals actively doing something for (or against) it!

That will probably remain the great riddle and mystery of God forever and ever!



Koi ***1016***

Seek for clients and prospects who have exceptional and rare intense needs and preferences that other applicants wouldn't or even can't think or dream of!

Maybe he/she is an enthusiastic koi-lover!

Then become an experienced specialist for exactly THESE extremely rare needs and requirements! Learn everything about kois, koifood and koiponds and about kois in general!

AND THEN FULFILL THEM!

Professional, clarified, tolerant and ore friendly!

You will surely have found a new friend!



Disgusting *1017*

You let a large part of your life wither away, so to speak, if you avoid or fear people from certain areas of life or work!

Such as whores, debt collectors, undertakers or homeless people!

In this way, this very important part of your life remains completely excluded from your life experience and practically withers away!

It's all people! Basically like you and me! And do often **A REALLY GOOD JOB!**

A heartly „Thanks“ at this point ;O))

They have to shop, do the dishes, iron, wash the car, cook and vacuum! Exactly like you!

That doesn't mean that everyone has to deal with it more, it just means that we shouldn't have or don't need to have any disgust or distaste.

What do whores actually do all day...?



Mask slipped *1018*

I have a partner who was a career soldier in the military police!!

I will always remember one of his humorous sayings from his rich criminalistic experience: "Mask slipped...!"

This means that man is not permanently under own control!

The more you challenge a person elementally, mentally and emotionally and he/she doesn't always have time to carefully "adjust his crown", he/she will (have to) show his/her true face again and again behind the desired everyday mask!

Then his or her mask "slips"!!



Effective justice *1019*

If you really need to punish someone after a nasty misdeed, then finening a millionaire a small amount (e.g. $100) is worthless! That will only cost him a tired smile!

No!

It must be something that hurts him! Otherwise it is not a penalty!

Perhaps he is an ardent and enthusiastic member of the tennis club with many friends! And you are able to exclude him/her from it for half a year!

Or maybe he is poor and you know, for example, that he loves his daughter very much! You give his daughter $1000 in a savings account and every time he relapses, $100 is withdrawn!

This is guaranteed to hurt him as he watches his own daughter's money diminish through his fault!

But be careful not to punish yourself in the exuberance of your personal hurt and disappointment!

Punishing justly and fairly without provoking further damage requires great self-discipline!



Inquisition *1020*

The truth is the very best form of self-control!

If you say something, make sure it's true!

Mentally healthy people most possibly never lie! They have a great abhorrence of lies!

So just do things conscientiously in the correct way so you don't have to lie!

But if you notice that you feel compelled to lie, then better don't do it!

So act in such a way that what you tell others is actually true!

This will gradually force you to only do and say things that you can safely and calmly stand up for in public!

Besides: if you lie, you have to have a VERY good memory in order to be able to spontaneously and intuitively answer certain resolute questions always in exactly the same way!



Trapfinder *1021*

A scout or pathfinder or even monks and nuns must constantly take the risk of falling into all kinds of traps!

Only then will they know where the traps are and where the dangers are lurking!

They consciously take this big risk in order to be able to warn others early about it as effectively as possible!



Youniversal Guardian **1022**

I [name and age (minimum 18 yo)]
am in the full possession of my spiritual powers and I hereby honestly promise, with the help of my God, to act reliable and to cooperate to the best of my knowledge and conscience efficiently in the range of my possibilities and the given needs with any other 'Youniversal Guardian' and to help him or her to the best of my abilities.

I am to the best of my knowledge and conscience always kind, honest, friendly and helpful on behalf of the human rules of the world and the worldwide internet!

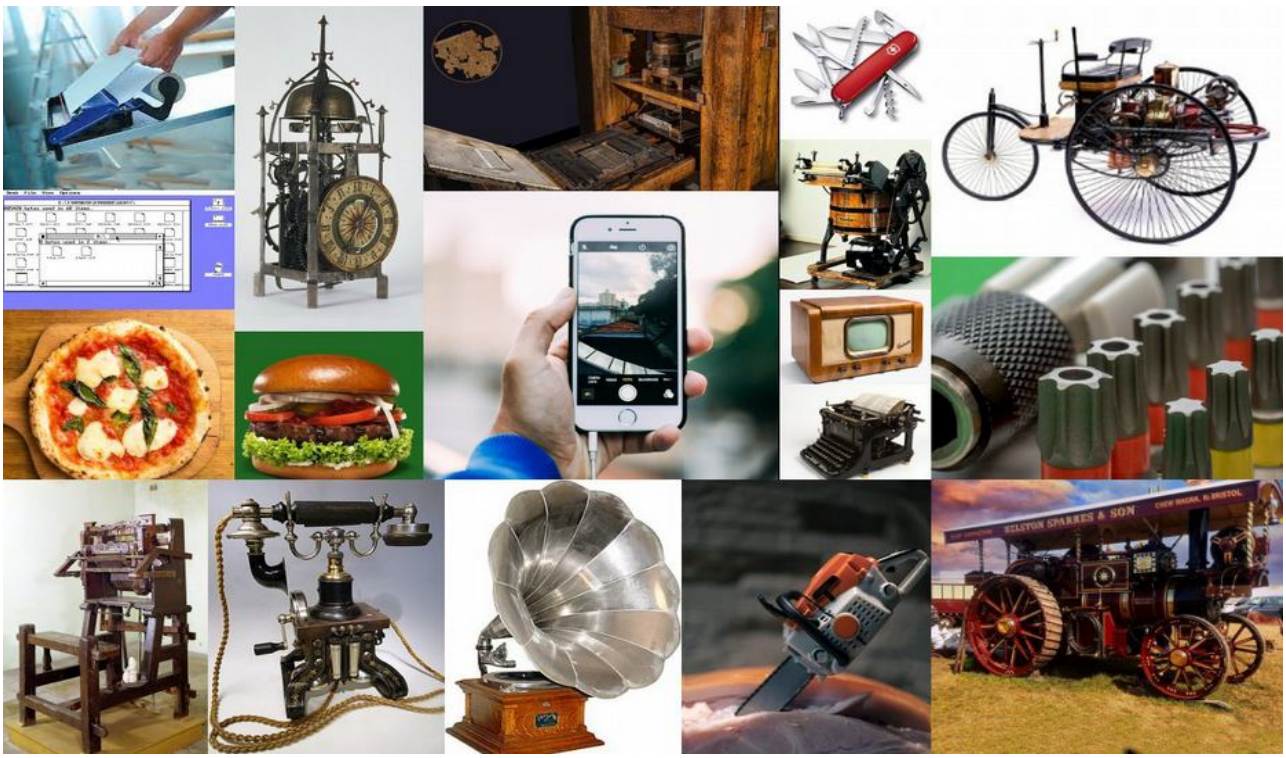
My membership of the 'Youniversal Guardians' requires my constant attention and mutual consideration inside the community to keep harm in any way from a 'Youniversal Guardian' as much as possible and to support actively the development and the organization of our global community.

I, as a 'Youniversal Guardian' ever have to behave in such a manner that no one in his digital internetlife is harmed in his personal and existencial interests or more than unavoidably hindered, harassed or endangered by the given circumstances. The dignity of man and of all creatures on this planet is inviolable!

Any bad, misfavorable or egocentrical, moneygreedy spirit shall never more have any powers over the 'Youniverse'-community and/or over any 'Youniversal guardian'!

NEVER EVER!
Just simply stay away from us!

(date & sign)



Intersection *1023*

Some say easily: "Have a vision! This vision will make you so strong that you will also find the strength to realize it!"

Well, that may be! But how do you find this vision?

In the word "vision" there is the symbolic imagination of an elementary and powerful goal, which goes far beyond the "normal" thoughts and goals!

Bill Gates had e.g. as the first the vision that ALL(!) people on this planet will need a computer! And that they will need a suitable tool, a user interface for it!

So the idea of DOS and later of WINDOWS was born!

Or Steve Jobs, the founder of Apple! He had the gigantic vision, that ALL(!) people of the world will need a mobile telephone, in order to be able to exchange themselves freely and independently world-wide and in real time!

So the vision of the IPhone was born, from which later the smartphone emerged, which can be found today (almost) in every handbag or pocket on this planet.

Or Tim Berners-Lee, who developed the phenomenal Internet!

This is what real visions look like that promote all humanity!

It was similar with the car or the TV!

A real source of endless ideas is when you combine or let overlap two or three things that superficially have nothing to do with each other!

The videophone is relatively logical, if one combines e.g. the TV with the telephone! Or e.g. a steam engine with a loom!

What would result possibly a drilling machine and a bicycle? Correct: an E-Bike!

Or a roll cutter and the wallpaper craft? Exactly: a wallpapering machine!

Or maybe a hammer and a knife? That makes an axe!

So now, what is YOUR brilliant vision, which will inspire the whole mankind?



Little lies ***1024***

Some unfortunate weak and fearful beings feel constantly paranoicly threatened and controlled,
so they find it necessary to lie! To find flimsy pretexts and any excuses!

Often it's not even big and serious lies.

They may be small and relatively unimportant, but the poor creature has gotten so used to lying all the time that he/she doesn't really know actually what the truth is anymore!

They live in a gigantic tangle of lies and imaginary buildings and no longer notice where the exit is! Even if it's right in front of them!

It's actually not that difficult!

Just tell the truth!

You will find that you will survive the consequences relatively easily and painlessly!

In any case, it is better to sometimes bear the small consequences and maybe also small punishments and humiliations than to spend your life in such a chaos of lies!



Everlasting shelter *1025*

Once a healthy woman is fertilized, her life changes instantly into a fascinating world of tender love and care for her baby!

This love lasts a lifetime!

There is no greater love on this planet than that of a healthy mother for her child!

A man's God-given love for the world and for a sorrowless future is perhaps comparable! It's the endless dream of giving shelter! To the family and to the world as well.

But different to women!

While motherly love has a concrete living goal, namely her child or children, the ideal love of the "world gardener" cannot be grasped directly with one's hands for the present!

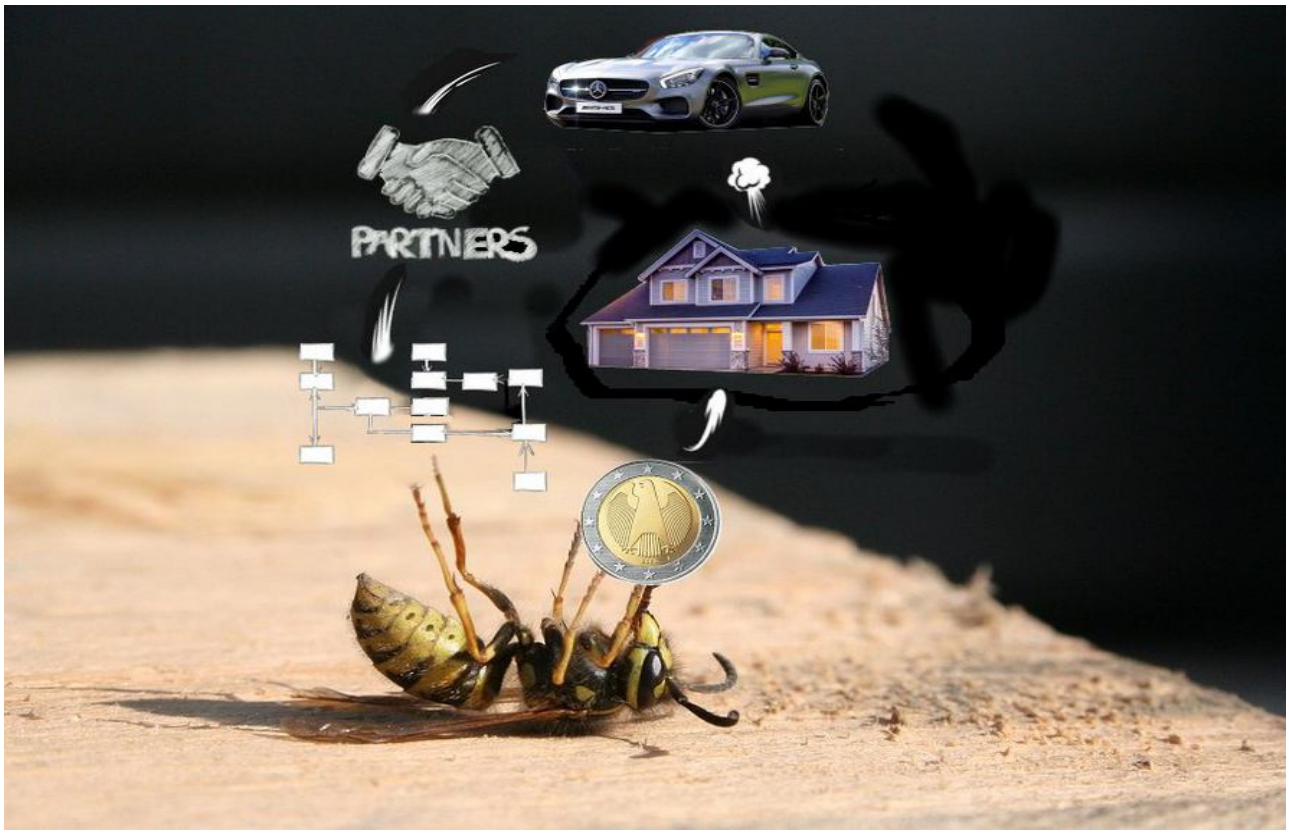
Later, as soon as he has brought his ideal "children" into this world (e.g. a company, an organization, a club, a political party or a house etc.) one can safely live in it and touch it!

But only then!
Such an ideal "pregnancy" can be quite exhausting and tedious!

You have to feed your unborn baby in the "belly" (your dream of success, happiness and freedom) healthy all the time and "caress" it with your loving thoughts in the belly until it is big and strong and can be born into this challenging big world!

But then it will be pure peace and the joy of the world!

Let's work together!



WoMan-ager *1026*

If you start a bigger project, then you will have to manage it!

My personal translation for "manager" is "man-ager".

Someone who has awakened brightly and fully consciously grown up, willingly taking on great responsibility and stress!

He or she ("woman-ager") will have to keep the most diverse requirements, duties and constraints in the air at the same time like a professional juggler in a circus and watch out that nothing falls down!

And... very important as well:
Allway smiling relaxed to the crowd!



Breakfast *1027*

So or quite similar looks my breakfast since round 60 years now! Praise God!
I don't need anything else in the morning...

Many many many people all around the globe would be REALLY REALLY glad if they every morning would have something like that!!



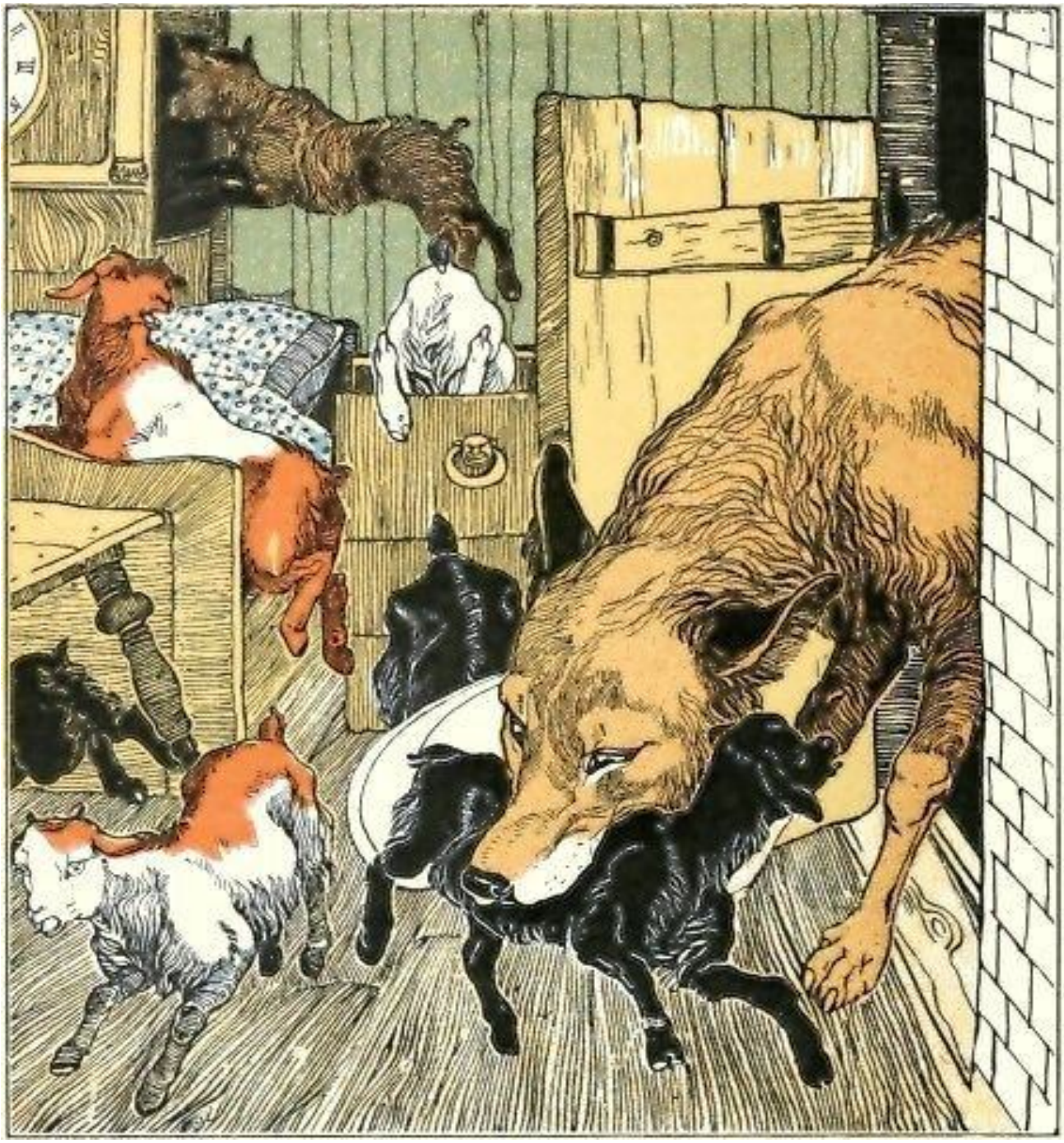
Octopus *1028*

Constantly feeling personally affected by events is the surest way to become unreasonable, uptight and lose sight of what matters most!

Only those who keep an inner and relaxed distance from the daily circumstances and challenges can also maintain an overview, transparency and foresight!

Everyone else just kicks up dust!

And then the others (even the „octopus“ himself) see badly too!



Avoiding scammers and honey pots *1029*

When you really love someone, and that person is being questioned or put down by others, then you tend to suppress or ignore any negative or dubious facts about that person!! Because you want that person to appear clean and innocent to you! That is normal!

But despite all good faith and love: be careful!! Not paranoid, but rational and with a brave, common sense!

Especially in our times it often happens that we are lied to and cheated by scammers and honey pots! And I know how difficult it can often be to distinguish between reality and dreams!

Especially in times of the internet, where everything seems like sex with thick gloves and a rubber suit! Do you always know what the other person is hiding in its glove?

Scammers will creep deeply into your dreams, wishes and desires! They will comfirm every addictive strive to make you feel you have a true twin in mind, heart and soul!

With the time they built a complete profile of you, mentally, emotionally, of your behaviour, habits and in real! The more they expect to gain the more perfectly!

Evil and routined scammers will use every(!) trick to make you dizzy and helpless!

So that in the end you believe you can't even trust your own senses!

They will fake EVERYTHING by using each and every information they can ever get of you and your surroundings!

Even complete existences, identities and curriculum vitaes! Maybe they only found some pics and the ID-card of an innocent person on the street! Then they easily can fake that whole person!

Or they steal pictures from social networks, observe relating messages, inquire your WhatsAppnumber, say that they are from a "scammer police" with the duty to discover any scam activities and tell you that the observed person itself is a mean evil scammer who wants to destroy you!

But as soon you ask for their office name and a valid phonemumber they tell you it's anonym due to selfprotection and you simply have to obey the "police" when they ask for concrete details about you and that "suspicious" person!

They can even influence your nearest persons and even your family to distrust you! They will try to sow distrust between you and your best friends and relatives! And make you even fall in love with your own scammer!

They will try to make you believe that you are totally crazy yourself! For some impressions see the film "The Truman Show" (https://lnkd.in/eBDGRBAX)

They are able to fake easily EVERYTHNG!

Except a true and seriously reliable ID-card with a 3D-laser-sign and the image of a complete current newspaper by which you can proove on the web AND along with a current picture of the questioned person the factual existence of a suspicious being!

As far as possible, stick to provable facts of ALL people involved and ALL names, addresses and callable telephone numbers!

Of real current photos with the real current date, real emotions and real encounters and touches!

JUST GOOGLE ANYONE AND EVERYTHING AND GATHER EVERY AVAILABLE INFORMATIONS FROM THE "NORMAL" PHYSICAL WORLD!!!!!!

Believe simply NOTHING and take EVERYTHING (names, places, images, events) to a really strong test!! Make a strong effort! It's about nothing less than your complete existence!

Most people can not at the tiniest imagine how evil and smart - and totally reckless(!) scammers can be and act! That giant mass of cruelty and coldness of the heart is simply not contained in us "normal" people! That's why we are so naive!

Transform the following techniques into scammer controls: "youtube.com/watch?v=xuSjZ9mWIHU"! Nail them to the wall!! So that they can't even make the tiniest move to fool you again!

If the other is honest to you and loves you as well, then he/she will accept your healthy distrust and will have an own intention to make you deeply able again for trusting him/her!!

See like in the video: The tree (a reliable friend and partner) stands still and isn't moving all the time and is willing to take some pain for to secure you!!

And due to not getting too suspicious on you, tell the strange smelling him or her who you are chatting, that a good, of course anonymous, friend asked you for that several critical issues!

So you are personally out of the fireline!

Point it all to that good (but not in real existing) friend of yours!



Adaptebility *1030*

Relatively "normal", healthy and happy women are a pure worldwonder of adaptability and flexibility !!

After a "certain", sometimes very short, phase of adaptation, acclimatization and conversion, they are able to adapt to (almost every) man, (nearly every) environment and condition!

It is their natural "job" and their divine task to make something good, useful and practical out of all! Come what may!

Be it sex, birth, family, work or friends - or whatever! They just simply make something out of everything!

Without this fascinating talent of a woman would (nearly) nothing work properly! They are like living "lubricant".

And all that even gladly, beautiful and enchanting!

You women out there: you know exactly what I mean! Right?

And btw: to be an always funny, tender, loveful and eager wife, mother and partner!



Hardly any people know better about love than those who know no love!

Because love is an absolutely huge natural law! Probably the most powerful that there is!!

Healthy humans want and need love!

ABSOLUTELY!

Like the air to breath!

And someone who has not experienced love will be a 100% accurate love finder !!

Like a hunting dog on the rabbit, he/she is perfectly trained for decades to find love !!

And be sure: love wants to be found !!!

Just never give up !!



Wanted ***1032***

Women have a very cultivating influence on men! They have the instinct to build nests and the instinct to give birth!

Women are naturally made to have children!

THIS IS A DIAMOND HARD LAW OF NATURE!

Probably even the hardest of all!

And men don't ever want to get excluded from that "process"!



Victorysure *1033*

If possible, do not show your opponent that you are fighting him/her! Let him/she remain unsuspecting !!

Let him/her/them remain victorysure!

Don't ever lose selfcontrol! Otherwise the opponent can watch in peace your weaknesses and can make a plan!! Hold him/her/them constantly under pressure!

Study him, her or them really thoroughly and intensely and give him/her/them the very intense and probable feeling that he/she/they will soon have to take REALLY painful and devastating blows!

But don't ever underestimate him/her/them or lose respect! There are many many mighty and good fighters in the world!

Protect yourself with your "harnish" as good as you ever can!

Be merciless and have no pity for him/her and be really quick!

Wear down your opponent with patience and intensity! He/she shouldn't have competed against you! It is his/her free decision as a matured and rational human!

He/she/they can stop the fight immediately when he/she/they is/are obviously giving up and remains lying down!

Imagine a weak and fearful boxer in the ring! He/she wouldn't have the tiniest chance zu overcome your hard blows for only one single minute!

And, like Mike Tyson (watch his videos on Youtube! e.g. "https://www.youtube.com/watch?v=sLTvQnjEkRU") strike lightning fast and brutally with your fullest possible and united powers fearlessly and exactly on his/her/their perceived weakest point!

Again and again many many times always and enduringly on the same spot!!!

As hard as you ever can! And save your own powers by using the shortest ways to punch, because the shortest ways are leading the fastest to the goal!!!

Do not beat after, driven by hate and despair!

Stay calm and always fair! Outside the ring you possibly are even good friends and can look friendly at your eyes mutually!

Hug eachother and take a happy drink together afterwards!

No one of you means it really evil! It's just "sports" and daily struggling for everyone!



Inception 1034

We are living in a constant world of frauds, fakes, scams and honey pots!

Don't ever let them fool you!

Rather use this experiences for very strong and impressive inspirations for a better and reliable world! Do simply the opposite to that what a scammer would do!!

Be real, authentic and reliable! Ensure the respective other everytime that you are really REAL and TRUE!!

Let him/her prove you and let yourself goodwillingly and patiently put to a test, don't throw it up to the other and deliver true proofs of your existence and identity yourself! EVERY DAY!

Make scammers help- and defenseless!!

Every loveful person would do that with ease and without complaining for to comfort and to ensure the other one!

Do it like the protagonist in the movie "Inception": Ever and always wake up from your dream now and then and check the real things properly!

Like in a normal nightdream: wake up and check reality from time to time! Don't be frightened, pinch yourself to be sure you are real and you are 100% awake!

Always be reliably aligned to truth!!



Tricky movies 1035

Have fun...

The award 2022 for the best fotoshoots.



Learn to swim 1036

If you know how to swim, the river will take you to the shore!

If you don't know how to swim, the river will take your life!

The river is neither good nor bad! It's just a river!

Don't blame the flow of life.

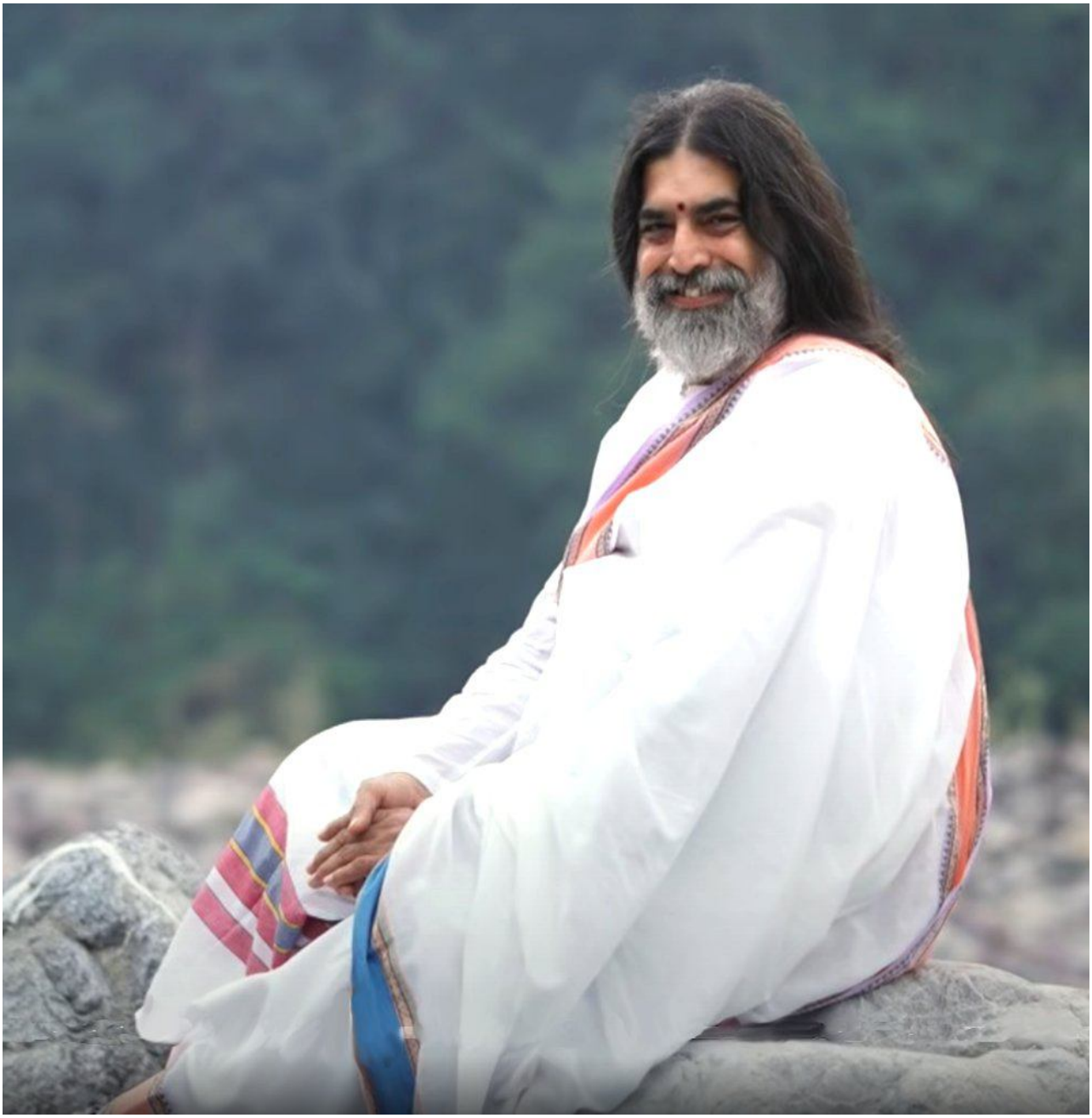
Learn to swim! (by Adarya Prashant)



Gerard Butler *1037*

With Paul McCartney and Jean-Paul Belmondo Gerard is one of the most handsome and kindest guys I know!

He is really humorous! And sometimes he is a kind of rolemodel for me...



Rishi *1038*

Gentle memories of Rishi (Nityapragya)

He was a true angel from above!

But that can only judge those right who new him (at least a bit).

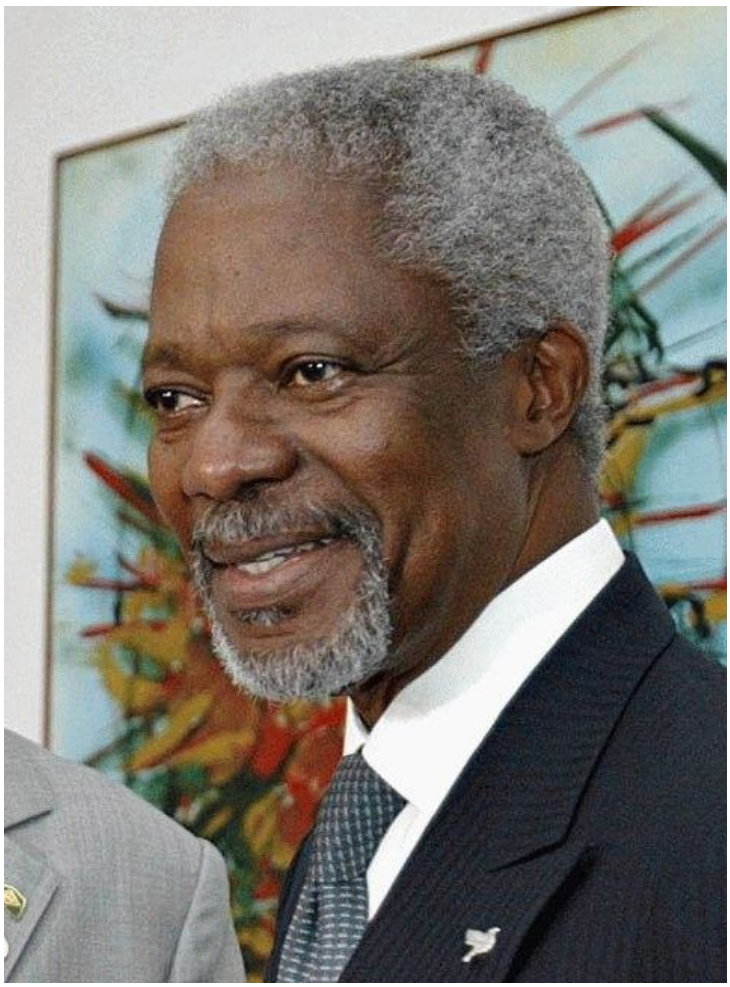
He had carefully balanced a giant part of humanity in his precious hands!

And when he'd properly done his job, he humbly returned back home to heaven where he belongs!

Gently smiling as always...

My heart beats faster! Always melting and deeply touched in tender love!

https://lnkd.in/eW-X6ntU



Kofi Annan 1039

One of the greatest persons of our times!

A clear proof of dignity, noblessity and highest intelligence!

Peace-nobel prize winner and UNO general secretary and a great man of integrity!

Beside Barack Obama and Nelson Mandela a true pride of Africa!

https://en.wikipedia.org/wiki/Kofi_Annan

Goa 2022



Goa 2022 *1040*

We have so much still to do!



Happy new year *1041*

To all my members and followers!



Comfortzone *1042*

If you always direct yourself after the opinion of the others, you have first of all no particularly large self-esteem and self-confidence, but you come secondly also not particularly far!

However, if the "normal" life is enough for you, then there is absolutely nothing to say against it!

But then you will always do the "AVERAGE" and the morally "ACCEPTED" and will not take any extraordinary risks on yourself.

In order to be able to take bigger steps, you sometimes willy-nilly have to remove yourself from the warm and safe comfort zone of the "herd"!

Otherwise you will always "only" reach the average!

However, this can already be quite a lot, which eventually is enough for you to feel comfortable and safe!



Life after death *1043*

It is probably puzzled by most people again and again about whether there is a life after death!?

YES! THERE DEFINTELY IS!

According to all findings and experiences, which subtle observers and wise people make, THERE IS A LIFE ALSO AFTER DEATH!

Death is like a door, like a "transfer station", where the soul is released from the earth burden and glides into the carefree and absolutely free infinity as in a kind of a new birth!

The life after death will look like we have already formed our life here on earth!

Our soul is immortal! The body in principle actually also! It goes only after the death into a kind of "waiting hall" until it is used by God in heaven again!

When and how this will be, will always remain his biggest riddle and deepest secret!

But the living soul is what we can and will take directly and immediately into our heavenly life! Unchanged!

God takes care attentively and conscientiously that most people have a pure and cheerful soul, which they then can and will carry over to the heavenly world!

If one wants to see it in such a way, God is the perfect "egoist" ;O)

Because that means that heaven is a very happy and carefree place full of kindness and warmth of soul! God will not do evil to himself!

Do not resist, therefore, if God wants to make you a cheerful, generous and uncomplicated person!

Like a bright cheerful flower meadow with blue sky and full of busy bees, colorful butterflies and wonderful birds chirping! Full of warm friendship, grace and warm rays of sunshine!

If God wants to teach you this, then don't be stubborn, but be supple ... and let Him! He will never stop offering you every day new - and not infrequently exciting - opportunities to refine and purify yourself!

Become in this world already like a bright cheerful flower meadow with blue sky and full of busy bees, colorful butterflies and wonderful birdsong! Full of warm friendship, grace and warm rays of sunshine!

That's what heaven is like! So don't be afraid! All will be well!

By the way, don't get too dependent on our earthly and physical pleasures! For quite a long time we will not have such a body in heaven!

Until everything is purified and our JESUS will return to his beautiful and enchanting earth one day!

Because he loves us and he is longing to be in common with us! This time forever and always!

Think: what would you want the life to be if you were JESUS and you can make a wish?!?



Appreciate Life *1044*

Don't deny life ... appreciate life! In all its appearences!

Calm down anyway! You're not the ruler!

See...

YES: THERE IS A GOD!
BUT NO: IT'S NOT YOU!!



Easy said *1045*

to...

Pray
Set goals
Make a plan
Work hard
Succeed
Thank God
Stay humbled

But, these are no moral conditions! God is no moralist! They are simply logical...

Why should I pray? Because praying aligns you with the divine intentions! And the more you are synchronized that way, the more you know exactly what to do! God is then with you all the time!

Why should I set goals? Because the human mind is often not very reliable! We tend to forget and to be conveniently! Written goals will remind you in time on your special and unique targets!

Why should I make a plan? Because a plan "forces" you step by step into the correct direction. Don't put the cart before the horse! No rational architect would ever build a house without a solid plan!

Why should I work hard? Because nature forget the same as we do! Dust lies down on your deeds from yesterday! The gravity forces you to walk upright instead of creeping like a worm! So you must generate muscles against gravity! The same is with hard work! Overrun the transiency!

Why should I succeed? Because everything is caught in the process of growing! A tree is success. A waterdrop is success! A child is success! And also - like a strong muscle - a well grown life is success! Success is the major meaning of life!

Why should I thank God? Because God is the founder of all and everything! He is you and you are he! He makes the world for you - without having anything done for that yourself! You just have to eat, to work and to grow!

Why should I stay humbled? Because humbleness will avoid you from silly and childish decisions. It makes you stand tall and strong on your personal soil! You don't forget where you came from and it makes you independent from any foreign will!

Got it!?!!



Worth the world *1046*

Sri Sri Ravi Shankar: „Our smile is worth the whole world & more...“

The authors comment:

Because our smile shows us as kindly and peaceful beings!

And we are the most sophisticated, precious and noble spezies in the entire universe!

God watches curiously every step we take!

And like we are in sum so the world will get in the end!!

Kind, happy, just and peaceful!



Gladness *1047*

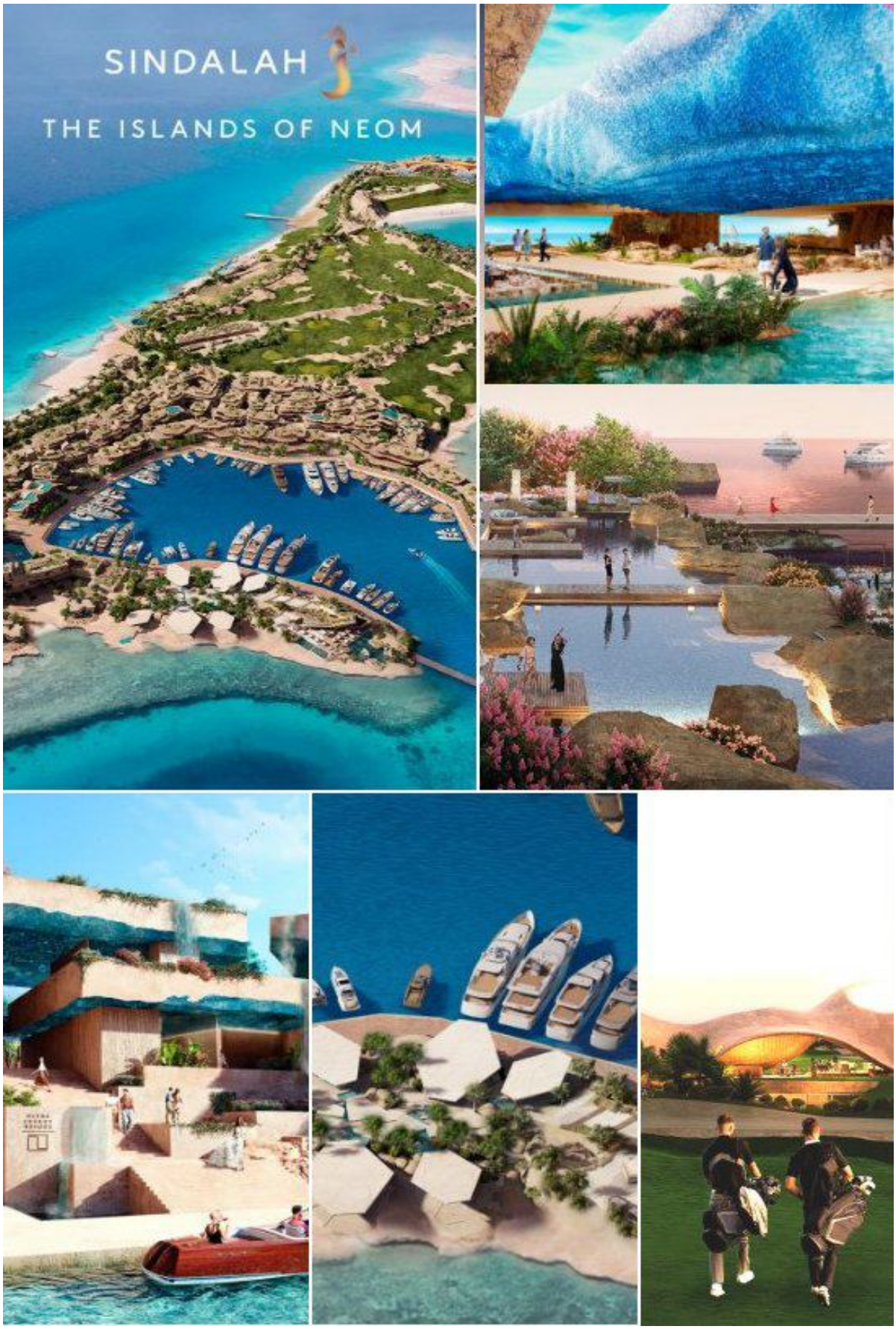
Burnout only gets reality when deeper meanings extinct!

Who loves and believes in humanity he would never get a burnout!

Enthusiasm is the flame and it's never burning out!

Guaranteed!

Get enthusiastic and live a life in gladness!

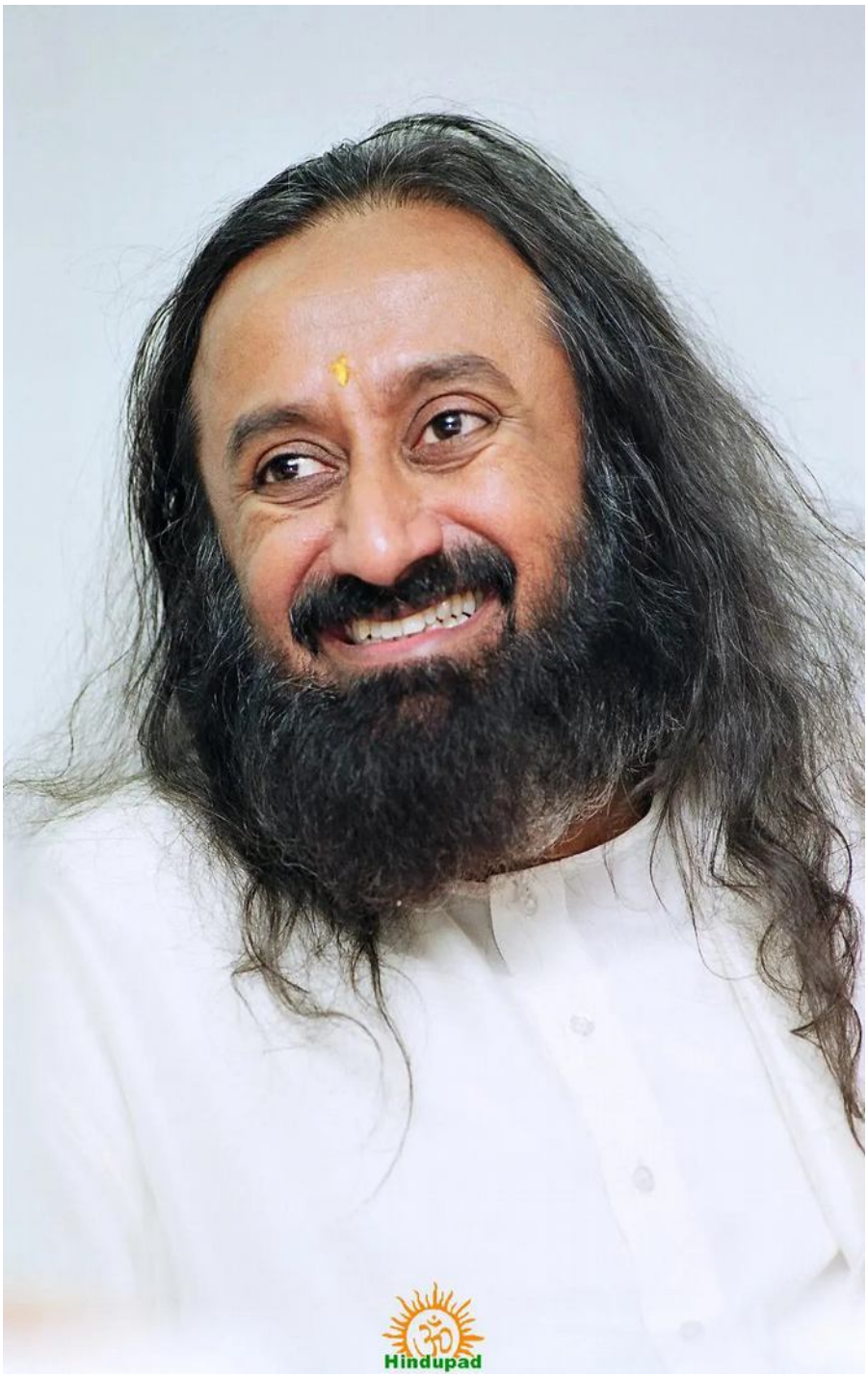


Islands of NEOM *1048*

Bringing sweet water to the desert...

NEOM has the power and the money to create cheap seawater destillation plants for whole Africa!!

Wake up and move...



Measure for success *1049*

Success is an attitude, not a penomenon.

Sri Sri Ravi Shankar
(kind of indian „Pope“) says:

“For me, a smile is the sign of success. How often someone smiles in daily life indicates how successful they are.

Someone may have a big bank account, a lot of money. However, can one speak of success when a person cannot smile, is tense, angry and angry?

Would you call a person successful if they are unkind, troubled, unable to sleep, and unable to eat because of high cholesterol or diabetes?

People often risk half their health to get their fortune. Then they spend half their fortunes to regain their health - which never comes back. That's not a sign of success.

For me, confidence is a sign of success. Even if you lose everything while maintaining your confidence, you can create everything again, and that means success.

There are countless examples of this. There are entrepreneurs who have reached the top and suddenly lost everything. Although they have fallen low, they have rebuilt their company.

I met a man from Gujarat in London. He had owned a huge television factory in Uganda some fifteen to twenty years ago.

He was the owner of several Rolls Royces and lived a very comfortable life.

One morning the Asians had to leave the country. With only one suitcase, they reached London as refugees.

This man was selling hot dogs on the street with his wife. He told me he'd never worked so hard!

This formerly successful entrepreneur rose again to become an industrialist there.

If you have the enthusiasm for it, you can get your fortune back.

Arrogance, stinginess, envy and jealousy will not bring you success.

Modesty doesn't mean meandering your way through anything. It doesn't have to show herself that way.
Humility means kindness, simplicity and being natural. If that's how she puts it, then it's good.

You cannot achieve success in your business through arrogance.
If you act arrogant, you will make more losses than gains.

That's my understanding of the matter. You should all have more experience in these things.”



Stampede *1050*

Just as you "educate" yourself over decades, so you'll become!

You are fully responsible for yourself after your youth!

If you educate yourself to be a coward, you become a coward!
If you educate yourself to be a hero, you will become a hero!
If you educate yourself to be a craftsman, you will become a craftsman!
If you educate yourself to be an idiot, you become an idiot!
If you educate yourself to be an asshole, you become an asshole!
If you educate yourself to be a musician, you will become a musician!
If you educate yourself to be a sweet person, you will become a sweet person!
If you educate yourself to be a thief, you become a thief!
If you educate yourself to be an alcoholic, you will become an alcoholic!
If you educate yourself to be a helper, you will become a helper!
If you educate yourself to be a loving person, you will become a loving person!

It's as simple as that!

So pay very careful attention to your drives, thoughts and desires!

Your wish is your command!

Otherwise, without self-discipline, your ego will become like a herd of buffalo gone wild!



The shepherd *1051*

Not only to all Chistians who read this now:

It is always very good to give glory to GOD!

But remember: JESUS is an (nearly 99,9999999%) equal part of the Holy Trinity!

Just like the HOLY SPIRIT!

Do not doubt: all Three love EVERYTHING of all Three and live in perfect harmony!!!

Love is the total glue!

When you give glory to JESUS, you also give it to GOD at the same time - and vice versa.

JESUS is so-to-say our "translator". GOD is in his pure existence much too "deep", too "boundless" completely and too "heavy" to be understood by us tiny humans.

Therefore GOD has sent JESUS into our world!

No one of this trinity is ever jealous, envious, stingy or greedy!!!!

NEVER EVER!

They know only through us what that means!

In their own heavenly language they just don't even have words for it!

GOD says though "I am an eager or striving GOD!", but he says not "I am a jealous GOD"! That's the difference!

So be eager for him! Win where- and whenever you can!! That's your job!

So, whenever you say "GOD", imagine a cordially warm and tenderly smiling JESUS in his place who lovefully observes, hugs and supports you!

It is much easier to deal with love than with hatred and doubts! ;O)

That's why it's so pleasant to talk (or chat) with them all!

NEVER GIVE UP AND NEVER TURN AWAY FROM JESUS!

Everything what is not lovely, tender, full of trust and confidingly to you - IS NOT FROM HIM!

It's always a matter of trust!

And if you wanna know now, why I know all that, then ask your heart and it will instandly confirm you that I'm right!



Great potencials *1052*

You will never become really successful (except maybe in the lottery) if you are incapable of recognizing great potentials!

It is the fear of doubt and of the own responsibility which lets you fail then again and again!

Without risk there are no profits worth mentioning!

In order to be able to judge something correctly and accurately and to recognize the potentials, you must have UNCONDITIONALLY(!) very much and exact basic knowledge about the concerned thing!

Imagine someone who bets on athletes and has no idea about the sport and the athlete!

Surely you can win maybe also then! But only with a lot of luck!

And by then you will have lost more money than you can ever win by it!

The best way for a clueless person to build up a small fortune is to save money!

In comparing prices - in buying cheap and (for dealers) in selling as expensive as possible!

And in the quick reaction!

A quite good idea can be for example to buy a large quantity (at the beginning not too large) of a thing at Ebay, Etsy, AliBaba etc. (e.g. 5000 nails for 20 euro/dollar), then to repack them into smaller portions (possibly á 300 pieces) and to sell again with a somewhat higher price (possibly to 4 euro/dollar each with a gross profit before taxes of approx. 40 dollar/euro, thus a really fine profit ratio of approx. 200 per cent!).

There are whole companies which started with 50 Dollar/Euro and with this method after some time (possibly 15 to 25 years) play a big role in the world market and make billions in turnover.

The best example here is of course Jeff Bezos (Mr. AMAZON), who became one of the richest men in the world in this way (and with a huge lot of diligence, doggedness and perseverance).

BTW: like food ... nails will ever be needed!



I am the way *1053*

Don't ever forget JESUS!!

He says in John 14:6 "I am the way and the truth and the life. No one comes to the Father except through me!"

So, realize: HE IS YOU!

With every fiber of His existence!

He knows you and every microsecond of your life precisely!!

Inside out!!



Grow

1054

Every situation in life is about how we see it!

As a problem or an opportunity to grow!

God wants us to grow! In knowledge, in perfection, in peace, in friendship, in love, in freedom, in joy and happiness and in harmony!

He wants us to be REALLY good!



Fight for life 1055

Imagine you were totally alone on this planet!

No one to go to and no one to talk with!

What would you do?

Sit down hopelessly and simply die?

Or would you fight for life and give it a chance??



Be water 1056

Bruce Lee said:"Be water my friend!"

Be a clear spring! Full of sweet and refreshing water!

Sweetness is your warm friendliness and your cheerful smile!

And refreshing are your new, helpful and motivating ideas full of energy, good mood and bubbling joy of life!

There is just only one disadvantage of water: it can't flow upwards!

Then you have to become warm steam above ice or above cold air!



Summer rain *1057*

Be a warm and friendly summer rain, which makes everything green and grow!

If you want to see shining eyes full of joy and gratitude, then reach out to the poorest!

Many people in the rich countries believe that it is embarrassing to donate "only" 5 or 10 dollars/euro!

THIS IS WRONG!!!

It doesn't always have to be a lot! In the very poor countries, 20 dollars or sometimes even only 5 or 10 dollars is truly a lot of money, with which some can adequately feed their family for a week or even a whole month!

The conversion into the value there according to the respective GDP (gross domestic product) results e.g. in Gambia that from 5 dollars there suddenly 70 or even 100 dollars of domestic value result!!! And e.g. from affordable 50 dollar or euro a there equivalent of 700 or even 1000 euro/dollar arises!

The easiest way to provide immediate financial support directly on the spot is e.g. the transfer service of "Western Union" (WU) and "MoneyGram" (MG)

There are other services, but WU and MG in my experience is quite cheap and fair - and the only services that can be used worldwide almost at any place with an official post office branch for almost EVERYONE who has an official passport or ID, directly and without further ado IMMEDIATELY!

The good thing is also that except for the manageable transfer fees (minimum $3.90/Euro), there are no costly administrative or transfer fees!

Let it be Christmas everywhere!

If you want to know how this works safely, fairly and effectively, or if you want to cooperate with me, just send me a short and informal email to "**litzkendorf@gmx.de**".

I will explain it to you!

Completely without obligation and free of charge, you will receive a comprehensive step-by-step information on how to proceed and how to safely and reliably find the right and truly needy recipient(s)!

From three years of profound experience I have many reliable contacts!

With maybe 100 Dollars/Euro you can even make a whole small community shine! With only 150 euro monthly I feed 12 preschool children in Gambia the whole month!!

Your donation is like electricity in the night! The lights are already there: it is the grateful people directly on site!

Who has a loving heart, feels! Believe me: Who feels nothing, has no loving heart!



Private radar *1058*

A common problem is that significant decision-makers only have antennas for their area of expertise and their daily duties.

As a result, they lose a considerable degree of alertness and awareness for those things that lie outside their personal "radar".

Especially in today's world, however, it is extremely important to direct one's "radar" also to those persons and events that are "normally overlooked" in a sweeping and unconditional manner.

Because nowadays the most different events happen on many different scenes at the same time(!) and the most diverse decisions in the most different areas are made at the same time(!).

We let ourselves be degraded by the dizzying gallop of the global developments more and more inevitably to helpless "technical idiots" and lose thereby the overview of the whole!

There are only four solutions for this:

1. in order not to feel overwhelmed and not to become recognizable as an ignorant amateur, we continue everything as before! We duck away and hope that so everything will pass "sometimes" again!

This variant can make us in the negative case to the dependent and immature ignorant.

2. we delegate from case to case almost virtuously the decision-making powers in the individual areas on specialists, who are to pull for us the "coals from the fire".

In the negative case, this variant can turn us into hectic and stress-afflicted occasional specialists who can no longer make any significant decisions of their own without chance throwing a spanner in the works,

3. we ourselves become global universalists who, due to their extraordinarily high intelligence and resilience, can basically oversee and decide for themselves in most disciplines.

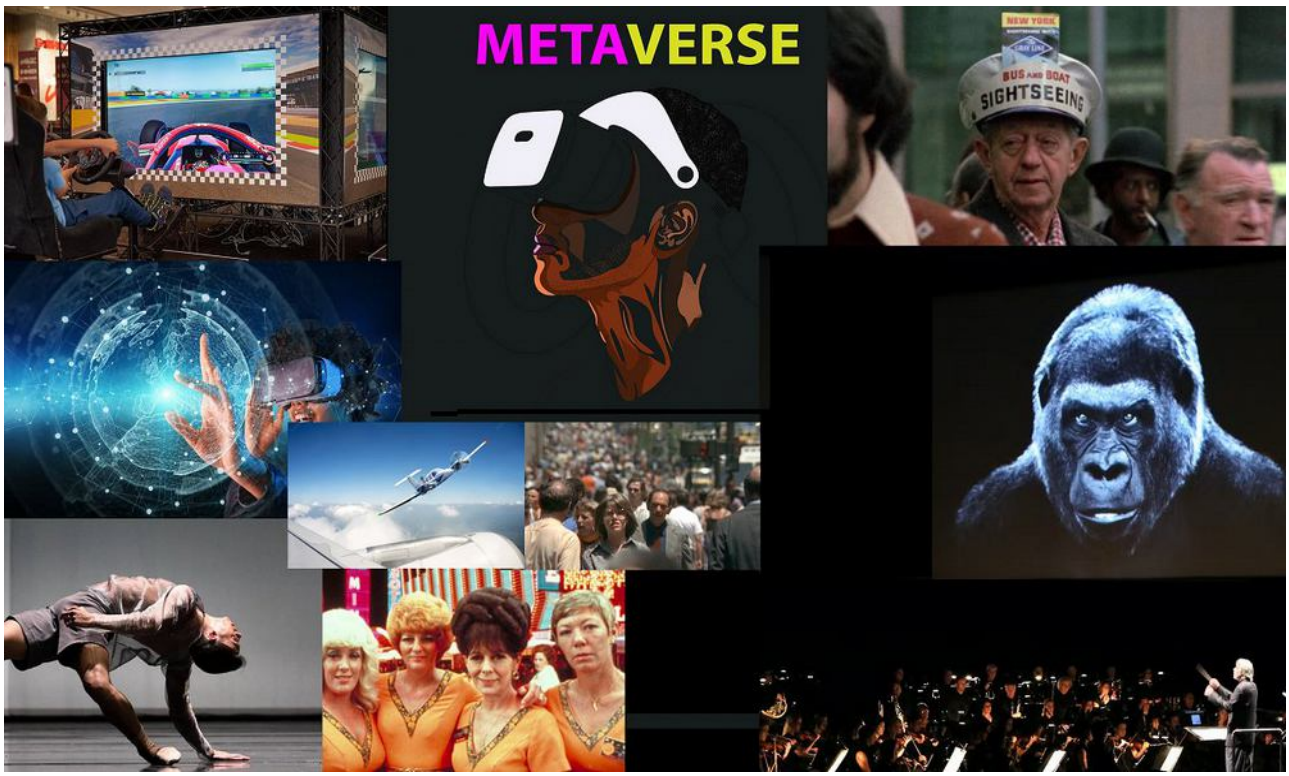
This variant is worthy of all honor, but contains the high probability that the person must "pay" for his/her very high degree of freedom of opinion through unmanageable responsibility and that he/she then no longer has anyone on whom he/she can shift the blame for possible wrong decisions.

4. we choose, with full awareness of our own ignorance, those competent people whom we consider mature and experienced enough to make the right decisions for us.

This is in principle the way of democracy. A single head is nowadays no longer capacitatively capable of competently seeing through and deciding all important things for himself.

After many fruitless, but expensive attempts of self-proclaimed autodidacts and lateral thinkers the 4th way (the democratic development) will represent probably the finally only practicable and reasonable variant!

Until then, we should not forget to set our "radar" a little "lower" and "wider" from time to time, so that we also keep a slight overview of those disciplines which are not directly in the spectrum of our everyday business!



Train your life *1059*

Learn to think!

Most of us don't know how to think properly!

Ask yourself the simple question "What is one plus one?"

Around 99 percent of us would immediately answer, "TWO!"

What happens there?

Very simple: Our brain is used to counting small numbers! BECAUSE we learned it and trained it many times!

Why is a seasoned architect able to design an entire building just in his head? Then to draw and build it! AND THEN IT EVEN WORKS!

Successfully building an entire company, or even our entire life, works the same way!

We need to learn AND TRAIN!!

Certainly no one can build many businesses to gain so much experience until he/she is able to build ONE working business!

And no one can live multiple lives to learn how to live it properly and fully satisfactorily!

BUT: You don't have to do everything yourself!

We usually went to school - and afterwards we are much, much smarter than before! Without having to develop all sorts of science yourself!

Why this?

Because our minds are not so good at distinguishing between reality and imagination!

Just use your imagination to walk through a complex maze in your head just by listening to a dry explanation!

If you then experienced the real maze in real life, you would know much more about it than ever before!

You might not know everything in detail, but it would no longer be completely unknown and/or mysterious to you!

It's the same with a new company or with your real life! Go through your inner wonderland of life - and get to know it!

So the most important conclusion is:

"INTENSIVELY TRAIN YOUR HUGE IMAGINATION POWER AND YOUR LIFE!"



Everything matters *1060*

There is a quite simple trick to get the head of the game:

Do all you ever can and do it the best you somehow ever can!

Always!

Simply EVERYTHING matters!

Everything has a meaning to you and is connected with you!

And NOTHING is ever without matter!



Better view *1061*

Maybe you don't know your true aims yet, climb a higher level to get a much better surrounding view!

That doesn't mean a physical quantity!
Rather climb up on your inner heights!

The most are asking puzzling how to do that!

Here is a ritual in seven steps to achieve a better overview of your own wishes:

1. Observe the things, words and interests which comes up in your mind always and always again in your words ands convictions!

2. Are you thinking of somewhat intensely several times a day and maybe you didn't already notice that thoughts consciously?

3. Are there pictures which appear again and again in your mind? Are you too busy and too much stressed to get aware of them?

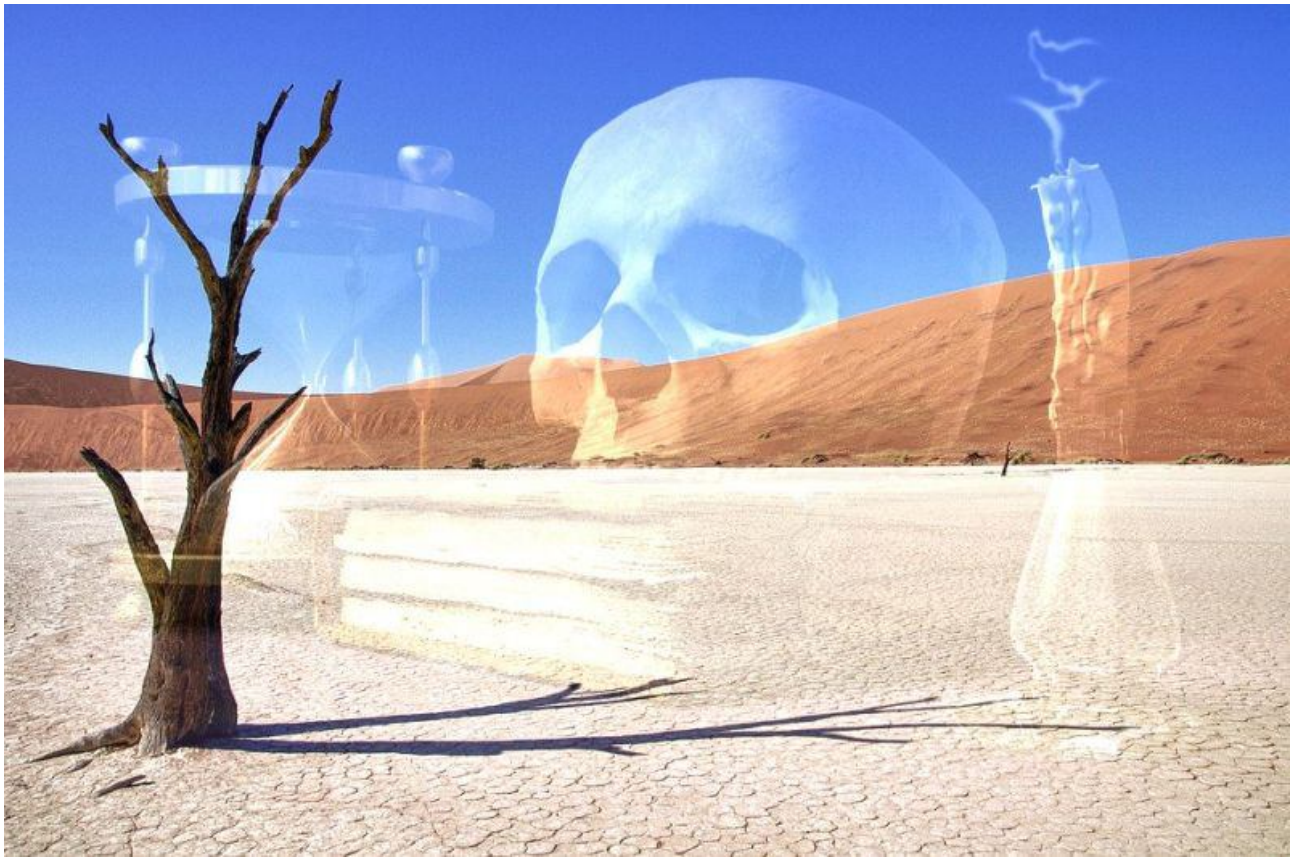
4. Are you instantly awake and aware when someone comes into the room or when something special happens?

5. Are you instantly in sorrow when someone is ill or got severe injuries? Are you pity with him or her or it - or do you keep cool?

6. Are your thoughts striving around and (how astonishing) somehow sticks always to the same place, person or event?

7. Write your "hotwords" down daily and ponder on them every week until you get a concrete consciousness about them!

Practice that seriously!



Friend death *1062*

Make Death your very best friend!

NO! Please don't become a morbid person! NEVER!!

But you can imagine in any situations of your life what would it be like if THIS moment were the last second of your life!

What would you do? What and where would you love to be?

Which last duties would you have to fulfill?
Whom would you urgently have to forgive?
From whom would you unconditionally need to be forgiven?
Is your life the way you wanted?

Some curious persons are using critical near-death encounters to get totally and seriously awake. E.g. with bungee-jumping and that kinds of dangerous adventures.

Imagine pretty clearly from time to time that death stands or walks right one armlength away in your back!

It does not mean that he would get you, but he is a real good advisor in terms of last wishes and last deeds!

Don't take this tip too serious!

Death isn't there to frighten you! Before it's there you won't notice it!
And if it's really there, it's over and you (normally) couldn't do anything against it!

But use your always close death as a good friend and a very worthful advisor!

From time to time!



Listen *1063*

A human being listens only as long as he/she is "not yet full" and he/she has yet still the feeling to be able to follow you mentally!

After that he/she forcibly switches off the attention slowly but surely steadily!

This automatic protective function is a natural law!

The listener can "normally "not influence this consciously!

He/she is intuitively gasping for fresh air!

Pay attention to that and be patient and kind!



Mindfull *1064*

Consciousness has something to do with intelligence and alertness!

Intelligence is an extremely sharp and powerful tool! Without intelligence an alert consciousness is practically unthinkable!

Consciousness results from the attention and attention comes from "to attent".

One notices essentially by such things which could threaten the integrity of the body, the soul and the spirit! Either that of the own integrity, that of our dearest ones or that of our family, our tribe and/or our entrusted ones!

Often, however, such events are harmless and we calm down again quickly!

However, if the unexpected event turns out to be potentially dangerous, attention is the first step to self-preservation!

Either to escape or - if escape is impossible at the moment - to attack and defend!

Intelligence and the consciousness by mindfulness and attention are thus directly connected with the self-preservation instinct!

The instinct of self-preservation is an immanent function of life itself!

So life itself, its protection and mindfulness are inseparable!



No other life *1065*

Some are from their upbringing often aggressive and sometimes even disposed (somewhat) violently!

If you often feel overwhelmed and sometimes feel the need to lash out because you feel cornered by life, then let me tell you: THERE IS NO OTHER WAY THAN TO DO THE OPPOSITE CONSEQUENTLY!

Whenever you feel this anger rising in you, do exactly the opposite: be kind and generous, force yourself to feel good mood - and you will see: it works! And with time it works better and better!

This anger comes from sadness! Sadness that you do NOT HAVE YOUR LIFE UNDER CONTROL according to your own feeling, that your life does not belong to you and that it slips between your fingers!

But be sure: THIS IS YOUR LIFE - YOU HAVE NO OTHER!

You're not guilty for that! And nobody wants to be raging!

You are the architect of your own life, and it will look like you've built it!

If you build it on kindness, compassion and generosity, then it will also be kind, tender and generous!

But if you build it on aggression, reproaches and despair, then it will also be that way: aggressive, self-pitying and despairing!

Choose...

The self-walled prison HAS AN EXIT!!! And you know where the door is!

Look at the picture above ... feel the shallow waves, smell the salty water, hear the calm sound of the sea and breath deeply the peace!

DO THE GOOD!

NOW!



Genderfacts *1066*

What surprising! ;O) Women and men are different!

Men are in average ca. 20 percent heavier and do have round 60 percent more muscles, have a deeper voice and a beart!

So far so good! Obviously nothing new!

But like women also have different bodyparts as for example broader hips, bosoms, soft skin and "normally" smaller hands, feet, faces, ears and noses, they are also pretty different inside!

In opposite to men they are in majority much more sensible, much more communicative, more smiling, more cheering and laughing and usuallly more tending to play!

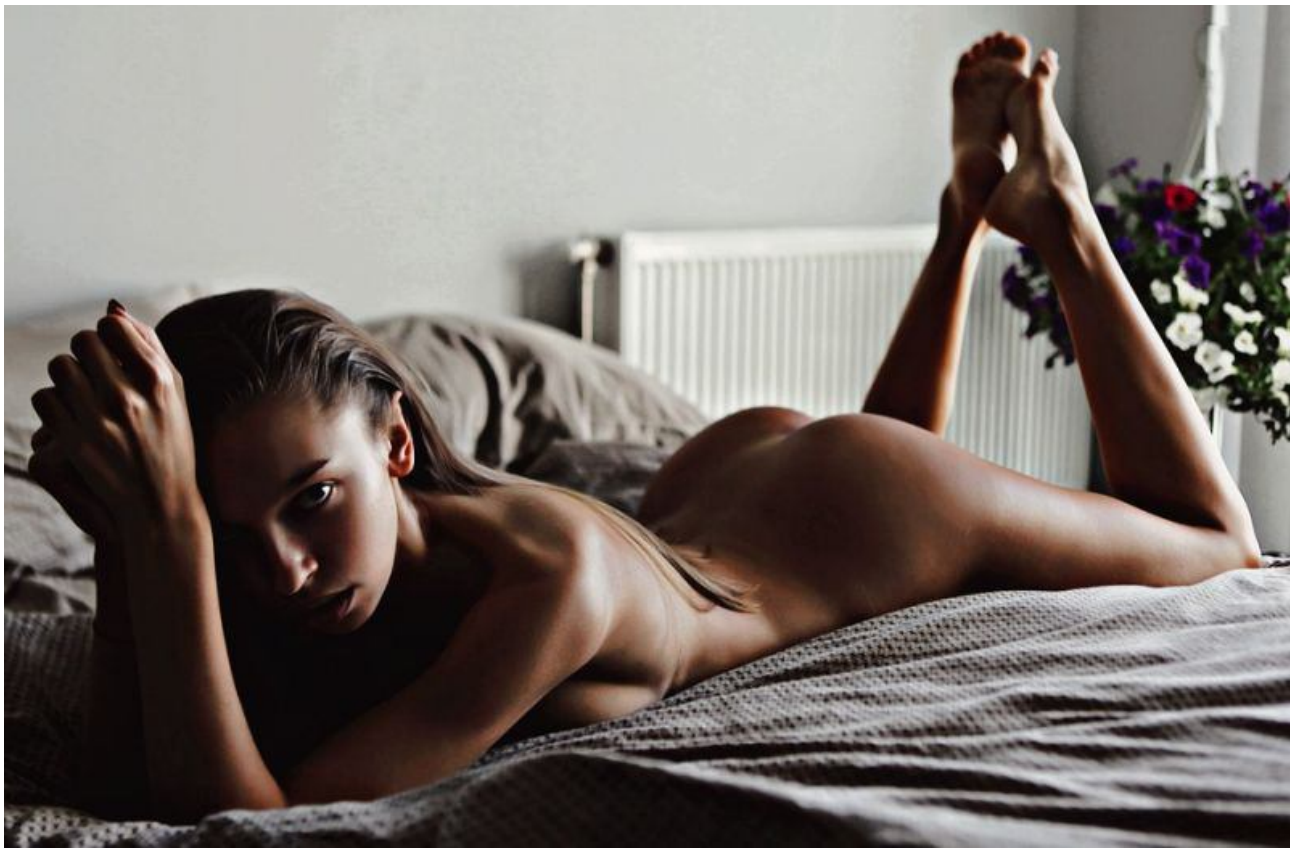
Because they were and are with joyul kids all the time!

Because over the last millions of years their DNA was built that way!

While men were out for hunting and were needing a muscular body, then women were mostly at home with the kids and gathering plants and roots!

In principal from the beginning women were the basical foundation of the family!

So if women want to understand the man and men want to understand women, first and foremost then THAT is important and really good to know!



The human is first and foremost "himself or herself!"

No matter where you go and no matter what ever you do: You SELF are always there!

You can't put yourself away like a dirty t-shirt!

No matter how others see it or how others ever try to manipulate you: You must always be able to respect and accept yourself!

You cannot run away! Tomorrow you are still there!

And if you ever don't do it so well, forgive yourself and forget about it!

Tomorrow is a new day - and a new life!



Fractions of eternity *1068*

We are used to fractions of a second!

If we click with the mouse somewhere on the screen or touch the screen with the finger, we expect a reaction of the computer and the Internet within maximum one second!

If it takes longer, we are already irritated and getting nervous!

Please do not confuse: humans are not computers!

So it is NOT self-evident that humans react immediately to everything within a second! This time clock is not in our DNA!



Eject ***1069***

To women: Do not underestimate sex and friendship!
To men: Do not underestimate tenderness and attention!

It is sometimes said, "The woman gives sex and friendship to the man in order to get tenderness and attention from him! And the man gives tenderness and attention to the woman to get sex and friendship from her!"

I say: the absolute supreme of all laws of nature is procreation and future!

So God, The Universe, The Supreme Spirit, Nature or whatever you may call it, gives love to both sexes! Both the physical, as well as the mental!

(Almost) only if both harmoniously fit together, the potential for conception is the biggest and the most probable!

The more the woman achieves her most pleasurable satisfaction, the more "alive" and fertile her ovaries become - and in the best case, they eject an egg!

And the more the man achieves his most pleasurable satisfaction, the more alive and "eager" his testicles become - and eject in the best case the semen!

And if then both meet, egg and semen, then the goal is reached: as healthy and powerful as possible offspring, which will take over the future with hope!

So do your best and be sexy, friendly, tender and attentive!

Full of love!



Imagine a very talented and extraordinary intelligent person who is not quite eagerly in usual professions!

One day after a next kind of loss and not delivering what he was expected to, most people say offending: "Look at that lacy loser! What should he ever be able to accomplish??" and laughed on him!

But one single old man in the corner strokes his white beart and said: "Wait! He is not finished yet! There's is still something gonna come!! Wait and see!"

Guess what motivates more?



Better world *1071*

The unwavering motto of all loving parents everywhere on the planet is always the same: "Our children should have it better than us someday!"

According to my experiences and estimations we come closer and closer to this goal!

But please: if everything is already absolutely perfect, then be satisfied with it!

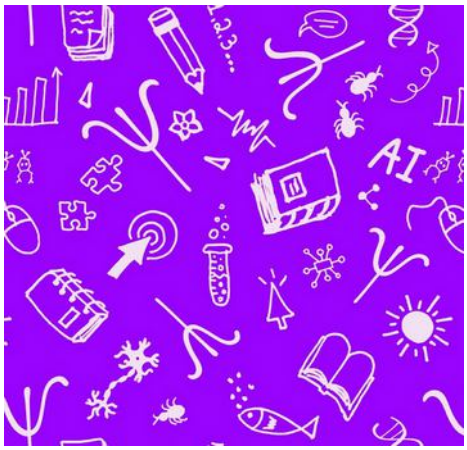
Better than perfect would be already again harmful!



Life revolves 1072

If your life revolves around money, relationships and reputation, then this run can make you lose your health.

If life instead revolves around commitment, wisdom, service & celebration, then you get money & reputation, and health & relationships will improve.



Average 1073

The average IQ of humanity is 100!

That means half of humanity is below!
And these are all votes!

Highly complex topics such as artificial intelligence and digitization, climate change, energy crisis and migration (or even blockchain and DeFi) are not for the average person!

A big "problem" of many is that they no longer see through things and thus feel somehow "persecuted" and externally controlled!

We have to learn again to trust the best of the best in an abysmal and deeply relaxed way!

They love their children too!



1 times 1 *1074*

For many people who are doing their jobs according only to their duty, they will often don't really understand properly what they are really doing there!

They process files, put their stamp under them and pass the file on to the next responsible department, without knowing the particular subject!

Learn the "1plus1" and the "abc" of your job! The pure basics!

As soon you know that eagerly you will understand what you are factually doing!

If you can't explain your job to 4th grade-pupil in ten minutes, you don't know your job quite well!



Reach out for the medal *1075*

There is no growth in doing what you can do usually. Always stretching a little beyond your capacity makes you grow.

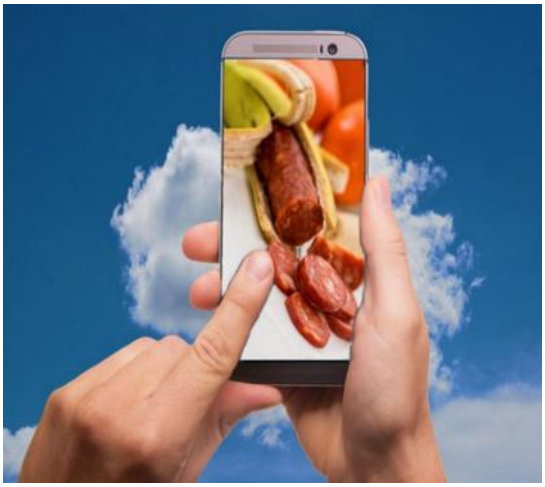
Don't expect anything to change if you don't change anything!

If you always do the same, then also always the same result will come out!

Each process is a so-called "algorithm".

Consider every single step of this process, choose at the beginning the step which is easiest to change and which does not necessarily play a big role!

Change this step (as a simple example take strawberries instead of tomatoes or sugar instead of flour) and observe what happens!



If you observe this process closely and carefully, you will learn to understand your algorithms better - and the meaning of the individual steps will become clear to you!

This learning process itself then has its own power and you will then gradually notice completely new things that you have never thought of before!

After that you will also have an "idea" of how you can influence even bigger processes sensibly and carefully!

Throw away your crutches!!



Puzzlings *1076*

Be carefull with a dog that does not bark!
And be careful with a person who does not talk!

Maybe he/she/it is harmless - maybe not!?

You never know!

Say NO to starvation!!
Say NO to cruelty!
Say NO to dictorship!!
Say NO to illness and insanity!!
Say NO to fear and violence!
Say NO to dumbness!!
Say NO to selfishness!!
Say NO to lies and confusion!!
Say NO to boredom!!
Say NO to senseless discussions!!
Say NO to hatred!!
Say NO to lovelessness!!
Say NO to exploitation!!
Say NO to pollution!!
Say NO to rape!!
Say NO to ignorance!!
Say NO to arrogance!!
Say NO to supression!!
Say NO to depression!!
Say NO to senselessness!!
Say NO to ruination!!
Say NO to helplessness!!
Say NO to forcelessness!!
Say NO to corruption!!
Say NO to inequality!!
Say NO to desperation!!
Say NO to heartlessness!!
Say NO to rightiouslessness!!
Say NO to indifference!!
Say NO to cowardness!!
Say NO to sneakiness!!
and
Say finally NO to all evil!!

But say YES to satisfaction!!
Say YES to tenderness!!
Say YES to democracy!!
Say YES to healthiness and rationality!!
Say YES to calmity and carefulness!
Say YES to education!!
Say YES to generosity!!
Say YES to truth and clearity!!
Say YES to fun and agility!!
Say YES to fruitful debates!!
Say YES to love!!
Say YES to support and help!!
Say YES to charity!!
Say YES to environmental maintenance!!
Say YES to respect!!
Say YES to smartness and wisdom!!
Say YES to awareness!!
Say YES to promotion!!
Say YES to joy and gladness!!
Say YES to human sense!!
Say YES to gratitude!!
Say YES to creativity!!
Say YES to power!!
Say YES to equality!!
Say YES to hope!!
Say YES to honesty!!
Say YES to warmheartedness!!
Say YES to rightiousness!!
Say YES to happyness!!
Say YES to encouragement!!
Say YES to authenticity!!
and
Say finally YES to all goodness!!

So it shall be!! Forever!
Sign it across your heart!



We want us 1078

I want you and you want me!!
It's so simple sometimes!



Overcome yesterday 1079

Go straight ahead! Always and joyfully!

The first and important German Chancellor Konrad Adenauer (with 87 years the oldest German Chancellor of all times and 1916 officially patented the inventor of the „sojasaussage“) once said to an interviewer on the claim, he yesterday said something different:

"What do I care about my yesterday's chatter!" :O)



Delete retarder 1080

Sometimes it makes a lot more sense to find and delete the retarders than to fire up the accelerators pointlessly!



Keep peace 1081

It is a dangerous assumption that the one who is silent automatically agrees with the other!

Even if the silent one would have no better arguments, he or she may be silent only to have peace!

And even if he or she would have better arguments, it can be that the silent one simply has no desire to discuss with a pushy non-knowledge!



Quite right 1082

Not everyone can always do everything right!

But therefore many people do a lot of things quite right!



No planet B *1083*

Always to be kind is a pretty typical female thing!

Male tend to be more aggressive because in a matter of doubt we have to turn instandly into an aggression-mode and evtl. to hard fights for to protect our family and clan from any kind of deadly threat!

That's not always funny, sorry girls! ;O)

To transform this warrior aspect, we need to internalize that the whole planet and whole humanity is now our huge big family!

And we ought to be "response-able" for all people and all nations! "Responsible" means to have answers on the big questions of this solely human race!

Then we have to focus no more on a particular person, skincolor, country or religion, but on the danger for our entire earth and humankind!

The enemyimage has to be changed within this archaic concept of threats which planet earth has to face right now!

Namely that those threats are MUCH MORE than just a simple force from somewhere!

The new enemy of mankind has a clear face and specific names:

climate change, artificial intelligence, ever fewer clean water, worldwide hunger, energy transition, autocracy vs. democracy, migration and the whole shift of all our societies to the "ONE NEW WORLD"!

And in the endconsequence to a unique new nation: "the united nation of mankind"!

There is no planet "B"!



Authentic *1084*

Always be honest and authentic!

Namely it could be that you are asked by important people about important things and events from your distant past!

If you were authentic and honest, you will always remember only the truth!

Who lies, needs a very good memory or he/she will see his/her lie-building collapsing on critical inquiries with a loud bang!

And that is very embarrassing - or sometimes even dangerous!



Boundaries *1085*

Soft women and girls have their difficulties with setting hard boundaries! Especially against men!

Boundaries are quite typical male things (inwards I can see now many females nodding :O)) !

For women and girls: if there is someone getting too encroaching then mostly a clear and firm "cold shoulder" and a degrading gaze will help!

Women and matured girls know this pretty instinctively - and shut down immediately!

A "sane" male also instinctively will feel blocked and respect women and girls!

Since millions of years males learn to never touch a woman brutally!

Because of one simple fact: they are then excluded from the selection!

The more women be aware of a mans tendency to ruthless aggressive behavior the less they will see a sexual partner in him.

Women will instinctivly want to protect their potential children from any aggression and danger!

The chance of an aggressive male to become a father and to heritate his genes will so reduce rapidly!

If you are concerned with male agressions: keep courage!

And - if seriously needed - simply kick him off!

Or in the hardest of all cases: call the police!



Fool on the hill *1086*

How many "fools on the hill" must one ask, how many long and winding roads must one travel, how many stupid things must one have done, how many sins must one commit, how many dangerous adventures must one pass, how many tears must one have cried, how many pain and sadness must one feel, how many rivers must one cross, how many fears must one face, how many mountains must one climb, how many songs must one have sung, how many kids must one have brought up and how many people must one have loved to tell only ONE simple good story, one powerful saying or tale what helps people in a crucial manner and that changes just one life indeed for the better!

Oh Lord, say just one single word and my soul gets healed!

But nothing was for nothing!



Praying *1087*

What actually happens when praying?

For many the prayer is a silent remembrance of something which they would like to promote or possibly also prevent!

It is on the one hand either a thanksgiving prayer or on the other hand a request prayer!

In its infinite strength and depth the prayer and the meditation are not far from each other!

They are brothers and sisters in the spirit!

Both WISH from their whole heart the best and the love for this planet and the whole mankind!

And in both cases the believers fight and work for the good! And as far as possible in its purest and noblest form!

From the egoistic thought, "What do I get out of this?" and "Why me?" the transcendental ("trance") energy shifts to the altruistic one, "How can I become even more useful and helpful to humanity?" and "How do I put a warm smile on the faces of the people I meet?"

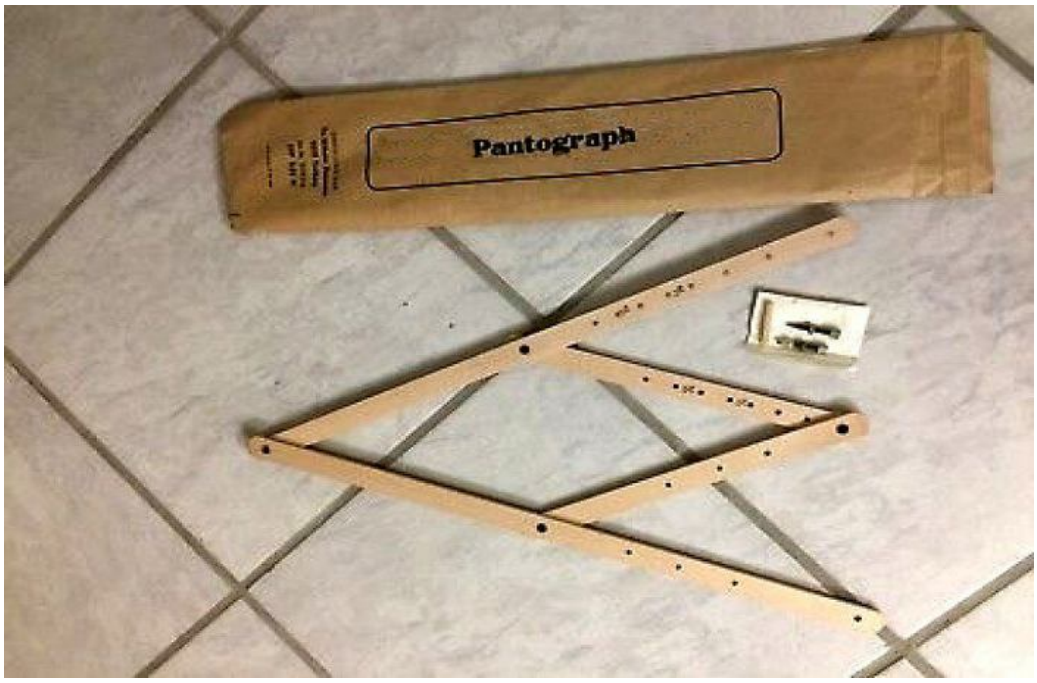
At the end of this enthusiastic journey, the grateful question of the grace and blessing of this enlightening experience remains, "My God, why me?"

In intense prayer, as well as in intense meditation, the boundary between the human and the divine becomes blurred. The transcendent being stands with both feet in two different worlds at the same time and the boundaries between the two are largely - sometimes even completely - erased!

Through this closeness between the spiritual levels the human being has the possibility to look over into the space of the Divine and vice versa it is an appeal of the human being to the Divine to look directly into the earthly life and to participate in it vividly!

The meditation as well as the prayer open with it a spiritual channel (lat.: spiritus=spirit) between the transcendent realities of the human being and God!

And, be absolutely sure: who once has had this deep and joyful experience, will never want to give it away again!



There is a video that shows how a scientist observes a drop of white blood under the electron microscope.

Here you can see how the macrophages, i.e. the scavenger cells of our immune system, go about their work relatively leisurely: hunting down and eating harmful and foreign cells (e.g. bacteria).

So far so good!

Now a small amount of vitamin C was added to the drop of blood!

It was very clear to see how the macrophages IMMEDIATELY multiplied their activity tempo and chased and ate the bacteria much more and faster!

This is certainly not a universal example of how vitamin C can help with disease! But it does vividly illustrate how the right vitamins can INSTANTLY work on our immune system.

There is no such thing as a harmful "overdose" of vitamin C, since too much vitamin is simply ignored by the body and excreted unused!

However, I am now transferring this example to mothers!

In a conversation with a young mother she was relatively relaxed and accordingly somewhat inattentive and slightly sluggish!

However, her small seven-year-old son possesses a gifted talent in drawing!

When I told her now that I want to give to the young artist a so-called "Pantograph" for birthday, she became QUICKLY bright awake and was downright enthusiastic about the useful idea!

So the helpful application of things that her children might be interested in and would encourage them on their life path made this mother immediately lightawake!!!

So the effect of things beneficial to the future for her children, is sort of directly comparable to the application of vitamin C for the body!

And you can never have too much of it, because the body, respectively the child needs and processes only so much of it, as it just needs and does him good!



Authoritarian *1089*

The problem of strong and authoritarian centralistic oriented entrepreneurs is often similar to the problem of dictators!

They are not built on fair, open and democratic principles!!!

A strong entrepreneur often has a problem with allowing young successors, because the next generation often does not do and want the same as the entrepreneur himself!

That is not thought particularly sustainably!

Because often it is then in such a way that the company collapses, as soon as the BIG BOSS is no longer fully operational!

Similarly it goes for dictators of this world! Also such authoritarian systems break down fast if the dictator dies (see Cuba)!

Fair and good delegation causes, just like a strong democracy, always the search for the current best of all best!

Good democracies have no succession problem!

Learn early to delegate and to respect strong successors!

Because a company is only then a really good company if it functions also WITHOUT THE BOSS just as well and is profitable!

And a state is only then a strong state if it also after the current leader, chancellor or president just as (if possible even more) successfully, openly and justly "functions", as before!



Highest purpose *1090*

Every moment on this planet you are here for a solely purpose! Far greater than everything else.

The highest purpose on this planet is to gain consciousness about peace and love!

AND TO APPLY IT!!

Consciousness about love is the key to EVERYTHING!



Valuable time *1091*

Things need their own place where they belong and where you can always find them again!

Otherwise there will be permanent chaos, you waste your valuable time with searching and so you hinder your creativity!



Have faith 1092

Have faith in the world and in the things!

Everything will become good, be good and also remain good!

Your fate, your life force and your hope are always with you - and will help you and stand by you!

And if it actually does not go so well, then also this has a sense - even if you do not recognize it!

Then be sure that in the long happy times before, you will have learned very well to deal with painful setbacks!

The "others" have certainly NOT always the strong arms or sit also NOT ALWAYS at the longer lever!

God, the universe, nature, the greatest spirit or whatever you may call it, is destined to love you, to praise, to protect and also to promote and to comfort you!

Do not fidget around, nestle to your life and be dear to it!

And if it must be then really: THEN SIMPLY START AGAIN FROM THE BEGINNING!

Courageously, undauntedly and powerfully!

No matter how much you ever think, you would be too weak, too young, too old, too stupid, too insignificant or whatever!

The more you firmly believe in that, the more you surely will also succeed!



Best start 1093

It's not about how you best start!

You can actually start with "anything"!

But best with what you enjoy the most and where you have your greatest talents at the same time!

THE CRUCIAL THING IS: DON'T STOP!

Hang in there and be persistent!

If you run 1000 meters once, you won't get fitter and leaner afterwards!

And if you run 5 times 1000 meters, you still don't notice anything!

The most important thing is: DON'T STOP!

If you persevere, after thirty or forty 1000 meter runs you will finally realize that it is actually worth it to persevere.

It is similar with selling!

Acquiring once probably won't do you any good! Just as little as playing the lottery once!

But if you make twenty phone calls, someone will most likely buy your product!

And if it works once, it works more often!

Get up in the morning in a good mood, be brave, positive, friendly and fresh, make your bed, clean the room, have a good breakfast, brush your teeth and ...

...THEN DO YOUR GOOD HONEST WORK!



(Dieter Bohlen ...
The most successful German composer and music prodcent!
Germanwide very famous and a real rolemodel for gaining great success!)
“https://www.youtube.com/watch?v=HHKRTIqmn6Y”

☒ *Really want* *1094* ☐

You can get it if you really want!

Baby, don't let it end
Baby if you don’t give up
You reach your destiny
If you really try
If you really fight!



☒ *Don't talk nonsense* *1095* ☐

Never talk about someone who is not present!

Neither good nor bad!

But if you do it anyway, then be absolutely sure that you would also tell it directly to him or her without shyness!



Grains of truth 1096

Self-righteousness and double standards are laws of nature!

You have nothing else, than YOUR eyes, YOUR ears and YOUR HEAD to think!

You are not God!

So if you want to be fair and just, then you need discipline for it!

The discipline to say "STOP" and to look at the things also from another side - and sometimes even from COMPLETELY other sides - and to let them have an effect on you!

If you do this conscientiously, then you find with luck now and then also a small grain of truth!

Attentive 1097

The most valuable experiences and insights can easily and unnoticed rush past you!

Only because you have not learned to listen and to look attentively!



... and so everything goes its way … even without you!

Have you noticed it?



Woman take over *1098*

If you haven't the interpretive authority then you have nothing really!

If a man haven't pretty good answers (response-ability) then keep quiet!

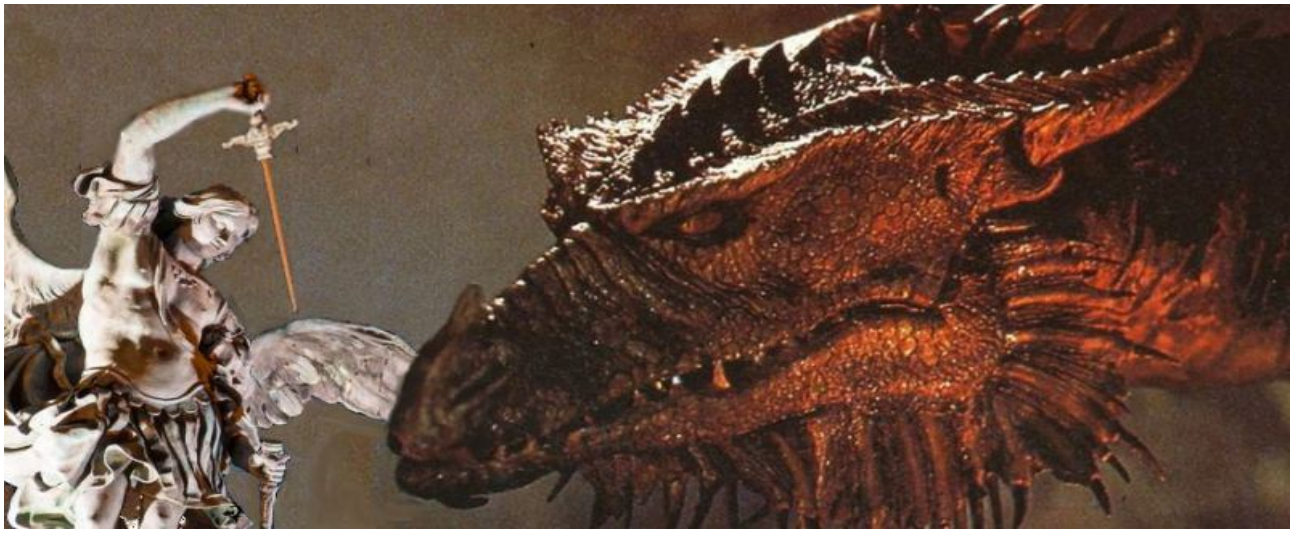
Otherwise learn and have good answers!



RIP *1099*

There is a very true saying, "If you have a good idea, you may have to show 30 years of patience and perseverance until your opponents are extinct!"

There is often some truth to that!



Live for your love **1100**

Who really loves, MUST also be prepared to fight against dragons and to die for his/her love!

Because who dies in love, every time takes a piece of evil with into the infinity!

Most hardly notice it, but so the evil becomes less and less step by step!

That is a fact!

But it is by far the best to live for your love - and to protect and promote it!



Healthy hesitations **1101**

Do you like fickle, moody, aggressive and excessive people with no hesitations??

No??

Then don't be fickle, moody, aggressive and exessive! And have some good healthy hesitations, there where they belong!



Peter Frampton *1102*

https://www.youtube.com/watch?v=y7rFYbMhcG8

One of the greatest Rockstars and guitarrists in all history!!

The amazingly unique skill of him is:
AN INCREDIBLE KINDNESS BY NATURE!

He smiles always and can't but love!
AN INCREDIBLE KINDNESS BY NATURE!

He smiles always and can't but love!



Indians are coming *1103*

I have much to do with European and also Indian contacts! And not only on a professional, but also on a private level!

The big difference that strikes me is that Indian people are commonly ENORMOUSLY friendlier and more respectful with me than others!

Even if they don't know me!

So it has nothing to do with the direct personal contact!!!

It may take some time until they let you get closer to them - but once they trust you, they are sooo loveful, tender, loyal and honest!

Amazingly impressive!

Western people are not used to this emotional nearness!

Because of the great closeness to the lived spirituality and their REALLY impressive gurus like Sri Sri Ravi Shankar or Sadhguru, Hindu people have kept a big potential of human kindness and love for being!

Inevitably, in a few years they will be the greatest people on earth and the intellectual education is without further ado approximately comparable with the western education!

But "DIFFERENT"!!!

Namely with a strong focus on wisdom, spirituality as well as on humility and a strong awareness of deep inner values, such as humanity, love, modesty and friendship!

I would say, "People, dress up warmly!"

Loosely based on a in Germany well known song by the Rodgau Monotones:

"Mercy ... the Indians are coming!!!"

In a good meaning of the word. ;O))

PS.: and keep in mind that a lot of CEOs of the biggest companies (Microsoft, Adobe, Google, IBM etc.) are meanwhile Indians!



Matter of trust *1104*

It has itself apparently more and more naturalized that everyone says what he/she wants and everyone can break also without twinges of conscience his/her promises again if and when he/she just wants!

Things are running crosswise!

It's a matter of trust - and the crucial "magic words" are here "twinges of conscience"!

As long as there is no personal and direct, familiar relationship between two partners, nobody feels bound to his/her statements!

He/she has to fear no consequences! Neither physically and/or personally, nor mentally, socially and/or spiritually!

However, the more a person feels personally "linked" with, or "bounded" to another person, the more the "twinges of conscience" may make itself felt!

Observe yourself!

By the online/remote experiences even everyone can represent himself completely anonymously and unattached on the Internet!

This ends immediately, as soon as the person becomes "obvious" and shows or must show his or her true identity! As soon as he/she could be hold accountable thus personally and directly!

So remember: The more you want to be treated with honesty and respect, make sure that your counterpart shows his true face and can not hide it behind an Internet mask!



Absolute truth *1105*

People who have a higher insights or education almost always run into the danger not to be understood by many others!

Who is not a mathematician will not understand the principle of an integral! And who had no sufficient physical education and also no interest, inevitably won't understand the principle of quantum logic or the relativity theory!

Many then try to silence the "know-it-all" so that nobody notices that they have only little idea or permanently run after the wrong laws and rules!

That is so far also very easily comprehensible!

However, you will have no success at all if you use your strength AGAINST the truth!

What is true, remains true! Whether you understand it or not!

Truth is not democratic and subjective! It is absolute and objective!

You always recognize truth by the fact that a certain procedure or a course of events ALWAYS delivers the same result, if one always uses the same(!) start and environment conditions and forces!

Or also by the fact that truth can NOT be brought arbitrarily into a suitable and/or desired shape!

Truth simply cannot be "decided" by majority! Even if still so many would like it!

Truth is always evident if there is NO MORE reasonable counterargument!



For good reasons...

Men like pretty women!
And women like strong men!

And that's good the way it is!

This will not change!

The women and men will simply not allow that!



Burning people *1107*

"You can't lite a fire without a spark" means "You definitely can lite a fire WITH a spark!!"

Right!??

So if you want to ignite a fire then learn to burn - or learn to know burning people!

Learning to burn means gathering comprehensive knowledge and vast consciousness about your "THING"!

The bigger the fire is the more durable it will be!

If you do that then the fire will ignite by itself somehow!

Simply by the huge pressure of your will and powers!



Multipotent *1108*

We encounter wonders and miracles day by day!

The first wonder of all you see right before your eyes in the mirror!

Imagine: each single cell of your body contains a DNA! And this is verily huuuuge!

It's coded in only four several alcalis and is written like a book with many chapters!

Every single property of you is stored precisely, so that even the position of the nose of your grandma is there in!

It is right in the middle of your face! Right?

Also the mixed color of the hair of your parents is stored in that memory!

If you are the child of a black mother from Southafrica then you will get curly black hair!

And we own so-called "stem cells" which are "multipotent" and permanently renewed!

That means, every stem-cell is principially quasi "hollow" and gets its specific kind and behaviour exactly at the place of its necessity from the neighbour-cells!

So a new braincell will become its properties through informations of the near other brain-cells!

Or a skincell of your hand gets its kind and look through the mostnear skincells! So a little scratch on the surface of your skin will close itself indpendently and after some days there is no scar to see anymore!

That is only just one quite simple example!

If you watch properly then there are wonders over wonders and miracles over miracles!!

Every day from sunrise 'til dawn! All arond the clock!

Don't you still tell anybody that life is boring!!



Love is far greater than our physical existence!

In truth, the physical perception drastically narrows the real and full potential of love!

Of course we could not talk about love or transcend it, if we were not also our body!

So the existence of love also depends directly on our perceptiveness and sensuality!

Nevertheless, we have the intangible and potentially boundless organ of the brain and the imagination!

Even if we can't feel it directly, the phenomenon of love is contained in and around us constantly in the world or as optimum in the whole universe!

If we don't let ourselves be stopped by borders and obstacles, we are one single world-spanning love organ - and capable of inconceivable love achievements!



All yours *1110*

Every product is as good as it's sellers!

Certainly can a product be REALLY GREAT and the true master of the market!

As far the people know it!

To make the people know, you have to SELL!!!

Don't you ever underestimate the importance and the power of a good seller!

The good seller "makes" the money for the employees salary!

He or she is the all-decisive person in the whole company! Don't let you tell you less!

To all good, honest and fair salesman: hold your head up high - and then GET UP AND MOVE YOUR ASS!!

Complaining was yesterday!

You have one of the best and most crucial jobs in the world!

IT'S ALL YOURS!



Teach longing *1111*

□□□



Selling *1113*

Sellers are considered pushy, inconsiderate and dangerous!

This is due to the fact that man likes to buy something, but reluctant to get sold something!

As soon as the buyer has enough time to inform himself about the product exactly, he has a sovereign feeling!

The fact that thus salesmen are felt as unsympathetic, is alone due to the fact that most pull out immediately the fountain pen and try to urge the customer (gladly also called "perspective") to a binding signature, without giving him time and opportunity for the exact analysis!

What do we learn from this?

If you want to be perceived as a serious salesperson ("sales manager"), leave your pen in the jacket!

Give the potential customer enough time and comprehensive informations and opportunities to thoroughly inform himself!

He will then return to you and buy from you if your product is "decent" and "worth the money"!

What do we learn from this again!

Sell only things that stand up to this evaluation! Have an honest and "price-worthy" offer and provide your customers with all necessary informations!

Give him time and do not exert "greedy" pressure!

The probability that the customer then buys from you is very high!

And don't forget to be kind and generous!

Selling can yet be such easy!



For good and worse *1114*

Who can not smile, should not open a store!

The customer is not "anyone"! He is your employer!

In the most direct sense of the word!

Would you be unfriendly and dismissive to your boss?

If you want to keep your job, probably not!

And if you want to keep your store, then be just as nice, conscientious and friendly to your customers!

He will talk about you! For good and for worse!



Gods manual

1115

The word of God is our manual!

If you ever are unsecure, what your way is and where to turn to, then become still, don't babble in your mind and hear to your inner voice!

Only the calm can hear good!

When the sounds around you are louder than your inner voice, then you will understand nothing!



Recognizable efforts *1116*

If it is your destiny to be with someone, then you will recognize it by the fact that you make recognizable efforts from BOTH sides to get closer to each other!

The most important sign is that BOTH feel that they are honestly interested in each other.

The other will not do anything to undermine your encounters!

On the contrary, you will be surprised HOW MUCH the other sends you signs of interest, friendship and love!

After some time you will have the feeling that you are vibrating in union and you don't have to force or manipulate the other one to anything!

Even if you are separated!

Each of you honestly longs to be able to be together with the other again!

Like two inseparable parts of the same thing! Like the plus and minus pole of a magnet.

You just feel like you belong together and are together destined for great things!

This heartfelt enthusiasm for each other will carry you!



Bow and obey *1117*

For many it is surprising and very unfamiliar to talk about God!

Who has ever carried responsibility, however, can easily understand which unbelievable mental effort belongs to it to make things "right" so that they "work"!

People who are also politically engaged know the (depending on the level) considerably increased forms of being responsible and the feeling of being (also publically) taken up personally and directly!

Our world leaders - from the pope to kings and presidents, supergurus or/and megastars - are at the top of these gigantic demands.

Some are so incredibly famous that they can't take a single step without being surrounded by paparazzi, hordes of servants, supplicants or all kinds of opportunists!

For every believing person it is crystal clear that God is the top of this pyramid!

What is going on on this uppermost level of being is absolutely inconceivable!

Every seed knows exactly what it should become! A flower does not become a tree and no butterfly becomes a rabbit! A lion hunts the gazelle and a fish doesn't have to breathe like us!

Who imagines to possess "some" form of power, will inevitably fail again and again because the "things" (God, the highest spirit, the nature, the universe and fate or whatever you want to call it) happen as they want!

Life does not ask for permission!

And God even less!

So be silent, bow and obey!



Who really loves, loves inevitably all people and the whole world! He/she can impossibly be kept away from his/her love!

He/she simply loves - and this heartfelt and tender love is then his/her nature!

He/she is then deeply grateful to be allowed to belong to those who can love!

Who therefore possess the ability to be allowed to carry real love in his/her heart!

There is no greater reward!



Ringo 24 *1119*

Ringo Starr (Beatles) in an interview on his 82nd birthday:

“Peace and love for everybody!

In my heart I'm 24!

We are aging but we never grow old!”

Simply ask, if you want to know, how he's doing that! There are surprising answers for you!



Observing us 1120

From time to time God bends down to us like a human being who lets a tiny ant crawl onto his hand, observing it contently and then gently sets it down again!



Beware of the dog 1121

It is simply logical that I do not hold my hand in a dog cage when I know that the dog is biting!

Likewise it is simply logical that I avoid people who are not friendly to me or who make arrogantly fun of me!

Humans - and in general all mammals - prefer to go where they feel comfortable and where nice friends are!

Maybe the snappish are wondering but you don't have to tell them all your reasons!

So they probably still stay wondering but that's not your problem!



Significant 1122

Understand that you are a tiny dust particle in the world gear! Or a small piece of a tremendously beautiful mosaic! All universal laws and the divine plan were there already long before you!

But this does not mean that you are insignificant!

No!

Because every smallest action carries the divine will in itself - and the more you act consciously in his name, the more you carry too the whole world at your specific position - and the more your energy moves synchronously to the divine energy!

And the more the divine laws will be fulfilled in you, at you and by you!

In everything you do! No matter if slowly or fast?

The main thing is that you do your "job" correctly and well!

You're exactly right just where you are and just the way you are!

Trust!



Straight ahead *1123*

You shouldn't just "predict" things simply "somehow"! That's no feat! Everybody (nearly) can do that!

You have seriously to "BELIEVE" it! And you have to be ready to fight and to suffer for it!

And you have to work hard on it! Without hesitation and without any doubts!

Always straight ahead!



Bring fun *1124*

Nothing causes more fun than to bring fun to others!

Conjure smiles on the peoples faces!

As much as you can!

Not just being "funny" in sense of dumm silliness but being funny in sense of cordial humor and creating joyful situations with lots of tasteful surprises!

People all have their problems, hard work and sorrows! They deserve a good laugh!

Don't they?



Your purest You *1125*

It is often said that you first have to "defeat" yourself to become free and successful!

This often sounds as if you are your own enemy!

But you are your greatest friend and supporter yourself!

With "defeat yourself" is meant here your own personal/family history, imprints, inclinations and fears!

You are being "shaped" subjectively and individually by your experiences from the family, the environment and also your friends!

This somewhat diffuse "blurring" and the fuzziness of your self-image gives you (some more and some less) the feeling and the impression of foreign determination!

A sensitive and possibly also not particularly resolute character can be "overruled" by it sometimes in the inside.

Thereby you move away more and more from your own intuitive convictions and desires!

This confused picture out of the multiplicity of your conscious (but also unconscious) influences can hinder you in the realization of your own destiny!

THIS is meant with your inner "enemy", which you first have to defeat, in order to really become free!

But you yourself are nevertheless always "THERE"! You never get lost!

With the path through your inner labyrinth of this "foreign" WILL in the overlapping (interference) with your own WILL, the "hero's journey" is meant!

It always runs according to the same scheme:

Awareness, awareness and again awareness!!!

All sages and yogis of this world will tell you all the same:

through the attentiveness of your mind to your actual drives you get to know your "TRUE" self better and better!

You will gradually learn what you "really" want and who you "really" are!

We all have an inner voice! It is mostly friendly and tender!

Just listen to this friendly and loving voice within yourself!

Everything unfriendly and aggressive you can overhear confidently! It is not important!

The next step goes beyond the "reality", that is to say beyond that which only "works" on you!

There the true truth is waiting for you:

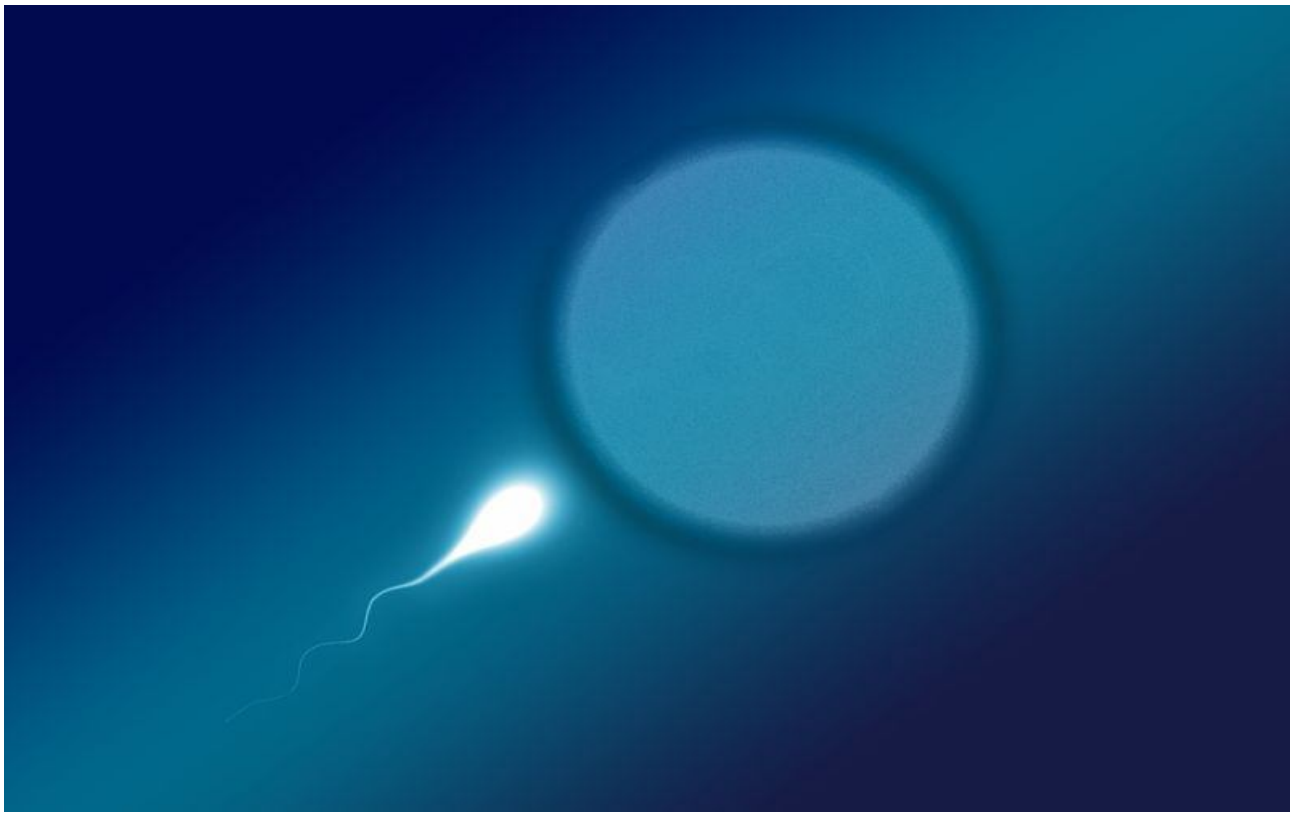
namely you are connected in a miraculous way with the whole universe, with God, the highest spirit, nature or whatever you want to call it!

And this highest and holiest "path" leads you directly to yourself and therefore to your true "ME"!

And this true "ME" will and can never disappoint you!

Because:

THIS IS "YOU" IN YOUR PUREST FORM!



Synthesis 1126

Sometimes people are able to live and to love only because another, who is able to suffer, gives himself or herself up for them!

They assimilate with the loved other being and only by this synthesis new life can arise!

With completely new qualities, abilities and talents!

A completely new, independent and autonomous me!

The egg alone is only an egg and the seed in itself is only a seed!
Only together they form the miracle of life!



Better than never 1127

It is so easy to become a better person!

We all have our quirks and weaknesses and can't express and portray ourselves the way we would like to.

There is a very simple trick:

Whenever you see someone behaving in a way that you would like to behave, just imitate them!

For example, mothers are always willing to do the best they can for their children! And many of us are distorted by "something" or/and "somehow".

For example, if a mother sees a positive behavior in another mother (e.g. cheerfulness or tenderness) then some mothers may be inhibited in this regard!

Don't let it stop you from improving yourself permanently!

Simply imitate the positive behavior of the other mom! Be then also in such a way, like the behavior, which you've observed!

Very likely this will not always and instantly work! But don't let this stop you!

If you do not succeed immediately, then imagine before your mental eye vividly, how you are in such a way, as you would like to be actually!

Imagine this positive picture as vividly and as clearly as you can!

Again and again!

And with the time you have then got used to this thought and to this picture so much that you "sometime", perhaps after hours, days, weeks or even after months, this positive then simply will do!

And you will perhaps be surprised by yourself, and the respective other person probably also! But it will understand you intuitively and accept you as you now are!

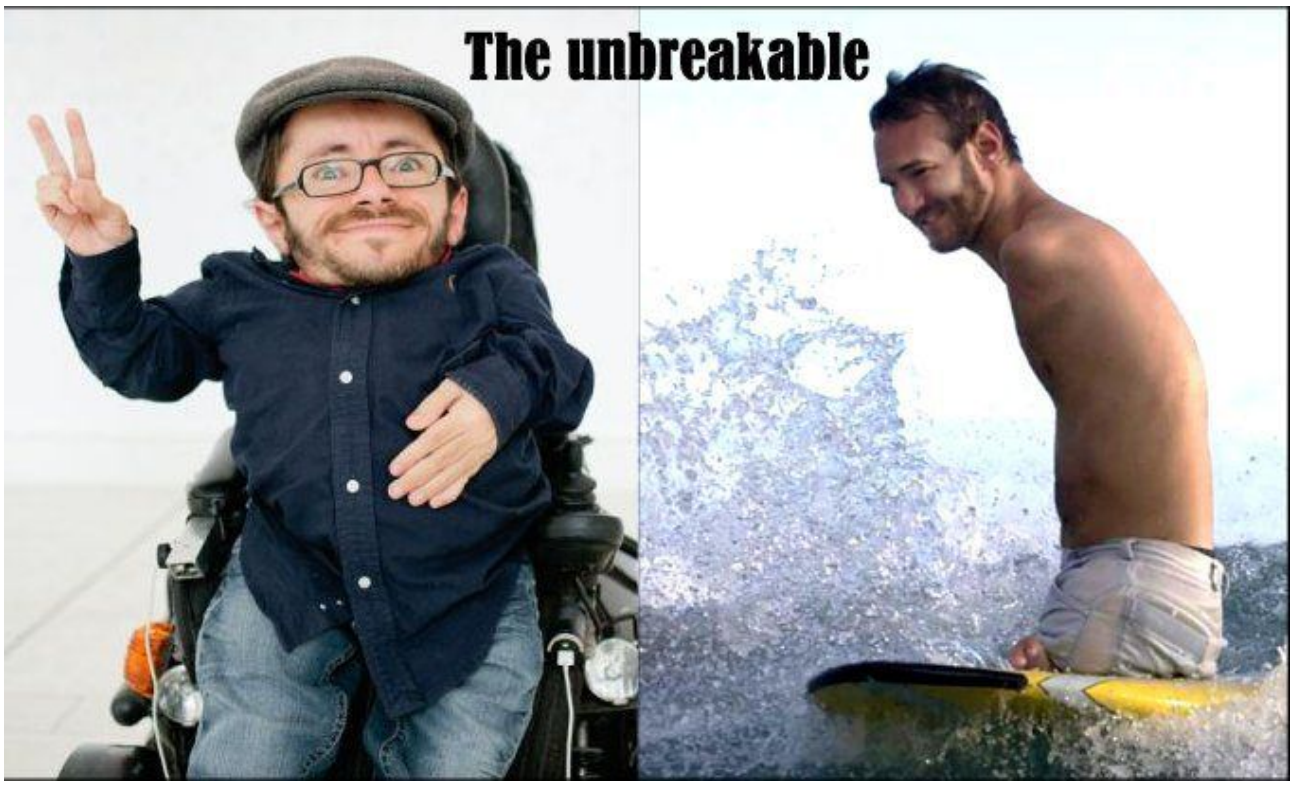
This moment of irritation doesn't make anything! Just go on! Always a little bit more and always a little bit better!

The same applies e.g. also to superiors opposite their coworkers or coworkers among themselves!

Optimize your behavior! This is called "optimism"!

The belief and the firm hope that things can get better!

Sometimes late! But late is still much better than never!



Fairness of life *1128*

No matter what you encounter in life! You can always decide!

The one uses life and everything what meets him/her to learn something new, to accept the challenge and to become stronger, more mature, better and better and more useful for others!

Or he/she sits down and whines generally about the unfairness of life!

I know someone who has the brittle bone disease (Raúl Krauthausen)! He is nevertheless mentally a real giant and has never retired to complain!

He always gets back up again! No matter how painful some injuries may be!

He is just built that way - and he blames no one! He accepts himself, just simply like the way he is!

To whom you give the blame, you give the might!

Another case is Nick Vujicic! He was born with no arms and legs - and gives powerful motivational lectures about mental power and perseverance in front of many thousands of spectators worldwide!

Rise above your resistances, accept the challenge and do your job as good as you ever can!



Refreshing and sweet *1129*

If you are a tangled undergrowth in yourself, then don't be surprised if you only get ahead with difficulty and others only with difficulty get through to you!

To be "in order" means to be in order in yourself!

Be tidy and clean! Listen attentively and don't be pushy!

Be a generous fountain of clear and delicious water for everyone, that refreshes people and makes them lively!

Be powerful and bear much sweet and nutritious fruits!

Sweet is the warm friendliness and the cheerful smile!

And refreshing are new and helpful ideas full of wit and charm!



Spiritual awareness *1130*

Spiritual awareness is an art of listening, an art of thinking and dreaming and an art of watching and an art of - even spiritual - doing!

Like an artist you have to be a very talented being and a very specific and fine kind of obvserver!

No good painter or no virtuous musician is capable of doing those astonishing deeds without training and without a strong routine!

Never think that it comes to you over night (perhaps sometimes it does anyway :o)), but it is a job of really dilligent trainings to become really aware of the mostinner sustances of a situation or/and an individual!

You will see very strange and far remote places which sometime has nothing to do with what you are used to!

If your heart isn't beating for that and your soul isn't burning for that,

LET IT BE!



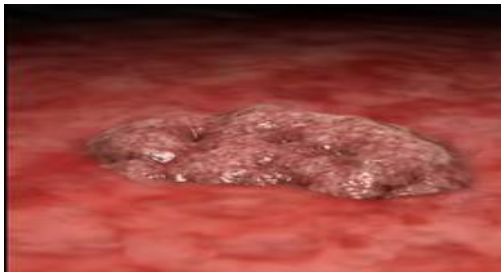
2FPC rule *1131*

How about the “2FPC”-rule?

Be:
---
fresh
pious
cheerful
free
peaceful
cheeky
and
friendly!

If you are that way, you always are on the right path!
Means:

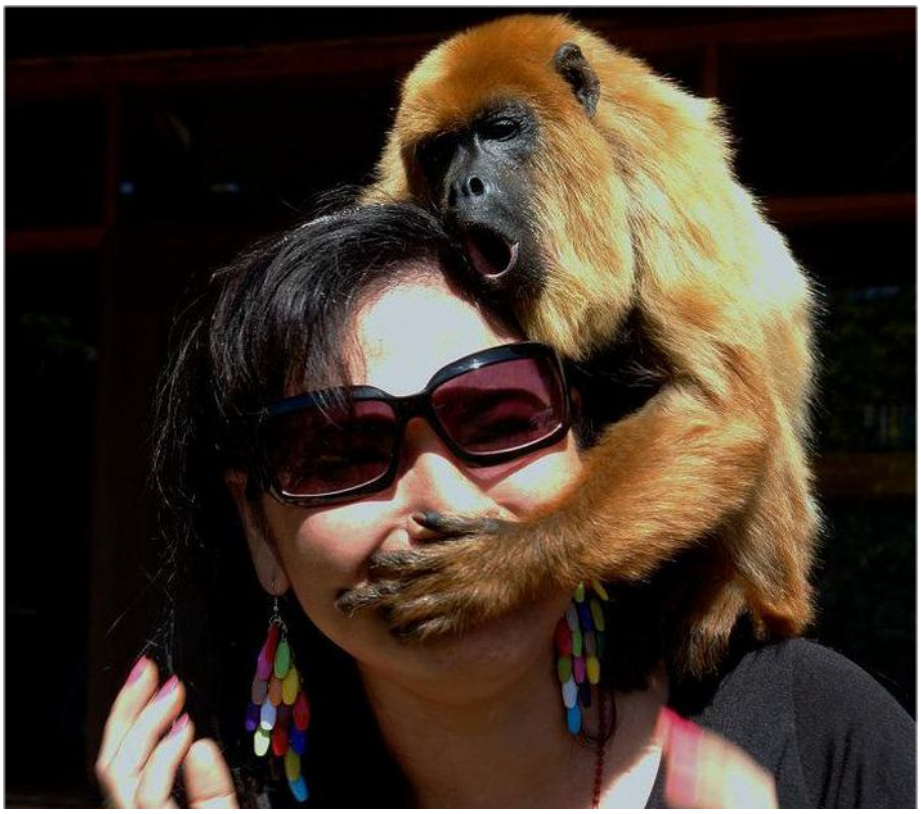
Fresh: wide awake, attentive, prepared, smart and quick.
Pious: God-loving, cordial, just, fair, humble
Cheerful: cheerful, undaunted, optimistic, funny, trusting
Free: independent, open, honest, enjoyable, fearless
Peaceful: peaceable, unarmed, communicative, accessible
Cheeky: straightforward, uninhibited, unconcerned, direct and companionable even towards authorities!
Friendly: not hostile, friendly, obliging, helpful



Honeybee venom *1132*

Honeybee venom kills cancer cells!

https://www.youtube.com/shorts/clE9xXzySsI



Shut up *1133*

If you don't have to say anything good and pleasant, then stop complaining and rather shut up!



Gush *1134*

Let the source gush...

Let's spread love - the greatest gift of all!



Don't mind *1135*

You don't need to ponder every day how people think or how the might react!

That's not your job!

Be aware your friendly inner voice ... realize your happy "ME" ... "know your way ... trust ... and go it!

THAT'S ALL!



Free your soul *1136*

Your soul can fly! With no ends!

Only your imagination is what bounds you to THIS reality! And another imagination is another reality!

Think wealthy and worriless - and you'll become wealthy and worriless!

For your soul there are no walls and no borders!

With your soul you can SEE directly into any heart and mind!

Imagine true love and you'll be love! Instantly!



New chance *1137*

Don't forget to live REALLY aware!

Nothing is just "SIMPLY SO"! Behind each curtain waits an enormous surprise!

If you can see it!

For most people this tremendous gift rushes along and over without being consciously getting aware of it!

Anyway ... that's just life the way it is!

But for some it's THAT new chance and THAT new opportunity!

IF YOU CAN SEE IT!

STAY AWARE AND BE VERILY GREATFUL FOR THAT LIFE AND THOSE PRECIOUS PRESENTS EACH AND EVERY DAY!



Inner light *1138*

What actually is "enlightenment"!

With that it is meant that someone switches on his or her "inner light"!

The process of becoming conscious about things and also about his own inner strivings and needs, inevitably leads to the fact that the one who becomes clearly "conscious" about something, afterwards is guaranteed to know more than still a few minutes before!

That is natural and an irrefutable natural law!

This process can be very exciting and interesting - and sometimes also a bit confusing!

Who then remains "cool", possibly begins to find pleasure in discovering more and more new things and connections!

By ever deeper and clearer experiences and insights then a state is reached in which this searching and discovering becomes the inner - and often also unconscious - own nature!

Sometimes then an effect realizes itself, in which subconsciousness and consciousness are no longer so concretely separable from each other!

The unstrained perception of one's own deep drives and conditions (psychological) is then experienced as a permanent and intense awareness!

A fundamental effect is then that the "enlightened one" feels himself or herself less and less separated from God, the universe, the supreme spirit, nature or whatever you may call it!

In this way he/she has realizations from all spheres of existence and is described by very many people as "wise"!

This extended "perception" of truth is called "enlightenment"!



Forever young *1139*

Forever young - forever free!

Mutual real love is the shortest way to "blind" trust!

A truly loving person will never do anything bad to you! He/she will always be concerned about your well-being and your safety!

Close your eyes and let yourself be guided by a truly loving person! Try it out!

If you don't have "blind" trust in his/her guidance, then this person doesn't really love! Or else, YOU don't really love!

Learn to let yourself fall deeply and comfortably!

The more you trust yourself the more you trust others!

Because you come from trust and are made from trust!

You don't know any other kind!



Network breeding *1140*

How to "breed" a network!

First invite thousand or more only of the best of the best (worldchampions etc.), the richest of the richest (Dubaisheiks, IT-billionairs etc.) and the most famous of the uppermost famous celebrities (George Clooney etc.) to your network.

Round 3 to 5 percent of them will follow! Guaranteed! No matter how great, rich or famous!

In step two invite even more of them (there are totally enough - believe it), but now you advertise with the three toppermorst known celebs!

Sportspeople with sportspeople, actors and actresses with acrors or actresses, popstars with popstars, politician with politicians and superrichies with superrichies and so on.

This time even 5 to 7 percent of them will follow the invitation eagerly!

In the third step invite even much more, but now with the currently topfamous members!

Again everybody by its kind!

After round three you will have a network of round 300 (evtl. more) absolute toppermost famous persons!

But be really enduring!! That will take 6 to 12 months of dilligent work!

From some billionairs, the most mighty politicans, the most popular actors up to worldwide wellknown authors or popstars ... and ... and... and...

Don't forget new curious people who want to become your member without invitatons only because of the already popular members! The other way round they will ask YOU to may become a member of your obviously precious network!

Believe me: IT WORKS!

You will have an amazing large amount of the most popular members ... and everyone of them will know your name!!

Okay ... not everyone! Round 80 percent of the accounts of wealthy people will be managed by agencies! But the remaining 20 percent (50 to 100 people) do manage their account by themselves!

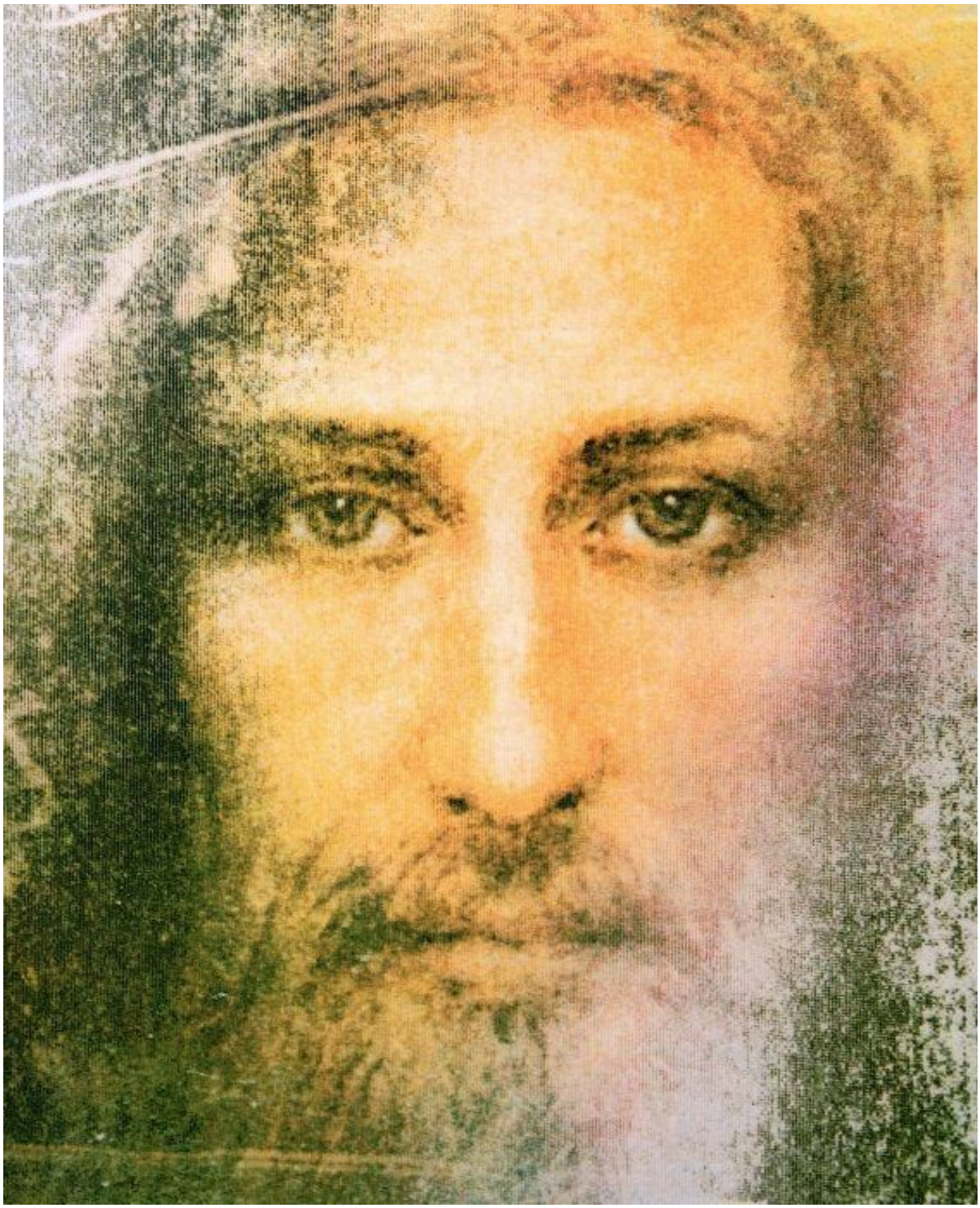
And they WILL get aware of you and your name!

And again round 5 to 7 percent of them (3 to 7 people) will react on you and reply on your messages!

Imagine: Shakira or a rich sheik from UAE or a mighty political partyleader reacts personally on you!

And then: TRY TO HANDLE THEM GOOD AND CONVENIENTLY!

It's a verrrrry thrilling "game"!



JESUS is not just a cleankeeper or emergency nail, which you remember when you are in a bad way! And whom you forget when everything is good again!

But anyway - yes, indeed! ... He **IS** your emergency nail!

But not only in bad times! Also when you are well and jumping happily!

He always jumps beside you! He is happy with you like an innocent little child!

He loves you so unbelievably unimaginable that he then forgives you simply EVERYTHING!

How easy it is for you (as a simple human being) to forgive someone, if you love him or her tenderly from your heart!

Now imagine, JESUS' love is infinitely greater, more heartfelt and deeper!

You can't really do anything wrong!

Except one thing: to be heartlessly evil, ice-cold, cruel and hateful greedy out of your free decision with no regrets!

He doesn't like that much at all!

But also then he will build you again and again thousand bridges over which you can safely go!

To him, his hearty love without end and to joyful eternity!

If you only WANT! To accept him tenderly and to let him carry you securely in his gentle arms!!!

HE KNOWS THE WAY!

Rely on it ... AND TRUST!

Imagine: He promises that everywhere where this picture is honored, there He is Himself for real in person!

And whenever you want to be sure to be on the right side, then just say "**My Lord JESUS CHRIST**!" (Corinthians 12,3). Nothing more but this!

This sentence is sacred directly by the Holy Ghost!

NO EVIL BEING WOULD EVER BE ABLE TO SAY THESE FEW WORDS!

As soon you are saying this, then be absolutely sure, that you are a G**ood One**!



Attract attention 1142

By nothing you can attract so much attention, as by praise or insult!

The "normal" praise is nothing special! But cheering is!

And a solid insult or a clear provocation remains long in the memory!

But always remain cool and decent!



Easygoing 1143

Easygoing friendliness is a good advertisment!



Conflictshy *1144*

Do you notice how many people just click on a "smiley" to express their opinion? Or the short "innocent" and "risk-free" comment "Yes, exactly!" or "I see it that way too!" or "I would say so too!"

Conflictshy "yes men" wherever the eye looks!

The word "opinion" has something to do with a concrete personal judgment! So to articulate an "OWN" view of a thing, even if it is not always so "streamlined"!

As thoughtful as possible and with hand and foot! FULLSTOP!

To make Germany again a wise land of poets and thinkers, it will probably need generations!

Hopefully I will get disappointed with this "opinion"!



Worryfree *1145*

PERFECTION

When one says - as in the Upanishads:

"As our desire is, so is our will! And as our will is, so is our action! And as our action is, so is our being!"

So then, in the end, we "ARE" our "DESIRE"!

We would become as it corresponds to our desire!

Without mental discipline, without clear and sober decision and without lively freedom!

But THINK!

We are and become exactly as we are meant to be!

This is not a mystical "legend" of our will and becoming!

This is a very simple "TRUTH"!

We are as we are meant to be! This is not our personal decision!

The freedom consists now just alone in the fact, that we are "destined" to innocent joy and to personal happiness!

And that we WANT this cheerful way with childlike joy, helpful generosity and in heartfelt love for the world and all its beings also exactly like that!

Without doubting and complaining!

Our "desire" is the freedom from worries in joy and love for All!

And if you want it so, then the Vedas are right: those, who have this desire, will become then also so!

Free, exuberantly joyful and lovingly tender to everything and everyone!

We become like we SHOULD become!

And ... exactly SUCH we SHOULD become! From the very beginning right before all times!

We are not an "accident" - we are the goal of that whole development!



I always notice how busy most people are with their self-pity and their aches and pains!

You can work and be successful as much as you want!

If you do not defeat the self-pity, you will always be unhappy and think that always somewhere the "even greater" happiness is waiting for you!

Throw the complaining and negative, pessimistic thinking completely out of your life and learn to be content! Also with the small happiness!

Don't think that there is always someone somewhere even richer than you, but learn that there is always someone worse off than you! And give him or her a helping hand!

Get easier and learn that you are blessed and have much reason to be grateful!



Impressive ***1147***

Super illustrative example:

https://www.youtube.com/watch?v=pLF_kTRXVUo

Small tip for entrepreneurs: be to your company and your people, like a mother to her child/children! Because a company is in principle nothing else, as YOUR "child"!

Always be...

- endlessly patient
- always kind and unbreakable
- cooperative and constructive
- careful and cautious
- understanding and tolerant
- social and affectionate (cuddling)

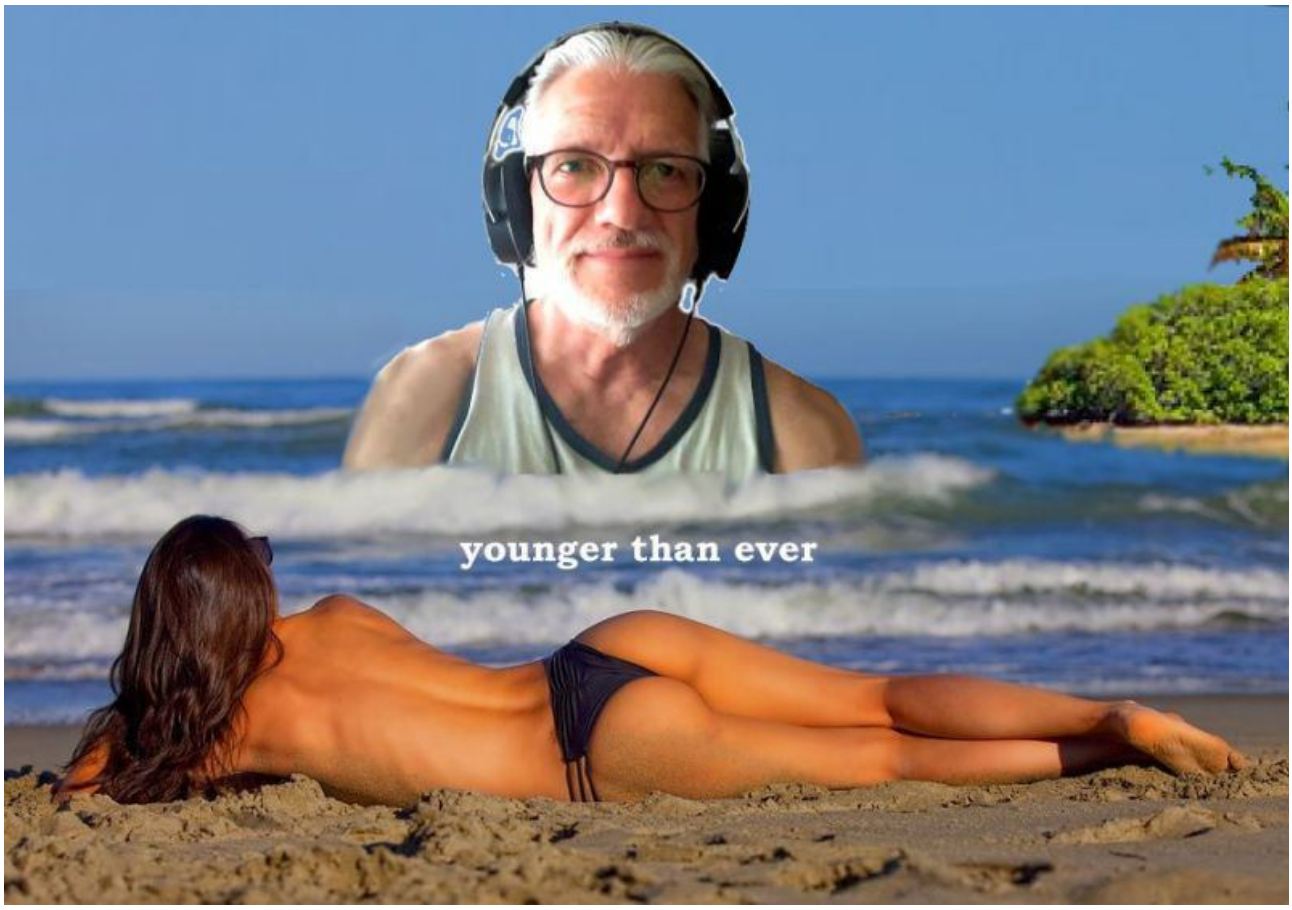
So...

- just love them!

Like a mother loves her children!

This is an INVESTMENT IN LOVE!

Your children respectively also your company, your employees and the warm "chemistry" in the company will later give you everything back!



Younger than ever ***1148***

https://litzkendorf.net/Make_My_Day-Mike.mp3

A good friend of mine (fresh 68yo bodybuilder) has written, composed, played and sung "MY" new summerhit 2022:

"MAKE MY DAY"!

That makes not only my days! What love can achieve!

Take your loved dear and ...

D A N C E AND L A U G H !!

Such the life can move on....



Love does express itself by all such wonderful things, which are felt as love!

Love is not being "silent"! Love is tender affection!

Love is not being simply "tolerant"! Love is to be open and honest, but gently, without hurting the other!

Love is not simply "understanding". Love is accepting! As the other one yet is! Exactly so he/she is meant to be!

Who loves truly, can do nothing really wrong!

Do whatever you want! - BUT UNDER ONLY ONE CONDITION: LOVE DEARLY!!!

Genuine, cheerful and tender! Then everything is right!

Only when you can do all this, then you will finally learn to love yourself completely! The way you are - exactly that way you are meant to be!

With all your quirks and mistakes! Come and love life as you are!

But at first do love honestly! And then do whatever you want!

Genuine, cheerful and tender!



If you are seeking truth, it means that you believe, you haven't found it yet!

But you ARE the very truth yourself - and also the world around you! So don't seek for yourself, because you are already there!

Do not believe in the power of the lie!

The lie is chaos - it is weak and very short-lived! Because one lie forces the next one! And who lies, must have a very good memory!

Keep clear order also inside of you!



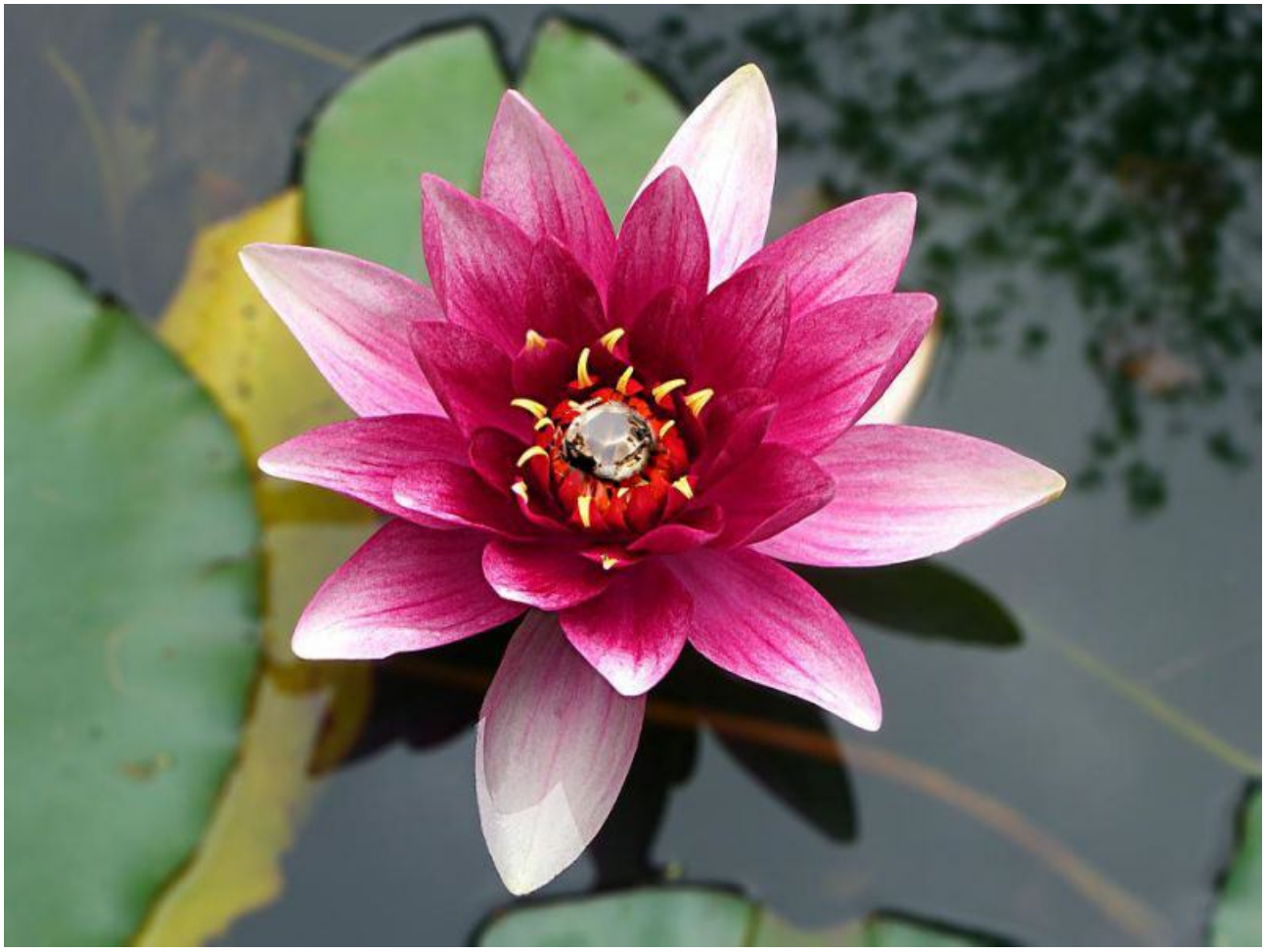
Don't mess with God *1151*

If God, the universe, the nature, the highest spirit or whatever you may call it, has a bad day, then its weakest performance is still millions of times stronger than the people!

And its most foolish decision is still millions of times wiser than the people!

So don't even try to mess with him/her/it, because God knows your decisions millions of times earlier than you yourself!

On the other hand he/she/it loves people much who have understood this!



Diamond in the Lotusbloom *1152*

Also you are born as a diamond and pure gold with a free heart and with an incredible treasure of talents and possibilities!

You are meant to be free!

Our circumstances, family, education or/and society can possibly "pollute" you. Like by wrong beliefs, by stray thinking or also by bad intentions!

You have become "stuck" and "dirty" by it. Like pitch and patina this wrong "YOU" sticks to you!

God, nature, the universe, the great spirit or whatever you want to call it, does not like this and has another plan with you!

If you allow it, this divine and universal elemental power will purify you again and again!

Like a lotus blossom!

This power cleans inevitably at you until the noble and the gold at and in you appears again and can shine!

So that you can unfold your enormous forces!

To be helpful for the human community and to bear valuable fruits again and again!

In Buddhism it is said: "Om mani padme hum" - the diamond in the center of the lotus flower!

That means, it is (almost) impossible to pollute a lotus blossom and with the diamond you can still cut through even the hardest resistances!

YOU are yourself this diamond within the middle of the lotusbloom!



No muscles no strength *1153*

Without muscles there is no strength!

Anyone who has ever been in the hospital for a long time can very easily understand this statement!

The muscles become less with each day and errands, which one made so far with ease, fall ever more and more heavily!

Even climbing stairs becomes a huge challenge!

But once you get back home, your muscles and strength increases again!

Having no strength to lift and move even simple things is an extremely uncomfortable feeling!!!

It is similar with our intelligence, mind and soul!

From time to time you have to move all muscles sufficiently! Also the intelligence and soul muscles!

Otherwise they atrophy and become smaller and smaller!

For example, how about a hearty laugh or a refreshing hug? A kind word without cause and an honest compliment for no reason!



Childish *1154*

It may be that you have a naive childhood belief!!!

But it's faith! Straightforward, simple, innocent and loving!
It's definitely not the worst!!

Definitely far better than "reasonably", "sober" and rationally not to believe and not to love! Believe at least like the kiddies!



No matter *1155*

No matter where you are and what you do!

Even if you think that guaranteed no one can see you and you are completely alone!

Do not forget to smile heartily!

So that God can always fall in love with you again and again!



COME *1156*

If you are or want to be a true man or woman of God then be deeply aware that He is also the "inventor" of men and women!!

The entire world with all its creatures, strives and wishes and all its characteristics and properties makes SUCH a huge lot of sense!!

How can an ingeniously perfect architect or inventor not love His building or His invention?!

He won't start it all over again!! The dices are fallen!

He loves you just the way you are!! Without boundaries or conditions! "Come as you are! But come to me...", He says!

"COME, COME!!"

Feel yourself DEEPLY and DEARLY loved by God!!!

"COME!"



Passionate ***1157***

Work on or with something you are truly passionate and awed about!

The real key to success lies solely in finding something that you really love deeply and passionately, to which you devote all your energy and do everything to push it further and become better and better with it!

Something you are on fire for!

If it's something you truly enjoy from the heart, you'll never lose motivation and you won't be distracted from your goals for trivial, short-term effects or pleasures.



Gods frequency *1158*

I have already said it often, but I say it again and again and over again!

Because it is simply incredibly important for a successful life!

For my conviction it is the most important at all!

Whether you believe it or not: God, the universe, nature, the Supreme Spirit or whatever you may call it, IS CONSCIOUSNESS!!!

This consciousness vibrates (transmits) on very specific frequency channels!!!

There is no coincidence!

Namely, as soon as you also get involved in this frequency (many call it meditation or prayer) and synchronize with it, you inevitably come very close' to this special power!

There is no higher power than the "divine" one!

This consciousness will correlate more and more with you - and (very important!) it accepts negative vibrations (anger, envy, stinginess and violence) ONLY if they make a constructive "sense" and justice for the world!

So if your vibrations are not positive, they are (almost) completely ignored!

All of your positive vibrations (emotional expressions like joy, heartfelt warmth and/or tenderness) automatically(!) amplify in this frequency field (some call it "matrix")!

To the "holy" consciousness everything positive and loving is simply more sympathetic and it will promote and support your positive goals and intentions!

Many successful positive and loving humans can enthusiastically confirm, that "suddenly" from a certain moment on many things happen (almost) as if by themselves, that little by little everything makes sense and things independently "fall" into the right place!

The synchronized human spirit comes with it into a positive "fairway"! And the successes and also feelings of happiness then speak their own language!

The better you "synchronize" yourself, the more and clearer! And the more content and joyful you will live!

This is a natural law!



Partytime *1159*

Always be well prepared! You never know when your time will come!

Imagine: You come to a party!

At this party people are standing around listlessly and indifferent! They hardly laugh and look at the clock from time to time to see when they can best disappear again inconspicuously.

At another party people sit down comfortably on the grass, talk happily, drink and occasionally eat something, laugh heartily, make music and even dance and sing together!

Which party would you rather be invited to??

You see?!

Why should God, nature or fate decide otherwise?

Honest and carefree cheerfulness IS THE KEY!!!

So always be well prepared and be honest, carefree relaxed, cheerful and friendly!!!

Then happiness will inevitably come to you also!



Mental capacity 1160

Intelligence and attention have mostly something to do with each other!

The mental capacity and the reflexive focus more often provide an intelligence person with the possibility to grasp several things at the same time!

But the highest level of true intelligence you can ever reach is the serene intelligence and friendly awareness of the heart with a tidy soul!

Nothing is more attentive than it!

So lead your focus on love! That is the best and most successful you can ever do!



Listen and solve 1161

Listen carefully to what problems people have, enjoy your work and phantasy, solve as big a problem as possible for most people and become successful!

It's as simple as that!



Dinoshit *1162*

If the dinosaur makes a giant pile, then the flies and bugs rush en masse on their new "treasure" - and "examine" it for usable!!!

THIS STILL MUST BE SO!!!

They decompose the large pile into thousands of small tiny particles, where they are crushed by even smaller creatures such as worms and bacteria until they are completely "utilized" and can return to the eternal cycle of nature!

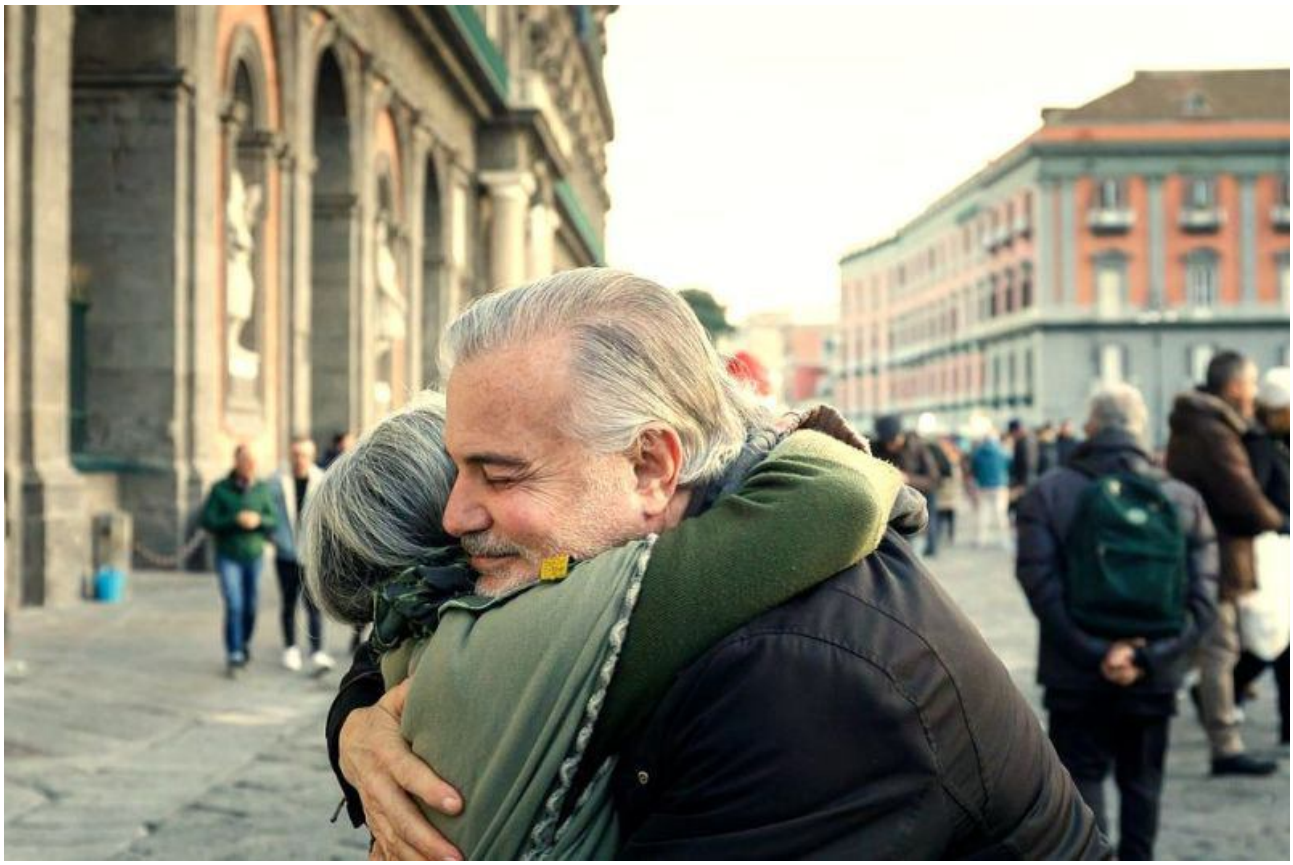
And there they become either as plant or animal again food! Maybe again for dinosaurs or also for mice, lions and eagles or for cats!

On which side do you see yourself?

Saurians or bugs? Or however as mouse, lion or eagle?

Bugs will never become dinosaurs!
And dinosaurs never become bugs either!

Mice never become eagles or lions and eagles or lions never become mice!



Market gap *1163*

You can't get rich by nothing else so fast, as by giving away!

How often do you feel annoyed when you search for information without obligation and are harassed, insulted or dumbed down every now and then by some money-grubbing "entrepreneurs"?

This is the experience of at least half of all Internet users!

And such advertising campaigns, "webinars" and information events destroy trust in gigantic quantities!

It's like in the red light district, where every 10 meters another bouncer tries to drag you into the next "establishment"!

Okay ... sometimes money is loose and curiosity wins! But ALWAYS?? No thanks!

We are ALL looking for honesty, authenticity and the relaxed feeling of being at home among friends! Without having to constantly watch my wallet!

Honest kindness and un-greedy helpfulness is a gigantic "marketgap"!!!

These "softskills" are the basis for peace and cordiality!

Be perceived as an honest and kind helper and as a generous person (simply as a "human being") - and people will trust you!

If you have a decent service or a good product to offer, (perhaps also rich and powerful) help-seekers will sooner or later positively take notice of you!

You synchronize with the great human soul and swing relaxed in the rhythm of the world!

At the beginning you will probably not become rich fast, but in the meantime you have a good conscience and a firm, restful sleep!

And in the end it is exactly THAT what we ALL are looking for: love, peace, joy and friendship!

So everywhere only: WINS, WINS, WINS.....



Shortcuts 1164

There's gonna be a huge need for logical shortcuts in the near future!

The complexity of the projects grows due to the Blockchain, DeFi, NFT and Metaverse technology, (in principle identical in the primal core) etc. in before unimaginable heights - but the intelligence and receptivity of the "normal" human being is biologically limited!

Still there are hour-long or even day-long(!) webinars and videos to these topics, but the "normal" human being is hung up thereby mercilessly, since nobody will/wants to do these enormous amounts of time to him/herself and/or also the fewest will be able to afford it!

One just can't unfortunately make a primary school pupil simply an ingenious physicist! Sorry!

The demand for conclusive and informative short descriptions and instructions will grow exorbitantly in a very short time!

As a successful IT author, I have learned how to radically abbreviate the usual and mostly superfluous (and self-indulgent) "blather" and limit it to the "REALLY" important statements!

The bait (explanation text) MUST still taste the fish (usual education citizen)! And not the angler (author)!

The mighty challenge thereby is however that all those, which want to represent something easily understandably as well as "briefly and succinctly", must have understood the respective "hot" topic just as logically, briefly and succinctly and be able to convey eloquently!

An enormous new market for knowHow NFTs!
I am curious! ;O)



Real deep and true love can change the world totally and radically even down to its foundation!

ALL YOU NEED IS LOVE!!

The best tipp you can ever get:

If you wanna really become successful, then learn, train and love love!

That is the shortest way to enormous widespreading success!

Remember: "Music is Gods own language"



In advance *1166*

Real leaders do not use conjunctions!

"Would, should have, could, would have to" and similar "contingencies" are almost never in their vocabulary!

Since they intuitively and instinctively "KNOW" what to do and which is the right way, their speech consists of sure statements!

Like "will, must, can, want" and similar clear statements!

They make sure long before they make a statement and decision! So to say: when all others are naively sleeping!

They have already clarified all "eventualities" and excluded them surely if necessary!

And they are not simply stubborn if they remain with their opinion, but they have considered all "ifs" and "buts" in advance and have already made a clear decision long before!

There is no more logical reason to change their mind or to reverse a decision!

Someone who constantly apologizes and revides decisions often or/and explains it cumbersome, he or she has simply not thought to the end!



Arable soil *1167*

For that a society, like also a company or the person in itself, does not "sink in", it MUST be "moved" - like arable soil - from time to time, so that it becomes airy, free and fertile!

Air, love, sun and water are the most important components of a healthy growth!

"AIR" - is the free association of the own potentials and possibilities! Breathing through and feeling one's own power!

"LOVE" - is the hearty benevolence of success and innocent joy of doing, without imposing conditions!

"SUN" - is the cheerfulness from the heart, immanent humor without irony and cynicism, as well as closeness and warmth in dealing with the world and people!

"WATER" - is the energy carrier, which carries all important components to the right place! Such as optimism, willingness to perform, and motivation, as well as joy of work and movement!



Well prepared *1168*

Who does not know it?

The fear!

Who does not know this deep longing for deep peace and everlasting relaxation deep inside our soul?

Fear arises from the worry of losing something important!

What could that be?

First of all there is the fear of death!

And next the fear of pain and horror!

Or the loss of a near person, like partner, parents or children!

And how often have you survived a situation that you were afraid of before?

After you overcame it, the fear was a little less!

This is because in the moment of overcoming you clearly recognized that there was or there is or there can be and there will be a rich and joyful life AFTER THE FEAR!

Only the plastic imagination of the overcoming of a fearful situation or a test can take away the fear from you! Or at least relativize!

If you have already survived 20 accidents as a racing driver, then the fear of an accident becomes less and less, because the racing driver learns better and better to behave in dangerous situations CORRECTLY and SAFER!

So there are at least two very effective ways to control or reduce fear:

1. don't get "TOO" attached to something and don't get "TOO" dependent on it! Like e.g. not too dependent on money, success, recognition, fame and knowledge or even on another being!

2. the second possibility is to look at the frightening things slowly(!) from the proximity and to recognize where possibly dangerous borders exist!

So you lose the fear of the fire if you approach it slowly and recognize what its peculiarity is and where your limits are!

You lose the fear e.g. of an improvised speech in front of many people, by approaching this situation slowly and gradually expanding your limits!

First try a short, free speech in front of your parents, your partner or close friends! And then in front of more and more people!

Only when you make these exercises your everyday life, the knot will burst more and more - and your fear will inevitably give way little by little!

They say, "A clear conscience is a good resting pillow!"

Be well prepared!



Dwarfs and giants

1169

One must distinguish apparently also intellectually and mentally between dwarfs and giants!

What an intellectual giant recognizes clearly and logically, can be completely unattainable and mysterious for a dwarf!

What lets a mental giant completely cool, can mean the manifestation of horror for a dwarf!

So what's the use if the giant elephant is upset about the short-sightedness of the ant or the nimble mouse is upset about the lumbering giraffe!!!

Only the consciousness about the many differences lets you live in serenity!

And who knows what the elephant could use the ant for and the giraffe could use the mouse for!

The mouse could perhaps tell of the fascinating world behind the small dark hole or the elephant of the cool water holes or the ant of clever organization or the giraffe of the sweet fruits above at the big trees!

So before you get annoyed "once again" about the obtuseness of your neighbor or colleague, get clear about where your differences could be!

Man is, as he/she is and he/she is not going to change, just because you get excited for the thousandth time!

Save wisely the strength, time and nerves if you consider yourself intelligent and reasonable!



Sluggish beauties *1170*

There appears more and more a gargantuan gap between smart knowers and sluggish dummies! And between fast richies and slow poories!

How is to fix that hole in time?

It can be fixed as soon smart knowers love slow poories and fast richies love sluggish dummies!

The true value can lie in very special and subjective skills and properties which have nothing to do with intelligence or money! Maybe in the kids!

Maybe with sluggish beauties and poor but lovely persons!



Lustful drug 1171

I slightly experienced some different drugs,
BUT
reality is by far the topmost lustful drug!



Cold reading 1172

What actually is "warm reading" or "cold reading"?

It concerns here the "reading" of humans! Their qualities, preferences, character traits or dislikes!

This kind of the personality analysis is used by very many people frequently, trickily but imperceptibly. Sometimes also very sovereign and routinely! E.g. by concretely trained recruiters, thus "personalers" in hiring talks!

"Warm Reading" knows everyone and applies it also unconsciously permanently!

If someone has e.g. many photos of horses on the wall, then you can assume with very high probability that the apartment owner loves horses!

If you then say to him/her on the top of his/her head, without looking or pointing at the pictures, "You love horses!" then he/she may nod in surprise and say "Yeah, how do you know?"

This is "warm" reading! You conclude from openly recognizable circumstances, attitudes, characteristics and objects and their logical combinations on the typical character traits of a person!

You can see thus into the cards of the other person and guess from it, what is important for this person!

This is pure matter of practice and can be learned in principle by everybody!

With cold reading it is a bit differently! This has a lot to do with an extremely awake mind and a lot of knowledge about the most common personality structures, archetypes, psychology, primal fears and e.g. the effects of hysteria and courage!

For this purpose one explores (like once the master detective Sherlock Holmes) from a vast amount of mostly hidden circumstances, characteristics and facts and their unerring combinations, the highest possible probability of an inclination, preference, resistance or an action or reaction of the counterpart.

This knowledge is gladly used by woman hunters (PUA = "pick up artists") to break the natural resistance of a woman and to make her submissive!

To explain this very complex process here would lead much too far! The possibility to err elementary can be enormous! Therefore absolutely no guarantee for any statement can be given in this framework!

Who wants to deal with it more exactly, can inform in the Internet under "warm reading" more exactly!



Spinning big wheels *1173*

Have you ever wondered how the world goes round and round and seemly no one has driven it?

Think that behind EVERY company, EVERY social effects and ANY factual circumstances is ONE solely concious brain!

This totally extraordinary spirits like e.g. Nelson Mandela, Gandhi, Steve Jobs or all the US-american presidents and Putins on this planet effects the world! Through and through!

Or those, who invented the car, the washing machine, the fridge or tv.

You can't see these forces obvious and directly, but like the wind rushles through the leaves these magnificent spirits are ruling the world!

In the endconsequence believers call this force God or nature or the highest spirit of all or the universe!

Even if you can't see it, they are inevitably there!!

Think and feel...



Homeoffice vs. teamsport *1174*

Business success depends how much your team or employees identify with the companys target! If they work like officials and do not FIGHT for their personal own THING then bancrupcy isn't far away!

Success is ALWAYS a question of the shortest ways, the quickest moves and the gathered best knowledge!

If employees know that and they fight for their own and their familys existence, then they are very seriously interested in the shortestpossible and fastest ways and in the most modern know how by themselves!

And only then THEY will automatically demand to work inside the company together with their dear collegues!

Who doesn't want this, is logically not a friend of that company.

Economical success of a company is inevitably a team-sport!

That can never ever be seriously discussed!

There is only ONE truth!

By the way: How would soccer from homeoffice looks like?



Best advisors 1175

The death and the real life danger are your best friends and the best advisers!

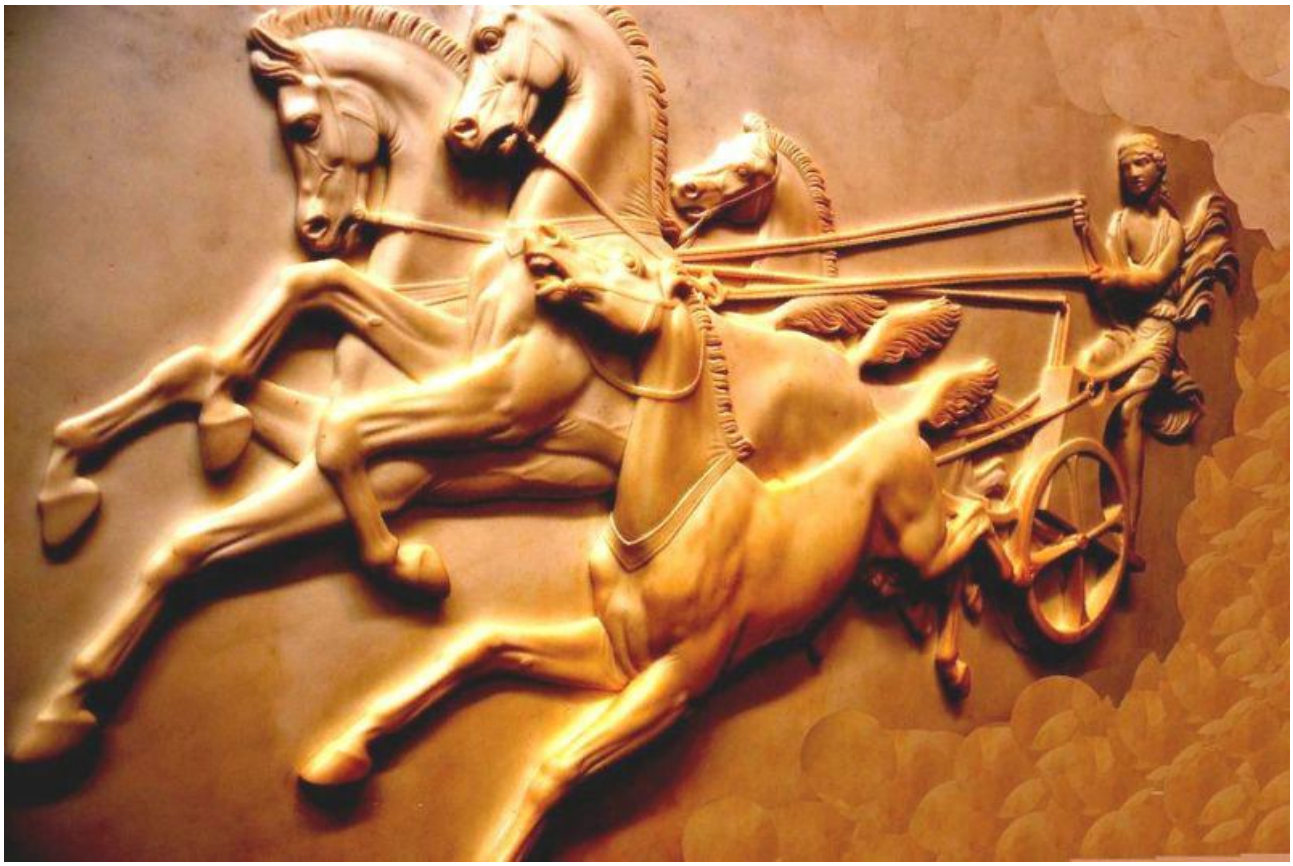
They always go one step behind you!

Nothing makes you more awake than real danger!

And if there is none, then imagine it! But calm and without any panic! It's only an indangerous imagination!



The prices are rising 1176



Social gladiators *1177*

What's the difference between gladiator fights in ancient Rome and today's social media platforms?

Back then, the gladiators fought for life and death in the bloodiest way possible, while the decadent spectators almost choked on the sweet snack grapes from the sheer excitement of the painscreams! And otherwise bored "enjoyed" the gruesome carnage comfortably reclined from a safe distance!

Today StartUps and also other companies present themselves in high gloss animtionen with their newest ideas and developments, which partly cost many millions of dollars and several years of development and which do not entail with unsuccessfulness not rarely the bare ruin of the protagonist!

Bored the just as decadent SocialMedia spectator stretches the powerless thumbs up or down and decides thereby on life and limb of a company or a business idea and/or its owner!

As in the Ukraine to recognize clearly, decadent self-complacency can cost the own life if it pleases the bad neighbor just so!

One becomes lazy and grumpy and has forgotten to learn to fight!



Hire yourself *1178*

Choose!

Sometimes it is really easier to found an own company than to work dilligently for an other boss for many years (maybe 10 or even more)!

If you CERTAINLY KNOW your qualities and deep skills then mostly you need only a certain amount of money, a bit of courage and to give yourself a jolt!

Think it over how good you really are! Are you really worth your salary on the free market?

If you were in the situation (seriously) of the external employer, WOULD YOU SURELY HIRE YOURSELF?

Your future employer has to pay you thousands of dollars (the workplace costs included) EACH SINGLE MONTH!!

Are you (seriously) capable of paying yourself THIS MONEY EACH MONTH??

If so, then what are you waiting for??

From then on you are only working for yourself, for your kids and the your family AND FOR YOUR AND THEIR PERSONAL FUTURE!

Otherwise you work for an other boss, for his/her kids, his/her family AND FOR HIS OR HER AND THEIR PERSONAL FUTURE!



Skillful depression *1179*

Depression has become almost a kind of widespread disease in the western "hard" success culture, but at the same time it grows to a unique quality!

Depressive people have an extremely extraordinary view on the complexity of the things and relations!

They "see" and feel circumstances, situations and behavior completely differently and partly considerably(!) more clearly, than a "normal" person!

They can even take over the task of a mental scout in many different areas!

A strong aspect of the depression is felt "senselessness"!

Exactly in this area of hypersensitive perception of sense and logic a depressive person can develop and play out his quality and find a real sense in it!

The frequent statement of the lack of feeling forces the depressive person more to recognize situations intellectually and is also more able to analyze these processes and emotions more exactly and to express them verbally!

Other, "normal" people have through depressives a consciousness-expanding perspective into usually completely shutted emotional areas and contexts!

THINK!

And as soon as depressives have and "perform" meaningful and valuable social and communicative contacts and experiences in this way, the actual reason for depression, namely the consciously experienced loneliness and the subjective experience of sadness and being "walled in", becomes more and more obsolete!

The more sad people then feel valued and respected in their social structure and make a valuable contribution to the community, the more they slowly learn to "come out of themselves" in a detached and "liberated" way (similar sensible to a snail) and thus can even find their laughter and joy again!



Rejoyce *1180*

Joy is THE key to a successful life - and also the best indication of it!

Gratitude is good! But joy is more! It is intensively lived gratitude!

Rejoice in the morning, all day long, in the evening and even at night when you are sleeping and dreaming!

There is hardly anything more beautiful than a happy dream full of friends, love, success and fulfillment!

When you open your smiling eyes in the morning after a restful night with joy in your heart and the light gives you new life and strength in abundance!

And there is nothing more beautiful than exactly such a life! Full of happiness, deep sensuality and the feeling to be here and so exactly RIGHT!!!

The best YOU that you can ever be!

This is the blueprint and the plan for real joy of life!

Joy of life means: rejoice in life!

Joy is love and love is joy!

Be grateful for every day that you may live on this beautiful earth!

Rejoice like the lark in the blue, carefree spring sky! Sing and dance...

The life is to the touch near! It embraces you!

REJOICE...

PS: Right now I am happy like a young dog that I may be the one who writes these lines!

Thank you Life!



Love literally and completely changes EVERYTHING!

A large part of the people has grown up under sometimes quite unfavorable circumstances. Many have certain fears and subliminal fears, which can vary from person to person.

But it often happens that a person is loved unconditionally warmly and tenderly by another person! The loving person is delighted and enchanted by the loveliness of the beloved person!

In the beloved person then something can happen, which he or she did not think is possible before.

True love makes free and courageous! A beloved person becomes capable of incredible achievements. Lovers together experience a feeling of omnipotence and immortality!

As if the whole world is at their feet. As if all miracles come true at the same time. As if all boundaries are just an illusion!

Together they have immortal visions of endless freedom, power and jubilation! As if on powerful eagle wings they can save the whole world from now on!

Sadness, hunger and violence are finally and forever defeated!

Love makes no reproaches and also no insinuations! Love trusts boundlessly and it does not control and does not complain! It bears and endures, understands and forgives everything and penetrates even the deepest secrets!

Lovers want to embrace the whole world, they don't need anything and like to give generously with a kind and joyful heart!

Love turns previously fainthearted into tireless persevering and determined fighters for friendship, unity, justice and freedom! Love is joy, closeness, heartfelt warmth and infinite tenderness.

Imagine what humans would be capable of and what could happen if people honestly loved each other from the depth of their souls!

Nothing is impossible for lovers! Love will save the world! Inevitably!

Love and support each other as much as you can somehow! Then the world becomes one in joy and comfort!

And by the way: Love also makes (really) beautiful!



Mike Tyson *1182*

Even if you will get punished and hurten ... stay strong without reproach! That will go away somehow!

Imagine a heavyweight-boxer who will get aggressive during the fight!

He wouldn't stand the first rounds!

After a professional fight even the hardest enemies remain fair friends!

You can't win in the end aggressively and offended!

Remember: Mike Tyson was the hardest fighter in the ring and most feared!

But only few know that he is verily humble, kind and helpful among friends!



Success provider *1183*

You are only really worth a lot as a service provider or a software if your customer or client has considerably less work and stress after your action than before AND when his profits and free times are still increasing noticeably!



Kingdom of doing *1184*

There is nothing left to say!

https://www.youtube.com/watch?v=L0CVoFsUhC4

Simply watch exactly on the lyrics!



Support *1185*

Instead of constantly pleading for wisdom, help, praise and promotion, first learn to be full of wisdom, praise, help and promotion yourself!

For how shall all this come into this world if not through persevering, loving and individual people like you?



Soulfood *1186*

You feed your soul when you are friendly!

It needs closeness, human warmth and tenderness as food - and it withers and dries up like a troublesome flower, if you are stingy, envious and jealous!



Mental scent *1187*

Everything has a "mental scent"!

What happens in you when you see e.g. an eagle feather or a bear claw? Or a sleeping baby, a piano, a hammer or a glass of wine?

Your heart and your soul can smell!

Imagine: if a sportswimmer sees a blue clean pool then he smells inevitably chlor ;O)



Special guest *1188*

Be so good, wise and eloquent that you will be invited to the most famous evening show in your country as an exciting talk guest or even as a guest at a Queen's or King's birthday!



Clueless *1189*

Uneducated and clueless people will often try to make other possibly well-educated and smart people look stupid to hide that they themselves have no clue!

Sometimes it is very complicated to find out the difference when you have no idea yourself!



Jump lightyears *1190*

Just as you can jump billions of light years with a blink of an eye when you stand in front of the clear nightsky and look at the stars and galaxies above, you also can jump between heaven and earth just as quickly.

Likewise, the difference between heaven and earth is only one thought!



Opinion 1191

If you manage to get a smart and alert person to agree with you unreservedly (without "Yes, but...") 12 to 15 times in a conversation, then you have taken over the opinion leadership and he will follow you!

Because he accepts then in principle that your views will be more conducive for his life, than his own!

The problem with it is only to meet one after the other 15 correct and true statements which no reasonable person can contradict!



Business ideas 1192

To have good business-ideas is pretty simple! The money lies in the streets!

Look for simple products, find their weeknesses and failures ... AND DO IT BETTER!

For example, I saw a xylophon for little kids! I mean, it looked like that, anyway!

BUT ... ist was not tuned in any kind. It was simply totally impossible to play a little song with that "thing" and the kids remain musically uneducated and sad!

There are soooo many opportunities in the world to be (much) better!

E.g. hammers, pliers, liftjacks, knifes, shoes and and and!

So: many cheap products from outside the EU and USA are often downright miserable and it often needs no really big efforts to be better than that!



Relation *1193*

Everything is relativ! Even tiny giants!

Weak (mentally "small") people tend to "paint the devil on the wall"! Big and dangerous!

Seen from the context of their small(!) view, this is subjectively even true! They then "wisely" avoid the confrontation with HUGE problems, which they also objectively probably would not be able to cope with!

So they are not cowardly in general sense, but simply small and weak! Their behavior is objectively thus without more ado comprehensible!

There are both physically and mentally small people (rather dwarfs) and big people (rather giants) - and it is very easy to understand that dwarfs do not want to argue with giants!

Strong and tall people are "subjectively" rather braver and more successful! But objectively they are just big and strong!

Each one after his or her own kind! Because small people have the huge advantage, that they could pass even small holes and narrow paths!

And their snazzyness and heart can independently be pretty big like a lion! Because they must learn from small up to survive beside dangerous giants!



Failure can be learned!

BUT SUCCESS TOO!

Connect yourself daily intensively with the highest energies and forces, to which you can come in contact! For Christians it is JESUS, for Muslims ALLAH, for Buddhists it is Buddha and for Hindus it is probably Shiva or Krishna.

Ask every true master of a subject (best worldchampion), how to become that! It is always the same - over many years: focus, focus, focus ... talent, talent, talent ... perseverance, perseverance, perseverance ... knowledge, knowledge, knowledge and training, training, training!!!

If you are really serious about that, the rest will come by itself with time! Since only very few actually do that, it is also logical that there are only so few really great masters! Unfortunately it does not go faster!

Connect cordially and honestly with your people and co-workers! This honest cordiality will come back to you guaranteed!

Be grateful to be someone who can and may learn and be happy!

Never be ignorant! Not for nothing the English word "ignorance" stands for stupidity!

When you fight, always be 100% focused on your goal! ON NOTHING ELSE! Wladimir Klitschko would not have won a single fight if he had let himself be distracted!

Always go the extra mile even as a boss! Don't just ask that of your people! It is YOUR company, YOUR team, YOUR success and in the end YOUR salary!

Don't consider your employees and your company as "prey" that you can "exploit" to your heart's content! With that you do yourself the worst favor! But be an honest, open and attentive partner! For your employees as well as for businesspartners and customers! With it you do yourself the biggest favor!

Do not strive blindly for success, but consider the above points! If you do this honestly and cordially, you cannot stop the success! It is a logical consequence of all this!

Freely after a german joke: "If I may give you a good advice: be successful!"



Fall into place *1195*

Synchronize yourself best possibly with the living vibes of the highest energy you ever can get in contact with (mostly called GOD), and the timing will always be right!

Fate and faith then become the same!

You are meant exactly the way you are! Everything will fall at the right time into the right place!



Do good *1196*

A good advice to all unkind people:

Do as much good for as many people as possible - and you will be really showered with congratulations and love!

This will melt your inner ice and conjures a permanent smile on your face!



Hardscrabble history *1197*

Often people are downright damaged by their upbringing and hardscrabble history!

It is the many bad memories and bad habits that sometimes goes into ones flesh and blood.

You sometimes think that life and people are always the way you are used to!

THAT IS WRONG!

Open your eyes and realize how many sweet, positive and also cheerful and friendly fellow human beings there are! God knows, they are not all as negative as the ones you may remember!

As a guiding figure imagine then every day from morning to evening - and if possible also in your dreams, how you yourself are cheerful and unconstrained and approach others uncomplicatedly, openly and friendly!

And then act also in such a way!

From morning to evening and even in your dreams!

Very probably you become then little by little also in such a way, like this "new" you!

And please do not expect that this process is soon over! It has no end!

	1000 A.D.	1800 A.D.	2000 A.D.	2200 A.D.
Washing mashine				selfcleaning clothes
Car				
TV				
People				

Better and better *1198*

Optimists are people, who despite adverse circumstances firmly trust that everything in the world will get better and better (optimized) step by step!



Cheering experts *1199*

You show something which you are proud of to two different people!

The one (a grunchy type with no expertise in your job) says "Ohhh, what a shit! It's not worth a dime!"

And the other (kind and pretty well educated in your job) shouts out loud: "Wow!! What perfect is that?? You are soooo good!"

To whom would you more believe?

SO: search always those people who are well educated and who cheer you and your doings enthusiastically!

But never forget being a such a smart and positive person yourself!



Be tensional **1200**

Be multiple and diverse!

Catch the people with happiness, adventures and kindness!

No one will ever get you going when you are boring!



Les femmes *1201*

The true might of cute girls!

The development of the female POWER goes forward with giant steps! And there is currently no end in sight!

Women conquer the last areas of power of the men!

Maybe the men should not have broken so much!

Mothers will defend with teeth and claws the future of their children to the last drop of blood!

And the men seem unprepared to meet this female future and irrepressible determination!

If the men put the future in danger, they will have to give way!

"Les femmes sont comme ça"



No burnout *1202*

"Burnout" means: you know not exactly and deeply and with true passion what you are living for!

Despite the specific efforts, a true passionate person will NEVER feel burned out!

Do you feel burned out, then you are not passionated enough!

When you are convinced from what you are fighting for from the very beginning, then the outer stuff remains always the same!

And when you REALLY want to change or achieve something then you will NEVER get tired!

What is it good for to have a goal and to exhaust totally before you have reached it!

Then why did you actually started once??

You don't have to die for something, BUT YOU HAVE TO LIVE FOR SOMETHING!!

And you will never get burned out!

Image: "Nick Santonastasso"



Flutter 1203

Learn to be visible! Only the fluttering butterfly stands out!

But only the first three best up on the podium are really visible!

It's like at the Olympics or at world #championships. The higher your "league", the more visible you will be!

So don't be surprised if you remain invisible in the next village!

With a 1st place at the Olympics, on the other hand, you will be visible worldwide in all TVs, podcasts and newspapers!

The measure of your visibility depends therefore crucially on the importance of your " league"!

There can be only one Lionel Messi! He is known by (almost) every child in the world!

So the very first step to sustainable visibility is the step to "REAL" quality and "REAL" competence!

Only, if you are ready to slave (train) like a plow horse and to learn everything, which comes "somehow" into your fingers, you become visible!

However, there is a second way:

Get to know people who are already the best in your field and become "visible" for them or offer them something they absolutely need!

Their awareness pull can then shoot you far to the top!

But without quality and real excellence it does not go also then!

So: first learn to BE FRIENDLY, GOOD AND USEFUL!!!





Wolf outside 1205

Watch out very carefully children: when he is hungry then the core of evil is uninhibited greedy without any regard on anything ...
The wolf is outside! (With a little salute to Joey Kelly of the Kelly Family)



John F. Kennedy 1206

Don't ask, what your network can do for you ... ask, what you can do for your network!! (With a little salute to John F. Kennedy)



Stinky man 1207

The opposite of a gentleman is a rough, non gentle, stinky man with a sour and inclement heart.



Create confidence 1208

I was once asked: "How to create strong confidence?"

This is the simple answer: "**CREATE STRONG CONFIDENCE!!**"

No one is able to take this work off you!

Alone the question is already a clear indication that it lacks you IN YOUR SUBJECTIVE OPINION in self-confidence and/or that you see this aspect at yourself "TOO" critically!

If you don't tell anyone, then hardly any "ordinary" person will notice it!

Just accept yourself EXACTLY as you are!

The more important question is: "How do I become good?"

You become good, if you are well prepared! Like a math test in school! If you prepare in time, well and diligently, then you go into the exam relaxed and with a clear conscience, and just as relaxed and with a clear conscience out again!

THIS IS CALLED SELF-CONFIDENCE!

So the confidence in you and in your SELF - and that has then also self-confidence and self-assurance to the compellingly logical consequence!

If you are good, then you are good!

Every "normal", goodnatured person will take you as a whole package exactly as you are! No matter, whether with small weaknesses or faults!

The much more important question is: "How do I become good?"

So the confidence in your SELF - and that has then also self-confidence and self-assurance to the compellingly logical consequence!

Don't look further, because THIS is the only way!

By the way: It is globally absolutely usual in every person by natureto be confident!



People around the world 1209



Sushi balls 1210

Listen carefully when your counterpart or your customer is talking!

If someone likes to play soccer and he/she moves to a new city, where will he/she do sports? There, where they play soccer!

And if someone likes to philosophize and he/she moves to a new city, where do you think he/she will go? Where there are philosophers!

If your courted customer says that he/she doesn't like pizza, but much prefers sushi, he/she will be disappointed if you invite him/her to a pizzeria!

If instead you invite your customer to a good sushi restaurant, he/she will be thrilled that you were able to read his/her mind!



Laissez fair **1211**

Most mistakes in education arise from the conflict aversion of educators, teachers and parents (or politicians)!

The result is then the so-called "laissez-fair" education, because the students simply "deselect" the unpleasant subject.

What would have become of the world, if one could simply "deselect" the subject mathematics in school?

But: it is a so-called "compulsory subject" and it is not subject to the "favor" of the pupil if one/he/she could make it as easily without it!
Without mathematics and without physics there would be no sciences and also no inventions! And therefore also no further progress!

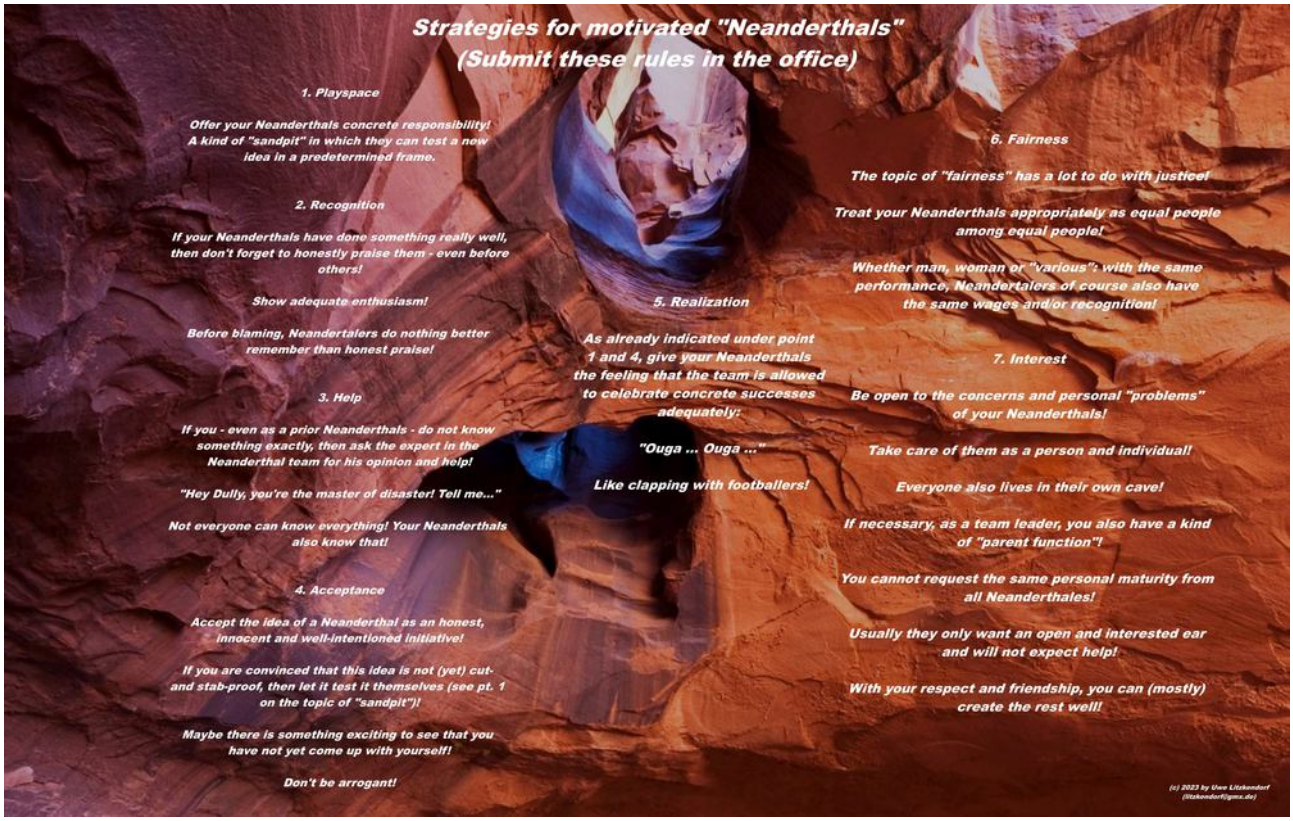
To what extent the attendance of a school subject and the corresponding grades are considered as necessary, depends therefore exclusively on the responsible school authority!

For not quite comprehensible reasons many of the modern societies have managed to generally deselect the subject "computer science"! And so there will be no further development for these societies in the field of computer science!

Many of these societies rely relatively "blindly" on the smooth cooperation with Google, Apple and Microsoft and have "voted out" and "delegated" the information technology to it almost completely!

How downright life-threatening a far-reaching dependency in a specific area can have an effect, Europe and large parts of the world have shown quite clearly and comprehensibly by the dependency on Russian oil, coal and gas!

It is not to be assumed concretely that the USA will behave as unreliably in the area of IT as Russia does with regard to the energy supply, but a complete dependency on a foreign "service provider" cannot be good in any case!



Modern Neanderthales **1212**

For Neanderthales! In high resolution! To submit in the neanderthal office!
„www.litzkendorf.net/media/neanderthales.jpg“



Think rich *1213*

What good is the most beautiful wealth for if you can't handle it!

Before you become rich, learn first to think and feel rich! **But for poor others**!

If you had a bad upbringing or over years had begrudging classmates or colleagues, then your mental condition is probably not very positive!

Search on Google for many pictures that represent pure wealth and luxury, and look at them carefully and long!

Only when you no longer feel a great inner drive when looking at these images, then you are ripe for wealth!

Coolness is not a shortterm exercise, but an inner way of being! If you have learned for twenty years to be uncool, then you need (except with hypnosis) at least another twenty years to dissolve this "deformity" again and to become cool!

Only really cool people are not seduced by wealth and luxury! They can make sovereign and logically correct decisions despite wealth and power!

If your decisions are not sovereign and clear or you are swanky and unkind, then you are (still) blinded!

If wealth, power and sex blind you (still), then it is about like for car drivers a low sun from the front and rain in the autumn!

You can see hardly something clear!

How many people have become rich by arbitrary circumstances, but can't deal with it and are just as unhappy as poor people! What brings you then the wealth!

Some squander their wealth for useless and unimportant luxury things!

For real wealth you must change your inner attitude so that it has no more attraction for you!

Only then money makes you really free!



Women all around the world are made to fit EACH AND EVERY situation and EACH AND EVERY guy properly!

Whether rich or poor guys! In EVERY man is hidden THE SECRET and girls will NEVER KNOW what kind of man is actually coming across! They are ALWAYS READY to suite him!

In crucial moments and when the guy is at her taste, then she will certainly be able by nature to look attractive, to laugh cutely, to come closer and to whirl men around the little finger with ease!

Because all around the entire planet she knows instinctively for sure that she then appears attractive to any "normal" kind of guy!

SHE KNOWS THAT!

And so her happy laughter and her sparkeling eyes will confuse men! That's the way women hunt men!

That's the game!

Any "normal" and somehow mentally "healthy" girl with no kids have only one thing in mind!!

Happy BABYS and a happy FAMILY to cuddle with!

For ANY birthwilling women on this planet a man is always a huge treasure! He is FUTURE itself - and we can't live without future!!

And EVERY "normal" and "healthy" pregnant woman is carrying our all future in her lovely womb!

And when she've found the right father for this baby(s), she is ready to love it/them from the bottom of her heart and to feed it /them up and to care for it/them thoroughly from heart and her complete soull as long as she lives!!

She is perfectly made for this! That is her job! AND MOSTLY SHE KNOWS ALSO THAT!

And the very wide majority of all mothers is doing this pretty well!

Thank you cordially for that and for the precious love you give us, ladies!!



Pinocchio *1215*

Lying is a very exhausting mental process, which is usually also convicted as a lie!

Who lies, must namely have a very good memory!

It is very laborious to remember all lies by heart because they don't come from the natural world of experience!

To present them always in the correct context again and again identically leads all too often to conspicuous irritations and variations which one must remember then again!

For a routined "detective" (e.g. court or spouse) it is quite easy to unmask lies, if he/she stubbornly stays with the truth himself/herself!

The liar will tangle himself in his contradictory explanation attempts!

On the other hand the truth is a component of the existence! Since there is only ONE truth and this always has exactly the same course, one can't be mistaken with the truth therefore!

Therefore one says: "Lies have short legs!".

Just stay with the truth, then life is (much) easier!



Forefighters *1216*

From love comes courage and from hatred cowardice!

If you are really alive, then you are self-confident and upright! And you have a clear own opinion! And this opinion you also express concretely audibly!

All democracies went through a deep valley of wars and suffering!

Today they are the fanals of freedom, openness and security!

All martyrs of the last millennia are our forefighters! They died for us!

A huge and heartfelt thanks to all who, in the name of freedom, solidarity and justice, courageously and resolutely hold stand where others cowardly run away!

Love will survive everything!

And the more you are a true lover, the more you are deeply convinced of that!



Free choices *1217*

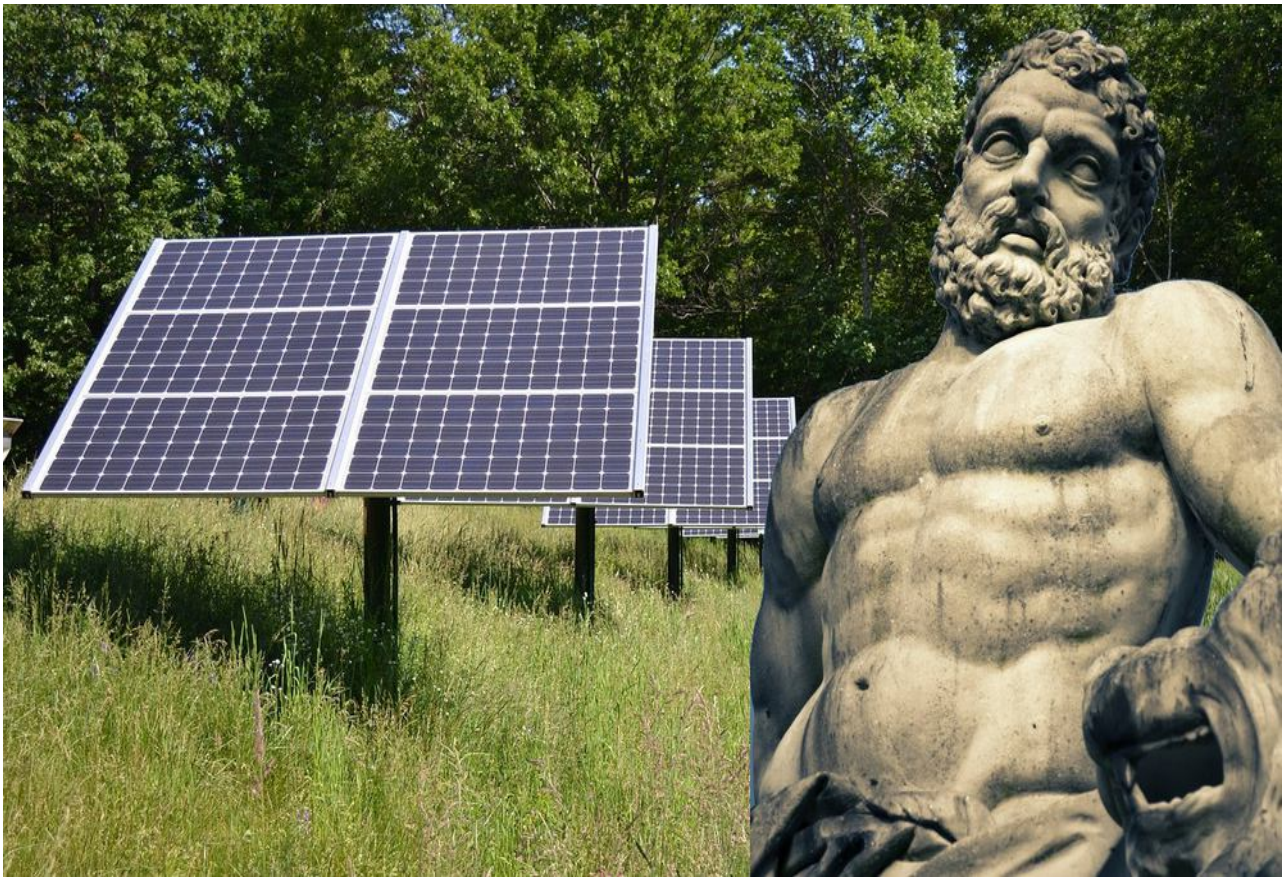
The pessimist says: "Everything has always been bad, is bad, will be bad and will always remain bad! The world is a joyless vale of tears!"
But the optimist says: "Everything has always been good, is good, will be good and will always remain good! The world is a glorious paradise!"

Surely some pessimists will say, "A good world is total nonsense!" - and continue to suffer before itself in!

But the optimists will say, "How right he is!" - and continue to smile cheerfully before itself in!

I prefer to smile! Then smiles await you when you rise!

You have the free choice! No one forces you!



Courage accu *1218*

The more friendly and loving you become as a human being, the more positive and good things meet you!

But also to a friendly and loving person the mischief happens from time to time! While a grouchy person feels confirmed, a cheerful person has collected so much good energy from its much cheerful and powerful times that it will survive the disaster easier and full of hope!

However, it can happen also to good people that they have (sometimes much) to suffer !

But they always have a clear goal!

They learn from such "misfortune" and transform it into a deep realization and into a good lesson for the descendants, so that this misfortune occurs less and less and the descendants learn better and better to deal with it sensibly and usefully!

Of course it can also be that good people even die from suffering and calamity - exactly as often as others too!

But then it is so that GOD can use them better and more meaningfully in heaven, than here on the earth!

And by the way: it feels much more funny to be funny human! :O)



Logic behind *1219*

Even in modern times human tends to think that logic and maths are opposite things to feelings, intuition and emotions!

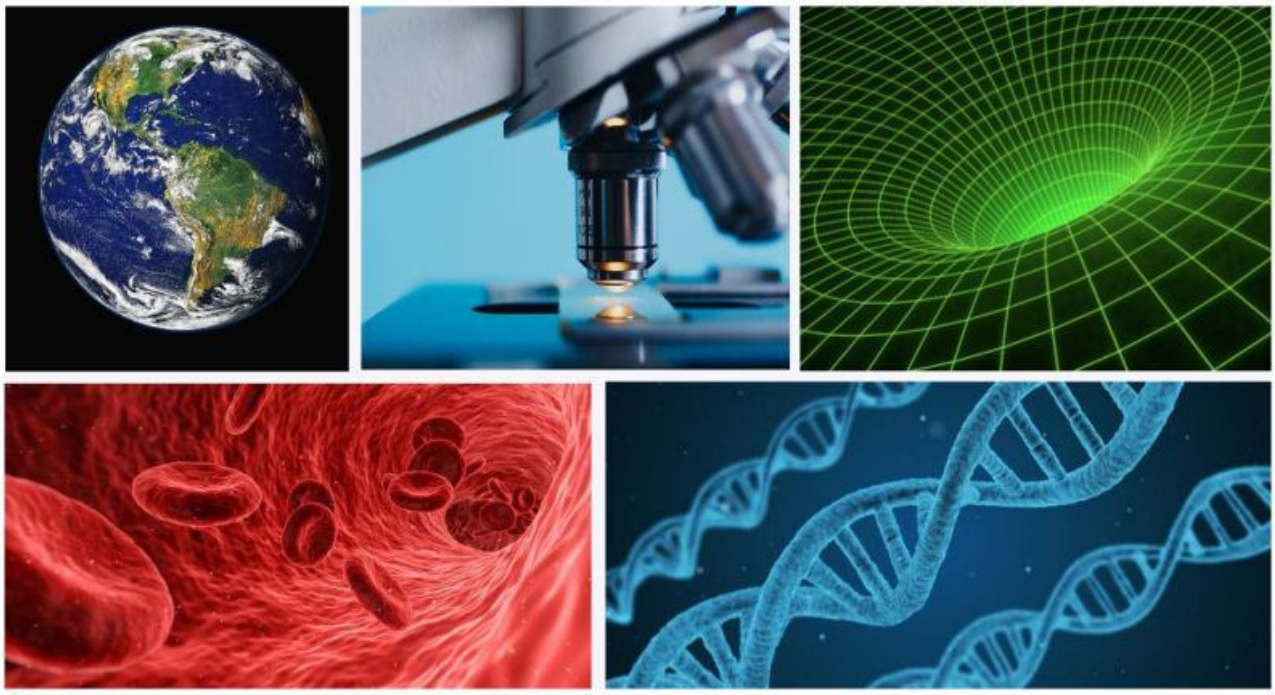
NO! That is not true!

Also feelings, intuitions and emotions are logical!

GOD has made logic for us to get to understand him better!

When we just do not understand many things then we still don't understand the logic behind it!

It happens all in the same head!



Science calms *1220*

Everything what is truth brings heaven a piece further onto our earth!

Just two hundred years ago a solar eclipse was e.g. a very frightening sign from above!

Today it is a relaxing sign of the same sky! Namely that we today understand the truth behind it! That namely EVERYTHING has a logical reason and the universe draws calmly and serenely its logical circles since many billions of years!

Factual and reasonable science calms us down!

What would we be today e.g. without the achievements and truths of the physical and medical sciences! Or without meteorology and psychology?



Wake up 1221

For ants every grain of sand is an obstacle and for giants even rocks are small!

The ant sees only stones day in and day out - and everything is a problem! The giant sees as far as the horizon and can walk a thousand meters with one step!

What are you: Ant or giant?

Do you have constantly problems or do you solve them with a little movement of your hand?

Walk on the happy side of life and become a "gi-ant"!

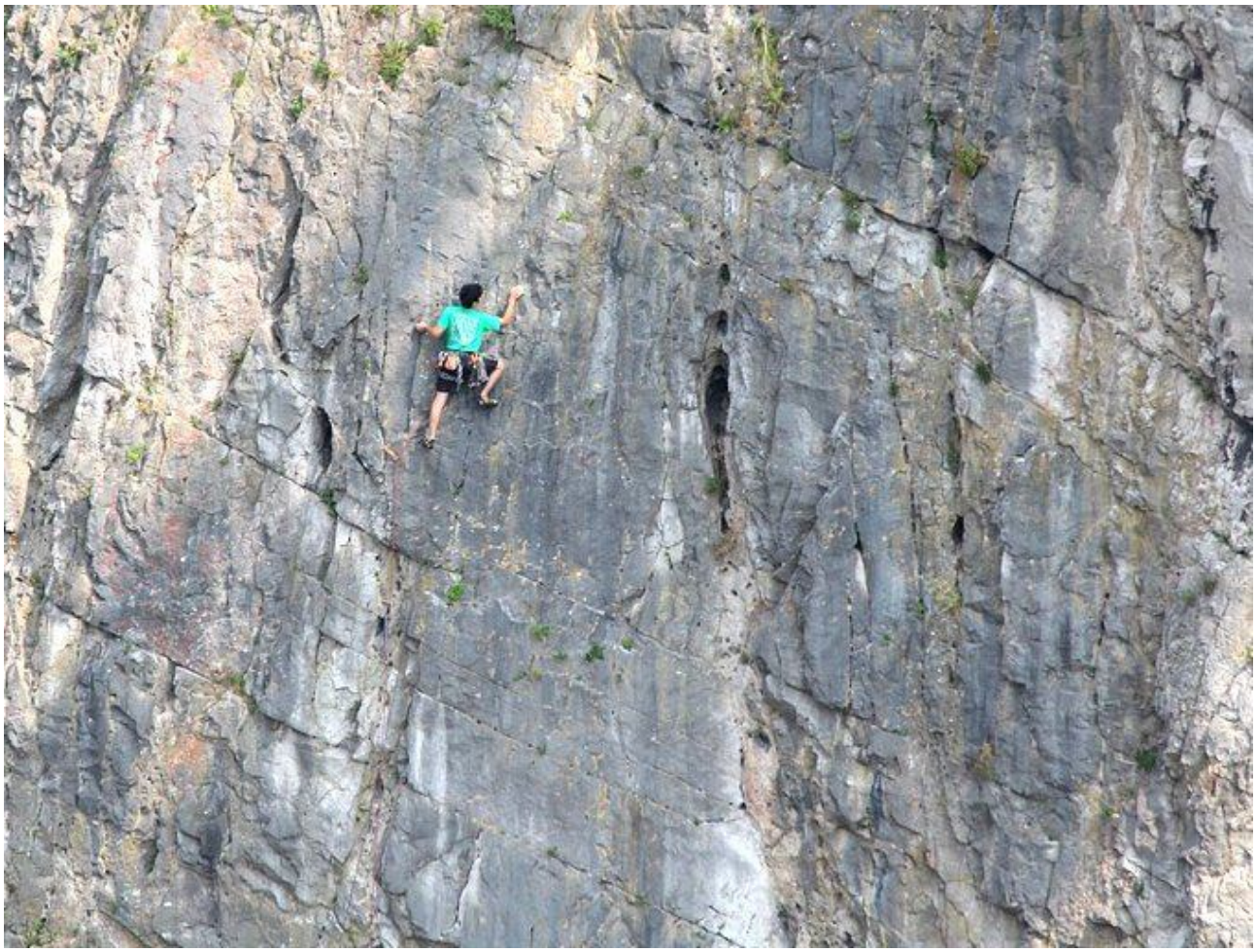


Flower scent 1222

The cherry blossom has just passed and the apple blossom is in full splendor!

There is a beguiling scent in the air!

To the interested young ladies: imagine, maybe not quite so intense, but so it is similar to us men when your "flower scent" blows us two weeks a month around the nose! ;O)



Care for dignity 1223

By permanent demand and making dependent on social and/or family performance (like e.g. children from the food and a warm bed by the parents or Germany from Putin's oil and gas) the dependent individual loses (often unnoticed and quick) its independence, its freedom and its dignity!

In the case of the parents one simply assumes that they deal "decently" with the rights and interests of their children!

But nevertheless the "rulers" must let those people, whom they love (if they then love them) and who are dependent on them, sniff the true freedom again and again, in order to create an idea of who they really are as sovereign being, how they are meant and what they actually need!

By standardized society achievements (school, sport, money, job, social welfare etc.) the free will of a sovereign human being is suppressed imperceptibly (and sometimes even deliberately and consciously) and quasi "talked out" to him!

We MUST(!) as a free society urgently pay attention to it and come back to let our children and also otherwise dependent people "play"-space, in which they can try out and experience themselves!

Only in this way we can guarantee in the long run that our society will not be delivered to decadence and oppression!

And these risk-takers can tell you pretty believably: They never have felt so free and alive and never been thus aware as in these adventurous situations!



Small fishes *1224*

Most people are very small fishes!

Day in and day out they move stubbornly only in their narrowest environment and can't look into the next pond!

So they have also inevitably only such ideas and visions which "fit" into their small pond!

So if you are just small and want to broaden your horizon, then let tell you as much as possible from other ponds (e.g. by books or films)!

Although most of them always remain just small fishes in spite of many tales and information!

Actually a pity!

But sometimes these fish become bigger and actually manage to jump into the next pond through a lot of knowledge!

And - who knows - some even jump into a huge lake and are then free!

As far as the lake reaches!



Hip hip hooray 1225

An elementary problem seems to me to have a fearful heart! I encounter it every day in many different situations.

I played soccer for 12 years, 9 of them were competitive games and 7 of them I was the center striker.

I would say, except boxing, competitive tennis and rugby (to which I count, in a weakened form, but also American soccer), in no sport do you learn to fight so well as in soccer.

Injuries (sometimes quite serious, because broken bones and torn muscles are absolutely not uncommon) are the order of the day.

And no one can comprehend how hard a soccer ball can be when it is kicked directly "on the twelve" from close distance with a full volleyshot! So also fainting situations (mostly however only for a few seconds) are quite "normal" for a combat-oriented player.

I am now with 68 years unfortunately too old for the hard soccer, but I mourn this sport and these experiences really very much!

When you fight hard and determined, you have the distinct feeling of "being alive"! I think every passionate footballer and especially striker now know very well what I'm talking about :O))

I miss these worried looks of my - just bone tough and cool - teammates, when I lie motionless on the ground for seconds after a rough head hit: "Are you okay? Is everything good?", and then caringly help you to get up!

As soon as you stand again, shake your head and keep fighting, it's back to the bone-tough, cool opponents and teammates!

I love you for that!

Thank you for these deeply emotional moments!

I KNOW FROM LONG EXPERIENCE THAT HUMAN IS GOOD AT HEART!

In all the years with about 270 games (tournaments included) only once a seemingly bad loser wanted to punch me in the face! But his comrades went in between and everything was good again!

That's soccer!

And of course I like to think of all the birthday packs of beer!

Hip hip hooray!!!

PS: I would seriously make soccer a compulsory sport at school! At least for the boys, but also for the girls it might be the perfect sport (besides handball and volleyball of course)!

Squeamishness and self-pity just blow away in the wind (fight)!



Tiny ghosts **1226**

It doesn't happen just rarely that weak and envious people try to bring strong people "somehow" to fall to be able to triumph afterwards!

If you are really sure about who you are, what you know and what you can, then don't bother much about such tiny ghosts!

Because ONLY YOU know what you really know and ONLY YOU know what you actually are able to!

NOT THEM!!! They can't look inside your head!

If you try to defend yourself against them, many of them will say "But I can think what I want - and I can talk and do what I want! We live in freedom and democracy! So who wants to forbid me that?!"

OKAY!

If others are allowed to think, talk and do what they want, THEN YOU ARE ALLOWED TO DO THE SAME! As long as you don't do anything evil to anyone else!

And if you say this then also in such a way, those "But"-sayers will have no more counter-argument anymore!

Because they are mostly "uncourageous", conflict shy and often also quite banal "unintelligent" and don't understand much! They will then let you!

No hesitation - the stage is yours!



The 11th commandment ***1227***

In the old testament (legacy) we learned the 10 commandments!

In the New Testament, we learn the 11th commandment (the so-called JESUS-commandment):

„Love your neighbor like yourself!“

We are human beings, and from that we are not able to follow this commandment without exception! GOD knows that!

But only the examination of this maxim makes us aware that every human being has to struggle in his own way, with specific problems and sufferings!

And it asks us to perceive and to recognize the suffering of the other and his lack in his individual peculiarity!

As each one of us is quite "naturally" striving to avoid suffering, pain and lack in any form, so is each other!

And just as we all take certain measures to avoid this lack or to prevent it, so we shall also strive to prevent these lacks and sufferings likewise for our neighbor!

So if you buy bread to avoid hunger, you can also bring a bread for your neighbor if you know that he or she is hungry!

Or if your neighbor is ill, perhaps feels alone and sad, then you may well remember the unpleasant feeling of this loneliness with yourself.

You will then, in most cases automatically feel compassion for your neighbor, and perhaps keep him or her friendly company for an hour.

This 11th commandment is mainly the background for the fact that in many (unfortunately not in all) societies there is a social insurance (insurances against unemployment, illness, old age, accident)!

And who has awake eyes, can recognize easily that just "these" societies enjoy a high reputation and are economically very often also above average successful and as democracy mostly also politically stable!

Because alone the conscious and serious argument with this topic makes wide awake and lets the social meshwork of a society with all its corners and edges recognize clearly!

The strong carry the weak and the prosperous help the helpless! And who knows when you could be the weak and helpless and will be then dearly grateful for any support!



Do never expect from small-minded people/beings that they can somehow estimate your achievements, your quality and intelligence correctly!

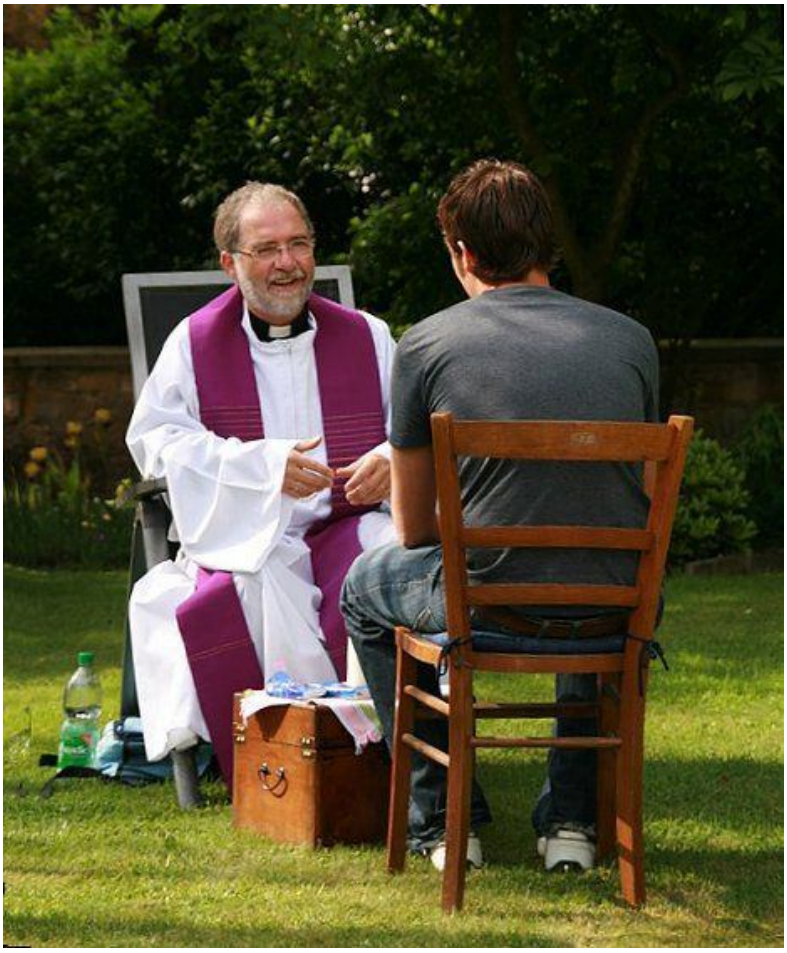
That is so similar, as if someone stands before a gigantically high mountain and cannot recognize the summit!

That is IMPOSSIBLE for him/her with the very best of his/her will!

Do not complain, do not blame him/her and do not count on such a person! He/She will NOT be able to understand ANYTHING of what you tell him(her REALLY and will almost always and inevitably do the wrong thing!

Surround yourself if possible only with people who can see the summit and have at least an idea of what you could mean!

Sometimes it also helps if you take some distance from the mountain and then can see the top in good weather to get a faint idea of it!



For Catholic people, it is often natural to go to the shrift from time to time!

If you are not Catholic, you can still go to a Catholic priest for "test-shrift"! That is unproblematic!

You try to "meditate" first e.g. on the following or similar questions (the "shriftmirror"):

- Do I have my temper in view and under control? Or am I quick-tempered and moody?

- Am I taking advantage of the time given to me? Or do I let things drift?

- Am I a grateful person or do I take everything for granted? Do I thank people regularly?

- Am I hard-hearted, strict and "merciless" in my judging and speaking? Or do I show understanding, gentleness and patience?

- Am I a loving person and willing to grow?

- Am I stingy? Do I give regularly according to my financial means?

- Am I generous?

- Do I steal? Do I live intentionally at the expense of others?

- Do I envy others their possessions and money or am I content with my own opportunities?

- When I buy things, am I guided by what I need or do I look more at how things look to the outside world?

- Do I live beyond my means?

Then you simply go into an official shrift opportunity of the next catholic church! For my sake also with sunglasses ;O)) But you should take them off during the shrift!

When it's your turn, you go relaxed and calmly into the "shrift-chair".

There you say then as a believing Christian to the simultaneous sign of the cross: "In the name of the Father, the Son and the Holy Spirit!" The priest then probably says "Amen". Or one says "Praised be Jesus Christ!" The priest then probably says "In all eternity, Amen."

As a non-believer, however, you can simply remain silent before and after the shrift!

Then you report to the priest about the recognized character weaknesses. Possibly he asks then for the better understanding at some points.

You are forgiven then the regretted misbehaviors!

The priest will give you a "penance"! Usually several "Our Fathers" and "Hail Marys" or also a reading from the hymnal or the Bible!

What you then do with it, is left to you and your sensibility! There will be no "enforcement control" by the priest, because you may of course also perceive any other opportunity for the shrift with any other priest at any time!

This penance is NOT A PUNISHMENT!!! It gives you the VERY WELLMEANT opportunity to grow and to become strong from it!

No matter how serious you are about it, after the shrift you will surely notice a "strange" change in yourself: Namely, you will feel light, free and joyful! Catholics will now of course immediately nod in agreement strongly and joyfully! :O))

It is also not completely improbable that you go into a shrift as a nonbeliever - and come out again as a believing Christian ;O)



Who are you *1230*

Who do you think you are?

That you think you can give orders to other people? Or to be allowed to patronize, humiliate and insult them?

If you are like that, then you are nothing!

Love, a peaceful soul and a hearty kindness are the highest commandments of every loving being!

Predict clouds 1231



Try to predict the path of the clouds and the course of the sun between them in a sunny sky for only ten minutes!

You will be probably very surprised! And about how many things you think to know enough and to be able to judge justly!

This attempt makes humble and thoughtful!



Dompteur 1232

Some behave like dompteurs! As if other people are "lower" than them!

If you work with pressure, coercion and whip, you will never become a good dompteur!

If you have "subordinates", they are certainly not stupid zebras or suspicious lions!

They are intelligently gifted humans!



Become superfluous *1233*

A good teacher makes him- or herself superfluous!

What is the use of all the knowledge in your head, if you do not understand to pass it on to proper minds!

If your students have not understood the inner essence of a complex thing, they have understood nothing! As soon as they are alone, they will have the same questions as in the beginning!

It must be the primary goal of a good teacher to make his students independent, free and sovereign!

It is much more important not necessarily to know supermuch, but that for sure, than to understand supermuch only half, and then not to be able to apply it correctly!

Imagine what many of your students could gonna become if you taught them with real tender love and patience!



Spiritual Macrophages

1234

Just as a body has a very efficient "real existing" immune system, so our earth and the entire universe also has a "real existing" immune system!!

There are religious and/or spiritual or even mental macrophages that have the task of "smelling", detecting, tracking and completely(!) "digesting" harmful and unhealthy or even dangerous intruders into the healthy system!

These beings may not suspect anything of it themselves, but they "embrace" the harmful object (e.g. a bacterium in the body) and gradually withdraw from it as many negative energies and ambitions as possible!

They are in the wondrous position of accurately recognizing and separating these negative energies and substances, then (in a positive sense) attacking them, absorbing them, incorporating them and converting them into positive energies!

Anyone who is such a positive, energetic and always ambitious "system policeman" will surely guess what I mean!!

A macrophage reacts to energy "food" very effectively and agilely! A biological macrophage needs as many vitamins as possible! Above all, lots of vitamin C (ascorbic acid) from vegetables and fruit! Vitamin C is like a sudden power boost for a biological macrophage. This makes it much more agile and "awake" than without vitamin C!

The spiritual macrophage, on the other hand, lives on love, light, truth, heartfelt closeness to the body, lots of laughter, childlike joy, loving community and happily shining and tenderly bright eyes!! This has a similar effect on them as vitamin C has on its biological siblings! This will make them significantly more agile, alert, "enterprising", careful and efficient!

Don't forget that they are mysteriously connected to other macrophages! They swim together in a "signal alliance" and also help each other wherever it is necessary and possible! This information system in the body is called the "lymphatic system" and spiritually it can be described as a kind of empathic "telepathy network"!

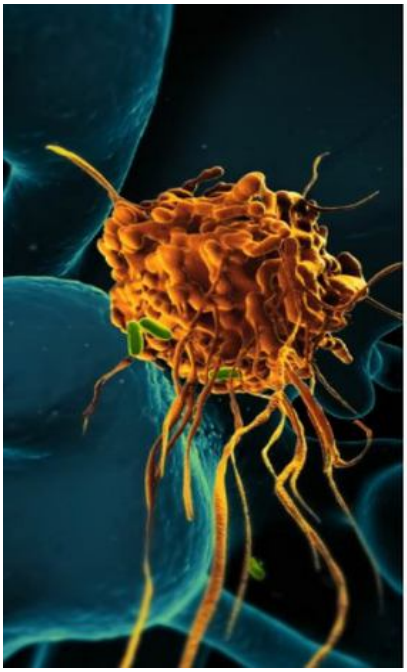
In Christianity, this overriding, universal principle has a concrete name: "JESUS"! Hindus would probably call it "Krishna", Muslims "Mohammed", Buddhists "Buddha", Sikhs "Guru Granth Sahib", in Shamanism "Great Spirit", in Daoism the "Tao", in Baha'iism probably "Bahai Ullah", etc.

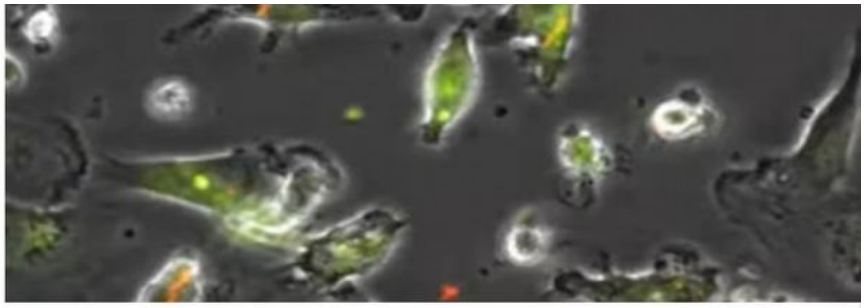
But ALL religions have one thing in common: the honest, authentic and longing search for the universal "language of friendship"! The irreversible love and friendship between all living beings! And that doesn't just mean people!!

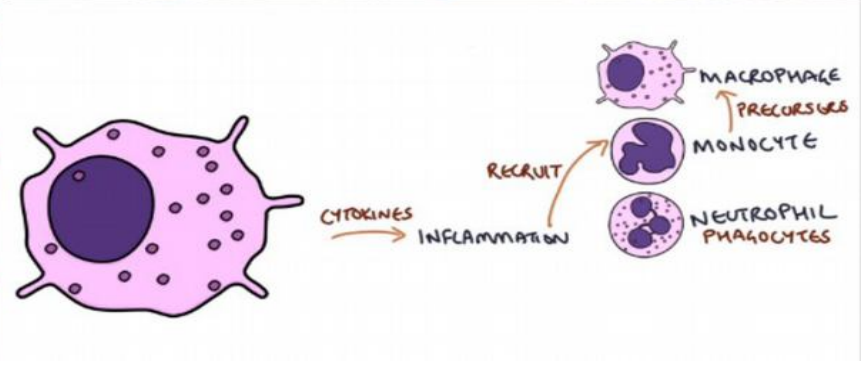
Ultimately, this means this "spiritual" basic energy! This universal love energy, which turns all good powers into spiritual "macrophages" (each after their own kind), and makes us "exclusively ALL" grow together into tender brothers and sisters and loving friends and partners!

And: it happens!! Just now!!

I am a catholic Christian and I call this universal, loveful, harmonic and peaceful world community simply "The Body Of Christ"!







https://www.youtube.com/watch?v=RPIzIznmAO0
https://www.youtube.com/shorts/SIgqawCGFvc
https://www.youtube.com/watch?v=_jBpv9fYSU4



Conclusion 1235

My conclusion of all is peace, love, joy and wealth to everyone!



Exit 1236

Our common God bless our common and beautiful planet.

Even if our democracies, which have grown over centuries, are sometimes - as in recent years - put to the test! Every test shows us the weaknesses in which we have to get even better and better!

We have again and again to be vigilant and freshly open for the warm, gracious and loving gaze of God and his tender closeness, acknowledge our sins, ask for forgiveness, and be ready for reconciliation whenever others humbly ask us to do so. And we ourselves have to be the strength and the light in which we find our common humanity in God.

As long as democracy at its core does not suffer serious and lasting damage, like courageous athletes and fighters for justice, we must also be grateful for these challenges. Because in the end they will make us strong and smart!

For example, Corona will also lead us to our conscious vigilance, our antidotes and also our technology becoming better, more powerful and more effective. As never before, this virus has made it clear to us how closely everything is interlinked and how much we belong together and are dependent on one another.

We will unite our peoples in helpful and active friendship and as befits a responsible global community, as a tough and strong unitiy, we will stand around our most vulnerable family members and defend them! Our beloved children, old, weak, and poor.

Everyone for us all and anybody for everything!

We must not forget that, through our positive and loveful presence, we pass on the legacy of togetherness to the next generations when we step ahead as a glowing example in the footsteps of the past with the power of God into a glory future!

May the almighty God give us peace in this world and protect us from all evil and all harm. May he graciously accomplish this world and all humanity in heartfelt love and deep faith in the eternal good and the solely truth!

In the end, only one thing really counts: Have I been really loved and do I have really loved?

Because where there is real love, there can't be hatred and there is always a way!

Promised...



Epilogue 1237

Some may wonder how I got around to writing these many spiritual things?!

For about 45 years now I have dealt with almost all religions, philosophies and wisdoms in the world.

Profoundly educated as a certified merchandiser and later on as a certified software-developer, ORACLE-Database-specialist and SAP-business-intelligence consultant I wrote some pretty popular books about software-development and operating- systems.

This book actually follows on from it!

Because as in software, it is also in spirituality: everything only makes sense if it makes sense!

I found the principles of software and spirituality are not that far from eachother.

The functionality of software proves itself only by itself! If it works - that is the final and decisive test of the truth contained therein!

In the end, it is the same with spirituality. It is only true if it is true and stands for itself and it stands up to the ultimate scrutiny of the reader!

The main difference is: spirituality comes from the real life! ***It's a living energy!***

From 1953 to 1966 I grew up in a rather unspoilt way in a small moor settlement near Hanover in northern Germany and was therefore very familiar with the forest and nature and also with the proximity of forest animals from an early age.

As it can happen in a sometimes quite adventurous childhood in a bog, there were some situations that were not harmless (or rather dangerous) and the proximity to death did not seem to me to be unusual. It made me kind of "cool!"

Real fear was mostly alien to me and I became a very risk-taker child with a lot of fun and adventure.

What has always fascinated me, was music! I was partially consciously confronted with it in the 50s and grew up in the 60s and 70s with the best music you could ever get: of course with loads of Beatles and Tamla Motown soul.

Logically, I can therefore play the guitar quite well today and a little piano or keyboard and I like to deal with the composition over and over again.

It all began consciously spiritually at the end of 1975 at the age of 22 (I was married for the first time at an early age and had an one-year-old son) in a village disco with few exposure to drugs.

I have never took them very often. If so, then only rarely and sporadically a little marijuana (I was a smoker), even less often hashish (maybe 7 or 8 times at parties) and two times LSD. Since 1980, after a somewhat "creepy" experience with unclean hashish, apart from alcohol and cigarettes in the usual proportions, I haven't touched any drugs at all.

"To a certain extent" through a "coincidence", however, certain visual "premonitions" about my environment and my context with and about it emerged, which I tried to capture in very imaginative and colorful drawings.

The preoccupation with these spiritual experiences led to an acquaintance giving me the reading of a man named Carlos Castaneda resolutely into my hand.

It was about the experiences of an anthropologist with and in the world of the american native magician and shaman "Don Juan", with whom Castaneda was "apprenticed" for many years.

One evening in the summer twilight - I was living in the German "Lüneburg Heath" at the time - "something" urged me to get into my car and drive out into the heather.

After a few kilometers I turned into a lonely and deserted forest path, parked my car and walked a few steps into the open, sandy heather forest with loosely scattered medium-sized pines and birches and heather bushes around.

I can't describe it any other way than with the word "suddenly"! Because from one moment to the next I was gripped by a downright intoxicating feeling, which was accompanied by a kind of "blurry" unconsciousness. Except that in this strangely ecstatic state, I started running and jumping around like a madman.

Every tree, every stone (in the heather there are also occasional larger boulders that just lie around in the area), every cloud, every sound, every sand hollow, every heather scrub, every bush and every smell suddenly had its own concrete meaning in a big one Acting with many such "actors" that I experienced there, in which I "played along", so to speak, and in which I also had an important role!

After what felt like a quarter of an hour, the mysterious game was gone as quickly as it had come.

I would have sworn afterwards that everything could have taken no more than 15 minutes.

Somewhat perplexed by my strange experiences - and also my own strange behavior - I shook my head and went back to the car and got behind the wheel.

It had gotten dark, I noticed that. I looked at the watch without special feelings, as one normally just looks at the watch.

But I was a little shocked when I realized that two hours had passed! Judging by my feeling, my „play“, as I said, may have lasted only a maximum of 15 minutes!

After that I constantly recognized something specific that I only learned to understand in its entirety today:

EVERYTHING(!) HAS A CONCRETE MEANING IN MY OWN LIFE AND IN THE LIFE OF THE ENTIRE WORLD AND A DIRECT RELATIONSHIP TO ME AND TO EACH OTHER!

Since then I consciously "smell" (somehow mentally) connections and events that are very profane and have little meaning for slightly "normal" people . Certain insights and realizations "jump" at me and into my conscious. Don't worry, that's not bad - just very spontaneous and often completely suddenly.

After I had internalized all the Castaneda books intensively for about two years, I now had a concrete inner idea of the "soul world", the shamanic, so-called "rainbow", in which every person finds himself in his own way .

The quintessence of it all came out for me when I came to the unshakable belief that I and everything I do can lead to good for the world and that my personal actions and thoughts are important in the overall context!

I first made up my university entrance qualification and studied architecture for 4 semesters - without a degree - when the sum of my external circumstances then directed me „somehow" to software and information technology!

I have written some well-respected and successful books on this subject (130,000 copies sold in Europe, including the so-called GFA-BASIC "Bible" with almost 1,000 pages and for nearly 10 years I was the european marketleader on this issue) and - more or less parallelly – I was intensely busy with all areas of philosophy, religion, psychology and mystics for round 30 years.

As I already said: it all started with (light!) Drugs, a little alcohol and Indian magic!

Shamanism is of course not far!

So my spiritual journey led me from shamanism to Protestant Christianity, through some magical knowledge, astrology, physics, psychology, voodoo, the belief of the Aboriginal people, the Tao and „I Ching", Lao Tse, Buddhism, the Baghavadgita (a bit Bhagwan/OSHO and Hermann Hesse of course), Koran , Talmut, philosophy and various Christian faith currents such as the Free Church, Anglican Church, Russian pilgrimage and Starez, Gospels/Baptists, the God Channel and finally to Catholic Christianity, where I have finally and happily stayed for 27 years now. Sport and fitness can also be a kind of religion ;O)

Since I've always been a fan of Indian spirituality (the „Medicine Wheel") and its boundless closeness to nature, I've dealt with it particularly intensively!

Shamanic healing means: to consciously bring about a "kind of schizophrenia" in order to get as close as possible spiritually to someone who has gone astray in the "rainbow" and then lead him back home safely and certain in peace and harmony.

So where it all started for me was this intense understanding of this „shamanic rainbow“.

According to this idea, we are all more or less “lost” in our private “rainbow” and many are downright trapped. Only most of them don't know anything about it.

So everyone considers "his" personal rainbow, his values, ways of thinking and individual convictions to be normal and if a certain number of people "maintain" the same rainbow, the stray person considers himself healthy.

Proverb: *He, who has the same disease like his neighbors, feels healthy! (not by me)*

JESUS says accordingly: *“What do you see on the splinter in the eye of your brother? First pull the thick bar out of your own eye! "*

All those who are consciously preoccupied with spirituality will immediately know what I mean by that!

According to this definition there is “THAT” healthy! "THE" correct and desirable state!

It is THE state that makes us feel most comfortable! Pure bliss, but in which we do what is right and most useful for the whole world with full conviction!

The healthy, the whole, the complete, the perfect, the happy and cheerful, the good, the living, the loving and the true and the fruitful!

I am a fully convinced and "established" Catholic for about 25 years now and my preparation time of round 45 years with all findings, experiences, educations, practicing, experiments, doings, works and thoughts has led to my being where I am and writing these words today!

I hope and pray (and trustfully think) that this long long journey was worth it and with this book I can help people to find and keep their individual way to selfconfidence, love, awareness and success and that all of this will work out for good for the world!

We will see...

Index

Interactive list of the most interesting topics



Awareness

Totally convinced
Contemplation
Near-death-exper.
Toxic
Babyfaces
Meditation-shuffle
Awareness bubbles
7 golden Rules
Nature ability
Storm on the US-Capitol
Start loving
Powerswitch
Change
Stone Age
Awakening

Children

Smash the Everest
Awake
Carefree
Free will
One-egg twins
Desirable
Stone Age
Sweetie
Learn true love
Optimists do the rest
Thank you
Snailmood
Nosering
Dirtkids
Defenseless
Okay-human
Handmade
Handle with care
Powerswitch
Invisible
Rich
Question of justice

Freedom

Overcome
Free your people
Unity
Friendly takeover
Householding spirits
OneWorldPrayer
Exercise
Lightbeings
Invisible
Stop wars
Enthusiasm
Crucial moments
Ingratia
Toxic
Horsepower

Friend



Soil and friendship
Be good to you
One way
You're plan A
Sharpsight
Unity
Brotherhood
Wannabe
Allah
Keys of life
Dirtkids
Nature ability
Vicious cycle
Stand your ground
Householding spirits
Horsepower
Worldlanguage friendship
All for free
Like your „self“ dearly
A kind of master
Create masters
Secret carrier
Heartly hugged
Self fulfilling prophec.
Near-death-exper.
7 golden Rules
Toxic
Opposite
Lifelong learner
Friends ahead
Inner Yoga
Just let it happen
Kindness is a kind of intelligence
Friendly rubbing
Cheerio
The way to friendship
Ingratia
Poetry
Timetraveller
God bless you
Time
Knowitall
Perfect imaging
Lovelack
Flexible
Stop wars

Future



Tiny quantums
Quantumphysics
Mister Bool
Digital love
Seasons
7 golden Rules
Growth
Business Intelligence
Optimists do the rest
Future
Master the largest
Power to the people
Unity
Lifesource
Opposite
Time
One way
Don't break
Good Karma
Free your people
Smile all day
Brotherhood
Jump into future
Yesterday
Future now
Timesaver
One world
The diamond
Timetraveller
Brave ones

1. Digiital learning
2. Artificial meat
3. Globalization
4. Ecology
5. Housing
6. Fullautomated industry
7. Infotainment
8. Worldlanguage IT
9. Collective Consciousness
10. Tracking
11. Bitcoin
12. Smart TV
13. Mars
14. Smartcars
15. Satellites
16. Quantum comp.
17. Telepathy
18. Programmable matter
19. Magic hat
20. Much much more

Heart



Cooperation
Top-tipps
One world
Tiny quantums
Strangers
Cheerio
Pulse
Daydreamer
Pooohhhh
Friendly takeover
A_traction
Get hungry
Horse and carriage
Last piece
Overcome
Worried look
Smile all day
Missing something
Do know how
Unity
Heartly hugged
You are a blessing
Create good feelings
Dirtkids
Heart over heels
Gurudev
Goalkeepers
Bullriding
Manual for love
Exercise
Huge effort
The way to friendship
Perception
Jesus is
It's okay
God bless you
Nature ability
Vicious cycle
Stop wars

Intelligence



Totally convinced
Sense of justice
Free extensions
Intellig. Is razorsharp
Time
Spiritual University
Average ability
Kindness is intelligence
You are there
Prophety
Heart over heels
Stop wars
Business Intelligence
How to teach love
IQ Booster
Come dance the dance of joy
Conservation

Jesus



Cooperation
Meaning
Unity
Parole
Jesus is
Epilogue

Joy



Joy of school
Cooperation
Just let it happen
Be carefree
Overcome
Exercise
Joysource
Playjoy
Conclusion
Awake
Free your people
Real need
Enjoy like a young dog!
Come dance the dance of joy
Okay-human
Happy success
Kindness is a kind of intelligence
Truth sets free

I follow the sun
Power to the people
How to fly
Good news for you
Biggest Present
We have it all
100 Percent
Vicious cycle
Best remedies
Idols
The good ones
Desire
Discipline
Milestone
Lifesource
Lovelack
Teamwards
Handle with care
Divide
Ingratia
Complete mankind
Prejudice
Crampless
Inner Yoga

Krishna

Cooperation
Unity
Meaning

Love

Cooperation
Learn true love
Tough tests
Awake
Goalkeepers
Give memories
Carry that weight
Just NO
This way
Morning will break
Manual for love
Feel your chains
Love life
Crucial moments
I follow the sun
Dreams come true
Best remedies
Climate Crisis
Handle with care
Antiaging
Pooohhhh
ProActive
Mandala
Digital love
Allah
Parole
Playjoy
Coincidence
Okay-human
Stop selfpity
Kindness is intelligence
Last piece
Overcome
Would could should
Enthusiasm
OneWorldPrayer
Romantics
Real transformers
Choose love
Missing something
Learned is learned
Love ahead
Coincidence
Power to the people
Sneaky tricks
Wanderlust
Heartly hugged
You are a blessing
Poetry
Complete mankind
Lao Tse
Near-death-experience
Desirable
Opposite
Soil and friendship
Love your „SELF“
Be good to you
How to teach love
Start loving
One way
One world
Love is a fundamental right!
Worried look
Like your „self“ dearly
Smile all day
Real need
Monkview
Do know how
Most wanted
The way to friendship
Motherlove
Unity
The incredible might of nature!
Jesus is
It's okay
You are worth any effort
A monks life
Lifesource
Godexperience
Modern Gladiator
Pretty ordinary

Vicious cycle
Lovelack
Mood for love
Stop wars
Love finds a way
Seasons
Horse and carriage
Gurudev
Worldlover
Stone Age
Spiritual University
Conclusion
Love Energy

Life

Attached to life
Fountain of youth
L

Light

Lightmakers
Just let it happen
Drones
You human, you!
Tiny ovens
Principle creativity
Unity
Infinity
Modern Gladiator
Spiritual University
Shine a light
Lights and shadows
Exercise
Real transformers
Real need
Pure souls
Bosonality
7 golden Rules
Toxic
Householding spirits
Learn true love
Create mystic
Awake
Truth sets free
Dreamlesson
Power to the people
Holography
Near-death-experiences
Softies
Conclusion

Meditation

Smash the Everest
Clairvoyance
Come closer
Contemplation
Determined
Recovery
Hypnosis
Your way
The right tune
Manual for love
Principle creativity
Lack of willpower
Spiritual University
Meditation Drive
Do the meditation-shuffle
Elixir of life
Coincidence
Timetraveller
Householding spirits

Memories

Gather memories
Memory robot
Prayer
Near-death-exper.
Nature ability
Shoot goals
Geigercounter
Generator
Magic words
Horsepower
Give memories
Sharpsight
Never quit learning
Virtual memory

Peace



Smash the Everest
AND – people
Sinner
Good news for you
Brotherhood
Determined
Conclusion
Peace pipe
Be carefree
OneWorldPrayer
Crucial moments
Cooperation
Free will
Vicious cycle
Free your people
Overcome
Morning will break
Power to the people
One way
Strangers in the night
Inner Yoga
Stop wars

Power



Power of thoughts
Learn true love
Allys
Enough for both of us
Free your people
Fury
Solargadget
Confucius
Powerswitch
Self fulfilling prophecy
Lifesource
Unique
7 golden Rules
Opposite
News
Mood for love
Damascene
Hypnosis
Approach people
Be good to you
Carry that weight
Power of a smile
Coincidence
Power to the people
Bending reality
We have it all
Lack of willpower
Shaolin
Silent hunter
Eli who?
Modern Gladiator
Pretty ordinary
Horse and carriage
Inner Yoga
Golden udder
Imagine reality
How to teach love
This way
Master the largest
Irresistible power of women
Irresistible power of men
You are a blessing
Awareness bubbles
Shattered
100 Percent
Justice
Springtime
Get hungry
Lifelong learner
Spiritual University
Parallel world
Horsepower

Prayer



Your way
The right tune
Manual for love
Throughview
Shattered
Meditation Drive
Come closer
Elixir of life
Prayer
Spiritual University
Clairvoyance
OneWorldPrayer
Coincidence
Good news for you
Householding spirits

Solution



[Smash the Everest](#)
[Start loving](#)
[Exercise](#)
[Pooohhhh...](#)
[Wannabe](#)
[Vicious cycle](#)
[Mighty might](#)
[Hypnosis](#)
[You can only win](#)
[Mindful path](#)
[Focus mind](#)
[Handymen](#)
[7 golden Rules](#)
[Save water](#)
[Householding spirits](#)
[Luck-vehicle](#)
[Like your „self“ dearly](#)
[Optimists](#)
[Lipservice](#)
[Toxic](#)
[Solutions](#)
[Stop wars](#)

Spirituality



[Live it](#)
[Romantics](#)
[Source of life](#)
[Dilemma](#)
[Shaolin](#)
[7 golden Rules](#)
[Spiritual University](#)
[Principle creativity](#)
[Mindfulness](#)
[Hypnosis](#)
[Come closer](#)
[Spiritual healing](#)
[Flightheight](#)
[Meaningful](#)
[Terrible](#)
[Horse and carriage](#)
[Free extensions](#)
[Unblind](#)
[Toxic](#)
[Indian CEO](#)
[Ignition](#)
[Guided spiritual journey](#)
[How to fly](#)
[Come dance the dance of joy](#)
[Parallel world](#)
[Guided spiritual journey](#)
[Memory robot](#)
[Awareness bubbles](#)
[Epilogue](#)

Success



[Caretaker](#)
[Stop selfpity](#)
[Come closer](#)
[Build up](#)
[Sharpsight](#)
[Happy success](#)
[A better me](#)
[Bullriding](#)
[Memory robot](#)
[Leaders](#)
[Success](#)
[Buddyservice](#)
[Would could should](#)
[Sharpsight](#)
[Want to win](#)

Yoga

[Ferrari](#)
[Kundalini](#)
[YOGAMAN](#)

Willpower



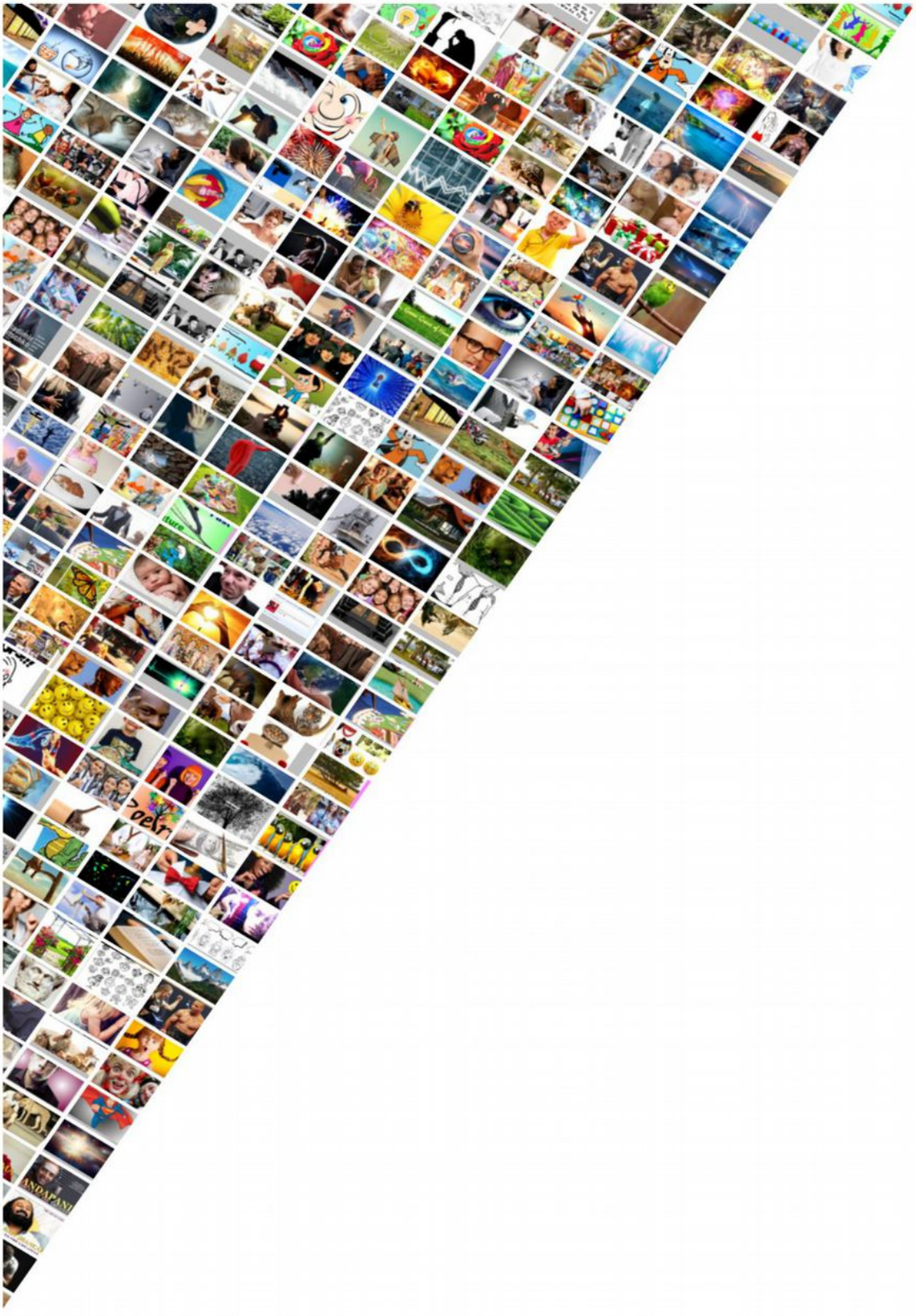
[7 golden Rules](#)
[Andrew Carnegy](#)
[Awareness bubbles](#)
[Sadhguru](#)
[Lack of willpower](#)

Woman

Put it to the test
Be real

Defenseless
Fun ahead

The magic of men



Human Rights Charta of the United Nations

Preamble

Whereas recognition of the inherent dignity and of the equal and inalienable rights of all members of the human family is the foundation of freedom, justice and peace in the world,

Whereas disregard and contempt for human rights have resulted in barbarous acts which have outraged the conscience of mankind, and the advent of a world in which human beings shall enjoy freedom of speech and belief and freedom from fear and want has been proclaimed as the highest aspiration of the common people,

Whereas it is essential, if man is not to be compelled to have recourse, as a last resort, to rebellion against tyranny and oppression, that human rights should be protected by the rule of law,

Whereas it is essential to promote the development of friendly relations between nations,

Whereas the peoples of the United Nations have in the Charter reaffirmed their faith in fundamental human rights, in the dignity and worth of the human person and in the equal rights of men and women and have determined to promote social progress and better standards of life in larger freedom,

Whereas Member States have pledged themselves to achieve, in co-operation with the United Nations, the promotion of universal respect for and observance of human rights and fundamental freedoms,

Whereas a common understanding of these rights and freedoms is of the greatest importance for the full realization of this pledge,

Now, therefore,

The General Assembly,

Proclaims this Universal Declaration of Human Rights as a common standard of achievement for all peoples and all nations, to the end that every individual and every organ of society, keeping this Declaration constantly in mind, shall strive by teaching and education to promote respect for these rights and freedoms and by progressive measures, national and international, to secure their universal and effective recognition and observance, both among the peoples of Member States themselves and among the peoples of territories under their jurisdiction.

Article 1

All human beings are born free and equal in dignity and rights. They are endowed with reason and conscience and should act towards one another in a spirit of brotherhood.

Article 2

Everyone is entitled to all the rights and freedoms set forth in this Declaration, without distinction of any kind, such as race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status. Furthermore, no distinction shall be made on the basis of the political, jurisdictional or international status of the country or territory to which a person belongs, whether it be independent, trust, non-self-governing or under any other limitation of sovereignty.

Article 3

Everyone has the right to life, liberty and security of person.

Article 4

No one shall be held in slavery or servitude; slavery and the slave trade shall be prohibited in all their forms.

Article 5

No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment.

Article 6

Everyone has the right to recognition everywhere as a person before the law.

Article 7

All are equal before the law and are entitled without any discrimination to equal protection of the law. All are entitled to equal protection against any discrimination in violation of this Declaration and against any incitement to such discrimination.

Article 8

Everyone has the right to an effective remedy by the competent national tribunals for acts violating the fundamental rights granted him by the constitution or by law.

Article 9

No one shall be subjected to arbitrary arrest, detention or exile.

Article 10

Everyone is entitled in full equality to a fair and public hearing by an independent and impartial tribunal, in the determination of his rights and obligations and of any criminal charge against him.

Article 11

1. Everyone charged with a penal offence has the right to be presumed innocent until proved guilty according to law in a public trial at which he has had all the guarantees necessary for his defence.

2. No one shall be held guilty of any penal offence on account of any act or omission which did not constitute a penal offence, under national or international law, at the time when it was committed. Nor shall a heavier penalty be imposed than the one that was applicable at the time the penal offence was committed.

Article 12

No one shall be subjected to arbitrary interference with his privacy, family, home or correspondence, nor to attacks upon his honour and reputation. Everyone has the right to the protection of the law against such interference or attacks.

Article 13

1. Everyone has the right to freedom of movement and residence within the borders of each state.

2. Everyone has the right to leave any country, including his own, and to return to his country.

Article 14

1. Everyone has the right to seek and to enjoy in other countries asylum from persecution.

2. This right may not be invoked in the case of prosecutions genuinely arising from non-political crimes or from acts contrary to the purposes and principles of the United Nations.

Article 15

1. Everyone has the right to a nationality.

2. No one shall be arbitrarily deprived of his nationality nor denied the right to change his nationality.

Article 16

1. Men and women of full age, without any limitation due to race, nationality or religion, have the right to marry and to found a family. They are entitled to equal rights as to marriage, during marriage and at its dissolution.

2. Marriage shall be entered into only with the free and full consent of the intending spouses.

3. The family is the natural and fundamental group unit of society and is entitled to protection by society and the State.

Article 17

1. Everyone has the right to own property alone as well as in association with others.

2. No one shall be arbitrarily deprived of his property.

Article 18

Everyone has the right to freedom of thought, conscience and religion; this right includes freedom to change his religion or belief, and freedom, either alone or in community with others and in public or private, to manifest his religion or belief in teaching, practice, worship and observance.

Article 19

Everyone has the right to freedom of opinion and expression; this right includes freedom to hold opinions without interference and to seek, receive and impart information and ideas through any media and regardless of frontiers.

Article 20

1. Everyone has the right to freedom of peaceful assembly and association.

2. No one may be compelled to belong to an association.

Article 21

1. Everyone has the right to take part in the government of his country, directly or through freely chosen representatives.

2. Everyone has the right of equal access to public service in his country.

3. The will of the people shall be the basis of the authority of government; this will shall be expressed in periodic and genuine elections which shall be by universal and equal suffrage and shall be held by secret vote or by equivalent free voting procedures.

Article 22

Everyone, as a member of society, has the right to social security and is entitled to realization, through national effort and international co-operation and in accordance with the organization and resources of each State, of the economic, social and cultural rights indispensable for his dignity and the free development of his personality.

Article 23

1. Everyone has the right to work, to free choice of employment, to just and favourable conditions of work and to protection against unemployment.

2. Everyone, without any discrimination, has the right to equal pay for equal work.

3. Everyone who works has the right to just and favourable remuneration ensuring for himself and his family an existence worthy of human dignity, and supplemented, if necessary, by other means of social protection.

4. Everyone has the right to form and to join trade unions for the protection of his interests.

Article 24

Everyone has the right to rest and leisure, including reasonable limitation of working hours and periodic holidays with pay.

Article 25

1. Everyone has the right to a standard of living adequate for the health and well-being of himself and of his family, including food, clothing, housing and medical care and necessary social services, and the right to security in the event of unemployment, sickness, disability, widowhood, old age or other lack of livelihood in circumstances beyond his control.

2. Motherhood and childhood are entitled to special care and assistance. All children, whether born in or out of wedlock, shall enjoy the same social protection.

Article 26

1. Everyone has the right to education. Education shall be free, at least in the elementary and fundamental stages. Elementary education shall be compulsory. Technical and professional education shall be made generally available and higher education shall be equally accessible to all on the basis of merit.

2. Education shall be directed to the full development of the human personality and to the strengthening of respect for human rights and fundamental freedoms. It shall promote understanding, tolerance and friendship among all nations, racial or religious groups, and shall further the activities of the United Nations for the maintenance of peace.

3. Parents have a prior right to choose the kind of education that shall be given to their children.

Article 27

1. Everyone has the right freely to participate in the cultural life of the community, to enjoy the arts and to share in scientific advancement and its benefits.

2. Everyone has the right to the protection of the moral and material interests resulting from any scientific, literary or artistic production of which he is the author.

Article 28

Everyone is entitled to a social and international order in which the rights and freedoms set forth in this Declaration can be fully realized.

Article 29

1. Everyone has duties to the community in which alone the free and full development of his personality is possible.

2. In the exercise of his rights and freedoms, everyone shall be subject only to such limitations as are determined by law solely for the purpose of securing due recognition and respect for the rights and freedoms of others and of meeting the just requirements of morality, public order and the general welfare in a democratic society.

3. These rights and freedoms may in no case be exercised contrary to the purposes and principles of the United Nations.

Article 30

Nothing in this Declaration may be interpreted as implying for any State, group or person any right to engage in any activity or to perform any act aimed at the destruction of any of the rights and freedoms set forth herein.

Original

https://www.un.org/en/about-us/universal-declaration-of-human-rights



In January 2021 with the „Litzkendorf.Net" and 300 monthly dollars from my pension
I founded a charitable network mainly for Africa, India and for Asia in general.
Be aware that in the poorest countries 300 dollar can locally be worth round 5,000 dollar!!!
So you can easily feed there a whole family with 50 dollar a month!
Or min. 5 families or 25 kiddies with monthly 300 dollar including schooling and games!
The joy you get in return is unmeasurable! I can tell you :O))

If you want to donate for the poorest of the poorest,
*please use the accounts below with the reference „**One Dollar Pledge**".*
*It just depends **only** on your own efforts! No forcing – no demanding - no expectation!*

EVERYBODY CAN AFFORD A SINGLE DOLLAR!
And not one little dollar will get lost! Promised!

Donate with the minimum value of one US-Dollar or one Euro
as a Single Amount, Standing Order or Collective Transfer

For a collective transfer please state the meant periode
in the reference (e.g. 3, 6, 12, 24 months aso.)



First bag of rice in Gambia


First meal in Gambia

(*happy greetings and a good laughter*
get with a click on the video below)


For to get constantly informed ***<click here>***


First vitamines in Gambia


First vegetables in Gambia



Starving on Phillipines



Yearly monsun on Phillipines



Slum in Ghana



Starving golddigger in Ghana



Poor on Phillipines



Yearly monsun on Phillipines



Living in Ghana



Poor in Ghana

For payments in EUROPEAN EURO



TW Accountowner
Litzkendorf, Uwe - ComputerMediaDesign
Bank: Transferwise Europe SA, Avenue Marnix 13-17, Brussels 1000

IBAN
BE32 9670 6414 0002

BIC/SWIFT - Code
TRWIBEB1XXX

For payments in US-DOLLAR



Accountowner
TransferWise FBO Litzkendorf, Uwe - ComputerMediaDesign
Bank: TransferWise, New York

Accountnumber
8310250060

Wire Routing Nummer
026073008

BIC/SWIFT - Code
CMFGUS33

ACH Routing Nummer
026073150

For payments in BRITISH POUND



Accountowner
Litzkendorf, Uwe - ComputerMediaDesign
Bank: TransferWise, London

Accountnumber
32676561

UK Sort Code
23-14-70

For payments in AUSTRALIAN DOLLAR



Accountowner
Litzkendorf, Uwe - ComputerMediaDesign
Bank: Transferwise, 36-38 Gipps Street, Collingwood VIC 3066, AUSTRALIA

Kontonummer
719668788

BSB-Code
802-985

For payments in NEWZEALAND DOLLAR



Accountowner
Litzkendorf, Uwe - ComputerMediaDesign
Bank: TransferWise, London

Accountnumber
02-1291-0205173-000